

Eyewitness Seashore





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Pinecone

Gull feathers



Guillemot eggs



LONDON, NEW YORK, MELBOURNE, MUNICH, and DELHI

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The world of the seashore

WO THIRDS OF OUR PLANET is covered with water. Every fragment of land, from the great continent of Eurasia to the tiniest Pacific island, has a shore. The total length of shorelines is huge. Yet the width is hardly measurable in comparison - it is often just a few yards. Shores are strange places, being the edge of the land as well as the edge of the sea. The sea level rises and falls with the tides, making the shore sometimes wet and sometimes dry. Winds drive unchecked across the open ocean and hit the coast with great force. As they blow, they whip up waves that endlessly crash into the land. No two stretches of shore are the same. Each is shaped by many variable factors - the tides, winds, waves, water currents, temperature, and climate, and the types of rock from which the land is made. Along each shore a group of highly adapted plants and animals - many of them strange to our landorientated eyes - make their homes. This book explores the world of the seashore and describes how its inhabitants adapt to their constantly changing surroundings.



Shaping the shoreline



WHO'S WINNING? The sea is gradually wearing away the land on some stretches of coast. But the land may be slowly rising, too - making the struggle more even. Plants such as marram grass help to reduce erosion on sand dunes by binding the grains with their roots and creating sheltered pockets where other plants can grow. FOR MILLIONS OF YEARS, every few seconds of each day, waves have hit the seashore. Generated and driven by wind, in calm weather they may be slight ripples, but in a fresh breeze they tumble in foaming heaps onto rocks or sandy beach. In a storm, huge breakers pound the shore like massive hammer blows. Waves erode the shore in three different ways. One is by the hydraulic (water) pressure they exert as they move up the shore and then crash down upon it as they break. A second is by the pneumatic (air) pressure created as water is hurled against rock.



POUNDING SURF Waves exert tremendous force as they crash onto the coast. The weight of the sea slapping the shore every few seconds can create pressures of more than 25 tons per square yard - 30 times the pressure under your foot as you stand. Under this constant barrage, no coastline can remain unchanged.

RISING TIDE Time and tide wait for no one, especially picnickers at the seashore who have failed to keep an eye on the water level.



ON THE WAY TO SAND The sea gradually wears down large blocks of stone into boulders, then into pebbles, like these, then into sand grains, and finally to tiny particles of silt.

at the who have eep an eye ter level.



FORCES FROM SPACE

Twice each day the sea rises up the shore and then goes back out. These movements of water are called tides and are caused by the moon and to a lesser extent, the sun, pulling the earth's water toward them, creating a bulge. When the sun and moon are in line, as shown above, the bulge is the biggest and the tides are at their highest and lowest (p. 12).

As hard as rock?

The type of rock of which the shore is made is one of the chief factors determining the nature of a coastline. Hard rocks such as granites, basalts, and some sandstones are resistant to erosion and often form high headlands (bluffs) and tall, stable cliffs on which plants can root (p. 16). Granite colored pink by the mineral orthoclase

COARSE OF GRAIN

Granite is an igneous rock; that is, it is formed as molten (liquid) rock cools and the different minerals in it crystallize. Its crystals are relatively large; granite is said to be coarse-grained.

Granite tinted white by the mineral plagioclase



VARIABLE IN COLOR

As granite is worn by the sea and the weather, its lessresistant mineral parts, such as feldspar, change to softer claylike substances. The quartz and mica mineral particles are much harder: they become separated from the soft clay and may eventually become sand on a beach.

VOLCANIC ISLANDS This lava, from the island of Madeira off northwest Africa, is full of holes created by bubbles of gas trapped as the rock hardened.





LAVA COAST Some parts of the coast are formed of dark lava flows such as these on the island of Hawaii.



ONCE A BEACH

The grains show clearly in this sample of sandstone. Perhaps on an ancient beach they settled, were cemented together, were then lifted by huge movements of the Earth's crust, and now lie exposed again on a coastal cliff. Isolated stack of sandstone formed by the collapse of a bridge joining it to the mainland (p. 10)



NATURAL COLUMNS

Basalt is another hard igneous rock. It is sometimes worn into startling geometric columns, such as this 230 ft (70 m) deep cave on the west coast of Scotland, known as Fingal's Cave, and the huge "stepping stones" of the Giant's Causeway in Ireland.



Hexagonal columns created by cooling pattern in basalt

> Mainland sandstone cliff



WORK OF THE WAVES As waves approach a headland, they are bent so that they crash into its sides. Headlands made of rocks such as sandstones and limestones may have their lower sides eroded completely, causing an arch to form. In time this becomes a "tower" of rock called a stack.

Rocks from ancient seas

Many softer rocks, such as chalk and limestone, are sedimentary in origin. They were formed when small particles of calcite (calcium carbonate),

which were largely the remains of plants and animals, settled out as sediment on the bottom of an ancient sea. More particles settled on top, and those underneath were gradually squeezed and cemented into solid rock. Sometimes whole plants and animals were trapped in the sediments, and these were gradually turned into rock to become fossils.



DISAPPEARING CLIFF Shores made of soft material such as sand, clay, and other loose particles may be quickly worn down by waves, and the material carried away by currents. On some stretches of shore, wooden barriers called groynes are built to reduce the amount of sediment removed by currents.

Stalks of sea lilies

THE END OF THE ROAD Where the coastal rock is soft and crumbly, whole seaside communities have

been swallowed by the sea. This road led originally to some houses, whose ruins are now under the waves.



SLOW TO CHANGE

"PEBBLES"

This fossilized brittle star (p. 40) was found at the foot of a cliff. It lived some 200 million years ago, but is very similar to those living today.



STONE BULLETS These are the fossilized internal shells of belemnites, prehistoric squidlike mollusks.

Hard shells make good fossils. These "pebbles" are brachiopods, or lampshells, which are similar to shellfish like cockles (p. 26). They are common in many sedimentary rocks and help to date the rocks.

LACY STALKS This is a bed of fossilized crinoids or sea lilies, which lived 200 million years ago. Crinoids are animals related to sea stars (p. 40).



WHITE CLIFFS

Chalk is a type of limestone, often dazzling white in color, which may form tall cliffs. Here the various strata (layers) laid down at different times can be seen. At the foot of the cliff, lumps eroded from above are found with pebbles brought by currents from other parts of the coast.

Strata (layers) of chalk > laid down at the bottom of an ancient sea

ANCIENT SEA LIFE

Chalk is made of fragments of fossilized microscopic sea plants and animals. Large fossils such as mollusk shells are sometimes embedded in it.



SOLID MUD

Shale is a soft rock which splits easily along its layers and is quickly eroded where it is exposed at the coast. Types that contain the decomposed remains of sea plants and animals are known as oil shale. When heated, oil shale releases a type of crude oil. It may become an important natural resource in the future.

> Fossilized shells ~ in limestone



Limestone sometimes forms breathtaking cliffs, arches, and stacks. This is the 650 ft (200 m) high plateau of the Nullarbor Plain, in southern Australia, which itself was once a seabed. Limestone is a sedimentary rock, often rich in fossils. Lumps may fall from the cliff and split open to reveal remains of prehistoric animals and plants.





Limestone pebbles worn smooth by rubbing against other pebbles on the shore

Profile of the shore

No two coasts are quite the same. But a naturalist can look at an unfamiliar shore (especially a rocky one) and tell at a glance how high the tide rises, how low it falls, whether the area is exposed to wind and waves, or whether it is sheltered. The journey from the edge of the land to the beginning of the sea passes through a

SAND BINDER Sandwort's creeping stems and tough roots help it to stabilize loose soil on sand and pebbled shore

series of bands or zones, each with characteristic animals and plants that need to be covered by the sea for different lengths of time. The highest band is the splash or spray zone, which is above the high-water level of the highest tides and is occasionally drenched by spray. Land plants and animals that are adapted to salty conditions live here. Lichens, which are fungi and algae growing in partnership, are found here as well as a few straying sea snails (p. 26). The lower limit of the splash zone is generally marked by barnacles (p. 44), the first truly marine creatures. The next band is the intertidal ("between the tides") zone, which is regularly covered and uncovered by water. It extends from the barnacles down through the wrack seaweeds (pp. 20-21) to the low-tide area, where larger kelp seaweeds (pp. 22-25) begin to take over. The third broad band is the subtidal

AVERAGE HIGH TIDE

called spring tides.

High-water mark

THE HIGHEST HIGH TIDE

Every two weeks, the moon and sun are in line with the earth. At this time their gravity

pulls with the greatest strength on the sea,

and so causes the greatest "bulge" of water (p. 8). This produces the highest high

tides and the lowest low tides. They are

of spring tides

The upper shore lies around and just below the average high-tide mark, at the upper fringe of the intertidal zone. The high-tide mark itself moves up the beach during the course of a week, finally reaching the spring-tide level. Then it moves gradually back down over the next week. On the upper shore, animals and plants are usually covered by water for one to two hours in each tidal cycle; at a spring high tide they may be covered longer.

SALT'S INCREASING INFLUENCE

The influence of salt water increases from the

cliff top, occasionally splashed by storm spray, down through layers that are

regularly splashed or sometimes covered by

water, to the permanently submerged subtidal zone. Different plants and animals are found

in each zone.

("below the tides") zone, stretching from the kelp fringe into the permanent shallows.

High-water mark of average tides

BARNACLED BOTTOMS Feathery-limbed barnacles (right) will settle on any stable surface, including the hulls of ships. Their crusty growths are a problem, as they slow a ship's speed.



FIGHTING IN SLOW MOTION Limpets are found throughout the intertidal zone. Some species guard

their territories to protect their food - a green "garden" of algae (p. 18). Here a light-colored limpet strays onto a neighbor's territory; the occupant crawls over and wedges its shell under the intruder, who then slides away defeated.







A barnacle extends its feathery limbs to grasp and draw food into its mouth, inside the shell plates

Barnacles

The middle and lower shore is shown on pages 14-15 SPRINGY TURF Well above the high-tide mark, the matted roots of grasses hold the soil and help to prevent erosion

> Pockets of soil build up ~ in cracks and hollows at the back of the shore

SHINY JUICY DROPLETS

Thorny blackberry bush stems, common and adaptable, trail along the back of the shore and bear late-summer berries.

YELLOW FLOWERS The horned poppy adorns cliffs and sandy and pebbled shores with its bright yellow summer flowers.

Gray mosaic of Lecanora

Grayish-green tufts of Ramalina

PAINTED ROCKS

Rocks around and above the high-tide mark often bear growths of colored lichens. Each growth likes the different amounts of light, spray, and exposure in its own area.

Yellow branches of Xanthoria -

Rough periwinkle

Channeled wrack can grow very tall if regularly covered in spray and is at home on the upper shore and even above the high-tide level

> - Common limpet

Blackish stain of Verrucaria

THE LOWEST HIGH TIDE

Alternating with the spring tides every two weeks are the neap tides. When the moon and sun are at right angles, their gravitational pulls cancel each other out, so there is no very high or very low tide. Any stationary (nonmoving) plant or animal that must be underwater for at least a few minutes on each tide cannot live above the neap high-tide level.

HARSH LICKERS

Purple top shells crawl among the wrack seaweeds on the middle shore, scraping off tiny algal growths with their filelike tongues.

ROVER ON THE SHORE The predatory dog whelk roves over most of the shore, feeding on mussels and barnacles.

> KELP FANCIERS These painted top shells graze on the kelp seaweeds of the lower shore.

NO WET FEET

Mussels live in estuaries (places where a river meets the sea) and on more exposed rocky shores, generally on the lower shore below the barnacle belt. Collecting them during spring low tides prevents getting the feet wet.

10000

FIXED ATTACHMENT The saddle oyster attaches itself to lower-shore and offshore rocks. OYSTER BORE The whelk tingle feeds by boring through oyster, mussel, and barnacle shells to reach the flesh.

