



MELBOURNE, and DELHI



Written and edited by Fleur Star Designed by Janet Allis

Publishing manager Sue Leonard
Managing art editor Clare Shedden
Jacket design Chris Drew
Picture researcher Sarah Pownall
Production Luca Bazzoli
DTP Designer Almudena Díaz
Consultant Sandra Bell

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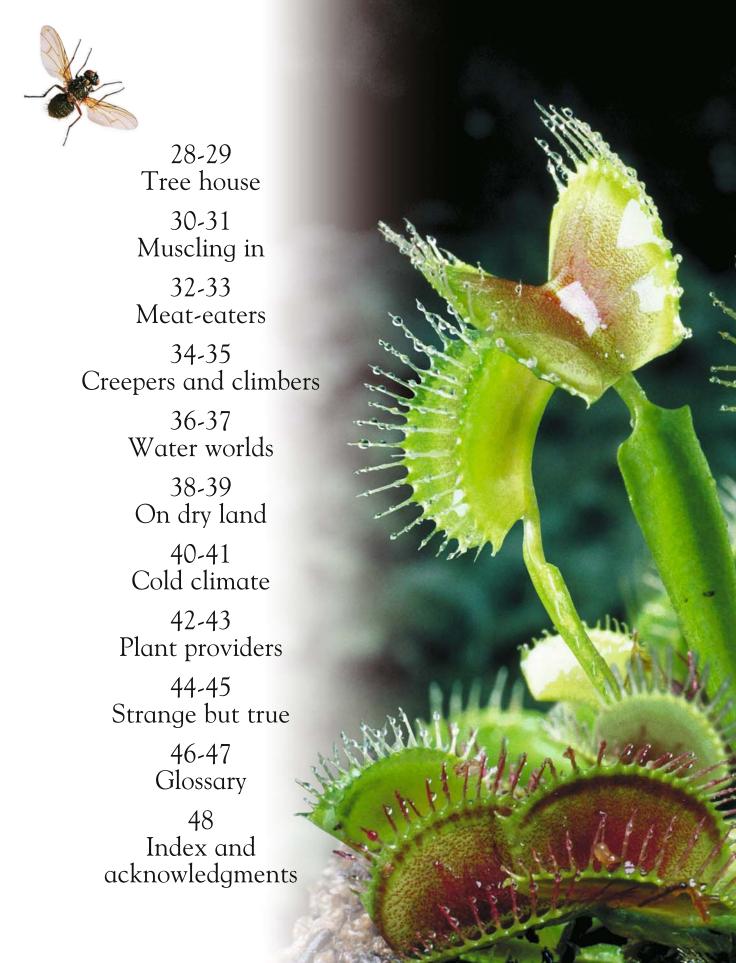
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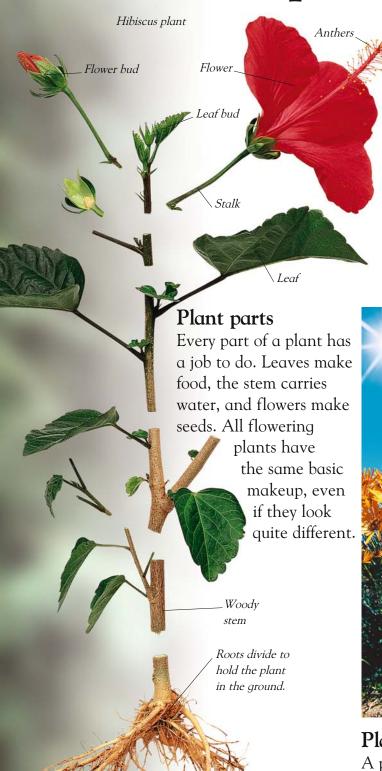
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## What is a plant?



Life on Earth is divided into plants, animals, and fungi. There are thought to be about 400,000 species of plants in the world. The first plants—algae, which live in water—appeared about 3 billion years ago.



#### Minerals from soil

### Plant needs

A plant needs four things to survive: sunlight, water, minerals, and air. Minerals come from the soil, while air provides the gases for breathing and photosynthesis (making food).



## Grow up!

A seed is a pocket-sized plant. It contains everything that a plant has: leaves, stems, and roots, plus food, or nutrients, for the time the plant is inside the seed. Some seeds can lie around for years waiting for the right conditions to grow.

### Inside story

To start growing, a seed needs air, water, and the right temperature.

The seed absorbs air and water, which makes it swell and split. Then the first root breaks through.

The first shoot is made up of the leaves and stem.

