Visiting the



TO CTOP

Help your child through a new experience

with stickers!



Mommy and I are at the

doctor's office today.

I need a check up to make
sure I am healthy and
growing. My teddy's come
for a check up, too!



This is the waiting room where we wait to see the nurse and doctor.



The waiting room
has a play area
with toys and books.
I take Teddy there,
and read him a story
while I wait for my check up.



They called my name!
A nurse is seeing me first,
then I'll meet the doctor.
Mommy and Teddy are
coming with me. We all go
to the examining room.





We all go into the examining room where I'm having my check up.

1 stand still on the scales.



Teddy tries to stand very tall!



The nurse takes my
temperature, weighs me
on a scale, and measures
how much I have grown.
Then it's Teddy's turn. I'm taller
and heavier than Teddy!

Next I meet Doctor Harrison.

She says she wishes she had
a Teddy like mine! She has
a special tool with a little
light for looking into my ears
and down my throat.



The special tool is called an otoscope.



Doctor Harrison examines

Teddy first. His ears are fine!

Then it's my turn.

Mommy holds my hand
while I sit very still. The
special tool tickles my ears!





Then Doctor Harrison
listens to my heartbeat with
a stethoscope. She lets me
try it first, then she uses it.
Doctor Harrison hears my
heart go boom, boom, boom!





The round part feels cool on my skin.

Doctor Harrison puts the stethoscope on my back, too.

She asks me to take deep breaths so that she can listen to my lungs and the sound of my breathing.

At the end of my check up,

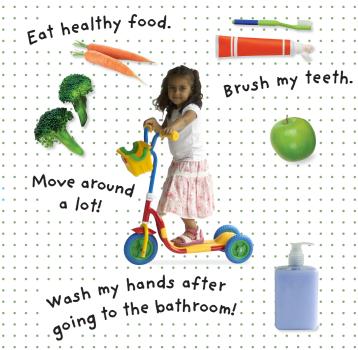
Doctor Harrison tells me I am

doing a great job growing

up—and so is Teddy! She talks

to Mommy and me about

what I can do to stay healthy.





Doctor Harrison says
that since Teddy and I have
been such good patients,
we will both get a special
sticker to take home! Hey,
I like going to the doctor!



## First Steps Visiting the Doctor

Sophie is going to see the doctor, and teddy is coming, too! See how the doctor checks that Sophie and Teddy are healthy, and get your own special stickers.

> Help your child through a new experience with DK First Steps









\$6.99 USA \$8.99 Canada

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Please remove plastic wrapper before giving this book to your child.

