

 READERS

BEGINNING
1
TO READ

Let's Play
Tennis



Kate Simkins



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Written by Kate Simkins



DK Publishing, Inc.



My name is Meg.
I was really
excited today
because I had
my first
tennis lesson.

I put on my new tennis shoes and
a comfortable skirt and top.



Then I was ready to play.



I met lots of other children
at the tennis court.
They were learning
how to play tennis too.



We all shook hands with Dan,
who is our coach.



We had to warm ourselves up
before we could begin the lesson.



We started by
marching on the spot.



Then we jumped
up and down.



I circled my arms
like a windmill!

Dan showed us how to stretch.

“Stretching stops you from hurting yourself when you play,” he told us.



We stood with our hands on our hips and bent to one side, then the other.



I could feel my stomach
muscles working.

We tried bouncing a ball on the ground and then catching it.



I dropped my ball a few times, but then I caught it.

Dan threw a ball to Nathan.
He had to jump up high
to catch it!



ball





racket



Dan showed us how
to hold our rackets.



My racket felt light and
easy to hold.

“I can’t wait to hit a ball,”
I said excitedly.

“I want it to go a long way!”

First, we tried walking along a line with a ball on our tennis rackets.

It was hard to stop the ball from falling off.



“Pretend you are walking on a tightrope,” said Dan.