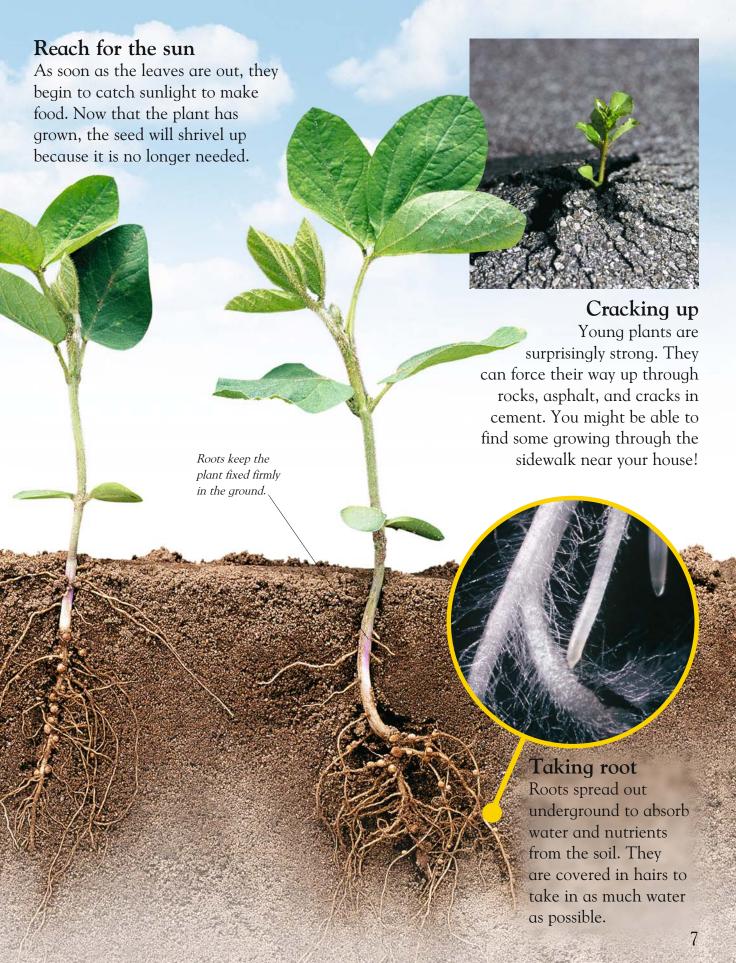
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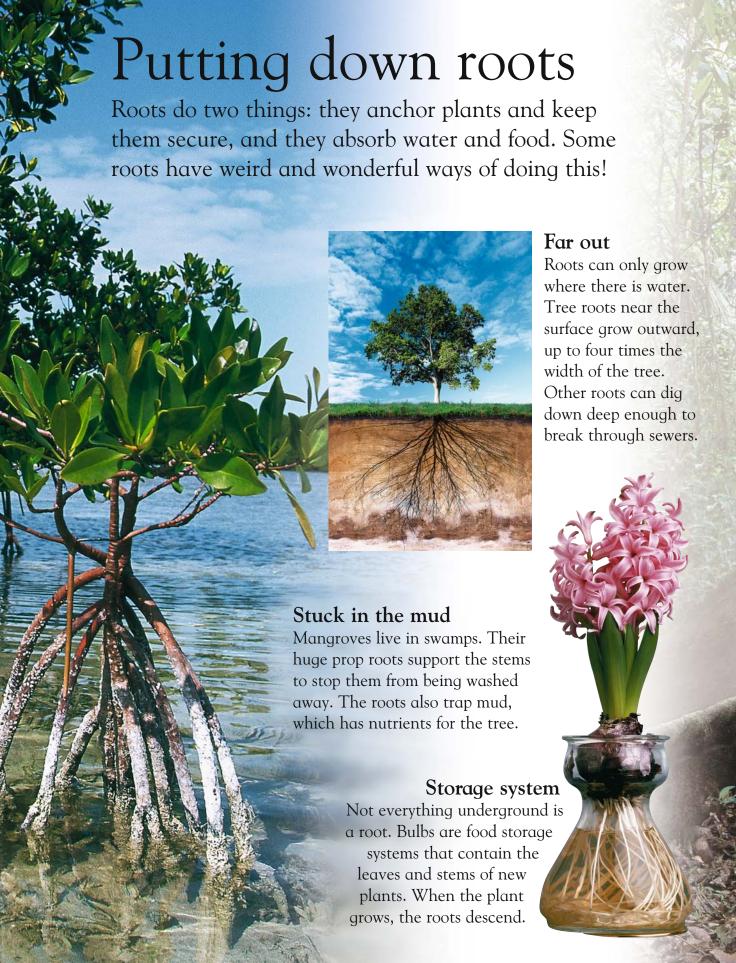
### Plant words

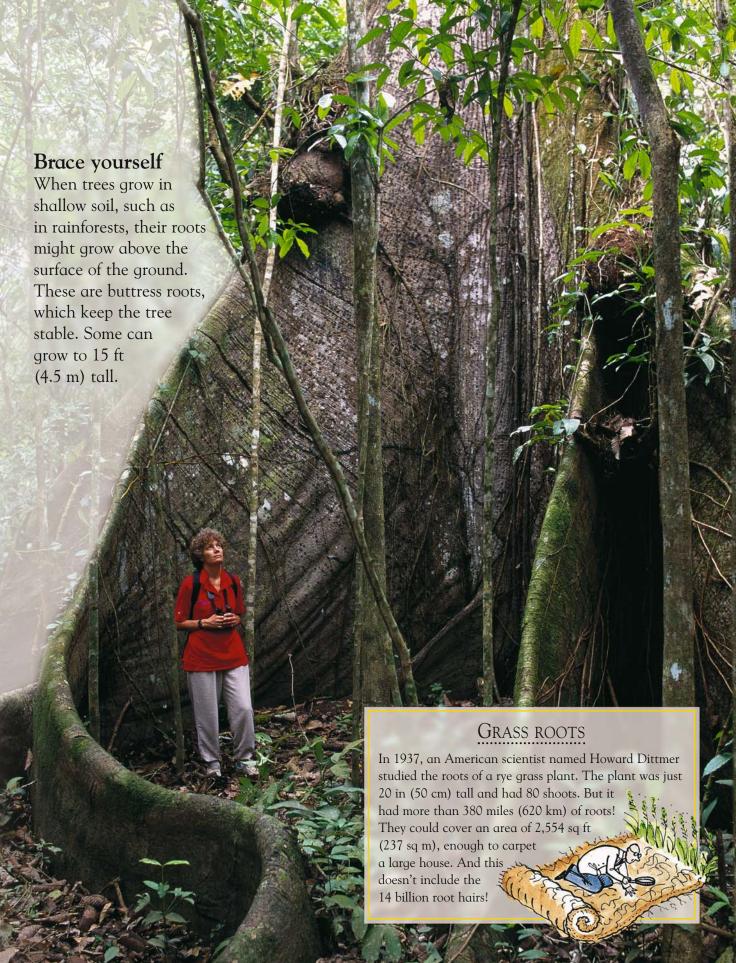
**sGerminate** When a seed starts growing into a plant.

