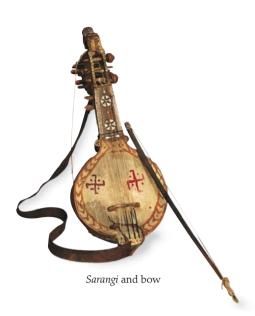


## Eyewitness India







### Eyewitness India

MANINI CHATTERJEE and ANITA ROY



Ivory filigree shamadaan (lantern)





The Goddess Durga slays Mahisa, the Buffalo Demon







### LONDON, NEW YORK, MELBOURNE, MUNICH, and DELHI

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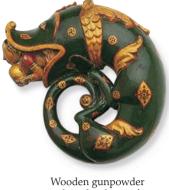
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Wooden gunpowder cask in the shape of a mythical creature



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Bharata Natyam

dancer

Baha'i House of Worship (Delhi)





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# environments. The earliest Indians lived around 400,000 BC. Over the last

DESERT NOMAD Tribal herdsmen from Rajasthan walk miles across the dusty plains to graze their sheep and goats.

### A diverse land Almost one fifth of all the people on earth live in India ar Desert over one billion people. They come from a huge variety of different cultures and races. From the aboriginal tribes in the tiny Andaman Islands to the mountain folk in the high Himalayas, the people of India have adapted to ELEVATION Above 4000m and settled in immensely different 2000-4000m

5,000 years there has been a succession of major civilizations that flourished and declined, each adding to India's fascinating history. You can find almost every type of habitat here: snowbound mountains in the north, the almost Mediterranean woodlands in the Eastern and Western Ghats

(hills), deserts in Rajasthan, and lush coconut

groves and tropical beaches in the south.

HOT AND COLD The Indian subcontinent is a mix of many landscapes and climates. The southern tip is just 8° north of the Equator, and yet its Himalayan peaks are snowbound all year round.

1000-2000m

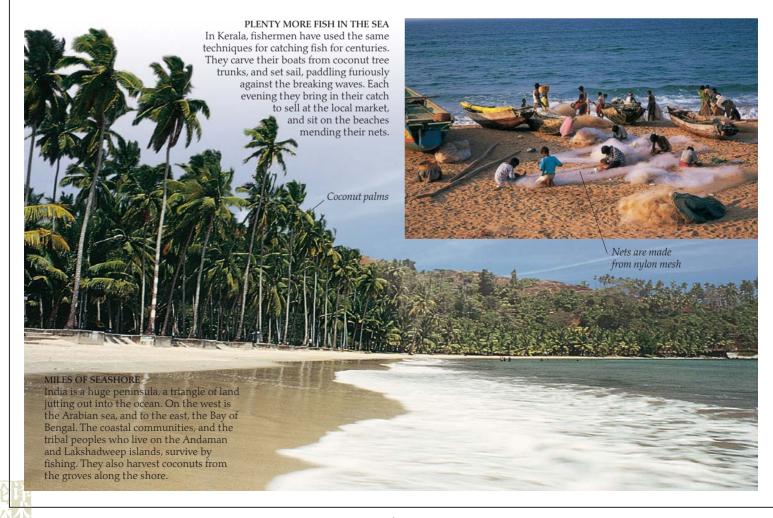
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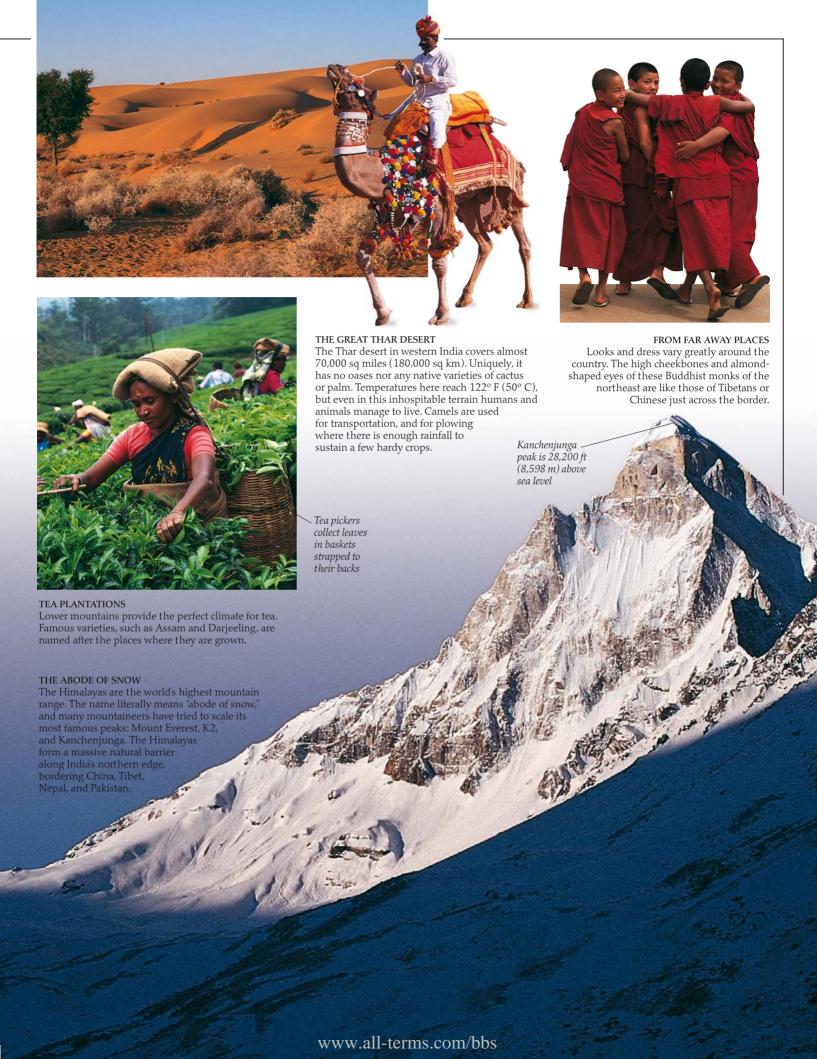
100-250m

Country border Coastline

0 - 100 m

River





# T U the um Im b

# DANCING GIRL This delicate little bronze dancing girl was found at Mohenjo-daro. Her necklace, hairstyle, and the bracelets she wears along the entire length of her arm give us a clue as to how those ancient people used to dress.



Two deer fighting with

locked antlers

engraved on

HAIR CARE

A vast number of ornate hairpins have been found among the remains of the Indus valley settlements. Copper hairpins, like this one, would have been used by Harappan women to fix their long hair in place.

### The first great civilizations

Until the 1920s, the Aryan culture dating back to 1500 BC was thought to be India's oldest civilization. But in 1921, archaeologists unearthed the ruins of an entire city, buried along the banks of the Indus River in eastern India, showing that India's civilization went back much further—to 2300 BC. This city, Harappa, and another

ancient city, Mohenjo-daro, now fall inside the Pakistan border. The Indus valley people who lived in these cities were as advanced as the ancient Egyptians. At about the same time as the pyramids were raised, they were constructing elaborate cities, complete with drainage systems, public baths, storehouses, granaries, and religious buildings. They traded with people from the Persian Gulf and with the Sumerians who lived in present-day Iraq.



INDUS VALLEY SEALS Flat, square seals like these were probably used by merchants to stamp their goods. The strange symbols at the top are a very early form of writing. Thousands of these baked soapstone tablets have been found.

Amulet worn high wp on the arm

### THE BEARDED MAN

This famous sculpture was found in a small house in the lower city of Mohenjo-daro. The diadem on his head, his ceremonial robe, and his serene expression suggest that he may have been a head priest or a Harappan god. Clay figurines of mother-goddesses have also been found, indicating that Harappans practiced idol worship—revering statues as gods.



(jeweled circlet)

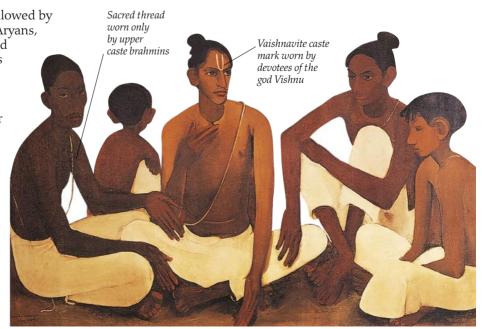


### The Vedic Age

The highly evolved Harappan culture was followed by the arrival of a wave of nomadic tribes. The Arvans, as they are called, came from Central Asia and settled in the plains of the Indus and Ganges rivers. We know about the Aryan culture mainly through the Vedas, a collection of hymns that tells us about the life of the people, their gods, and the evolution of their society into a distinct caste system. The Vedas were composed in Sanskrit, and are still chanted in Hindu religious ceremonies by brahmin priests today. This period (c.1500 to 800 BC) is also known as the Vedic Age.

### LEARNING THE VEDAS

In the Vedic Age, society was divided into four castes-brahmins (priests), kshatriyas (warriors and rulers), vaisyas (traders), and sudras (workers). Only brahmin boys, shown in this 20th century painting, were taught the Vedas by gurus in ashrams (hermitages) where they led a monastic life.



### The land of the Buddha

The pastoral lifestyle of the Vedic age slowly gave way to settled farming and the beginnings of towns and cities. This new era saw the rise of two remarkable preachers, both from noble families, who gave up their posessions to lead lives of spiritualism and simplicity. One was

a prince of the Sakya clan called Siddhartha Gautama who left his home and wandered for six years, finally achieving *nirvana* (enlightenment). He became known as the Buddha, or "Enlightened One." The other was Vardhamana, who was similarly renamed Mahavira ("great hero") and whose followers were known as Jains. Both Buddhists and Jains rejected the rigid caste system of the Aryan Hindus. This, and their belief in nonviolence and social equality, gained them many followers.

, Prince Siddhartha leaves his harem



The most sacred Buddhist site in India is this large stupa (burial mound) at Sanchi, in central India. It was built in the 3rd century BC by the great emperor Ashoka, who ruled his empire according to Buddhist principles.

Prince Siddhartha gives up his horse and groom

### THE GREAT DEPARTURE

This is a section of a large frieze from the Amaravati stupa in south India. It shows Prince Siddhartha leaving his luxurious palace for an austere life in search of spiritual truth and an end to human suffering.



Prince Siddhartha secretly leaves his valace on his horse Kanthaka



Sleeping woman



### CENTER OF LEARNING

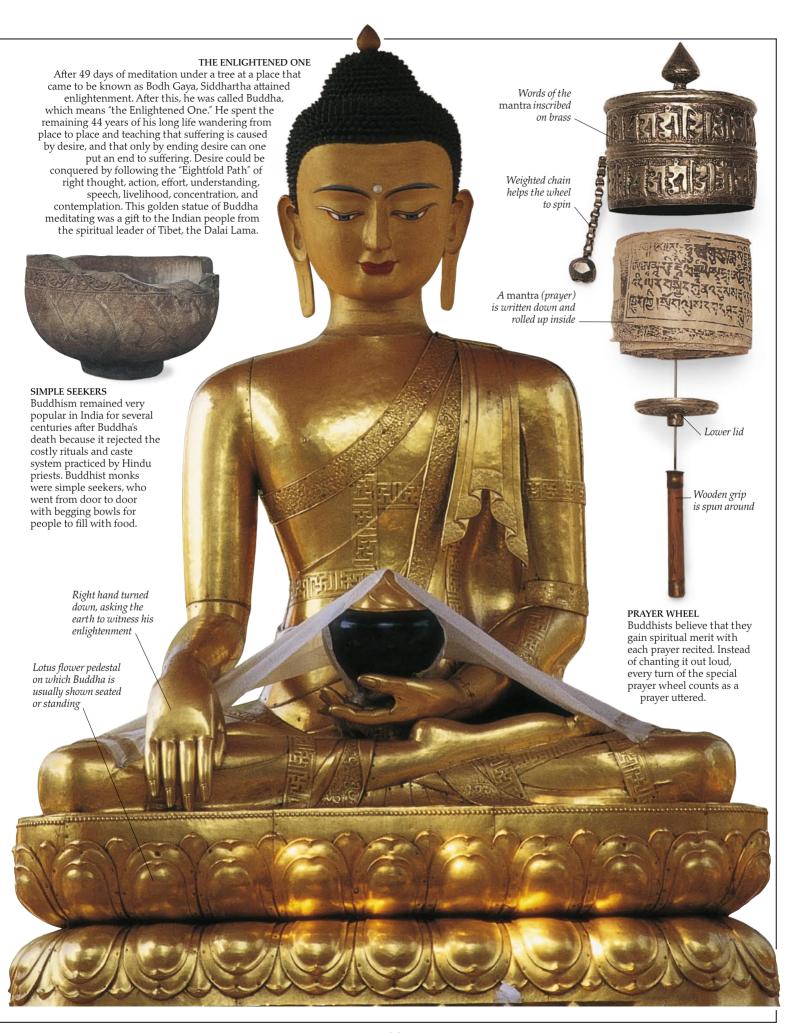
One of the oldest universities in the world, Nalanda, in eastern India, dates back to the 5th century AD. It was built on a pilgrimage site visited by Buddha. Monasteries set up by his followers throughout the country became important centers of learning, culture, and art.

