

Open your eyes to a world of discovery









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A mammal, not a fish

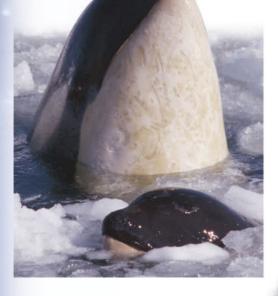
All of the animals on these pages are able to glide through the water, but they are not fish. They are warm-blooded mammals, just like us. They have lungs, not gills, and must come to the surface to breathe air.

Breathe in

Whales and dolphins draw air into their lungs through a blowhole, not through their mouths. The blowhole is positioned on top of their heads.

We like milk! Baby sea lions, like all mammals, suckle their mother's milk. The nipples are hidden in slits on the mother's tummy. The rich milk is about 50 percent fat.

Whale's milk is about 10 times richer in fat than cow's milk.



Helping hair

Seals and sea lions have sensitive whiskers, which help them to find their food because they pick up on movement under the water.



Blubber for warmth

Many whales, dolphins, and seals live in icy places. Under the skin, a thick, oily fat called blubber protects them from the cold. n the cold. A baby seal's white fur helps to hide it.

Sea lion's milk is as thick as mayonnaise. A pup will suckle for up to a year.

As it dives, a seal expels all the air from its lungs.

Taking a breath

Because they are mammals, whales, dolphins, and seals all have to come to the surface to breathe. How long they stay underwater after taking a breath varies from a few minutes to about two hours, depending on the species.

Some seal species can dive to depths of more than 3,000 ft (900 m).



Strong muscles around the blowhole close it before the animal dives.

...or two

Baleen whales, such as the humpback, have two blowholes. The skin around the blowhole is very sensitive, so the whale knows when it is clear of the water and it is safe to open it.

One hole...

A whale's blowhole—a muscular opening that leads to the animal's lungs—is positioned on the top of its head. Toothed whales, such as orcas, belugas, and dolphins, have only one blowhole.



Going down empty

A seal is unusual because it breathes out as it dives, closing its nostrils and blocking its windpipe so that it dives with empty lungs. Oxygen from the air has already entered its blood supply and is feeding its brain and muscles.

A seal might stay underwater for about 70 minutes.

"Thar she blows!"

When a whale surfaces, it breathes out rapidly producing a "blow" or "spout," which is a spray of seawater. A large whale's blow can be up to 13 ft (4 m) high and can be seen several miles away.

> In the 1800s, whalers could recognize the type of whale by the height and direction of its blow.

Air facts

• A humpback can hold its breath for 30 minutes, but will usually surface every 4-10 minutes.

• Sperm whales stay under for up to 75 minutes.

Swift swimmers

Whales are the sprinters of the seas, using their tails to power forward. Unlike land mammals, different whales share the same basic shape. It's the best shape for cruising through the water. The dorsal fin helps to stop a whale from rolling in the water.



Dolphins live in schools of up to 1,000 animals. They twist and turn continually to avoid collisions.

Let's play

Dolphins have lots of fun riding the bow waves of boats and ships, or swimming in the frothy wake, jostling for position.

Built for speed

Orcas are the fastest of all sea mammals, but most whales are pretty swift swimmers. Their torpedo-shaped bodies are perfect for cutting through the water.

A short, stiff neck helps the whale to swim fast.

Different species of whale have differently shaped beaks. Some have no beak at all.

A stiff neck?

Some whales, such as the orca, cannot turn their heads from side to side because their neck bones are fused together. This is a useful adaptation to life in the water and allows the whale to reach high speeds.

> A whale's front flippers, or forelimbs, are used to change direction.

Left a bit, right a bit...

The large front flippers help to control direction. A dolphin shows how effective this is when picking off small fish from a large shoal.

A whale's tail moves up and down to push the animal through the water, unlike a fish, whose tail moves from side to side.

A streamlined body helps the whale to swim. Jp, dr

Powerful muscles tighten and relax to pull the tail up and down.



What a leap! The sheer power of the tail's muscle is shown by the fact that many whales and dolphins can launch themselves out of the water.