Just as neap high tides do not reach very far up the shore, so neap low tides do not run very far down. The tidal range at neaps may be less than half of the

THE HIGHEST LOW TIDE

Low-water mark of neap tides

AVERAGE LOW TIDE

The lower shore lies around and just above the average low-tide mark, at the lower fringe of the intertidal zone. Here, life can be sure of always being covered during

range at springs.

the neap-tide period.

Low-water mark of average tides

Large brown kelps are only uncovered at the low water of spring tides High-water mark of neap tides

The limpet Patella aspera is found on the middle and lower shore

THE BARNACLE BELT Away from shelter, as exposure to wind and waves increases, the wrack seaweeds have trouble surviving. Their place on the upper and middle rocky shore is taken by the barnacles, which form a distinct belt along many coasts. On some Australian shores, there are more than 120,000 barnacles to the square yard.

Barnacles



SEABORNE FOOD Many fixed creatures, such as these horse mussels, rely on the sea to bring them food in the form of tiny floating particles.

Mussels encrusted with barnacles and bryozoans

> TIDE RIGHT OUT The best time to study the rocky shore is at low spring tide (p. 63).



THE EDGE OF LAND Many of the world's people live on or near coasts. The higher and rockier a shoreline, the harder it is for people to visit it, so a greater variety of wildlife is found there.

Living on the edge of land

Approaching the coast from inland, we notice how conditions change. There is usually more wind - the sea breeze blows unrestricted across the open ocean. There is also a salty tang to the air, as tiny droplets of seawater are blown off the waves by the wind. Plants growing near the

shore must be able to withstand strong winds and, if they are in the splash zone, salt spray. They tend to grow low to the ground to avoid the wind. Another problem

plants face, especially on pebbled shores and stony cliff tops, is a shortage of water. Kain soon dries in the breeze or trickles away between the rocks. Some species, such as rock samphire, have thick, fleshy, tough-skinned leaves that store plenty of reserve water. A number of plants that are found on the coast are well adapted to dry habitats and may also grow under similar conditions inland.

> ROCK-DWELLING LAVENDER Rock sea lavender is a close relative of the sea lavender of salt marshes, but it is unrelated to the herb lavender

EVERLASTING THRIFT Sea pink is another name for wild thrift which grows in a cushion as protection against the wind. It retains its color when dried and is a favorite with flower arrangers

Flesh leave

Fruit

SEASIDE MAYWEED

AT HOME ON STONE Stonecrops really do grow in dense mats (crops) among stones. After they have flowered, reddish-brown fruits are left on the flowering stems.

The sea mayweed has daisy-like flowers and fleshy leaves. It flowers in late summer (not May), and grows under cliffs, in barren, rocky ground, and on pebbled shores.



Plants of the sea

 $\operatorname{A}_{\operatorname{LONG}}$ THE SHORE - and in the sea itself - are plants quite unlike the familiar trees and flowers that grow on land. Seaweed is their common name, and indeed these plants grow like weeds along many coasts. They are also known as algae. Unlike garden weeds, the algae do not flower and then scatter seeds. They reproduce in a variety of ways, some by means of swollen stem tips which release male and female cells into the water. The algae do not have true roots, stems, or leaves like land plants. But the larger types do have stipes (stems) and fronds (leaves),

and sometimes rootlike anchoring holdfasts (pp. 22-23). Most algae also lack a network of tubelike "plumbing" to transport water and dissolved nutrients throughout the plant. Instead they absorb nutrients directly from seawater. The three groups found on rocky shores are green, brown,

and red

seaweeds.

INVADER ON THE SHORE

FEATHERY FRONDS

as this cockscomb, is

best seen when under

The delicate structure of

many red seaweeds, such

water. Red seaweeds add

splashes of color to the

lower shore

and the shallows.

Japanese sargassum has found its way to the United States and elsewhere. It was probably introduced with oyster spat (eggs) imported from Japan. Closely related to this plant are the dense masses of floating seaweed that form in the Sargasso Sea and are occasionally washed on to our shores.

Japanese sargassum

RICH PICKINGS Shore birds will eat

seaweeds, such as Enteromorpha and Ulva, and will also snap up the small animals sheltering under them. Several species of birds make a living by searching through seaweed beds during low tide.

RED-FEATHERED ROCK DWELLER Featherweed is a crimsonred seaweed found anchored to rocks in shaded places on the middle and lower shore. Its body branches out into feathery clusters.



SEAWEEDS AT HOME Seaweeds are difficult to keep in aquariums. Marine salts can help to make "imitation" seawater, but most seaweeds also need constant water movement bringing fresh nutrients and oxygen, and regular tidal cycles that submerge and expose them.

GREEN RIBBONS

Several similar species of Enteromorpha thrive on rocky shores. They also grow in estuaries or where a freshwater stream runs over the rocks making the water less salty.

Enteromorpha



Cladophora

This is one type of *Cladophora*, a common hairlike green seaweed with a branching structure. It is found up and down the shore.

Green, brown, and red seaweeds



FROM HIGH TO LOW

On rocky shores seaweeds are found in horizontal bands or zones. These bands of bright-green seaweeds, greenish-brown wracks, red seaweeds, and brown kelps at the low-tide mark form a basic pattern which is repeated, with variations in the species, all over the world.

 T_{HE} most noticeable seaweeds on the shore are the large brown seaweeds known as wracks and kelps. Wracks are leathery, straplike seaweeds that grow in

bands between the high- and low-tide marks. Some species have air bladders that keep the thallus (the main body) of the plant afloat as the waves come and go. The kelps have much broader bladelike fronds and tend to live around the low-water mark and below. Red seaweeds are generally smaller and prefer shady tide pools and deeper water beyond the kelp zone. They contain phycoerythrin, a red pigment that masks out the green pigment chlorophyll, which is A mature bladder wrack has swollen tips containing present in all plants. Phycoerythrin reproductive organs. is better at using the dim light filtering through seawater than the fucoxanthin pigment of the brown seaweeds. This means that the reds are

> able to grow at greater depths than other seaweeds.



POCKETS OF AIR Some specimens of bladder wrack develop large air pockets in pairs along the center of the frond. Other specimens, especially from exposed coasts, have few or even no bladders. No one knows why this is so.

Air pocket

SWOLLEN TIPS

Serrated wrack

SEAWEED WITH TEETH Serrated or toothed wrack is named after the sawlike teeth along the edges of its fronds. It is a member of the Fucus group, but unlike its close relatives it has no air bladders.

SEAWEED SALAD

left and above Sea lettuce, which looks a lot like the plant we eat in salads, can grow in many different habitats - in the slightly salty water of estuaries, in seawater, and even in mildly polluted waters. This green seaweed is very common. It can be found attached to rocks, floating freely, or washed up on shore.

SUGAR AMONG THE SALT The sugar kelp is a big brown seaweed of the low-water level and below. Its crinkly frond and wavy edges are distinctive, as is the sweet taste of the white powder that forms on its drying surface. It is eaten as a delicacy in the

LONG THONGS

Sea thong is a leathery, straplike, brown seaweed found near the lowwater level. Its narrow fronds may grow more than 10 ft (3 m) long. Like many seaweeds, it has a tough, rubbery texture to protect it as the waves pound it against the rocks.

Sugar kelp

Far East.

Sea thong

BUTTON-SHAPED BASE The button- or mushroom-shaped base is one stage in the life cycle of the stage in thong. In the plant's second year of growth, the thongs develop from this base and contain the reproductive structures.

Bladder wrack

TWO RED WEEDS

Carrageen (left) and dulse (below) are both red seaweeds that are harvested commercially. Carrageen provides a gel for jellies; dulse can be eaten raw, cooked as a vegetable, or added to stews and soups.

Dulse

Carrageen

The holdfast habitat

 $\mathbf{S}_{\mathsf{EAWEEDS}}$ do not have true roots. The gnarled, rootlike structures of large brown seaweeds are called, appropriately, holdfasts. They hold tight to the rock and provide anchorage, like a tree's roots in the soil. Unlike true roots, the rootlets of a holdfast do not take up water or nutrients; instead these are absorbed through the whole surface of the seaweed. However, holdfasts do provide shelter on the shore. Just as trees protect a woodland's interior from wind, driving rain, and hot sun, leathery fronds and tough holdfasts shield the low-shore kelp forests from the sun and the force of the waves and wind. Many smaller plants and numerous shore animals, such as crabs, fish, prawns, and mollusks, take advantage of the calmer conditions within the forests of brown seaweeds. During storms, weaker seaweeds are torn from the rocks. In the storm's aftermath, huge mounds of kelp are found on the shore, often with their inhabitants still clinging to the fronds. The California sea otter (p. 56) is a wellknown inhabitant of the kelp beds of the Pacific coast. When it rests on the surface, it secures itself by wrapping kelp fronds



Mussels indicate that the seaweed is at least several years old

HOLDING FAST

Oarweeds, sometimes called cuvie or forest kelp, firmly grip the rock with the fingerlike rootlets of their holdfasts. Other brown seaweeds, as well as red and green species, have colonized this small piece of slate. Their bases have grown into every crack and cranny in the rock.

around its body.

Young oarweeds

FLATTENED KELP DWELLER The porcelain crab is a filter feeder and more closely related to hermit crabs (pp. 48-49) and lobsters than true crabs. Its walking legs have sharp spines that help it to grip smooth



rock or slippery holdfasts with ease, enabling it to slide its flat body under boulders or into hollows among the holdfast rootlets.

CUTAWAY HIDEAWAY A section cut through the side of a holdfast (right) shows its tough and stringy structure. It also reveals a tiny "cave" where the porcelain crab (above) shelters.

FRILLS AND FURBELOWS

One of the most distinctive brown seaweeds is furbelows. Its stipe (stem) has wavy edges and divides into long fanlike fronds that may grow to 6 ft (2 m) or more.



DRYING THE SHORE'S HARVEST

Seaweeds are nutritious plants, especially rich in some vitamins and minerals such as iodine. In many regions they are eaten regularly as a side dish or chopped and grated as garnish. In Japan kelp and laver (a red seaweed) are cultivated and sold as kombu and nori respectively.

Furbelows

Hollow underside

Rootlets of holdfast

plant is an annual.



PLANT OR PLASTIC? Like other large kelps, furbelows grows at the low-tide level and below. Its holdfast is covered in growths that look like bubble-filled plastic packaging. The holdfast grows in one year, which means this

A SHARP TONGUE

Blue-rayed limpets commonly graze on kelps, scraping away at the seaweed and any plants and animals crusted on it. Sometimes this mollusk erodes a "home base" (p. 29) in the holdfast.

Red seaweeds growing on kelp

Porcelain crab in hollow of holdfast



TUG-OF-WAR WITH THE WAVES

Similar species of coastal kelps are found around the world. This holdfast anchors a *Macrocystis* (a type of giant kelp) from New Zealand. The entire plant is tens of yards long. Waves and water currents pull on the enormous fronds with great force, so the holdfast must be equal to the challenge. More than 600 species of seaweeds have been recorded in

been recorded in New Zealand waters.



The rest of the kelp is shown on the next page

CLEANING THE KELP

The common sea urchin is one of many shore creatures that graze the rocks and seaweeds. Using its powerful jaws (p. 28), the urchin scrapes the rocks and kelp stipes clean, eating small algal growths and tiny settled animals. Sometimes too many urchins occur and strip away all new growth from the rocks, leaving them bare and lifeless.

> Blade base splits into fronds _

Stipe of kelp _



GIANT SEAWEEDS The *Macrocystis*, or giant kelp, makes up the California kelp forests, home of the sea otter (p. 56). Some types of giant kelp may grow 3 ft (1 m) in a day under good conditions and reach lengths of 325 ft (100 m).





SHE SELLS SEASHELLS The beauty and hardness of seashells has made them favorites for jewelery and for gifts such as the decorative shell boxes sold by the little girl in the picture. In some coastal areas certain shells were used as currency, such as the "money cowries" of tropical islands.

