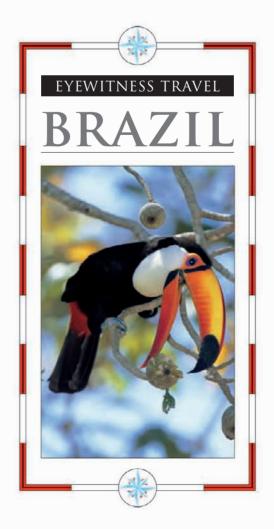
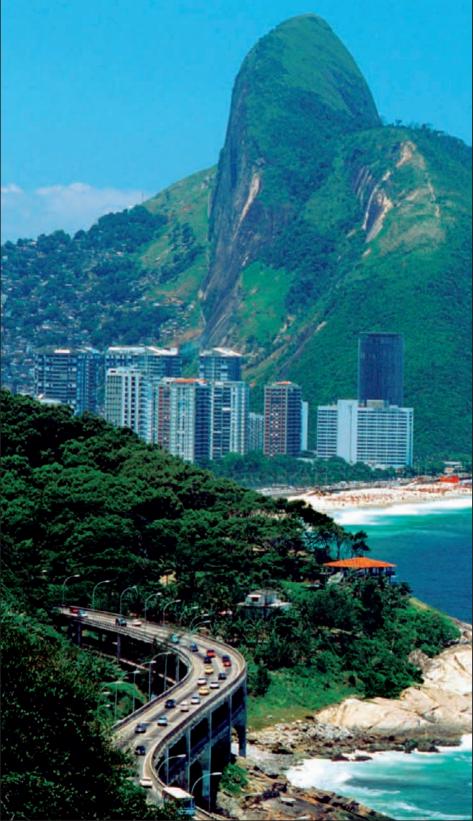
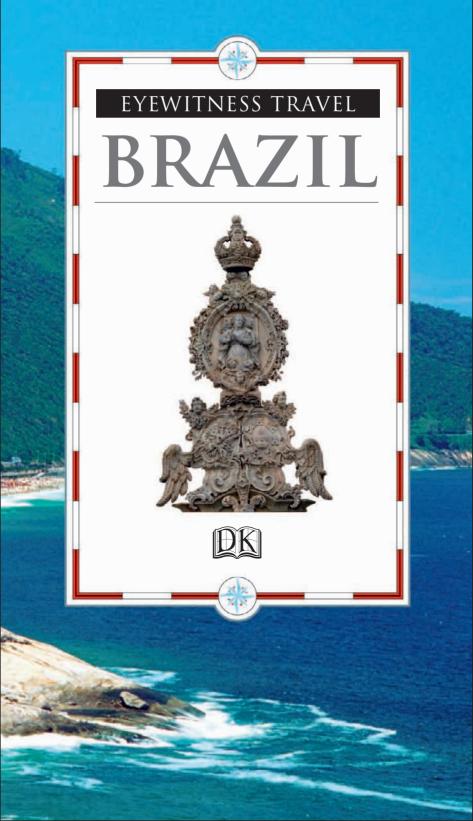
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# INTRODUCING Brazil



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> DE MARAGOJIP

# DISCOVERING BRAZIL

major regions, each offering a unique culture, landscape, and experience. The Southeast features two of the country's largest cities. Rio de Janeiro and São Paulo. With a distinct European character, Southern Brazil offers some breathtaking capital, Brasília, and the wildlife-rich natural sights. The Northeast, with a stunning beach-studded coastline and stark interior, beautifully preserves region in the book.

razil can be divided into five its historic cities and a vibrant Afro-Brazilian culture. In Northern Brazil, the dense and pristine Amazon forest and tropical grasslands make up Brazil's wild frontier. Once Brazil's neglected interior, the Central West prides itself on the Modernist national Pantanal wetlands. Below is an overview of the highlights of each

### RIO DE JANEIRO CITY

- Iconic Cristo Redentor & Sugar Loaf
- Fabulous beaches
- Sensual samba & Carnaval

Rio's neighborhoods and beaches need at least five days to be explored. Overlooking Sugar Loaf (see pp 76-7). Cristo Redentor (see pp82-3) stands on Corcovado, surrounded by lush Parque Nacional da Tijuca (see p88). The city center is lined with museums historic buildings and the vast Estádio do Maracanã (see p84). Just south of the center. Santa Teresa and Lapa are the nightlife hubs. Beyond these are Copacabana, Ipanema, and Leblon beaches (see pp 78-9) with exciting shopping areas (see pp90-91). Rio's Carnaval (see pp64–5) is world-famous for its revelry and its samba.

### **RIO DE JANEIRO & ESPÍRITO SANTO**

- Enchanting Palácio Imperial
- Beautiful beaches & islands
- Rainforest hikes

Combining pretty colonial towns and imperial cities with gorgeous beaches and cool mountains draped in the Atlantic rainforest, these two coastal states can be seen in a week. The national parks of Itatiaia (see p111) and the Parque Nacional da Serra dos Órgãos (see p115) offer superb birding and



Cristo Redentor rising through the mist at twilight. Rio de Janeiro

hiking. Between them is the former imperial summer retreat. Palácio Imperial (see pp114-15) at the pretty town of Petrópolis (see pp112-13). The coast is fringed with stunning beaches, such as those at the lively resort towns of **Búzios** and **Cabo** Frio (see pp116-17). The colonial town of Paraty (see pp106-8) lies amid fine beaches. Offshore, lush

islands, such as Ilha Grande (see p110), offer good snorkeling and diving.

### MINAS GERAIS

- Southern colonial towns
- Magnificent churches
- Spectacular national parks

Minas Gerais is dotted with colonial mining towns, whose cobbled streets are lined with some of the finest Baroque buildings in Brazil. Most of them can be seen in five days. The UNESCO World Heritage Sites of Ouro Preto (see tb126-8) and Congonhas (see bb130-31), in southern Minas, are famed for their haunting sculptures by Aleijadinho (see p131). São João del Rei (see pp132-3) has the most magnificent of all Minas churches. Diamantina (see p124) in the north is a well-preserved town. The national parks of Serra do Cipó (see p125) and Serra da Canastra (see p133) are good for trekking.



cluster of colonial houses in Ouro Preto's historic center, Minas Gerais



Rock spurs etched against a clouded sky in the Chapada Diamantina, Bahia

### SÃO PAULO CITY

- Dining & shopping in Jardins
- Art at Pinacoteca & MASP
- Niemever in Ibirapuera Park

The city's chic restaurants. bars, and shops merit at least two days. Jardins, a fashionable dining and shopping district, lies close to the museums and historical buildings in the center, which include the state art gallery. Pinacoteca do Estado (see pp140-41). Close by, the upscale Avenida Paulista features the state gallery, MASP (see p143), which boasts the finest collection of European paintings in the Southern Hemisphere. The vast Parque do Ibirapuera (see pp146-7) has several museums, many of which have been designed by Oscar Niemeyer.

### SÃO PAULO STATE

- Scenic beaches & rainforest
- Pretty offshore islands
- Fascinating soccer museum in Santos

Allow up to five days for São Paulo state, which retains surprisingly large areas of wilderness and has a beautiful coastline, watched over by forest-covered mountains. The northern coast has the finest beaches, particularly around **Ilhabela** (*see p165*). The southern coast protects the expansive coastal forest in **Estação Ecológica Juréia-Itatins** (*see p170*). The cities of Santos and São Vicente (see pp168–9) retain fine colonial buildings. Santos is also famous for its soccer club, Santos Futebol Clube (see p169), for which Pelé used to play.

### BAHIA

- Afro-Brazilian Salvador
- Splendid beaches & resorts
- Scenic Chapada Diamantina

The cultural heart of African Brazil, Bahia requires at least a week to explore. Its capital **Salvador** (*see pp184–95*) has lavish Baroque churches and colonial buildings, alongside boutique diners serving the distinctive African-influenced cuisine. *Capoeira* (*see p199*) is performed everywhere in the state. Bahia's coast stretches through glorious beaches and little resorts, such as the bustling **Porto Seguro** (*see p201*) and the quieter **Trancoso** (*see p201*). Bahia's arid interior is broken by the beautiful **Chapada Diamantina** (*see pp204–205*).

### SERGIPE, ALAGOAS & PERNAMBUCO

- Thrilling Rio São Francisco
- Olinda's colonial elegance
- World-class diving in Fernando de Noronha

Four days are enough for Sergipe and Alagoas, which have many pretty beaches lining the clear-blue Rio São Francisco (see p213). Famous for its rich music scene and strong cultural identity. Pernambuco needs five days. One of Brazil's prettiest colonial towns. Olinda (see pp220-22) is known for its architecture and Carnaval. Fernando de Noronha (see pp224-5), an hour's flight offshore, is an island famous for superb diving.



Boat floating on crystal-clear waters around Ilhabela, São Paulo state

### PARAÍBA, RIO GRANDE DO NORTE & CEARÁ

- Unusual geological formations
- Festival in Campina Grande
- Beaches & dune buggies

The three states forming the heartland of the Northeast require a week. Paraíba is famous for its sertão desert interior which is dotted with geological formations such as the striking boulder Laiedo do Pai Mateus (see p232) in Cariri, Fossilized dinosaur footprints can be seen at Vale dos Dinossauros (see p232) in Souza. Campina Grande's Festas Juninas (see p232) draws almost a million people every June. Rio Grande do Norte and Ceará are renowned for their beaches. At Geninabu (see p238) and Jericoacoara (see pp240-41), towering sand dunes can be explored by buggy.

### PIAUÍ & MARANHÃO

- Magical Delta do Parnaíba & Lençóis Maranhenses
- Hills of Serra da Capivara
- Colorful São Luís

These two coastal states can be visited over four to five days. The swamps and riverine islands of the **Delta do Parnaíba** and the dunes of **Lençóis Maranhenses** (*see pp250–51*) are best explored in the wet season. The interior features the **Serra da** 



Lagoon and dunes, Pargue Nacional dos Lençóis Maranhenses, Maranhão

**Capivara** (*see p248*) mountain range. The scenic colonial city of **São Luís** (*see pp252-4*) celebrates the Bumba-meuboi festival with great fervor.

### PARÁ & AMAPÁ

- Crafts in colonial Belém
- Wildlife-rich Ilha de Maraió
- Picturesque Santarém

The principal cities and environs of the vast Amazonian states can be seen in a few days, as most parts are largely inaccessible. Belém (see pp268-9) is an attractive city of colonial buildings, craft markets, and lively nightlife. To its north is the seasonally flooded Ilha de Marajó (see p270), once part of an indigenous empire that stretched all the way to Santarém (see p274), a threeday boat ride away. The city lies at the meeting of the blue waters of the Rio Tapaiós and the Amazon river.

### AMAZONAS, RORAIMA, ACRE & RONDÔNIA

- Intriguing, wild Amazon
- Trekking in the savannas
- Chico Mendes Museum

With Brazil's largest stretch of primary tropical forest. Amazonas needs five days to visit. Most trips into the rainforest begin in its capital city. Manaus (see pp280-87), which retains the lavish Teatro Amazonas (see pp282-3) from its rubber-boom days. Though not as accessible as Amazonas, the other three states offer attractions that can be seen in three to four days. Roraima's capital. Boa Vista (see p288), offers trekking in the savanna. while **Rio Branco**, the capital of Acre, pays tribute to Chico Mendes in Parque Ambiental Chico Mendes (see p289). River trips can be taken from Porto Velho in Rondônia (see p289).



Picturesque setting of a typical stilt house on the Rio Solimões near Manaus, Amazonas

### BRASÍLIA, GOIÁS & TOCANTINS

- Modernist Brasília
- Colonial towns
- Jalapão & Ilha do Bananal

With monumental buildings. Brasília is one of the world's finest Modernist cities. It can be seen comfortably in a day. Preserving vast cerrado forests. Goiás and Tocantins need at least 10 days. The spectacular Chapada dos Veadeiros (see bb312-13) and Parque Nacional das **Emas** (see p311) are the main attractions in Goiás. The state is dotted with colonial mining towns that are among the best preserved in South America. Tocantins features the winding sand dunes of Jalapão (see pp310-11) and the expansive river island Ilha do Bananal (see b311).

### MATO GROSSO & MATO GROSSO DO SUL

- Wildlife in the Pantanal
- Festivity in Miranda
- Snorkeling in Bonito
- Birding in Alta Floresta

These enormous twin states preserve two extensive wilderness areas. The Pantanal (see pp320-21) is the world's largest wetland and the best place in the Americas to see wildlife. Three days in a fazenda (ranch house) or on a tour are enough to explore the area. Miranda (see p322), with pretty fazendas in the heart of the Pantanal, is known for its sertaneio music and Festa do Homem Pantaneiro. The Pantanal excursion can be combined with a trip to Bonito (see p323), which is famous for its clear rivers and dramatic caves, as well as for its snorkeling opportunities. The southern Amazon rainforest begins north of the Pantanal in Mato Grosso. The scenic Cristalino Jungle Lodge in Alta Floresta (see p319) lies on the Rio Cristalino, home to rare birds and mammals.



Jabiru storks in the northern Pantanal, Mato Grosso

# SANTA CATARINA & PARANÁ

- Maiestic Foz do Iguacu
- Exciting beaches & surf around Florianópolis
- Oktoberfest in Blumenau

The world's most spectacular waterfalls, **Foz do Iguaçu** (*see pp340–41*) sit in their own rainforest preserve in Paraná state. They need two days to explore. The Paraná coast, which is reached via a delightful winding mountain railway, forms part of one of the largest stretches of coastal rainforest in the world. Little islands such as the low-key **Ilha do Mel** (*see p338*) offer sand and surfing. Santa



Surfing at Praia da Joaquina in Florianópolis, Santa Catarina

Catarina state has some of the best beaches in Brazil. Pounded by strong surf, these beaches lie around the attractive, well-kept city of **Florianópolis** (*see pp346–7*). Both states have a strong European influence, brought by the immigrants who began settling here in the late 19th century. The town of Blumenau still largely speaks German and has an **Oktoberfest** (*see p40*) to rival the one in Bavaria.

### **RIO GRANDE DO SUL**

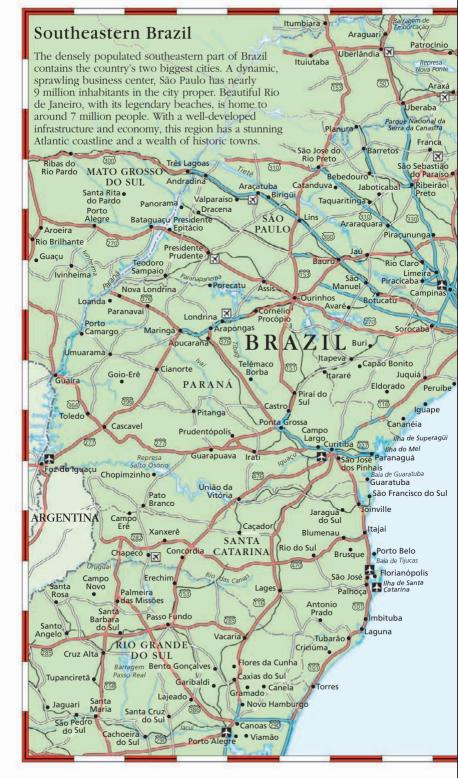
- Churrascarias in Porto Alegre
- Hiking & wine tour
- Inspiring Jesuit missions

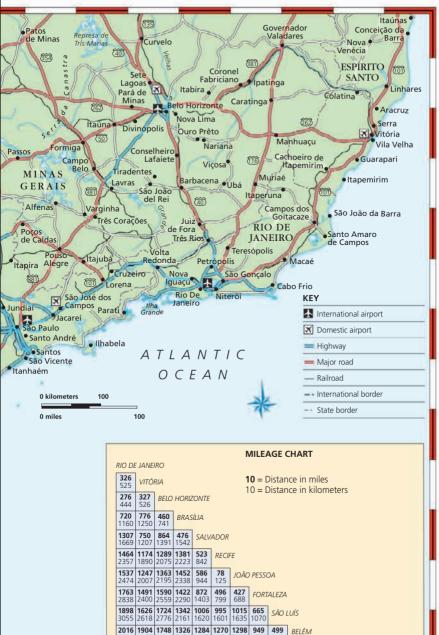
Allow five days to visit Brazil's southernmost state. which is famous for its gaúcho culture (see pp330-31). Its capital, Porto Alegre (see pp352-3), is filled with churrascarias (steak houses) that serve fabulous steaks with chá-mate (herbal tea). There is excellent hiking in the hills, as well as the wine tour in Vale dos Vinhedos (see p.355). Near the border with Argentina are a series of ruined Jesuit monasteries at São Miguel das Missões (see p359), former settlements of the Guaraní, whose story inspired the 1986 film The Mission





13





3246 3065

2164 2229

1678 1306 1687

1383 1011 1392 2394 3082 3199

595 364 630

3483

716 1042 811 1048

533 859 628 865

266

429 958 586

2814 2134

1015

1906

3068

2068 2044

1670 2098

2689 3377

2090

2171 2422

1487 1915 1987 2213 2051

1232 1642 1732 1953 1861

1983 2643 2788 3144 2996

803

2248

2274 2153

3661 3466

2039 1964 192

3282 3161 310

1843 1949 432

2967 3137 695 408

**FLORIANÓPOLIS** 

CURITIRA

SÃO PAULO

253

1610 2568 2995 3068 3108 2692 2756 PORTO VELHO 2592 4133 4821 4938 5002 4333 4436

3563 3302

3494 3858 3618

15



# A PORTRAIT OF BRAZIL

razil evokes iconic images of lively Carnaval celebrations. brilliant soccer teams, bossa nova and samba performances, sensual Brazilians swaving across the sands of Ipanema and Copacabana, and the beautiful city of Rio de Janeiro. Beyond these popular images, however, there remains a lot to discover about Brazil, which is fast emerging as a global economic giant.

Covering over half of South America Brazil is the world's fifth largest nation. The sheer size of the country helps to explain the extraordinary diversity of environments and cultures. The larger cities are known for cosmopolitan sophistication and extensive technological development, while in the Figurine, Museu Amazon region there are indigenous peoples who still use ancient agricultural techniques.

began in the 1500s, combined with the influx of immigrants from a wide geographical and ethnic spectrum, has lent an eclectic character to the social fabric of the country. Portuguese is spoken by the vast majority of the 188 million Brazilians. although there are many commonly used words derived from indigenous and African languages.

The country's striking diversity is reflected in the major cities, each of which cidade de Goiás has its own distinctive character. The impressive Modernist

architecture of the nation's capital The Portuguese colonization that Brasília, the ravishing cityscape of Rio de Janeiro, embraced by the gigantic statue of Cristo Redentor (Christ the Redeemer), the colonial buildings and Baroque gems of



de Arte Sacra.

A reveler dressed as a Bahian woman (Baiana), performing at Rio de Janeiro's Carnaval



Caiman and butterflies in the splendid Amazonian greenery

Minas Gerais, the historic cities of the Northeast, and the picturesque European-influenced, wine-producing towns in Southern Brazil, are just a few examples of this remarkable heterogeneity.

The diverse character of Brazil is reflected in its five distinct ecosystems - the Amazon rainforest, the semiarid sertão, the central cerrado (savanna) the wildlife-rich Pantanal wetlands, and the lush Mata Atlântica. The varied natural attractions of the country include the spectacular falls at Foz do Iguacu, captivating Amazônia, the splendid beaches of Rio de Janeiro and the Northeast, the luxuriant grasslands of Rio Grande do Sul, the pristine-white sand dunes of Lençóis Maranhenses, and the abundant, breathtaking flora and fauna of the Pantanal

### THE ECONOMY

The Brazilian economy is counted among the world's 10 largest, though it is riddled with contradictions – *favelas* (shantytowns) coexist with skyscrapers in the cities. The foundations for modern economic prosperity were laid, ironically, during the years of the military dictatorship from 1964 to 1984, when Brazil's

rulers borrowed heavily from international banks to fund various large projects. However, it was only during the administration of Fernando Henrique Cardoso (1995–2002) that Brazil's economy became more market-orientated, a trend that has been carried forward by his successor, Luiz Inácio Lula da Silva – "Lula."

Today, Brazil's major exports feature both manufactured goods, including machinery and automobiles, as well as agricultural products, such as soya beans and coffee. In recent years, Brazil has emerged as an economic powerhouse and a strong advocate of opening up global trade to developing nations. Its vision of exploring new energy production methods is manifested by Petrobras, Brazil's largest oil-producing company. Run by the state, Petrobras is



The verdant countryside near Bento Gonçalves, a wine-producing town in the Serra Gaúcha, Rio Grande do Sul



Petrobras (Petróleo Brasileiro), Brazil's state-run gas and oil refinery, near Rio de Janeiro

a pioneer in the development of advanced technology from deepwater oil production.

Alongside Brazil's growing global significance, there still remain deep economic disparities and regional differences. It is common to see the super rich and the urban poor in Brazil's major cities, mainly Rio de Janeiro and São Paulo, two of the largest metropolises in the world. Inequitous growth is also visible not only in the undeveloped interiors, but also in the agriculture-dominated southern region where there is a rising number of landless peasants.

### country's current political elite have immersed Brazil in a series of scandals, involving corruption, misuse of public funds, and abuse of power.

When the leftist, ex-trade union leader Lula was elected president in 2002, the Brazilians hoped for a democracy that favored the "majority of society," as promised in his Workers' Party (Partido dos Trabalhadores) manifesto. Re-elected in 2006 by more than 60 percent of the vote, Lula promises to rule on behalf of the poor, even as Brazil's underprivileged majority continues to be ruled by a wealthy minority.

### POLITICAL LIFE

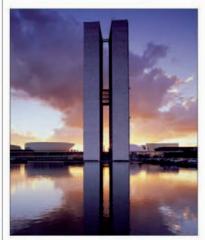
Politicians have tremendous power in

Brazil, and many start and make their way up through municipal and state politics. Some political positions outside of the capital are extremely powerful in their own right, especially that of mayor of one of the big cities, or governor of a state.

Since 1985, when the military dictatorship came to an end. Brazil has been one of the world's largest democracies. However, the Supporters waving flags of Lula during his 2002 electoral campaign

Brazilians, for the most part, are united in their distrust and lack of respect for their politicians and





The Congresso Nacional at dusk, Brasília

political parties. The average educated Brazilian resents the perceived close alliance between the politicians and their ambitious business allies

### THE PEOPLE

Home to over half the population of South America, Brazil is the fifth most populous country in the world. The vast majority of people live in the coastal parts and major cities, and the population density grows progressively scantier toward the interior. Brazil has such a varied mix of races. nationalities, and ethnic groups that it is difficult to define a typical Brazilian. It is often argued that being

Brazilian is more a state of mind than anything else.

The Portuguese, the first Europeans to explore Brazil, were followed by other colonial powers laying claim to areas along the Brazilian coast. However brief the influence of the French and the Dutch. and later the British, they all made their mark on Brazil. along with the dominant Portuguese. Their influence is still visible in its culture and its Baianas in front of the Convento de São Francisco, Salvador

people. The millions of slaves brought to Brazil from West Africa. between the 16th and 19th centuries have also played an important role in the development of Brazil as a country and as a vibrant culture. Between the 18th and 19th centuries the influx of immigrants from Europe especially Italy and Germany, and also from Japan and Korea, have played their part in forming the multicultural and ethnically diverse population of Brazil.

Although Brazil has reputedly the world's largest Catholic population, its unique mix of people has given rise to many different religions and sects. The animistic beliefs of the indigenous Brazilians, ritualistic Afro-Brazilian cults, and spiritualist Kardecism, coexist with other faiths including Judaism. Islam, and Buddhism, Candomblé, a syncretic cult practiced in Bahia, is a unique amalgamation of Catholicism and African beliefs

Brazil upholds the ideal of racial harmony. However, though not blatant, racial discrimination does still exist. As well as having limited access to education and work opportunities, black people remain inadequately represented in the higher echelons of politics, academia, and business





Residents of Rio de Janeiro (Cariocas) playing soccer on Enseada de Botafogo

### **SPORT & CULTURE**

Brazil's sporting and cultural influence has made the "Brasil" brand known throughout the world. Brazil is the world's greatest soccer (*futebol*)



Ayrton Senna, winner of the Monaco Grand Prix in 1992

nation, having won the World Cup on five occasions and being the only nation to play at every World Cup. Pelé (see p168), hailed as a great national hero, is the most famous soccer player of all time.

Brazil's sporting prowess has not

been restricted to soccer. In Ayrton Senna, Nelson Piquet, and Emerson Fittipaldi, it has had three Formula 1 World Champions, and in tennis it saw success in the 1950s and 60s with Maria Esther Bueno and, more recently, with Gustavo Kuerten.

Culture has also played its part in establishing how the world views Brazil. The first musicians to make a mark internationally were composer Heitor Villa-Lobos and legendary performer Carmen Miranda. In literature too, writers as different in their subject matter as Jorge Armado and Paulo Coelho, have helped spread the word about their homeland. The music of Brazil, be it *samba*, *bossa nova*, or one of the many other musical styles to be found across the country, has been a powerful calling card since the 1960s. In more recent times, talented filmmakers have gone on to produce critically acclaimed works, including Walter Salles with *Central do Brasil* (*Central Station*, 1998) and Fernando Meirelles with *Cidade de Deus (City of God*, 2002).

Brazilians celebrate life with their colorful festivals. Carnaval, the cultural event that helped put Brazil on the map, is perceived as the biggest and best in the world, and its revelry embraces the whole country.



A group of musicians rehearsing Brazil's country music sertanejo, in Cidade de Goiás

# The Landscapes of Brazil

Larger than the US (excluding Alaska) and bordering 10 of the 12 other South American countries, Brazil is home to a wide variety of breathtaking landscapes, from vast swamps to desert, and thick rainforest to metropolitan cityscapes. Covering over 2 million sq miles (3.5 million sq km) and embracing over 40 percent of Brazilian territory, the Amazon rainforest is the most dominant landscape in Brazil and the best known. Although massive and spectacular, the Amazon Basin is only one biome out of several in Brazil, each with its own distinct scenery, fascinating wildlife, and climate.



The Amazon rainforest (see pp260–61), one of the most complex ecosystems in the world, is characterized by vast expanses of dense forest, with a wide range of vegetation. Large areas, such as the buriti palm-dominated igapós, are annually flooded by the waters of the Rio Negro.



The Pantanal (see pp320–21), an immense wetland, is the largest seasonally flooded area on the planet, inundating as much as two-thirds of its total area for half the year, during the rainy season. Dotted with small, forested elevations, the southern Pantanal is used for cattle grazing during the dry season.

### THE WET & THE DRY SEASON

During the wet season, which lasts from December to March, the rising rivers inundate the flat land. This process creates *cordilhieras* (isolated islands) amid vast lakes and flowering shrubs. However, it is during the dry season (May to September), that wildlife is at its most spectacular in the Pantanal. During this time, the ponds teem with fish, and thousands of birds flock around the water holes.



The Pantanal in the wet season, near Porto Jofre



The Pantanal with tiny forests in the dry season

### KEY

The Amazon rainforest
 The Pantanal
 The sertão
 The cerrado
 Mata Atlântica
 International border
 Peak

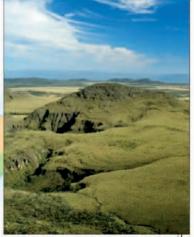
### The Northern Highlands in

Amazônia are impressive mortrains, strung along the fontier with Venezuela and Guyana. Pito da Neblina Tiquie Negro Japura Megro



The sertão (see p233) is a semi-arid region in the interior of Brazil's northeast and parts of northern Minas Gerais. The essentially barren landscape, dominated by caatinga, is a uniquely Brazilian babitat. The sertão receives very little rainfall during the dry months, and is largely strewn with cacti and thorny shrubs. There are periods of intense drought, which makes it a barsh environment for wildlife and people alike. As a result, much of the flora and fauna bave specially adapted themselves to the lack of water.





The cerrado (see pp296–7) features wide expanses of open, tropical grassland scattered with small, closed canopy forests. Brazil's central plateau is the world's most biologically rich savanna with over 10,000 plant species.

Mata Atlântica (see p109), or the Atlantic rainforest, is a 4,600-mile (7,400-km) coastal band endowed with a stunning diversity of landscapes, from the granite peaks and sheer cliffs of the Great Escarpment to the beautiful white sands and surf of the Costa do Sol.



# Brazil's Flora & Fauna

Home to over 55,000 plant species and three of the most diverse ecosystems on the planet, the wealth of flora and fauna in Brazil is unmatched. Some of the most valuable resources of the modern world such as rubber, originate from the rainforests of the Amazon. As a result of the relative stability of the rainforest compared to temperate areas, the fauna here has had the freedom to evolve and to adapt to very specialized local conditions. With a few of the tributaries of the Amazon river still unexplored, there are numerous species vet to be discovered. Brazil has five principal ecosystems, each with its own distinct array of plant life. From forest and swamp to desert and savanna, these stark contrasts in climate and landscape have resulted in an immensely vibrant and diverse flora, much of which is unique to the country.



Aquatic plants, including the versatile water byacinth, are commonly found in the Pantanal, which has the richest collection of these plants.



### AMAZÔNIA

The Amazon rainforest (*see p260–61*) possesses a wealth of flora and fauna. It is characterized by vast expanses of dense forest, extensive savannas, and other ecosystems. Vegetation and wildlife vary because of the annual flooding of large areas.

### Blue and gold macaws

are brilliantly colored large birds that live on cliffs and bigh in trees in rainforests and swamps. They are considered an endangered species.



s.

Aguapé is an invasive floating plant with medicinal properties. Found in the wetlands of the Pantanal and Amazônia, it acts as a natural water filter.



### **THE SERTÃO** The arid *sertão* (*see p233*), which comprises 75 percent of the land area in the northeast, has its own unique wildlife including lizards, snakes, and foxes. Birdlife manages to flourish in this minimalist, unfriendly landscape, and sheep and goats are also reared.

Juazeiro, a sbrub-like tree indigenous to the sertão, is used in wine-making and medicine, as a bair tonic, and for timber.



Mandacaru cactus is a symbol of rebirth and resilience in the arid sertão. According to local legend, this treelike cactus with fragrant blossoms originates on the site of a massacre.



### THE CERRADO

The *cerrado* (*see p296–7*) is a vast open savanna dotted with clusters of scattered woodlands. This is the world's most biologically rich grassland. There are over 4,000 endemic plant species. The *cerrado* is also home to maned wolves and giant anteaters.



The mutum, or crested currasow, is a large bird which is often seen in the forested areas of the cerrado.



Pequi, also known as souari nut, provides sweet berries with small thorns inside. It is eaten fresh, used in food, and made into a liqueur.



Giant anteaters are commonly spotted in the cerrado. These solitary animals bave a long tail and tongue, a bristly brown coat, and five short, sharp claws on both their paws. These animals are sometimes bunted for their meat.



THE MATA ATLÂNTICA The Mata Atlântica (*see p109*), or Atlantic rainforest, is formed by remnants of Brazil's coastal rainforest. The development of cities and intensive agriculture has severely reduced this habitat, but it remains home to monkeys and exotic birds.

The piaçava is a fibrous palm tree. Its fibers are extensively used to make brooms, thatch, mats, and cord.





Woolly spider monkeys are the largest primates in the Americas. This endangered species eats mainly fruits, leaves, and seeds



**THE PANTANAL** The largest inland wetland (*see pp320–21*) on the planet is constantly abuzz with birdand wildlife. Hundreds of birds can be heard screeching overhead or fishing in the watters while caimans bask along the river banks. The best time to visit is the dry season.

The anaconda is a large water boa, which can grow to 32 fi (10 m) in length. It kills its prey, sometimes many times its size, by constriction as well as drowning.



The gravatá is a member of the Bromeliaceae family. Gravatá (also known as karatas) is a kind of fruit, similar to a pineapple, that grows on the ground.

# Peoples of Brazil

When the Portuguese arrived in 1500, the Brazilian population consisted of over 5 million indigenous people divided into at least 1,000 communities. When their numbers began depleting due to the severity of slavery, the Portuguese started shipping slaves from Africa in the mid-16th century. Many of these slaves assimilated with the white and local population. Over the centuries, Brazil's peoples were diversified further by several waves of immigration from the Middle East, Asia, and Europe. After over 500 years of immigration and integration, modern Brazil is a true ethnic mosaic, where diverse elements combine to create a vibrant nation renowned for its spirit.



Indigenous Brazilians also include the Ticuna community, who are a large group with their own language and written literature.



**Some indigenous groups** (see pp262–3) *continue to live as they bad done before the arrival of the Portuguese, particularly in the forested interior.* 

### MULTIRACIAL BRAZIL

Brazil is unique in its assimilation of various races and ethnic groups. A white-and-indigenous Brazilian is called a *mestiço*, an Afro-Brazilian is called a *cafuzo*, while a mulatto is born of white and African parentage.