**Root** The part of a plant that grows underground and absorbs water and nutrients.

**Shoot** Any part of a plant that grows above ground, such as the stem or leaves.



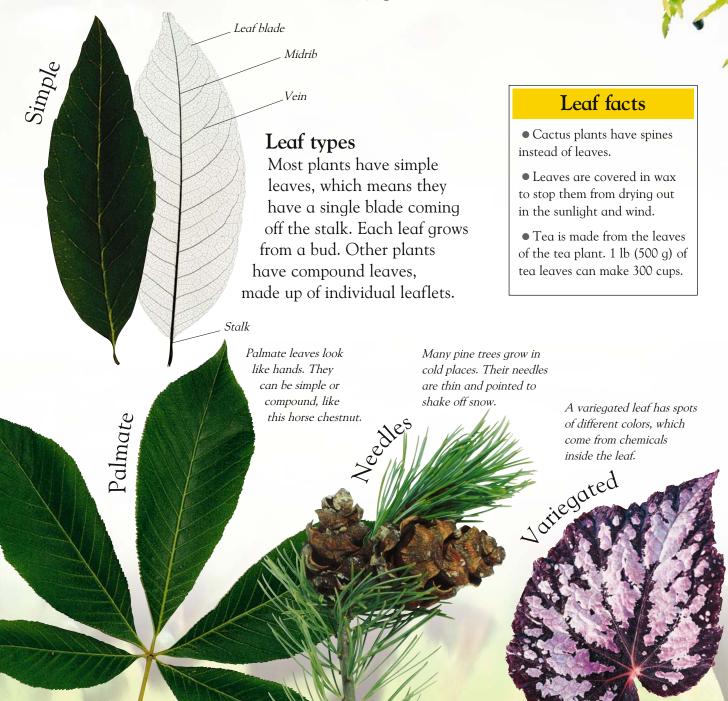




### Leaf it out

10

All leaves are made up of a blade on a stalk, but each different kind has it own shape, color, and way of growing. This is because plants have leaves that suit the environment in which they grow.





## Food factories

Plants are unique—they are the only living things that make their own food. This process is called photosynthesis, and it can only happen in the daytime because it uses sunlight.

### What's cooking?

Carbon dioxide Leaves take in sunlight, carbon dioxide (CO<sub>2</sub>) from the air, and water from the roots and mix them together using chlorophyll. This recipe makes glucose, a type of sugary plant food, and oxygen.

#### Air holes

The carbon dioxide used in photosynthesis is taken in through stomata, tiny holes on the surface of every leaf. They also "breathe out" any extra oxygen that the plant does not use for respiration.

### Leaf words

Photosynthesis The unique way plants make their own food.

Respiration How living things turn food into energy.

Chlorophyll A chemical found inside leaves that is used for photosynthesis.

Open stomata

Going green

Plants lose water and

gases from their leaves.

This close-up of a leaf shows green dots inside the cells.

> These are the stores of chlorophyll, and they give leaves their green color.



## Pollination

Watch a patch of flowers on a summer day and you will soon see a bee or a butterfly. Many flowers need these insects for pollination (the transfer of pollen from plant to plant).



Normal light

Ultraviolet light

### Take a close look

Pollination happens when pollen from one plant's anthers is carried to the stigma of another. The pollen then fertilizes an egg in the ovary, the first step in making a seed.

Anthei

### Landing lights

This flower looks plain yellow to us, but insects can see ultraviolet light. This reveals patterns on flowers called nectar guides. They point out exactly where the nectar is in the flower, leading insects straight to it.

### Pollination facts

- A honeybee may visit 10,000 flowers in one day.
- Bees account for 80 percent of all insect pollination.
- Some plants rely on one insect for pollination; others may be pollinated by several different insects.

Style

Ovary

Petal

Stigma



# Flower partners

Just as you might prefer one food to another, some animals will choose to drink nectar from certain plants. And these plants will try all kinds of tricks to attract their chosen pollinator.



Smelling right is as important as looking pretty.

### Bee mine

Bee orchids look and smell like female bees to attract male bees. There are around 130 types of bee orchids in Europe that impersonate different kinds of bees.



### Going batty

In the deserts of North America, long-nosed bats feed from century plants. The bat's thick fur picks up lots of pollen as it buries its head in the flower for a drink of nectar.

### Perfect pairs

- A carpenter bee buzzes at the right pitch to shake loose the pollen of a gentian flower.
- The dead-horse arum stinks of rotting meat to attract blowflies.
- Moths seek pale yellow or white flowers at night.

Fly-by feeder

Hummingbirds can access flowers that other birds cannot reach, because they are the only birds that can hover in midair. Flowers that need to attract birds are usually colored red.









Plants spread their seeds so they can grow in new places. This is called seed dispersal. It gives the seeds a chance to find sunlight, water, and food that are not already being used by the parent plant or by other seeds.

The pod pushes the seeds forward.