Shells of the shore

ON THE SEASHORE many of the animals that live inside shells are mollusks. They are commonly known as shellfish. Mollusks are an enormous and varied animal group, with over 120,000 species worldwide. The typical mollusk has a soft body, a muscular foot on which it moves, and a hard shell made of calcium carbonate and other minerals taken from seawater; but there are many variations. On the shore the group includes gastropods (snaillike mollusks) such as limpets, abalones, top shells, nerites, periwinkles, conches, whelks, cowries, and cone shells.

Most of the edible mollusks are bivalves, which have two parts, or valves, to the shell. These include cockles, mussels, scallops, clams, oysters, razor clams, and ship worms. Tusk shells, chitons, sea slugs, squid, and octopuses also belong to the mollusk group.

> Waste water is expelled through these holes

Eight jointed shell plates 、

TEETH OF IRON

Chitons (p. 28) are common mollusks on many rocky shores, but are difficult to spot because they blend in with the rocks. This species is a midshore seaweed grazer from the Indian Ocean. Its tiny teeth are capped with a hard substance that contains iron and keeps them from wearing down.

STRIPES AND SPOTS

Top shells, with their striped and spotted cone-shaped shells, are bright and familiar inhabitants of tide pools (pp. 30-33). This species lives in the Red Sea and grazes on algae on the lower shore.



shores of the Indian and Pacific Oceans, including all but the south coast of Australia. It crops small algae from the rocks and the outer edges of coral reefs, where the surf breaks. The animal withdraws into the slit on the shell's underside when in danger.



Abalones are known for the beautiful, rainbow-sheen mother-of-pearl on the inside of their shells. These relatives of top shells and limpets graze on algae and are themselves eaten as a seafood delicacy, especially in western North America (where this species comes from) and the South Pacific.

PEARLY INSIDE

GATHERING SHELLFISH Oysters have been gathered and eaten for many years. This Japanese woodcut print shows oyster fishermen at work near the sacred twin rocks in Ise Bay.



LIKE A PATTERNED TOY TOP Monodonta is another boldly patterned top shell from the Indian Ocean. Top shells belong to the gastropod group of mollusks. Gastropod means "stomachfoot" and these animals, like their snail cousins, appear to slide along on their bellies.

RAW IN ITS JUICE

The oyster's two shells are held firmly together by a strong muscle. To get at the flesh, the shells must be pried open with a knife. Oysters are often eaten raw in their natural juices, straight from the shell.



THE PREDATORY WHELK

Unlike many dog whelks, the Chilean dog whelk is not snail-shaped but more limpet-like and has a very large foot. It patrols the middle and lower shore of South America's Pacific coast, preying on barnacles and mussels.



MOLLUSK WITH DART

The Hebrew cone from the Indian and Pacific oceans is an intertidal species (p. 12) belonging to the cone shells, a large group of gastropods. Cone shells have tiny poison "darts," harpoon-like structures that are fired into worms and other prey to paralyze them.



lower shore

WORM-HUNTING WHELK The red-mouthed drupe is

another type of dog whelk, named for its reddish "mouth" or shell opening. This species comes from the Indo-Pacific region, where it feeds on worms on the lower shore.



SHORE HERBIVORE Nerites are found on

many tropical coasts these are from the Caribbean, where they live on the middle shore. These gastropods are herbivores (plant eaters); they scrape tiny algae from rocks, roots, and large seaweeds.

Spine for prying apart the plates of a barnacle,

There are many species of oysters from different regions. This one, the rock oyster, cements itself to the rock, usually by its right-hand shell. Like many of its bivalve relatives, the oyster is a filter feeder. It draws in a current of seawater, filters out tiny floating food particles, and passes these into its digestive system, using tiny beating hairs called cilia.

FILTERING THE SEA



mussel attaches itself to rocks and pilings by tough threads called byssus. This species is found in Southeast Asia. Mussels are collected for food and bait. SEA FOOD In a clambake, depicted here by the 19th-century American artist Winslow Homer, the clams are cooked in a steaming bed of seawed over hot stones.

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than their tropical counterparts, feed on seasquirts on the

SHORE CARNIVORE

Dog whelks, like nerites (above), are gastropods, but unlike the nerites they are carnivores (meat eaters). This species, from North America's west coast, uses its spine to pry apart the plates of a barnacle and reach the flesh within.

Gripping the rock



GRIPPING BY A STALK Goose barnacles, which are often washed up on the shore, have tough stalks to grip any floating debris such as wood or pumice stone. These crustaceans (p. 44) live at sea, filtering tiny food particles from the water like their rock-bound shore relatives (p. 12). Once people believed that these barnacles hatched into geese - perhaps because their frilly limbs looked like feathers, or maybe to explain the mysterious disappearance of the geese in winter.

Rocky seashores can be very harsh habitats as waves pound Chitons from above and below unvielding stone. Many HELD BY SUCTION intertidal creatures have responded The broad foot of the chiton anchors it to the shore. This mollusk by evolving hard outer shells, can also clamp down its fleshy girdle Girdle which also protect them from (shell edge) to make a good seal and then raise its body inside to predators and the sun's drying heat. suction itself to the rock. If Mollusks such as limpets have low, dislodged, it flexes its body and rolls its jointed volcano-shaped shells that present shell plates into little resistance to waves. The peria ball. winkle's shell is thick, tough, and rounded; if it is detached it soon rolls to rest in a gully. Another aid to survival is a good grip. Sea stars and sea urchins have hundreds of tiny tube feet; limpets and sea

snails have a single large suction foot.

Foot

Mout



SEALING UP THE CRACKS

Edible or common periwinkles have long been gathered from the lower shore for food. Like its land relation, the snail, the periwinkle moves on a muscular, fleshy foot lubricated by a film of mucus. When not walking, it often nestles in a crack or gully and seals the gap between its shell and the rock

with mucus.

Sea urchin's test

Holes where tube feet nassed through

Mouth (Aristotle's lantern)

sea urchin

Anchoring tube feet

Underside of common



THE INNER URCHIN When the spines and skin are removed, the beautifully patterned test (internal shell) of the sea urchin is revealed. The system of five leveroperated teeth with which the urchin grazes on seaweeds is called Aristotle's lantern.

ANCHORED BY FEET

The five-rayed symmetry (evenness) of the common sea urchin shows that it is a cousin of the sea star. It is protected by sharp spines that can be tilted on ball-and-socket joints at their bases. It uses its long tube feet to anchor itself to the rock, drag itself along, seize bits of food, and get rid of debris.

Tube feet searching water

UNDERNEATH THE SEA STAR

Spine

The underside of the spiny sea star reveals hundeds of waving tube feet. Each one is a flexible, muscular, fingershaped sac, connected at the base (inside the body) to a tiny reservoir and to the animal's fluid-filled hydraulic system. Muscles pump fluid from the reservoir into the tube foot to extend it. The animal's nervous system coordinates the tube feet so that they pull and push together to enable it to move.

Tube foot

Underside of spiny sea star



TURNING OVER

When handled, sea stars are rigid and resistant. However, the flexibility of their arms is shown when a wave flips them over: the arm tips curl under, the tiny tube feet get a grip on the rock, and slowly the animal rights itself.

Mouth

THE

Underside of

common limpet

Gills

Foot

Light-sensitive

tentacle

Mouth

Seaweeds growing on limpet shell

Orange foot of Patella aspera



CHAMPION GRIPPERS

Limpets are supreme rock clingers. The common limpet can be pried away only if taken by surprise, before its muscular foot seals it to the stone. Each limpet has a home base where it scours a shallow pit in the rock with its shell edge, giving it greater security.

DIFFERENT-COLORED FOOT The common limpet can be told apart from the limpet *Patella aspera* (far right) by its green foot - if it can be dislodged from the rock.

Green foot of common

limpet

THE LIMPET TRAIL Limpets graze seaweeds from rocks, wandering up to 3 ft (1 m) or more from their home base before returning.



NATURE STUDY

Naturalists have always been fascinated by tide pools. The great 19th-century English naturalist Philip Gosse studied shore life in Devon, in southwest England. His son Edmund described how his father would "wade breasthigh into one of the huge pools and examine the worm-eaten surface of the rock...there used often to lurk a marvellous profusion of animal and vegetable forms."

Inside a tide pool

A TIDE POOL is a natural world in miniature - a specialized habitat in which plants and animals live together. A wide range of plants is found here, from the film of microscopic algae coating almost any bare surface, to wracks and other large seaweeds. These plants capture light energy from the sun and obtain nutrients from seawater. They provide food for periwinkles, limpets, and other plant eaters. Flesh-eating animals such as sea stars, small fish, whelks, and other creatures eat the plant eaters. And then there are crabs,

prawns, and other scavengers that eat both plant and animal material. Filter feeders such as barnacles and mussels consume tiny particles of floating food, which may be miniature animals and plants, or bits of long-dead larger organisms.



OF EGGS Sea hares come to the shore in spring and summer to browse on the seaweeds and lay their pinkish purple, stringlike spawn.



SLUGS OF THE SEA

Tide pools occasionally trap sluglike creatures, such as this *Hypselodoris* from Guam, in the Pacific. They are called sea slugs or nudibranchs, a name that means "naked gills," after the feathery tufts on their backs which absorb oxygen from seawater. Sea slugs (like land slugs) are mollusks without shells.



RECYCLED STINGS Some sea slugs are equipped with stinging cells absorbed from anemones that they eat.



TENTACLES LIKE A HARE'S EARS? The sea hare is not considered a true sea slug, since it has a thin,

folds on its back.

flexible shell under the

SPONGE EATER The sea lemon has a mottled yellowish body. It feeds on crumb of bread sponges (p. 19).





NOT RECOMMENDED The bright colors of many sea slugs warn potential predators that they taste horrible. The great black-backed gull prowls among tide pools, stabbing with its strong bill at anything possibly edible.

A common sea star holds up the light-sensitive tips of its tentacles (p. 29) to "see" the way as it searches for a shady, safe crevice.



A velvet swimming crab huddles among boulders that have collected in a scooped-out portion of rock. It tries to remain unnoticed as it searches through settled debris for food.

BROUGHT BY THE SEA

As each tide goes out and conditions become calm in the tide pool, scavengers such as this *Charybdis* swimming crab emerge from holes and crevices to see what the sea has brought them. In this case it is a small sea urchin, perhaps already injured or ill, and defenseless against the crab's powerful pincers.



STATIONARY PREY Mussels, firmly attached

layer of rock is sandwiched between harder layers.



A gem anemone prepares for low water by folding in its 48 vulnerable tentacles

Blenny (p. 34)

Painted top shell (p. 14)

Velvet swimming crab (p. 60)

Closed beadlet anemones



TINY YELLOW EGGS The egg capsules of the dog whelk are often laid under boulders.

Open beadlet / anemones (p. 36)

ARTIST'S IMPRESSIONS

In 1865, Philip Gosse's Year at the Shore was published. At the time many naturalists were also artists, and Gosse illustrated his book with drawings of the specimens he collected from Devon shores. These four mollusks are (from left to right) a European cowrie, a painted top shell, a pelican's foot shell, and a netted dog whelk.

 $Cushion\, star\, (p.\,41)$



Tide-pool fish

LIFE FOR SMALL ANIMALS such as the tiny fish that live in tide pools is full of danger. If it rains heavily, the seawater in a small pool is greatly diluted, so that for a few hours the fish (and other inhabitants) must adjust their body chemistry to cope with the lower concentration of salt. The falling tide may maroon them in a shallow puddle, so that they have to wriggle across bare rock to the safety of a deeper pool. In an hour, the sun can turn a cool pool into a warm bath, causing animals to leave the water and find refuge under a cool, moist rock rather than suffer a form

of heatstroke. At low tide, gulls feed on tide-pool inhabitants; on the returning tide, small creatures can be crushed by rolling boulders.

Fish predators are a constant threat: conger eels lurk in crevices, and hungry bass follow the tide in, snapping up any stragglers. The fish shown here have to be hardy creatures to survive the constantly changing conditions and physical threats in the miniature habitat of the tide pool.