European immigrants (see pp328–9) started moving to Brazil after slavery ended in 1888. They tended to concentrate in various parts of Southern Brazil, where people of Azorean, German, Italian, Slav, Dutch, Austrian, and other descents still thrive.

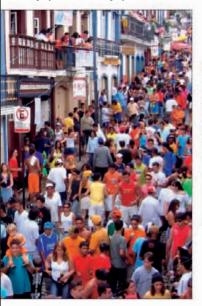




**The Portuguese**, the dominant ethnic group in Brazil today, introduced Catholicism (see p34), and have given the country its official language.



Mulattoes, born of black and white parentage, make up at least balf the population. Prominent in music, sports, and the arts, famous Brazilian mulattoes include pop music icon Gilberto Gil (see p32) and professional soccer player Ronaldo.





Baianas are recognizable in their lace dresses with colorful beads that represent the various orixás, or Afro-Brazilian deitites (see p177). Baianas play an integral role in keeping alive the Afro-Brazilian traditions that came to Brazil, especially in the slave ships from Angola and Nigeria.



Japanese Brazilians (see p169) are mainly descended from immigrants who came to Brazil around 1908 as laborers. There are numerous Buddhist and Shinto sbrines around Brazil, and the Japanese influence can be seen in the art scene and in the popularity of its cuisine. São Paulo City's Liberdade district is home to the largest Japanese community outside of Japan.

**CARIOCAS & PAULISTANOS** 



Cariocas frolicking on Copacabana beach, Rio City

Residents of Brazil's two largest cities, Rio de Janeiro and São Paulo, have successfully stereotyped themselves and each other. The fun-loving Cariocas of Rio are seen as too easy-going by the Paulistanos of São Paulo, whom the Cariocas regard as workaholics with no zest for life. Paulistanos see their city as the economic force driving Brazil, while Rio is considered to be a playground for Carnaval (*see pp64–5*). The self-image of Cariocas is that they have better music

and more beautiful people. The Paulistanos, on the other hand, take pride in their diligent nature and the distinct cadence of their spoken Portuguese. The key difference really revolves around beach life. Rio's long stretch of trendy beaches forms a vital part of the city's daily life (*see pp38–9*). The beaches around São Paulo, on the other hand, demand the weekend to enjoy, being at least 40 miles (65 km) away from the city. 27

## Architecture

The first buildings in Brazil were made by the indigenous peoples. As these structures were made from perishable materials, little is known of them beyond early European descriptions. Colonial churches and other buildings were in spectacular form in the 18th century during the Baroque era. After independence, Brazil followed European trends until Lúcio Costa and Oscar Niemeyer developed Brazilian Modernism, most strikingly expressed in the new capital Brasília. Today, Brazil is dominated by highrises punctuated by the occasional striking building by a contemporary architect such as Ruy Ohtake.



Avenida Atlântica at Copacabana beach. Rio de Janeiro

### INDIGENOUS

Francisco de Orellana (1511–46), the first European to navigate the Amazon, described large cities created by Curucirari people extending for as much as 6 miles (10 km) and cut by large roads. These large cities no longer exist. Today, traditional indigenous villages are smaller and focus on a large communal *maloca*. Less traditional ones are made up of wattle-and-daub houses.

Open entrance

Dved tree bark

100

Sloping thatched roof

Kayapó malocas, or ocas, are communal longbouses, usually measuring 92 ft (28 m) in length and 59 ft (18 m) in width. Their shape and design influenced many of Oscar Niemeyer's buildings.

### BAROQUE

Baroque architecture began in 17th-century Europe but reached its most exuberant in Latin America. Brazilian Baroque is characterized by elaborately carved, painted interiors and ornate, florid forms set in modest, whitewash-and-raw stone façades. The style found its zenith in Salvador and Recife, and in the sculptures of Aleijadinho (*see b131*) in Minas Gerais.



São Francisco de Assis, in

Salvador, is a display of wealth and splendor. The interior of the church is covered with almost 900 lb (450 kg) of gold. Silver, gold leaf, and solid gold are coupled with stunning azulejos, or blue Portuguese tile work.

carved stone tablet \_ The monumental door, offset by the modest facade

Elaborately



São Pedro dos Clérigos, in Recife, is rich in ornamental flourishes typical of the Baroque. Its second tower was left incomplete in order to avoid a tax on churches.

### **NEO-CLASSICAL**

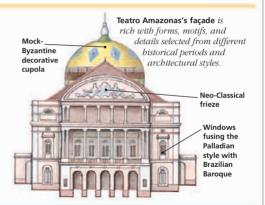
Neo-Classicism is associated with Imperial Brazil and came to Brazil with the Portuguese monarchy who fled Napoleon in 1807, bringing the most fashionable European architectural ideas with them. The first Neo-Classical buildings were civic edifices in Rio de Janeiro and palaces in Petrópolis. These quickly became the norm for buildings of state in the rest of the empire.



advent of the most popular form of Neo-Classicism. Its architect, Julius Köhler, was influenced by the English Palladian style.

### ECLECTIC

Eclecticism is an architectural style associated with 19thcentury Republican Brazil, Like the styles that preceded it, it was strongly influenced by European trends, particularly French and English. Eclecticism is characterized by a combination of forms, motifs, and styles from Neo-Classical and Baroque through to Manueline. a style that fuses together in one building Portuguese Late Gothic with ornamentation in portals windows and arcades along with Oriental elements.



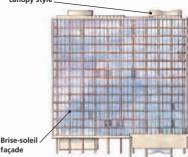
### MODERNIST

Modernism was shaped by architects such as Le Corbusier and Max Bill. Brazilian architects at first adhered to the strict precepts these Europeans laid down, but from the 1940s, architects such as Oscar Niemeyer developed a unique form of Brazilian Modernism, influenced by indigenous design and employing curved forms.



**Parliament buildings**, in Brasilia, are a harmony of simple lines and curves incorporating water and the landscape into the design.

Le Corbusier canopy style



The Ministry of Education, built in Rio in 1943 with a striking glass brise-soleil façade, was the first Modernist building to combine civic architecture with a contemporary medium in the Americas.

### CONTEMPORARY BRAZIL

Beyond Brasília and Oscar Niemeyer's continued output in Rio and Curitiba, contemporary Brazilian architecture is largely functional and not particularly inspiring. Cities are seas of identical tower-block flats broken by snaking highways. The most daring designs tend to be private homes hidden away behind high walls or corporate buildings such as Ruy Ohtake's stunning Hotel Unique (*see p374*) and Hotel Unique Garden in São Paulo.

> Concrete pillars supporting the hotel /

Landscaped garden /

Open-air Skye Bar

Glass set windows



Hotel Unique is a combination of bravado and functionalism. Built by Ruy Obtake, a leading figure in contemporary Brazilian architecture, the inverted arc has 3-ft (1-m) wide windows overlooking a stunning garden. The open-air rooftop bar bas a spectacular view over the city.

# Brazilian Artists & Writers

Brazil's first artists and writers were religious, and a tradition of uniquely Brazilian ecclesiastical art continued into the 20th century. Secular art in Brazil ceased to derive from Europe only in the 1920s after the emergence of the *antropofagismo* movement, which appropriated western themes into specifically Brazilian contexts. Brazil's writers found a voice in the work of 19th-century writers such as Joaquim Maria Machado de Assis and Euclides da Cunha. The explosion of Modernism in the early 20th century has left Brazil with a diverse literary output which remains largely unexplored by English-language publishers.



Ceiling painted by Dom Adelbert Gresnicht, Mosteiro São Bento, São Paulo

### CHURCH ART

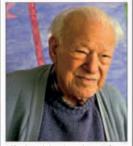
Brazil's first great artists were European priests. Frei Domingos da Conceição (1643–1718) was responsible for the interiors of the São Bento monasteries in Rio and Olinda. Father Agostinho de Piedade (1580–1661) and 18th-century Francisco Xavier Brito, whose works can be found in Rio de Janeiro and Minas Gerais, introduced the Baroque style, developing it as uniquely Brazilian.

Brito almost certainly taught the great artist, Aleijadinho (see p131), whose statuary mocks the racist Portuguese colonists, most notably at the basilica in Congonhas and the Igreja São Francisco in Ouro Preto. The latter also preserves the finest paintings by another subtle satiricist, Mestre (Manuel da Costa) Athavde (1762-1830). Illusionism in religious art was developed by José Joaquim da Rocha (1737-1807) in Salvador, Mestre Valentim (1750-1813) in Rio,

and José Joaquim da Veiga Valle (1806–74) in Goiás. In the 19th and 20th centuries, illusionism was largely lost but for the work of Benedito Calixto (1853–1927) in Santos and São Paulo, and the Dutch artist Adelbert Gresnicht, who painted the Beuronese interior of São Paulo's Mosteiro São Bento.

### SECULAR ART

Brazil's first secular art was European in theme and technique, best seen in the



Alfredo Volpi, painter known for his signature Brazilian palette

pastoral idylls of the Dutch artist Frans Post (1612–80) and the formal portraits of the Frenchman Jean-Baptiste Debret (1768–1848).

The first painting to make use of Brazil's rich tropical light was Caipira Picando *Fumo* by Iosé Ferraz de Almeida Iúnior (1850–99). However, a truly Brazilian style emerged only in the 1920s with antropofagismo a movement propagating "cultural cannibalism." which adapts ideas from European art and literature and reworks them in Brazilian terms. Tarsila do Amaral (1886-1973) produced the movement's most representative paintings, and was followed by Lasar Segall (1891–1957) and Anita Malfatti (1896–1964)

Other artists pursued Modernism according to their own ideas. Emiliano Di Cavalcanti (1897-1976) turned to the masses for inspiration, producing impressionistic, erotic icons of black Brazilian women Candido Portinari (1903-62) with a far more obvious social conscience, produced O Mestico that showed the dignity of Brazilian workers. while his Os Retirantes portraved their misery. The sculptor Victor Brecheret (1894–1955) offered a Brazilian take on Art Deco. while Alfredo Volpi (1896-1988) brought Brazilian colors to abstract impressionism. São Paulo's large ethnic Japanese community continues to produce artists, such as Tomie Ohtake (b.1913), who pay Brazilian homage to the styles and techniques of Japan.

Brazil's contemporary art scene is lively and diverse. Most prominently, the works of photographer Sebastião Salgado (b.1944) are rooted in the ideas of Liberation Theology (*see p34*). Artist Siron Franco (b.1947) uses naive, surreal forms to highlight social and environmental issues.

### COLONIAL LITERATURE

European Jesuits are credited with the earliest writing to come out of Brazil. José Anchieta (1534–97) chronicled his work and described the evangelization of the indigenous people. The sermons of Antônio Vieira (1608–97) are fine examples of Portuguese prose.

Gregório de Matos (1623-96) who was born in Bahia is sometimes cited as Brazil's first celebrated homegrown literary figure. During the 18th century, poetry academies in Minas Gerais were producing writers such as Cláudio Manuel da Costa (1729-89), José Basílio da Gama (1740-95) and Tomás Antônio Gonzaga (1744-1810). They introduced revolutionary French ideas to Brazil and wrote lyric and epic poems on Brazilian themes, but in a lofty European classical style.



Legendary mulatto writer, Joaquim Maria Machado de Assis

### THE EMPIRE & THE REPUBLIC

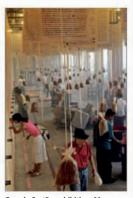
Brazil began to find its own voice in the last days of the Empire with the great 19thcentury mulatto novelist, Joaquim Maria Machado de Assis (1839–1908). Starting out with traditional sentimental romances, he later became celebrated for his darkly humorous novels with their subversive social criticism. *Dom Casmurro* is considered by some to be the greatest Latin American novel of the 19th century.

After independence in 1889. Machado de Assis's social criticisms were taken a step further by a generation of Republican novelists influenced by scientific and nascent socialist ideas from Europe In Triste fim de Policarbo Quaresma, the black novelist. Afonso Lima Barreto (1881–1922) was openly critical of the corruption that characterized the Republic. Euclides da Cunha's Os Sertões chronicled a gory and disastrous military campaign against a messianic rebel. Antônio Conselheiro (see p206), and his bandit followers in the harsh landscape of the Bahian sertão.

### MODERNISM IN LITERATURE

Modernism proper began in Brazil with Mário and Oswald de Andrade, who sought to articulate contemporary and uniquely Brazilian styles and themes. Mário (1893-1945) traveled throughout the country, searching for a unifying traditional culture which he enunciated in his comic rhansody Macunaíma, Oswald (1890-1953), together with his wife Tarsila do Amaral. formulated the ideas behind the antropofagismo cultural movement. The de Andrades cleared the way for the Modernist poets Carlos Drummond (1902-87) and Manuel Bandeira (1886-1968), and the greatest of all Brazilian writers. João Guimarães Rosa (1908-67), whose grand metaphysical novel. Grande Sertão: Veredas, invented a new syntax based on the isolated idioms of the interior of Minas Gerais.

A string of writers, including Gilberto Freyre (1900–87), Sérgio Buarque de Holanda (1902–82), and Darcy Ribeiro (1922–97), emerged from the social sciences. The 20th century also produced major popular novelists, including Jorge Amado (1902–2001) and Clarice Lispector (1920–77).



Grande Sertão exhibition, Museum of Portuguese Language, São Paulo

Vinícius de Moraes (1913– 80), a seminal figure in the contemporary Brazilian music scene, was the first to plough the furrow between music and literature by writing the lyrics of many famous songs. He has since been followed by songwriter Chico Buarque (b.1944), who wrote the novel *Budapest*.

Since 2000, writers from Brazil's manifold ethnic communities have risen to prominence. In *Relato de um Certo Oriente*, Milton Hatoum (b.1952) probes the psyche of an Arab immigrant, while Moacyr Scliar (b.1937) explores the Jewish-Brazilian experience in his writings.

Today, Brazilian fiction accounts for about half the literary output of Latin America. Writers include Paulo Coelho (b.1947), feminist novelist and short-story writer Lygia Fagundes Telles (b.1923), and Amazonian poet Anibal Beça (b.1946).



Leading contemporary novelist, Clarice Lispector

# The Music of Brazil

The vibrant music of Brazil reflects the diversity of the cultural and ethnic backgrounds that make up the country's resident population. The music mirrors the influences of both the native and immigrant population. The rhythms of Africa are as important to the overall sound as the harmonies and melodies that were introduced from Europe. Brazil is not about one musical style, but a varied selection. Internationally, *samba* and *bossa nova* are the best-known of the country's musical styles, but regional forms, such as *frevo* (*see* p236), and *sertanejo* (*see* p233), are just as popular within Brazil.



Heitor Villa-Lobos, one of Brazil's greatest classical composers

### SAMBA

Derived from Angolan religious rhythms, *samba* has permeated virtually every other Brazilian musical form that followed it. Historically strong in Rio, São Paulo, and Bahia, *samba* made a remarkable impact throughout the country in the 1930s. *Samba* comes in many forms, and most of these have a link to dance.



**Clara Nunes** was one of the most prolific and popular samba singers of all time. Her career was tragically cut short when she died at the age of 39 in 1982.



Zeca Pagodinho, who emerged in the late 1980s, is one of the most popular and bestselling artists of a new wave of samba stars.

Gilberto Gil went from political exile to Brazilian superstar before becoming Minister of Culture in 2003. He remains an active musical force.





Antônio Carlos Jobim was responsible for many of the bossa nova classics including "The Girl From Ipanema," one of the most played and recorded songs in popular music bistory.

### BOSSA NOVA

*Bossa nova*, a marriage of Brazilian rhythms and American jazz, has been the most exportable form of Brazilian music since international audiences first discovered it through an album, *Getz/Gilberto*, recorded by Stan Getz and João Gilberto in 1964. The album included a number of compositions from a young and unknown composer from Rio, Antônio Carlos ("Tom") Jobim. Gilberto, Jobim, and Jobim's lyricist, Vinícius de Moraes, were to become the "Holy Trinity" of *bossa nova*.



Sergio Mendes and his group, Brasil '66, helped launch bossa nova globally in the 1960s. They have recorded with acts such as Black Eyed Peas, Erykab Badu, and Justin Timberlake.



**Caetano Veloso** helped launch the *tropicalismo* movement in 1967, and is considered a Brazilian musical treasure. Bebel Gilberto has been the most internationally successful Brazilian artist

Brazilian artist in recent years with her hit album Tanto Tempo, released in 2002.

Chico Buarque is a composer, lyricist, performer, and author. He is as popular today as when he first performed in 1964.





Carlinhos Brown, a prolific performer, composer, drummer, and dancer, is equally popular as a solo artist or when collaborating with others.

TROPICALISMO & MÚSICA POPULAR BRASILEIRA Tropicalismo was a form of Brazilian music that arose in the

It has a round of blazhan music that arose in the late 1960s from a mix of *bossa nova*, rock and roll, Bahia folk, and African music. Many *tropicalismo* artists, led by Caetano Veloso and Gilberto Gil, were driven by political activism following the coup of 1964. Inspired in part by *tropicalismo*, *música popular Brasileira* (MPB), or popular Brazilian music, includes many Brazilian musical styles and is the most popular music played on the radio and in the clubs and bars of Brazil



Daniela Mercury burst on to Babia's axé and reggae music scene in the 1990s. Her explosive live performances have won her a growing international following.



### **REGIONAL MUSIC**

Although MPB covers a multitude of Brazilian musical genres, there are a number of distinctive regional styles that include *axé*, *choro*, *forró*, *frevo*, and *pagode*. Bahia, one of the powerhouses of regional Brazilian music, has its own versions of jazz, reggae, hip-hop, soul, funk, rock and roll, heavy metal, electronica, and the popular homegrown country and western style known as *sertanejo*.

### THE SÃO PAULO SCENE

The residents of São Paulo work hard, but they have also learnt to play hard so that the city's club scene is now considered one of the world's most exciting and innovative, with top international DJs flying in to exchange ideas and sounds with their Brazilian counterparts. Break beat, drum and bass, electronica, house, lounge, speed, garage, techno, trance, and trip hop all have a place in the Paulista scene. With a huge range of nightclubs and bars to choose from, Paulistanos can enjoy all genres of music through the week and all year round.



DJ playing in a São Paulo club

# **Religions of Brazil**

Few countries in the world can match Brazil for religious diversity. A typical São Paulo or Rio neighborhood will be home to Catholic and Evangelical Protestant churches, Buddhist temples, synagogues, mosques, Spiritist churches, Afro-Brazilian ceremonial centers, as well as a range of smaller religious institutions. The practice of black magic is not uncommon, even in business and politics, and soothsayers and witches hand out leaflets on the streets. Only atheists are largely absent in Brazil; those who believe in nothing are looked upon with a mixture of incredulity and pity.



Igreja Nossa Senhora do Rosário dos Pretos in São Paulo

### CATHOLICISM

Catholicism arrived with the Portuguese, and Catholics remain Brazil's dominant religious group. Brazil has the largest number of Catholics of any country in the world.

From its earliest days, the church in Brazil, as in most colonies, was divided into an establishment linked to the Crown (and later to the Emperor and the Republican State) and factions who campaigned on behalf of the oppressed. One of these factions was the Jesuits who, while treating the indigenous people as objects of proselytization, nonetheless fought doggedly against their enslavement and murder by the *bandeirantes* and the settlers on the Amazon. The Jesuits began to be seen as a threat to the Portuguese Grown and were expelled from the colonies in 1757.

### LIBERATION THEOLOGY



Leonardo Boff presiding over a service

In the 1970s, groups of Latin American Catholic thinkers preached what they called "a preferential option for the poor." In Brazil they were led by Leonardo Boff, Hélder Câmara, and Pedro Casaldaliga. They campaigned against the rich establishment and the dictatorships. Many of the priests involved were murdered or tortured and the movement was suppressed by the established Church. The church establishment in Brazil did little to criticize the treatment of the indigenous people, or the slaves from Africa who replaced them. Churches were divided along strict social and racial lines. The poorest churches were reserved for Afro-Brazilian slaves and were often dedicated to the black Madonna, Nossa Senhora do Rosário dos Pretos.

Latin American churches were instrumental in influencing Pope John XXIII and Pope Paul VI's groundbreaking church reforms of the mid-1960s, known as Vatican II and promoting a more egalitarian Catholic Church throughout the world. Vatican II led to the most important movement in the Catholic Church in the 20th century, Liberation Theology.

Churches in Brazil today are largely apolitical and gregarious, and are increasingly influenced by Evangelical preaching and musical styles.



Evangelical Protestants at Igreja Universal do Reino, São Paulo

### EVANGELICAL PROTESTANTISM

The Evangelical movement emphasizes the Protestant beliefs in the authority of the Bible and of every person's right to interpret the Scriptures for themselves. Services are emotive, with pastors making use of fiery language, and often strongly encouraging their congregation to donate a *dizima* (usually 10 percent of any monthly salary) to the church. The movement has been widely criticized. Nonetheless, Evangelicalism is very popular in Brazil, so much so that populist politicians often campaign as Evangelicals in elections.

#### SPIRITISM

Developed by by the Frenchman Allan Kardec, Spiritism is a systematization of divergent 19th-century occult practices dealing with communication with the spirits of the dead. Kardec called Spiritism "a science which deals with the nature, origin, and destiny of Spirits, as well as their relationship with the corporeal world." Brazil has the largest number of Kardecian Spiritists of any country in the world.



Chagdud Khadro Ling temple in Tres Coroâs, Rio Grande do Sul

#### BUDDHISM & OTHER ASIAN RELIGIONS

The largest population of ethnic Japanese in Latin America and immigrants from many other East Asian countries live in Brazil. Consequently, there are large communities of Nichiren Daishonin Mahayana Buddhists in the country. Their beliefs are based on the teachings of a 13thcentury Japanese monk who stressed the need to elevate one's state of life from being trapped within the limits of desires and instincts. The method for achieving this is through strong ethical practice and the chanting of the Nam-Myoho-Renge-Kyo mantra. The movement has proved especially successful at bridging Brazil's trenchant class divide. Yoga and

Krishna Consciousness are also popular in Brazil, though often as alternative lifestyle options.

#### AFRO-BRAZILIAN RELIGIONS

West African religions came to Brazil with slaves and developed into cults, such as Candomblé (*p177*), Bautuque, and Macumba. Worship involves the invocation of *orixás* – spirits who intervene between humans and Olorun, the supreme creator. The Brazilian government legalized their practice in the mid-19th century, but followers of these religions have been persecuted by the Church.

#### INDIGENOUS RELIGIONS

Brazil is home to hundreds of different indigenous belief systems. These can all be loosely banded together as shamanism, which is not so much a religion as a distinct way of understanding reality. Rather than believing that we are made of material, indigenous peoples believe that material, time, and space itself are mere manifestations of a far deeper reality. Spiritual life is organized in harmony with this inner state by a shaman. A number of popular religious movements have grown up in Brazil from indigenous roots. The most widely practiced is Santo Daime, which makes use of Amazonian psychotropic plants to achieve a state of super-consciousness.



Al Iman Ali Ibn Abi Taleb mosque in Curitiba

#### ISLAM

Brazil has the largest Islamic community in Latin America, but Islamic fundamentalism is almost unknown. The community is private, conservative, and is generally more concerned with preserving links to Lebanese and Syrian culture and the Arabic language than it is with proselytizing. The community has produced numerous prolific writers and politicians.

#### JUDAISM

Brazil's Jewish community has about 150,000 members, most of whom are concentrated in São Paulo (which has the largest Ashkenazi synagogue on the continent), Recife, and Rio de Janeiro. Many are descended from the Jews who fled Europe in the 1930s. The community is active in political and cultural life. The writer Moacyr Scliar is one of the country's successful literary exports.



Santo Daime followers in Visconde de Mauá, Rio de Janeiro

## Soccer in Brazil

In the first half of the 20th century, soccer went from being the private sport of Brazil's white European elite to becoming the greatest symbol of nationhood. The game united all sections of the population and, after the national team's first World Cup victory in 1958, brought about unprecedented national pride. The Brazilian way of playing *futebol* – with more emphasis on attacking, dribbling, and acrobatic ball skills – has become a benchmark for excellence, and is also known as *jogo bonito*, or "the beautiful game."

Charles Miller is the father of Brazilian soccer. In 1894, returning to the country after attending boarding school in Southampton, UK, he brought two footballs, a pump, and a rule book place a few months later.





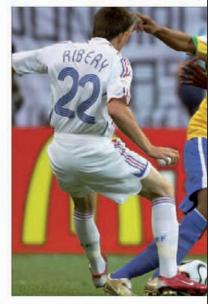
The 1938 national soccer team received a joyous welcome on their return home from France. Brazil, which came third after defeating Czechoslovakia, had also won the bearts of the Europeans



The 1950 World Cup was bosted in Brazil. In the fateful final game, Brazil only needed a draw against Uruguay to win the tournament. Overwhelming favorites, Brazil lost 2–1 in front of a record 200,000 crowd, which caused the greatest moment of collective sporting tragedy in the country's history.



In a favela, the main leisure activity for children is always soccer. Rough terrain helps them develop trademark ball skills such as the dribble.



#### THE NATIONAL SIDE

With their iconic yellow shirts, the Brazilian national team, known as the Seleção, or Selection, is the most glamorous football team in the world. It is the only team to have taken part in every World Cup and have won it more times than anyone – in 1958, 1962, 1970, 1994, and 2002.

#### **BRAZILIAN GREATS**

Brazil has produced more soccer legends than any other country and also the greatest player of all time: Pelé (*see p168*). The first great player was Artur Friedenreich in the 1910s. Each generation reveals new stars and the soccer factory shows no signs of stopping. Since the inauguration of FIFA's (Fédération Internationale de Football Association) World Player of the Year award in 1991, only Brazil has won it with more than one player: Romário (1994), Ronaldo (1996, 1997, 2002), Rivaldo (1999), and Ronaldinho (2004, 2005).



Leônidas da Silva, also called "Rubber Man" for his elasticity, was the highest scorer in the 1938 World Cup.



Garrincha, the "Little Bird," was born with bent legs and is considered to be the finest dribbler of all time.

36



**The Dream Team of 1970** is considered the best soccer team of all time. Their 4–1 victory against Italy won them the World Cup for the third time.



The torcidas, or soccer fans, bave adapted aspects of Carnaval to futebol, playing lively music at stadia, dressing up in team colors, and bringing noisemakers, colorful banners, and flags.



#### **MAJOR TEAMS & STADIA**

There are several hundred professional clubs in Brazil. The number is impossible to calculate, since local leagues are constantly changing and teams shutting down and starting up. Brazil's best-known stadia are the Maracanã (see p84) in Rio, which was built for the 1950 World Cup, and the Morumbi in São Paulo.



Estádio do Maracanã in Rio de Janeiro, one of the largest soccer stadia in the world

#### BRAZIL'S BIGGEST CLUBS & STADIA



SOCIEDADE ESPORTIVA PALMEIRAS (1914) Stadium: Palestra Itália, São Paulo Capacity 35.000



CRUZEIRO ESPORTE CLUBE (1921) Stadium: Mineirão, Belo Horizonte, Minas Gerais Capacity: 76,500



CLUBE DE REGATAS DO FLAMENGO (1895) Stadium: Gávea/Maracanā, Rio de Janeiro Capacity: 8,000 (Gávea)/103,022 (Maracanā)



FLUMINENSE FOOTBALL CLUB (1902) Stadium: Maracanā, Rio de Janeiro Capacity: 103,022



GRÊMIO FOOT-BALL PORTO ALEGRENSE (1903) Stadium: Olímpico Monumental, Porto Alegre Capacity: 54,081



SÃO PAULO FUTEBOL CLUBE (1930) Stadium: Morumbi, São Paulo Capacity: 80,000





CLUB DE REGATAS VASCO DA GAMA (1898) Stadium: São Januãrio, Rio de Janeiro. Capacity: 31,000



Pelé was a World Cup champion at 17, and scored a recordbreaking 1,283 goals in 1,367 games.



Sócrates, the 1982 and 1986 World Cup captain, was famous for his back beels and his political beliefs.



Romário, the "Baixinbo" (Shorty), was the star player in the 1994 World Cup, won by Brazil.



Ronaldo, with two World Cup winner's medals, broke the competition's goalscoring record in 2006.

# Brazilian Beach Culture

The beach represents a big playground for Brazilians. People living near Brazil's extensive coastline go to the beach daily to socialize and to eat and drink, while vacationers can spend all day near the sand and warm water. Brazilian music plays nonstop at the local beach stalls and, as dusk falls, beachgoers party long into the night. It is a Brazilian tradition to play soccer, beach volleyball, and footvolley, or go for a walk or bike ride along the beach or promenades. At some resorts, visitors can hire a horse or a beach buggy, or practice surfing, kayaking, paragliding, and *skibunda* (sandboarding).

Surfer at Praia Joaquina, Ilha de Santa Catarina



Urban beaches are popular for their promenades and cycle lanes, where people go to exercise before or after work. Some beaches offer good facilities with bathrooms, showers, and gym equipment, and are illuminated at night for playing sports such as soccer and footvolley.





Colorful food stalls selling coalho cheese, corn-on-thecoh, peanuts, and sbrimp sticks line the beaches. Popular local drinks include fresh coconut water, cold beer, and caipirinha.



Brazil's beaches can vary from calm bays to unspoilt, wild beaches accessed only by tracks through the forest. There are also exclusive resort beaches with aquatic parks and modern facilities.



**Beach sports** are very popular. Besides soccer and volleyball, people play frescobol (a kind of tennis). Some beaches also offer paragliding and delta-wings during bolidays.



**Umbrellas** in bright colors are lent for free by the food stalls to their patrons.

The canga, a Brazilian sarong, is worn to and from the beach, and also used as a towel to lie on.



Watersports, such as surfing, windsurfing, kayaking, scuba diving, and snorkeling, are popular through the year due to the warm water. All equipment can be easily bired at the beach.

Beach safety is

monitored by lifeguards on buggies during bolidays and at weekends. Flags offer advice on currents and deep water. Asking locals may be useful if there is no patrol.

#### LOCALS ON THE BEACH

Relaxed and spontaneous by nature, Brazilians carry only the bare essentials with them to be free to walk, swim, play, or just lie on a *canga* to tan and watch the world go by.



Beach fashion for women popularly features tiny bikinis that ensure the smallest tan line. The men, on the other band, can be seen wearing swimming trunks under informal shorts.



Beach parties, or luaus (moon parties), are kept alive all night by typical Brazilian dance music such as forró (see p236) or axé. Electronic music and live concerts are also played at these parties.

# BRAZIL THROUGH THE YEAR

razilians are a fun-loving people. In this unique land of diverse ethnic groups and races there is a colorful and vibrant culture which is celebrated in the numerous parties, carnivals, festivals, rallies, and parades held through the year, but particularly in summer. The



Festive silver boots with feathers

most significant events include the moderate in autumn and spring and spectacular Carnaval and a series of dip sharply in winter.

popular religious festivals related to Catholicism and a combination of syncretic traditions. The climate varies. but on average it stavs warm. making it favorable to outdoor celebrations. The seasons are not so perceptible, except in Southern and Southeastern Brazil where temperatures are

SPRING

As flowers begin to decorate the landscape, Brazil prepares to display its wealth of spring flowers and gears up for festivities that last through the season. The most remarkable spring celebrations are related to the Catholic religion, but the highly charged Brazilian Grand Prix also generates great excitement.

#### SEPTEMBER

Expoflora (Set weekends). Holambra (São Paulo state) More than 1.000 species of flora are for sale. Dutch folk dances, music, and Dutch and Brazilian food are also featured, emphasizing the town's Dutch character.

International Fishing Festival (2nd fortnight), Cáceres (Mato Grosso). Listed by the Guinness World Records as the biggest fishing tournament in the world, the angling event attracts more than 1,500 competitors.

#### OCTOBER

São Paulo International Film Festival (2nd fortnight), São Paulo. Lasting two weeks, the festival screens around 350 reputed films from more than 50 countries

São Paulo Art Biennial (Oct-Dec. even years). São Paulo. The Parque do Ibirapuera is the site of an amazing display of modern visual art. Círio de Nazaré (2nd Sun). Belém Our Lady of Nazareth procession follows the Romaria fluvial pilgrimage a day earlier

Oktoberfest (mid-Oct). Blumenau (Santa Catarina) A lively street party, second only to Munich, celebrates German music, beer, and way of life.

Brazilian Formula 1 Grand Prix (late Oct). São Paulo. Organized at Interlagos Circuit, the race is usually the final round of the Formula 1 season

Recifolia (last week). Recife. A lively carnival with crowds dancing the whole week to Bahian bands.