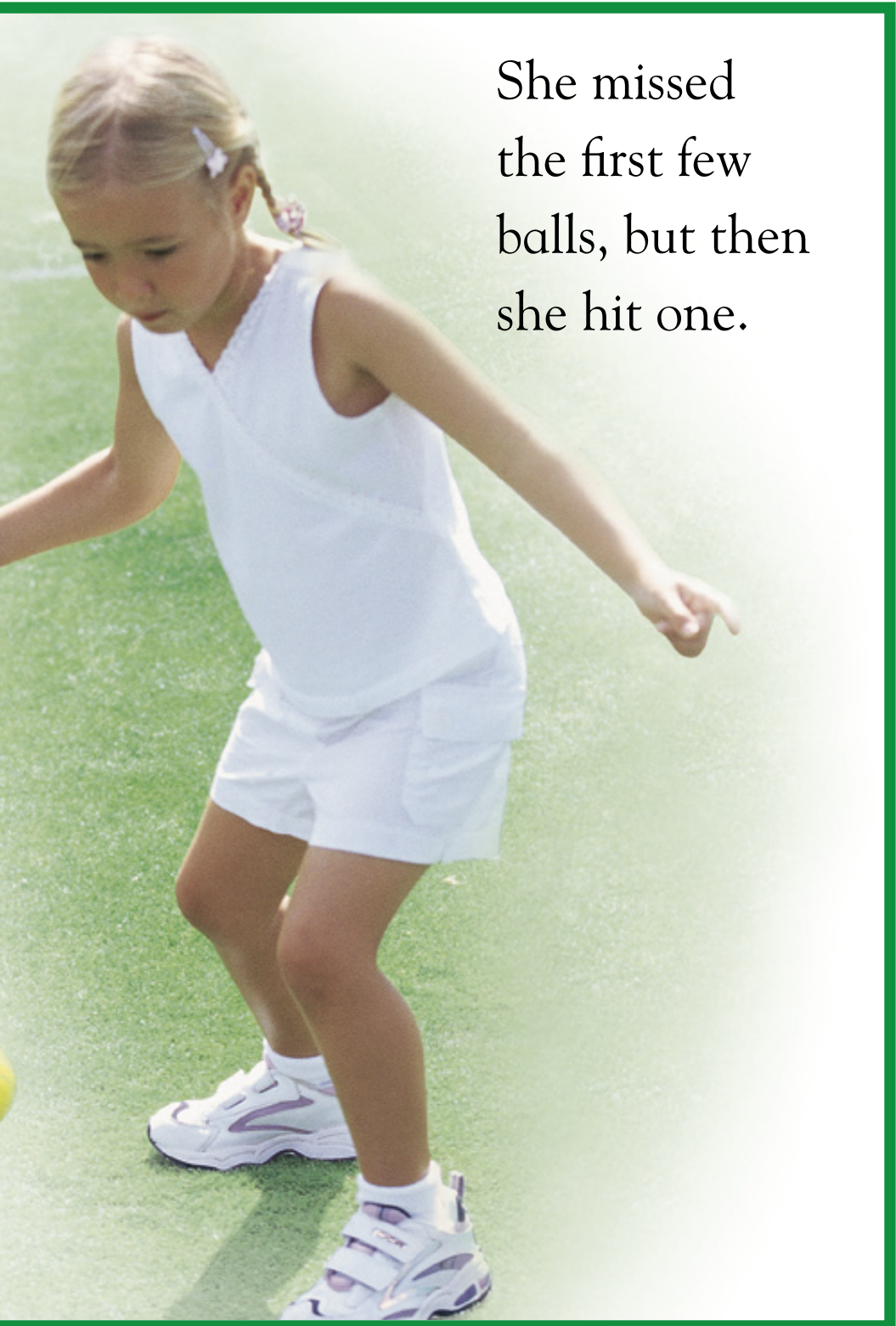


“Who wants to hit a ball?”
asked Dan.



“I do!” cried Helen.

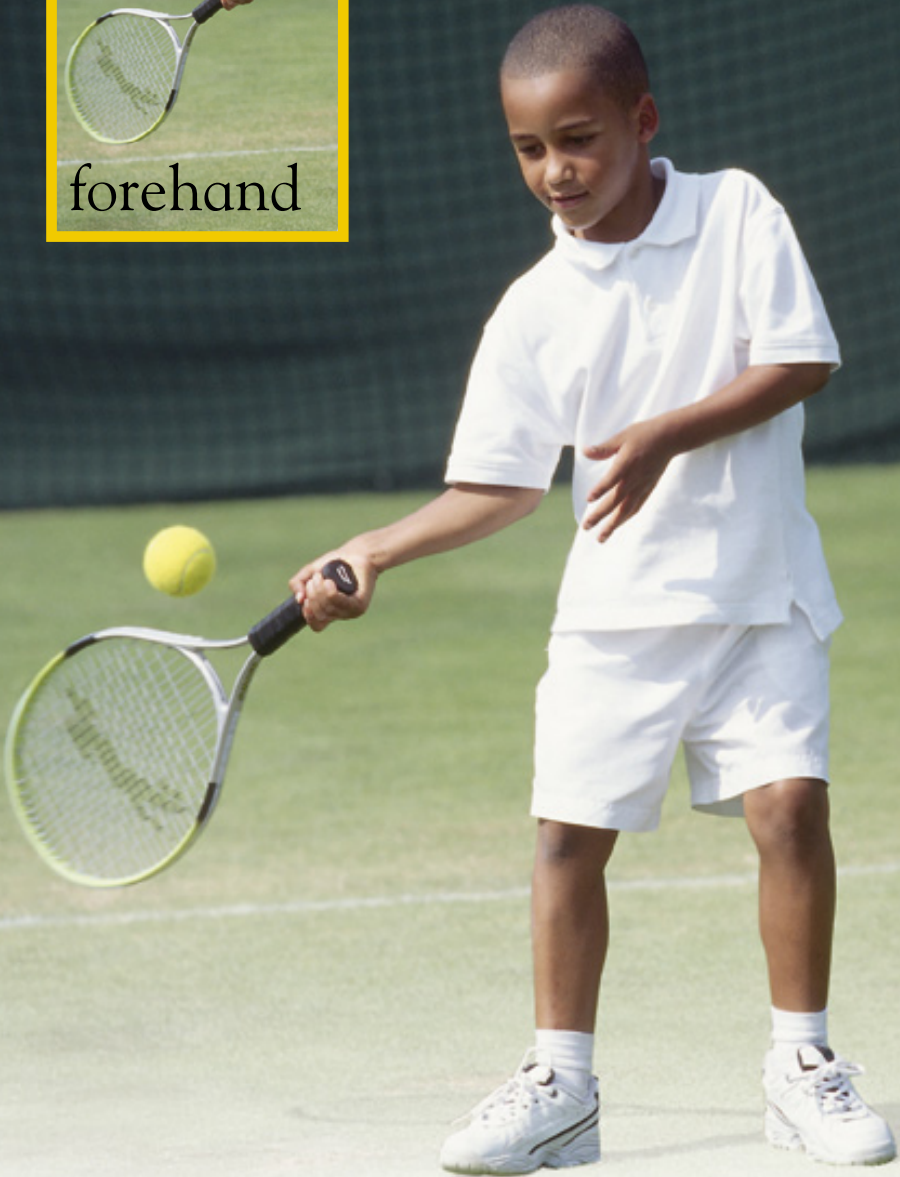
Dan bounced
some balls and
Helen tried to hit them
with her racket.