> Distinctive dip in the middle of the dorsal (back) fin

Dark spots along the base of the dorsal fin

The butterfish has a distinctive row of spots along its back. It lives on North Atlantic shores, from the U.S. to Britain and mainland Europe. Its common name comes from the feel of its slimy, slippery body.

LOOKING UPWARD Shore fish have eyes which are closer to the tops of their heads than many other fish. This enables them to watch for predators from above,

DANGER AFOOT

descending foot.

HOME IN A HOLE The shanny, or common blenny, is one of the most common shore fish in temperate

waters. Like many of its neighbors,

it makes a home for itself under stones

or in cracks, by wriggling its body to push aside fragments of weeds and rocks.

Many shore creatures are so well

camouflaged that they are unseen by walkers on the shore,

and must dart away from a

such as sea birds.

Butterfish

Shanny

SPOTTED GOLD The dark spots on the front of the dorsal fin and upper tail identify the goldsinny, a member of the numerous and varied wrasse group. Large individuals reach about 8 in (20 cm) in length.

Blenny

small, flat, tough-looking shore dwellers. These are sand gobies, which can cover themselves in sand with a flick of their fins.

There are about 1,500 species in the goby family, most of them

A FLICK OF THE FINS

LIKE AN EEL

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THE GOBY IN THE TANK It is very difficult to study shore fish. At low tide their natural behavior is to retreat into cracks and holes. At high tide they come out to feed, but they are extremely wary. The clingfish uses its bellysucker to hang on to rocks. Like many shore fish, it has rubbery, scaleless skin. This enables it to squeeze with ease past stones

and seaweed.

EQUIPPED WITH A SUCKER

Two blue spots , on the back

The blurry brownish markings on the fins help to _____ camouflage the goby

PROTECTIVE COLORING

Tide-pool fish, like this goby, tend to have mottled and spotted patterning to help conceal them among the patchy rocks, shells, seaweed growths, and rippling shadows of the pool.

> WELL DISGUISED Pipefish, which are related to sea horses, can be almost invisible as they hide among the eelgrass and seaweed fronds, watching for small fish and shellfish.

The eyes are placed high on the sides of the goby's head so that it can see upward and identify predators

Line of brownish spots on the middle of each flank

> The worm pipefish swims in an upright position and is well disguised among the swaying stems of seaweed in a tide pool

The sea scorpion can change its coloring to match that of its surroundings

WITH AND WITHOUT FINS

As the worm pipefish evolved, it lost almost all its fins - even the tail fin has gone. The sea scorpion, in contrast, has frilly fins. If startled, it raises its spiked gill covers to frighten away enemies.


OPEN FOR DINNER Beautiful but deadly: the waving tentacles of an anemone colony are a forest of danger for small sea creatures.

> Mouth in center of body

Flower-like animals

ANEMONES are the surprising "flowers" of the shore - surprising because they are not flowers at all. They are hollow, jelly-like animals belonging to a group called the coelenterates or cnidarians, which also includes jellyfish and corals. Their "petals" are actually tentacles with special stinging cells that poison their prey. The prey is then pulled toward the mouth (p. 39). Like flowers, anemones have evolved many colors, from salmon pink to emerald green and jet black. In many there is great color variation even within the same species. Another remarkable feature is that many can move, if only slowly, sliding their muscular bases along the rock surface. Certain species burrow in sand and gravel; others slide their bodies into crevices in the rocks so that only their tentacles show. As the tide ebbs most anemones on the shore pull in their tentacles and become jelly-like blobs to avoid drying out.

RAFFIC-LIGHT ANEMONES

Beadlet anemones come in various colors, including red, amber, and green. When the tide recedes, they fold in their tentacles, looking like overgrown gumdrops scattered on the rocks. When fully grown they have about 200 tentacles.

> BLEMISH OR BEAUTY The wartlike knobs on this creature's body have led to one of its common names wartlet anemone The warts can be seen on the closed wartlet anemone on the opposite

> > page

Calcareous (chalky) algae encrusting rock

> "FLOWER" ON A "STALK" This side view of a grayish beadlet anemone shows its stubby "stalk" (body) with a rainbow-like sheen around the base. Beadlets can survive being out of water for some time and can live very high on the shore.

FEATHERY PLUMES The plumose or frilled anemone is brown, reddish, or white and may grow up to 1 ft (30 cm) tall. Its feathery tentacles catch very small bits of food and waft them down to the mouth by the beating action of tiny hairs called cilia.

Scallop shell

SWEEPING THE SEA

Fan worms are sometimes

include earthworms). The tentacles

of the "fan" filter tiny food particles

from the water but withdraw into

the tube in a flash if danger

threatens.

mistaken for anemones, but they belong to a different group of animals - the annelids (which Snow-white tentacles and brown body of a beadlet anemone

> Living cup coral with tentacles extended

Chalky skeleton of dead cup coral

LIVING CORAL

Corals are similar to anemones and are members of the same group, the coelenterates (cnidarians). This cup coral lives alone, unlike its tropical reef-building cousins.

TINY GHOSTS There are many different species of these tiny, ghostwhite encrusting anemones covering some areas of rocky shore.

> Encrusted remains of barnacle shells



The body "warts' of this wartlet anemone are visible in this closedup individual

GIANT OF ITS KIND The giant green anemone of tropical waters is one of the largest anemones in the world. It may grow to more than 3 ft (1 m) across.

STINGING STRINGS The colorful sagartia anemone is one of several species that feeds and defends itself by shooting pale strings of stinging cells through its mouth or through slits in its body. The "strings" are in fact parts of the animal's guts!

Fan worms (see opposite page) live inside protective, chalky tubes. Some species live buried in the mud; others attach themselves to rocks, like this one. Look to the left - can you spot another small fan worm on the opposite corner of this stone?

Coiled, chalky remains of tube worm

Side view of dead cup coral

Strings (acontia) of stinging cells

MINIATURE FANS

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KRAKEN AHOY The kraken, a sea monster of Norse legend, made short work of ships and their crews. As is often the case, the fable has some basis in fact. The kraken looks suspiciously like the squid, a member of the mollusk group. Atlantic giant squid have been recorded up to 50 ft (15 m) long, including tentacles, and weighing two tons. Their remains are sometimes found washed up on the shore (p. 56).

Tentacles and stings

The coelenterate (cnidarian) animals (jellyfish, anemones, and corals) are the stingers of the shore. These creatures do not not have brains or complex sense organs such as eyes and ears. Unable to move quickly, they cannot escape from predators or pursue prey. Instead, they protect themselves and capture food with tiny stinging cells in their tentacles. Inside each cell is a capsule called a nematocyst, which contains a long, coiled thread. In some species these are barbed, in others they contain venom. Triggered by touch or by certain chemicals, the threads flick out and then either the barbs hold on to the prey, or venom is injected into it. Then the animal drags its victim into the digestive

cavity within the body. Some jellyfish have extremely powerful venom that can cause great pain to swimmers who brush against them. Their nematocysts remain active for a while even after the animal is washed up and dies on the shore. The best known jellyfish is the Portuguese man-of-war. This is not a true jellyfish, but a colony of small animals from the same group. A swimmer may be stung without ever seeing the creature responsible, since the tentacles trail in the current several yards behind the floating body. The box jellyfish, or sea wasp, of tropical Common prawn

waters has tentacles up to 33 ft (10 m) long and its sting is lethal to humans.



Mouth

INSIDE AN ANEMONE Anemones, and their coelenterate

(cnidarian) relatives, are simply constructed creatures. The ring of tentacles surrounds a mouth that leads to the digestive cavity inside the body. Prey is pushed into the cavity, digested, and absorbed, and any remains excreted through the mouth.

Coiled filament



Undischarged nematocyst

THE STINGING THREAD

Under the microscope it is possible to see tiny sting-containing cells on the tentacles of coelenterate (cnidarian) animals. When the cell is triggered by touch or certain chemicals, its internal fluid pressure quickly increases. This forces the threadlike filament to shoot out. Some filaments are barbed; others contain venom.

Discharged filament



This snakelocks anemone is in the process of capturing a common prawn and pulling it toward its mouth. The barbed stinging cells in the tentacles help to paralyze the prey. When the prawn is drawn into the anemone's stomach, more stings will finish it off.



Grav snakelocks anemone



MICROSCOPIC STINGERS Hydroids such as these *Obelia* are tiny anemone-like creatures that grow in colonies. They form a furry coating on submerged seaweeds, rocks, and wood. Each individual has a stalk about as thick as cotton thread.

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Green snakelocks anemone

Anemone ejects strings (acontia) of stinging cells from its mouth to defend itself _



IN THE LIMELIGHT Sunbeams shining through the surface of a tide pool spotlight shore sea stars. The "sausage with a frill" (upper right) is a sea cucumber. In this relative of the sea star, the arms are tentacles around the mouth end.



A THORNY PROBLEM The crown-of-thorns sea star feeds on coral. From time to time its numbers increase dramatically, causing much damage in places like Australia's Great Barrier Reef. Whether this is a natural cycle or the result of pollution is not clear.

Stars of the sea

 ${\sf O}$ N ALMOST ANY SEASHORE, somewhere, there will be sea stars and probably a few of their relatives such as brittle stars, sea urchins, and sea cucumbers. These creatures belong to a group called the echinoderms Light-sensitive tips of arms often turn up (meaning "spiny skinned") and they have been to "see" the way around for perhaps 500 million years. Sea stars that are not spiny are protected by an exoskeleton (outer skeleton) of hard, chalky plates embedded just under the tough skin. Although there are more than 6,000 species of echinoderms - 2,000 more species than there are within the mammal group - these creatures are sea dwellers, so they are unfamiliar to most people. They also seem strange because their body plan consists of "arms" arranged like rays coming from a central point. There is no front

end: when a sea star goes for a walk to follow the retreating tide or find a cool spot out of

the sun, any arm can take the lead.

Brittle star

The brittle star throws its fragile arms into serpentlike shapes as it glides swiftly through a tide pool. The arms really are brittle and easily broken, but the brittle star is able to grow new ones.

SNAKING MOVEMENT

Spiny sea star

NEWLY ARMED

Sea stars can grow new arms. If an arm is crushed by a boulder or torn by a predator, it can be cast off and a new one grows. In fact, as long as most of the central disk is intact, one remaining arm can grow four new ones.

Blood star

SEEING RED The blood star, seen occasionally on rocky shores, lives up to its other name of "bloody Henry" with its vivid red body marks.



MUSSEL POWER This common sea star preys on mussels and other mollusks. It wraps itself around the victim, grips with its tube feet, gradually pulls open the two shells, and sticks out its stomach to digest the prey's soft parts.

COVERED IN SPINES Stiff and muscular,

the spiny sea star is one of the larger seashore species. Each

calcareous (chalky) spine is surrounded by tiny pincer-like organs (pedicellariae). It uses these to rid itself of parasites, small hitchhikers, and other debris. This sea star feeds on bivalve mollusks. Spiny sea star

COMMONLY ORANGE

Many common sea stars are orange, but some are brown,

red, or even purple. Color variation is

frequent among these creatures.



LEFT STRANDED

Most sea stars live low on the shore or in deeper water. Those washed up by stormy seas and stranded out of the water may not survive until the tide returns.

HUNGRY STARLETS

Small cushion stars, or "starlets," are as carnivorous (meat-eating) as their larger cousins, devouring little mollusks, brittle stars, and shore worms.

Goosefoot sea star

Spiny sun star (below)

(right)

WEBBED ARMS

Although the goosefoot sea star (far right) looks like a five-sided bandage, it is an active predator and feeds on crustaceans, mollusks, and other sea stars.

TWELVE-RAYED SUN

This spiny sun star (right) has 12 arms, but individuals with as few as 8 or as many as 13 are not unusual. Like the goosefoot sea star, it will eat other echinoderms such as the common sea star.

Borers and builders



HIDEY-HOLES IN THE ROCK Rock-boring sea urchins have made many holes in this section of limestone coast at The Burren, in southwest Ireland. Unoccupied holes collect pebbles that are swirled around by the sea, scouring the rock still more. In these ways, rock-boring urchins and mollusks contribute to the erosion of the shore.