Paying homage at Padre Cicero's towering statue, Juazeiro do Norte

#### NOVEMBER

#### Padre Cícero Pilgrimage

(Nov 2), Juazeiro do Norte (Paraíba). On Dia do Finados (All Souls' Day), thousands of pilgrims visit patron saint Padre Cícero's statue and the church where he is buried National Handicraft Fair (late Nov). Belo Horizonte. A major exhibition and sale of handicrafts from all over Brazil. There are interactive workshops where many of the crafts can be learnt.



Smoke rising from the wheels of Ferrari team driver Michael Schumacher's car, Brazilian Grand Prix, São Paulo



A spectacular display of Reveillon fireworks on Copacabana beach

#### SUMMER

Summer is the most important time of the year for Brazilians. It marks the beginning of the year and vacation time. It rains heavily in most parts, but the sun continues to shine through. Besides a number of outdoor events to mark the advent of summer, there are trade fairs and important religious festivals. The culmination of the summer is Carnaval.

#### DECEMBER

Festa Santa Bárbara (Dec 4), Salvador. A popular threeday Candomblé ceremony at Fonte de Santa Bárbara. The image of Santa Bárbara, called Yansā in Candomblé, is carried through the streets of the historic center.

**Carnatal** (*early Dec*), Natal. Out-of-season Carnaval, where famous bands test their repertoire for the next Carnaval, with throngs of people singing and dancing through the streets.

São Silvestre Race (Dec 31), São Paulo. Amateur and recreational runners join professional athletes for a 9-mile (15-km) race through the streets of São Paulo. **Reveillon at Copacabana** (Dec 31), Rio de Janeiro. A New Year's Eve party along

Copacabara beach with performances by leading pop stars and a lavish midnight fireworks display at Forte de Copacabana and Le Meridien Hotel.

#### JANUARY

Processão dos Navegantes (Ian 1). Angra dos Reis. A samba school percussion group parade across the Baia de Ilha Grande in boats of different shapes and sizes. Processão do Bom Jesus dos Navegantes (Jan 1), Salvador. Hundreds of fishing boats follow a galliot, a long ship. that carries the image of Our Lord of Navigators. Pré Caiú (2nd week). Aracaiu. One of the dozens of micaretas (out-of-season Carnaval) before the real Carnaval in February/March. Lavagem do Bonfim (2nd Thu). Salvador. A colorful parade and ceremonial washing (lavagem) of the steps of the Igreia de Nossa Senhora do Bonfim

Festas dos Ticumbi & Alardo (Jan 19 & 20), Itaúnas. People in colorful clothes pay homage to São Bento and São Sebastião to the strains of traditional music. São Paulo Fashion Week (Jate Jan), São Paulo. Fashion shows featuring top Brazilian models and fashion designers are held. Festa de São Lázaro (Jast Sun), Salvador. A festival in honor of Candomblé deity Omolu, the God of Plague.

#### FEBRUARY

Pescadores do Rio Vermelho (Feb 2), Salvador. A procession of boats carrying offerings to Yemanjá, the Goddess of the Sea, accompanied by Afro-Brazilian music

Nossa Senhora dos Navegantes (Feb 2), Porto Alegre. A boat procession on the Rio Guaíba carrying the image of Yemanjá.

**Carnaval** (*Feb/Mar, about 40 days before Easter*). The most famous Carnaval takes place in the city of Rio de Janeiro. Salvador and Olinda also have fantastic celebrations.

Festa Nacional da Uva (Feb/Mar, biennial, even years), Caxias do Sul. Wine production is the highlight of this festival that keeps alive the customs and traditions of the early Italian immigrants.



Carnaval performers in striking costumes, Rio de Janeiro City



Hooded torchbearers at the Processão do Fogaréu, Cidade de Goiás

#### AUTUMN

In Southern Brazil and the Southeast, the autumn season is marked by steady breezes and comfortable temperatures. Religious festivals, such as the Semana Santa and Festa do Divino Espírito Santo, are celebrated with great involvement. The Hot-Air Balloon Festival is an additional attraction.

#### MARCH

International Book Biennial (Mar/Apr, even years), across Brazil. A 10-day fair marked by book launches, interactive author sessions, lectures, and cultural performances. Semana Santa (Mar/Apr), across Pernambuco & Minas Gerais. In Nova Jerusalém, the play Paixão de Cristo (Passion of Christ) is staged with over 500 professional actors; the audience also participates. In the historic towns of Minas Gerais, crowds accompany the religious processions.

#### APRIL

Processão do Fogaréu (Wed before Good Friday), Cidade de Goiás. The city glows with lights and the streets blaze with torches during the solemn procession of the Semana Santa, when the burial of Christ and the Resurrection are re-enacted to the sound of tambours. Festa Nacional da Maçã

(Apr/May), São Joaquim (Santa Catarina). Exhibitions, musical shows, and German folk performances, as well as bestowing of the "best apple producer" title.

**Micarande** (*late Apr*), Campina Grande. The first *micareta* (off-season Carnaval) outside the state of Bahia. Axé, forró (see p236), and frevo (see p217) performances highlight the revelry. **Hot-Air Balloon Festival** (*Easter week*), Torres. Annual hot-air balloon event held since 1989. Other attractions include a parachute display and rodeo competition.

#### MAY

Festa do Divino Espírito Santo (May/Jun, 45 days after Easter), Pirenópolis & Alcântara. Mock battles between Moors and Christians are enacted. Forró and sertanejo parties are held. Festa do Bembé do Mercado (approx May 13), Santo Amaro. The festival marks the abolition of slavery in 1889. Traditional Bahian music and dance performances also take place.

#### WINTER

With cooler climatic conditions, the southern and southeastern regions are attractive to visitors. Across Brazil, the festivities begin in June, paving the way for international music and art festivals that are a huge draw. The GLBT (Gay, Lesbian, Bisexual, and Transgender) Parade is also significant.

#### JUNE

Festas Juninas (weekends through June), across Southeast Brazil. Homage



Women in traditional dresses performing samba-da-roda at the Festa do Bembé do Mercado, Santo Amaro



Elaborate headgears for the Festa do Bumba-meu-boi, São Luís

is offered to St. Antony (Jun 13), St. John (Jun 24), and St. Peter (Jun 29). The festivities that take place at the arraia (imitations of old country villas) are marked by traditional feasting. Festa do Pinhão (early Jun). Lages (Santa Catarina) Celebrating the edible tinhão (seed of the Paraná pine), the festival includes lively music performances. GLBT Parade (early Jun), São Paulo, Organized since 1999. the parade is one of the biggest events of its kind in the world

Festa do Bumba-meu-boi (whole month). São Luís. Improvised songs and dances by skilled performers tell the story of the death and resurrection of a bull. Festa do Boi Bumbá (Jun 28-30). Parintins. In Amazonas. Bumba-meu-boi is known as Boi Bumbá. Two groups, Caprichoso (in blue) and Garantido (in red), compete inside a bumbódromo built to hold 35,000 spectators. São João (Jun/Jul), Caruaru & Campina Grande. Forró is the predominant rhythm at the dance festival, which draws many leading performers.

International Puppet Theater Festival (Jun/Aug), Canela. Puppeteers perform in theaters, schools, and streets over four days.

**Rally dos Sertões** (*late Jun*), across Brazil. A 10-day event, when cars, truck pilots, and motorcycles drive 2,796 miles (4,500 km) through Brazil's rough interior.

#### JULY

Festival do Inverno (Jul 1– 30), Campos do Jordão (São Paulo). Begun in 1990, it is the greatest festival of classical music in Latin America. Festival Internacional da Dança (2nd fortnight), Joinville (Santa Catarina). Dance performances, workshops, and competitions take place at one of the world's largest dance festivals, featuring dance forms ranging from jazz and folk to classical ballet.

Ilhabela Sailing Week (date varies), Ilhabela. Known as the sailing capital, the island is famed for competitive races and regattas, organized by the Yacht Club de Ilhabela. Fortal (last week), Fortaleza. The country's biggest micareta, held at Cidade Fortal, draws crowds with axé music and small schools of samba.

#### AUGUST

Festa da Nossa Senhora das Neves (Aug 5), João Pessoa. Street celebrations for 10 days to mark the day of the city's patroness, Our Lady of the Snow. The rhythm of frevo defines the mood. Festival de Gramado (1st two weeks). Gramado. The most important film awards event in Brazil offers viewers the best in Brazilian and Latin American cinema. Festa Literária Internacional de Paraty (FLIP) (early Aug), Paraty. An acclaimed literary gathering of Brazilian and

international writers. Literary

#### PUBLIC HOLIDAYS

New Year's Day (Jan 1) Carnaval (Tue, 40 days before Easter) Good Friday (Mar/Apr) Easter Sunday (Mar/Apr) Tiradentes Day (Mar 1) Labor Day (May 1)

Corpus Christi (Jun)

Independence Day (Sept 7)

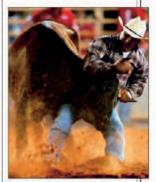
Our Lady of Aparecida Day (Oct 12)

All Souls' Day (Nov 2)

The Republic Proclamation Day (Nov 15)

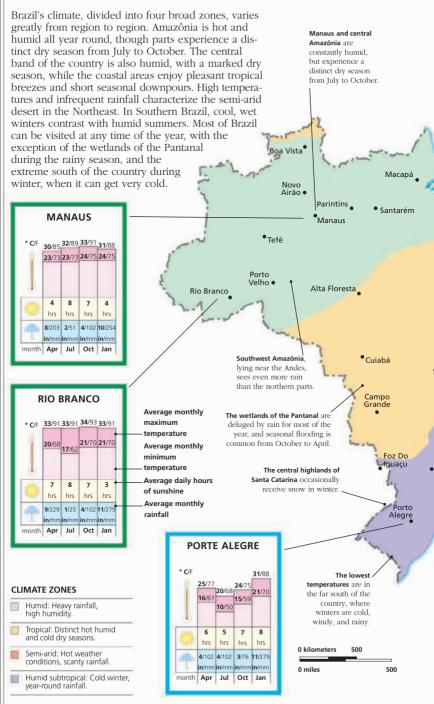
Christmas Day (Dec 25)

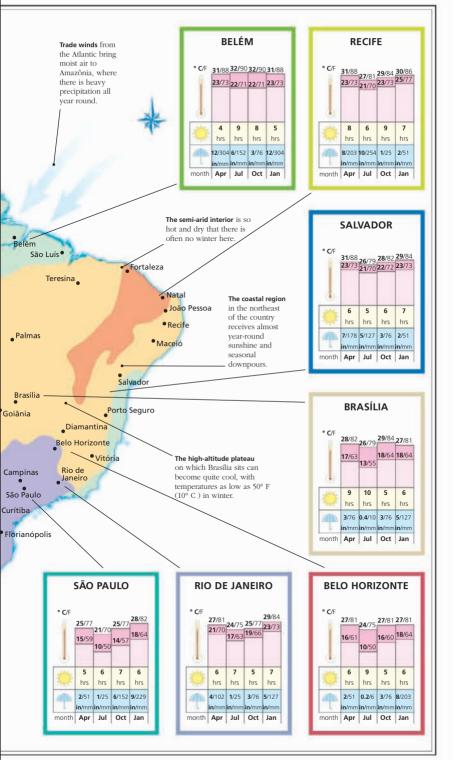
reunions, plays, lectures, and concerts feature on the versatile program list. Festa do Peão de Bojadeiro (beginning on the 3rd Thu). Barretos (São Paulo state). The world's largest 10-day rodeo event receiving almost one million visitors every vear. Concerts and food fairs. Pinga Festival (3rd weekend), Paraty. Local cachaca samplings (see p391), also known as *binga*, musical shows, and food stalls offering regional delicacies. International Festival of Culture and Gastronomy (date varies). Tiradentes. A 10-day international gastronomic event with workshops and exhibitions in restaurants or at public squares all over the town.



Taking the bull by the horns, Festa do Peão de Boiadeiro, Barretos

# The Climate of Brazil







# THE HISTORY OF BRAZIL

when Europeans first traveled there. Archaeological remains, which consist mainly of pottery, suggest a complex society that was in existence long before the colonialists arrived. After more than 300 years of Portuguese colonization, Brazil became a republic in 1889. Long periods of totalitarian rule finally led to the return of democracy in 1989.

For over a millennium, before the Europeans arrived in Brazil, Amazônia had a vast network of sophisticated societies with populations of up to 100,000. The abundance of fish in the Amazon river and its tributaries

was almost certainly one of the main reasons for the wealth and rapid growth of cultures in Amazônia.

Up until the beginning of the 16th century, the middle Amazon region around Santarém was an important center for ceramic art and trading. It was home to thousands of semisettled indigenous people who grew maize and had access to plentiful fish. Living on higher land, up above the flood plain, as well as in long houses along river banks, they left important ceramic remains. Archaeological evidence from the earth mounds near Santarém and also on the Ilha de Maraió (see p270) suggests that some of the shell midden mounds were part of these complex fishing societies. The most widespread of the 1,000 semi-nomadic indigenous peoples that inhabited the territory at the



Early European depiction of the Tupinambá people

time of the European conquest, were the Tupi-Guaraní Indians. While they lived off slash-andburn farming, the Tupinambá, another large group, cultivated crops, primarily maize.

#### **EUROPEAN DISCOVERY**

The coastline was widely inhabited when Spanish explorer Vicente Yáñez Pinzón disembarked on the northeastern shore in Pernambuco. on January 26, 1500. He could not claim the newfound land for Spain, as he was officially limited by the Tordesillas meridian. The Treaty of Tordesillas, signed in 1494 between Spain and Portugal, determined that all lands discovered west of a meridian located 3 miles (5 km) west of the Cape Verde Islands would belong to Spain, and those to the east of this line could be claimed by Portugal. On April 23, 1500, Pedro Álvares Cabral landed in southern Bahia, marking the Portuguese arrival in Brazil. Portugal, which already controlled the Indian Ocean and the spice trade, bolstered its position as a mercantile power rivaled only by Spain.

	1000					
TIMELINE	De	etail of rock painting, da	ting from 2800 BC	;		
<b>13000 BC</b> One of th early hunting com- munities flourishes near Pedra Furada, in Piauí state	s 20	<b>1000 BC-AD 1000</b> A civilization, currenth as Patiti or Enin by a develops a crop irrig	y referred to archaeologists,	AD 1000 Hierarchical societies settled along the Amazon		
20000 BC	2000 BC	1000 BC	AD 1	AD 1000		
<b>9500 BC</b> Migration across the Pacific Ocean to mid- Amazon region	across the Pacific Ocean to mid- cultural developments in Marajoara and		<b>AD 500–1300</b> Period of major growth and expansion of Marajoara culture		<b>AD 1500</b> Pedro Cabral of Portugal lands in Bahia	

 $\lhd$  Detail of a meeting of Portuguese sailors and natives of Brazil, a 1592 line engraving by Theodor de Bry

## The Portuguese Conquest

When the Portuguese reached Brazil in 1500, their period of maritime expansion was at its peak. In 1501, Emperor Manuel I ordered Amerigo Vespucci to explore the new territory further, leading to the settlement of Guanabara Bay (Rio de Janeiro). In 1530, an expedition led by Martim Alfonso de Sousa resulted in the first colonial towns – São Vicente and São Paulo. Preoccupied with Africa and the Far East, Portugal neglected Brazil until 1532, when João III divided the land into 15 captaincies. The early settlers mainly comprised impoverished Portuguese peasants and nobles, who were expected to explore and govern these captaincies.



Armillary sphere, a globe used by early navigators



#### Manuel I (1469–1521)

An illuminated Portuguese manuscript features the royal coat of arms, as well as armillary spheres symbolizing Emperor Manuel's reign as a golden age of exploration.

> Priests also joined the expedition, hoping to spread Christianity in the New World.

> **Cabral** erected a cross and held a Catholic service to signify the ownership of Brazil.

#### PEDRO ÁLVARES CABRAL

The commander of the fleet sent to India by Emperor Manuel I, Cabral accidentally landed at Porto Seguro in southern Bahia on April 23, 1500. The Portuguese navigator baptized the bay, where they anchored for 10 days, Terra de Vera Cruz, or "Land of the True Cross." His onward voyage to India was beset with calamities, and Cabral finally drowned in a shipwreck a few months later.





Indigenous People meeting the Portuguese

Initial Portuguese fleets were received by friendly indigenous people. Gradually, these confrontations and meetings became more bostile in nature.



Early Brazil map, showing a couple under brazil wood

#### THE NAMING OF BRAZIL

Officially, the land was named for *pau*brasil, or brazil wood, a tree yielding a valuable red dve. However, the name "Brazil" appreared in the Irish legend of St. Brendan as Hy Brazik (Blessed Land in Gaelic). It became part of European maritime folklore, designating a hypothetical land located somewhere in the Atlantic When Cabral found a new land in that general area, he may have identified it with Brendan's Brazil. The tree might have been named after the land, rather than the other way around.



Botocudos Man Still surviving in some barts of Brazil. the Botocudos were hunter-gatherers.



**Skilled** captains accompanied Cabral in his explorations to discover new territories



Woodcut Showing Tupinambá People

Ritually practicing cannibalism. the Tupinambá were some of the first Brazilians to make contact with the Portuguese. They soon died from diseases carried by the Europeans. and from the conditions of their capture and enslavement

King João III ascended to the throne while the Portuguese Empire was at the height of its mercantile and colonial power. Unable to directly govern Brazil, King João III divided the land into 15 capitanias, or captaincies. Settlement was focused mainly on the long coastline. Only São Vicente and Pernambuco immediately prospered. In 1548, the king repossessed the captaincies and brought Brazil under bis direct control.





#### A Jesuit Admonishing Indigenous People

The influence of the Jesuits accompanied this early period of colonization. The first missionaries had arrived in 1549 and acauired great bower in Brazil through their influence on the Portuguese court. A zealous missionary movement began, aimed at converting the local people.



Painting showing a group of indigenous Brazilian slaves at work in a sugar plantation

#### **COLONIZATION & EXPANSION**

King João III conferred special colonial privileges to the *donatários*, the aristocrats and minor gentry, who were expected to develop and govern the *capitanias* on behalf of the Crown. The *donatários*, however, met with adverse climatic conditions and hostile indigenous people. Some of the *capitanias* were attacked by the indigenous Brazilians. In 1549, the Crown was forced to send Tomé de Sousa as the first governor, who was assigned the task of protecting the few remaining captaincies.

#### **SUGAR & THE SLAVE TRADE**

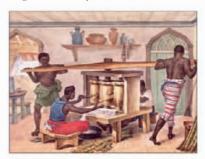
Introduced to Brazil in 1532, sugar replaced the country's first major export, brazil wood, which was nearly wiped out as a result of overexploitation. Setting up his capital in Salvador, Tomé de Sousa enlisted the support of the Jesuits. The indigenous people who did not convert to Christianity were enslaved and sent to work in sugar plantations. As a result of the high demand for sugar in Europe, sugar cane grown in *engenbos* (plantations) along the northeastern coast soon became the base of the Brazilian economy. Salvador and Olinda emerged as key centers for the sugar trade.

The hunting-gathering indigenous people, however, were found to be unsuitable slaves for the plantations. They were better suited for the brazil wood trade, and were made to log and transport timber instead. From the 1550s, the landowners turned to Africa, importing millions of slaves.

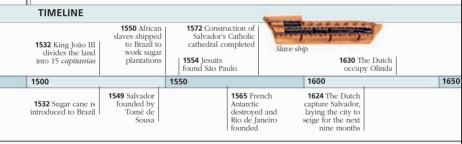
#### COLONIAL WARS

While the Portuguese Crown was still struggling to consolidate its hold on Brazil, the Dutch and French forces continued to encroach on its territories. In 1555, the French had made inroads into the bay of Guanabara, establishing their own colony, French Antarctic. Portuguese forces seized the colony in 1565, and founded a new city, Rio de Janeiro.

Throughout the first half of the 17th century, French and Dutch privateers continued to plunder the coastal cities. With a powerful fleet, the Dutch offered a greater challenge. In 1624, the Dutch captured Salvador and laid siege to the city, until the combined



African slaves in a sugar mill, using an early form of grinder for refining sugar





An engraving depicting naval combat between French and Portuguese ships off the coast of Brazil

fleet of the Portuguese and Spanish expelled them. The Dutch occupied Olinda in 1630 and, by 1641, controlled a vast stretch of coastline, ending Portugal's monopoly of the sugar trade. During 1648 and 1649, two battles were fought at Guararapes, in Pernambuco, where the Dutch were routed and their territory reduced to an enclave around Recife. Following several years of open warfare, the Dutch formally withdrew in 1661.

#### THE DISCOVERY OF GOLD

The decline of the sugar industry coincided with the discovery of gold. In 1695, gold was first discovered in Sabara, Minas Gerais, by the *bandeirantes* (paramilitary adventurers), who faced grueling conditions as they pressed inland toward the Andean foothills. Gold was also found in Cuiabá, Mato Grosso, in 1719. Both events led to further development and

expansion of the country's interior. Traffic to São Paulo and Rio de Janeiro rapidly increased and new communities drew people away from the Northeast coast. The focus of power in Brazil moved from the Northeast to the Southeast, and Rio de Janeiro was made the new capital in 1763.

#### STRUGGLE FOR INDEPENDENCE

The gold rush lasted not more than 70 years. The decline of gold in the 18th century led to high taxes, as Brazil was forced to meet the quota set by the Crown for the minimum annual gold production. This, coupled with the Brazilian resentment at their exclusion from administration and the Portuguese dominance of foreign trade, culminated in the 1789 Inconfidência Mineira rebellion. Led by Tiradentes (*see pp126–7*), who was eventually executed, the uprising was aimed at Brazilian independence from Portuguese rule.





Dom Pedro proclaiming "Independéncia ou Morte!" at the Rio Ipiranga, on September 7, 1822

#### THE FIRST EMPEROR OF BRAZIL

The advance of French Emperor Napoleon, in 1808, forced King Dom Ioão VI, who was ruling from Lisbon. to relocate his government to Brazil. In 1821, the royal family were forced to return to deal with rebels back home. Dom João's son, the Prince Regent, who had stayed back in Brazil, proclaimed independence from Portugal on September 7, 1822. In a famous scene at the Rio Ipiranga, he tore the Portuguese insignia from his uniform, drew his sword, and declared, "Independéncia ou Morte!" (Independence or Death). Three months later, he crowned himself Emperor Dom Pedro I.

Although the assumption of independence had been easy, Dom Pedro soon realized that organizing the new government was riddled with challenges. His own autocratic nature proved to be the biggest hurdle in winning the confidence of his subjects. The new consitution he proposed, based on his own unlimited power, was strongly opposed by the assembly. When Dom Pedro dismissed his assembly in 1831, demonstrators demanded its reinstatement.

#### PROVINCIAL UNREST

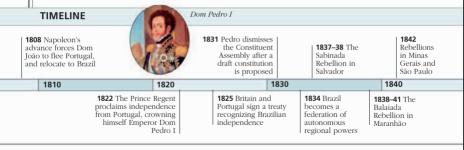
Dom Pedro I was forced to abdicate in favor of his five-year-old son. Dom Pedro II. From 1831 to 1840, three appointed regents ruled the country in the young emperor's name during a period of turmoil, in which local factions struggled to gain control of their provinces and to keep the masses in line. The regency in Rio de Janeiro gave considerable power to the provinces in 1834, when Brazil became a federation of locally autonomous regional powers, with loose allegiance to the center. The rebellions, riots, and popular movements that marked these years did not spring from economic misery, but from attempts to share in the prosperity stemming from the North Atlantic demand for Brazil's exports.

#### THE COFFEE INDUSTRY

Coffee, which was introduced to Brazil in the early 1800s, filled the void left by the collapse of the sugar industry and the waning gold rush. An army officer, Francisco de Mello,



A formal portrait of Brazil's Emperor Dom Pedro II (1825–91), depicting him in full regalia



was believed to have brought the first coffee beans into Brazil, from his journey to French Guiana. The coffee industry began to flourish. mainly in Minas Gerais and São Paulo, Expanding coffee production in the 1850s and 1860s attracted British investment in railroads to speed transport of the beans to the coast The coastal Santos-São Paulo Railroad (1868) was followed by a series of railroads that linked the northeastern coast to the interior.

#### SLAVERY ABOLISHED

As coffee exports rose steadily, so did the numbers of imported slaves. In Rio de Janeiro alone, they soared from around 26,000 in 1825 to 44,000 in 1828. While

slave owners argued that slavery was not demoralizing, others were in favor of replacing slavery with

free European immigrant labor. Eventually, a contract system that was little better than slavery was established by the Parliament. New laws and decrees, unacceptable to slave owners, were simply not enforced, such as the 1829 order

forbidding slave ships to sail for Africa. The failure

to enforce these orders caused regional slave rebellions throughout the 19th century. In 1850, British and domestic pressure finally forced the Brazilian government to outlaw the

African slave trade. Over the next five years, even clandestine landings stopped, ending the trans-

Atlantic trade. In 1875, the cabinet in Rio Branco approved a law freeing newborn slaves and requiring masters to care for them until they were eight years old. Between 1875 and 1887, 156,000 immigrants arrived in São Paulo to work as free laborers and fill the void created by the gradual

decline in the slave population. By the 1880s, the slave population was reduced to half its size. In 1888, the Golden Law was passed, finally abolishing slavery.



An 1857 portraval of black

slaves on a plantation

The Surrender of Uruguaiana, painted during the war

#### THE WAR OF THE TRIPLE ALLIANCE

From 1864 to 1870, Paraguay and the allied countries of Argentina, Brazil, and Uruguay fought one of the bloodiest conflicts on the American continent. Also known as the Paraguayan War, it has been widely attributed to the expansionist ambitions of Paraguayan dictator Francisco Solano Lopez, and the Brazilian and Argentinian meddling in internal Uruguayan politics. The outcome of the war was the devastating defeat of Paraguay by the Triple Alliance, but at the cost of over 100.000 casualties.

#### THE FIRST REPUBLIC

In 1889 the monarchy was overthrown by a military coup, which was led by Marechal Deodoro da Fonseca and supported by Brazil's coffee barons. Dom Pedro II was exiled in Paris where he died two vears later. A republic was born, with Deodoro as the first president. The Constituent Assembly that drew up the 1891 constitution was a confrontation between the São Paulo coffee oligarchy that



The funeral of King Dom Pedro II in Paris, reported in a French journal

sought to limit executive power and the radical authoritarians who wanted to expand presidential authority. The growing opposition culminated in a navy revolt, forcing Deodoro to step down only a few months later. It was recognized that



Scooping coffee beans for shipment after drying, on a São Paulo plantation

#### "CAFÉ COM LEITE" REPUBLIC

The early years of the republic were called *café* com lette (coffee and milk) by its opponents. Brazilian politics was dominated by an oligarchy that comprised São Paulo coffee barons and Minas Gerais cattle ranchers. These groups controlled electoral politics, and the presidency alternated between the two wealthy states of coffee and milk.

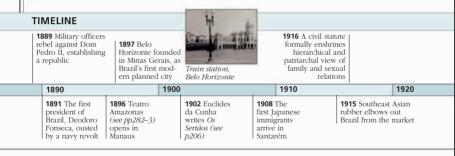
the central government could exercise control only through the local oligarchies, or *patrias*. The constitutional system was offset by the *coronelismo*, or the real system of unwritten agreements among these local bosses, by which local oligarchies chose the state governors, who in turn selected the president.

The informal distribution of power emerged as the result

of armed struggles and bargaining. In order to check the nationalizing tendencies of the army, the oligarchic republic strengthened the navy and police, turning them into small armies in the larger states.

#### THE STRUGGLE FOR MODERNIZATION

At the turn of the 19th century, Brazil lacked an integrated economy. Domestic consumption was largely neglected, and the middle class was not yet active in political life. The economy was organized around large agricultural estates, or latifundia. Brazil had lost its sugar market to Caribbean producers, while the rubber boom in Amazônia was beginning to lose its primacy to more efficient Southeast Asian plantations. The outbreak of World War I was the turning point for the dynamic urban sectors. Industrial production doubled, and agricultural diversity received an impetus, as the growing demand by the Allies for staple products sparked a new boom for goods other than sugar and coffee. The old order gave way to the political aspirations of the



new urban groups – government, whitecollar workers, professionals, bankers, merchants, and industrialists. Increasing support for industrial protectionism marked Brazilian politics in the 1920s. Disparate social reform movements cropped up during this



Brazilian army confronts rebels during the 1930 coup

period. Between 1922 and 1926, junior military officers staged a revolt against the landed elite, demanding socio-economic modernization.

#### THE NEW STATE

A bloodless coup by the military installed Getúlio Vargas as provisional president in 1930. Between the World Wars, he built a corporatist, centralized state along fascist lines, although he did advocate some liberal reforms. The collapse of the old order had created a vacuum, which was filled by the fascist Integralistas and communists. The former had once enjoyed Vargas's support, but later turned against him when they realized that creating a strictly fascist state was not on his agenda. They were bidding to seize power in the 1938 election, which the Constitution barred Vargas from contesting. Months before the election, Vargas declared a state

of emergency to avert an alleged communist plot. He dissolved the Constitution and established the Estado Nôvo (New State) which used repressive political tactics and rejected free-market liberal capitalism. Vargas's promise of a "post-war era of liberty" could not save the fall of the Estado Nôvo in 1945, when he was ousted by General Eurico Dutra. His return to presidency in 1951 was marred by inflation, corruption, and a political scandal involving an attack on a journalist by the President's bodyguard. Faced with the ultimatum to resign, Vargas ended his life in 1954 by shooting himself.



Citizens of Rio de Janeiro welcoming rebel troops upon the success of the 1930 coup

				FUTEBOL P	Poste	er, World Cup, 1	950	
	<b>1932</b> Young army officers lead their units against the old order in Minas Gerais and Rio	est Es	<b>38</b> Vargas tablishes the tado Nôvo, or e "New State"		so	<b>50</b> World Cup ccer held in 5 de Janeiro	<b>1954</b> Vargas commits sui- cide with a bullet to the heart	
1930			1940		1950			
ir	930 A military coup nstalls Getúlio Vargas	assum power	Vargas nes dictatorial rs under a constitution	<b>1945</b> The Estado Nôvo collapses, Eurico Dutra comes to power		<b>1951</b> Vargas re-elected president		

### The Vargas Era (1930-54)

Spanning the creation of Brazil as a modern nation-state, the long political career of Getúlio Vargas exemplifies the various contradictions at the heart of the Brazilian national character. His rise to power in 1930 marked the resurgence of a generation of young, dynamic administrators, but also marked the beginning of an authoritarian rule. During his first term, he assumed absolute power to overthrow the old order, and established the Estado Nôvo. Forced to step down after World War II, he remained popular and was re-elected in 1950.



Getúlio Dornelles Vargas A pro-industry nationalist and virulent anti-communist, Vargas possessed an authoritarian streak. The hero of the newly-emerged urban working class, he favored capitalism and liberal reforms to some extent.



**Crowd Cheering Vargas's Victory** A bloodless coup in 1930 ended the reign of President Washington Luis, and brought Vargas into power.

#### NATIONALIZED FASCISM

Exploiting communist paranoia, Vargas assumed dictatorship in 1937, abolishing opposition parties and imposing censorship. He tolerated anti-Semitism, initially encouraging the fascist Integralistas (see p55) until they decided to contest the elections against him in 1938.



**Ties with Mussolini** In January 1938, two Italian aircraft, one of them piloted by Mussolini's son, were received in Brazil with great applause.

Vargas, A diminutive in stature, emulated Hitler and Mussolini in some ways.



Integralistas in Rio de Janeiro, 1938 A group of Integralistas led a sbort-lived revolt against the corrupt Vagrags regime. They attacked the Palácio Guanabara, and made a bid for Vargas's life, but government forces promptly suppressed the uprising.



**Carmen Miranda** (1909–55) During the Vargas era, the Portuguese-Brazilian singer-actress charmed post-World War USA and the world



**1950 World Cup** Brazil was confident of winning the World Cup in the first tournament to be beld after World War II. The final was played on home ground at Rio's Estádio Maracanã. However, in a surprise victory, Uruguay defeated Brazil 2–1. With slighted pride, the humiliated nation plunged into mourning.





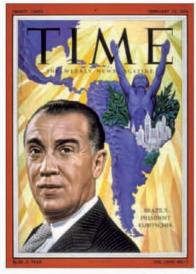
Toward the Future Vargas recognized that Brazil's strength lay in its vast natural resources. He created Petrobras, the state oil company, and invested in road and air transport.



New Ministry of Education Vargas was responsible for the erection of a sky-scraping new Ministry of Education, whose cutting-edge design was emphasized by its incongruous location behind a colonial church in Rio de Janeiro.



Daily Life Under Vargas's rule, modern tramways were constructed to carry white-collar employees to their various offices in the capital city of Rio de Janeiro.