A great tail

A whale's tail is made up of two tail flukes, or sections, that are joined at the center. Unlike a fish's tail, a whale's tail lies flat. This is the whale's "propeller," which forces it forward.



Listen up!

A whale will sometimes slap its tail flukes against the water's surface. It is thought that this may be a form of communication.

A whale's skin feels as smooth and rubbery as a hard-boiled egg.

Flying through the water

A whale's tail flukes are thicker at the front than the back, just like an aircraft's wing. It helps the flukes to slide through the water.

It's all in the tail

Humpback whales have special markings under their flukes. Since every humpback is different, scientists can recognize individual whales.

The blue whale's tail shows how perfectly streamlined these creatures are.



A whale's tail is full of tiny blood vessels which help to cool the animal down. Muscle power Most of the back third of a whale's body is made up of muscle. The muscle is connected to the backbone.



1

Dancing dolphins

Dolphins form spectacular displays as they leap out of the water. They are often friendly to humans and can be incredibly nosy. There are about 26 different types, or species. One way of identifying different species is through their markings.

> The dolphins take a breath as they leap out of the water, but continue to swim forward. This leap-swim action is called "porpoising."



Boutenose dolphins com reap Boutenose dolphins into the air. Boutenose dolphins into the air. A friend to all

Bottlenose dolphins are one of the best-known of all dolphins, and there are many stories of them helping people in trouble.

A porpoise, not a dolphin

There are six different types of porpoise—this is the harbor porpoise. Porpoises are very shy and, unlike dolphins, tend to swim alone. Their heads are blunt, with no beak.





Spot those spots

Spotted dolphins are born without spots, but develop them as they grow. They appear first on the newborn dolphin's belly, and spread up.

The beak champion

River dolphins have surprisingly long beaks and, unlike many whales, can turn their heads. Both these features help them to poke around on the riverbed for food.

A river dolphin has tiny eyes and finds its way using echolocation.

Scarred for life

It's easy to identify a Risso's dolphin—it is covered in white scars. The scars are caused by fights with other Risso's dolphins.

Risso's is one of the few dolphins with a blunt head.



Teeth

Whales can be split into those that have teeth (toothed whales), and those that don't (baleen whales). Toothed whales, such as the sperm whale or the dolphin, have simple, peglike teeth that are all the same shape. A bottlenose dolphin has between A bottlenose dolphin in its top and bottom jaws.

A sperm whale's tooth can weigh over 2 lbs (1 kg). That's more than double the weight of this book!

A full set?

A dolphin's teeth grow in a single row on the upper and lower jaw. It has the same set for life, so if a tooth is lost, it will not be replaced.

......

and the second s

Whose teeth?

A sperm whate only T

All the better to eat you

A seal doesn't chew. It uses its teeth to arasp and bite, and it will swallow its prey whole. Seals hunt and eat in water.



Not all the same

Seals and sea lions have a range of different teeth, just like us. This crabeater seal shows its incisors, canines, and jagged cheek teeth (which are adapted premolars and molars).

Canine tooth

How old?

It is possible to tell the age of some whales and seals by looking at crosssections of their teeth. Just like a tree, one ring means one year of growth.



Big appetite, small food

Despite their size, the whales that filter food eat enormous quantities of

A humpback whale's baleen is about 40 in (100 cm) in length.

The filter feeders

Some of the largest whales have no teeth. Instead they filter their food from the sea through fringed brushes called baleen plates that hang down inside their mouths.

In the groove

Some filter feeders, such as these humpbacks, have throat grooves. These allow their mouths and throats to expand to take in tons of water.

> The whales take huge gulps of seawater and food, then sieve out the food.

A big brush

Baleen plates grow in rows from the upper jaw. The stiff hairs act as a filter.

Bubble nets

One way that humpbacks catch their food is by releasing air to make bubble nets. These air cages trap fish and plankton.



Filter facts

• Before birth, baleen whales have tiny tooth buds, but these never develop into teeth.

 Baleen is made of keratin, the same material as human fingernails!

• Just like your fingernails, baleen is constantly growing.