N THE COAST OF CALIFORNIA in the late 1920s, steel girders and piles were installed for a seaside pier. About 20 years later, the .4 in (1 cm) thick steel was honeycombed with holes. The culprit was the purple sea urchin. This animal, like many others on the shore, takes refuge from waves, predators, sunshine, and cold by boring into the shore itself. Sand and mud, softer than solid rock, contain many burrow-

ers, such as razor clams, cockles, clams, and tellins. (A razor clam is said to burrow as fast as a human can dig down after it.) Yet even on a rocky shore there are burrowers, boring, scraping, and dissolving their way into the rock. They include the piddock which, as it wears away the surface layer of its shell by drilling, moves its body



BUILDING A HOME

Several kinds of marine worms make tubes around themselves, chiefly to protect their soft bodies. *Terebella* (left) moves tiny particles with its tentacles and glues them together with a sticky body secretion. *Serpula* (center) makes a chalky, trumpet-shaped tube. Fan worms (right) make tubes that protrude above lower-shore sand.

TRIANGLE TUBES

Keelworms are another type of tube-building marine worm. Their chalky tubes have a "keel" or edge, so that they appear triangular in cross section. Their feathery tentacles collect tiny bits of food from seawater. over the worn area and lays down a fresh layer of hard, chalky shell. Pieces of wood riddled with long holes some .8 in (2 cm) across are often cast up on the beach. These are the work of shipworms, which despite their appearance are not worms but bivalve mollusks (p. 26), like piddocks.

Feathery tentacles collecting food





Date mussels in limestone



DISSOLVING STONE The date mussel of the Mediterranean is one of several mollusks that can insert themselves into solid rock. Here two small specimens have bored into limestone. Instead of physically drilling into the rock like the piddock, these mussels secrete chemicals which dissolve the chalky stone. Their scientific name is *Lithophaga,* which means "eating rock." The growth rings typical of many bivalve mollusks are visible on the larger individual.

Growth ring



PRISONER IN SOLID ROCK The piddock's ridged shell resembles the sharply ribbed drilling bit of an oil rig, and not without reason. This mollusk twists and rocks the two parts (valves) of its shell in order to drill itself a hole in solid rock. Two long, fleshy tubes called siphons reach up through the hole. Seawater is drawn in through one tube to supply the animal with oxygen and food; waste and rock debris are passed out through the other.

GROW IN A BURROW

Several species of sea urchin are able to make shallow depressions in the rock, and some can burrow almost out of sight. The rockboring or burrowing purple sea urchin moves its strong, stout spines back and forth and gradually rasps its way into the rock. It also grinds away the rock with its gnawing mouth-parts. As it grows and burrows, it may be unable to escape from its tunnel and becomes dependent on capturing food with its tube feet (p. 28).

Skeleton (test

Urchins shelter in shallow "caves" excavated in rock

ROCK RESIDENT

The purple sea urchin lives on the lower shore and in the shallows. Above the low-tide mark, it scrapes a shallow "home" in the rock.





Spines are purple in life

A BORING ANIMAL The yellow boring sponge makes branching tunnels in limestone or in a thick, chalky seashell by dissolving the minerals with an acidic secretion. Small parts of the sponge project above each tunnel. They have either one large hole (pore) through which waste water passes out, or several smaller sieve-covered holes through which water is drawn in (p. 19).

Hard cases

SOME OF THE MOST CURIOUS LOOKING creatures of the shore are crabs, prawns, and lobsters. They are members of a large and varied group of animals called the crustaceans. In the same way that insects swarm on land, so crustaceans teem in the sea. Both groups are arthropods, or joint-legged animals. Crustaceans usually have jointed limbs (up to 17 pairs in some species), two pairs of antennae, and a hard shell, or carapace, that encloses and protects much of the body. However, the animals themselves vary enormously. They range from microscopic creatures that make up a large part of the floating plankton (the "soup" that nourishes so many filter-feeding sea



POTTED CRAB

Crabs have long been caught, cooked, and eaten by people. Crab pots are filled with rotting fish flesh as bait; once the crab has entered, it is unable to climb out. Crabs are also eaten by shore birds and mammals, by fish such as bass, and by octopuses.

animals), to the giant spider crabs of Japan, which measure more than 12 ft (3.5 m) across the claw tips. Some of the most surprising members of the crustacean group are the barnacles (cirripeds). These animals begin life as tiny, free-swimming larvae. Some species then settle on the shore, cement their "heads" to the rock, grow hard plates around their bodies, and use their six pairs of feathery, jointed "legs" to kick food into their mouths! The crustaceans most familiar to us are the decapods, which include shore creatures such as crabs, lobsters, crayfish, hermit crabs, prawns, and



BATTLE-SCARRED SCUTTLER

Small flaplike abdomen folded under carapace

Carapace (shell) <

This shore crab has lost one of its limbs. A herring gull's powerful bill, or perhaps a small rock rolled by a wave, has removed its right first walking leg. Accidents like this often happen to crabs on rocky shores. However, this individual is not disabled by the loss and displays a variety of postures: caution (below), a mock attack, a crouching defense, and finally a retreat.

shrimps. Decapod means "10-legged," and most of these creatures have 10 main limbs. Four pairs are for walking or swimming, and there is one pair of handlike pincers.

The combative shore crab, pincers held up in self-defense, is known in France as *le crabe enragé*



THE RED CARPET In some areas of the Galápagos Islands off the coast of Ecuador, Sally Lightfoot crabs cover surfsplashed rocks like a moving red carpet. This brilliantly colored species has bright red limbs and a sky-blue underside.

> Four pairs of walking limbs

Pincers poised in mock attack

Stump of missing limb



BREAKING AWAY Crabs and other crustaceans can escape from danger by discarding an injured or trapped limb. There is a special breaking point near where the limb attaches to the body, along which the tissues are arranged to minimize bleeding. The new limb grows in stages with each molt of the crab's shell, which is usually once each year.

Eue

Pincer (chela) used for picking up food

Two pairs of antennae



MEAL IN A CASE

The edible crab may grow to 10 in (25 cm) across and weigh more than 11 lb (5 kg). The pincers contain the prized white meat; the shell (body) contains the dark meat.

PINCER MOVEMENT

Crab ready

to curl up in defense

The edible crab is well equipped for defense, with its first pair of main limbs modified as heavy pincers called chelipeds (p. 48). These are also used for picking up and tearing apart food. The male's pincers are usually larger than the female's, relative to body size. Even though they are armed with such threatening weapons, many of these sturdy-looking crustaceans are eaten by octopuses. External pair of "jaws" for gripping and manipulating food

Sharp claw on end of leg /

A CURIOUS CREATURE This odd-looking creature is called a horseshoe crab, although it is not a true crab. On North American shores hordes of them come into the shallows in the

breeding season to lay their eggs.



Underside of horseshoe crab



CRAB IN THE SKY

NOT ONLY ROCK-BOTTOM The coral crab lives in various habitats, frequenting rockybottomed shores, sandy areas, and sponges on coral reefs. It is found along the east coast of North America. farly astronomers saw a crablike pattern of stars in the northern night sky and named it Cancer after the Latin word for a crab. Cancer is also the fourth sign of the zodiac, with the sun passing through from about June 21 to July 22.



Barnacle cemented to lobster's body

Growth of bryozoans, a colony of tiny anemonelike animals (p. 25) A CLEANER COAST Most crabs are adept scavengers, and the furrowed crab is no exception, picking up almost anything edible from the seabed. It lives around European coasts.

> Tail fan helps to propel lobster backward when the tail is straightened and then suddenly flexed

Tail (abdomen)

Swimmerets under tail enable lobster to bounce and swim as it moves along the bottom

Second two pairs of walking legs end in claws, Curly, protective tube of small marine worm

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HERMITS AT HOME

Hermit crabs do not have shells of their own, so they hide their soft bodies in the shells of dead animals. Sometimes an anemone is attached to the shell. As the crab grows and moves to a larger shell, it often takes the anemone along with it. There are also land hermit crabs in the tropics. Some species live in hollow mangrove roots or bamboo stems.

THREE-IN-ONE

Each of the three animals in this "partnership" comes from a different major animal group. The hermit crab is a crustacean (p. 44). The anemone is a coelenterate (cnidarian) (p. 36). The shell once belonged to a whelk, which is a sea snail and member of the mollusk

group (p. 26).

Unusual partnerships

 \mathbf{I} Here are many types of relationships in the animal world. A very familiar example is when one animal hunts and eats another. This is the predator-prey relationship. Yet nature is not always so cut and dried. On the seashore, as in other habitats, different kinds of animals are regularly seen together. This does not happen by chance - there is a reason. Scientists have different names for these relationships. In the relationship that is called parasitism, one partner, the parasite, benefits, but the other, the host, loses. Some shore crabs are host to *Sacculina*, a strange creature related to the barnacles. Sacculina attaches itself to a young crab and then grows "tentacles" that eat into the crab's body. This parasite gets food while disabling the crab. Another type of relationship, in which both partners benefit, is called symbiosis. The hermit crab and the calliactis anemone live in this way. The calliactis is sometimes called the parasitic anemone, but it does not harm its hermit host. It feeds on particles of food that the crab drops, and

STING IN THE PINCER The boxer crab carries small anemones in its pincers. They act as "stinging clubs" and are waved at any creature posing a threat.

 Keelworm tubes inside shell

CLAW IN THE DOOR

In its defensive position, the hermit crab pulls itself deep inside the shell. The right front claw (cheliped), which bears the

large pincer, is usually bigger than the left one, and the crab holds it across the shell's entrance to make an effective door. (In this example the pincer is missing; it may have been bitten off by a predator or squashed by a boulder.)

SWEEPING THE FLOOR

The tentacles of anemones reach upward for floating or swimming victims. However, a calliactis anemone on a hermit crab's shell tends to hang down and sweep the rocks for bits of food "spilled" by the hermit crab.

the crab is protected by

the stinging tentacles.



HOME IN A CONE

Not all hermit crabs live in whelk shells. This Pacific flat hermit crab is occupying an empty omaria cone shell. Cone shells are tropical mollusks; some species are extremely venomous. may eat "leftovers" from the anemone. The anemone may, in turn, be cleaned in the process and eat food dropped by the clown fish. It is also possible that the brightly colored clown fish attract predators, which the anemone then seizes.



PALE UNDERSIDE Flatfish are usually well camouflaged when viewed from the surface of the water. The underside, flat against the seabed, has no need of special coloring, so in many species it is white or pale.

Disguises

 ${
m A}$ CASUAL GLANCE into a tide pool may reveal only a few strands of seaweed and some dead-looking shells. But wait patiently, sitting low and still to avoid being seen, and watch carefully. A dark patch of rock may suddenly glide forward: it is a blenny, on the lookout for food. A slightly hazy-looking area of sand walks away: it is a prawn adjusting the spots and lines on its body to blend perfectly with the background. A small pebble slides off: it is a periwinkle grazing on algae. A patch of gravelly bottom ripples and two eyes appear: a flatfish has tossed small pebbles and shell fragments over its body to break up its outline. All these creatures use camouflage to help conceal themselves. Looks are not everything, though - behavior is important too. The eel-like pipefish (p. 34) tends to swim in an upright position to blend in with the ribbons of seaweed and eelgrass in which it hides.

LOOKING LIKE A WEED The leafy sea dragon, from the coastal waters of southern Australia, is a type of sea horse. Its loose lobes of skin resemble the seaweed fronds in which it hides.

> URCHIN COVER-UP Several species of sea urchins grasp pebbles, shells, and pieces of seaweed with their long tube feet (p. 28) and hold them over their bodies. A well-draped urchin can be difficult to spot. These are green sea urchins, which are found on the lower shore and inshore waters.

> > DAB HAND AT CHANGE Many flatfish can change their coloring to match the bottom on which they are resting. Some minutes earlier, this young dab was a light sandy color. It soon became several shades darker when placed on selected dark pebbles. The marks on its upper side became almost black. The largest dabs reach about 16 in (40 cm) long.