A vast mound covered the site before it was discovered in the late 1800s



LEARN AND TEACH
Many families made
sure that their
eldest son joined a
monastery. Here he
would be looked
after and taught by
monks, and would
learn all about the
Buddhist way of life.





### Two ancient empires

Kingdoms rose and fell, but two great empires of ancient India – the Mauryas and the Guptas – have left a lasting legacy. The Maury an empire (322–185 BC) began with Chandragupta Maurya, a warrior king. He extended his empire from the east to the northwest, after defeating one of Alexander the Great's generals. Chandragupta's grandson,

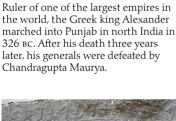
Ashoka, became the greatest Maurya ruler of all. Ashoka was strongly influenced by Buddhist ideals. He had edicts (rules), instructing his subjects in the importance of nonviolence and correct ethical behavior, inscribed on stone pillars throughout the country. The Maurya empire then broke up into smaller

kingdoms until the 4th century AD, when the Hindu king, Chandragupta I, established the Gupta empire, a "Golden Age" that lasted more than 200 years.



Mauryan empire

Gupta empire

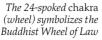


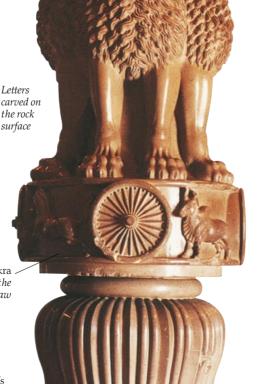
ALEXANDER THE GREAT



### WRITTEN IN STONE

Ashoka's edicts were mainly written in Pali, a language that was more accessible to common people than Sanskrit. He appointed officials to make sure these Buddhist "rules of conduct" (dhamma) were followed.





### ASHOKAN CAPITAL

Some of Ashoka's edicts were also carved on polished sandstone pillars, usually topped with animal "capitals." The lion capital from Sarnath in north India was adopted as India's official emblem, and can be found on all modern coins and currency notes.





GANDHARA SCULPTURE

northwestern province of

generals who settled there.

These 1st century AD

Greek features like coiled hair are typical of Gandhara art



Gold coins of Samudragupta

The emperor

playing music

### WEALTH OF THE GUPTAS

Chandragupta I, Samudragupta, and Chandragupta II, the three great kings of the Gupta dynasty, were generous patrons of learning and culture. Their gold coins reflect an age of prosperity.



### HINDU HOLY TRINITY

The Gupta era was called a "Golden Age" as much for its artistic wealth as its economic prosperity. This stone carving from the period shows the three main gods in the Hindu religion: Brahma (the creator), Vishnu (the preserver), and Shiva (the destroyer).



Ceiling vaults carved from solid rock

### CAVE TEMPLES

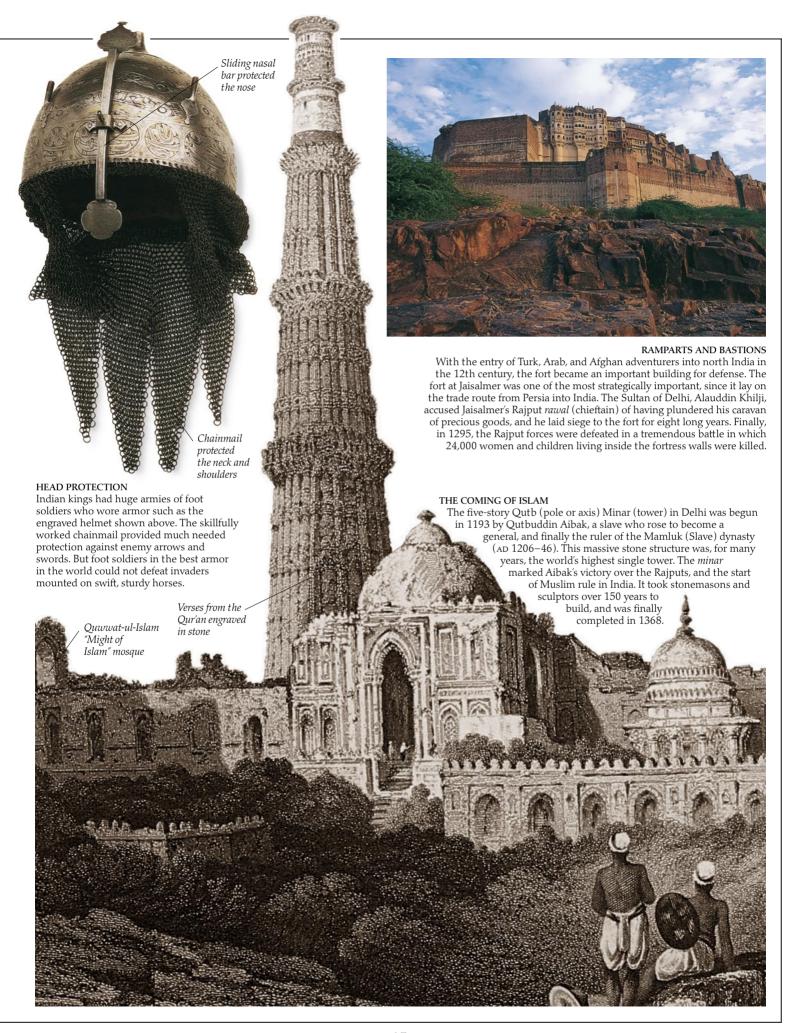
Prayer halls with high vaulted ceilings and carved beams are a typical feature of the Buddhist cave temples of Ajanta and Ellora.

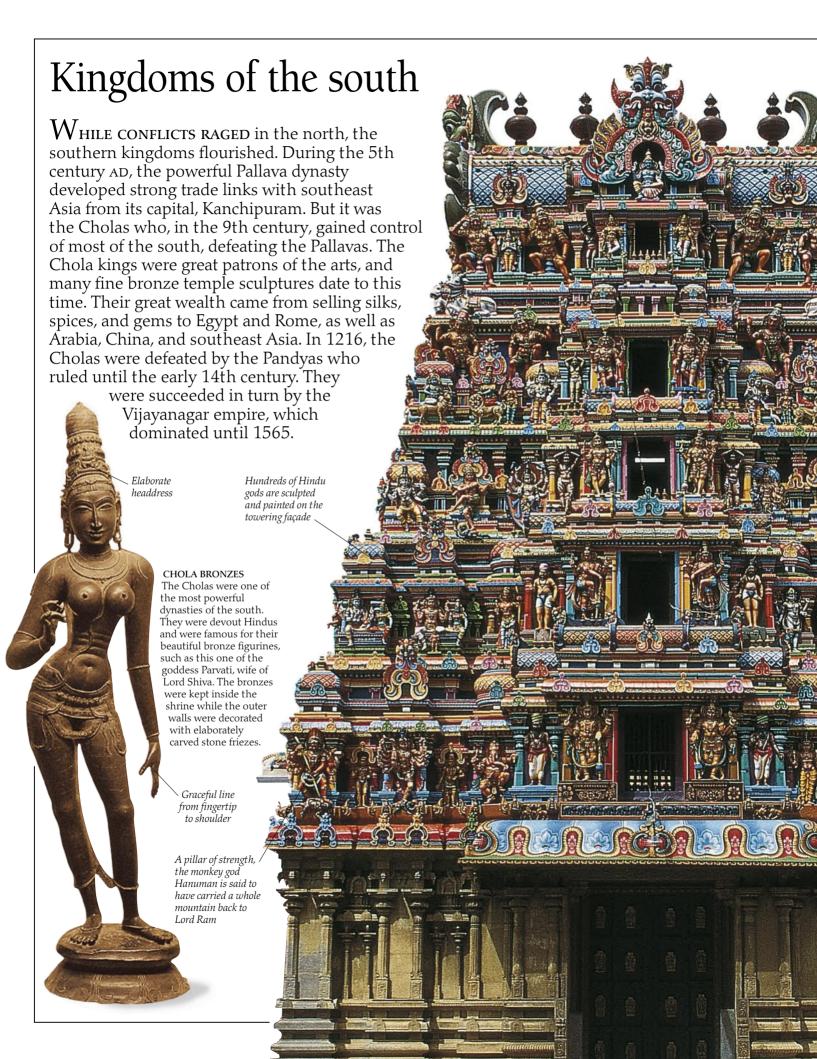
### AJANTA FRESCO

The 2nd century BC cave monastery at Ajanta in central India is famous for its frescoes (wall paintings). These tell the story of Buddha's life and past incarnations. The artists who painted them were funded by royal patrons. They coated the cave walls with mud and lime to make a base, and used natural minerals, such as yellow and orange ocher, for the paintings. The image on the left is a detail from a court scene. Forgotten for more than a thousand years, the frescoes were rediscovered in the 19th century.











Large rubies

A many-headed

cobra spreads

its hood

### The great Mughals

STATE OF THE PARTY OF THE PARTY

Talisman (*tabeez*) with verses from the Koran

The Mughals were one of the world's great medieval dynasties (empires).

Babur was the first Mughal ruler. He invaded from the plains of central Asia in AD 1526, and his descendants then ruled for over 200 years. By the end of the 17th century, the empire covered almost the entire country, apart

from the extreme southern tip. The Mughals brought many new ideas with them—in architecture, warfare, and the arts—but their most important contribution was perhaps the introduction of Islam to the country. Many of India's best known monuments, such as the Taj Mahal, are Islamic structures built by the Mughals. When the

last great emperor, Aurangzeb, died in 1707, the empire declined and it was soon

Brass breastplates protect upper body /





Babur descended on his father's side from the 14th-century Turkish warlord, Timur (Tamburlaine), and on his mother's side from Chengiz (Ghenghis) Khan, the fearsome Mongol chieftain. Although he was a fiery warrior, he was also a great nature lover. Babur ruled for four years until his death in 1530. The Baburnama gives a vivid account of his life and times.

### HUMAYUN

This elaborate silver hookah, crafted in the shape of a peahen and her chick,

the emperor's harem.

may have been used by the ladies in

Babur's son Humayun had two separate periods of rule. He was deposed in 1540 by the Afghan chieftain Sher Shah Suri, and then spent many years in wars against his brothers beyond India's northwest frontier. In 1555, he regained Delhi after defeating Sher Shah's successors. Humayun died in a tragic accident in 1556 when he tripped down the steep stairs of his library.



In keeping with their love of splendor, Mughal costumes were made of brocade and silk, richly woven or embroidered with gold and silver thread, known as *zari*, and encrusted with precious stones.

### AKBAR

Akbar was only 13 when his father died. The young king extended the empire through conquests and alliances with Hindu kings. He tried to establish a new religion blending Islam and Hinduism. He established an extensive civil service to run the empire, created a magnificent library in his capital near Agra, and encouraged music, wit, and lively debates in his court.

1526-30 1530-40, 1555-56 1556-1605



The hilt of this 17th-century shaped like a ram's head

inlay



HUMAYUN'S TOMB

Humayun's tomb in Delhi was the first grand tomb of the Mughal period. It was built by Humayun's widow, Haji Begum, and finished in 1573. The elegant proportions of the building and surrounding gardens, and the white marble dome, are thought to have inspired the design of the Taj Mahal.

> Ceremonial umbrella shading the king

Both sides of the dagger are razor-sharp

SWORDS OF EMPIRE

Mughal armorers were highly skilled in casting metal. Swords were often decorated with jewels, silver leaf, and gilt. Even ceremonial swords like these were kept extremely sharp.