President Juscelino Kubitschek on the cover of *Time* magazine dated January 13, 1970

#### INTO MODERNITY

The reign of Juscelino Kubitschek, Vargas's successor, lasted from 1956 to 1961, ushering Brazil into modernity. Campaigning on a platform of "Fifty years of progress in five," Kubitschek tried to achieve this progress with generous incentives for

foreign investors, such as low taxes, privileges for the importation of machinery, and donations of land. All this gave impetus to the economic growth rate, which paved the way for the economic boom in the next decade. The most notable manifestation of Kubitschek's

TIMELINE

nationalistic aspirations was the creation of Brasília (see pp294–5) as the new capital of Brazil. Despite instilling national

confidence, Kubitschek's era was also beset with massive inflation. Also, the influx of foreign capital rapidly captured domestic industry, and the urban bourgeoisie found state control threatening rather than protective. Mild structural reforms took place under President João Goulart (1961–64), but the increasing political infighting between left and right culminated in the 1964 military junta.

#### THE ERA OF MILITARY RULE

A period of right-wing military dictatorship followed. In a bid to appease the hard-liners, the new president, Marshal Humberto Castelo Branco, recessed and purged Congress, and decreed the expansion of the president's powers at the expense of the legislature and the judiciary. His gamble curbed the populist left, but gave his successor, Artur da Costa e Silva (1967–69), a basis for authoritarian rule. Despite their victory, the hard-liners were still unable to institutionalize their agenda politically. They did not give



Trans-Amazon Highway construction near Altamira Brazil, July 1971

up their liberal constitutionalism as they feared damage to their alliance with the US, the citadel of anti-communism. In 1969, the democratic mask fell off when General Médici came to power and continued to rule an authoritarian regime without popular support. An extremely

#### 1985 Civilian 1977 Dona Flor and 1979 General 1960 Brasília 1970 Brazil wins the soccer World Her Two Husbands Tancredo Figueiredo is inaugurated as Cup in Mexico Neves is the new capital brings international sworn in as elected to fame to Brazilian president of Brazil presidency cinema 1975 1960 1965 1970 1980 1985 1974 Ernesto 1980 Film Bye 1984 Benedita da 1961 Janio Ouadros elected Giesel's rule Bye, Brazil brings Silva becomes president, replaced by João Goulart in Iule. begins, marking more recognition the first black Řimet a slow return to to Brazilian woman in the same year trophy democracy cinema Congress

oppressive government apparatus hounded political opponents. Yet the Médici administration cloaked itself in the green and gold flag when Brazil won the Jules Rimet trophy for its third consecutive victory in the soccer World Cup in 1970. From 1968 to 1974, during the darkest days of dictatorship, the militarycivil alliance took shape as the economy boomed,



President Luiz Inácio Lula da Silva, victorious after his re-election

reaching annual GDP growth rates of 12 percent. During this period, the Trans-Amazon Highway was built, and the Rio Paraná was dammed.

Geisel's accession in 1974 signaled a move toward democratic rule. He attempted to restrain the growing strength of the opposition parties by creating an electoral college that would approve his selected replacement. He allowed the return of exiles. restored habeas corpus, and installed General João Figueiredo as his successor in 1979. A 1981 bombing incident at Rio City's RioCentro, confirmed direct military involvement in terrorism. The Figueiredo regime's inaction in punishing the guilty strengthened the public's resolve to end military rule, as Brazil faced inflation and mounting foreign debt.

#### THE RETURN TO DEMOCRACY

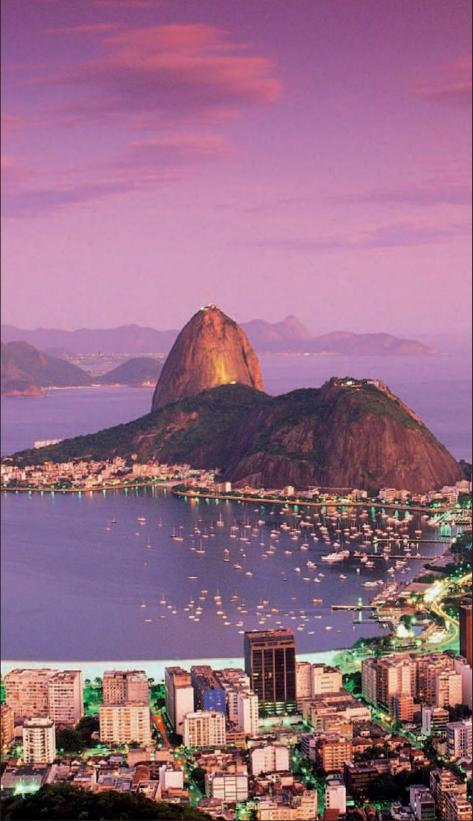
In 1985, civilian Tancredo Neves was voted into office as president. However, he died before taking office. Brazil completed its transition to a popularly elected government in 1989, when Fernando Collor de Mello won 53 percent of the vote. The democratization of the government was visible in the impeachment of the corrupt de Mello regime, forcing him to resign in 1993. The 1994 elections brought to power Fernando Cardoso, who served two terms but failed to match the growth of the country's wealth and power with better living conditions. Socio-economic contradictions helped

usher Lula da Silva in 2003 as Brazil's first elected left-wing president. His Workers' Party (Partido dos Trabalhadores) government declined to nationalize private companies or collectivize land. This restored investor confidence in the country that underwrote strong economic growth and employment expansion. Despite an unfulfilled promise of economic and social revolution, Lula was re-elected to power in October 2006 and has returned with a strong mandate to reduce poverty in Brazil. Brazil's two-term limit for presidents means Lula cannot stand in 2010



A 1997 demonstration by landless farm workers, demanding jobs, justice, and land reform

	Brazilian President Fer Collor de Mello <b>1995</b> Fernando Cardoso takes office as president	2001 Congress civil code, givin	ng equal rights	2008 Brazil appointed as host country for the 2014 World Cup         2009 Rio announced as host city for the 2016 Olympics			
1990	1995	2000	2005	2010	2015	2020	
<b>1994</b> Brazil defeats Italy to win the World Cup title	<b>2000</b> UNESCO declares the Atlantic rainforest a World Heritage Site	2002 Braz wins its fi World Cu title defea Germany	fth re-electe victory,	la da Silva is ed in a landslide returning as president			



# SOUTHEAST Brazil



INTRODUCING SOUTHEAST BRAZIL 62–65 Rio de Janeiro City 66–101 Rio de Janeiro & Espírito Santo 102–119 Minas Gerais 120–133 São Paulo City 134–159 São Paulo State 160–171

# Introducing Southeast Brazil

The four states of Rio de Janeiro, Espírito Santo, Minas Gerais, and São Paulo constitute Brazil's economic heartland. The giant metropolises – Rio de Janeiro, Belo Horizonte, and São Paulo – burst with energetic cultural life. Rio de Janeiro holds the greatest attractions with its Carnaval and breathtaking mountains and beaches. Beyond the urban hubs, nature and rural life exist undisturbed. Wild islands lie a short boat ride away. Inland, in the folds of the rugged Minas hills, are colonial towns whose cobbled streets, colorful Portuguese town houses, and ornate Baroque churches remain little changed since imperial times.



Parque Nacional Serra da Canastra (see p133), one of the protected areas dotting the region, preserves pristine rainforest and cerrado, as well as rich fauna.



São Paulo City (see pp134–59), the capital of São Paulo state, is relentlessly urban and frenetic, but has Brazil's best restaurants, sbops, and nightlife.



SÃO PAULO STATE (see pp160-71)

> SÃO PAULO CITY (see pp134–59)

São Paulo's coast (see pp164–71), stretching across 250 miles (400 km), features beaches and islands that serve as the weekend playground for the city.

Rio de Janeiro at sunset, with a view of the Botofogo Bay and the dazzling Sugar Loaf mountain

RIO DE JANEIRO & ESPÍRITO SANTO (see pp102-19)



Diamantina (see p124), once a diamond-mining town, set in a scenic landscape, is reputedly the finest of colonial towns in Minas Gerais. It was designated a UNESCO World Heritage Site in 1999.

MINAS GERAIS (see pp120–33)

100

100

0 km

0 miles



Petrópolis (see pp112–15), once the summer retreat of the Brazilian royal family, is still the home of Dom Pedro II's heir. The lovely mountain setting gives it a distinct character.

RIO DE JANEIRO CITY

# (see pp66-101)

#### Rio de Janeiro

(see pp66–101) is a city of neighborboods, each with its own unique character and most endowed with a great view. The panorama of Sugar Loaf and Botafogo from Mirante Dona Marta is simply unparalleled.



63

# Carnaval in Rio

One of the world's most spectacular festivals, Carnaval is celebrated all over Brazil, but the celebrations in Rio are justly famous. They remain unmatched for their sheer scale and splendor. Falling in the first days of February or March, Carnaval derives its origin from religion, and it is linked to the calendar of the Catholic Church. Traditionally, Carnaval is the last celebration of excess and joy before the austerity and fasting of the Lenten period. Its key elements include street celebrations, carnival balls, and the worldfamous parade of top *samba* schools, which traditionally takes place at the Sambódromo in downtown Rio.



Samba schools are large social clubs found in Rio's poorer communities and neigbborhoods, often linked to the local favelas. Mangueira, one of the most prominent schools, was founded in 1928, and Portela, which began in 1923, bas won the most Carnaval titles. Many top schools date from the 1940s and 50s, while Grande Rio formed as late as 1988.

Giant puppets are put together to decorate the floats and fascinating costumes are created for the participants. Craftspeople work throughout the year, as Carnaval is a yearround industry. Much of the work can now be seen at close quarters in the Cidade de Samba in dountourn Rio.





#### CARNAVAL DATES



**Porta bandeira** is the school's standard bearer, dressed in lavish 18th-century formal wear, regardless of the school's theme.

Street carnivals take place wherever there is a band that can strike up a samba and move around the streets. Bands attract a large following who dance and sing through the neighborhoods.

Party-loving Cariocas consider Carnaval more important than any other event in the calendar, and that includes both Christmas and New Year. It is a week-long boliday for partying around the clock and a sign that summer is finally coming to a close.



#### TIPS FOR VISITORS

Transport: Take the metro. Use Central Station if your ticket is for an uneven numbered sector and Praça Onze for an even onw missed the event can see part of the parade by winning schools on the Saturday after Carnaval. Tickets: Book your tickets in advance (Maracanā stadium box office. (021) 2568 9962).



A different theme is chosen by every school, and conceptualized by the carnavalesco (director). The bistory of Espírito Santo, represented by the state colors, pink, blue, and white, was the theme of the Caprichosos de Pilares school in 2006. This float shows antropofagismo, the concept of "cultural cannibalism," putting foreign art, music, and literature in a Brazilian context.

The central display is the focal point of the float, and is often the most elaborately designed aspect, with the most creative costumes on display.

**Passistas**, or participants, numbering a minimum of 2,500, join each float with at least 200 in the *bateria* (percussion section).

#### THE PARADE

Each of the 12 main *samba* schools will have around 4,000 participants who must cover the Passarela do Samba in not less than 65 minutes and not more than 80 minutes. In that time, they will put on a performance every bit as complex and visually exciting as any musical showing on Broadway or in London's West End. Six schools parade each night.





Mestre sala is the school's dance master who, along with the *porta bandeira*, performs a complex series of dance steps as they move along the route.

Sambódromo, or Passarela do Samba, was inaugurated in 1984. Designed by Oscar Niemeyer, it can accommodate over 60,000 spectators at any one time. The end square is used for Carnaval, outdoor concerts, and festivals.



# RIO DE JANEIRO CITY

io de Janeiro is quite simply one of the world's most beautiful and vibrant cities, and is the number one destination for visitors coming to Brazil. Its unique setting, with dramatic mountains and beaches at its very center, sets it apart from the other great cities of the world. In addition, Rio's flamboyant Carnaval, samba, and bossa nova make for a heady mix that is impossible to ignore.

Rio de Ianeiro was first discovered by European explorers on January 1, 1502. They mistook the huge Guanabara Bay for the mouth of a river (rio) and called the site "River of January," thus giving the city its name. Evidence of the city's colonial past can still be seen in downtown Rio, with buildings and artifacts dating from the 16th to the 19th centuries, including the imposing Paco Imperial and Palácio Tiradentes. In 1763, the city became the capital of Brazil's Vice-Royalty and in 1808, the Portuguese royal family and court abandoned Lisbon for Rio, making it the capital of both Brazil and the Portuguese Empire. It remained home to the Brazilian monarchy until 1889 and the capital of the Brazilian Republic until 1960, when the title was awarded to the newly-built Bauhaus-style Brasília.

Today, Rio is an international metropolis and a spectacular tropical resort. It has several iconic sights, including the enormous statue of Christ that looms protectively over the city from Corcovado mountain, the easily recognizable Sugar Loaf mountain at one end of Urca Bay, and the famous stadium, Estádio Maracanã, which opened for the 1950 World Cup and has hosted crowds of up to 200,000 people.

Rio's residents, affectionately called "Cariocas," are a laid-back, friendly people who love to go out. Visitors will be spoiled for choice in this hedonistic city, and can visit Lapa for its extravagant clubs, Gávea for its bars, and Ipanema and Leblon for their boutiques and restaurants. Rio's beaches provide ample opportunity for all manner of watersports and are a great meeting place for the city's residents, both rich and poor.



The colorful Copacabana beach, lined with palm trees

Cristo Redentor (Christ the Redeemer) on Corcovado mountain, with Sugar Loaf in view

# Exploring Rio de Janeiro City

Rio de Janeiro covers a vast area of 473 sq miles (1,225 sq km) and is home to 6 million people, making it Brazil's second largest and second most populous city. It has two main zones – Zona Norte (North Zone), encompassing miles of poor housing, known as *favelas*; and Zona Sul (South Zone), with plush neighborhoods and famous beaches such as Ipanema and Copacabana. Centro is Rio's main business district, and has a concentration of historic buildings, museums, and churches.

#### SIGHTS AT A GLANCE

Historic Buildings, Streets, Neighborhoods & Townships Barra pp86–7 🗊 Confeitaria Colombo 🎱 Docks & Avenida Rio Branco 🌒 Morro do Corcovado & Cristo Redentor pp82–3 😨 Lapa 🌒

Niterói (2) Palácio Itamaraty (2) Praça XV & Centro pp70–71 (1) Quinta da Boa Vista (2) Sambódromo & Cidade do Samba (2) Theatro Municipal & Cinelândia (1)

#### **Churches & Monasteries**

Catedral Metropolitana 🔊 Igreja de São Francisco da Penitência 🜒 Igreja Nossa Senhora da Glória do Outeiro 😰 Mosteiro de São Bento 🕄

Parks & Gardens Jardim Botânico 🕲

Beaches & Lagoons Baía de Guanabara 🚯

Copacabana p 78 D Ipanema p 79 B Lagoa Rodrigo de Freitas D Leblon p 79 B

Museu Carmen Miranda (2) Museu Casa de Rui Barbosa (2) Museu de Arte Moderna (1) Museu Histórico Nacional (10) Museu do Índio (2) Museu Nacional de Belas Artes <sup>(2)</sup> Museu da República <sup>(1)</sup> Museu do Rio <sup>(1)</sup> Museu Villa-Lobos <sup>(2)</sup>

National Parks Parque Nacional da Tijuca 🔨

Football Clubs & Stadiums Jóquei Clube Brasileiro (2) Estádio do Maracanã (2)

Areas of Natural Beauty Sugar Loaf Mountain pp76–7

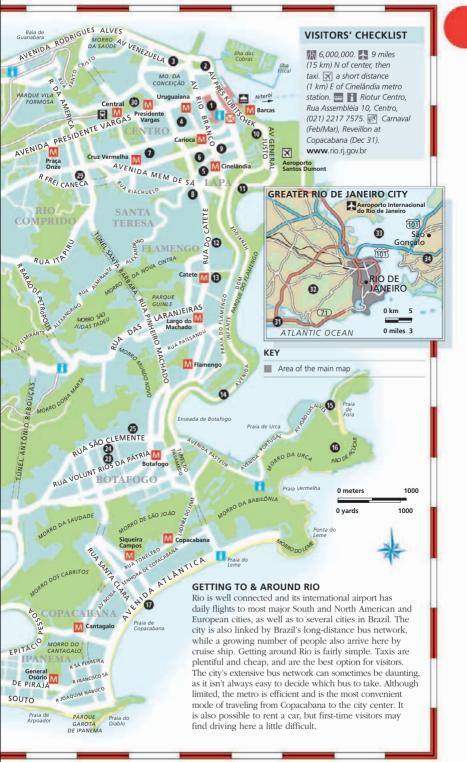
#### SEE ALSO

- Street Finder pp96-101
- Where to Stay pp366-9
- Where to Eat pp394-6

#### KEY

- Street-by-Street area:
- International airport
- Domestic airport
- 📳 Train station
- E Ferry service
- Metro station
- Post office
- Tourist information
- 💻 Highway
- Main road
- \_\_\_\_ Other road
- Railroad





Nossa Senhora do Monte do Carmo once served as the roval chapel.

## Street-by-Street: Praça XV de Novembro & Centro •

Originally called the Largo do Paço, Praça XV de Novembro is the historic heart of Rio, even if it was only so named after the declaration of the republic on November 15, 1889. The Praça witnessed the arrival of Dom João VI of Portugal in 1808 as he fled with his court from Napoleon. The House of the Viceroy became the Paço Imperial, and for a time the square was the center of Brazil's political and commercial power. Today, Praça XV and the surrounding area is packed with historic buildings and streets. The square was given a new lease of life in the late 1980s with the restoration of the palace, which has acted as a catalyst in bringing culture and life back to the city center.



Statue of General Osorio General Manuel Luís Osório defended the Empire in the War of the Triple Alliance between 1864 and 1870 (see p53).

AVENDA RIO BRANCO



\* Arco do Telles

Today a pedestrian exit, Arco de Telles dates from 1757 and is all that remains of the old Senate House that was destroyed by a fire in 1790. It is Rio's only surviving colonial arch.



#### ★ Paço Imperial

The Paço Imperial has been the backdrop for many key events in Brazilian history, including the signing of the Lei Aurea in 1888, abolishing slavery in Brazil.

#### STAR SIGHTS

- ★ Arco do Telles
- ★ Paço Imperial
- ★ Nossa Senhora da Candelária

Chafariz da Piramide was built in 1789 to distribute fresh water to the city and to visiting ships Statue of General Osório

> Barcas Metro Station

For hotels and restaurants in this region see pp366–9 and pp394–6



RUA DO ROSARIA

RUA I DE MARÇO

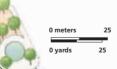
RUA DO MERCADO

AV PRES KUBITSCHER

#### ★ Nossa Senhora da Candelária

AN PRES

One of Rio's earliest churches was built on this site in 1630. The current impressive structure dates from 1775.



Casa França-Brasil (Franco-Brazil Center) was opened

in 1990. It is located in an 1820 customs

house.

#### VISITORS' CHECKLIST

Rio de Janeiro. M Barcas. Estação de Barcas. Paço Imperial Praça XV de Novembro 48. Map 5 E3. Tel (021) 2215 2431. noon-6pm Tue-Sun. Nossa Senhora da Candelária Praça Pio X, Centro. Map 5 D2. Tel (021) 2233 2324. 7:30am-4pm Mon-Fri, 8am-noon Sat, 9am-1pm Sun. Espaço Cultural da Marinha Av Alfredo Agache, Centro. Map 5 E2. Tel (021) 2104 6025. Noon-Som Tue-Sun.



Travessa do Comércio This photogenic pedestrian street beyond Arco do Telles is lined with bars and restaurants. Carmen Miranda lived at No. 13 as a small girl. The street is lively at lunch and in the evening when the bars fill up.

Espaço Cultural da Marinha, the Navy's cultural center, was inaugurated in 1996. Located in the old docks, the center is the starting point for tours of Baía de Guanabara.

KEY Suggested route

71



Detail of the gilded Baroque interior of Mosteiro de São Bento

# Mosteiro de São Bento **2**

Rua Dom Gerardo 68 (entrance by elevator at No. 40), Centro. Map 5 D2. Tel (021) 2206 8100. M São Bento. 7am–6pm daily. (15 € 1515am Mon–Sat; 8am, 10am & 6pm Sun. www.osb.org.br

Benedictine monks from Bahia founded the São Bento Monastery in 1590 and much of the historic building, located on the hills of São Bento, has remained structurally untouched since it was built between 1617 and 1641. The exterior of the main building reflects the simplicity of the time of its construction and gives no hint of the opulence of the gilded Baroque interior.

A number of the works on display were carved by one of the monks, Frei Domingos da Conceição (1643–1718). They include the main altar of the monastery's church. The painting displayed on it, which was created around 1676, is dedicated to Nossa Senhora de Montserrat (Black Virgin).

São Bento is still very much a working monastery. The Benedictine monks are protective of the monastery and their work and have tried hard to keep the church from becoming simply a tourist attraction. Many areas, such as the beautiful cloisters, remain out-of-bounds except on special occasions. Mass for the public is said daily, with a full Gregorian chant at 10am on Sundays. Visitors should remember to dress appropriately if they wish to view the interior of the monastery.

# Docks & Avenida Rio Branco 3

Praça Mauá, Centro. **Map** 5 D2. M *Carioca*.

Though not as thriving as they once were. Rio's docks remain one of the most important in South America. The terminal in the old Touring Club do Brasil in Praca Mauá is the first port of call for visitors who arrive in Rio by ship. The docks are situated at the top end of Avenida Rio Branco, one of Brazil's important business streets. The street dates from 1904, when 590 buildings were demolished to make way for a modern central avenue, the spine of Rio's financial district. A handful of early 20th-century buildings survive, among them the glorious Theatro Municipal.

# Igreja de São Francisco da Penitência **4**

Largo de Carioca 5, Centro. **Map** 5 D4. M *Carioca.* **Tel** (021) 2262 0197. ○ 9am–noon, 1–4pm Tue–Fri. 🐼 🗹

Restored to its former glory, the church of São Francisco da Penitência is considered one of the richest and most beautiful examples of

Baroque art in Brazil, Built between 1657 and 1772, the church exhibits various works of the Portuguese artist Francisco Xavier de Brito His art heavily influenced the Brazilian artist Aleijadinho (see p131), whose own work spectacularly adorns many of the Baroque churches of Minas Gerais One of the church's highlights is the 1738 painting of the glorification of St. Francis by Caetano da Costa Coelho the first Brazilian painting to be done in perspective.

The neighboring Convento de Santo Antônio, dating back to 1615, is one of Rio's oldest structures. Its Baroque interiors contain priceless colonial art and *azulejos* (Portuguese tiles).

# Confeitaria Colombo **9**

Rua Goçalves Dias 32, Centro. Map 5 D5.Tel (021) 2505 1500. M Carioca. ○ 9:30am-8pm Mon-Fri, 9am-5pm Sat. & Imited. www.confeitariacolombo.com.br

The Colombo Tearoom dates from 1894 and remains a wonderful mix of Art Nouveau and Belle Époque. Located in what was then the very heart of Rio, it was a meeting point for intellectuals, artists, and politicians. Regulars included politician Ruy Barbosa, President Getúlio Vargas, and composer Heitor Villa-Lobos.

The mirrors were shipped in from Belgium and the marble from Italy, while



Lavish interior of the historic Confeitaria Colombo

much of the original furniture is made of Brazilian jacaranda wood. Visitors can savor the atmosphere of Rio's past by eating a snack in the Bar Jardim, or a meal at the restaurant.

# Theatro Municipal & Cinelândia 6

Av Rio Branco, Centro. **Map** 5 D4. *Tel* (021) 2332 9195. M *Cinelândia.* Swww.theatromunicipal.rj. gov.br

Rio's Municipal Theater, built between 1905 and 1909, is the main venue for the city's ballet, opera, and orchestra (including the Brazilian Symphony Orchestra), and continues to attract the very best talent from both Brazil and abroad. Illustrious names include Nijinsky, Sarah Bernhard, Anna Pavlova, and Luciano Pavarotti, to name just a few.

Farther south along Avenida Rio Branco is the heart of Cinelândia or "cinema land ' the area around which the city's movie houses sprang up in the 1920s. Many are still in operation, most notably the Cine Odeon BR which opened in 1926 and closed in 1999 to be renovated. It reopened a year later as the headquarters of the Rio Film Festival. Other buildings in the area include the Museu Nacional de Belas Artes (see p74). Biblioteca Nacional, and Palácio Pedro Ernesto.



Stained-glass window at the Catedral Metropolitana

# Catedral Metropolitana **9**

Av República do Chile 245, Centro. Map 5 D4. Tel (021) 2240 2669. Ginelândia. 7:30am-6pm daily. 3 11am Mon-Fri, 10am Sat & Sun. Museu Arquidiocesano de Arte Sacra 10am-4pm Wed, Sat & Sun (other days by apt only). Www.catedral.com.br

Rio's striking Metropolitan Cathedral, with its truncated conical shape, was conceptualized by Ivo Calliari (1918– 2005), a Catholic priest.

The cathedral's first stone was laid on January 20, 1964, and the inauguration of the still unfinished building was held 12 years later, in 1976, marking the 300th anniversary of the Diocese of Rio.



Opulent façade of the Theatro Municipal

Standing 248 ft (75 m) high with no interior columns, this huge cathedral has a seating capacity of 5,000 and can accommodate up to 20,000 people standing. The interior is dominated by four magnificent stained-glass windows that stretch 197 ft (60 m) to the ceiling. They represent the apostolic (yellow), Catholic (blue), ecclesiastical (green), and saintly (red) traditions.

The Museu Arquidiocesano de Arte Sacra (Sacred Art Museum) in the basement includes historical items in its collection, such as the baptismal fonts used for christening the Brazilian royal family, the golden rose gifted to Princess Isabel by Pope Leo XIII to celebrate her signing the abolition of slavery, and the throne of Dom Pedro II.

# Lapa 🛽

Lapa, Centro. M Carioca.

The most famous image of the area known as Lapa is the **Arcos da Lapa**, an aqueduct built in 1724 to bring water down from the Santa Teresa forest to the public fountain in Largo da Carioca. In 1896, it became the base for the viaduct that carries streetcars to and from the city center.

Lapa has always had a slightly bohemian feel and during the first half of the 1900s was the center of Rio's alternative nightlife. The area still boasts a vibrant nightlife, attracting people from all over the city who come looking for the best of Brazilian music. Key hot spots include Rio Scenarium, Carioca de Gema, and Dama da Noite. In 2004 the area saw the return of the Circo Voador (Flying Circus), now held in a purpose-built music venue that replaced the earlier tent of the 1980s and early 1990s. Many of the leading names in contemporary Brazilian music – including Seu Jorge – got their first break at the Circo Voador.

#### 🔄 Circo Voador

Rua dos Arcos, Lapa. **Tel** (021) 2533 0354. O for shows only. 155



A Batalha do Avaí (1877) by Pedro Américo, Museu Nacional de Belas Artes

# Museu Nacional de Belas Artes **9**

Av Rio Branco 199, Centro. Map 5 E4. Tel (021) 2240 0068. M Cinelândia. 10am-6pm Tue-Fri, 2-6pm Sat, Sun & public hols. free on Sun. K S Www.mhba.gov.br

The National Museum of Fine Arts is one of the most important permanent art collections in Latin America. The building in which it is housed dates from 1908.

The collection, which has over 16,000 pieces in its archive, features Brazilian artists from the colonial period as well as from the 19th and 20th centuries. Artists include Frans Post, who painted Brazilian landscapes in classical Dutch style, the Frenchman Jean Baptiste Debret, who painted the immortal *Battle of Guararapes* (1879), Vitor

Meireles, and Pedro Américo, whose *A Batalba do Avaí* (1877) is one of the largest paintings in the world painted on an easel. There is also a gallery for contemporary exhibits.

The gallery has an extensive collection of non-Brazilian works and a particularly fine selection of Baroque Italian art dating from the 17th and 18th centuries. The museum was created on the basis of a prized art collection, brought to Brazil from Europe by Portugal's King Dom João VI and his court when they fled Napoleon in 1808 (*see p52*).

# Museu Histórico Nacional **O**

Praça Marechal Âncora. Map 5 F4. Tel (021) 2550 9224. M Cinelândia. 10am-5:30pm Tue-Fri, 2-6pm Sat, Sun & public hols. @ C setricted. www. museuhistoriconacional com br

Founded in 1922, the country's leading history museum recounts the history of Brazil up to 1889. Its

collection of 287,000 pieces includes everything from paintings and coins to carriages and rarities such as the pen used by Princess Isabel to sign the decree abolishing slavery. Apart from displaving period furniture.

19th-century firearms, and locomotives, the museum also traces Brazil's colonial past

Sculpture, Museu Nacional de Belas

 Museu
 in its charts and

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 written declarations.

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 The building is one of the oldest

 in Rio, with a portion belong

in Rio, with a portion belonging to Santiago Fort, dating from 1603.

# Museu de Arte Moderna **1**

Av Infante Dom Henrique 85, Centro. Map 5 F5. Tel (021) 2240 4944. M Cinelândia. C noon-6pm Tue-Fri, noon-7pm Sat, Sun & public hols. K P & Swww.mamrio.org.br

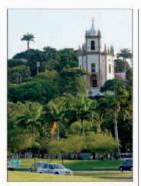
Rio's Modern Art Museum (MAM) has one of the best collections of 20th-century art in Brazil, surpassed only by MASP in São Paulo (*see p143*). The museum also houses one of the largest archives of Brazilian films.

The strikingly modern building that houses the MAM was far ahead of its time in its design and architecture when it was built in 1958. In 1978, a major fire destroyed many of its irreplaceable exhibits. including the works of Miró. Picasso Salvador Dalí Max Ernst and René Magritte It has taken time and the generosity of collectors in Brazil and abroad to rebuild the collection. Today, the MAM is once more a highly regarded institution, not only for its own archive but also for the visiting exhibitions from around the world that it stages through the year.

Located close to its gardens is a monument to the victims of World War II. Inaugurated in 1960, it represents two arms raised with hands outstretched in prayer. In 1980, Pope John Paul II said mass from the steps of the monument to a crowd of more than 2 million people. Below the monument is a museum describing Brazil's participation in the Allied operations, known as the Italian Campaign, in and around Italy between 1944 and 1945.



Entrance to the Museu de Arte Moderna (MAM)



Igreja Nossa Senhora da Glória do Outeiro rising above tree tops

# Igreja Nossa Senhora da Glória do Outeiro 🛛

Praça Nossa Senhora da Glória 135, Glória. Tel (021) 2557 4600. M Glória. 28am–5pm Tue–Fri, 8am–noon Sat & Sun. 1 8:30am Sat, 9–11am Sun. www.outeirodagloria.org.br

Most visitors to downtown Rio cannot help but notice the beautiful octagonal church of Our Lady of Gloria, as it sits majestically on top of a hill beside the freeways cutting through Flamengo Park.

The spot where the church was built, in 1714, was first used as a place of worship in 1608, when the image of Our Lady of Gloria was placed in a grotto. The land was donated to the church in 1699 by the nobleman Cláudio Gurgel do Amaral.

The church, which was completed in 1739, came to national attention when it became the favorite place of worship for Dom Pedro VI and his family after their arrival from Portugal in 1808. Known for its hand-painted tiles dating from the 1730s, it was declared a national monument by President Vargas in 1937.

The church can be reached either by car, or by foot up the steps known as Ladeira de Nossa Senhora. It is also possible to take a small cable car that starts from Rua do Russel 312. There are views across the bay and there is also a small sacred art museum.

# Museu da República 🛛

Rua do Catete 153, Catete. **Tel** (021) 3235 2650. M Catete. O noon-5pm Tue, Thu & Fri; 2-5pm Wed; 2-6pm Sat, Sun & public hols. C I C

The story of Brazil's history, as told by the Museum of the Republic, picks up where the Museu Histórico Nacional left off. It begins with the Proclamation of the Republic in 1889, and covers events

until 1960, when the capital and the then President Kubitschek moved from Rio de Ianeiro to Brasília What makes the museum particularly special is that its building, constructed between 1858 and 1866 was the presidential residence from 1897 until 1954. In that year. President Getúlio Vargas (see pp56-7), Brazil's most influential statesman who was president for 24 years, committed suicide in his bedroom. The third floor is dedicated to an exhibition about the life and work of Vargas. His bedroom has been preserved exactly as it used to be when he lived here. In total, the palace was home to 18 Brazilian presidents, all of whom feature in the museum's various exhibits.

Apart from the historical museum and palace, there is also an attractive garden on the grounds.