INVISIBLE FISH The flounder is an expert at camouflage, becoming almost invisible on multicolored gravel. It lives near the shore for the first few years of its life, and then migrates to deeper water. It may grow up to 2 ft (60 cm) long.

BEING A BOULDER

This young edible crab has backed its way into a group of similarly colored pebbles and is now pretending to be a boulder, remaining still with its pincers tucked under its body. The scalloped edge of its carapace (shell) gives it away.

DEADLY STONE

The shallow waters of Pacific shores can be a death trap to the unwary. A stonefish, which resembles a gnarled lump of rocky coral, may suddenly raise the deadly spines on its back if stepped on. Its poison can be fatal.

STEADY AS A ROCK

Resembling your surroundings only works if you stay still like them, or move as they move. Small shore fish such as the goby (left) and blenny (right) remain motionless on the

rocks for long periods, only darting off to chase prey or avoid predators.

Life on a ledge

A SEABIRD BREEDING COLONY is one of the most spectacular sights on a rocky coastline. Coastal cliffs, rocky islets, and isolated islands can be reached only by flight and so make safe nesting places for birds. Here they are out of reach of all but the most agile ground-based predators, such as snakes and rats, and just beneath the waves there is a rich source of food. The sight of more than 50,000 gannets nesting on an offshore island is breathtaking. The impression is of a blizzard of large white birds coming and going, wheeling on their 6 ft (1.8 m) wings in currents of air, rising up the sheer cliff, regurgitating fish for their chicks, and screeching and pecking at any intruder - gannet or otherwise - that comes within reach of their spearlike bills.

WARNING All the eggs shown here come from a museum collection. (The colors have faded slightly.) Collecting or handling wild birds' eggs is now illegal.

EGGS DOWN A HOLE

EGG ON A ROCK

female lays a single egg.

The razorbills of the Northern Hemisphere resemble their southern relatives, the penguins, although unlike penguins they are good fliers. On cliffs they form breeding colonies which may number tens of thousands of birds. Each

Puffins nest in burrows. They dig their own holes in soft soil or take over an old shearwater or rabbit tunnel. Puffin eggs are white because, since they are hidden, they have no need of camouflage.

> A puffin near a cliff-top burrow by the British bird artist Archibald Thorburn

SUITABLY SHAPED The blotchy patterned egg of the guillemot is suitably

shaped for life on a ledge, as it tapers narrowly to a point at one end. If it is blown around by the wind or kicked by the bird on the bare rock (the guillemot does not make a nest), it rolls around in a tight circle until it comes to rest. An adult and a juvenile herring gull by Archibald Thorburn



FIERCE FEEDER Herring gulls are noisy and aggressive. The squawks and screams coming from their nesting colonies are deafening. The average clutch consists of three eggs.

Common or great cormorant

Sharp, hooked bill for holding on to slippery prey

A NATURAL FERTILIZER

Guano, the accumulated droppings from a sea bird (or bat) colony, is rich in nitrogen, potassium, and phosphorus. Mining guano was a world trade in the last century; most of it came from South American and African coasts and islands, and was shipped to Europe and North America for use as a fertilizer.

> Long flexible neck for darting at victims

DRYING AFTER A DIP

Common or great cormorants are the largest of the 29 species in the cormorant group and are found almost worldwide. They swim and dive after crabs, fish, and other aquatic prey. Afterward they stand in a typical pose with wings outstretched to dry them. Why cormorants have not evolved water-repellent oils, like many other sea birds, is a mystery.

SHIFT WORK

Many cormorants nest by the sea on cliffs, rocky ledges, and sloping stone slabs. Both cormorant parents build their nest from sticks, seaweed, and other locally gathered plant material. The parents take turns incubating their three to five eggs for about one month until the

chicks hatch.

All four toes are webbed, enabling the cormorant , to swim well

Feeding by the sea

FISH are wriggly, slippery creatures. Many animals that catch them have specially adapted mouths that can hang on to their awkward prey. Fish-eating mammals such as seals have many small, pointed teeth for this purpose. Fish-eating birds are generally equipped with long, sharp, dagger-like bills (beaks), and the bills of cormorants and many of the gulls also have a downcurved tip that prevents fish from slipping out of the end. Gulls are a familiar sight along the coasts of the Northern Hemisphere. They hunt along the shore, catching tide-pool fish, pecking at crabs, and hammering

open shellfish. Like many other sea birds, they tend to feed



AN ALL-PURPOSE BILL Herring gulls have broad bills, capable of handling all kinds of prey including the contents of rubbish dumps.



SHAPED LIKE A CHISEL Oystercatchers use their chisel-like bills to pry open or hammer through the shells of mussels, cockles, oysters, and other shellfish.

near land during the breeding season, but then wander off to lead a mostly pelagic (open-ocean) life for the rest of the year.

SPEARED FROM ABOVE The gannet dives from as high as 100 ft (30 m) to catch herring, sardines, mackerel, and other fish. This bird also uses its bill to fight enemies and to stab at those who intrude into its nesting space.

Tubelike nostrils

Small wings are used as paddles in the water, and flap rapidly in flight

A HOOKED BILL

Fulmars nest in groups on rocky islands and cliffs. They feed on surface-dwelling fish and their beaks are hooked at the end. They have prominent tubelike nostrils lying along the top or sides of the bill.

DANGEROUS WORK

Sea birds and their eggs are still caught and eaten along some remote shores. On the island of St. Kilda, off the northwest coast of Scotland, this practice continued until the 1940s. Birds flying past an outcrop were caught in a net; eggs and nestlings were collected by hand. Gannets, fulmars (right), and various auks were the main victims.



FISHERMAN'S FRIEND

For centuries, coastal people in eastern Asia have fished with trained cormorants. A collar and lead is put on the bird so that it can catch fish but not swallow them. The bird is then pulled back to the boat by the lead. Today this "fishing" has become a tourist attraction.

A BILL FULL OF EELS

After a diving session, a catch of up to 10 small fish (such as these sand eels) is not unusual for the stripe-billed puffin. This bird lives throughout the North Atlantic.

SWOOPING ON THE SHORE It is thought that the gull's pale underside matches the

pale underside matches the sky or clouds, making this bird less visible to fish, crabs, and other prey as they look up, on the watch for danger. This is a young herring gull with mottled plumage. Adult birds have white bellies.

GOOD FOR SWIMMING

The guillemot or murre (p. 52) has relatively large, powerful feet with strong webs. Its legs are positioned far back along its body so that it swims efficiently, but on land it waddles rather than walks, with an upright, penguin-like stance.

Claw-tipped toes

UNDERWATER PROPELLERS

The gannet's great webbed feet can propel the bird at remarkable speed under the water as it chases after fish. It also uses its feet to cover and help incubate the egg.

Guillemot often rests on "heels" (shanks) on a ledge, rather than standing

> During the breeding season, the egg (p. 52) is balanced on the large, webbed feet

Visitors to the shore

LARDER WITH FLIPPERS The green turtle, the only plant eater among the six species of sea turtles, travels across the world's tropical oceans. Females come ashore to lay eggs in shallow holes in the sand. They tend to use the same breeding places, or rookeries, year after year - making it easy for hunters to capture them and steal their eggs. This species grows to 3 ft (1 m) long and 400 lb (180 kg) in weight. It is sometimes called the edible turtle, and in former times it was hunted mercilessly for its flesh, oil, skin, and shell. Today it is officially listed as an endangered species.

Now and Again, we may be lucky enough to see some of the larger visitors to the shore. Marine turtles crawl onto land under cover of darkness to lav their eggs in the warm sand. Seals sunbathe, and sometimes the bulls (males) fight each other for the right to mate with a harem of females. In the Arctic, white-tusked walruses lie in steaming heaps on the icy rock; near the Equator, marine iguana lizards crop seaweeds from the rocky shores of the Galápagos Islands. In Antarctica, penguins gather by the millions to rest and breed. However, some visitors to the shore come by accident. The strandings of schools of live whales have long puzzled scientists.



STRANDED SQUID

Giant squid, voracious deep-sea predators, are occasionally washed up on the shore. Such stranded individuals are probably injured, ill, or already dead when swept in by shore-bound currents. Giant squid are the largest of all invertebrate animals (those without backbones). They grow to more than 50 ft (15 m) in total length and weigh up to 2 tons.



SUN, SEA, AND SAND During the last century the seaside became popular with one mammal in particular. As is usual with this species, it has greatly changed the habitat. Nowadays, beaches are crowded with its family groups, while the inshore waters are congested with its brightly colored toys, such as yachts and windsurfing boards.

THE CRADLE OF THE SHALLOWS

The sea otter lives off the coasts of the Pacific Ocean and rarely comes ashore, preferring to lie in the calm of a kelp bed (p. 22). It feeds on sea urchins, crustaceans, and shellfish, and will use a stone as a tool to crush the hard shells of its prey. This is the heaviest of the 12 otter species, sometimes weighing as much as 100 lb (45 kg). The sea otter became extremely rare, as it was hunted for its fur, but in 1911 an international agreement (one of the first of its kind) rescued it from extinction.

LIFE ON THE OCEAN WAVE Harbor seal pups (these are about three months old) are born on land, but they can swim and dive almost immediately after birth. Seals haul themselves out of the water to bask on rocks and sand-banks, or to give birth. Harbor seals live in coastal waters in the North Pacific and North Atlantic. Recently a viral illness has killed many thousands of those living in the North Sea. Sea.

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A PEACEFUL PASTIME Beachcombing is rewarding, as almost anything may be washed up on the shore. In the past people made a living by collecting and selling curios, food, and other objects found on the shore. Today not all shores are suitable for beachcombing, as many are strewn with man-made litter, and inshore waters are often polluted.

Beachcombing

 T wice each day the sea rises up the shore and then retreats, depositing debris along the high-tide mark. This is the strandline, a ribbon of objects left stranded high and dry. It is a treasure trove for the nature detective. Shells, bits of seaweed, feathers, and driftwood lie jumbled together, each with a story to tell. Stones, shells, and wood have often been smoothed and sculpted by the sea, rolled back and forth in the sand or crashed against the rocks and split open. Seaweeds torn from rocks are carried along in currents and washed up farther along the coast. Large-scale ocean currents such as the Gulf Stream can transport floating objects thousands of miles and dump them on some distant shore. Certain plants use the sea to spread effective. their seeds; the coconut is a famous example. The familiar nut itself ripens inside an even larger husk of stringy gray fibers (the coir, which is woven into rough mats and ropes) encased in a brownish leathery skin. This makes a fine "float" and, when a coastal coconut palm drops a husk almost straight into the ocean, it is carried by currents and deposited on a distant shore, where it may grow. In this way coconut palms have spread to fringe tropical shores around

FOOD FOR FREE Many seaweeds are gathered as food for both humans and animals (p. 23) and for use as fertilizers. Algae such as carrageen are rich in nutrients. For some coastal peoples they are a good source of trace elements - minerals that the human body needs in small quantities. Seaweed also has medical applications: recently a jellylike seaweed extract used as a lining for bandages for burns has been found to be very

∕ Air bladder

the world.

Rockweed, which grows in large quantities on sheltered rocky shores, becomes green-black when dry. It has large air bladders which enable the weed to float at high tide.

DRIED FLOAT

DEAD HANDS

Dead-man's fingers is a common name given to a variety of sponges, soft corals, and bryozoans. These primitive animals (p. 19) tend to live offshore and only the spongy, rubbery skeletons are cast up on the beach. Small animals and fish often find hiding places in the tunnelridden remains.

A 19th-century engraving entitled Common objects at the sea-side ...

WEAR AND TEAR

Seashells are hard but are no match for the restless waves. Gradually they are ground down and worn away, and the substances from which they are made are returned to the sea.

> COMMON COCKLE Cockles are often found in large numbers in sand or mud.

WORN WHELK

A window has been worn in the largest whorl of this common whelk's shell, revealing its spiral pattern and the central column, or columella.