Canon firing

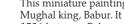


Special armor to protect horse's head

Golden goblet engraved with dancing girls, deers, and flowers

WINING AND DINING

Travelers to Mughal India wrote of the lavish feasts that took place in the court. One such writer described a meal where he was presented with no less than 50 different dishes to choose from, all on silver and gold platters. The emperor would sip wine from an enameled silver or gold goblet. He would be served by royal eunuchs.



This miniature painting is an illustration from the Baburnama—the biography of the first Mughal king, Babur. It shows a scene from the Battle of Panipat which took place in April 1526 between Babur and the Sultan of Delhi, Ibrahim Lodi. It was the first time that guns and muskets were used in northern India, which helped the Mughals to win.

### IAHANGIR

Jahangir inherited a stable empire, allowing him to pursue his interest in the arts, which flourished under his patronage. His wife, Noor Jahan, wielded great power from the harem. Jahangir was a nature lover and designed beautiful gardens. He kept a detailed diary, and his reign is also described in the account left by Sir Thomas Roe, Britain's first ambassador to India.

### SHAH JAHAN

Under Shah Jahan, the Mughal empire reached its height of pomp and grandeur, reflected in Shah Jahan's passion for architecture. He designed the Taj Mahal in memory of his beloved wife, Mumtaz Mahal, and also built a splendid capital, Shahjahanabad, in Delhi. Dethroned by his son, he spent his last days in captivity at Agra Fort, gazing wistfully toward the Taj.

THE FIRST BATTLE OF PANIPAT

### AURANGZEB

Aurangzeb, the last great Mughal, ruthlessly killed his brothers and exiled his father in order to ascend the throne. Unlike his forefathers, he was austere and orthodox, and tried to impose a strict Islamic regime. This led to many revolts, forcing Aurangzeb into costly wars. He expanded the empire but it went bankrupt, and began to disintegrate soon after his death.

1605-27 1627-58 1658-1707

MUMTAZ MAHAL Arjumand Banu Begum (1593–1631), Shah Jahan's favorite wife, was given the title Mumtaz Mahal, which means the "chosen one of the palace."



PLAYING WITH PERSPECTIVE Verses from the Koran, the holy book of Islam, are picked out in black stone all around the main arch. The letters at the top are bigger, so for anyone looking up, they appear to be the same size!



PIETRA DURA
The art of inlaying slivers of colored stone into marble is called *vietra dura*, which

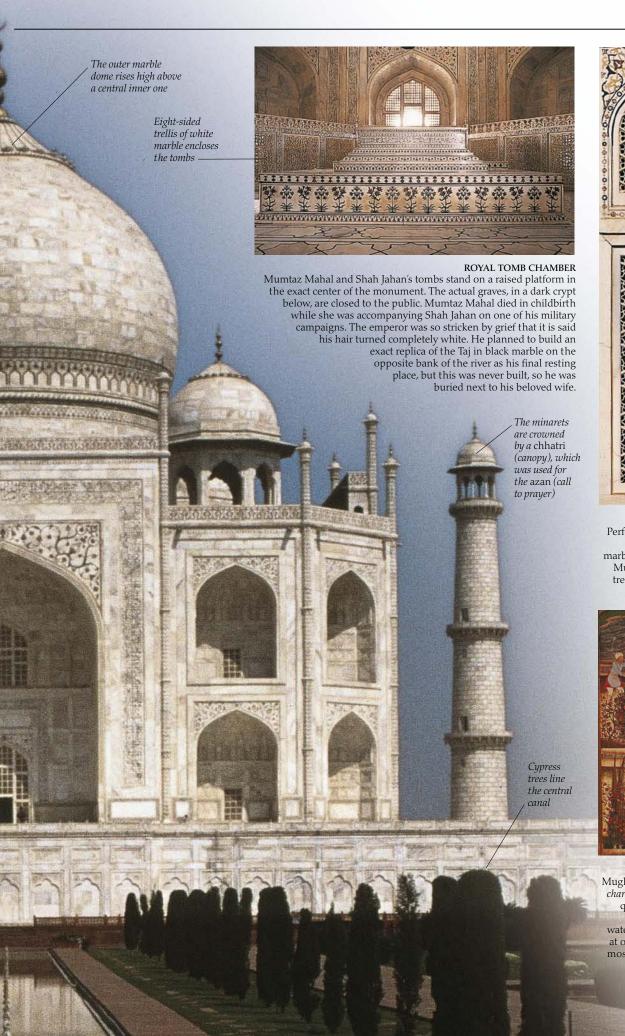
called *pietra dura*, which literally means "hard stone" in Italian. A single bloom on the tomb of Mumtaz Mahal is said to contain 35 different precious stones.

### The Taj Mahal

 ${
m T}$ he magnificent Taj Mahal has long been known as the "eighth wonder of the world." It was built in the 17th century by the Mughal emperor Shah Jahan as a memorial to his beloved wife Mumtaz Mahal. It took about 20,000 people almost 22 years to build, and its construction was personally overseen by the emperor himself. Taj Mahal literally means the "crown of palaces," and no less than 43 varieties of precious and semiprecious stones make up the jewels in this crown. This garden tomb is renowned for its perfect symmetry: it is exactly as wide as it is high, and the dome is exactly the same height as its arched façade. In its lavish use of expensive materials, perfectly balanced proportions, and its intricate decorations, the Taj symbolizes the wealth of the Mughal empire, and the refined taste of its rulers.

Each of the four corner minarets is 131 ft (40 m) high. They emphasize the perfect symmetry of the complex

Carnelians from Baghdad and amethysts from Persia were among the stones used for the flawless pietra dura work







### ARCH AND TRELLIS Perforated screens were intricately

carved from single blocks of marble. Like the lacy veils worn by Muslim women, these patterned trellises allow you to see out, but no one else to see in.



### THE PARADISE GARDEN

Mughal formal gardens were called *charbaghs* (four gardens). The four quarters were divided by raised walkways, sunken groves, and water channels. The Taj is situated at one end of the *charbagh*, unlike most garden tombs which were in the middle. The *charbagh* was thought to be a replica of the garden of paradise.

### Arrival of the Europeans

SINCE THE 14TH CENTURY, Indian silks and spices had been brought into Europe by Arab merchants. But when the Turks captured Constantinople in 1453, blocking this overland trade route, Europe was forced to look for other routes to the East. Christopher Columbus set out on this quest, but took a wrong turn and

"discovered" America instead. The Portuguese seafarer Vasco da Gama was luckier and arrived on the shores of India in 1498, closely followed by the English, Dutch, and French. The Dutch and English East India Companies were set up in the early 1600s to supply textiles and spices to the growing European market. India was seen as a source of huge potential wealth, and was fiercely fought over. Robert Clive, who defeated the Nawab of Bengal at the Battle of Plassey in 1757, was one of the first to realize that, with sufficient military force, Britain could vastly increase its wealth by making India not a trading partner, but a colony.



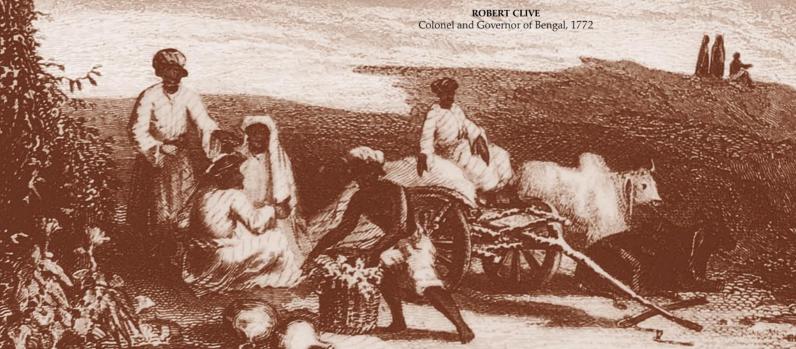
TRADERS FROM HOLLAND
The Dutch East India
Company was set up in
1602 to carry textiles and
spices from Indonesia and
India. This wooden doll is of
a Dutch naval officer whose
job was to oversee the
loading and unloading of a
ship's precious cargo.

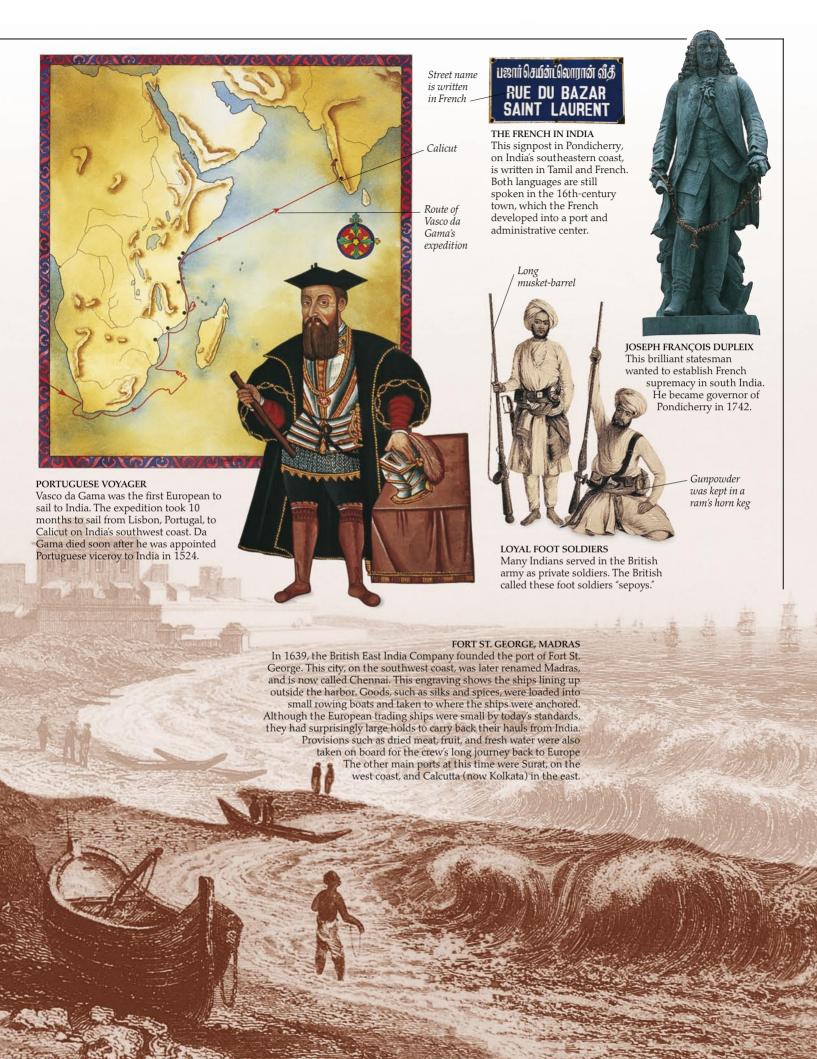
RIDING HIGH
Like the maharajas before
them, European traders and
conquerors traveled in style on
the backs of richly decorated
elephants, led by their mahouts.



ROBERT CLIVE
From humble beginnings as an East India Company clerk in Madras, Clive became one of the richest and most powerful men in the country. He was a great military leader and won many battles.

"The inhabitants [of Bengal] are servile, mean, submissive, and humble. In superior stations, they are luxurious, effeminate, tyrannical, treacherous, venal, cruel. The country ... abounds in very curious and valuable manufactures, sufficient not only for its own use, but for the use of the whole globe."





### The British Raj

IMPERIAL HAT TRICK The sola topi was such a common sight during Britain's rule, that it came to symbolize the Raj.

During the 100 years following Robert Clive's victory at Plassey (see p. 22), the British extended their control over India on

every front: economic, political, military, and

social. They quelled local uprisings, the most important being the "mutiny" of 1857 when Indian troops took up arms against their

British masters. The British Raj was established a year later, as the country was finally brought under full imperial rule by Queen Victoria and was governed from London. The 19th century industrial revolution thrived by importing cheap, raw materials from India, and selling expensive, manufactured products back to the colony. The Raj drained India's wealth, and denied political rights to its people, but it also politically united the country, constructed railroads, and set up a centralized administrative and judicial system.