Attractive garden outside the Museu da República

# Museu Carmen Miranda 🕲

Av Rui Barbosa, Flamengo. **Tel** (021) 2334 4293. M Flamengo. 11am–5pm Tue–Fri; 2–5pm Sat, Sun & public hols. 【

Fans of Carmen Miranda will not want to miss this small museum tucked away in Flamengo Park. One of the most famous Brazilians of all time, Maria do Carmo Miranda da Cunha was born in Portugal in 1909. but



A portrait of Carmen Miranda

moved to Rio with her family when she was a baby. Carmen cut her first record in 1929. However, it was the big screen that would make her a global star. Her first film in 1932 shot her to international stardom, and in 1941, she became the first South American to be honored with a

star on the Hollywood Walk of Fame. After her death on August 5, 1955, her body was returned to Rio where a crowd of almost 500,000 watched her burial.

The museum exhibits iconographic costumes, including her tall fruit hats and platform-heeled shoes, and artifacts belonging to Carmen, as well as many of her records and films.

# Museu do Rio 🛛

Av João Luiz Alves 13, Urca. O due to open in 2010.

The Museum of Rio is a new undertaking that aims at giving the city its very own museum. Located on Urca beach in the looming shadow of the spectacular Sugar Loaf mountain, the museum is housed in the historic Cassino da Urca – the city's main showhouse between 1933 and 1946.

Between 1950 and 1980, the Cassino served as a television studio. Work began in 2005 to restore and adapt it into a museum covering the history of Rio and the advent of television in the city.

# Sugar Loaf Mountain @

Guarding the entrance to Guanabara Bay, the monolithic granite and quartz Sugar Loaf rises 1,300 ft (396 m) above the waters of the southern Atlantic Ocean. From the summit, it is easy to understand why the early explorers believed that they had sailed into the mouth of a great river they christened Rio de Janeiro. The Sugar Loaf experience takes in two mountains, Morro do Urca and Pão de Açúcar (Sugar Loaf). It is possible to scale both these mountains via organized climbs on most weekends. Demanding less effort, the cable car, originally opened in 1912, stops at the 705-ft (224-m) high Morro da Urca before ascending to the summit.



The original 1912 cable car, a remarkable feat of its times



**The summit** provides unforgettable views out over Copacabana, Ipanema, and the scenic Corcovado and Tijuca.

#### Pão de Açúcar

The name of Sugar Loaf, adopted in the 19th century, is assumed to have been derived from the mountain's shape, which resembles conical clay molds used earlier to refine sugar. The Tupi Indians, bowever, called it "Pau-nb-Açuquã" (bigh, pointed, or isolated bill).



A scene from the film Moonraker

#### JAMES BOND'S MOONRAKER

In 1979, Sugar Loaf and the cable car formed the backdrop for a main action sequence in *Moonraker*, with Roger Moore playing James Bond. In real life, the Great Train Robber, Ronald Biggs, was kidnapped in 1981 by a group of British mercenaries from a restaurant, which was then located next to the cable car station. Ironically, during a first kidnap bid in 1979, the kidnappers had claimed to be part of the *Moonraker* crew.



**Rock Climbing** 

Since British nanny Henrietta Carstairs made the first recorded solo ascent in 1817, climbing the smooth Sugar Loaf has become a popular sport, with over 60 known routes to the towering summit.



*Cable Car Kide The current Italian cable system carries as many as 1,360 passengers every bour. The glass walls of the cable car allow sweeping views of the city.* 

Helisight, with a heliport base at Morro da Urca, offers flights around Sugar Loaf and Corcovado (*see pp82–3*).

#### Morro da Urca The flat summit of Morro da Urca bas restaurants, bars, and a theater that bosts popular sbows, concerts, and even Carnaval balls.

#### VISITORS' CHECKLIST

Av Pasteur 520, Praia Vermelha, Urca. **Tel** (021) 2461 2700. 107, 500, 511 & 512. Www.bondinho.com.br **Helisight Tel** (021) 2511 2141. **Cable Car** Praia Vermelha. **Bam**-10pm.





#### Wooded Trails

A series of trails that lead to a number of good climbing locations wind their way up to the summit. The trails are also an ideal place to spot marmosets.

Cable car station at Praia Vermelha

**Boats** can be hired at many key locations for an enjoyable ride in the calm waters to the base of Sugar Loaf.

#### **Rio City at Night**

The city of Rio de Janeiro boasts a stunning nightscape. The magnificent Sugar Loaf remains illuminated, even in the dead of the night, by powerful 1,000-watt projectors.







Bustling Copacabana beach, popular with locals and holiday-makers

### Copacabana 🛛

M Siqueira Campos. 🚹 Av Princesa Isabel 183 (021) 2541 7522 2542 8084

One of the world's most celebrated beaches. Copacabana is the center of Rio's tourist trade. On New Year's eve, the neighborhood becomes Rio's spiritual and festive heart as millions of Cariocas and visitors take to the beach to party, and honor Yemaniá. Goddess of the Sea.

The name Copacabana, or "Copa Caguana" (Luminous Place) in Ouechua, an ancient language still spoken in Peru, was given by the Incas to a lovely site by the Lagoa Titicaca, where they built a temple. In the 17th century. the captain of a Spanish galleon erected a chapel in honor of Our Lady of Copacabana, who came to his aid during a shipwreck.

Built in 1914 on the promontory of the chapel as Rio's defense against attack. the Forte de Copacabana offers scenic views of the entire sweep of Copacabana.

The main attraction of Copacabana is the beach which, along with Leme, constitutes a magnificent 3mile (5-km) stretch from Le Meridien hotel in the north on the corner of Avenida Princesa Isabel, to the Forte de Copacabana and Sofitel Rio in the south. Until 1892, it had been a leading trek for those from the city to reach Copacabana. In that year, a tunnel was cut through from Botafogo to Copacabana, followed by a second tunnel in 1904 that allowed the trams to reach the beach. The real turning point, however, was the creation of the Neo-Classical Copacabana Palace hotel (see p368), a part of the fabric of Rio life since its

opening in 1923. It has hosted both authentic royalty and the royalty of the entertainment world, including Oueen Elizabeth II and Marlene Dietrich The hotel continues to draw celebrities as well as gave and transvestites

The beachfront kiosk bars lining Avenue Atlântica – the road that runs the length of the beach - are popular. The entire length of Copacabana is divided into stations (postos). Postos 5 and 6 attract older residents and favela voungsters. The fresh catch of the day can be bought at Posto 7 - at the southern end - known as the posto de pescadores (fisherman's post).

🐨 Forte de Copacabana Av Atlântica Posto 6. Tel (021) 2521 1032. 🚺 10am-8pm Tue-Sun. 份任法



The imposing exterior of the Copacabana Palace Hotel

Diablo



MAP OF COPACABANA, IPANEMA & LEBLON



Exterior of an upmarket jewelry store in Ipanema

# Ipanema 🛽

M General Osório, Feira Hippie de Ipanema Praca General de Osório. 🚺 8am–6pm Sun.

Almost as famous as Copacabana, Ipanema shot into the limelight in the 1960s. with the globally-famous song written by Antônio Jobim and Vinícius de Moraes, "The Girl from Ipanema" (see p32).

The actual name of this fashionable area is credited to the native Tupi-Guaraní who called the area Y-panema, or "rough water," The first non-native residents moved into the area around 1884, and today Ipanema and neighboring



0 meters	500
0 yards	500

#### THE GIRL FROM IPANEMA

One of the most played and recorded songs in popular music history, "The Girl from Ipanema," or "A Garota de Ipanema" was written in 1962, by Antônio Carlos Jobim and Vinícius de Moraes. The duo are said to have been inspired by a sensual girl from Ipanema, Helô Pinheiro. A year later, the recording of the song's most famous version took place in New York's A&R Studio, featuring João



Actrud Gilborto

and Astrud Gilberto, in the Portuguese and English versions. respectively. In 1964 Stan Getz, Jobim, and the Gilbertos took bossa nova to a global audience with the release of Getz/Gilberto. With "The Girl from Ipanema" as the opening track, the album staved on the US charts for 96 weeks and won four Grammys.

Leblon are considered the most desirable places to live in Rio. More residential than Copacabana, Ipanema is also more stylish, with its back streets dotted with chic boutiques, bars, restaurants, and nightclubs.

The most prestigious address in Rio is Avenida Vieira Souto, while running parallel, two streets back, is Rua Visconde de Pirajá, the backbone to the Ipanema shopping experience. At the Copacabana end is Praca General Osório, the public square that plays host to Rio's popular Feira Hippie de

> Ipanema (Hippie Fair), every Sunday. The fair has been a part of life in Ipanema and Rio since opening in 1968.

The mile-long stretch of Ipanema beach runs from Leblon in the west, up to Arpoador in the east. Arpoador

extends the beach by another half mile, and is popular with the surf set.

Leblon

E Copacabana.

For many years, Leblon sat in the shadow of Ipanema. But today it is considered as fashionable and desirable as its neighbor, with perhaps an even greater density and mix of bars, clubs, and restaurants.

Rua Dias Ferreira, at the most westerly point, boasts a particularly eclectic mix. Like Ipanema, there are only a few hotels along the beachfront Avenida Delfim Moreira

While the beaches of Copacabana and Leme flow seamlessly into each other. Leblon and Ipanema are separated by Jardim de Alá and the canal that links the Lagoa Rodrigo de Freitas with the sea. The 1-mile (2-km) long Leblon is said to have been given its name in honor of a blond foreigner, one of its first residents in the area. The nationality of "Le Blond" is debatable. Some scholars sav that he was French, while others surmise he was Dutch.

Leblon is the headquarters of Clube de Regatas Flamengo, of which the most famous is the Flamengo Football Club, the World Club Champions in 1981.



The exclusive Leblon neighborhood and its fashionable beach



View of Lagoa Rodrigo de Freitas and Jóguei Clube Brasileiro from Corcovado

# Lagoa Rodrigo de Freitas 🛛

Lagoa. **Map** 2 A3. **E** &

The picturesque Lagoa Rodrigo de Freitas, or Lagoa (lagoon) as it is often called sits at the foot of Corcovado peak and separates the Serra da Carioca from Ipanema and Leblon. A full circuit of the lagoon is about 5 miles (8 km), and is popular with joggers, cyclists, and parents with children in prams. There are plenty of halts en route, with kiosks selling everything from coconut water to full meals. Some kiosks even offer live music in the evenings.

The Lagoa is also bordered by more conventional restaurants and bars, especially along the Ipanema stretch. One of Rio's most traditional places, **Bar Lagoa** (*see p396*) opened here in 1934. Along the northern shore, highlights include Claude Troisgros' **Olympe** (*see p396*), which, despite a change in name since it opened in 1983, is still one of Rio's best restaurants.

Several sports clubs are also located here. Among the most famous are the Jockey Club Brasileiro, the **Sociedade Hípica Brasileira**, the city's main equestrian center, and the headquarters of the Clube Regatas do Flamengo. Flamengo, along with Vasco da Gama, Fluminense, and Botafogo, is one of Brazil's top soccer teams and has won the National and South American titles on many occasions. All clubs have rowing divisions as the Lagoa is Brazil's main rowing center. Several international regattas have been held here.

Visitors can go boating, as *pedallos* and other craft are available for rent. It is also possible to hire bicycles.

The Fundação Eva Klabin is one of Rio's prolific cultural centers and museums. Its exhibits are part of the private collection of Eva Klabin, whose family made a fortune in paper in the mid-20th century.

The scenic **Parque da Catacumba** around Lagoa is interspersed with sculptures by artists Roberto Moriconi, Bruno Giorgi, and Caribé. Monkeys roam the park, which offers views over the Lagoa and toward Ipanema.

▲ Fundação Eva Klabin Av Epitácio 2480. Tel (021) 2523 3471. 9am-6pm Mon-Fri, visits by appointment only.

Parque da Catacumba
 Av Epitácio Pessoa 3000. Tel (021)
 2521 5540. 8am-5pm daily.

 fociedade Hípica Brasileira Av Borges de Madeiros 2448. Tel (021) 2156 0191. ○ only for events. ☞ €.

# Jóquei Clube Brasileiro Ø

With a great view of the Lagoa and the Corcovado mountain, the Jockey Club has one of the most spectacular settings of any racecourse in the world. Races are held four days a week, all year round, so it is easy to catch the action. The club will allow even non-members and visitors into the members' stand to enjoy the race.

The track first opened in 1926, with the main stand designed in a Louis XV style. In total, there are five stands, a paddock, a turf track, two sand tracks, and an equestrian village. The biggest race of the year – and one of South America's most important – is the Grande Prêmio Brasil do Turfe, that was first run in 1933. It traditionally takes place in August each year.

# Jardim Botânico 🛛

Rua Jardim Botânico 920 & 1008, Gávea. **Map** 1 A1. *Tel (021) 3874* 1808. (Inc. 1997) *Sam-5pm daily.* (Inc. 1997) *Jan 1 & Dec 25. (Inc. 1997)* (Inc. 1997) *restricted.* www.jbrj.gov.br

One of the most fascinating gardens in the world, Rio's Jardim Botânico was founded in 1808 by the Prince Regent, Dom João VI. Originally meant to acclimatize plants and spices coming in from the Orient and the East Indies, it later became the Royal Garden, and opened to the public in 1822. Among its many illustrious visitors were Charles Darwin in 1832, and Albert Einstein in 1925.

Today, Jardim Botânico includes 205 acres (83 ha) of natural rainforest, and is



A track lined with palm trees in Jardim Botânico

home to many species of plants, as well as innumerable types of birds and animals. However, the garden's signature are the 200 imperial palms that line its main avenues.

Jardim Botânico has other attractions within its grounds. These include Rio's original gunpowder factory dating from 1808, the old gates of the Fine Arts Academy, and the Empress's Mansion, which became the headquarters of the National School of Tropical Botany in 2001.

# Museu do Índio 🛽

Rua das Palmeiras 55, Botafogo. **Tel** (021) 3214 8702. M Botafogo. Sun & public hols. M Every Sat, Sun & public hols. M Every Sat, www.museudoindio.org.br

Founded in 1953 the Museum of the Indian is run by the National Indian Foundation (Funai) with the aim of giving people an insight into the lives of Brazil's Indian and indigenous groups. Housed in a 19th-century mansion, this dynamic institution has over 14.000 indigenous artifacts. 50,000 photographs, and over 200 films. With 16.000 books and magazines, it also has one of the most complete libraries covering topics related to indigenous peoples.

There are several permanent exhibits in the gardens, including a Guaraní house and farm field, a Xingu kitchen and house, and Kuarup ritual tree trunks. There is also a well-stocked store that sells genuine indigenous artifacts.

## Museu Villa-Lobos @

Rua Sorocaba 200, Botafogo. **Tel** (021) 2226 9818. M Botafogo. 10am–5:30pm Mon–Fri.

With over 1,000 compositions to his credit, Heitor Villa-Lobos (1897–1959) is considered one of the greatest composers in Latin America (*see p32*). It is believed that it was through his work that Brazilian music first became popular abroad, eventually gaining universal appeal with the advent of *bossa nova*.

The Villa-Lobos Museum which moved to a stately 19th-century mansion in Botafogo in 1986, helps organize the Villa-Lobos Festival that begins on the anniversary of his death November 17, each year. His second wife. Arminda Neves d'Almeida, set up the museum in 1960, one year after his death. Its aim is to preserve the composer's personal collection of artifacts and keep his work alive. Exhibits include his books, music scores, photographs, and instruments

Villa-Lobos's best-known work is his cycle of the nine *Bachianas Brasileiras*, which pays homage to both Bach and Brazilian folk music. Such was his versatility that he wrote a variety of music from *choros* (an upbeat waltz or polka), concertos, symphonies, and orchestral works, to chamber music, operas, and ballets, as well as guitar and solo piano pieces.



Indigenous roundhouse on the grounds of Museu do Índio



Stately building housing the Museu Casa de Rui Barbosa

# Museu Casa de Rui Barbosa 🛛

Rua São Clemente 134, Botafogo. *Tel* (021) 3289 4600. M Botafogo. 10am–5pm Tue–Sun. Ø M www.casaruibarbosa.gov.br

A renowned politician. diplomat, and jurist. Rui Barbosa de Oliveira (1849-1923) helped shape several important Brazilian policies, including those pertaining to direct elections and the abolition of slavery He made his mark internationally during the 1907 Peace Conference at the Hague, where he argued that all countries should be treated equally. Barbosa contested twice for the Brazilian presidency - in 1910 and 1919 - but lost on both occasions.

Barbosa was also a great essayist and was one of the founders of the Brazilian Academy of Letters. He later became its second president. He was eventually elected as a judge to the International Court of Justice at the Hague.

The 1850 building that houses the Rui Barbosa Museum was the statesman's home from 1895 until his death in 1923. When it opened to the public in 1930, it was the first private residence in Brazil to be turned into a museum. The museum showcases a collection of Barbosa's personal possessions, such as furniture and art, and a library, containing 200 of his own works.

# Morro do Corcovado & Cristo Redentor ø



Cog train logo The 2,316-ft (706-m) Corcovado mountain derives its name from *corcova* (hunchback), which describes the physical appearance of the mountain itself. On the summit, the iconic Cristo Redentor statue towers over Rio, and is Brazil's most recognizable landmark. It was officially inaugurated in 1931 to

mark the centenary of Brazil's

independence. The enormous statue sits in the center of the gorgeous tropical jungle of Parque Nacional da Tijuca.



Making the Head Work on the statue began in Paris in 1926, with French sculptor Paul Landowski working on the bead and hands. The bead alone weighs 30 tons.

#### THE STATUE

Having been shipped from France to Brazil, the 98-ft (30-m) statue was faced in limestone and hauled up the mountain by rail to be assembled and attached to supporting pillars.

ALTO DA



The entire Rio City is embraced by Christ, and the statue's open arms are seen as a testament to the warmth of the Brazilians.



Famous Visitors Pope John Paul II, Pope Pius XII, and Albert Einstein are some of the famous people to have visited Corcovado.

The pedestal, on which the statue stands, is 26 ft (8 m) high. The chapel at the base of the statue can accommodate 150 people.

**Escalators** link the base to the train station and car park.

MORRO DA FORMIGA

ORCOVADO MORRO DA

Redento

#### STAR FEATURES

- ★ Museu Internacional de Arte Naïf
- ★ Stunning Views



\* Museu Internacional de Arte Naïf The museum has one of the largest collections of naive art in the world, featuring more than 6.000 works, dating from the 15th CENTRO RIO century to the present. DF IANFIRO



#### VISITORS' CHECKLIST

Morro do Corcovado. Cosme Velhostation Rua Cosme Velho 513 8·30am-8nm daily the base of Cristo Redentor. Corcovado (021) 2492 2252 8:30am-6:30pm daily (entrance at Parque Nacional da Tijuca). www.corcovado.com.br

Largo do Boticário is a lovely square surrounded by seven private houses. Colonial in appearance, the houses date from around 1920.



Cog Train Passing through the dense Atlantic rainforest, the train ride up the summit is a plus. Originally built in 1882 by Dom Pedro II. the current Swiss train dates from 1979.

PAROUE NACIONAL DA TIJUCA

The statue of Christ sits in this scenic national park, which contains the world's largest urban forest - Floresta da Tijuca. Dotted with natural springs, the park is home to more than 200 species of birds and several small mammals. It draws regular crowds of resident Cariocas, especially at the weekend (see p88).

0 km 2 0 miles



KEY Maior road Other road Minor road Cog train route = = Tunnels Park boundary Cog train station Me Viewpoint



★ Stunning Views Corcovado is located right in the center of Rio and can be seen from most areas of the city. The views over and across Rio from the summit offer a sweeping aerial panorama.

# Estádio do Maracanã 🛛

Rua Prof. Eurico Rabelo (gate 18), Maracană. **Tel** (021) 2334 1705. M Maracană. 9 9am–5pm for tours (not on game days).

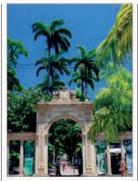
Rio's Maracanã Stadium is one of the most famous soccer grounds in the world. It is also the largest, having hosted crowds of up to 200,000 people.

The stadium, which was refurbished for the 2007 Pan-American Games, was built for the 1950 World Cup and inaugurated on June 16, the same year, with a game between Rio and São Paulo.

The first game played by the Brazilian team took place on June 24, 1950, with Brazil beating Mexico 4–0. A month later, a crowd of almost 200,000 tested the stadium's capacity to see Brazil play Uruguay in the final game. Brazil lost 2–1, and thus began its eternal rivalry with Uruguay.

It is not only soccer that has set stadium records. Big artists have attracted massive crowds to the Maracanã, including Frank Sinatra, Paul McCartney, Kiss, Madonna, the Rolling Stones, Sting, Tina Turner, and the second "Rock in Rio" Festival. Pope John Paul II's public appearances in 1980 and 1997 were also attended by thousands.

The Maracanã Stadium can be visited on the days of soccer matches and concerts (*see p94*), or as part of a daily guided tour that takes visitors behind the scenes and onto the pitch. In 2014, it will host the World Cup final.



Rio Zoo's main gate, gifted to Dom Pedro I by an English aristocrat

# Quinta da Boa Vista 🛛

Av Pedro II (between Rua Almirante Baltazar & Rua Dom Meinrdo, São Cristóvão). M São Cristóvão. Museu Nacional Tel (021) 2562 6900. 10am-4pm Tue-Sun. Jan 1, Dec 25, Carnaval & Good Friday. 201 Jardim Zoológico Tel (021) 2569 2024. 9 am-4:300m Tue-Sun.

The Quinta da Boa Vista, the landscaped grounds of a former royal estate, includes the **Museu Nacional** and the **Jardim Zoológico** (Rio Zoo). Founded by Dom João VI in 1818, the Museu Nacional is the country's oldest scientific institution, which started out as the House of Birds before becoming the Royal Museum, the Imperial Museum, and, finally, the National Museum

Its permanent exhibits cover a variety of fields from archaeology, biodiversity, and botany to ethnology, geology, and palaeontology. A part of the collection belonged to Emperor Pedro II, a botanist, and his wife, the Empress



Aerial view of the spectacular Estádio do Maracanã

For hotels and restaurants in this region see pp366–9 and pp394–6

Teresa Cristina, who was an archaeologist. The museum's gardens and the former royal palace are an attraction in their own right, and their lakes and grottos are a big draw on the weekends. They were landscaped by the French architect Auguste Glaziou in 1869 and cover an area of 38 acres (15 ha).

The Jardim Zoológico is considered one of the best in the world and is Brazil's oldest zoo having been founded in 1888. Covering 30 acres (12 ha). it is home to approximately 350 species and more than 2.100 animals, including one of the most complete collections of Brazilian mammals and butterflies. The zoo also boasts an excellent aviary and an aquarium that houses a variety of fascinating Brazilian river species

The zoo's beautiful main entrance was a wedding gift, presented to Dom Pedro I and the Empress Leopoldina by an English aristocrat in the early 19th century.

# Sambódromo & Cidade do Samba Ø

Av Marquês de Sapucaí, Centro. Map 4 A4. Tel (021) 2563 9000. M Praça XI. S Cidade do Samba Rua Rivadávia Correa 60, Gamboa. Tel (021) 2213 2503. O 9am–5pm Wed–Mon; shows: 9am–11pm Thu. S www.cidadedosambari.com.br

The Sambódromo, or Passarela do Samba, is where Rio's famous *samba* schools parade each February during Carnaval (*see pp64–5*).

Before Carnaval was as popular as it is today, the schools simply paraded on the streets and people stood on the sidewalk, and later, on specially built stands. As the crowds got bigger, the disruption caused by the building of the stands each year meant another solution had to be found.

The renowned Brazilian architect, Oscar Niemeyer (*see p295*), came up with a permanent solution. He built what is today the Sambódromo, which was inaugurated in



The Sambódromo, venue of Rio's annual Carnaval

time for the 1984 Carnaval. In order to complement the Sambódromo, a large complex, known as the **Cidade do Samba** (City of Samba), was established in 2005. This space is used by the main *samba* schools to build their floats and make their vibrant costumes.

Throughout the year, visitors are allowed in to watch the preparations and see how a *samba* school puts on its parade.

# Palácio Itamaraty 🛽

Av Marechal Floriano 196, Centro. **Map** 4 B3. *Tel* (021) 2263 4967. M Palácio Itamaraty. Mon, Wed & Fri. 2pm, 3pm & 4pm daily.

The Itamaraty Palace, a rare example of Neo-Classical architecture in Rio, was built between 1852 and 1853. It acted as the headquarters of the Brazilian Foreign Service from 1899 until 1970, when the department finally moved to Brasília. The palace was named for the man who built it, the Baron of Itamaraty. Its close links with the Foreign Service over a period of six decades has made the name "Itamaraty" synonymous with the Brazilian Foreign Office.

The palace's most notable resident was a foreign minister, José Maria da Silva Paranhos (1845–1912), the Baron of Rio Branco, an outstanding statesman who helped shape South America as we know it today.

Presently, the Itamaraty Palace houses the Museu Histórico e Diplomático (Diplomatic and Historical Museum), established in 1955. Tours of the palace and the museum reveal some of the Foreign Service's most important treasures, many of which, including furniture and paintings, date from the 19th century. There is also an archive of historic documents, as well as the Foreign Office's prized collection of maps.

#### **RIO'S FAVELAS**

As much a part of the city's landscape as Corcovado and Sugar Loaf, Rio's *favelas* are famous, lately due to their prominence in Fernando Meirelles' 2002 film, *Cidade de Deus* (City of God). They are often erroneously referred to as slums, and while some are, the majority are simply Rio's main areas of poor housing. What started as one or two shacks on a hillside has slowly grown into cities in their own right. Estimates suggest that there are now as many as 800 *favelas* in Rio, and up to 20 percent of the city's population may now

live in these areas. Some *favelas* have grown to giant communities, such as Rocinha in São Conrado, with over 150,000 residents. Others, such as Pavão, Cantagalo, Vidigal, and Chapéu Mangueira, are strategically located in hilly Zona Sul areas offering breathtaking views.

Favelas are complex and vibrant communities, deriving their name from the hardy favela plant. Many still have drug lords who run boca de fumos, where narcotics are openly sold and violence is not uncommon. However, people's conceptions that these ghettos are dangerous warrens full of criminals simply is not true, as the majority of people who live here are law-abiding citizens working in low-paying jobs. That said, it is still advisable only to visit these areas as part of a guided tour. There are now several good tours on offer. The most traditional tour is organized by Marcelo Armstrong, who was brought up in an apartment block adjoining the Vila Canoas favela. He and his team have been escorting visitors around Vila Canoas and Rocinha since 1992. The tours offer valuable insights into the lives of thousands of Rio's less privileged citizens.



Rocinha, located in São Conrado, one of Rio's largest and most complex *favelas* 

## Barra 🛛

The fastest growing suburb of Rio, Barra da Tijuca houses the RioCentro, Latin America's largest convention and exhibition center, and the Sítio Roberto Burle Marx, one of the best collections of tropical plants around the world. Besides Barra Shopping Center, the largest shopping mall in South America, Barra boasts many other modern malls and supermarkets. There are also Rio City's most modern multiplex cinemas and an ever-growing number of restaurants, bars, clubs and hotels. Barra is bordered by the city's longest beach, Praia da Barra da Tijuca.



Barra Shopping Center, the largest shopping mall in Latin America



#### 🖬 Praia da Barra da Tijuca 🛈

Av Sernambetiba. Stretching for over 11 miles (18 km), Praia da Barra da Tijuca is Rio's longest beach. The first 4 miles (6 km) are the most built-up, a modernday Copacabana, with large condominiums.

There are different hot spots along the length of the beach, the most famous of which is Barraca do Pepê, a tremendously busy food outlet that has been a favorite with the surfing and hanggliding crowd, with a kiosk that served organic food long before people had heard of it.

Crowds from all over Rio are drawn to this beach at weekends, but farther along the beach it becomes less crowded and unspoilt. During the week, when schools are in session, it is even possible to find large isolated stretches of the beach.



The long stretch of Praia da Barra da Tijuca

For hotels and restaurants in this region see pp366-9 and pp394-6

#### Barra Shopping Center 2

Av das Américas 4666. **Tel** (021) 4003 4131. Drawing shoppers from all over Rio City, this massive shopping center features an impressive range of shops. There are also eight movie theaters and a medical center, as well as a bowling alley and many coffee shops.

#### ff Cidade da Música Roberto Marinho ③

Trevo das Palmeiras. Although not expected to open until late 2010, this cultural center will house one of the largest concert halls in Latin America and become the new home for the Brazilian Symphony Orchestra.

With the main building suspended 33 ft (10 m) above the ground, this cultural center will have a 1,800-seater main hall, smaller halls with 800 and 500 seats, a four-screen cinema, and many shops, bars, and restaurants.



Fascinating collection of tropical plants at Sítio Roberto Burle Marx

#### Autódromo Internacional Nelson Piquet ④

Av Embaixador Abelardo Bueno, Jacarepaguá. Tel (021) 3410 6850. race davs only. Named after Nelson Piquet. the only Brazilian to win a Grand Prix in Rio, this circuit opened in 1978 and held the Brazilian Formula One Grand Prix that year. Thereafter, the race returned to São Paulo before coming back to settle in Rio from 1981 until 1990. A favorite with the drivers. it became one of the most glamorous events on the motor racing calendar. In 1991 Rio lost out to São Paulo and it has not held a Grand Prix since

#### **<u>m</u>** Centro de Conveções RioCentro **(5)**

Av Salvador Allende 6555. Tel (021) 3055 9100. 22 E www.riocentro.com.br Latin America's largest exhibition and convention center, RioCentro received tremendous global attention when it hosted the 1992 United Nations Conference on Environment and Development. The event, better known as the Earth Summit, was unprecedented for its magnitude and the scope of its concerns.

The large complex has five pavilions, and includes a heliport, lawns, gardens, a natural lake, and parking facilities for up to 7,000 vehicles.

#### Projac – TV Globo 6

Estrada dos Bandeirantes 6700, Jacarepaguá. **Tel** (021) 2540 4444. Globo is one of the world's largest television networks and produces most of its own prime time programing, including its famous soap operas, called the *novelas*, three of which are screened daily. A complete entertainment factory, Projac includes four studios, two auditoriums, scenery and costume workshops, a restaurant, and the production offices.

#### Sítio Roberto Burle Marx ⑦

Estrada Burle Marx 2019 Tel (021) 2410 1412. 7 9:30am-1:30pm by appointment only. This private garden belonged to Roberto Burle Marx (see p295), one of the most important landscape architects of the 20th century. In 1949, Burle Marx bought a 90-acre (36-ha) plantation and started to organize his private collection of amazing plants. He moved here in 1973 and staved there until his death. In 1985, he donated the entire estate to the National Institute for Cultural Heritage (IPHAN).

With around 3,500 plant species, the garden is considered one of the most important collections of tropical and semitropical plants in the world. This horticultural paradise also displays the works of Burle Marx, from the designs for his landscape projects to his paintings and sculptures. The garden also has a small Benedictine chapel dating from the 17th century, dedicated to St. Anthony.

#### ff Casa do Pontal ⑧

Estrada do Pontal 3295. **Tel** (021) 2490 3278. 9:30am–5pm Tue–Sun. 2 **E** www. museucasadopontal.com.br Almost the entire collection in this charming museum is based on the private collection by the Frenchman,

#### VISITORS' CHECKLIST

Rio de Janeiro. Ma 30,000. Matematica Botafogo. Tom Copacabana (No. 523). Rua da Assembléia 10, (021) 2217 7575. WWW.rio.ri.gov.br/riotur

Jacques Van de Beuque. Around 200 artists from every region of Brazil have had their works represented here.

The superb collection at the Casa do Pontal consists of more than 8,000 works of Brazilian folk art including sculptures, wood carvings, models, and mechanized sets. These are made from a variety of materials including clay, wood, cloth, sand, iron, aluminium, straw, wire, and even bread dough.

#### 🖬 Praia Prainha & Grumari ⑨

Av Estado da Guanabara. Prainha and Grumari are the city's most unspoilt beaches, and are deserted during the week as they are only accessible by car. Prainha, just 164 yards (150 m) long, is particularly popular with the surf crowd, while Grumari is larger and attracts couples and families. Some scenes from the 1984 Hollywood comedy *Blame It on Rio* were filmed along the road to Grumari.

The restaurant and bar, Point de Grumari, on the top of the hill to the west, offers spectacular views along the coast to the west.



A surfer at the picturesque and secluded Prainha beach



The lush setting of the Mayrink Chapel, Pargue Nacional da Tijuca

# Parque Nacional da Tijuca 🛛

Covering 15 sq miles (39 sq km), the Tijuca National Park encompasses the last remaining tracts of Atlantic rainforest that once surrounded Rio de Janeiro. It includes the Floresta da Tijuca (Tijuca Forest). Serra da Carioca (Carioca Mountains) and the monoliths of Pedra da Gávea and Pedra Bonita. The park's most famous landmark is the towering statue of Cristo Redentor atop Corcovado peak (see  $bb\hat{8}2-3$ ). Other well-known viewpoints are the Dona Marta, the Vista Chinesa (with a Chinese-style pavilion), and the Mesa do Imperador (Emperor's Table), all of which offer spectacular city views.