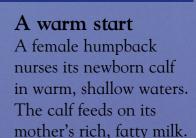
Family life

Adult whales and dolphins make protective parents when it comes to the safety of their young. Many travel around in Sperm whate mothers and calves form large nursery "schools." close-knit families called pods and prefer to do their feeding in social groups.

Female sperm whales live together in big groups with their young calves. When the mother dives to seek food, another female will baby-sit the calf and protect it from sharks or killer whales.

Join the club The relationships built between orcas from the same pod last for life. They hunt together, sharing the winnings, and care for each other's young, sick, or injured.





Whale facts

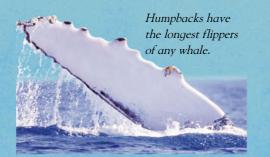
• Humpback whale calves may grow as quickly as 1.5 ft (0.5 m) every month.

• If a baby dolphin strays too far from the mother, she may "punish" it by trapping the infant between her flippers for just a few seconds.

Sperm whale calves are born tail first.

Always close to home A newborn dolphin is nursed by its mother for as long as a year and a half. During this time, the baby hardly ever leaves its mother's side.

Spern whales can live for 70 years.

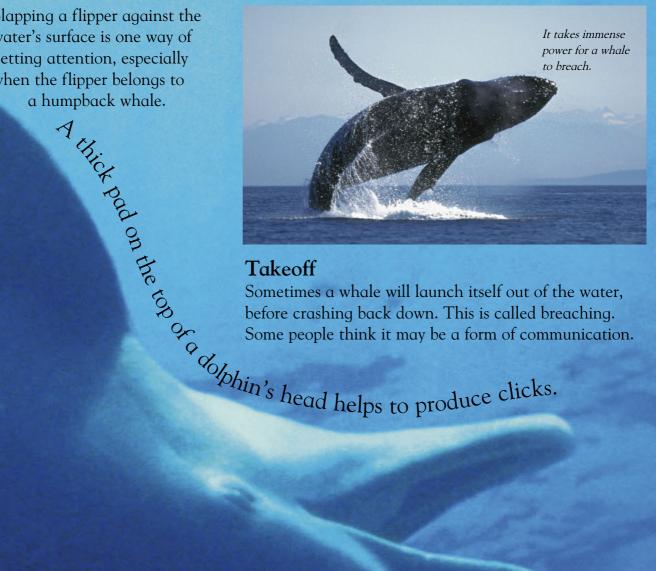


I'm here!

Slapping a flipper against the water's surface is one way of getting attention, especially when the flipper belongs to a humpback whale.

Communication

Listen to a pod of whales, and you will hear a lot of clicking and whistling. It's their way of "talking." There are other ways that whales and dolphins "talk."



Sometimes a whale will launch itself out of the water, before crashing back down. This is called breaching. Some people think it may be a form of communication.



Bubble soup

The bubbles are a sign that this male humpback whale has found a female. The males also sing. Scientists believe that the sound helps them to find a mate.

A big argument

It's not unusual to see a pair of dolphins "chattering" away to each other, mouths open. A confrontation like this usually means an argument.

These clicks help a dolphin to find things. It's called echolocation.

I see you

Some whales will rise up slowly to peep above the water's surface. This is called spy hopping. It shows just how curious many whales are about the world above the water.



A WHALE IN SPACE

A recording of humpback whale songs was put aboard the Voyager space probe

in 1977 as a greeting from Earth. The songs are the most complex in the animal kingdom.



On the move

Many whales move, or migrate, to find food or to find a mate. Some make amazing journeys, traveling thousands of miles. This map shows some of the journeys that they make.

Which way?

Whales use ocean currents, Earth's magnetic field, the seabed, and the position of the Sun to help them find their way.

ARCTIO

Gray whales

One of the longest journeys of any mammal is made by the gray whale: this whale makes a round trip of more than 12,000 miles (20,000 km).

> Many sperm whale migrations happen because they are following their favorite food, squid. Where the squid go, the whales follow.