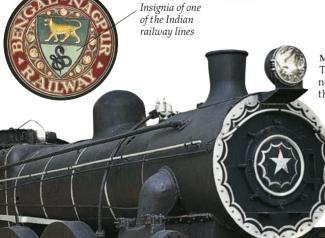


Queen Victoria was more attached to India than to any other part of the British Empire. On January 1, 1877, a grand Durbar ceremony was held in Delhi to proclaim Queen Victoria Kaiser-i-Hind, Queen-Empress of India. India's governor general became the Queen's viceroy and chief representative in India.

TIPU'S TIGER Hunting tigers was a popular sport for the British in India, as it was for the Maharajas before them. This Victorian model is actually a toy organ. The tiger devouring a hapless British soldier is said to represent Tipu, the ruler of Mysore, who had defeated the British in the 18th century.



Openings at the top of the organ pipes



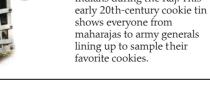
tiger's tummy

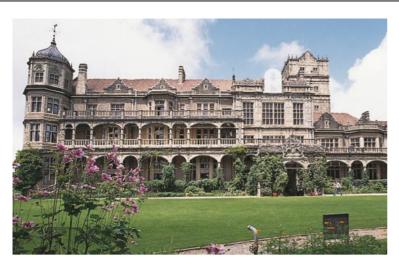
MAKING TRACKS The British laid a vast network of railroads across the length and breadth of the country. The first steam locomotive set off from Bombay in 1853. By 1880, over 9,000 miles (14,400 km) of track had been laid. Engineers even cut through steep mountain slopes to reach the hill stations, such as Shimla.



A TASTE OF ENGLAND The very English institution of "high tea" became part of daily life for many well-to-do Indians during the Raj. This early 20th-century cookie tin shows everyone from maharajas to army generals lining up to sample their favorite cookies.

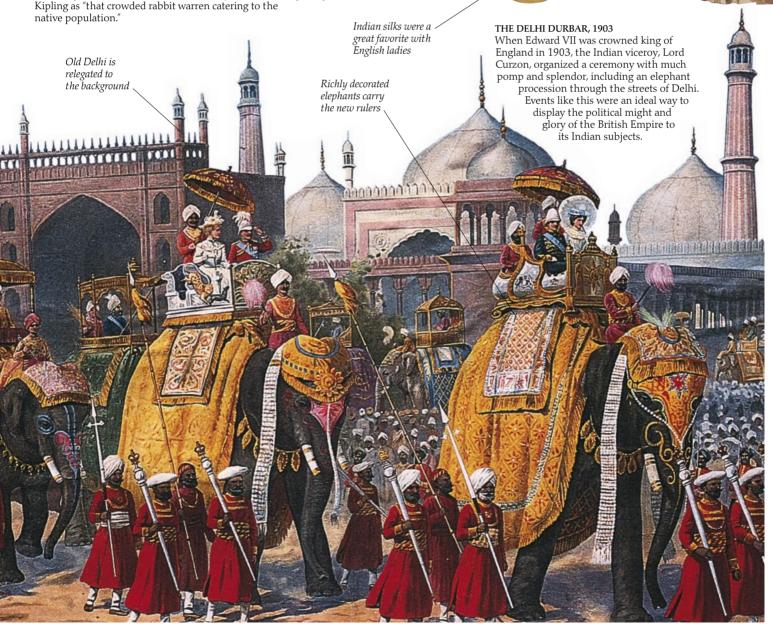






### SUMMER CAPITAL

Every summer, almost the entire British population of Delhi would move to the cooler climes of Shimla. Known as "the Queen of the Hills," Shimla became the summer capital for the Raj. Grand balls for over 800 people were held at the Viceregal Lodge (above), which was built by Lord Dufferin in 1888. By 1903, there were 1,400 European homes on the hill top. Indians were only allowed to live on the lower slopes, described by Rudyard Kipling as "that crowded rabbit warren catering to the



THE LIFE OF A MEMSAHIB

The English wives of British officers were known as memsahibs. They had many Indian servants in the house—an *ayah* to look after the children, cooks, tailors, maids, and gardeners. They spent their time trying to recreate, in India's unsuitable climate, the genteel English lives they had left behind.

A durzee (tailor) takes the memsahib's order





### INDIAN NATIONAL ARMY

Not everyone favored nonviolence. When World War II broke out in 1939, many Indians wanted to join forces with Britain's enemies to help throw the British out of the country. The Bengali leader, Subhash Chandra Bose, formed the Indian National Army with 20,000 men, who fought alongside invading Japanese forces. They were defeated, but in the process, further weakened Britain's power.

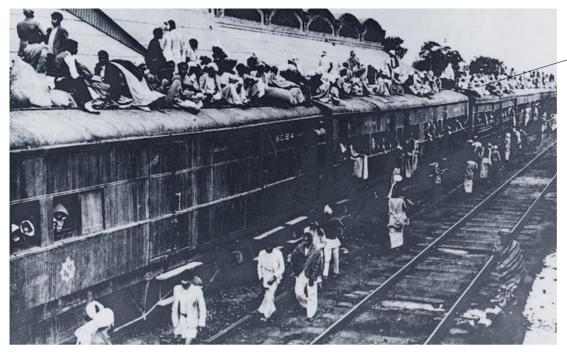


### CELLULAR JAIL ANDAMAN ISLANDS

Hundreds of Indian freedom fighters were imprisoned by the British, and many died in terrible conditions in this jail, on a remote island in the Bay of Bengal.







Thousands of refugees flee from their homes by crowding onto the tops of trains

### MASS MIGRATION

Over 13 million people migrated across the newly created borders -Muslims to the new Islamic state of Pakistan, and Hindus to India. "A madness has seized the people," said Nehru as riots spread across the country. Angry at losing their homes and land, and fearful of the future, both sides attacked trains full of refugees and massacred their passengers.

### Looking forward

United by a single constitution, which gave equal rights to all Indian citizens, the government of the newly independent nation set about trying to build a strong social and economic base. Education, social equality, agricultural reforms, and women's rights were all high on the agenda.

> Regal elephants lead the parade

### FRESHLY MINTED

The first coins and bills to be minted for the newly independent country came out exactly three years after independence was declared, on August 15, 1950. To this day, paper money still depicts Mahatma Gandhi, known to all as the "father of the nation."



The three-headed Ashokan lion is present on all coins and bills

Every five years a general election is held to decide which of India's many political parties will come to power. Noisy, colorful

**VOTING POWER** 

election campaigns take place all over the country. Every Indian over the age of 18 is entitled to vote.

> Heavy iron ballot box

### SHOW OF STRENGTH

India declared itself a sovereign democratic republic on January 26, 1948. Every year on this day, a magnificent parade is held in New Delhi attended by the president, the prime minister, and other VIPs. Enthusiastic crowds watch as beautifully decorated elephants

lead the parade of army, navy, and air force regiments as they march past to the rousing beat of military bands. Schoolchildren also dance and sing in the parade, and there's a procession of floats from each state. The grand finale is a dramatic flyby by air force fighter planes.

### ADULT LITERACY

One of Nehru's goals was to have 100 percent literacy in the country. Educational reforms and literacy programs have resulted in major improvements in literacy rates, but there is still some way to go before Nehru's dream can come true.

### WATER FOR THE DAY

Water is scarce in remote villages, particularly those in arid areas where pipelines have not yet been laid. Women often have to walk for miles to collect water from the nearest well, which they carry home in brass pots on their heads.

### Life in the village

The vast majority of Indians still live in villages scattered throughout the country. Villagers depend on farming and on selling handmade goods, and life is largely determined by the changing of seasons, and the rhythm of sowing and harvesting. Village homes and crafts change from region to region, but there are certain sounds and sights typical of rural India—the smell of

cow-dung smoke from cooking fires, children chasing cattle on dusty streets, women gathered around the village well, elders gossiping while resting on *charpais* (string cots) in the square. A village is usually a sprawling cluster of houses, crisscrossed by unpaved lanes, and surrounded by fields.

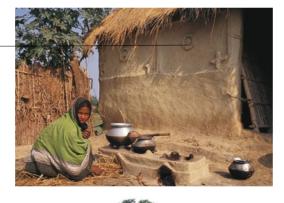
lanes, and surrounded by fields. Life has an unhurried pace, with families carrying on traditions handed down over centuries, even though many of the younger



A mud-and-thatch hut is decorated with a simple design

### HEARTH AND HOME

Most village women cook outside, since their home is usually just one room. Food for the family is cooked using simple metal or clay pots on a chulha (stove) made of mud. Women frequently add fresh layers of mud in order to stop the stove from cracking.



A head at the end of the rod churns as it turns

THE BUTTER CHURN
This simple, homemade
mechanism is a wooden rod turned
using rope. Creamy milk from cows
or buffaloes is collected in an
earthenware pot and churned to
make pure, white butter.

Semiripened bananas are taken to market to be sold when ripe



generation have left for the cities in search of employment.

FRESH FROM THE FARM

Small farmers
carry their own
produce to a
cooperative or joint
outlet to be sold by
wholesalers. They might

also supply goods direct to their local market for sale.

### BLOWING IN THE WIND

Farmers usually harvest two major crops a year—the *kharif* (winter) and the *rabi* (summer) crop. In north India, the winter crop is usually mustard and wheat, while in summer lentils are grown.



. Slapping dung cakes on the wall

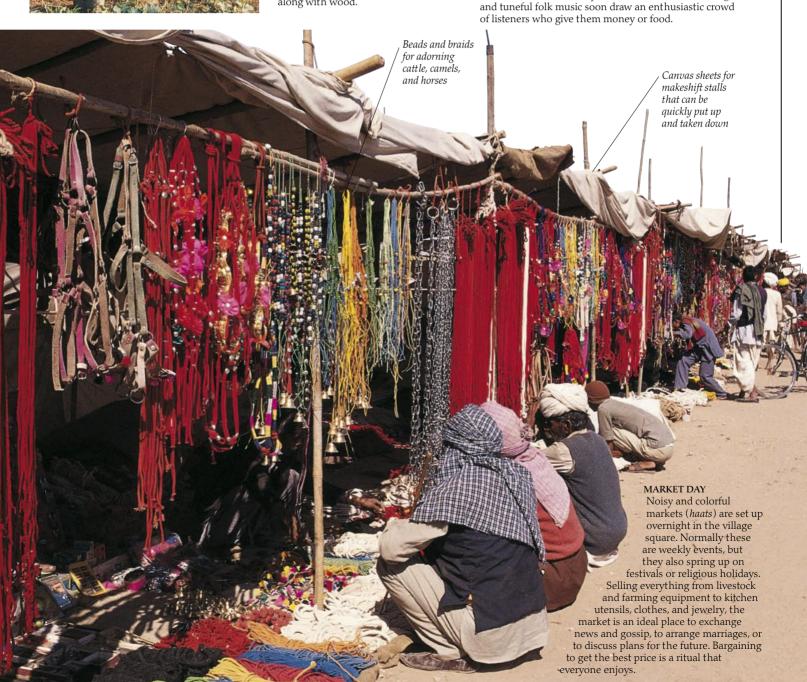
### COW-DUNG CAKES

The cheapest and most easily made fuel for cooking in the village is the cow-dung cake. Villagers who own cattle collect cow-dung into heaps, bind it with straw, knead it into flat cakes, and slap them onto a plain surface to dry, before burning them along with wood.



### LIVELY ENTERTAINMENT

These traveling musicians from Rajasthan wander from village to village with their instruments, performing on street corners or in courtyards. Their full-throated songs and tuneful folk music soon draw an enthusiastic crowd of listeners who give them money or food.



### Big cities

何景原酬

Some of the world's largest cities are in India. The most important of them correspond to the four points of the compass. In the north is Delhi; in the south is Chennai (Madras); to the west is Mumbai (Bombay), and to the east is Kolkata (Calcutta). The fast-growing cities of Bangalore and Hyderabad in the middle of the country form the heart of what is known as India's "silicon valley." Although over 70 percent of Indians still live in rural areas, urban centers are crowded, noisy, and colorful. Indian cities are full of contrasts. Here, past, present, and, future constantly collide. Bullock carts and elephants trundle past sleek, modern cars; skyscrapers soar above ramshackle slums; and old traditions rub shoulders with new technologies.

जाजर कार्युम्

AT YOUR SERVICE
The first sight to greet a

The first sight to greet a traveler at any big city rail-road station is the uniformed *coolie*, or porter, who helps to carry luggage.