### A flying start

Impatiens are a group of garden plants sometimes called "touchme-nots." Their seed pods are ready to burst at the slightest touch. Seeds are flung out, although they don't travel far.



### Sticky situation

Have you ever let a pet dog run in fields? It might have come back with burs in its fur. Burs are seeds with sticky or spiky coats that grip animal fur, later falling off onto new ground.

### SPIT OUT THE SEEDS

The Mediterranean squirting cucumber has a messy method of seed dispersal. As it grows, each cucumber fruit fills with slime until there's no more room. Then, suddenly... POP! The fruit bursts, comes off its stalk, and flies through the air like a rocket for 20 ft (6 m), spraying slime and seeds

### Just passing through

Fruit is tasty and colorful to get animals to eat it. Animals swallow seeds with the fruit. When the seeds have passed through the animal, they are far away from the parent plant.

behind it





### On the menu

All life on Earth depends on plants. Even those animals that just eat meat, eat other animals that feed on plants. People have been growing plants for food for thousands of years.



### A cereal success story

Wheat is the world's most widely grown plant, found on every continent except Antarctica.

It is a type of grass called a cereal, which means it has seeds that can be made into flour. This group also includes oats, corn, and rice.

### Herbs and spices

An herb is any plant with a nonwoody stem, but what cooks call herbs are leaves or flowers of certain safe-to-eat plants.

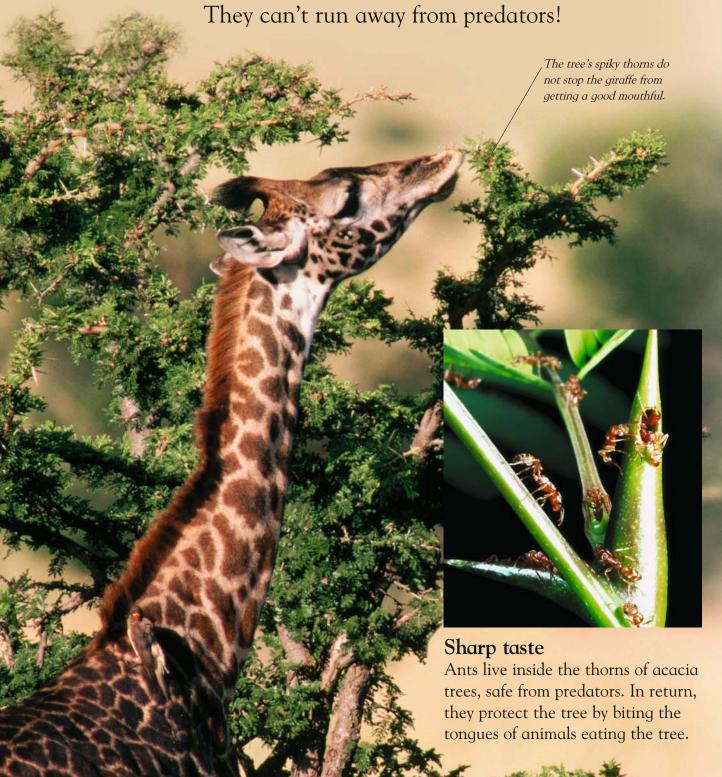
Spices, such as pepper, are made from around

seeds or bark.



# Plant protection

Plants have many ways to defend themselves from being trampled or eaten. Some have built-in protection, such as thorns. Other plants might form a partnership with animals.





Water collects here and insects can't climb out.



Spines, called bracts, protect the flower.

### Double defense

Teasels are well prepared for attack. Insects climbing up the stem will find spines, but if they head back down, they will drown in a leaf moat. This is the dip where two leaves meet, which fills with water when it rains.

### Spot the plant

Hidden among the stones in African deserts are small, round plants. They have dull patterns that act as camouflage. You can see why they're called living stones.



## Tree types

All trees fit into one of three categories, which are based on the shape of their leaves. They are broadleaved, needle-leaved, and palm.

But the dead cells of the tree trunk.

#### Broadleaved trees have a variety of leaf shapes. Oak leaves are lobed, which means they have rounded points.

### Growth rings

A tree grows by adding a layer of cells around its trunk. One layer is added every year. You can tell how old a tree was by counting the number of growth rings inside the trunk.

### Out for the summer

Broadleaved trees have flat. broad leaves. Most trees of this kind are deciduous. This means their leaves die in the winter and fall off.





### Tree house

Look closely at a mature European oak tree and you will find an amazing array of animals making their homes there. For some, food is also provided in the form of acorns.



### Baby food

A female acorn weevil uses her long snout to drill into an acorn before laying her eggs inside. When they hatch, the babies, or larvae, feed on the acorn.

### Bed and breakfast

An oak tree produces 90,000 acorns a year. They are eaten by forest animals, but wood pigeons are the greediest: they can stuff 70 acorns into their throat.