ANTARCTIC

Sperm whales

Male sperm whales spend most of the year in icy polar seas. They head to the tropics to find females, who tend to stay in warmer waters.

Narwhals

Narwhals live in Arctic seas. Their movements follow shifts and breakups in the Arctic pack ice, which depend on the season.

Hot or cold?

When numbers on the nove they swim close to the surface. The pink band shows the warmest parts of the Earththe area around the equator. The Arctic and Antarctic the poles—are the coldest.

Humpback whales

Like the gray whale, humpbacks migrate huge distances. They feed in polar seas (the map shows two Antarctic populations) and move to warmer seas to mate and give birth.

When migrating, many whales may go without food for three, four, or even five months.

JONAH AND THE WHALE

The Bible tells the story of Jonah, who spent three days inside a whale. An adult human could easily fit inside a whale's



A hateen whates is far larger than that of a toothed whole. The blue whale's massive jawbones are sometimes erected as arches. Here they frame a doorway of a popular fisheries museum in Nova Scotia, Canada.

A peek inside

Whale bones are more porous than our bones and contain a lot of oil. Oil floats in water, so the huge quantities inside a whale help its buoyancy, or ability to float, in water.

Bone facts

• Whale bones are often displayed in museums to help people see what they look like and how big they are.

• Whale bones don't carry the weight of the whale; the water does that.

• The oil makes whale bones smell as they dry out.

Hidden protection

Just like a human skeleton, a whale's skeleton has a backbone and a long, slender rib cage that protects the delicate internal organs.

Orca skeleton

20000

Is it a dog? A seal's skeleton is more like a dog's than a whale's. It even has hind limb bones in its tail flipper.

Finger bones

A whale has a shoulder blade, or scapula.

> Human shoulder blade

A ball and-socket ioint allows allaround movement.

Human bones

Compare a whale's flipper with a human's arm bones. Both have the same bones, but they are shaped differently.

Elephant seal skeleton

Strong flippers The bones in a whale's flipper are short and strong for efficient steering. A whale has finger bones

Finger bones

The wolf of the sea

The orca, or killer whale, is sometimes known as the wolf of the sea because it is such a powerful hunter. It hunts all kinds of prey, including small fish, squid, penguins, and sea lions. It will even attack young blue whales. A large male's dorsal fin can be as tall as an adult human being.

Orcas, like other

Orca facts

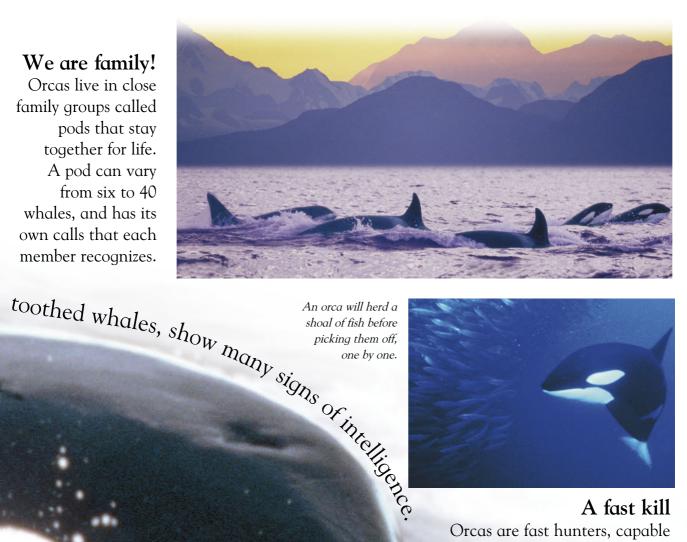
• Orcas are the largest members of the dolphin family.

• Female orcas live longer than males. They can live for 90 years. The males live for between 50 and 60 years.

• Orcas will knock ice floes to try and tip seals into the water.

The orca strikes so quickly that the sea lions are taken by surprise.

We are family! Orcas live in close family groups called pods that stay together for life. A pod can vary from six to 40 whales, and has its own calls that each





A fast kill

Orcas are fast hunters, capable of reaching 30 mph (48 kph) when chasing prey. They will pick out fish, one by one, from a shoal, eating around 550 lbs (250 kg) of food a day.