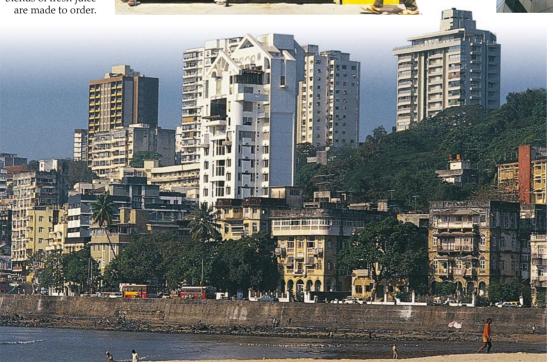
Shopkeepers use hand-painted signs in eye-catching colors to advertise their services in Hindi and English



LUMBERING ON
Alongside fast-moving traffic an
elephant plods home after a full
day at a city tourist sight.

### JUICY PHONE CALL

Doubling up as a "public call office" (PCO), the fruit juice stall welcomes weary walkers in the city. Individual blends of fresh juice are made to order.



### HIGH-TECH CITY BANGALORE

Bangalore and Hyderabad are two of the fastest growing modern cities in India. They contain most of the country's computer industries and technology parks. Software programmers and developers from Bangalore often take up jobs in the US and Europe.

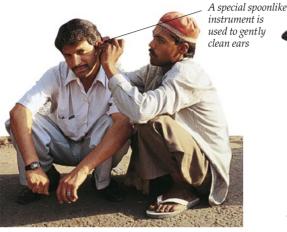
### HIGH-RISE CITY, MUMBAI

Cities in India are growing at an alarming rate in terms of population, buildings, and traffic. Old buildings are being torn down to give way to high-rises as more and more people migrate to cities in search of work. Buildings and prices soar along the coastline of Mumbai, seen here. This is the home of the Hindi film industry, and many of the movie stars live in luxury high-rise apartments overlooking the sea.



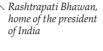
110092

# CAPITAL CITY, DELHI New Delhi, the capital of India, was designed by the British architect Edwin Lutyens in 1911 and took 20 years to complete. In contrast to New Delhi's wide, treelined avenues, the old part of the city is a maze of winding lanes and bustling bazaars.



### PERSONAL ATTENTION

All sorts of services can be found on Indian city streets. People can get their shoes shined, their hair cut, or even have their ears cleaned – all on the way to work!



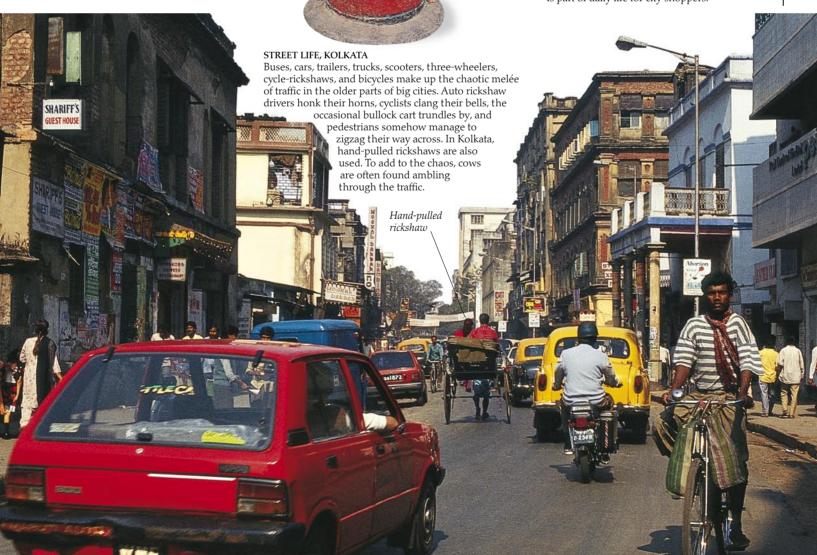
### ZIP CODES

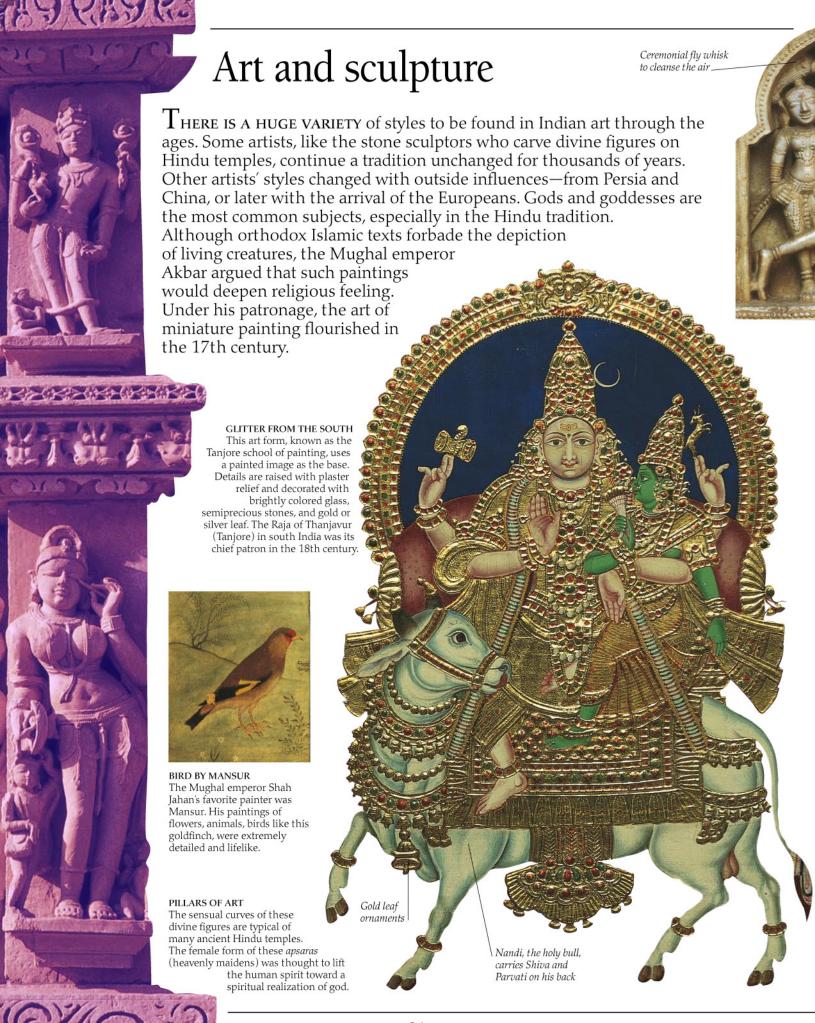
Big cities are divided into zones, each with its own post code, or zip code. Red mailboxes are used for regular mail, whereas green ones are only for local mail within the city boundaries.



### BARGAIN HUNTING

Away from stylish shopping centers are pavement stalls that sell all kinds of goods, from fish and vegetables to clothing, pots, and pans, all at bargain prices. Haggling for the best price is part of daily life for city shoppers.







Traditional craftwork

In India, Many Everyday objects are still made by hand, rather than by machines. Bags and baskets, pots and pans, shoes and toys are handcrafted by millions of artisans around the country. Most of them work in their village homes, or in tiny workshops in the cities. Traditional crafts vary from region to region, and use skills that have been handed down from one generation to the next. Wood, leather, terra-cotta, metal, and cloth are the most commonly used materials. From simple items such as water pots, to more decorative or ornamental pieces, Indian crafts are full of color and rich in detail.

PUPPET HERO
Puppeters usually make their own puppets out of wood and cloth. Familiar tales of folk heroes and their adventures are enacted by traveling puppeteers on makeshift stages.
Puppet shows draw large audiences of adults as well as children.

Gold embroidery over cotton padding creates a 3D effect

## FANCY FAN

Silk frill for added decoration

> The fine gold thread work on this antique fan shows that embroidery was not used for just decorating clothes. Chair covers, table linen, and fans like this one were richly embroidered in silver and gold thread. The owner of this fan was probably a member of the royalty. The fan is twirled around its wooden handle to create a cool breeze.

> > Wood is carved, brightly painted, and lacquered —



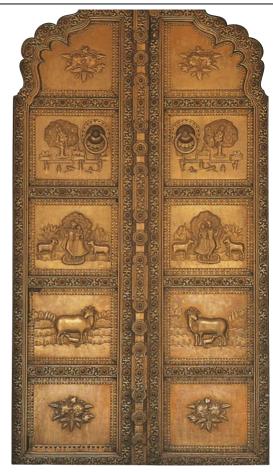
Almost every Indian village has a local cobbler, who makes sturdy leather sandals (*chappals*) for

WORKING WITH LEATHER

everyday wear. For special occasions, more elaborate decorations are stitched on to pointed slip-

on shoes called *jootis*. Horse and camel saddles are also richly decorated by leather workers.

Jootis are made of locally cured leather



### EMBOSSED BRASS

Old windows and doors in metal or wood display the tremendous versatility of the Indian craftsman. He works as skillfully on large objects as on smaller decorative pieces. A huge, ornate door in the Jaipur City Palace is made of two large sheets of brass embossed with symbols of Lord Krishna.



### A SAFE SWING

Seated on a toy *jhoola* (swing), this little doll is dressed in a traditional sari and blouse. The woodcarvers who make these toys also make full-size swings that can sometimes be found hanging from the roof beams in old houses.



# Fabrics and weaves

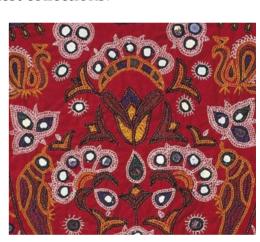
 ${\operatorname{For}}$  hundreds of years, Indian fabrics have been exported across the world. In the 17th century, Portuguese ships sailed back from India laden with printed, painted, and embroidered cloth. They were closely followed by Dutch, French, and British fleets. The East India Company's huge wealth was built on exporting fine muslins and silks from India to Europe. But, in the 19th century, the weaving industry in India was badly hit by imports



PEARLY SKULL CAP The elaborate silver thread work on this cap is known as zari. Real pearls are stitched into the red silk background. This cap would be worn on festival days by Muslim men or boys.

of foreign cloth. The freedom movement, led by Mahatma Gandhi, launched a popular campaign for people to spin their own cloth, and buy only Indian-made textiles. Today, it's not just Indian cloth that is in demand in the West, but also Indian fashions. Many of the world's

> fashion designers use the shimmering colors, flowing shapes, and traditional motifs of Indian clothes in their latest collections.



SPINNING A YARN

Traditionally, cotton was spun at home using a simple wooden spinning wheel. This homespun cloth is called khadi. Wearing it became a political statement during the freedom struggle (see p. 24), as many Indians protested against the practice of importing cotton from British mills. Khadi is still widely used for making the loose cotton tunics (kurtas) worn by Indian men.



Wooden rings to attach handles

# SUMPTUOUS SARIS

Handwoven saris are found throughout the length and breadth of the country. Each region has its own particular weave and style of design. Although cotton saris are found everywhere, silks are a south Indian specialty. Brocade saris, woven with gold or silver thread, come from Varanasi. A sari is a single length of cloth, usually 6 yards (5.5 m) long, with a decorative border along the lower edge and the end that falls over one shoulder.



Tiny round mirrors are stitched into the cloth on

this colourful panel. This style of embroidery is

most often seen in Gujarat and Rajasthan.

Jute is sometimes known as "poor man's silk." It is made from the fibrous stems of a particular plant, which are treated, soaked, and beaten, until they form threads that can be woven. This tough material is generally used for sacks and matting, but skilled weavers can make items from jute, like this shoulder bag, which are almost as soft as silk but not nearly as expensive.

MIRRORWORK

Jute ladies handbag

Raw jute ready to be woven





ALL THAT GLITTERS

For those who can't afford gold and precious gems, these silver earrings are just as eye-catching. Instead of jewels they are set with pieces of blue glass.

Jewelry

In India, Jewelry is not only decorative, it also has symbolic value. The nine major gemstones, for example, each signify a particular planet: rubies for the sun, pearls for the moon, emeralds for mercury, coral for mars, topaz for jupiter, diamonds for venus, and sapphires for saturn. Tiger's eye and zircon represent the ascending and descending positions of the planets. These nine stones are known collectively as *navaratna* and are worn to promote good health or avert bad luck. During the Mughal period, the arts of *kundan* (setting gems in narrow, layered strips of pure gold) and *meenakari* (enameling) were perfected. The most lavish example is Shah Jahan's fabled Peacock Throne which was set with 108 rubies and 1.13 tons (1,150 kgs) of gold!