### Tree house facts

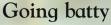
The oak tree holds the European record for the most number of animals living in a tree. It is home to

- 30 species of birds
- 200 species of moths
- thousands of insects

### Rabbit run

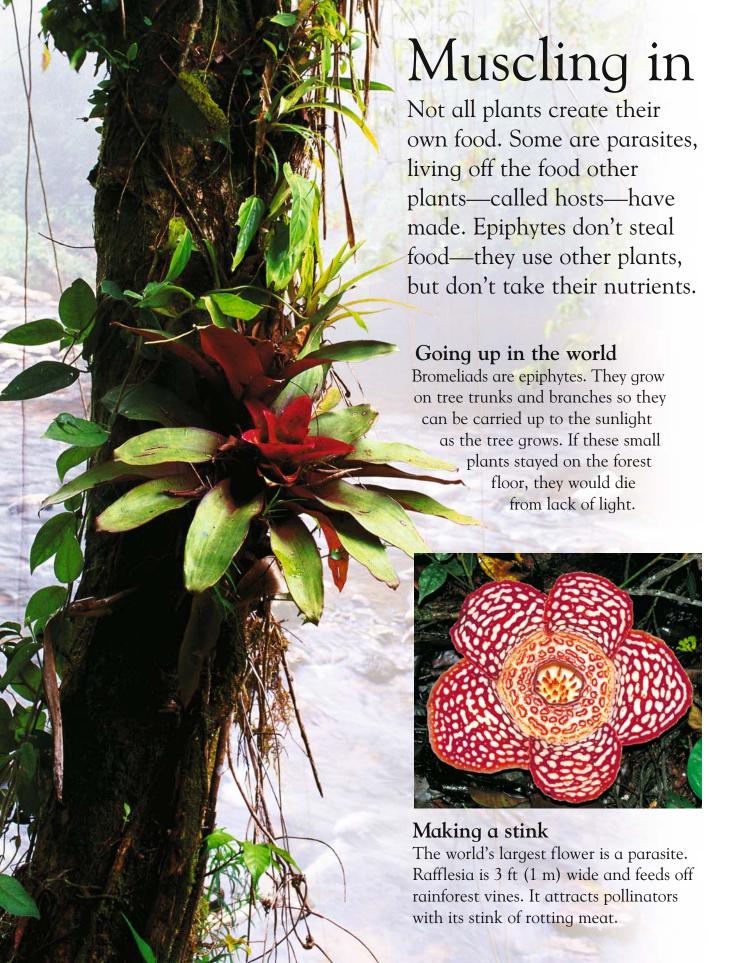
Down among the roots of the oak, there is a network of underground tunnels, which form a rabbit warren.

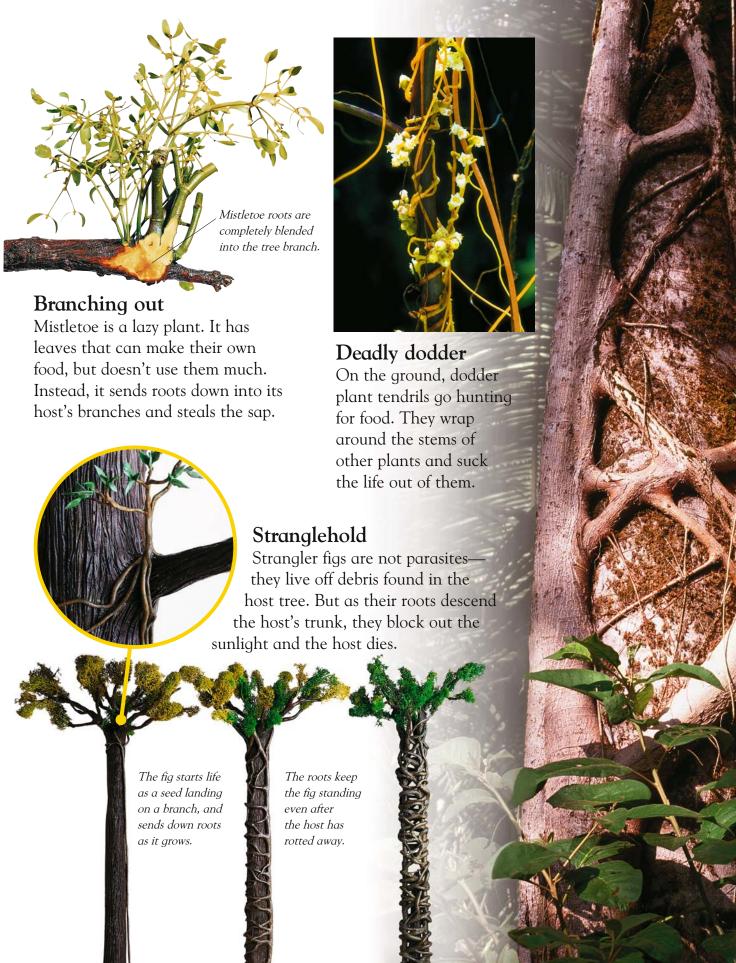
The soil here is easy to dig.