Shore attack

One population of orcas in Argentina has learned to beach themselves in order to grab an unwary sea lion; they then wriggle back into the sea. The skill is passed from one generation of orcas to the next.

Deep divers

Sperm whales are incredible divers. Having taken a breath, they head to the murky ocean floor in search of giant squid. A full-grown adult male will eat more than a ton of squid each day.

Going down

A sperm whale is able to dive as deep as 1.5 miles (2.5 km), though most dives are to about 1,200 ft (360 m). 28 A full-grown sperm whale is able to hold its breath for about 75 minutes.

What a big head!

The sperm whale's huge head is filled with oil. In the 1800s, sperm whales were hunted almost to extinction for this oil. The head can contain an amazing 500 gallons (1,900 liters)!

> A giant squid may be 60 ft (19 m) long and have eyes the size of dinner plates.



sized scars on their heads from the suckers of the giant squid.

Giant squid

Sperm whales often carry lots of eqq-cup

Eye spy

The eye is tiny in proportion to the whale. Yet it is linked to the largest brain of any animal.

MOBY DICK

The most famous sperm whale of all is Moby Dick, a rare white whale in a book by Herman Melville. This exciting story follows a sailor who hunts a whale after losing his leg to it.

The gentle giant

Meet the largest animal alive todaythe blue whale. This animal is so large that a bull elephant (the largest living land animal) could sit on its tongue. Other whales look tiny by comparison.

Blue whale facts

 Blue whales have been known to reach the age of 80.

• An adult blue whale is protected by a layer of blubber that, in places, is as thick as an open page from this book.

• The whale can swim 10 times faster than you can walk.

How big?

Everything about this whale is big. Its flippers would stretch from the floor to the ceiling of your bedroom, while its heart is the size of a small car.



What a whopper!

At birth a blue whale is more than a thousand times heavier than a human baby. It will guzzle about 50 gallons (200 liters) of its mother's milk every day. It needs to. It puts on the equivalent in weight of six five-year-old children each day!

The blue whale can grow to

The blue whale is a baleen whale. It takes huge gulps of seawater and filters out the small fish and krill.



A shark-sized snack A blue whale may be big, but its size doesn't stop sharks and orcas from attacking it. This whale has lost a little bit of one of its tail flukes.

A big mouth

The blue whale's mouth is massive. Between 55 and 70 skin grooves or pleats run along the lower half from throat to midbody. These expand

90 ft (27 m) and weigh the same as 26 adult bull elephones. Early whalers called the blue whale "sulfur bottom," Algae growing on its belly can make it appear yellow - the color of sulfur.



A fat chance of survival

The enormously fat walrus may look ungainly on land, but it is perfectly suited to life in the water. A thick layer of blubber protects it from the icy cold of its home in the Arctic ocean.



A watery haven

The walrus loves the water. It uses its back flippers to push itself forward and its front flippers to change direction. A walrus's tusk is an extra-long canine tooth.

Walrus tusks can grow to about 3 ft (1 m) in length.

Snuggle up

Walrus colonies are huge, with hundreds of members. It means there's a lot of jostling for position on the beach, but this also helps to keep the walruses warm.



I'll fight you!

Adult males will fight for space to be near females. However, despite looking nasty, these fights rarely result in serious injury.

A tooth story

Both males and females have tusks. Tusks are used for fighting, and the walrus also uses them to haul itself out of the water.

Fun in the water

eful the took filter to side t These marine mammals are seals. Although they come onto land to rest and to give birth, they are most at home in the water, where they perform graceful underwater acrobatics.

The short front flippers are used to steer the seal.

Eared seals have much longer front flippers than true seals.

Which are you?

Seals can be divided into two groups: true (or earless) seals and eared seals. True seals, such as these harbor seals, have no external ears.

What about eared seals?

Eared seals, such as this sea lion, have small external ears. They can also move around more easily on land and support themselves in a semi-upright position.

Breaking away

Harp seal pups triple their weight in the 12 days after their birth. Their mother then abandons them. After a month, they begin to lose their white coat for the adult gray fur.