Gold is regarded as a symbol of life and of purity, and is always worn by Indian bridge.

by Indian brides.

Silver stud worn in the nose Ivory, from elephants' tusks, is no longer used



TRIBAL JEWELRY

This young tribal girl from Kutchch in western India is wearing traditional Rajasthani jewelry. In this part of India, any spare money is often invested in jewelry, so women literally wear their wealth.

Beaded headdress

, Hollow silver neck band



Jewelry boxes are often as intricate and beautiful as the jewels they store. This 19th-century casket from south India is made of sandalwood and decorated tortoiseshell inlay. The ivory panels are etched with images of two Hindu goddesses.

Gems inlaid into the metal band \_



Bangles come in many different styles. Brightly colored, inexpensive bangles made from glass or papier maché and paste are worn particularly during the festival season; enameled ones are for other special occasions. Gold bangles symbolize a woman's married status. These could be plain circlets or elaborate filigree bands with animal-head decorations.



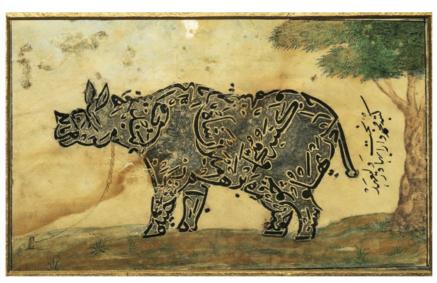


# The literary tradition

Storytelling in India is an art. For centuries, tales of folklore and religion were passed down by word of mouth. That is why every Indian knows the two great epics—the Mahabharata and Ramayana—though few have read them in full. When they were

> written down in manuscript form, artists illustrated each

page so that it looked like a painting. Traditional plays, such as those written in Sanskrit by Kalidas in the 4th century AD, continue to be read and performed. The Mughals introduced Persian calligraphy (beautiful writing) to record the lives of their monarchs. Under the British Raj, the novel and short story became popular. India's most famous writer, Rabindranath Tagore, wrote prose and poetry, and was awarded the Nobel Prize for Literature in 1913. Each regional language has its own literary tradition. English, too, has become an official Indian language, and is used by many writers today.



# Before the 16th

century, scribes wrote on strips of bark, or on palm leaves, instead of paper.

BARK SCROLL

### SCRIBE'S TOOLS

Since the time that Ganesh, the elephant-headed god, is believed to have written with his broken tusk, scribes have used a variety of tools, including metal compasses for drawing circles and curves.

## CHRONICLES AND CALLIGRAPHY

The art of calligraphy flourished under the Mughals. Apart from writing out the Koran in Arabic or Persian, the Mughals also chronicled the lives of their royalty, and even wrote recipe books. In the 17th century, birds and animals, like this rhino, were "drawn" by using letters, words, or phrases from poems or religious texts. The loops, squiggles, and dots of the Naksh script, seen here, are used to suggest the animal's shape and features.

Brass compass

Ivory stylus

## LIFE OF KRISHNA

The Geet Govinda tells the love story of the Hindu god, Krishna, and a beautiful maiden, Radha. A single picture often contains two episodes. On the right, Radha tells her friend about her earlier meeting with Krishna, shown on the left.





## STORY BOX

The kavad is a storehouse of tales. It represents the ancient tradition of telling stories through pictures. Unlatch the storyteller's stomach and its hinged doors unfold to depict scenes from popular folklore. Hindus believe that the god Vishnu is reborn 10 times-the seventh time as Krishna (on the left panel), and the eighth as Ram (on the right), hero of the epic Ramayana.



The marriage of Ram and Sita

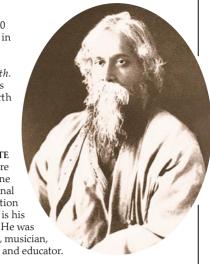


Ram and his brother meet the bird who saw Sita being kidnapped by the demon king



PICTORIAL GUIDE
The teachings of the 10
Sikh gurus are written in
Gurmukhi in this
beautifully illustrated
book, the Dasam Granth.
The Gurmukhi script is
used for Punjabi, a north
Indian language.

NOBEL LAUREATE
Rabindranath Tagore
wrote in Bengali, one
of India's 18 regional
languages. The collection
of poems, *Gitanjali*, is his
most famous work. He was
also an artist, musician,
and educa



. Woman holding up her long hair

हाला मार्या प्रमान स्वाह ने स

मीतु असनामश्र नाजप्यारतासाज्यवारासासीमं नच्च हरस्य अपपानः गाय भीतामे जाजान्याराष्ट्राष्ट्र जा ये उ अपन्यानारः गाउ स्वायन्त भीतामे जाजान्याराष्ट्राष्ट्र जा ये उ अपन्यानारः गाउ स्वयन्त मंगजनी हाजो सीत्र स्वायन्ति जामाह्य असे सिंह स्वरः किंगसा संहार्ष स्वरं चाजां वे असितु द्वरंद्रा जो जाजान्य अस्ति

up ner wng nair

RECORD OF DAILY LIFE
Some people had a flair
for recording even
common everyday
activities that took place
in the village. Basic text
accompanied the
drawings. The picture on
the left of this book, made
from handmade paper,
shows a man having an oil
massage, and on the right
shows a woman bathing,
while her friend hides her
with a veil.

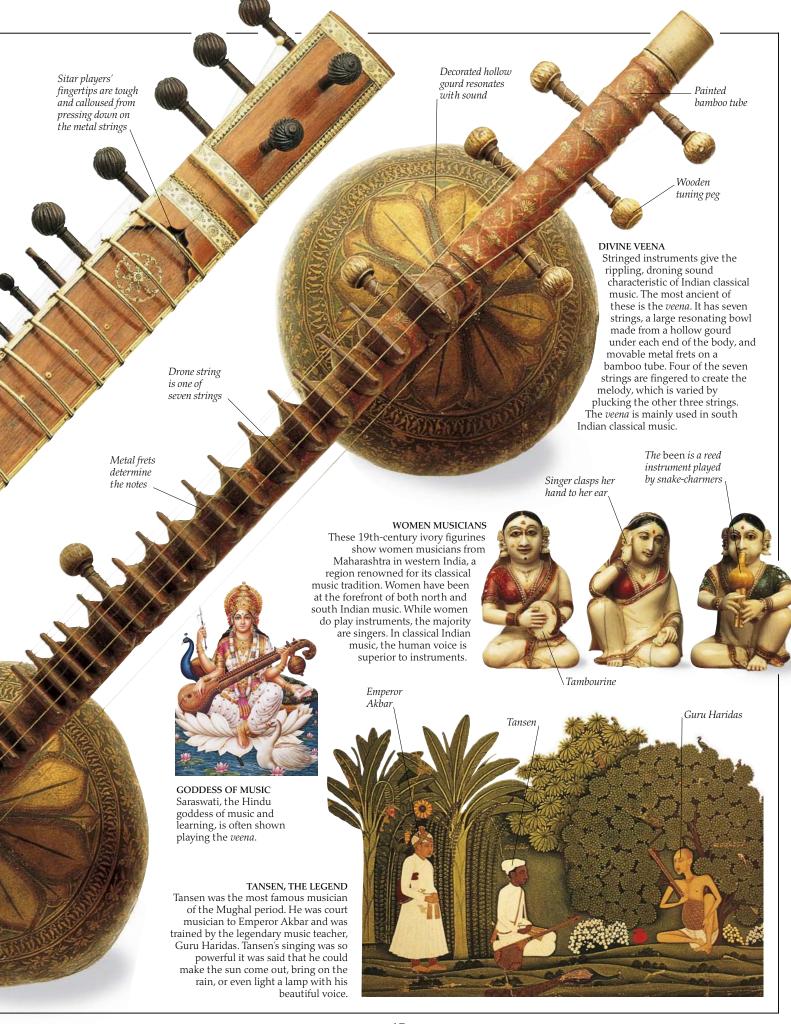
Most major religious texts were written in Sanskrit

The lovers meet in an enchanted garden

Radha tells a friend about her earlier meeting with Krishna







# Classical dance

and spins. It is a north Indian dance form

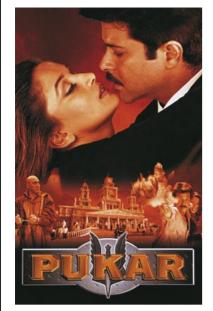
There are five major schools of Indian classical dance. Each form has a distinct style, expression, and costume, and they all depict stories from the ancient myths and epics. Bharata Natyam is the oldest classical form, and is based on a dance manual called Natya Shastra written in ad 200. The dancer aims to combine symmetry and sharp angles with softness and grace. This dance form originated in Tamil Nadu. The neighboring state of Kerala gave rise to Kathakali—a spectacular dance-drama, for which the dancers wear elaborate costumes and facepaint. The color of the dancer's face depends on whether he is playing an evil or heroic character: green faces for heroes and jet black for villains. The gentler, lyrical style of Odissi dance originated in the temples of Orissa in eastern India. Manipuri is the equally graceful dance form of India's northeastern states. Kathak, on the other hand, has rapid, rhythmic footwork

# DANCING SHIVA

In Hindu legend, dance originated with Lord Shiva, in the form of Nataraja, the "Lord of Dance." His tandava dance represents the destruction and recreation of the universe. Dancing in a ring of flames, he crushes forces of evil under his feet.







# ROMANCING THE SCREEN A good, strong love story is essential for most popular Hindi movies. Posters draw in the crowds by showing the hero and heroine just about to kiss.

Indian city streets are often lined with gigantic, hand-painted billboards

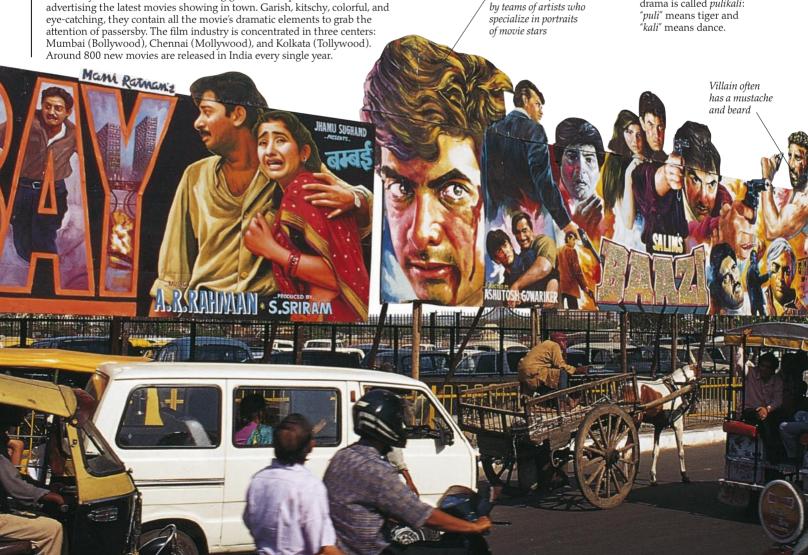
STARSTRUCK STREETS

# Cinema and theater

 ${
m T}$ he first Indian silent movie was made in 1898, and the first "talkie" followed in 1931, unleashing a flood of movies in different Indian languages. Today, more movies are made in India than anywhere else in the world. While some are internationally acclaimed works of art, made by directors like Satyajit Ray and Mira Nair, most are musical melodramas aimed at an Indian audience. These are action-packed spectacles full of song and dance sequences, fight scenes, and romance. Although movies are the cheapest and most popular form of entertainment, lots of people also enjoy watching plays. In cities, these are staged in theaters, but in most of the country, religious dramas are performed in villages and small towns, in various regional languages and folk styles.

Billboards are painted

# STREET THEATER Folk songs and dances are often used in street theater. These actors, from Kerala in south India, have painted their bodies to look like tigers. This festive dancedrama is called *pulikali*: "puli" means tiger and

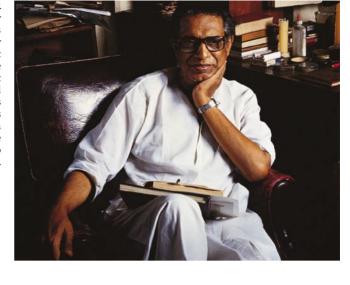




OSCAR WINNER

Shortly before he died in 1992, Satyajit Ray received an Oscar for his life's work in film. His first movie, Pather Panchali (1955), instantly established his reputation as India's finest art film director. It was the first of three movies known as the Apu Trilogy, about the life of a young village boy named Apu. Ray made over 30 movies in his life, almost all in Bengali. His portraits of life in Kolkata and in the villages of West Bengal are sensitive and realistic. He also composed his own music.