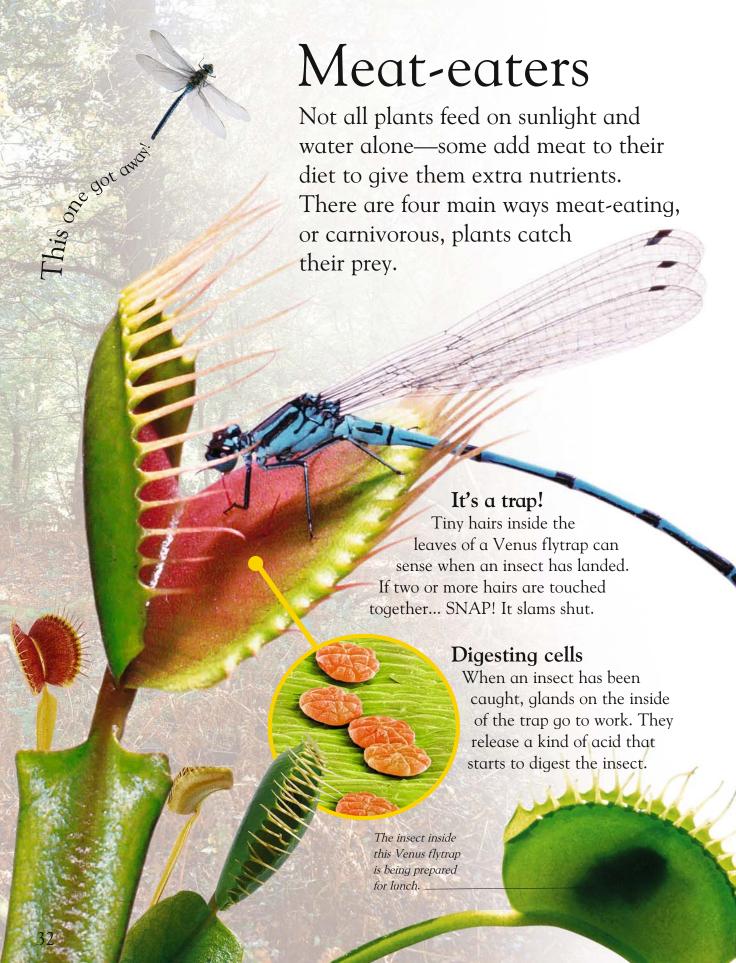


Bats' favorite roosts are in dark, hidden places where they can shelter during the daytime. Hollows inside tree trunks and rotten boughs are ideal. In some countries, bats prefer to live in trees.



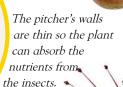






### Slippery pitch

The pitcher plant can catch lots of insects inside its huge leaves. The insects can't climb out of the waxy leaves, and they drown in the liquid at the bottom of the deep pit.



The rim of the pitcher is colored to attract insects—and slippery so they fall in.

they fall in.

The sundew acts just like Thypaper.

### Meaty facts

- Most carnivorous plants live in marshy areas where the soil alone does not provide enough nutrients.
- The biggest carnivorous plant—a kind of pitcher—has vines up to 33 ft (10 m) long. It can catch frogs!

### Sticky business

An unfortunate fly lands for a moment on a sundew flytrap... and remains stuck fast. The leaves are covered in sticky hairs that trap the insect, ready for eating later.

A MARIE TO THE

There is no way a fly can free itself from the many sticky hairs.



### Tiny trapdoors

When prey floats past this underwater bladderwort, the bladders on the leaves quickly open, like a mouth, sucking the insect inside. It takes one-thousandth of a second to trap the prey.

The leaf curls around the fly to bring it toward the digestion cells

Any bits of fly that the plant doesn't digest are left stuck to the leaf.





Climbing plants—also called creepers grow by wrapping themselves around supports. They are strong and can push their way into all kinds of places, sometimes damaging the very thing that supports them.

### Leaf climbers

Clematis plants use their leaves to climb. The leaf stalk twists around a thin support, such as a stem of another plant. The other plant does all the hard work of standing upright.

Curly tendrils on climbing plants

### Reach out

This climbing plant has curly tendrils growing from its stem. These act like hands, reaching out for a surface to wrap around. Tendrils grow straight but curl up so they can pull the plant upright.



### Champion climber

Stem climbers, such as morning glory, can climb over anything.

They are able to wrap their stems around larger objects than tendrils or leaf stalks can, including tree trunks.

can s t r - e - t - c h

a long way.

### Climbing facts

- Honeysuckle, a stem climber, can kill trees by wrapping too tightly around their trunks.
- Climbing roses aren't actually climbers—they just lean on their supports and hang on using their thorns.

### Getting a grip

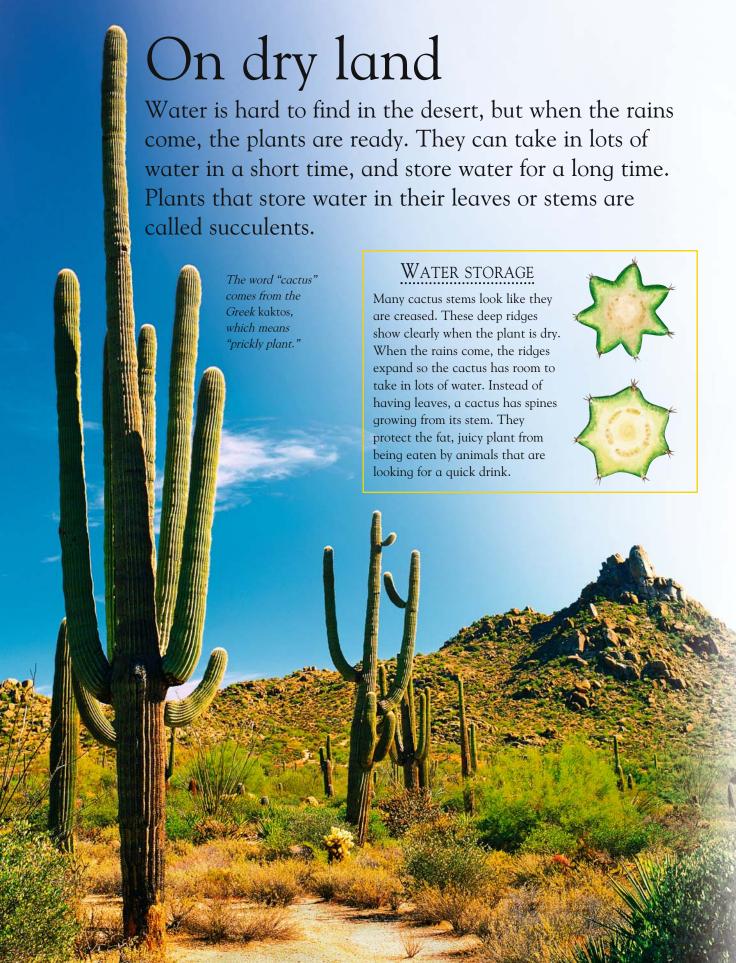
These strange-looking fingers growing from ivy stems are roots.