UPROOTED FROM THE SHORE

This woody object is an underground stem, or rhizome, of a giant reed. The reed is the tallest grass in Europe reaching 15 ft (5 m) high, and is often planted as a windbreak in coastal areas of the Mediterranean. It is also used for making canes, baskets, and fishing rods.

POLISHED BY THE SEA Pieces of slate, glass, and other hard substances are

other hard substances are rubbed and polished by sand and water. The scouring action of small sand grains gives a high polish.

BLACK WRACK This crackly black wrack has been dried through exposure to air. The tiny, coiled, chalky tubes were made by small marine worms that

died long ago.

by the sea

FAN-SHAPED SHELL

This is the flatter, upper valve (p. 26) of a scallop's shell. A fresh specimen's age can be estimated by counting the shell's growth rings. These mollusks may live for more than 15 years.

> Hydroides worms often live together, their chalky tubes intertwined on the rocks

A piece of slate dotted with tiny spirorbid worm tubes and bryozoans skeletons

Flat periwinkle ^W Remains of shells (brown) smoothed and bleached

winkle (yellow)

Flat peri-

A LIMPET Limpet rings are a common find. The top of the cone may be pecked and broken by a bird's beak, or bored through by a predatory sea snail, or cracked off by a boulder.

LESS OF

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Bryozoans

skeletons



Netted

dog whelks



Netted dog whelk shells



ALL WASHED UP Pine cones and other light, woody objects may wash up on the seashore after floating down a small stream into a river and then into the sea.

> Mature gull's wing feather

Barred feather typical of young gull

Cast-up and dried-out young dogfish

POWER An onshore wind tends to blow floating items toward the land, improving the beachcomber's chances of finding unusual things.

Shark in the shallows

The lesser-spotted dogfish, often simply called the dogfish, is a type of shark. It is harmless and grows to about 3 ft (1 m) in length. Dogfish spend most of their lives offshore, in water around 100-325 ft (30-100 m) deep. However, in late autumn, winter, and spring, females swim into shallow water near the shore to lay their eggs among seaweed.

WIND

OUT OF THE CASE

A newly hatched dogfish is about 4 in (10 cm) long. It usually still has part of the yolk sac attached, but this shrivels as the youngster begins to feed for itself. As an adult, it will hunt bottom-

dwelling creatures such as shellfish.

BUNDLE

OF EGGS Empty egg cases of the whelk are another common beachcombing find. They are fixed to stones

when laid, and tiny but fully formed young whelks crawl out of the cases. WATER BABIES

The baby dogfish develop inside their egg cases, each nourished by its yolk sac. They continue to grow for up to 10 months before hatching.

THE MAGIC PURSE The dogfish egg case is tied to anchoring weed by long tendrils at each corner. Empty cases are often washed up on the shore and are called mermaid's purses.



POLLUTION INDICATORS Some types of seaweeds react quickly to pollution and are termed "indicator species." Records of preserved seashore plants, combined with population surveys of shore inhabitants, help scientists monitor changes over time.

Studying our shores

WE ENJOY OUR SEASHORES in many different ways. Children paddle in the ripples, surfers ride the waves, naturalists study plants and animals, local people collect seaweed and shellfish for food, and anyone may appreciate the beauty of unspoiled stretches of shore. However, our seashores are being damaged by the increasing pollution of the sea. Throughout history, scientists and researchers have studied our shorelines to understand the way nature works and the way nature is changing. Here we look at some of the

tools that have been used in the past and today to help determine the health of our coastlines. We examine the effects of pollution in depth on pages 66–67.



DIVING IN A GARBAGE CAN In the 1930s the first scientific surveys of life in the permanent shallows were made. The scientists wore primitive diving hoods. Air was provided by two car pumps operated from the shore, and each hood contained a radio telephone.

SHELL SHOCK Shell surveys show how the numbers of some species have been reduced by pollution or overfishing.

SIFTING THROUGH THE SAND

Shrimps, cockles, and other edible shore creatures can be caught along the surf line in wet sand with a strong net. The wooden leading edge is pushed just below the surface; sand grains pass easily through the net, but larger objects are trapped. Shrimping was once a popular pastime as well as a commercial industry. But today many beaches have been overexploited, or are too polluted or too disturbed by vacationers to yield worthwhile catches.

A CLOSER LOOK The naturalist's invaluable magnifying lens needs a corrosionproof frame and handle for seashore work.

TIDE GUIDE

Tide tables are essential for anyone who leaves the main beach to study rocks or flats. The tables give relative water heights as well as dates and times of low and high water. Most of the shore is exposed at the lowest spring tide.

ROCK RECORD

For scientific studies of the shoreline, a geological map is very important. Different types of rocks are color-coded, and height contours are given as on ordinary maps. Granite, sandstone, and similar hard rocks tend to form stable rocky shores; soft rocks like chalk and limestone are eroded more quickly.

ARTIST'S INSPIRATION

Many people are fascinated by the sea. They are in awe of its destructive power and attracted by its constant motion and sudden changes of mood. Artists have been inspired to sketch and paint hundreds of beach scenes, from tranquil summer afternoons to ferocious winter storms.

WATERPROOF EQUIPMENT

Modern waterproof cameras allow us to record nature without harming it. An underwater flashlight is another useful piece of equipment. Many larger animals, such as lobsters and crabs, hide themselves in caves and crevices on the cool, shadowy side of rocks. It is always a good idea to shine a light before putting in a hand, just in case!

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Waterproof flashlight

LIFE IN THE BALANCE

We cannot see any of the dissolved chemicals in seawater. but their levels mean life or death for all sea creatures. Testing kits reveal amounts of substances, such as nitrites and nitrates, that indicate the degree of pollution present in the seawater. Large amounts of fertilizers, which contain nitrogen, are washed into the sea by rivers carrying soil eroded from the land. The hydrometer measures the density or "heaviness" of the seawater, which reveals the concentration of dissolved salts.

STUDYING SHORE LIFE One way of

studying the zonation of life on the shore (pp. 12-15) is to stretch a piece of string down to the sea's edge, if possible from the high-tide strandline to the low-tide mark. Begin at low tide, and move up the string, recording the commonest types of seaweeds and creatures at each stage. Don't forget: after an hour or so, the tide will start to return.

OUT OF THEIR ELEMENT

10,

Keep shore creatures only for essential study. They are out of their element: would you like to be dragged into the sea for an hour? LIMPET LEVER When examining snails and limpets, a knife helps to pry them gently from the rock. Always put them back in the same place.

> NEVER USE A JACKNIFE WITHOUT AN ADULT TO HELP YOU

FASHION OF THE TIME Fashionable bathing suits of the 19th century may seem rather quaint today. But how will today's suits be regarded a century from now?

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Did you know?



There are around 40,000 species of crustaceans on Earth.

The biggest bivalve mollusk is the giant clam (Tridacna gigas), which is native to the Indo-Pacific Ocean and reaches a weight of around 496 lb (225 kg).



A lobster's blood is colorless. When exposed to oxygen, it develops a bluish color.



In just one spawning, a shrimp can produce about 500,000 eggs.

Seals swim at an average speed of 12 mph (19 k/ph). Humans swim at less than 1 mph (1.6 k/ph).



The tallest wave ever recorded in the open ocean reached a height of 112 ft (34 m). The wave was recorded by the team of the USS *Ramapo* in the Pacific Ocean in 1933. Tidal waves are produced by earthquakes and can often reach 33 ft (10 m) in height.

AMAZING FACTS



Sally-lightfoot crabs in the Galapagos

Sally-lightfoot crabs do not like being in the water. If forced into the water, they will run across the surface and get out at the first opportunity.

The sea-dwelling snails of the cone shell family include some highly deadly members. Found in tropical regions, these snails carry a poison that is injected by a radula, a mouthpart shaped like a harpoon. This poison can kill a human.

Pea crabs live inside oyster shells and eat food collected by the oyster. Pea crabs damage an oyster's body and are parasites, creatures that live off another living thing without giving anything back.

Sea star

Sea grasses are the only flowering plants in the sea. They are very important in coastal marine areas, as they are the main diet of dugong and green turtles and provide a habitat for many small marine animals. They also help to gather sediment, (floating particles of mud and soil) and so help to keep the water clear. Australia has the highest number of sea-grass species of any continent.

It takes an average of seven years for a lobster to grow by just 1 lb (0.45 kg) in weight.

Oysters can change from one gender to another and back again, depending on which is best for attracting a mate at that point in time.

> Seals are capable of remaining underwater for up to 30 minutes, although they tend to surface after five minutes.

> > Sea stars are the only animals that can turn their stomachs inside out. Some sea stars can split their bodies in half and grow new legs to make two whole sea stars.

Puffins are incredible divers and can reach depths of 197 ft (60 m) to catch fish. They use their wings to propel themselves underwater and can carry several fish at a time back to the surface.

> Climate change experts predict that sea levels may rise by up to 19.5 in (50 cm), by the year 2100, which will increase flooding and coastal erosion.

> > Waves pick up height and speed from wind.

QUESTIONS AND ANSWERS



Monaco's coastline is heavily developed.

Which country has the shortest coastline?

At just 3.5 miles (5.6 km), Monaco has the shortest coastline of any country. Not surprisingly, as the world's second largest country, Canada has the longest coastline, at 56,487 miles (90,908 km).

Us it possible to purify shellfish from sewage-polluted water for safe eating?

A Yes. If shellfish are transplanted from sewage-polluted water to clean water, they have the ability to purify themselves rapidly and so become safe to eat.

Record Breakers

HIGHEST TIDES

• Tides in the Bay of Fundy, Canada, can reach heights of more than 49 ft (15 m).

LARGEST CORAL REEF

• The Great Barrier Reef stretches for 1,260 miles (2,028 km) along the coast of Queensland in northeastern Australia. It covers twice the area of Iceland.

MOST VENOMOUS GASTROPOD

• The most venomous gastropod is the geographer cone shell, found in the Pacific.

BIGGEST CRUSTACEAN

• The Alaskan king crab is the largest crustacean, weighing up to 15 lb (6.7 kg) and measuring around 5 ft (1.5 m) across shell and claws.

LARGEST SEA TURTLE

• The leatherback is the largest of all sea turtles. It can weigh up to 1,404 lb (637 kg) and attain a length of 6 ft (1.85 m).

SALTIEST WATER

• The Red Sea has the saltiest seawater on Earth.

What sea creatures are most dangerous to swimmers?

A In some parts of the world, sharks pose the main threat to swimmers. Other sea creatures to be avoided include, barracudas, moray eels, octopuses, sharpspined sea urchins, stingrays, toadfish, catfish, and jellyfish. The Portuguese man-of-war has tentacles that can reach 49 ft (15 m) and carry stings that produce painful welts on the human body.

How did European ponies end up on the U.S. island of Assateague?

A there is mystery surrounding how the population of wild ponies came to be on Assateague island, off Maryland and Virginia. The recent discovery of a sunken shipwreck near the island has supported the theory that a Spanish ship with a cargo of horses sank off the coast in the 1600s. Some horses swam ashore and have continued to breed through the years. There is now a robust population of around 300.

Wild ponies on Assateague Island

How do oysters produce pearls?

A pearl begins when a foreign substance, such as a grain of sand, enters an oyster shell. The oyster's body reacts by depositing material around the foreign body to wall it off and reduce irritation. Over the years these deposits build up to create a pearl.

Where do sea turtles breed?

A Sea turtles live most of their lives in the ocean, but nesting females return to the beach where they were born. They must often travel very long distances from their feeding grounds to lay their eggs.

Do fish ever sleep?

A Fish do not sleep in the same way as humans, but they do rest. Fish cannot close their eyes, and some fish never stop moving. However, most fish have rest periods when they just float or nest in a quiet spot, while remaining semi-alert.





TOURISM

The Mediterranean sea turtle is under threat. These turtles need access to quiet beaches on which to lay their eggs, but many beaches have been overrun by tourism. Conservation projects, such as the one shown above, help to save turtles.