Sights within the Floresta da Tijuca include **Cascatinha do Taunay**, a waterfall near the



Cascatinha do Taunay, one of Parque Nacional da Tijuca's many waterfalls

main gate named after the French painter Nicolau Taunay (1755–1830); the 19th-century **Mayrink Chapel**, featuring the work of Candido Portinari (1903–62), one of the most important Brazilian painters; the lovely Os Esquilos restaurant (*see p395*); and the hundreds of species of plants, birds, and mammals that live here.

Many of the park's 150-odd trails, originally made by Brazil's indigenous people,

exist even today. One of them, dating from the 19th century, takes walkers up from Largo do Bom Retiro, a picnic spot in the Floresta da

Tijuca, to the 3,940-ft (1,201m) high Tijuca Peak. It is easy to get lost in the dense foliage, so stick to the main trails and do not go without a guide if planning on trekking. Book in advance if a guide is required.

Another attraction near the Floresta da Tijuca is the **Museu do Açude**, a museum housed in the Neo-Colonial building that once served as the residence of the successful businessman, Raymundo Ottoni de Castro Maya (1894– 1968). The museum is known for its French, Dutch, Spanish, and Portuguese tiles from the 17th and 18th centuries, and for Castro Maya's personal collection of Oriental art.

# Baía de Guanabara 🛛

Without Baía de Guanabara Rio de Janeiro would probably have been known by a different name. On January 1, 1502, the navigators Andre Goncalves and Amerigo Vespucci became the first Europeans ever to sail into the bay. Assuming it was the mouth of a great river, they called it Rio de Ianeiro or "River of Ianuary." Guanabara, meaning "Lagoon of the Sea." was the name given to the dominant bay by indigenous Brazilians and is rather more accurate.

The bay is flanked by Rio to its west and Niterói to its east, and encompasses countless islands. As well as the ferry services that begin at Praça XV, boats can be hired from the **Marina da Glória** in Flamengo Park, the center of all nautical activities in Rio. One of the more pleasant



Tiled map of park routes in Alto da Boa Vista ways to enjoy the bay is by taking the special cruise that starts from the **Espaço Cultural da Marinha** (Navy Cultural Center) in

Centro. Centro has a number of fine nautical exhibits, including an Imperial Barge built in Salvador in 1808, and also offers a cruise on the historic tugboat, *Laurindo Pitta*, which was built in England in 1910 and took part in World War I. The cruise lasts an hour and a half and passes several interesting sights along the way.

The Tom Jobim International Airport is located on the largest of the islands in the bay, **Ilha do Governador**, while the tiny **Ilha Fiscal** houses a palace built in 1889 at the request of Emperor Dom Pedro II in the style of a 14th-century French castle. The castle's highlights include its exceptional carved stone work and cast-iron work, and the turret's mosaic floor, which is made from different species



Museu de Art Contemporârnea (MAC-Niterói), hovering like a flying saucer above Boa Viagem

of hardwood. Also noteworthy are the wall paintings by 19th-century Dutch artist Frederico Steckel, and the tower clock and stained-glass windows, which were imported from England.

Ilha Paquetá, north of the bay is an oasis of calm where no cars are allowed Ferries and hydrofoils cruise up the bay to the island from the Estação das Barcas in front of the historic Praca XV. Crossing the bay is the Rio-Niterói Bridge (officially the Presidente Costa e Silva Bridge), which is one of the longest in the world at 9 miles (13 km). The project was financed by Britain, and construction began in 1968 in the presence of Queen Elizabeth II.

#### ff Espaço Cultural da Marinha

Av Alfredo Agache, Centro. Tel (021) 2104 6025. 🚺 noon–5pm Tue–Sun. 🌠 🛃

#### 🎛 Ilha Fiscal

Baía de Guanabara. **Tel** (021) 2233 9165. Only for tours at 1pm, 2:30pm & 4pm Thu–Sun. 🐼 🎸

Marina da Glória Av Infante Dom Henrique, Glória. *Tel* (021) 2255 2200.

### Niterói 🛽

A75,000. 🚃 🚖

Cariocas like to joke that the best thing about Niterói is its view across the bay to Rio de Janeiro, and it is true that the city's popularity has shown a decline due to its proximity to Brazil's first city. Both cities, however, developed simultaneously, and as the ferries got faster and more reliable, Niterói became a popular residential option for people working in downtown Rio.

The British preferred Niterói to Rio, and in 1872, founded the Rio Cricket and Athletic Club that is still active there today. Praia de São Francisco in Guanabara Bay is the city's answer to Copacabana beach, but for the most part, is not ideal for swimming. Niterói's better beaches – **Camboinhas, Itaipu**, and **Itacoatiara** – lie on the Atlantic coast, and are very popular on weekends.

The two most popular sights in the city are the imposing **Fortaleza de** 



A panoramic view of the Marina da Glória, Baía de Guanabara

Santa Cruz and the Museu de Art Contemporârnea (MAC-Niterói) The Fortaleza de Santa Cruz (Santa Cruz Fort) sits on a rocky outcrop just outside the city, and guards the entrance to Guanabara Bay. Parts of the fort date from the 16th century when the French built an improvised fortification to protect the city. The structure grew until it became the most important fortress in Brazil. It helped protect Niterói from two invasions the first of which came from the Dutch in 1599 and the second from the French in 1710

The stunning Museu de Art Contemporârnea (Contemporary Art Museum) appears to hover above the neighborhood of Boa Viagem. The illusion comes from its slender base pillar, which is only 30 ft (9 m) in diameter. Inaugurated in 1996, it was the brainchild of the acclaimed Brazilian architect. Oscar Niemeyer (see p295). Its exhibits are based on the 1,000 pieces of Brazilian art donated by the eminent art collector, João Sattamini. The most enchanting spectacle, however, is the view from inside the museum at dusk, when Rio's lights twinkle from across the bay.

 Museu de Art Contemporârnea Mirante da Boa Viagem, Niterói. Tel (021) 2620 2400. ○ 10am-6pm Tue-Sun. ※ ○ と

# SHOPPING IN RIO

esident Cariocas have turned shopping into something of an art form and use it as an alternative form of entertainment when they are bored with the beach. Visitors will be pleased to find out just how far their money goes in Rio's stores, especially Handy bag and matching flip-flops when it comes to buying items



that have been manufactured in Brazil This includes top fashion clothing, beach and sportswear, leather goods, jewelry and numerous other items. Until the 1980s, the best place to shop was along Hippie Fair is the best place to buy arts Visconde de Piraiá in Ipanema, Although and crafts items, trinkets, curios, and the area is still considered to have the souvenirs to take home as gifts.

hippest boutiques. Rio's residents have fallen in love with the experience of shopping in the larger malls, such as Rio Sul and Barra Shopping Center, the largest shopping and entertainment. complex in Latin America The historic districts of Centro and Copacabana (mainly the

area along Avenida Nossa Senhora de Copacabana) cannot be overlooked, as it is here that most of Rio's quirky, special interest shops are found. The



Rio Sul, one of the two giant malls dominating Rio's shopping scene

#### **OPENING HOURS**

Most stores in Rio open from 9 or 10am in the morning until 6 or 7pm in the evening Monday to Friday, and between 9 or 10am until 1pm on Saturday. The big shopping malls, such as Barra Shopping and Rio Sul, stay open from 10am to 10pm Monday through Saturday and from 3 to 9pm on Sunday.

Most supermarkets are open from 8am to 10pm Monday to Saturday, with a limited selection remaining open on Sunday. There are also several 24-hour supermarkets scattered throughout the city.

#### SHOPPING MALLS

Two giant malls have dominated Rio's shopping scene since the 1980s and offer just about anything people could want under one roof. The closest and most convenient for visitors staying in Copacabana and Ipanema is the **Rio Sul** mall, which is located on the main artery linking the Sugar Loaf end of Copacabana to Botafogo and the city. Rio Sul has more than 400 stores, plus restaurants and cinemas. It also runs a free bus service that picks up shoppers from all the main hotels along the beachfront and drops them back with their purchases. Of course, there are always plenty of taxis at Rio Sul.

Barra Shopping Center (see p86), the largest shopping and entertainment complex in Latin America, can almost be treated as a tourist attraction in its own right. At last count, the mall had close to 700 stores. It also has a good selection of bars and restaurants, and entertainment that includes a modern bowling alley, an 18-screen multiplex cinema, and a gaming area known as Hot Zone. Both Rio Sul and Barra Shopping

Center have branches of virtually all the top Brazilian retailers as well as some familiar international names The two giants malls are not the only shows in town, and malls in every shape and size can be found all over Rio. including the popular Fashion Mall in São Conrado.

#### JEWELRY

Brazil has huge deposits of precious and semi-precious gemstones, and in some cases, holds more than 90 percent of the world's total supply. This has turned Brazil into one of the most important manufacturers of jewelry. both traditional and modern. and has made Rio de Janeiro into one of the jewel capitals of the world.

The two market leaders. H. Stern and Amsterdam Sauer. have stores in most of the city's major hotels, and at the airport. They also organize special jewelry tours at the Ipanema headquarters.



H. Stern, offering a wide range of traditional and modern jewelry

9.0



The famous Blue Man line of beachwear

### **BIKINIS & BEACHWEAR**

The girls from Ipanema, Copacabana, and Barra have helped make the bikini a symbol of the city's lifestyle. Shops specializing in bikinis, swim, surf, and beachwear can be found all over Rio, especially in Copacabana, Ipanema, and all the big malls. Famous names in bikiniwear include **Blue Man**, **Bum-Bum**, and **Kitanga**.

What you wear to the beach is a fashion statement in Rio, so designs, shapes, and colors change with every season. Many stores offer a special line for visitors who find Brazilian fashions a bit daring.

#### FASHION WEAR

Brazil features prominently in the international fashion scene, and Brazilians like to keep up with the latest trends. Walk around Ipanema or any of the large malls to get an idea of what is available. Items on display are usually of high quality and are also well priced.

#### SHOES

Brazil is one of the largest manufacturers of shoes and footwear in the world Even the local supermarket is likely to stock fashionable flip-flops, and the two most famous brands are Havaianas and Grendha. The most popular stores that manufacture well-made and reasonably priced leather shoes, are part of the Mr. Cat chain Other stores worth checking include Andarella and Datelli

#### MUSIC

**JEWELRY** 

H. Stern

**BIKINIS &** 

**Blue Man** 

Rum-Rum

BEACHWEAR

Rio Sul, Botafogo.

Tel (021) 2541 6896.

Ipanema. Map 2 B4.

Tel (021) 2287 9951.

Rua Visconde Pirája 351,

Amsterdam Sauer

Rua Garcia d'Ávila 105,

Ipanema, Map 2 A4.

Tel (021) 2512 1132

Rua Garcia d'Ávila 113,

Ipanema. Map 2 A4.

Tel (021) 2106 0000.

While no one music chain dominates in Rio, some music stores are better than others. **FNAC** mega store in Barra Shopping Center has a very good selection. **Modern Sound** in Copacabana is Rio's most traditional and famous store, and has a wide selection. Another top name is **Saraíva**, which has a large store in Rio Sul. Leading supermarkets, especially Lojas Americanas, sell cheap CDs.

### **ARTS & CRAFTS MARKETS**

The best and most famous arts and crafts market in Rio is the Hippie Fair, taking place every Sunday in and around Praça General Osório in Ipanema. The fair, which first began in 1968, runs from 8am to 6pm and is the perfect place to pick up souvenir paintings or Brazilian arts and craft works.

There are a number

of specialized arts and crafts stores throughout the city, including those found in the Rio Sul and Barra Shopping Center malls. There is also a good selection in Copacabana, mostly

Elin-flons

along the historic Avenida Nossa

Senhora de Copacabana, situated behind Copacabana Palace Hotel. In Ipanema, the H. Stern store has a good selection, as does **Brasil & Cia**.



Ipanema's Hippie Fair, a great place for souvenir shopping

#### SHOPPING MALLS

#### Barra Shopping Center

Av das Américas 4666, Barra da Tijuca. *Tel (021) 4003 4131.* www.barrashopping. com.br

Fashion Mall

Estrada da Gávea 899, São Conrado. **Tel** (021) 2111 4444. www.scfashionmall. com.br

Rio Sul Rua Lauro Muller 116, Botafogo. *Tel (021) 3527 7257.* www.riosul.com.br

#### DIRECTORY

#### Kitanga

Rua Santa Clara 70 loja 204, Copacabana. **Map** 3 D2. **Tel** (021) 2293 5053. One of several branches.

#### SHOES

Andarella Av Nossa Senhora de Copacabana 706, Copacabana. Map 3 D3. Tel (021) 2236 2402. www.andarella.com.br One of several branches.

Mr. Cat Rua Visconde de Pirája 414, Ipanema. Map 2 B4. Tel (021) 2227 6521. One of several branches.

MUSIC

**FNAC** Barra Shopping Center. **Tel** (021) 2109 2000.

Modern Sound Rua Barata Ribeiro 502, Copacabana. Map 3 D2. Tel (021) 2548 5005.

Saraíva Rio Sul, Botafogo. Tel (021) 2543 7002.

#### ARTS & CRAFTS MARKETS

Brasil & Cia Rua Maria Quitéria 27, Ipanema. Map 2 A4. *Tel* (021) 2267 4603.

# ENTERTAINMENT IN RIO

As a major world city, Rio offers a wide variety of highquality entertainment. However, these are targeted more toward the local residents than the casual tourists. The big local and international acts perform mainly for the Brazilians, and the same is true of what is presented at the theater, in the movie houses, clubs, and bars. Though

#### INFORMATION

For details of entertainment in Rio, check with the daily newspapers or their web sites, most notably *O Globo* and *Jornal do Brasil*. For an update on on-going events, check *Veja Rio*, the special Rio supplement in Brazil's leading weekly newsmagazine, *Veja*. It normally offers an accurate guide to the current scene. The concierge at any big hotel would also be of help.

#### **BOOKING TICKETS**

Brazilians traditionally only buy their tickets at the very last moment. Even for the biggest events, tickets may go on sale only a few days ahead. In many cases, the tickets will be sold at the venue itself, or through an



Elaborately dressed samba dancer

agency. Large ticket agencies, such as **Ticketmaster**, **Ticketronics**, and **Ingresso**, operate countrywide, and offer tickets to both events and particular venues.

#### MAJOR VENUES

Rio is an important venue and tour stop for not only the top names in Brazilian music, but also for all the leading international acts. The major Brazilian acts tend to prefer to play in one of two big show houses in Rio. Canecão in Botafogo and the Citibank Hall in Barra da Tijuca. Opened in 1967 Caneção has hosted many major concerts and a number of classic live Brazilian albums have been recorded here. Claro Hall, a purposebuilt state-of-the-art facility. opened for business in 1994. with a show by Diana Ross.

some clubs give a watered-down take on Brazilian culture, on the whole, visitors can enjoy a scintillating nightlife. The trendiest and most fashionable choices are found in Ipanema and Leblon, and around the Lagoa. Downtown Rio is also back in fashion, with Lapa being particularly popular when it comes to clubs and bars that play upbeat Brazilian music.

> Vivo Rio located in the Modern Art Museum in Flamengo puts on various shows. The Cidade da Música in Barra has a spacious main concert hall, although the opening of this venue has been delaved.

Smaller bands, or big names looking for a more intimate setting, also use the **Circo Voador** in Lapa and other smaller venues such as the **Teatro João Caetano** in Centro, **Ballroom** in Humaitá, and even **Morro da Urca** on the half-way stage of Sugar Loaf (*see pp*76–7).

The open-air venues of **Praça de Apoteose** and **Cidade do Rock** stage large acts. Even the Copacabana and Flamengo beaches sometimes hold free concerts.

Rio also hosts a number of festivals during the year that cover all genres. The



Colorfully costumed samba performers in the floor show at Plataforma 1

largest and most famous festival is Rock in Rio, though this is not an annual event.

Over the years, Rio has offered a number of shows that primarily target the visitor who might want a quick, though somewhat oversimplified, version of the vast range of Brazilian culture.

The glitziest show to outlast them all takes place daily at Leblon's **Plataforma 1**. The kitschy variety show features *samba*, *bossa nova*, and other Brazilian sounds.

#### SAMBA, BOSSA NOVA & GAFIEIRA

Most visitors to Rio will hope to catch a little live music and dance action when they are in town. While the big Brazilian acts will be found at Canecão and Claro Hall, there will also be a lot of artistes performing in smaller, more intimate venues, many of which are also bars and clubs.

On Ipanema Beach, Rio's most popular and successful music bar **Mistura Fina** has offered an eclectic mix of jazz, instrumental, and MPB (*see pp32–3*) for over 25 years. Many top names started their careers here and still return to perform.

Fans of *bossa nova* flock to Vinícius in Ipanema and Bar do Tom in Leblon. Celebrated for its outstanding music and a lively bar, the tiny **Bip Bip** in Copacabana is a wellfrequented haven for MPB.

Since the end of the 1990s, the reinvigorated nightlife in the city center has given a special boost to *samba* and *choro* (an upbeat waltz or polka). Lapa remains the main hub, with places such as **Carioca da Gema**, **Dama da Noite**, and **Rio Scenarium**. Close by, in Praça Tiradentes, the **Centro Cultural Carioca** is known to host Brazilian music.

Even when the center of Rio was not in fashion, two clubs prospered there and still hold sway as the city's authentic ballrooms, or *gafieiras*. **Estudantina**, in Praça Tiradentes, dates from 1928, while the 1918 **Cordão da Bola Preta** in Lapa is the oldest carnival *bloco*.



The Pe de Molegue group playing at the Carioca da Gema bar in Lapa

For those who wish to learn the basics of dance, there are a number of schools in Rio. The Centro Cultural Carioca offers beginner classes for *samba*, *forró*, and *gafieira*.

#### SAMBA SCHOOLS

The number of shows and opportunities increase the closer it gets to Carnaval (see pp64-5), with the "high season" for samba from December through February. However, those who are not visiting the city during this time can watch the samba schools in action. Any good hotel will be able to organize a visit to the League of Samba Schools (LIESA) as part of the schools' own official tours, or to the technical rehearsals that take place at the Sambódromo.

The *samba* schools are also known to host programs featuring performances and other events at the **Cidade do Samba**, which opened in Centro in early 2006.



People dancing to a live *gafieira* show in Rio Scenarium

#### **BARS & CLUBS**

Rio enchants visitors with its unique range of bars and clubs. Bars go through every degree of sophistication, from periodically-changing hot spots, to those specializing in cachaca and caipirinhas such as the popular Academia da Cachaca in Leblon and Barra. Enhancing the variety are several pub-like venues. the most famous of which is Lord Jim in Ipanema, while sophisticated bars in the top hotels offer a more formal elegance. Then there are the traditional *hotequins* or the corner bars, with plenty to eat and drink, well into the early hours. Bar Luiz in Centro. Lamas in Flamengo. Cervantes in Copacabana. Hipódromo in Gavea, and Bar Lagoa on the Lagoa, have been drawing a steady clientele. Favored by visitors, Garota de Ipanema was where Tom Jobim and Vinícius de Moraes are said to have seen the girl who inspired them to write the song "A Garota de Ipanema." Trendy Barril 1800. an Ipanema landmark, attracts local celebs and tourists alike with its great atmosphere.

The line between bars, DJ bars, and clubs can get blurred in Rio, with a surfeit of bars offering dancing and music as the night goes on. The "in" venues change extremely quickly in terms of popularity and name. Therefore, it is always a good idea to ask a resident or the concierge at the hotel about the places that may be currently in vogue.

#### GAY & LESBIAN

Rio has a very active gay and lesbian scene, much of which simply blends into the everyday life of the city. Among the most traditional gay and lesbian clubs are the upbeat **Le Boy** and **La Girl**, at the Ipanema end of Copacabana. **Dama de Ferro** is as popular.

A good starting point is Ipanema beach. The block running back from the beach also has a number of gay and lesbian friendly bars.

#### EATING OUT

For many Cariocas, eating out (see p390–91) is an entertainment in its own right. Foreign visitors get the best value from dining at the *churrascaria rodizios*, the large barbecue houses with a fixed-price menu.

In Rio, trying traditional Brazilian cuisine normally means a *feijoada* (*see* p392), a sumptuous feast usually served for lunch on Wednesday or Saturday.

#### THEATER

Theater in Rio de Janeiro is of a high quality, but a majority of the productions will be in Portuguese. The main theaters, generally small and intimate, are found in Copacabana, Ipanema, and Leblon. In Centro, the **Centro Cultural Banco do Brasi**l is a major venue. For listings, check *O Globo* and *Jornal do Brasil*.

#### CINEMA

Brazil is one of the world's biggest cinema-going markets. However, the latest multiplex operations all tend to be in



A football match in progress at the Estádio do Maracanã

Barra, such as the 18-screen **Cinemark**. Smaller and older theatres can be found in Copacabana and Ipanema.

International films quickly make their way into Brazil, and unless they are aimed at children, will be left in their original language with subtitles added. At least one new Brazilian film is released each week, a few of which will go on to international acclaim. Independent world cinema takes over the city each September and October, when the city's main film festival, Festival do Rio, holds public screenings.

#### CLASSICAL MUSIC, OPERA & DANCE

Rio de Janeiro has a healthy and vibrant music, opera, and dance scene that is currently focused in the **Theatro Municipal** in Centro. From 2010, however, it is likely to share the spotlight with the new **Cidade da Música** in Barra. Small concerts and recitals also use the **Sala Cecília Meireles** in Lana.

Rio has its own music, opera, and dance companies, but also attracts the very best from the rest of Brazil and the world.



An aerial view of the Helisight heliport at Morro da Urca

#### HELICOPTER TOURS

One of the most popular tours with visitors to Rio, a helicopter ride takes people over the city and beaches, or around Sugar Loaf and Corcovado mountains.

Since 1991, **Helisight** has been offering eight different tours that vary from eight minutes to an hour. The most popular tours are those that circle Corcovado and the statue of Christ the Redeemer.

Helisight has modern heliports at Dona Marta, Morro da Urca, and the Lagoa. It also operates from Pier Maua when the cruise ships are in. Prices are much less than most people imagine.

#### SOCCER

The mecca of soccer-lovers, Rio is world-renowned for its abiding passion for the game. Matches take place all through the year, and are usually held on Wednesday evenings or Sunday afternoons. The city's four big clubs are Flamengo, Fluminense, Vasco da Gama, and Botafogo.

Almost synonymous with Brazil's legendary sport, the **Estádio do Maracanã** is widely acclaimed for hosting some of the best soccer matches.

#### HORSE RACING

Unusual as it may seem to list it among the entertainment options, horse racing at the **Jóquei Club Brasileiro** on the Lagoa takes place four times a week. On Monday and Friday evenings, one can enjoy drinks or dinner in the members' stand, and watch the racing go on under the floodlights.

#### INFORMATION

Jornal do Brasil www.jbonline.terra. com.br

O Globo www.oglobo.globo.com

#### **BOOKING TICKETS**

Ingresso www.ingresso.com.br

Ticketmaster www.ticketmaster.com.br

Ticketronics www.ticketronics.com.br

#### MAJOR VENUES

Ballroom Rua Humaitá 110. Tel (021) 2537 7600.

**Canecão** Av Venceslau Braz 215, Botafogo. **Tel** (021) 2105 2000.

**Cidade da Música** O Trevo das Palmeiras, Barra.

**Cidade do Rock** Av Salvador Allende, Barra da Tijuca.

**Circo Voador** Rua dos Arcos, Lapa. **Map** 5 D5. *Tel* (021) 2533 0354.

**Citibank Hall** Av Ayrton Senna 3000, Barra da Tijuca. *Tel (0300)* 789 6846.

**Morro da Urca** Av Pasteur 520, Praia Vermelha, Urca. **Tel** (021) 2546 8400.

Plataforma 1 Rua Adalberto Ferreira 32, Leblon. *Tel (021) 2274* 4022.

Praça da Apoteose Rua Marques de Sapucai, Cidade Novo. Map 4 A5. *Tel (021) 2217 7575*.

Teatro João Caetano Praça Tiradentes, Centro. Map 4 C4. *Tel* (021) 2332 9257.

### DIRECTORY

Vivo Rio

Av Infante Dom Henrique 85, Flamengo. **Tel** (021) 2240 2303.

#### SAMBA, BOSSA NOVA & GAFIEIRA

Bar do Tom Rua Adalberto Ferreira 32, Leblon. *Tel (021) 2274 4022.* 

Bip Bip Rua Almirante Gonçalves 50, Copacabana. Map 2 C4. Tel (021) 2267 9696.

**Carioca da Gema** Rua Mem de Sá 79, Lapa. **Map** 5 D5. *Tel (021)* 2221 0043.

Centro Cultural Carioca Rua do Teatro 37, Praça Tiradentes, Centro. Map 4 C4. Tel (021) 2252 6468

Cordão da Bola Preta Rua da Relação 10, Lapa. Map 5 D5. Tel (021) 2240 8049.

Dama da Noite Rua Gomes Freire 773, Lapa. Map 4 C5. Tel (021) 2509 4237.

**Estudantina** Praça Tiradentes 79, Centro. **Map** 4 C4. **Tel** (021) 2232 1149.

Mistura Fina Av Rainha Elizabeth 769, Ipanema. Map 2 C5. Tel (021) 2523 1703.

**Rio Scenarium** Rua do Lavradio 20, Lapa. **Map** 4 C4. *Tel* (021) 3147 9000.

Vinícius Rua Vinícius de Moraes 39, Ipanema. **Map** 2 B4. *Tel* (021) 2287 1497.

### SAMBA SCHOOLS

Cidade do Samba Rua Rivadávia Correa 60, Gamboa. *Tel* (021) 2213 2503. League of Samba Schools (LIESA) Av Rio Branco 4. Map 5 D2. *Tel* (021) 3213 5151.

#### **BARS & CLUBS**

Academia da Cahaça Rua Conde Bernadotte 26, Leblon. *Tel (021) 2239 1542.* Av Armando Lombardi 800, Barra. *Tel (021) 2492 1159.* 

Barril 1800 Av Vieira Souto 110, Ipanema. Map 2 B5. Tel (021) 2523 0085.

**Bar Lagoa** Av Epitácio Pessoa 1674, Lagoa. **Map** 2 A4. **Tel** (021) 2523 1135.

**Bar Luiz** Rua da Carioca 39, Centro. **Map** 5 D4. **Tel** (021) 2262 6900.

**Cervantes** Av Prado Júnior 335, Copacabana. **Map** 3 F1. **Tel** (021) 2275 6147.

**Garota de Ipanema** Rua Vinícius de Moraes 49, Ipanema. **Map** 2 A5. **Tel** (021) 2523 3787.

Hipódromo Praça Santos Dumont 108, Gávea. *Tel* (021) 2274 9720.

Lamas Rua Marques de Abrantes 18, Flamengo. *Tel (021) 2556-0799*.

Lord Jim Rua Paul Redfern 63, Ipanema. Map 2 C4. *Tel* (021) 2259 3047.

#### **GAY & LESBIAN**

**Dama de Ferro** Rua Vinícius de Moraes 288, Ipanema. **Map** 2 B4. **Tel** (021) 2247 2330.

#### Le Boy

Rua Raul Pompéia 92, Copacabana. **Map** 2 C4. **Tel** (021) 2513 4993.

La Girl Rua Raul Pompéia 102, Copacabana. Map 2 C4. *Tel* (021) 2247 8342.

#### THEATER

Centro Cultural Banco do Brasil Rua Primeiro de Março 66, Centro. Map 5 E3. Tel (021) 3808 2020.

#### CINEMA

**Cinemark** Av das Americas, Barra da Tijuca. **Map** 5 D5. **Tel** (021) 2494 5007.

#### CLASSICAL MUSIC, OPERA & DANCE

Sala Cecília Meireles Largo da Lapa 47. Map 5 D5. *Tel* (021) 2332 9176.

Theatro Municipal Av Rio Branco. Map 5 D4. *Tel* (021) 2332 9195.

#### HELICOPTER TOURS

Helisight Rua Conde de Bernadotte 26. Map 1 A4.*Tel* (021) 2511 2141 (weekdays), (021) 2542 7895 (Sat, Sun & public hols).

#### SOCCER

Estádio do Maracanã Rua Eurico Rabelo, São Cristóvão. Tel (021) 2334 1705.

#### HORSE RACING

#### Jóquei Clube Brasileiro Bua lardim Botâni

Rua Jardim Botânico 1003. **Map** 1 A2, 1 A3, 1 B2, 1 B3. *Tel (021) 3534 9500*.

# RIO DE JANEIRO CITY Street finder

ap references given in this guide for entertainment venues and other attractions in Rio City refer to the Street Finder maps on the following pages. Map references are also provided for Rio City restaurants (*see pp394–6*) and hotels (*see pp366–9*). The first figure in the map reference indicates which Street Finder map to turn to, and the letter and number which follow refer to the grid reference on that map. The map below shows the different areas of Rio City – Leblon, Copacabana, Ipanema, and Centro – covered by the five Street Finder maps. Symbols used for sights and useful information are displayed in the key below. An index of street names and important places of interest marked on the maps can be found on page 68.



caution. It is advisable not to wander unaccompanied around the darker corners of the Parque do Flamengo, or to walk between Cosmo Velho and Corcovado late at night. Robbery and assault in these areas are common.

Passengers taking a bus are easy targets for thieves, and need to be vigilant. Taxis are plentiful and inexpensive, so avoid walking along empty and unfamiliar streets. Make sure the driver turns on the meter and ask for an estimate of the average fare to your destination.

Various instances of bag-snatching are common on the crowded beaches of Copacabana and Ipanema, especially during the weekends, so visitors must keep a keen eye on their belongings. Again, do not go down to the water after dark. Stay on the well-lit, busy sidewalks.

#### KEY

0 m	eters	400
SCALE OF MAPS 1 & 2–3		
	Pedestrian street	
-	Railroad	
M	Post office	
	Church	
÷	Police station	
•	Hospital	
H	Visitor information	
Ρ	Parking	
м	Metro	
	River-boat terminal	
R	Train station	
	Other building	
	Place of interest	

0 yards 400

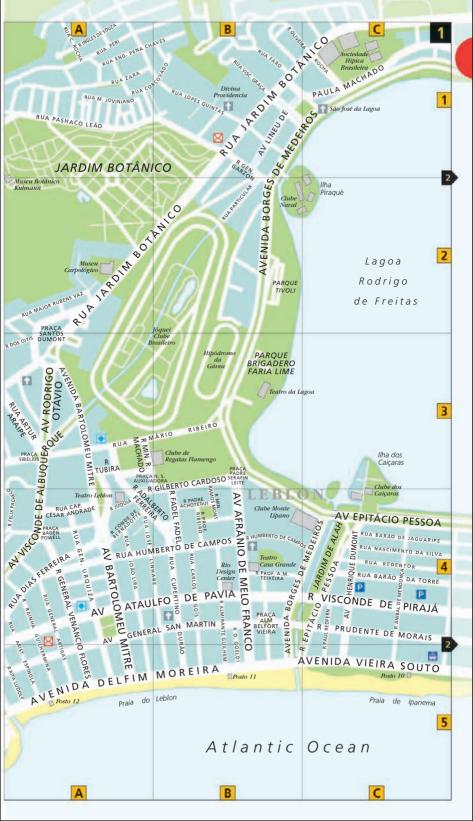
#### SCALE OF MAP 4-5

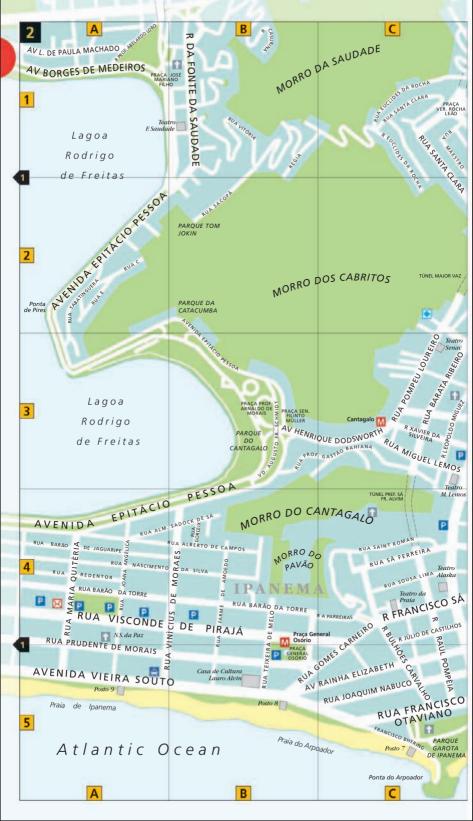
0 meters	200	
0 yards	200	

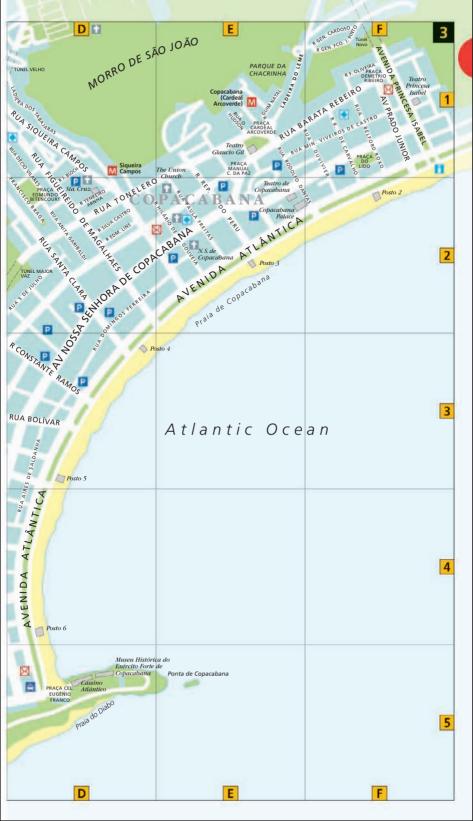
#### STREETWISE IN RIO

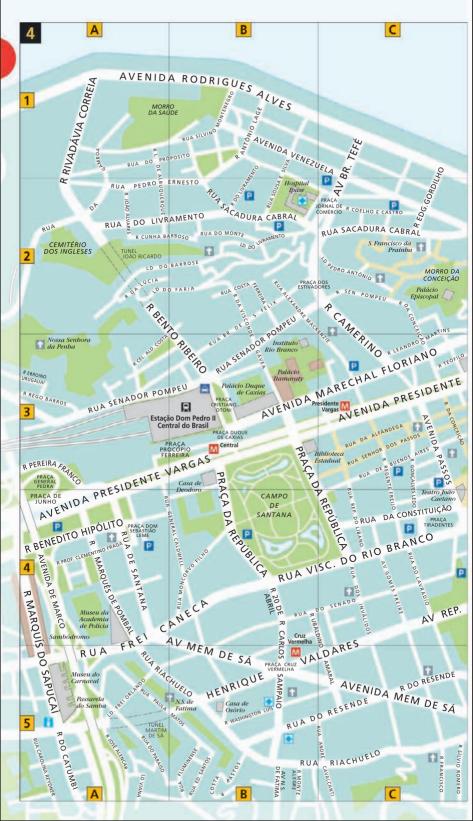
Though street crime is prevalent in Rio, a few precautions could help to prevent it from happening.