They are slightly sticky and

can grip almost any surface.
It is easy for ivy to cover whole houses, worming its roots into the bricks.











#### Is it dead or alive?

Not all plants store enough water to get through the dry season. Dried resurrection plants curl into a ball, pull up their roots from the ground, and get blown by the wind to a place where they may find water and come back to life.

### A flash of color

Deserts are not always dry.
There is a short spring season that brings heavy rains. Plants that live here are ready to germinate and flower very quickly—the season lasts just three weeks.



This funny-looking tree is called a pachypodium, which means "thick foot."

Its bottle-shaped trunk is fat and swollen with stored water.



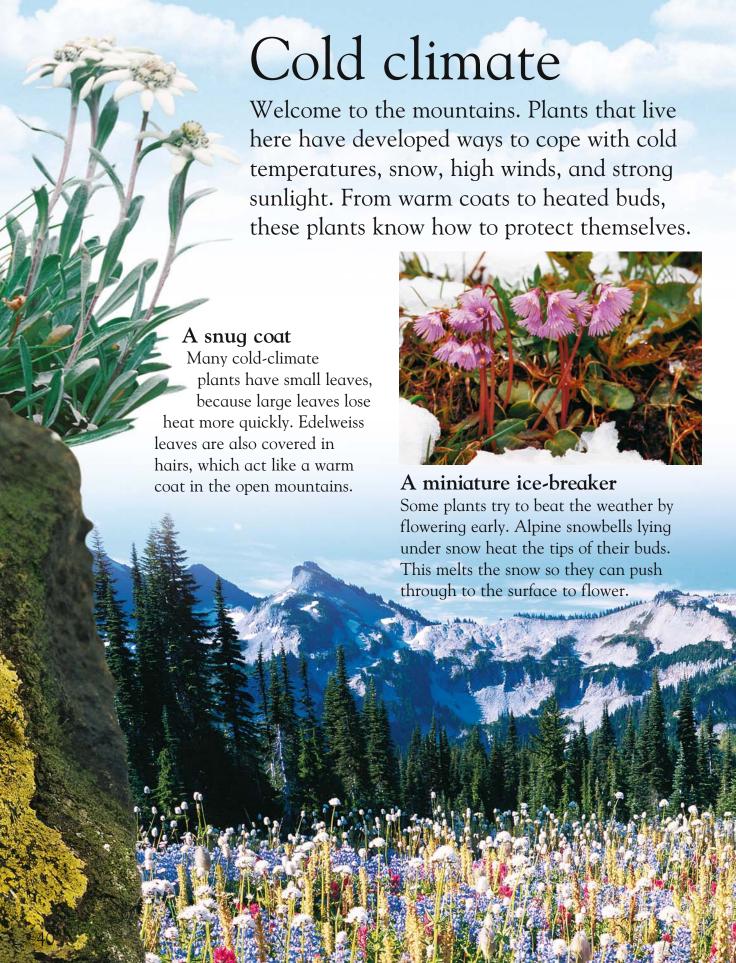
### Hairy sunscreen

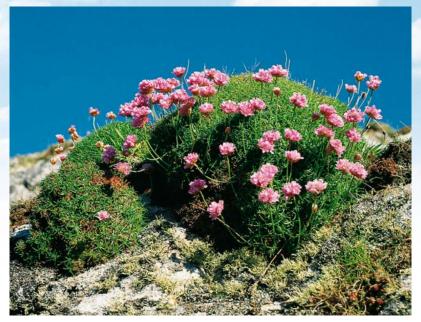
The hairy white spines of these cacti reflect the strong heat of the desert sun. This built-in sunscreen stops the plant drying out.

### It's full of water

Juicy, fleshy, waxy leaves are the sign of most succulents. This is where the plant stores its water. The waxy coating stops water from evaporating from the leaves.







### Don't sit on me!

Alpine plants grow low to the ground to avoid ferocious winds. Some, called cushion plants, even grow huddled together for warmth. They look like huge pillows scattered on the ground. Up to a million plants can grow in one clump.



### A bad hair day?

Saussurea plants have taken the idea of a fur coat to the extreme. The pink fluff is not its flower, but hair on the leaves. On some plants, hair reflects the harsh sunlight, stopping it from burning the plant.



## Plant providers

Is your table made from wood? Are your clothes made from cotton? Plants provide us with lots of everyday items, from the houses in which we live to the pages of this book.

### Spin a yarn

Linen is made from a plant called flax, one of the first plants grown by people just to be used. Flax fibers are spun to make threads, which are woven into material.

### Use it all up This entire house has

been made from palm trees. The trunk gives lumber for the frame and walls, and the leaves are used as thatch. Palm fruit, coconut, is also used for food, milk, and oil. Even the hair on the coconut shell is turned into mats.