Discharge of sewage off the Mediterranean coast

OVERFISHING

In most parts of the world the rate of commercial fishing is so high that fish populations are not being given a chance to breed and maintain their numbers. The levels of most species of marine fish are at an alltime low.

Protecting our coastlines

POLLUTION OF THE WORLD'S COASTLINES is an increasing threat to the animals and plants that live on the shore. Here we examine some of the effects of coastal pollution. We also look at some of the types of coastline that exist as a reminder of the delicate beauty that needs to be preserved. You can help protect seashore wildlife. As a visitor to the beach, always take your waste away and try to not disturb plants and animals. Find out if there are local volunteer programs that you can join, or start a research project at your school.



SEWAGE WASTE

Around the world millions of tons of sewage and industrial waste are discharged into the oceans every day. Sewage and chemicals affect aquatic habitats and poison plant and animal life, also making the seas unsafe for humans to swim in.

OIL SPILLS When ships carrying oil suffer a spill, the effects for a marine ecosystem are disastrous. Birds, fish, and plants that come into contact with the oil will be poisoned and often perish. These puffins were contaminated by an oil slick and died.

> Nets can trap other / fish as well as the intended catch.

A haul of salmon

SEA TRAFFIC

Development along coastlines, such as at ports, can wipe out natural habitats. Even without accidents, normal ship operations discharge a great deal of oil into the sea. Salerno in Italy, shown here, is divided into a fishing port and a tourist port, both of which have hundreds of ships coming and going daily.



BEACH POLLUTION As inexpensive vacations and traveling become more popular, so are the world's beaches being slowly ruined. Sunbathers leave plastic bottles and other waste on the beach. Applied sunscreens also wash off in the water and build up chemical residues.



SHORELINE HABITATS

SHINGLE

A shingle beach is made up of pebbles or stones. This is one of the least hospitable beach habitats, as most plants and animals find it difficult to survive the constant disruption of the stones being moved by the tides. This shingle is from the Sussex coast in England.



ROCKY SHORE

Rocky shores are made up of rock pools, boulder fields, and flat rock platforms. A great diversity of plant and animal life thrives on these shores. Rock pools are mini–marine ecosystems, boulders offer shelter from weather, and platforms are home to species that need to stay dry. The shore above is in the Canadian Arctic.



WHITE SAND

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This is the most popular type of beach for vacationers. White sand is rock, shells, or coral that have been ground into very fine particles and bleached by hot sun. Soft sand makes a welcoming home for burrowing animals and insects, and also allows predators easy access to them for food.

BASALT

A basalt or black sand beach is made up of volcanic lava that has been broken down into fine grains by the waves over the years. This type of beach is quite rare, but there are stunning examples around the world, such as this one in Iceland.

White sand beach, Tanzania

Find out more

EVERY SHORELINE IS ABUNDANT with plant and animal life for you to discover. Just by walking along the beach, you will come across plenty of interesting specimens. Explore shallow waters or tide pools with a net. Beyond the beach, cliffs, caves, sand dunes, and salt marshes are home to many more plants and creatures. To learn about shore life in different parts of the world, visit a marine aquarium or a natural history museum.



SNORKELING One of the best ways to find out about the plants and creatures that live on the shoreline is to go snorkeling. Accompanied by an adult, choose a rock-free stretch of water to swim in. Watch for fish, coral, plants, and pretty shells.

USEFUL WEB SITES

- Explore life in the Oceans of the world: www.seasky.org/sea.html
- Get a close look at the creatures that roam the ocean's depths. Learn about fish, mammals, and plant life: www.pbs.org/oceanrealm/seadwellers
- Find out how to identify, clean, and care for shells: www.seashells.org
- Kids Do Ecology presents Marine Mammal Pages: www.nceas.ucsb.edu/nceas-web/kids/mmp/home.htm



MARINE AQUARIUM

Many cities have a marine aquarium that is home to hundreds of amazing sea creatures from around the world. During your visit, find out which plants and creatures stay far out at sea and which can be found living near the shoreline.



Mask and snorkel allow you to see and breathe face down in the water.

Places to Visit

SHEDD AQUARIUM, CHICAGO, IL Exhibitions include Caribbean coral reefs, the Amazon, and pacific rocky coasts.

AQUARIUM OF THE AMERICAS, NEW ORLEANS, LA

Discover the creatures of North and South America underwater in the Aquarium's 30foot-long aquatic tunnel surrounded by 132,000 gallons of water.

NATIONAL AQUARIUM, BALTIMORE, MD A darkened shark exhibit allows close inspection with large sharks such as Sand tiger and nurse sharks.

NEWYORK AQUARIUM, BROOKLYN, NY The aquarium offers a look at over 8,000 animals that include jellyfish in the new Alien Stingers exhibit, walruses in the Sea Cliffs exhibit, and sea lions in an Aquatheater presentation.

SEA WORLD, SAN ANTONIO, TX Touch and feed bottle-nosed dolphins, see animal shows, and go on water rides at the world's largest marine-life adventure park.





BEACHCOMBING

Any stroll along the shore will reveal an array of plants and creatures washed up by the tide. Look for shells, seaweed, jellyfish, and coral. Insects and burrowing creatures will be teeming just beneath the surface of any sandy beach. Close to rocks, you may find scuttling crabs and clinging shellfish.

TIDE POOLING

The best time to explore tide pools is at low tide, which happens twice a day. You can find out times by looking at tide tables and asking locally. Take a net to help you catch your finds and a plastic container or bucket to temporarily hold them. You may discover crabs, fish, seaweed, sea stars, and much more.



PLANT DISCOVERY

Coastal plants must be hardy to survive the extreme weather conditions that occur on exposed land. Salt marshes that form on lowlands behind the shore can be home to an array of sea grasses and rushes. Flowering plants are often found in sheltered spots.



BIRD WATCHING

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There are many types of fascinating birds to be studied on the coast. Along with the ever-present gulls, you will see waders probing in the sand for food with their long beaks during low tides. Many birds make their nests on the cliffs, where they are relatively safe from humans and predators.

Glossary

ANTENNAE The sensory organs on each side of the head, also called feelers or horns. Antennae can have many functions, including, navigation, taste, sight, and hearing. Crabs, lobsters, and shrimp all have antennae.

ARTHROPOD A member of a major division of the animal kingdom with a segmented body and joined appendages (limbs), such as a crustacean or an insect

BIVALVE An animal with a shell in two parts or valves, such as an oyster or mussel

CALCAREOUS A substance containing or composed of calcium carbonate, such as chalk or limestone. Cliffs are often calcareous.

CAMOUFLAGE The means by which an animal escapes the notice of predators, usually because it blends in with its surroundings

CARAPACE The hard shield that covers the bodies of crabs, lobsters, and shrimp. The top part of a turtle's shell is also called a carapace.

CHELIPED The claw-bearing appendage (limb) of a crustacean

CHLOROPHYLL The green pigment present in most plants and central to photosynthesis, a process in which plants use sunlight to create their own food

COELENTERATE A water-dwelling invertebrate, usually with a simple tubeshaped body. Jellyfish, corals, and sea anemones are all coelenterates, or cnidarians.

Tropical fish can only live in a warm habitat.



CORAL A small sea animal that catches food with stinging tentacles. Many corals live in large colonies called coral reefs.

CORRASION The grinding up of the Earth's surface when rock particles are carried over it by pounding waves

CRUSTACEAN An invertebrate with jointed legs and two pairs of antennae

DORSAL FIN The fin located at the back or rear of a fish's body

ECOLOGY The study of the relationship between living things and their environment

ECHINODERM A sea animal with an internal skeleton and a body divided into five equal parts, such as a sea star

ENDANGERED When the numbers of a species are so low that it may become extinct

EROSION The wearing away of rock or soil by the gradual detachment of fragments by water, wind, and ice

ESTUARY The wide, lower tidal part of a river where it flows into the ocean

EXTINCTION The permanent disappearance of a species, often as a result of hunting or pollution



EXOSKELETON The hard outer case that surrounds an animal's body. It is made of curved plates and tubes that fit together at joints. Crustaceans have an exoskeleton.

FAUNA The animal life found in a particular habitat

FLORA The plant life found growing in a particular habitat

FOSSIL The remains or traces of a living thing preserved in rock

FROND A leaf or leaflike part of a sea plant, sometimes frilled at the edges

FUCOXANTHIN A brown pigment or color in sea plants such as kelp. This pigment masks out chlorophyll, the green pigment present in most plants.



GASTROPOD A class of asymmetrical mollusks, including limpets, snails, and slugs, in which the foot is broad and flat and the shell, if any, is in one piece and conical

GRANITE A rough-grained igneous rock that originally formed deep inside the Earth

HABITAT The physical environment or normal abode of a plant or animal

HIGH TIDE The highest point reached on the shore when the tide is in

HOLDFAST A branched structure on a sea plant that attaches itself to a rock and keeps the plant stable in one spot; sometimes also called a hapteron

HOST A living thing that provides food and a home for a parasite

IGNEOUS Any rock solidified from molten material, such as lava.

INTERTIDAL ZONE The area on a beach that lies between the highest and lowest points reached by the tides

INVERTEBRATE An animal that has no backbone

KELP A type of seaweed, often brown and with a holdfast

LAVA Most commonly refers to streams of hot liquid rock that flow from a volcano, but also refers to this rock when it has cooled and solidified

LOW TIDE The lowest point reached on the shore when the tide is out

LUNG A body organ used to breathe air

MIDRIB A central stem in the leaf of a plant

MIGRATION A journey by an animal to a new habitat. Many animals make a regular migration each year to feed or breed.

MINERALS A naturally occurring inorganic substance, which is usually hard. Most rocks are made from minerals.

MUTUALISM A close relationship between two species in which both partners benefit. Clown fish and sea anemones have such a relationship by providing each other with protection from predators.

NEAP TIDE A tide that occurs every 14–15 days and coincides with the first and last quarters of the moon. This tide does not reach very high up or low down the shore.

ORGANISM A living thing

PARASITE An organism that spends part or all of its life in close association with another species, taking food and shelter from it but giving nothing in return

PEDICELLARIA Sharp, beaklike structures that cover the surface of some echinoderms, such as sea urchins. Pedicellaria are used for both feeding and protection.

PHYCOERYTHRIN A red pigment or color in sea plants such as kelp that masks out the green pigment chlorophyll

Plankton with animal and plant components





Like all bivalves, mussels are invertebrates.

PLANKTON Minute organisms, including animal and algae, that are found in the surface layers of water. Plankton drift with the current.

POLLUTION Disruption of the natural world by chemicals and other agents

PREDATOR An animal that hunts other animals for food

PREY The animals that are hunted and eaten by a predator

SCAVENGER An animal that feeds on dead plants or animals

SEDIMENT Light rock particles that settle on the ocean floor. Sea water becomes cloudy when this sediment is stirred up

SERRATED A sharply toothed surface, much like a saw

SHALE A type of rock that forms from hardened particles of clay

SILT Tiny particles of rock and mineral that can form the ocean bed

SPECIES A group of living things that can breed together in the wild

SPRING TIDE A tide pattern that occurs every 14–15 days at full and new moons, when the tide reaches the highest up and the lowest down the shore

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Clown fish and anemones, mutually beneficial

STIPE The stalk, or stem, of a plant

STRANDLINE The line of washed-up shells, seaweed, drift wood, and other debris left on the beach when the tide has gone out

STRATUM A layer, usually of rock

SYMBIOSIS A close living relationship between two different species that often depend on each other for survival

TEMPERATE A type of climate on Earth, characterized by moderate conditions

TOPSHELL A short cone-shaped shell belonging to a sea-dwelling gastropod

WADER A bird that searches for food on the shoreline, usually by standing in shallow water and probing its long beak into the sand for insects and worms

WRACK One of the main types of seaweed, usually brown in color, and tough and slippery in texture

VEGETATION The plants that grow in a particular habitat

VENOM A poisonous substance in an animal's bite or sting

VERTEBRATE An animal that has a backbone. There are five main groups of vertebrates: fish, amphibians, reptiles, birds, and mammals.

Sea grass is common to coastal vegetation


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