She missed
the first few
balls, but then
she hit one.



forehand



Nathan showed us how to hit a shot called the forehand.

He held his racket in one hand
and hit the ball after it bounced.



Then I tried to hit a forehand.
I was really happy when
I hit the ball.



Samuel is very good at doing the backhand. I watched him hit the ball.

It went a long way.



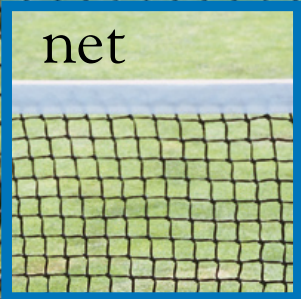
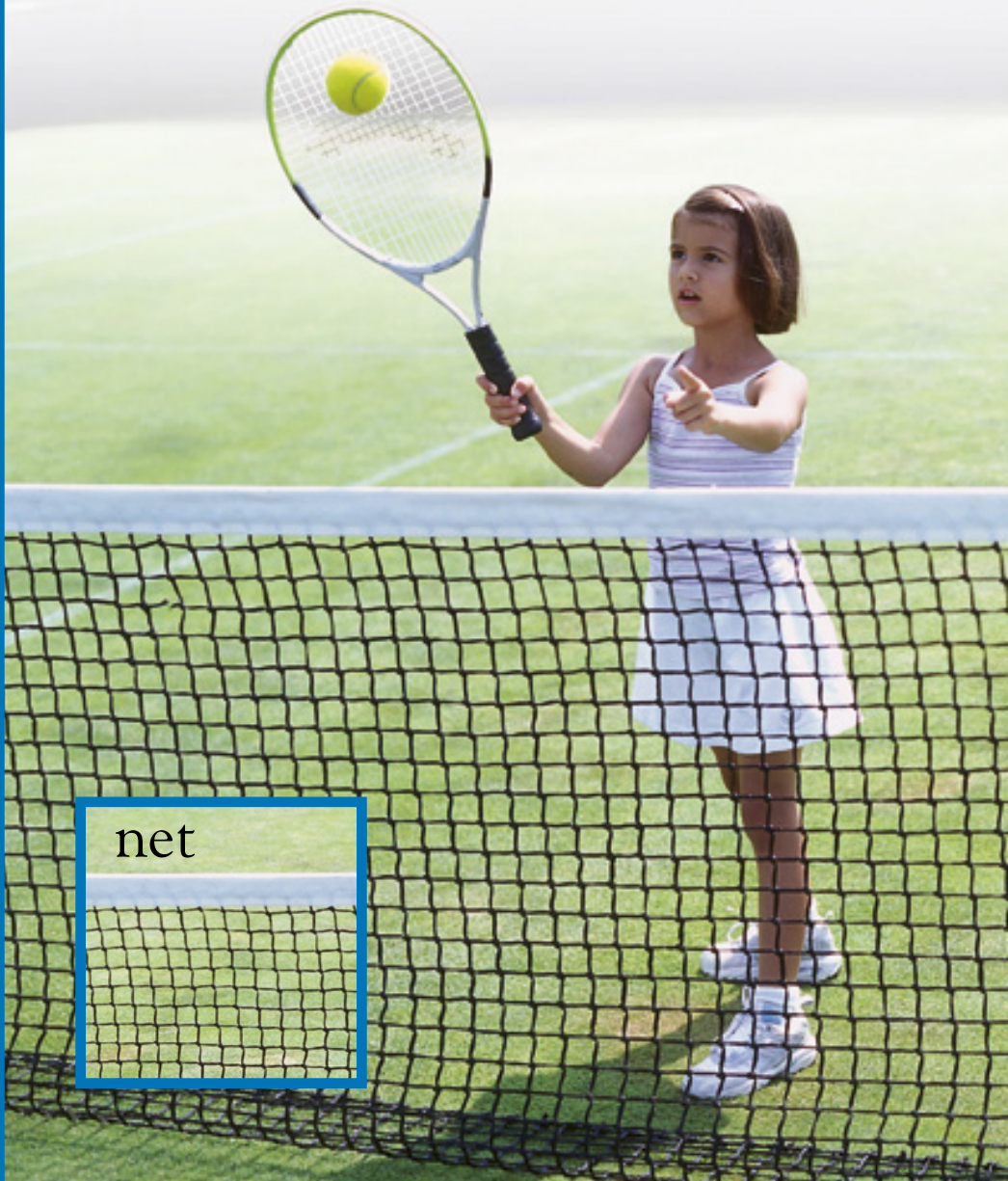