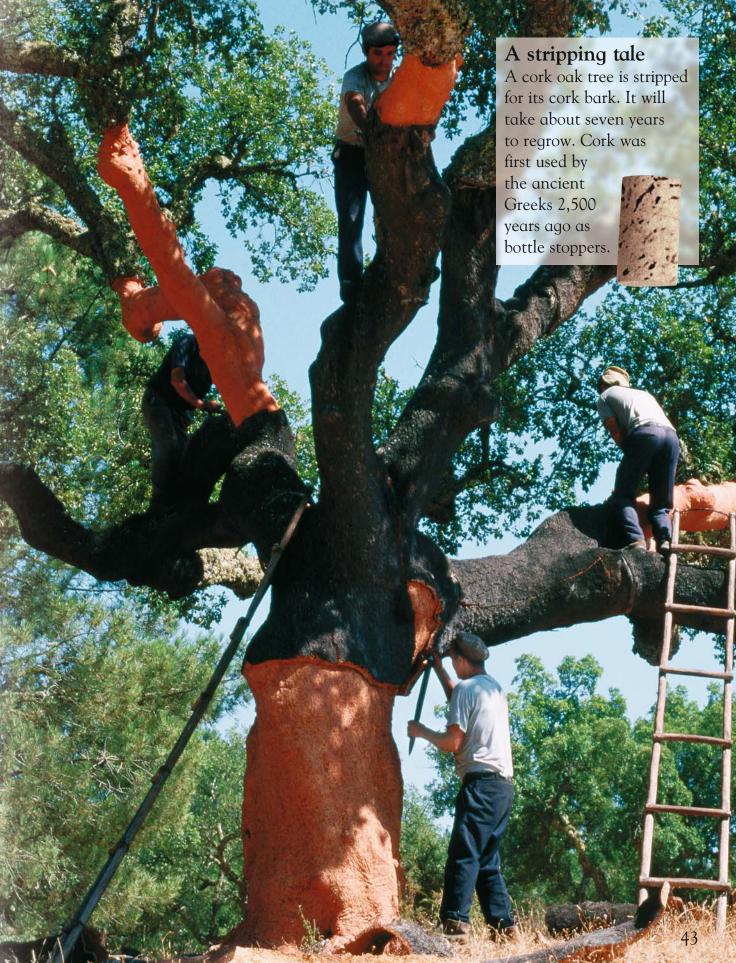
### Bamboo bounty

Bamboo is possibly the most useful plant of all, and is especially popular in Asia. Its strong, tube-shaped stems have dozens of uses, from furniture and water pipes to hats.



#### On a roll

Imagine a world with no paper. No books, boxes, or even tissues, which are all made from mashed-up wood chips. If you grew a tree to make the amount of paper you used every year, it would be 100 ft (30 m) tall.







### Glossary

Here are the meanings of some words it is useful to know when you are learning about plants.

**Anther** the part of a flower that makes pollen.

**Blade** the flat surface of a leaf, which is used to catch sunlight for photosynthesis.

**Bur** a seed with a sticky or spiky case.

**Canopy** the branches and leaves of a tree.

**Carnivore** an animal or plant that eats meat.

Chlorophyll the green chemical in a leaf that absorbs sunlight to make food.

**Epiphyte** a plant that grows on another plant, but does not take its food or water.

Floret a small flower that makes up part of a larger flower.

Flower the part of a plant that makes seeds and fruit.

**Fruit** the part of a plant that protects fertilized seeds.

**Germinate** when a seed starts to grow into a plant.

Glucose the sugary food a plant makes for itself during photosynthesis.

Leaf the part of a plant that makes food.

Leaflet a small leaf that is part of a compound leaf.

Minerals substances that are found naturally in soil, which a plant needs to grow.

**Nectar** sweet syrup that flowers make to attract pollinators.

Nectar guides patterns on flowers that guide insects toward the nectar.

**Nutrients** the useful bits found in food, which animals and plants need to stay healthy.



Ovary the part of a flower that houses the seeds.

**Parasite** a plant that takes the food and water of another plant.

Photosynthesis the way that a plant makes its own food, using sunlight, water, and carbon dioxide.

**Pollen** very fine grains that a plant uses to start reproduction.

**Pollination** the process of moving pollen from one flower to another in order to reproduce.

**Predator** an animal that hunts plants or other animals for food.

**Proboscis** the long nose of an insect, which can reach into flowers to suck up nectar.

Reproduction how a plant or animal makes another plant or animals, using seeds or eggs. Respiration how living things turn food into energy, using oxygen.

Root the part of a plant that grows underground, anchoring the plant and taking in water and minerals.

Runner a plant stem that runs along the ground and grows new plants by sending out roots.

**Seed** a case that contains everything needed to grow a new plant, plus food.

Shoot any part of a plant that grows above the ground.

**Species** a group of animals or plants that share the same features, and can breed with each other.

**Spore** the "seed" of a non-flowering plant.

**Stem** usually the main part of a plant, on which leaves grow. Stems carry water and food around the plant.

**Stigma** the part of a flower that receives pollen during pollination.

Stomata tiny pores in a leaf that open to let gases pass in and out.

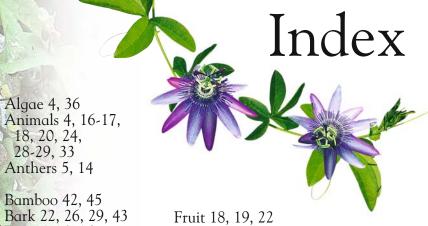
**Succulent** a plant that stores water in its leaves or stems.

**Tendril** the part of a stem that some climbing plants use to reach out for supports.

**Tuber** part of a root that has become a food store for the plant. It is usually lumpy.

Vegetable a plant or part of a plant that we can eat. Many vegetables are actually fruits.





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# Plant

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Consultant Sandra Bell is a horticulturist at the Royal Botanic Gardens in Kew, England.

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