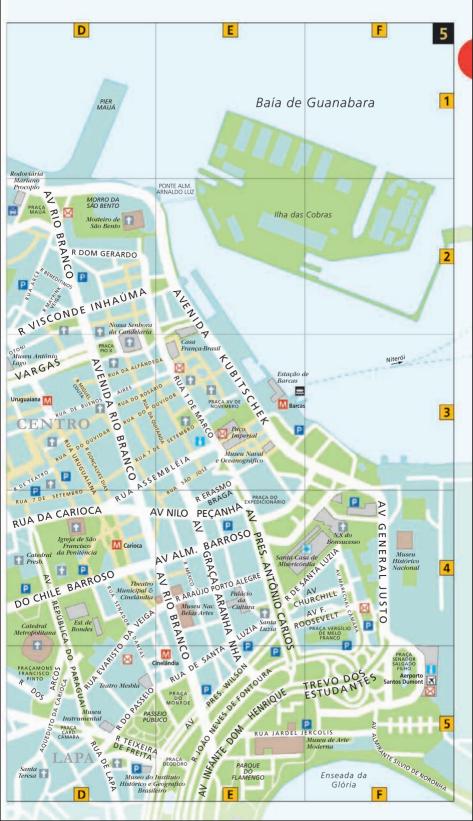
Contrary to general belief, it is probably best to avoid taking a stroll on the deserted streets of Centro on Sundays. Praça Mauá, just to the north of Centro, is best avoided after nightfall. Lapa, a popular nightspot in Rio, must be explored with great

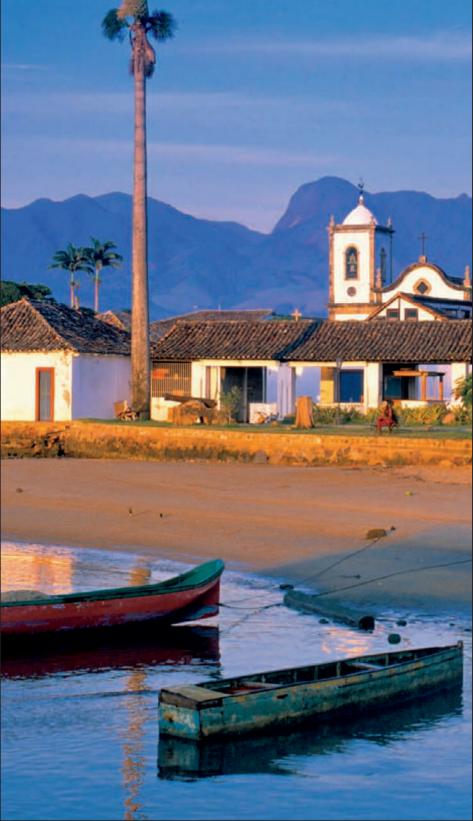












# RIO DE JANEIRO & Espírito santo

Beyond the capital cities of Rio and Vitória, the magnificent scenery dominating the cities continues unchecked by rapid modernization. Along the coast are giant boulder-strewn mountains, while farther inland are the steep, lushly-forested ridges of the Mata Atlântica. Spectacular beaches, picturesque islands, and several resort towns are among the area's other attractions.

Stretching north and south of Rio City are long strands of beaches and half-moon coves lapped or pounded by a bottle-green Atlantic and visited by troops of sea turtles. Some surround the popular resort towns of Búzios, "discovered" by Brigitte Bardot in the 1960s, and Cabo Frio, while others lie close to the colonial port of Paraty, which once lay at the end of the mule route from the gold mines of Minas Gerais. Its cobbled streets are better preserved than others on the southeastern coast.

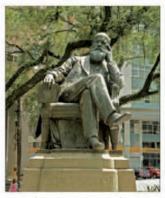
Inland, the steep ridges of the Mata Atlântica begin to rise vertiginously towards Minas Gerais and São Paulo, protecting a string of national and state parks, including Itatiaia and the Serra dos Órgãos, in their folds. Considered one of the world's biodiversity hot spots, an astounding 950 species of birds are found here and 40 percent of the plants are unique, including the cattleya orchid, referred to as the "Queen of Flowers." The largest among the islands, Ilha Grande has no roads. Steep walking trails leave its only town Abraão, to cut through the forest to still more beaches deserted but for surfboards and fishing shacks.

The Espírito Santo coast is equally beautiful with its mountains, beaches, and small towns. One of them, Itaúnas, is backed by sand dunes large enough to swallow it. A stunning sight here is Pedra Azul, a granite monolith which changes from slate gray to fiery orange with the passage of the sun.



# Exploring Rio de Janeiro & Espírito Santo

Several towns pepper the coast of Rio de Janeiro state. Among these, Búzios draws the most visitors and has the best hotels and restaurants, while the colonial town of Paraty, nestled between the coastal mountains and an islandstrewn sea, is emerging as a center for the arts. North of Rio is the imperial city of Petrópolis. Brazil's oldest national park, Itatiaia, lies just off the interstate between Rio and São Paulo. Ilha Grande, off the coast of Rio, and the resorts of northern Espírito Santo are relatively untouched. Vitória, the state's capital, dates to the 1550s. To its south is the beach town of Guarapari, while inland is the dramatic peak of Pedra Azul.



Statue of King Dom Pedro II, the founder of the magnificent city of Petrópolis



Lush Mata Atlântica in Parque Nacional do Itatiaia, Rio de Janeiro

#### SIGHTS AT A GLANCE

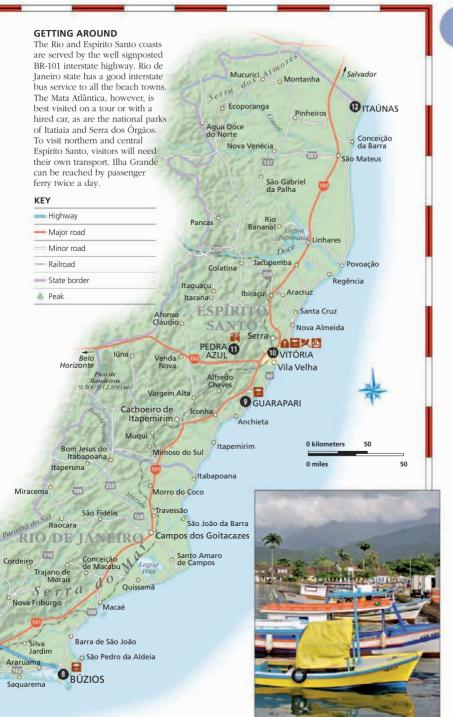
Towns & Cities Angra dos Reis ? Guarapari ? Itaúnas ? Paraty pp106–108 ? Petrópolis pp112–15 ? Teresópolis ? Vitória ?

#### National Parks & Areas of Natural Beauty

Búzios pp116–17 Ilha Grande Parque Nacional da Serra dos Órgãos Parque Nacional do Itatiaia Pedra Azul

#### SEE ALSO

· Where to Stay pp370-72 • Where to Eat pp396-7 Belo Horizonte Preto Três Rios Marquês de Valença PAROUE NACIONAL DO ITATIAIA TERESÓPOLIS Agulbas Negras 9,100 ft (2,787 m) SERRA DOS ÓRGÃOS 7 6 4 ΠOT Resende Volta PETRÓPOLIS 5 Barra Mansa Redonda São Paulo Duque de Mage Caxias Rio Claro Nova Iguaçu 不 São Gonçalo Itaguaí Rio de Niterói ANGRA DOS REIS Janeiro Baía da llba Grande **BILHA GRANDE PARATY** Trindade O Ponta da Juatinga



Colorful boats anchored on the Paraty shore

# Paraty o



Shop window in Paraty

One of the most photographed colonial towns on the Brazilian coast, Paraty has been a UNESCO World Heritage Site since 1958. Though settled by the Portuguese in the 16th century, it was developed a century later as an important port from where gold was shipped to Europe. Extremely charming, the whitewashed churches and terra-cotta roofs offset the lush green of

the rainforest-clad mountains, and the placid bay whose emerald waters lap at the town's quay. Paraty has an impressive literary tradition; the annual Festa Literária Internacional de Paraty (FLIP) is a big draw. It is also an ideal base for exploring the dazzling Brazilian coastline, and boasts lovely *pousadas* (exclusive hotels).



Sturdy iron bars of the Casa de Cadeia, a former prison

#### ff Casa de Cadeia

Rua Travessa Santa Rita. **Tel** (024) 3371 1056. O 9am–5pm daily.

The 18th-century Casa de Cadeia served as the town's prison until 1890. Retaining its original iron prison bars, this building now serves as the public library, besides housing the Casa do Artesão (Artisan's House).

#### Ⅲ Santa Rita dos Pardos Libertos

Largo da Santa Rita. 🚺 10amnoon & 2–5pm Wed–Sun. 🕅 🧖 The facade of Paraty's oldest church now graces travel brochures of the city. It was built in 1722 by, and for, all those considered not white enough to attend the church of the ruling elite. These would have included the illegitimate offspring of the aristocracy, their children in turn, indigenous people, and freed slaves. In design the church is typically Jesuit, with three windows in the upper chancel and a curvilinear door. Except for the beautifully worked altarpiece in the sanctuary and fine woodwork on the doorways, its interior is plain. Deconsecrated in the 20th century, the church now serves as the sparse Museu de Arte Sacra. Displayed religious artifacts include gold and silver remonstrances.



Statue of St. Benedict, Nossa Senhora do Rosário e São Benedito

#### Nossa Senhora do Rosário e São Benedito

Rua Tenente Francisco Antônio 🗋 1–5pm daily. 🚳 🧃 Slaves worshipped at Nossa Senhora do Rosário e São Benedito, which was built in 1725. The interior of this humble church is almost entirely free of embellishment, except for heavy gilt on the altarpiece. However, it retains a simple dignity and a sacred atmosphere. Its design resembles the Minas Gerais chapels of the same period. Every November, locals celebrate A Festa dos Santos (Feast of All Saints) here. where they remember some of the building's historical past. Mass is followed by a procession where churchgoers carry figures of a king and queen, recalling the Maracatú monarchs of Pernambuco, and icons of the various saints.



Paraty's whitewashed buildings reflected in the placid waters at the quay

For hotels and restaurants in this region see pp370–72 and pp396–7

#### Nossa Senhora dos Remédios

Praça Monsenhor Helio Pires. Praça Monsenhor Helio Pires. Med, Fri, Sat & Sun. Med, Fri, Sat & Sun, Med, 

#### Nossa Senhora das Dores

Rua Fresca at Rua Beco da Capela. 🖸 8am–noon & 2pm–5pm Thu. 💋 The colonial aristocracy also attended the graceful chapel of Nossa Senhora das Dores. Built in 1800, it was renovated in 1901 and administered by the nuns of the convent of Our Lady of Sorrows. Just as the rest of Paraty's churches. it has an unembellished interior, although there is some fine carving on the balustrades in the upper chancel. A catacomb-like cemetery adjoins the chapel.



Cannons resting outside Forte Defensor Perpétuo

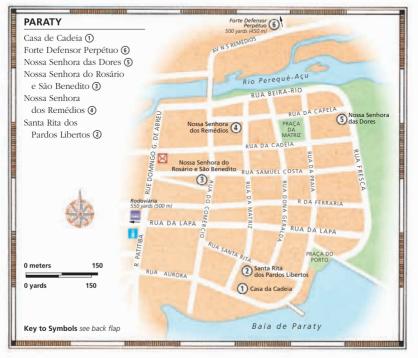
## VISITORS' CHECKLIST

Rio de Janeiro. Mar 30,000. ■ Rua Jango Pádua. Av Roberto Silveira, (024) 3371 1222. Maraval (Feb), Festas Juninas (Jun), Festa Literária Internacional de Paraty (Aug), Festival da Pinga (Aug), Festa da Nossa Senhora dos Remédios (Sep), Festa de Divino Espirito Santo (Dec). www.paratyvirtual.com.br

#### 🐨 Forte Defensor Perpétuo

Morro do Forte. Tel (024) 3371 2289. 9am-noon & 2–5pm Wed-Sun. Centro de Artes e Tradições Populares 1 0am-5pm Tue-Sun.

On the northern headland, just outside town, the Forte Defensor Perpétuo is a 19thcentury fort that looks more like an elongated squat town house. Rusted cannons and remnants of a wall sit in front of it. The **Centro de Artes e Tradições Populares** (Center for Popular Art), an interesting museum and gallery, occupies its principal room, displaying local handicrafts and items related to the traditional way of life of the local people.



## **Beaches Around Paraty**

Paraty, with its forest-swathed spurs of the coastal mountains, lies at the heart of a beautiful stretch of coastline. A short way offshore are a string of islands. Until only a few decades ago, this area was little-known even to Brazilian holiday makers. Much of the area, surrounded by a wealth of exotic flora and fauna, is protected by national and state parks. The islands can be reached by boat from Paraty town, or the nearby Paraty-Mirim.

A surfer with board



#### **Exploring Around Paraty**

The bays and islands off Paraty are a favorite playground for Brazil's rich elite, who moor their expensive yachts in the Paraty Marina and fly in to the adjacent airport in their private jets for a weekend cruise.

Paraty's city beach, close to the historic center, **Praia do Pontal** lies across the Rio Perequê-Açu. The water is not very clean, but the *barracas* (restaurants) are pleasant. A shallow and spacious beach, **Praia do Jabaquara** is within walking distance of Paraty town. A glorious long beach, **Paraty-Mirim** lies 17 miles (27 km) east of town, and can be reached by a bumpy dirt road. Just south, **Saco de**  Mamanguá is lined with old fishing villages and plush holiday homes. A deep sleeve of water, it is good for snorkeling. Ilha dos Meros, 9 miles (14 km) northeast of Paraty, is another snorkeling spot, though marine life is

## VISITORS' CHECKLIST

limited to large shoals of sheepshead bream and the occasional turtle.

The small town of **Trindade**. 13 miles (21 km) south of Paraty, is popular with surfers from São Paulo. It offers a choice of simply-appointed pousadas and some pretty beaches connected by footpaths. The scenic beach running south of Trindade Praia de Fora is backed by forestcovered hills. Praia do Meio is a long stretch of fine sand, washed by waves perfect for body surfing. Laranjeiras, a small distance downhill, is the hideaway for Rio's super-rich who flock to its private condominium. Trails lead from here through the forest to a string of pristine beaches to the south. Praia do Cepilho is one of the best surfing spots along this stretch of coast.

Located 21 miles (34 km) from Paraty, **Ilha do Breu** is a tiny private island dominated by a single *pousada*. The owner breeds rare golden lion tamarins, which he lets run free on his island. He also maintains a small aviary, and has planted trees to attract Atlantic rainforest birds. **Poço das Andorinhas**, one of the many waterfalls in the region, is a popular spot for bathing.



Secluded scenic Praia de Fora near Trindade

## Mata Atlântica

The Atlantic coastal forest, or Mata Atlântica, is one of the best birdwatching sites in the world, with 950 resident species, almost 200 of which are endemic. It once covered the lowlands and coastal mountains from Rio Grande do Norte to Rio Grande do Sul. Today, less than 5 percent remains, concentrated mainly in Rio de Janeiro, Minas Gerais, São Paulo,

Black iacobin

and Paraná. Its proximity to the Atlantic blesses it with heavy rainfall. The vegetation is thick with epiphytic plants, and the forest is particularly rich in breathtaking orchid species. There are many rare

mammals too, including the most endangered primate in the world, the woolly spider monkey, as well

as several striking species of uniquely colored marmosets and tamarins.



are plants encrusting every available nook and cranny of the larger trees, drawing moisture directly from air.

Epiphytes

Clearwater strooms out across the thick forest which receives heavy rainfall, especially in the Southeast.

Vegetation at the water's edge tends to consist of fast-growing species that quickly replenish their numbers after floods



Mata Atlântica



#### BIODIVERSITY

Mata Atlântica is one of the world's most biodiverse regions, with some 20,000 plant species, 40 percent of which are endemic, and one of the highest numbers of threatened or endangered vertebrates in the world.

The seven-colored tanager

is one of the local species listed as endangered or threatened by CITES.



The woolly monkey among South America's largest primate. can weigh more than 13 lb (6 kg).

#### The golden lion tamarin.

one of the three lion tamarin species, lives on a few islands and in the Atlantic forest.

#### The cattleva orchid. the world's most famous orchid genus, was discovered by Englishman William Cattley in 1818





Ocelots, the third largest of Brazil's eight indigenous big cats, are most abundant in southern São Paulo.

#### 109

## The Costa Verde

The Costa Verde (Green Coast) stretching south of Rio, past Paraty and Trindade (*see pp106–107*), deserves its name. Rainforests swathe the coastal mountains, which reach almost 9,143 ft (2,787 m) in the alpine meadows and the forests of Parque Nacional do Itatiaia. From here, they plunge down into steep ridges to meet an emerald ocean, tinged with turquoise at numerous long sandy beaches. Beyond are a scattering of breathtaking islands set in aquamarine and sitting in the deep, bottle-green Atlantic. The largest, Ilha Grande, is particularly lush, with trees covering its rocky mountains and sheltering its spectacular strands of fine white sand. The island is also the playground for the rich, who host extravagant parties in the Antipodean summer.

## Angra dos Reis 🛛

Rio de Janeiro. 🌆 114,000. 📻 from Rio. 🚹 Rua Caravelas, (024) 3367 7826. www.angra-dos-reis.com

This unprepossessing port is today mainly a jumping-off point for the islands of Ilha Grande and Ilha da Gipóia. It was once a charming colonial town and vestiges of its once dignified past are hidden among the ever-expanding favelas. Angra dos Reis was once as pretty a town as Paraty. The main church. Nossa Senhora do Conceição was built in 1626 in front of the docks, while the nearby Nossa Senhora do Carmo dates from 1593. The colonial naval complex lies some 2 miles (3 km) north of the town center towards the Praia do Bonfim

#### Environs

**Ilha da Gipóia**, an hour's boat ride off the port of Angra dos Reis, is the second largest island in the bay after Ilha Grande, and is known for its stunning white sand beaches such as Jurubaíba, Praia do Dentista, and Norte. Most of the beaches here are bustling with bars floating offshore, which can be reached by the yachts and boats that ply the waters of the bay.

The forested **Serra do Mar** lies 25 miles (40 km) inland from Angra. On weekends and holidays, visitors can take a picturesque train journey there. Train tickets should be booked a day in advance from the tourist office.



Town church in Vila do Abraão, Ilha Grande, against a lush backdrop

## Ilha Grande **3**

Rio de Janeiro. Ma 3,000. A from Angra dos Reis. A Parque Estadual Peig, Av Beira Mar, Vila do Abraão, (024) 3361 5553. Vila do Abraão. www.lhagrande.com.br

The most romantic and pretty of southeastern Brazil's many islands, Ilha Grande remains unspoilt by development and heavy tourism. The only settlement of any size is the two-street Vila do Abraão the port town and main village on the island. Tour operators and hotels in Abraão offer a range of trips around the island, many of them on pretty, painted wooden fishing boats. The most popular trip is to the sheltered cove at Palmas, to the east of the village, from where a trail leads to Lopes Mendes to the east, one of Ilha Grande's longest beaches. washed by powerful surf. Other trips include snorkeling in the clear waters of the Saco do Céu or visits to the 18thcentury loreia de Santana at Freguesia de Santana.

Self-guided trails from Abraão lead throughout the island. Many of them are steep and rocky, but offer wonderful views out over the Atlantic. The most challenging is to the 3,248-ft (990-m) high peak of Pico do Papagaio.

Although most of the 75-sa mile (193-sq km) island now forms part of the Parque Estadual da Ilha Grande, Ilha Grande's pristine state owes more to its long isolation than to efforts at conservation. From the earliest colonial days the island was a notorious pirate lair. It then became a landing port for slaves destined for Rio and in the late 20th century an infamous prison for political prisoners. Ruins of the prison buildings remain, covered in thick vegetation.



Pristine beach alcove surrounded by lush green forest, Ilha Grande

For hotels and restaurants in this region see pp370–72 and pp396–7



Steep mountain ridges in Parque Nacional do Itatiaia, Brazil's oldest national park

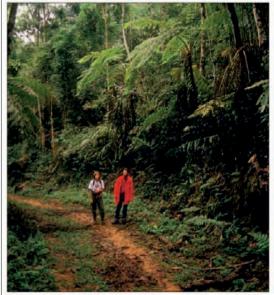
# Parque Nacional do Itatiaia 4

Rio de Janeiro. from Resende, then taxi. Centro Excursionista Brasileiro, Av Almirante Barroso 2, (021) 2252 9844, Rio. www.ecoralph.com Salgueiro, (021) 3351 1823. Alph Salgueiro, (021) 3351 1823. Alph Salgueiro, (021) 3352 1110. www.hoteldonati.com

Brazil's oldest national park, Parque Nacional do Itatiaia, was founded in 1937. It was established to protect the high alpine meadows and the gradations of thick Atlantic rainforests that cover its steep mountain ridges. It is the only part of Rio de Janeiro state ever to see snow, albeit rarely.

The scenery here is magnificent. The highest regions of the park are capped with giant boulders, eroded into strange organic shapes by millions of years of rain and wind. They sit on expansive grassland coursed by babbling brooks, which become fast-flowing, clearwater rivers once they reach the warmer forested areas below. Here they tumble, roar, and fall over waterfalls and rapids.

The trees around them are busy with primates. Curious brown capuchin monkeys are a common sight on the numerous trails. Scarcer are the beautiful and shy black-faced titi monkeys, a threatened species. Birdlife, too, is prolific in the park, which is home to 350 species, many of which are endangered. The park plays a crucial role in their conservation. Dusky-legged guans wander along the park's few paved roads, brilliant seven-colored and black and gold cotingas flit about with toucans, and the early morning air buzzes with the sound of dozens of different hummingbirds. The park can be crowded on weekends when Brazilian families romp in the numerous waterfalls and wildlife makes itself scarce. But during the week the various trails are deserted and quiet. The ranger station provides rather poor walking maps but the trails are fairly clear. Hotel Donati, which is the best hotel in the park, can organize walking tours, and with advance notice, wildlife guides.



Trail through the verdant rainforests of Parque Nacional do Itatiaia

## Petrópolis 6



Medal on display at Casa de Santos Dumont

Located in the mountains near Rio, Petrópolis owes its creation to the Brazilian royal family. Dom Pedro I's dream of building a summer residence here was fulfilled by his son, Dom Pedro II, who was equally taken by the

charms of the region. In 1843, before construction of the palace began, he decreed the creation of Petrópolis as the summer seat of his government. The city soon rose in importance, as trappings of royalty made their mark. Today, Petrópolis is popular for its royal attractions, as well as for its mountain scenery and the national park of Serra dos Órgãos (*see p115*).

## Palácio Imperial

See pp114-15.

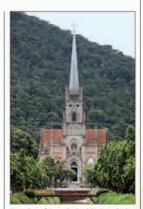
## 📅 Palácio Rio Negro

Av Koeller 255, Centro. **Tel** (024) 2237 8000. 9:30am-5pm Wed-Sun, noon-5pm Mon. 7 8 Built in 1889 by Barão do Rio Negro, a wealthy coffee baron, the palace acted as the seat of the state government between 1894 and 1902, when Petrópolis was the capital of Rio de Janeiro state.

Between 1903 and 1960, the palace served as the summer residence of the presidents of the Republic. While Vargas converted a wine cellar in to a Roman-style bathhouse, Kubitschek added built-in closets. All the original rooms are in excellent condition.



Detail on the façade of Palácio Rio Negro



Exterior of French-Gothic Catedral de São Pedro de Alcântara

#### ▲ Catedral de São Pedro de Alcântara

Rua São Pedro de Alcântara 60, Centro. **Te**l (024) 2242 4300. **Bam-noon Mon, Bam-6pm** Tue-Sun. Though the cathedral's first stone was laid in 1884 by Dom Pedro II, much of its current structure dates from 1925. Built in French-Gothic style, it has a striking interior decorated in Carrara marble. The walls here depict detailed scenes from the Crucifixion.

The Imperial Chapel, to the right of the main entrance, contains the mortal remains of King Dom Pedro II, Princess Regent Dona Teresa Cristina, their daughter Isabel, her husband Count d'Eu, and several other members of the royal family. Statues of the royal family are also featured inside the chapel. The 1848 baptismal font is the original.

#### 📟 Palácio de Cristal

Rua Alfredo Pachá, Centro. **Tel** (024) 2247 3721. 9am–6:30pm Tue–Sun.

The metal structure and glass enclosure of the Palácio de Cristal (Crystal Palace) were made in France in 1879 and shipped to Brazil. Inaugurated on February 2, 1884, the palace is a fine example of the architectural style that emerged during the French industrial revolution.

Although it was originally planned as a greenhouse for growing orchids, the Palácio de Cristal was later meant to be an exhibition hall for hosting regular displays of local products. However, it ended up as the imperial ballroom, and has been the sight of many spectacular

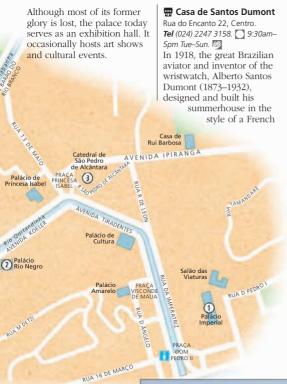


parties. Most monentious were the extravagant balls hosted by Princess Isabel and Count d'Eu, who is believed to have conceived the palace's basic design. It was during one such event in 1888 that Isabel signed an order liberating 103 slaves. On May 13 of the same year, Isabel went on to sign the Lei Aurea (Golden Law), the decree that, in theory, abolished slavery in Brazil.





The metal-and-glass exhibition hall at the Palácio de Cristal



## VISITORS' CHECKLIST

Rio de Janeiro. Ma 287,000. Rua Porciúcula. Petrotur, Praça Visconde de Mavá 305, (0800) 024 1516, (024) 2233 1238.

alpine chalet and named it "A Encantada," or enchanted. The three floors contain a workroom, a lounge-cumdining room, a bedroom, and an office. The alcohol-heated shower in the bathroom was the first of its kind in Brazil. There is no kitchen because Dumont had all his meals sent in by the then Palace Hotel.

The fascinating personal collection of this delightful inventor includes everyday objects, such as furniture, photographs, and various artifacts, including beautiful vases and lamps.

#### 🐨 Quitandinha

Av Joaquim Rolla 2. **Tel** (024) 2245 2020. 9am-5pm Tue-Sun. An imposing palace built in Norman style, Quitandinha is located southwest of the town center. Entrepreneur Joaquim Rolla built it in 1944 to be the largest casino complex in South America. For the exterior, Rolla copied the large casinos that were popular at the time along the Normandy coast, while the interior was by Dorothy Drape, a famous Hollywood set designer.

Quitandinha's glory ended in 1946, when President Dutra banned gambling. Remarkably well preserved, today it is mainly used for conventions and other events. Its interior still recalls the glamorous days of the 1940s when the guests were kings, queens, and Hollywood stars.

Kev to Symbols see back flap

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## PETRÓPOLIS

Casa de Santos Dumont ③ Catedral de São Pedro de Alcântara ③ Palácio de Cristal ④ Palácio Imperial ① Palácio Rio Negro ② Quitandinha ⑤



The Norman-style architecture of the Quitandinha palace complex

## Petrópolis: Palácio Imperial

Built by Dom Pedro II between 1845 and 1864, the Neo-Classical Imperial Palace was used by the Emperor as his summer residence every year from 1848 until the end of the monarchy and declaration of independence in 1889. In that year, the palace was leased out as a college, and continued to function as such until President Vargas passed a decree in 1943 creating the Imperial Museum. Among the highlights of the museum, which

Statue of Dom Pedro II

Among the highlights of the museum, which faithfully reflect the daily life of the Brazilian

royal family, are the Imperial Crown Jewels, as well as other artifacts, paintings, and furniture that belonged to the Emperor and his family.



## The Imperial Crown of Dom Pedro II is the most valuable piece in the collection and was made for his coronation on July 18, 1841, when he was just 15 years old.

Sala do Primeiro Reinado

This room features the last painting of Dom Pedro I in Brazil prior to his abdication on April 7, 1831.

## ★ Cetro

The Imperial Scepter, depicting an open-mouthed dragon with outstretched wings, was made in 1822 for the coronation of Dom Pedro I.

#### MUSEUM GUIDE

The ground floor displays royal exhibits, and prominently features the Crown Jewels. The first floor houses the State Room, as well as the royal bedrooms. The museum is set in a pretty garden designed by Jean Baptiste Binot, a French landscape artist.

## STAR EXHIBITS

- ★ Crown Jewels
- ★ Cetro
- ★ Sala de Estado



Ground floor

Elegant Neo-Classical facade of the Palácio Imperial

Entrance

For hotels and restaurants in this region see pp370–72 and pp396–7

## Gabinete

The study features Brazil's first telepbone, presented to Dom Pedro II in 1876 by Alexander Grabam Bell.

## VISITORS' CHECKLIST

Rua da Imperatriz 220, Petrópolis. **Tel** (024) 2237 8000. museum: 11am-6pm Tue-Sun; sound & light show: 8pm Thu, Fri & Sat. March free entry to the garden from 8am-5pm on Sun. Image Image State www.museuimperial.gov.br



★ Sala de Estado The throne on show in the State Room came from the palace in São Cristovão.

## First floor

#### Sala do Senado features the 1872 *Fala do Trono* (Speech from the Throne), a portrait of Dom Pedro II in full regalia.



Sala de Música Besides a rare triangular spinet built by Mathias Bosten in 1788, the music room also bas a beautiful barp.

Dom Pedro I's Room
Room of His Majesty
Princesa Isabel's Room
Lobby
The Empress's Sewing Room
The Empress's Piano Room
Saleta
Senate Room
Other Exhibition Space
Non-Exhibition Space

## Teresópolis 6

Rio de Janeiro. Ma 140,000. E from Rio de Janeiro City. Centro Turístico, (021) 2644 4095.

Set amid pretty countryside, Teresópolis is known for its artisan fair in Praça Higino da Silveira, which is lined with more than 700 stands at weekends. Just 3 miles (5 km) south of the town center, the **Orquidário Aranda** is one of Brazil's best orchid farms, with over 3,000 varieties on display.

Orquidário Aranda
 Rua João Daudt de Oliveira s/n.
 Tel (021) 2742 0628.
 9am-4:30pm Mon-Fri.