> The dancer's striped leggings look like a tiger's markings



A huge statue of the four-armed god, Shiva, dancing in a ring of fire



CONJURING UP A DREAM

Shakuntala

gazes up adoringly Clouds of smoke, haunting music, song, dance, colorful costumes, and elaborate sets all make up the fabulous world of popular Indian movies. Though unreal, this is what the crowds adore. Both mythological and real life subjects are shot in these fantastically staged film sets.

A LOVE STORY

This scene is from a classical Indian play, Shakuntala, originally written in Sanskrit by the great poet and playwright Kalidas. It tells the story of a king who falls in love with a village girl.

Dry ice to create



## THE MOVIE STAR AS POLITICIAN

This towering billboard shows Jayalalitha, one of south India's most powerful politicians. Like many others, she started life as a movie star, and used her popularity to become a political leader. Passersby dwarfed by the huge billboard

Jayalalitha

100 movies

starred in over

Sumptuous pink sari

# TINGLING TASTEBUDS Roadside stalls sell a mouthwatering array of tangy snacks. *Chaat* is a catch-all term for a variety of snacks made from potato, chick peas, crisp fried shells called *papdis*, topped with sweet and sour chutneys. *Gol gappas* (potato-stuffed *puris* dipped in tamarind water) are

# Mouthwatering cuisine

 ${
m Most}$  westerners used to think that Indian food could be summed up in one word: curry. The word "curry" is thought to have come from the Tamil "kari" meaning sauce. In fact, there's such a huge variety of different types of Indian cooking, it would be difficult to taste them all in a single lifetime. Each region has its own style of cooking. When the Mughals came to India from Afghanistan and the Middle East, they brought with them exotic spices, dried fruits, and nuts, which flavor the rich, creamy sauce of "Mughlai" dishes. Kashmir is famous for its subtle kormas, and fragrant rice *pulaos*. In the south, the dominant flavors are coconut and curry leaves. Hindus rarely eat beef, since they consider the cow to be sacred. In fact, many are pure vegetarians. Muslims, on the other hand, do not eat pork. Tandoori rot



Large vessels, such as this Mughal-era copper pot, are used both for cooking and for serving. The lid would be sealed using bread dough, and the rice, meat and spices inside would be steamed. This kind of cooking is called dum pukht and was invented by the

Muslim rulers of Lucknow

in the 19th century.

Etchings of Persian calligraphy

COOKING UP A FEAST



ROLLING A ROTI

(unleavened bread)

Every Indian kitchen has a *chakla-belan* (rolling pin and base) on which balls of dough are rolled out to make flat, round *rotis*, which are then cooked on a flat *tawa* (griddle) on a hot fire.

Dal, a kind of lentil soup

# MEAL ON A LEAF

Dosa, a thin,

folded pancake

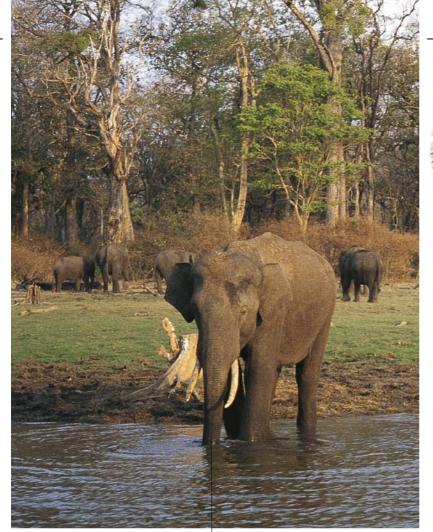
Idlis (steamed

rice cakes)

Dosas are a staple food for south Indians. Made with ground rice flour, these thin crispy pancakes come with little side dishes of chutney, and are often stuffed with mashed vegetables and onions. Dosas are fried on a large, flat iron skillet, and are best eaten piping hot. Instead of a plate, they are served on a single large banana leaf.







Peacock tail feather /

## AN EVENING DRINK BY THE RIVER

Wild Indian elephants live in large herds, gathering by the water's edge each evening to drink and bathe. Each herd of females and young is led by one dominant female, while the males, or tuskers, are solitary. Elephants are generally peaceful creatures but, if threatened, can charge at tremendous speed.

PROUD AS A PEACOCK India's national bird, the peacock, is

best known for its gorgeous tail feathers, which are sometimes used (illegally) to make fans and ornaments. The colorful males and dusky brown females are very common in rural areas, and are even seen in cities throughout the country.

, Long, tufted tail



Cobras can grow to 16 ft (5 m) long —

Elephants suck up water in their

long trunks



Hood is spread ready to strike

One of India's deadliest snakes is the cobra. It prepares to strike by spreading out the ribs on either side of its head in a "hood." The cobra's natural enemy is the mongoose, which grabs the snake's head in its sharp teeth.

# MONKEY GOD

Hindus consider monkeys sacred because of their association with Hanuman, the monkey god. He is renowned for being brave, agile, strong and, above all, extremely loyal. Rhesus monkeys make the most of this reputation, gathering near Hanuman temples to be fed by devotees.



## LOST RHINO

Kaziranga, in the eastern state of Assam, is the only place where the magnificent one-horned Indian rhino is still found in the wild. Its massive bulk and "armorplated" skin make it look like a dinosaur. In fact, it has changed little in the last million years.

# Science and technology

Iron pillar in Delhi's Qutb Minar complex

RUSTLESS LUSTER

Metallurgy was an advanced science as

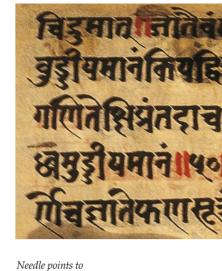
early as the 4th century AD when this iron pillar was cast. Made as a flagstaff honoring the god Vishnu, it remains to this day unblemished by rust.

Many people think of India as a land of religion and superstition, but the country has also produced eminent scientists through the ages. Perhaps India's greatest contribution to mathematics is the invention of zero. Arab traders who introduced these numerals to Europe even referred to mathematics as "the Indian art." The most famous scientist of ancient India was Aryabhatta (AD 476–500), who correctly calculated the circumference of the earth, discovered the cause of solar and lunar eclipses, and stated that the earth rotates around the sun.

In the 12th century, the mathematician Bhaskaracharya further developed the concepts of zero and infinity. Since the 1980s, India has led the field in

the computing industry.

Highly skilled engineers and programmers from India can now be found across the world, especially in the US.





POCKET GUIDE
An astrolabe is a twodimensional map of the sky.
This brass one was brought to
India in the 13th century by
Arab astronomers.

OBSERVING THE SKIES
The Jantar Mantar observatory in Jaipur was built in 1734 and is
the largest of the five observatories built by Jai Singh II during
his reign. An avid astronomer, he built gigantic instruments as
big as buildings by which he could calculate the exact position
of planets, and forecast the timing of solar and lunar eclipses.
Some instruments were also used to predict the arrival of the



MAP OF THE STARS

writing is in Persian.

A brass globe from 1629 is

engraved with the positions

of the stars and planets. The



ADVANCED MATHEMATICS

Written in Sanskrit by the famous mathematician Bhaskaracharya (b. AD 1114), the *Lilawati* manuscript uses pictures of birds and animals to explain difficult concepts such as trigonometry. Here, two monkeys are shown walking toward an acute angle. Elsewhere, a peacock swoops down to catch a snake in its beak, at a perfect right angle!

\_The monkeys' pathways meet at a 45° angle

India's first whollyowned satellite launch vehicle blasted off in April 2001, sending a communications satellite into orbit

Lower monkey walks along the base of the triangle

"We do not have the fantasy of competing with economically advanced nations in the exploration of the moon ... (But) we must be second to none in the application of advanced technologies to the real problems of man and society."

DR. VIKRAM SARABHAI



A sadhu (holy man) uses a laptop to compute horoscopes

THE RAMAN EFFECT
Professor C.V. Raman (18881970) founded the Indian
Academy of Sciences. He received
the Nobel Prize for Physics in
1930 for discovering that light
scatters when it passes through
transparent material. This is
called the Raman effect.

## ROCKETING FORWARD

In the 1960s, India's ambitious space program was launched by Dr. Vikram Sarabhai. The first of many satellites, Aryabhatta (named after ancient India's greatest scientist), was put into orbit in 1975. In 1992, the first of the new generation of INSAT satellites was launched. These are used to monitor changes in the climate, to survey for minerals and other natural resources, and for the latest telecommunications.

## BYTES OF KNOWLEDGE

Since the late 1980s, India has invested heavily in computer education. IT and computer courses are offered in thousands of institutes across the country, and India's Institutes of Information Technology are among the world's finest. India now has among the largest number of software professionals in the world. Even in rural areas, laptops are used to find out crop prices and weather forecasts from the internet.

# Sesame oil Mustard oil

## OILY MASSAGE Ayurvedic massages are used to treat all kinds of aches and pains. Natural oils, such as mustard,

sesame, and coconut, are often blended together

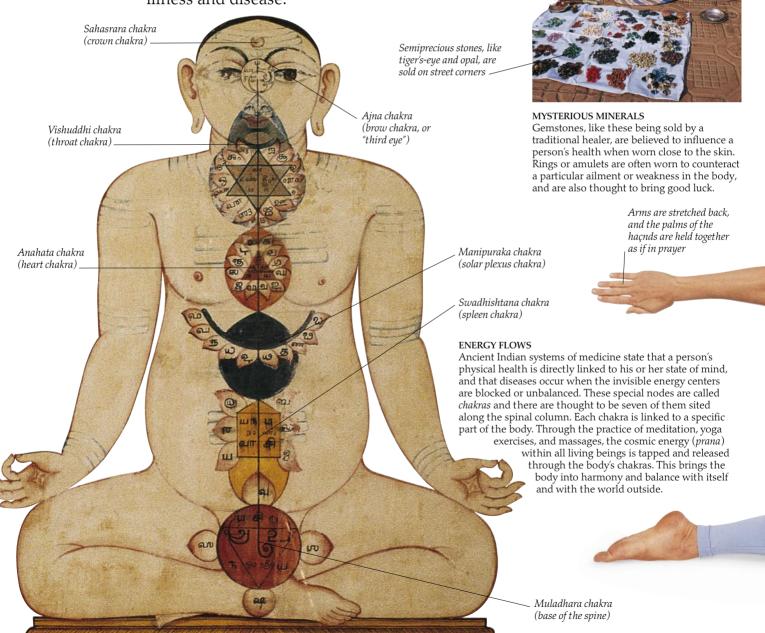
with other healing herbs.

# Medicine and healing

Ancient systems of healing developed by sages thousands of years ago are still practiced in India. The sages believed that a calm mind and the correct alignment of the body's energy centers (chakras) were essential for good health. India's traditional medical system is called ayurveda, which means

"knowledge of life." Ayurvedic doctors believe that the body is made up of three basic humors—vayu (wind), pitta (fire), and kapha (phlegm). Illness is caused by an imbalance between the humors, and is cured by herbal medicines and oil massages. Yoga exercises and meditation techniques are also an essential part of the Indian healing system. Most Indians now use a combination of traditional ayurvedic therapy and Western scientific treatments to treat

therapy and Western scientific treatments to treat illness and disease.



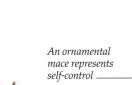


# Religion and beliefs

Followers of Almost every religion can be found in India. Four major world religions—Hinduism, Buddhism, Jainism, and Śikhism—originated here. While over 80 percent of Indians practice some form of Hinduism, the country has one of the largest Muslim populations in the world. Sikhs make up about two percent of the population, and mainly come from the northern state of Punjab. There are almost as many Christians in India as there are Sikhs, and

they have thrived in south India since Christ's apostle St. Thomas came to India in the 1st century AD. People who follow the Zoroastrian faith are known as Parsis. This small, but distinct, religious community lives in the western state of Maharashtra and in the city of Mumbai. Buddhism is largely confined to the





prayer flags.