Seals have often been mistaken for swimmers. Many legends tell of them coming ashore and behaving like people.

Which is the biggest of all?

tike many manufast solog with the many many many solog with the many many many solog with the many many solog with the Male elephant seals are the largest of all seals, growing to 20 ft (6 m) and weighing more than $3\frac{1}{2}$ tons (3 tonnes).

The male elephant seals are some 10 times heavier than the females.

The sea cow

These creatures are dugongs and manatees, but they are also known as sea cows because of the way they graze on sea grass. In fact, they are the only vegetarian sea mammal.

Just looking for a quiet life Manatees have paddle-shaped tails and live in warm shallow coastal waters, estuaries, and rivers.



Scarred for life

Because they are slowmoving, manatees are often killed or injured by boat propellers. Many carry the scars on their body or tail.

Mom! I'm here!

A manatee will give birth to a calf every two to three years. The bond between mother and baby is strong and is constantly reinforced with plenty of mouth contact.

A MERMAID'S TALE

Sailors have spoken of seeing mermaids for centuries. It is thought that the legends may be based on sightings of sea cows.

Keep on eating

The upper lip is eating big e Sea cows are big eaters. They will gobble up to a quarter of their body weight in food every day.

Which is which?

Dugongs have crescent-shaped tails. It is the main visual difference between a dugong and a manatee.

A manatee's long flippers are used to hold food and push it toward the mouth.

Crescentshaped tail

Weird and wonderful

Some whales look a little unusual. The beluga is a white whale, and has the nickname of "sea canary." It can shape its lips to make all kinds of sounds, including barks, chirps, grunts, squeaks, and moos.

A color change

Belugas are born blue-gray in color, but this turns to white by the age of six. They live in icy waters, protected by a layer of blubber as thick as your hand is long.

A narwhal's tusk always spirals the same way. It can grow about 3 ft (1 m) in length and weigh over 20 lbs (10 kg).

the lice look the reader of th

A large whale may be carrying as much as 990 lbs (450 kg) of barnacles!

Tusk defense

The narwhal's long tusk makes this whale easy to recognize. No one really knows what the tusk is for, especially since only the male narwhals have them. Biologists believe it may be used in fights, so the narwhals

know who is boss.

A LITTLE BIT OF MAGIC

Around 600 years ago, sailors would return to port and sell narwhal tusks as unicorn horns. People believed that a unicorn horn had magical properties; cups made from them were supposed

to stop a poison from working.

All aboard!

Some creatures make their home on a whale's skin. Baleen whales are often encrusted with barnacles and whale lice that nibble away at flakes of dead skin.



What's for dinner?

Sea otters hunt in kelp forests for a range of seafood. They love to eat sea urchins, but will also munch on crabs, fish, squid, and mussels.

Marine mammals

Whales and dolphins are not the only marine mammals. Sea otters and polar bears are mammals that spend an awful lot of their time in the water but, unlike whales and dolphins, they can also walk about on land.

Sailors have long called sea otters the "old men of the sea" because of their white whiskers and expressive faces.

Sea otters spend most of their time in the sea.

Fur, fur, and more fur

Sea otters have incredibly dense fur, which keeps them warm. In a patch of fur the size of your fingernail, there are about 100,000 hairs—that's the same as the number of hairs on a human head!

Polar bears have been known to swim about 60 miles (100 km) in one stretch.



At home in the snow

A polar bear has hollow hairs, which keep the heat in. Combined with a thick layer of bear fat, they do not feel

Bear in the water

Polar bears are excellent swimmers, using their webbed paws to pull them along. In fact, their Latin name means "sea bear."

> The otters anchor themselves to sea kelp.

Whales in danger

In the past, fishermen used to hunt whales. So many died that there are hardly any left of some species. One of the problems is that their rate of reproduction is slow, so it is hard for them to recover from major losses.

Current danger

Whales are no longer hunted on a large scale, but they are threatened by our waste products. They become entangled in discarded fishing nets and suffer from oil spills. They are also exposed to pollution released into the sea from factories.