backhand

Dan said I could try
a backhand after
a few more lessons.
I can't wait!



Helen and I tried hitting the ball over the net before it bounced.



We held our rackets up high.
“Watch the ball!” called Dan.



At the end of the lesson,
Dan asked us some questions
about what we had learned.



We got all the answers right and
Dan said we could play
some games as a reward.





Dan pretended to be
a sleeping giant.



We had to creep up on him.
If he woke up and caught us
moving, we had to start again.

He nearly caught me, but
I stopped just in time!

I had so much fun
at my first tennis lesson.
I learned lots and made
some new friends too.



“You did really well!”
smiled Dan as we were
saying goodbye.

“See you next time!”



Picture word list



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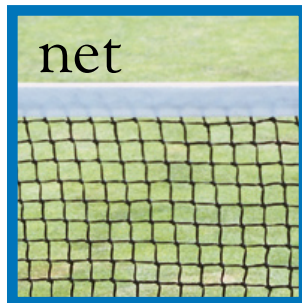
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A Note to Parents and Teachers

DK READERS is a compelling reading program for children, designed in conjunction with leading literacy experts, including Dr. Linda Gambrell, Professor of Education at Clemson University. Dr. Gambrell has served as President of the National Reading Conference, College Reading Association, and has recently been elected to serve as President of the International Reading Association.

Beautiful illustrations and superb full-color photographs combine with engaging, easy-to-read stories to offer a fresh approach to each subject in the series.

Each DK READER is guaranteed to capture a child's interest, while developing his or her reading skills, general knowledge, and love of reading.

The five levels of DK READERS are aimed at different reading abilities, enabling you to choose the books that are exactly right for your child:

Pre-level 1: Learning to read

Level 1: Beginning to read

Level 2: Beginning to read alone

Level 3: Reading alone

Level 4: Proficient readers

The “normal” age at which a child begins to read can be anywhere from three to eight years old, so these levels are only a general guideline.

No matter which level you select, you can be sure that you are helping your child learn to read, then read to learn!