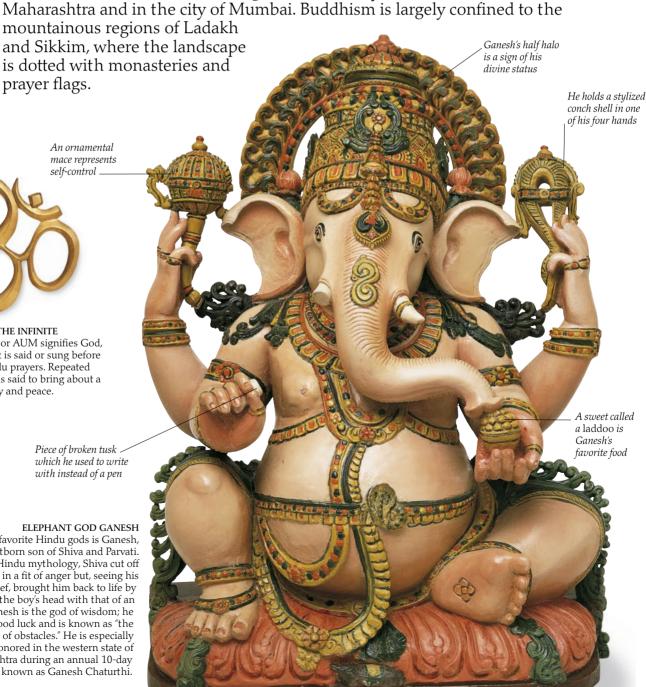
## THE SOUND OF THE INFINITE

The syllable OM or AUM signifies God, the everlasting. It is said or sung before and after all Hindu prayers. Repeated chanting of OM is said to bring about a feeling of serenity and peace.

> Piece of broken tusk which he used to write with instead of a pen

## ELEPHANT GOD GANESH

One of the favorite Hindu gods is Ganesh, the firstborn son of Shiva and Parvati. According to Hindu mythology, Shiva cut off his son's head in a fit of anger but, seeing his wife's grief, brought him back to life by replacing the boy's head with that of an elephant. Ganesh is the god of wisdom; he also brings good luck and is known as "the remover of obstacles." He is especially honored in the western state of Maharashtra during an annual 10-day festival known as Ganesh Chaturthi.



Parsis are followers of the Persian prophet Zoroaster (1500-1000 BC),

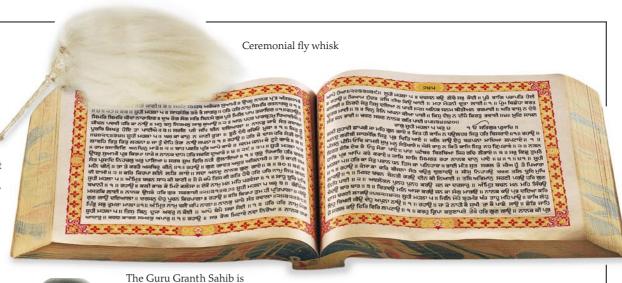
and they believe that fire is sacred. This image is of a fravashi, or

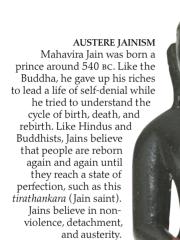
guardian spirit, and represents the

good in people.

## HOLY BOOK OF THE SIKHS

The Guru Granth Sahib is the Sikh scripture, written in verse by Guru Nanak, founder of Sikhism, and nine other gurus (spiritual guides). The book occupies a central place in the gurudwara (temple). The priest fans it with a ceremonial whisk, as a mark of respect. Sikhism places great importance on the need for spiritual guides who help their followers along the spiritual path. The word "Sikh" actually means "disciple."







as lamas. The five Buddhas represent different states of perfect being. According to The Tibetan Book of the Dead, these five Buddhas meet a person's spirit after they have died, and decide on the time and place for the person to be reborn.

# The muezzin's call Muslims pray carries far from the together in the top of the minaret mosque, led by the Imam (head priest)

MOTHER AND CHILD

Goodness

Paintings and statues of the Virgin Mary, mother of Jesus Christ, are found in all churches in India. Indian Christians can be either Roman Catholic or Protestant. The largest Christian communities are found in the southwestern states of Kerala, where most people are Syrian Christians, and Goa, with its magnificent Portuguese cathedrals.

> The infant Jesus in the arms of the Virgin Mary



# CALL OF THE MUEZZIN

In Islam, the call to prayer (azan) is made five times a day by a mosque official, called the *muezzin*, from one of the minarets in a mosque, prayers are offered facing Mecca, indicated by a niche in the wall which is called a mihrab. Followers of Islam are called Muslims, or "those who surrender to the will of God." Islam teaches that there is only one God, Allah, and that his prophet is Muhammad. The "five pillars" of Islam are: prayer, fasting, charity, confession of faith, and pilgrimage.

# Rites and rituals

In India, rites and rituals mark every stage of an individual's life from birth to death. Each community and region has its own special variations. There

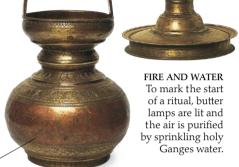
are special ceremonies not only for the birth and naming of children, but even when they eat their first grain of rice (annumentary), or when they

first grain of rice (annaprashan), or when they write their first letter of the alphabet. The initiation of boys and girls into the faith of their community – Hindu, Muslim, Sikh, or Jain – is also a significant moment. Weddings are perhaps the most important and colorful event, when friends and family from far and wide come together for several days of feasting and celebration. When they die,

Hindus are usually cremated and their ashes scattered in the sacred

Brass pot holds

Ganges River.



Butter-filled

cups waiting to be lit



For the Bengalis of east India, learning to write is an important moment in a child's life. The first letter of the alphabet is drawn in rice grains and Saraswati, the goddess of learning, is invoked.

PRAYING WITH FLOWERS Almost all Hindu rituals

use flowers. When

someone dies, little boats made of dried

petals are set adrift on

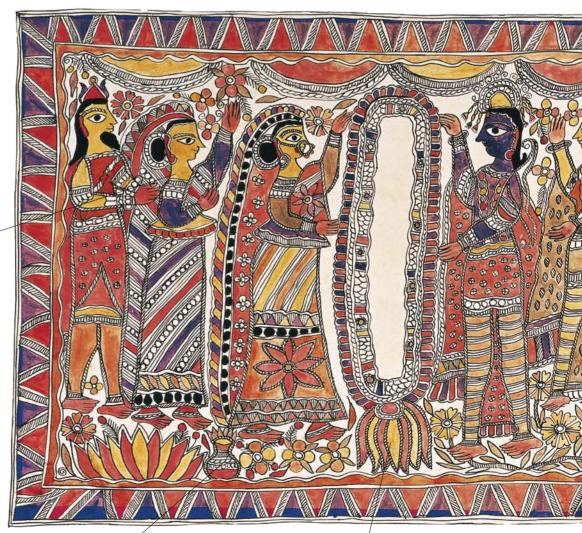
leaves filled with marigolds and rose

the Ganges River.

A bridesmaid showers the happy couple with flower petals

## MARRIAGE CEREMONY

This painting, in the traditional folk style called Madhubani, depicts a Hindu marriage ceremony. The bride is wearing lots of jewelry, including a heavy nose-ring, earrings, and bangles. Before the wedding, an Indian bride takes a ritual bath, and her feet and hands are painted with henna. Gifts are exchanged between the two families, and the celebrations continue for several days. The bride and groom garland each other with flowers. The high point of the ceremony comes when they walk together around a sacred fire seven times, while the priest chants sacred Sanskrit texts.

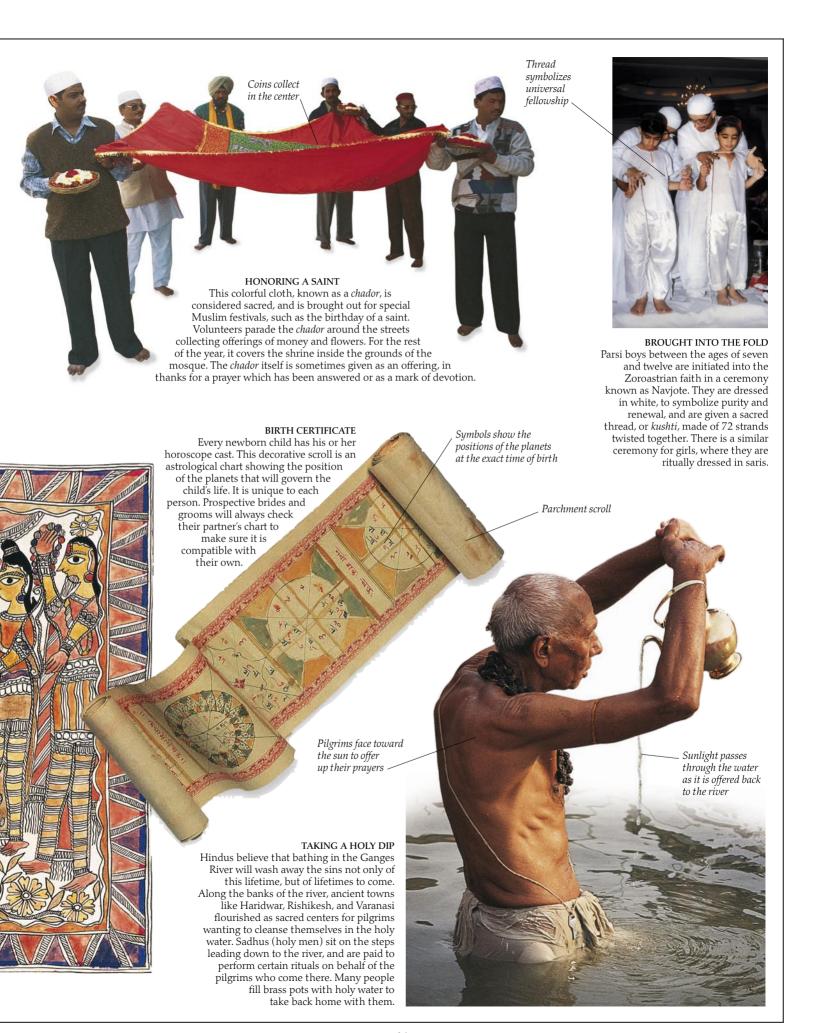


sacred water

Pot of sacred / Ganges water

The bride and groom exchange flower garlands





# Festivals

India is a land of festivals. Hardly a month passes by without a festival being celebrated somewhere in the country. In the north, the high point of the year comes after the long, hot summer, with the festivals of Dusshera, Durga Puja, and Diwali. The other big festival, Holi, comes at the beginning of the summer. Dusshera and Durga Puja cover the same 10-day period, but Dusshera is linked to the legend of the god Ram, whereas Durga Puja is dedicated to the goddess Durga and is mainly celebrated in Bengal. Because

most festivals were originally

happen at different times in north and south India, as the farming cycles are also different. Most of the major festivals in the south are linked to particular temples,

like the great elephant parades seen in Kerala. Different regions have their own special festivals, but they are enjoyed by everyone.



LIGHT AND JOY

Lakshmi, the Hindu goddess of wealth and prosperity, is welcomed into homes at Diwali time. Everyone decorates their houses with little clay lamps called *diyas* and lots of candles. Firecrackers are set off to frighten off evil spirits.



# CELEBRATING THE DIVINE For Muslims, the death

anniversaries of saints are important festival days. On these days, devotional songs called *qawwalis* are sung by professional singers in front of the saint's shrine (*dargah*). All festivals, especially those of Ramadan and Id, are also times of fasting or feasting.

Lead singer plays the harmonium, by squeezing the bellows



THE TEN-HEADED DEMON KING Dusshera is the most important festival in North India. It lasts for 10 days, during which time everyone enjoys watching actors performing the story of Lord Ram and his wife Sita. On the final day, when Ram rescues Sita from Ravana, the evil demon-king of Lanka, huge effigies of Ravana are set ablaze in a burst of firecrackers.



A "mela" is a festival or fair, and the Kumbh Mela is one of the most important festivals for Hindus. Thousands upon thousands of devotees gather at the banks of the Ganges River in Allahabad to take a dip in the waters which are considered holy. Once every 144 years, the Maha (Great) Kumbh Mela takes place. Last time, in early 2001, more than 25 million pilgrims attended, making this the largest such gathering in the history of the world.



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