Are whales still caught?

Most countries have stopped whaling, but some continue to catch whales for scientific study. This ship has caught a minke whale and is pulling it up on deck.

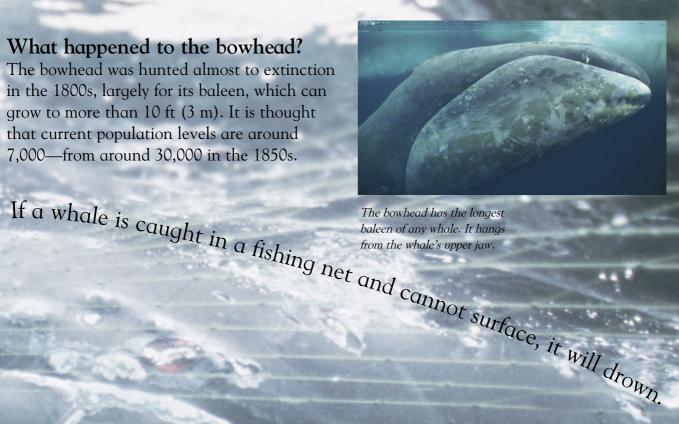
AND ALL FOR A BRUSH...

In the 1800s and 1900s, one of the products that people wanted from whales was baleen. It was used for hair and floor brushes, combs, corsets, and umbrella frames. Its use gradually became unnecessary with the development of nylon, but it resulted in the deaths of thousands of whales.



What happened to the bowhead?

The bowhead was hunted almost to extinction in the 1800s, largely for its baleen, which can grow to more than 10 ft (3 m). It is thought that current population levels are around 7,000—from around 30,000 in the 1850s.



Save the whale!

Whales have been around for more than 50 million years—that's about 10 times longer than human beings! Everyone wants them to stay around, and there are different ways of helping them to do so.



Some whales seem to be as curious about people as we are about them!

Let's go see a whale! Some people like whales so much they want to see them close up. This is called whale watching. It has become a big business.

A path to freedom

These whales have become stranded underneath pack ice. The people are working to keep a breathing hole open and cut a path to the sea. Without these people's help, the hole in the ice would soon freeze over, closing the whales' access to air.

> , The tag beams data to a satellite when the beluga surfaces. Tag attachment does not harm the whale.

How can we help them?

There is a lot that we don't know about whales, including where they go and how many there are. Satellite tags are useful for helping to track a whale's movements. They fall off after a few weeks.

Glossary

Here are the meanings of some words it is useful to know when learning about whales and dolphins.

Baleen a black, brushlike material that hangs down from the upper jaw of a baleen (or toothless) whale. It is used for straining krill and plankton from the sea.

Beak the pronounced snout that most whales and dolphins have.

Blow the small cloud of spray produced when a whale surfaces and opens its blowhole.

Blowhole the entrance to a whale's nasal passages, found on top of its head. **Blubber** the layer of oily fat under the skin that keeps a whale warm.

Breach a leap performed by a whale when it jumps up from the water and splashes back down. Bubble nets are sometimes created by humpback whales to help them to catch fish.

Dorsal fin the fin on the back of most whales and dolphins.

Echolocation a method used by dolphins and some whales to find food or obstacles. They send out a sound and wait for the returning echo.

Extinction the death of a species.

Marine mammals depend on the sea for survival. They can all dive, but must come to the surface for air.

Migration the journey a whale makes to find a better feeding or breeding ground, often depending on seasonal changes. Pod a family of whales.

Species a group of animals that share certain unique characteristics.

Suckle the means by which a baby mammal takes milk from its mother by sucking a nipple.

Whaling the hunting and killing of whales.



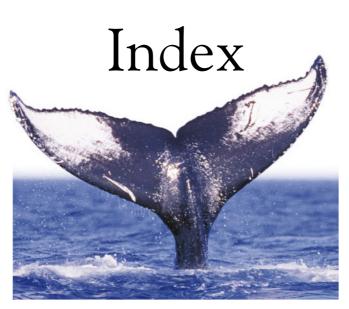
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