## Parque Nacional da Serra dos Órgãos 🖸

Rio de Janeiro. 🚃 from Rio de Janeiro. 🚹 (021) 2152 1100. 💽 8am–5pm Tue–Sun. 🌌 🌠 🛦

Created in 1939, this national park covers an area of approximately 46 sq miles (105 sq km) that stretches from Teresópolis across to Petrópolis. The park offers good climbing and treks, including a spectacular threeday guided trek of 26 miles (42 km) between the two towns. Among the park's most notable peaks are the 7,425-ft (2,263-m) Pedra do Sino, the highest in the mountain range, and the more famous Dedo de Deus (God's Finger), which stands 5,512 ft (1,680 m) high.

Of the many entrance points to the park, the most popular and best equipped is located 3 miles (5 km) south of Teresópolis.



Dedo de Deus (God's Finger), Parque Nacional da Serra dos Órgãos

#### KEY

L

The Dining Room
 The Music Room
 The Royal Costumes & Scepter
 The Imperial Throne
 Dom Pedro II's Study
 The Princesses's Room
 Imperial Brazilian Jewelry

## Búzios 🛛

Rio de Janeiro. 
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Rio Cabo Frio.
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Since Brigitte Bardot's visit to Búzios in 1964 with her then boyfriend. Brazilian actor Bob Zagury, this peninsula has developed from a quiet string of isolated fishing villages lost in semitropical maquis, into one of the country's most stylish low-key resorts. Private homes. designer boutiques. and little pousadas cling to its hills or watch over the numerous beaches Statue of Bright Beach buggies driven Bardot on the by holiday-makers Orla Bardot

buzz along the scruffy roads. Yachts bob in the bay in front of Búzios town, which is little more than a cluster of cobblestoned streets lined with smart boutiques and restaurants. During high season, the resort buzzes with cruise-ship passengers and middle-class Brazilian tourists who shop by day

on **Rua das Pedras**, the town's main thoroughfare, sip cocktails in the evening at one of the oceanfront *pousadas*,

and then dance the night away in the Ibiza-style clubs and beachside bars. Búzios's *raison d'être* 

is its beaches, which range from half-moon bays to



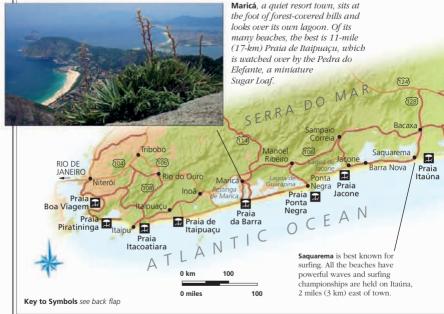
One of the souvenir shops lining Rua das Pedras in Búzios

long stretches of fine white sand. The best way to see them is to hire a beach buggy and explore, armed with one of the ubiquitous free maps

## Beaches of Costa do Sul

The southern coast, extending between Niterói and Búzios, is best known for its landscape, outstanding beaches, and upmarket resorts. Attractive beaches and sparkling waters make it ideal for a lazy stretch on the sand, or a dip in the clean waters. With its crashing waves and a steady breeze, this stretch is popular for wind-surfing. It is easy to find accommodation here, both in busy resorts and isolated fishing villages.





For hotels and restaurants in this region see pp370-72 and pp396-7

of the peninsula available from every other hotel reception. The peninsula is extremely well-signposted, and since it is only 4 miles (6 km) long and 2 miles (4 km) wide, it is difficult to get lost here.

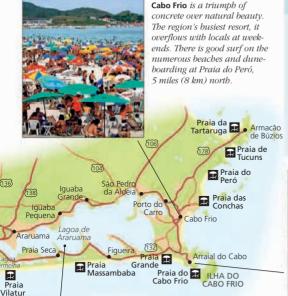
Many of the beaches. including the two sets of twin sheltered coves – at Praia Ioão Fernandes Praia Ioão Fernandinho, Praia Azeda, and Praia Azedinha - are within half an hour's walk of town. Others are a beach buggy ride away. Praia da Ferradura, on the opposite side from Búzios, is one of the most beautiful beaches near town, and one of the least spoilt by hotel development. Fishermen still work from here at dawn and dusk

**Praia Brava**, at the peninsula's eastern extreme, is washed by the fiercest waves and is a popular surf beach. **Olho de Boi**, which can be reached only via a rocky trail that runs from Brava's southern end, is

surrounded by rocky hills on all sides, and is an unofficial nudist beach. **Ferradurinha**, at the peninsula's southern extreme, has clear, calm waters and natural swimming pools, good for a dip.



The small, isolated Praia Azeda, known for its tranquil waters





Araruama, one of the largest lakes in Brazil, is ringed by myriad long white-sand beaches. A constant breeze makes for good windsurfing. It is also famous for its medicinal mud and bigb salimity.

## **VISITORS' CHECKLIST**



Arraial do Cabo town itself is uninspiring but the confluence of currents around the cape provides the best diving in southeastern Brazil and a wealth of magnificent beaches.



Terceira Ponte Bridge connecting Vila Velha to Vitória

## Guarapari 🛛

Espírito Santo. 🚮 2,000. 🚃 from Vitória. 👔 Rua Paulo de Aguiar 68, Centro, (027) 3262 8759.

Espírito Santo's busiest beach resort is fringed by dozens of long, white beaches. People from Minas Gerais rush down on weekends to bask on the sandy beaches of Guarapari, said to have mildy radioactive healing properties. The best beach, **Praia do Morro**, lies to beach, **Praia do Morro**, lies to the north of the city and has a nature reserve. **Praia do Meio**, also to the north, has rock pools filled with clear water, and is good for snorkeling.

Guarapari offers light adventure activities, such as rappeling, rafting, and some of the best diving in the Southeast. The town also has a lively nightlife scene.

## Vitória 🛛

Espírito Santo. Ma 292,000. Tem from Rio. Sepetur, Rua Fortunato Ramos 30, Santa Lucia, (027) 3315 5540. Carnaval (Dec).

The capital city of Espírito Santo is dominated by an expansive bay with sheltered crescent coves, and surrounded by a bottle-green open ocean. Vitória was originally made up of 36 distinct islands, but landfills have now reduced these to just a handful, connected by five grand bridges. **Praia do Camburí**, the main beach south of the city is a busy 4-mile (6-km) stretch, dotted with restaurants and hotels.

Across the river, **Vila Velha** (Old Town), the most interesting part of the city, is reached by the majestic



Sunbathers on Praia do Morro in Guarapari

For hotels and restaurants in this region see pp370–72 and pp396–7

bridge, Terceira Ponte. Although few colonial buildings remain, it is home to the architectural symbol of the city. Convento da Nossa Senhora da Penha. Sitting high on a lush palmcovered hill overlooking Vitória Bay, its thick fortified walls beautifully reflect both the sunrise and sunset. The monastery was founded in 1558 and preserves fine 16thcentury wood carvings and one of Brazil's first paintings, Nossa Senbora das Alegrias. by an unknown early 16thcentury Iberian artist. At the base of the hill is the simple Igreia Nossa Senhora do Rosário, the oldest church in the state, dating from 1551.

South of Vilha Velha, **Praia de Costa** is not as busy a beach as Camburí, but is a good place to go bodysurfing.

Manguezal de Vitória, situated northeast of Vitória, is the largest stretch of urban mangroves in South America. The mangroves are an important nursery for marine life and can be visited by boat alongside a number of the bay's wilder islands.

#### Convento da Nossa Senhora da Penha

Rua Vasco Coutinho, Prainha, Vila Velha, Vitória. **Tel** (027) 3329 0420. 5:30am–4:45pm Mon–Fri, 4:30am–4:45pm Sun.

Manguezal de Vitória
 Santuário de Santo Antônio.
 Av Dario Lourenço de Souza,
 (027) 3222 3810.

## Pedra Azul

Espírito Santo. Parque Estadual da Pedra Azul, (027) 3248 1156. Bam-5:30pm daily. Same 1:30pm onward daily. Mww.pedraazul.com.br

Sitting in a tiny island of remnant Mata Atlântica forest, the 500-m (1,640-ft) high Pedra Azul (Blue Stone) rises in the middle of the Parque Estadual da Pedra Azul, forming a stunning center piece. Its natural color is an almost polished blue-grey, but shifts in hue and shade depending on the light, coalblack and brooding under a dark cloud, burning orange with the setting sun, or silvery white under a full moon.

There is a small visitors' center at the foot of the stone which is a good place to collect a detailed map of the park. A park ranger will also point out the trail leading up to the stone – a fairly easy but long walk punctuated by nine natural pools where visitors can take a refreshing dip. The trail is closed during and after heavy rains. Serious climbers are permitted to camp in the park for free.

The forest surrounding Pedra Azul is small but it is the nesting ground for a diverse variety of wildlife. Hummingbirds, tanagers, and tiny tufted-eared marmosets are a common sight.



Dramatic Pedra Azul, a granite monolith

## Itaúnas 🛛

Espírito Santo. 🚮 2,500. 🚃 from Vitória. 🕅 Festa de Forró (Jul).

This sleepy little fishing town lies tucked away in the far north of Espírito Santo on the border with Bahia. Long strands of beaches stretch to the north and south of the town. These have drifted into dunes so large that the first Itaúnas lies submerged, the remains of the original church tower occasionally appearing from the sand after a strong wind. The town lies next to the Rio Itaúnas which spreads into broad marshy meadows behind the sea. Ocelots, caimans, and capybaras live here, along with an impressive variety of rare waterbirds and small mammals.

The smattering of hotels in town offer dune buggy tours, crossing dozens of towering dunes and empty turtle-nesting beaches, eventually reaching the sandy cliffs on the state border with Bahia.

Itaúnas itself is surprisingly lively for a town so small. It is famous, particulary among students, for its exuberant *samba* and *axé* parties, which continue from December to March, and exciting *forró* dance festival in July.



Sand dunes flanking the sleepy fishing town of Itaúnas along the Rio Itaúnas



## MINAS GERAIS

be state of Minas Gerais is dotted with pretty colonial towns, set in a stunning landscape of rugged hills. Of these, Ouro Preto, Congonhas, and Diamantina are UNESCO World Heritage Sites. Beyond the towns is pastoral country broken by wilderness, much of which has been protected by a series of national and state parks, where several rare species of animals, birds, and plants can be seen.

Minas's old mining towns are laid out along the Estrada Real, once Brazil's first great wagon trail and now one of its major tourist routes. The most famous is Ouro Preto. named after the black gold that was discovered here in the late 17th century by an itinerant adventurer (bandeirante), who came through the vast interior in search of slaves Gold brought a rush of speculators and new discoveries and by the mid-18thcentury ramshackle mining camps had grown into prosperous towns. Today, Ouro Preto, Tiradentes, Mariana. São João del Rei, Congonhas. and Diamantina preserve some of the finest ecclesiastical buildings and Baroque carvings in the Americas.

The state's spectacular parks are home to the maned wolf, as well as a plethora of endemic birds and plants. The Serra do Cipó and the Serra da Canastra lie on the tablelands of the Brazilian shield. Their *cerrado* forests are cut by several rivers that plunge dramatically over the edges of the *mesetas* (tabletop mountains), forming some of the world's highest waterfalls. The mountains of the Serra do Caparaó protect a swathe of the Mata Atlântica, dripping with orchids and the habitat

of one of the few remaining populations of woolly spider monkey – the Americas' largest and rarest primate.

The state capital, Belo Horizonte, is a modern industrial city with a lively café life. President Juscelino Kubitschek's favorite architect, Oscar Niemeyer, adorned the city's Pampulha neighborhood with several structures before building the nation's capital, Brasília. Minas is also well known for its distinct cuisine and its rich literary and musical heritage.



A breathtaking view of mauve ipê flowers in full bloom outside Diamantina

Enchanting Igreja de Nossa Senhora do Carmo, towering above the colonial town of Ouro Preto

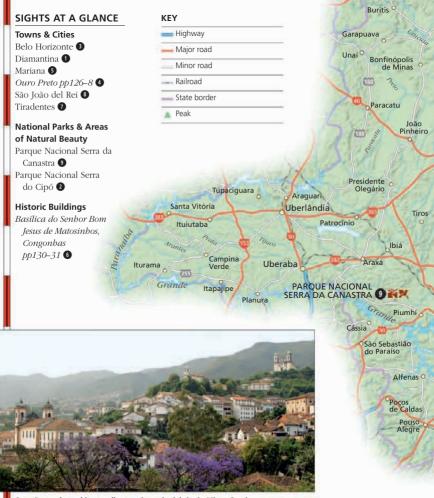
## **Exploring Minas Gerais**

Belo Horizonte, the capital of Minas Gerais, is the focus of life here. Most colonial mining towns, including Ouro Preto and Congonhas, lie immediately to its south. Mariana, another colonial city south of Belo Horizonte, is still a working mining center. Farther south, and a day's drive from the capital is the hilly Serra da Canastra National Park. Northern Minas is much wilder, with large tracts of *cerrado* forest in the Serra do Cipó and around Diamantina. The extreme north is arid, dominated by the *sertão*, a region of scrub and grassland, whose distinct culture and language was mythologized in the most famous of all Brazilian novels, *Grande Sertão: Veredas*, by João Guimarães Rosa (*see p31*).



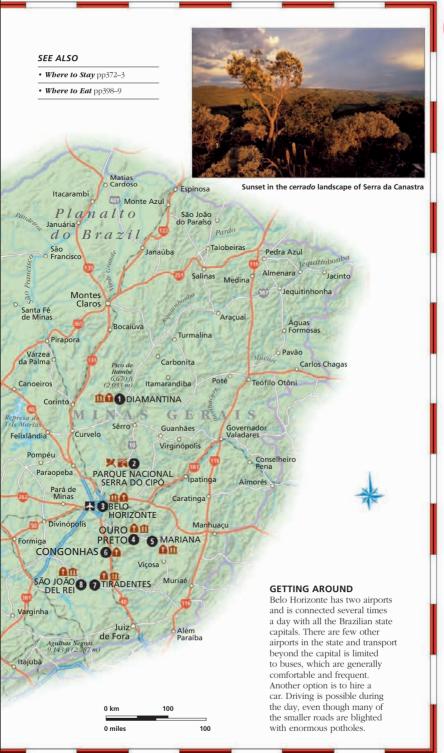
Painting inside Igreja Nossa Senhora do Carmo, Diamantina

Serra Bonita Formoso



Ouro Preto, the architecturally stunning colonial city in Minas Gerais

MINAS GERAIS





Old fazenda in the beautiful village of Biribiri near Diamantina

## Diamantina 0

Magan 48,000. ■ Largo Dom João 134, (038) 3531 1471. 1 Praça Juscelino Kubitschek 25, (038) 3531 8060. www.diamantina.com.br

Nestled in rugged hills and shrouded with *cerrado* forest, Diamantina is the prettiest and best preserved of all the colonial cities in the state, and also a UNESCO World Heritage Site. Diamonds were discovered here in 1728, when the city was a small settlement called Arraial do Tijuco. Within a few decades the mud huts and encampments transformed into one of the wealthiest towns in Brazil.

The city is tiny and most of its historic buildings and churches lie within easy walking distance of the main square, Praca Guerra. This is an obvious point of orientation as it is dominated by the twin towers of the largest building in the city - the Catedral Metropolitana de Santo Antônio, built in the 1930s. Just south of this in the adjacent Praca Juscelino Kubitschek is a small Museu Casa do Diamante. which houses a handful of the stones, together with iron collars once fitted onto slaves.

South again is the **Museu** de Juscelino Kubitschek, the modest former home of the Brazilian president, Juscelino Kubitschek (1902–76), who built Brasília (*see pp302–303)*. Two blocks west is the city's most beautiful landmark, the Casa da Gloria, consisting of two houses on opposite sides connected by an enclosed, brilliant blue, second-storey passageway. The building is not open to the public.

There are several churches in Diamantina. The oldest is the **Nossa Senhora do Rosário**, in the square of the same name, a short distance to the northeast of the Praça Guerra. It was built and used by the enslaved black community and the city's poor. Next to it is an original 18thcentury fountain whose waterspouts are bas-reliefs of African heads.

A block south is the spectacular Nossa Senhora do Carmo. Built between 1760 and 1784, it was the town's richest church and attended by the elite white community. It is remarkable chiefly for the interior paintings by José Soares de Araujo, from Braga, Portugal. Araujo's works lie in many of the town's churches but those here are his finest. The ceiling paintings are very striking. Near the back of the church is a portrait of the Prophet Elijah ascending to heaven in a chariot of fire.

The **Casa de Chica da Silva**, a smart town house one block south of the Nossa Senhora do Carmo, is famous far more for its former owner than it is for its small collection of period furniture. During the 18th century, Francisca (Chica) da Silva was a mulatta slave who became one of the few black people to become accepted by high colonial society through sheer force of personality.

#### Environs

A string of stunning natural locations lie within easy reach of Diamantina, the most impressive of which is **Biribiri**, located 7 miles (12 km) north of town. A historical village, Biribiri is home to many *fazendas* and is surrounded by waterfalls and mountains. Next to Biribiri is a winding black water river and the Parque Rio Preto, a good location for bird-watching.

#### ff Casa de Chica da Silva

Praça Lobo Mesquita 266. **Tel** (038) 3531 2491. **1** noon–5:30pm Tue– Sat, 9am–noon Sun.

**① Museu Casa do Diamante** Rua Direita 14. *Tel* (038) 3531 1382. ○ noon-5:30pm Tue-Sat, 9am-noon Sun.

#### 1 Museu de Juscelino Kubitschek

Rua São Francisco 241. **Tel** (038) 3531 3607. 28am–noon & 2–6pm Tue–Sat, 9am–noon Sun. 182

Nossa Senhora do Carmo Rua do Carmo. 8am-noon & 2-6pm Tue-Sun, 8am-noon Sun.

▲ Nossa Senhora do Rosário Largo do Rosário. ▲ 8am-noon & 2-5:30pm Tue-Sat, 8am-noon Sun.



Nave, Igreja de Nossa Senhora do Carmo



Magnificent waterfall at Parque Nacional Serra do Cipó

## Parque Nacional Serra do Cipó **2**

 from Belo Horizonte to Jaboticatubas, or Santana do Riacho.
 Secretária do Turismo, (031) 3718 7017. Tel (031) 3718 7129.
 Sam-Spm daily. ♥ ◇ Cipó Veraneio Hotel, Rodovia MG-10, Serra do Cipó, (031) 3718 7000. www.cipoveraneiohotel.com.br

Just northeast of Belo Horizonte, the state capital. this 131 sq-mile (338 sq-km) national park lies in high rugged country in the Serra do Espinhaco mountains. which run through the middle of northern Minas Gerais. Cipó protects some pristine areas of cerrado as well as the watersheds of many of the tributaries of the São Francisco and the Doce rivers. Waterfalls, plants, rare animals, and birds are abundant, making this one of the most beautiful national parks in Minas Gerais.

It is particularly lovely in May and June when the skies are invariably blue, the rivers full, and many of the numerous wildflowers in bloom. This is also a good time to go on a guided tour, at dawn or dusk, to spot pumas, giant anteaters, ocelots, maned wolves, and howling monkeys on the quieter trails.

The park is a popular location for ecotourism – particularly rock climbing, with excellent facilities and accommodation options.

## Belo Horizonte 🛛

 M. 3,000,000.
 M. 3,000,000.
 M. Aloturismo (Belotur's hotline), (031) 3277 9777.
 M. Carnaval (Feb/Mar).
 www.pbh.gov.br

The capital city of Minas Gerais was laid out in the 1890s and resembles a mini-São Paulo, Clusters of seemingly endless skyscraper apartment blocks sit in a broad valley under lush hills. Belo Horizonte is known worldwide for its visionary architecture. Its architectural highlights lie in the suburb of Pampulha, often regarded as the blueprint for Brasília. The buildings are set in expansive gardens designed by Roberto Burle Marx (1909–94), gath-

ered around a large, beautiful artificial lake. All were commissioned by the then mayor of Belo Horizonte, Juscelino Kubitschek, and designed by the renowned architect Oscar Niemeyer in the 1940s.

The most impressive of all the buildings is the **Igreia de São** 

Francisco de Assis, which was built in 1943 as a series of parabolic arches in concrete, and has a wonderful sense of light and space. On the outside walls are a series of *azulejos*, or Portuguese blue tiles, depicting scenes from the life of St. Francis and painted by Brazil's foremost Modernist artist, Candido Portinari (1903–62). Other important buildings in the Pampulha complex include the dance hall **Casa do Baile**, with its sweeping curved walkway that functioned as a ballroom till 1946 and the twin sports stadia, which are a clear precursor to the gymnasium Niemeyer designed for Brasília. In the inner city, the

Museu Minero preserves some fine colonial era religious art, including a number of paintings attributed to Mestre Athayde (1762– 1830). Beyond this, Belo Horizonte's main attractions are the lively restaurant and nightlife scene around the inner city neighborhoods of Lourdes and Savassi. These areas have many chic restaurants, which often have live music plaving



Azulejos on the outside walls of São Francisco de Assis

drive away. All preserve fine Baroque churches and streets of 18th-century town houses.

the east of Belo

Horizonte, lie less

than half an hour's

#### lgreja de São Francisco de Assis

Av Otacilio Negrão de Lima, Pampulha. **Tel** (031) 3427 1644. 9am-5pm Mon-Sat, 9am-1pm Sun. 182 **E** 10

**① Museu Mineiro** Av João Pinheiro 342. **Tel** (031) 3491 2319. ○ 10am-6pm Tue-Fri, 10am-4pm Sat & Sun. ☑



Igreja de São Francisco de Assis in Pampulha, Belo Horizonte

## Street-by-Street: Ouro Preto @

Ouro Preto, or "Black Gold," earned its name shortly after its founding in 1698, from tarnished gold nuggets mined in the surrounding areas. It still resembled a boom town when it was given city status in 1711. By the mid-18th century, however, the gold rush had turned Ouro Preto into a wealthy town with fine buildings. It nurtured a gene-

Christ, Nossa Senhora do Pilar ration of some of Latin America's finest artists and craftsmen, including the ecclesiastical painter Mestre Athayde and the

great sculptor Aleijadinho among others. Ouro Preto became the base of the Inconfidência rebellion led by Tiradentes against Portuguese colonists.



A cluster of colonial buildings in hilly Ouro Preto town



RUA S. POCHA LAGOA

RUA DIREITA

BUA XAVIER

Museu do Oratório

Casa dos Contos Once the gold exchange, then a prison, the building is now a small museum dedicated to money and finance.

FILL OF FRANK PLAN

RUA COR ALVES

ARANA



★ Matriz de Nossa Senhora do Pilar Exquisite artwork is showcased in this opulent Brazilian Baroque church, resplendent in gold. The carvings in the chancel are breathtaking.

## **STAR SIGHTS**

- ★ Matriz de Nossa Senhora do Pilar
- ★ Matriz de Nossa Senhora da Conceição
- ★ Igreja de São Francisco de Assis

0 meters 100 0 yards 100

+64 DO PILA

For hotels and restaurants in this region see pp372–3 and pp398–9

127

★ Matriz de Nossa Senhora da Conceição Manuel Francisco Libsoa transformed this once-rustic church into one of the city's most magnificently decorated cathedrals

RUA CLAUDIO MANO

RUA COSTA SENA

FGO



## Statue of Tiradentes

The leader of the Inconfidentes was the only rebel against the Portuguese colonizers to be executed. He is a cult figure in Brazil, mainly for the poor.

nD(

RUA DO ALEIJADINHO

## **VISITORS' CHECKLIST**

Minas Gerais. M 65,000. From Belo Horizonte. Praça Tiradentes 41, (031) 3559 3269. C Granaval (Feb/ Mar). Casa dos Contos Rua São José 12. Tel (031) 3551 1444. Igreja de Nossa Senhora de Carmo Rua B. Mosqueira. Tel (031) 3551 3282.



Portrait of Aleijadinho This likeness, which was painted long after the sculptor's death, is housed in the Museu Aleijadinho. The museum preserves a small collection of \_Aleijadinho's works.

KEY

Suggested route



★ Igreja de São Francisco de Assis One of Latin America's most important Rococo buildings, the church combines the finest work of Aleijadinbo and Mestre Athayde.

Museu da Inconfidência features relics related to the Inconfidentes, as well as drawings

by Aleijadinho.

## Igreja de Nossa Senhora do Carmo

The Rococo font (in the sacristy), door-case the altars, and the statue of Santa Helena in this church are all attributed to Aleijadinho.

## Exploring Ouro Preto



Carving by Francisco

One of the first gold towns in Minas Gerais and a former state capital. Ouro Preto is built on a series of hills. Steep, curving streets lined with 18th-century residences many of which have now been converted into restaurants bars and shops link the hills. Within the town, the streets lead to Xavier de Brito pretty little squares dominated by Baroque

churches and stately town houses. These include the churches of São Francisco de Assis and the Nossa Senhora do Pilar whose interiors bear the stamp of some of Latin America's finest artists and craftsmen

#### A Igreja de São Francisco de Assis

Largo de Coimbra, Tel (031) 3551 4661. 🖸 8:30am-noon & 1:30-4pm Tue-Sun. 🐼

This understated, elegant little church was constructed between 1766 and 1802 and seems modest next to many of Latin America's grand Baroque churches. It is characterized by gentle curves, from the elegant S-shaped balustrades of its facade to the exquisitely unified, undulating lines of its interior. The quality of the church's beauty lies in the mastery of its art, created by two of Brazil's greatest artists. Aleijadinho (see p131) and his long-term partner Manuel da Costa Athavde (1762-1830). The tablet on the church's facade

showing St. Francis receiving the stigmata is believed to have been Aleijadinho's first great carving. It was followed by others, including the ornately carved door-case and the front of the sacristy at the rear of the church.

#### A Matriz de Nossa Senhora do Pilar

Praca Mons Castilho Barbosa. Tel (031) 3551 4736. 🖸 9–10:45am & noon-4:45pm Tue-Sun. 🚹 7am Mon-Fri, 7am & 7pm Sat & Sun. 7pm 1st Fri of the month. 🐼 🗃 Commissioned by two of the wealthiest ecclesiastical orders in Ouro Preto, this church was intended as a showpiece of their influence. Pomp and circumstance surrounded its inauguration in 1731, which witnessed



Ceiling painting by Athayde in Igreja de São Francisco de Assis

For hotels and restaurants in this region see pp372-3 and pp398-9

grand processions of clergy in opulent vestments and horses in velvet mantles mounted by knights in diamond-studded robes

Nearly half a ton each of gold and silver were used to gild its interior, which is largely the work of 18thcentury sculptor Francisco Xavier de Brito, an expatriate Portuguese. The gilt carving of Christ on the Cross on the door-case to the *cabela-mor* (apsidal chapel) and the Resurrection scene on the tabernacle are regarded as de Brito's finest work.



Facade of Matriz de Nossa Senhora da Conceição

#### A Matriz de Nossa Senhora da Conceição

Praca Antônio Dias. Tel (031) 3551 4661. 📉 8–11:45am & 1:30– 4:45pm Tue-Sat, noon-4:45pm Sun. 🐼

Built by Manuel Francisco Lisboa, this church was constructed between 1727 and 1770. It is most celebrated for its harmonious proportions - the unity of curves and straight lines on the facade and the sense of space generated by what is in reality a modest nave and chancel. Manuel Francisco only added the finishing touches to the heavily gilt interior, and the sculptors of the elaborate interior remain largely unknown. Both Lisboa and his son Aleijadinho are buried in the church.

There is a small museum devoted to the life and times of Aleijadinho in the basement of the church, containing only very few of his pieces.



Praça Gomes Freire in Mariana, lined by fine 18th-century houses

## Mariana 🛛

A7,000. 🚃 🚹 Praça Tancredo Neves, (031) 3557 1158.

The oldest colonial town in Minas Gerais, Mariana, which was also a significant mining town, was the capital of the state in the first half of the 18th century and far

more important than its immediate neighbor, Ouro Preto.

The simple 18th-century **Basílica de São Pedro dos Clérigos** stands on top of the city's only hill. From here, there are spectacular views of Mariana's small colonial center.

The main focus of the old town is the **Praça Gomes Freire**, a lovely garden square surrounded by 18th-century town houses. A short distance west of Praça Gomes Freire are the twin churches of **São Francisco de Assis** and **Nossa Senhora do Carmo**. Both date from the late 18th century and sit next to each other in front of the colonial building, the Casa de Camara.

The church of São Francisco de Assis is decorated with ceiling paintings by Manuel da Costa Athayde, who was buried in the church. Esnecially worth seeing are

the evocative scenes of the death of St. Francis, showing the saint in serene contemplation in an Italian pastoral landscape, combined with the Brazilian landscape.

The Nossa Senhora do Carmo also has striking paintings by Athayde. Although damaged by fire in 1999, the church

is still remarkable for its delicately balanced and very Portuguese exterior. Known for its gentle curves and round towers, it also has exquisite lozenge-shaped key windows.

The city's other famous church is the **Basílica de Nossa** Senhora da Assunção, which

dates from 1760 and is also referred to as the Basílica da Sé Its exterior is modest but the interior has some of the finest ceiling paintings by the 16th-century Portuguese artist. Manuel Rabello de Sousa It also contains an exquisite 18th-century German organ and altarpieces by Francisco Xavier de Brito and a portal and lavebo attributed to Aleijadinho. The organ was a gift to the diocese when Mariana was the foremost city in inland Brazil. Restored in 1984. it can be heard during regular weekend organ recitals.

Just around the corner to the south of the basilica is the most interesting of the civic buildings, the **Museu Arquidiocesano de Arte Sacra**. This preserves paintings by Athayde, *objets d'art* by Aleijadinho, and antique liturgical objects. Its façade is crowned with a medal by Aleijadinho.

Basílica de Nossa Senhora da Assunção

Rua Direita. **Tel** (031) 3557 1216. am-8pm Tue-Sun.

#### Ⅲ Museu Arquidiocesano de Arte Sacra

Rua Frei Durão. **Tel** (031) 3557 2516. 
8:30am–noon & 1:30– 5pm Tue–Sun. 
8

▲ Nossa Senhora do Carmo Praça Gomes Freire. ☐ 1-4pm daily (timings may vary depending on the curator).

▲ São Francisco de Assis Praça Gomes Freire. 9am-4pm daily.



View of Mariana and the twin churches from Basílica de São Pedro dos Clérigos



window in

Mariana

# Basílica do Senhor Bom Jesus de Matosinhos, Congonhas •

Completed in 1771, the Baroque church of Bom Jesus de Matosinhos was built by the diamond miner Feliciano Mendes, who, after recovering from the brink of death, vowed to build a church in homage to "Bom Jesus." At the entrance of the church, 12 soapstone statues of prophets from the Old Testament overlook a gently sloping garden, where six chapels containing life-size figures commemorate episodes from the Passion of Christ. The church is famous for preserving the most impressive ensemble of statues in Latin America, carved by Aleijadinho between 1780 and 1814.



Painted by Bernardo Pires da Silva in 1776, the artwork on the ceiling is regarded as the finest Rococo church painting in Brazil.

Hosea

loel

Fzekiel

Nahum



Carved Altar Designed by sculptor Aleijadinho, the altar was beautifully carved by his disciple, João Antunes de Carvalho.

#### Isaiah

The sculpture of Isaiab bas narrow sboulders and disproportionately sbort arms, and is thought to have been carved by Aleijadinbo's students.

## STAR SIGHTS

- ★ The Prophet Habakukk
- ★ The Capture of Christ
- ★ The Last Supper

Amos

Daniel \_\_\_\_

Baruch Obadiah





#### ★ The Prophet Habakukk

Aleijadinho's sculptures are celebrated for having an air of theatricality and accentuated characteristics, both striking in his statue of Habakukk.

#### The Crucifixion

is particularly grisly, depicting smiling soldiers hammering nails into a spreadeagled Christ, his face contorted in agony.

For hotels and restaurants in this region see pp372-3 and pp398-9



Façade of the church inspired by and modeled on the Santuário do Bom Jesus in Braga, Portugal, with the prophets at the entrance

The Flagellation of Christ and the Coronation with Thorns depicts a prelude to the Crucifixion.



★ The Capture of Christ Jesus is captured by Herod's soldiers, led to him by his disciple, Judas Iscariot, in the Garden of Getbsemane.

**Christ carrying the cross**, a sculpture portraying one of the stations in the Passion of Christ.

## VISITORS' CHECKLIST

Basilica do Senhor Bom Jesus de Matosinhos, Congonhas. Basilica from Av Júlia Kubitschek 1892. Terkidente Juscelino Kubitschek 135, (031) 3713 2077. 8–11am Mon-Fri, 8am-9pm Sat, 7am–10pm Sun. Guild Jubileu do Senhor Bom Jesus do Matosinhos (Sep 7–14). www.cidadeshistoricas.art.br/ congonhas

#### ALEIJADINHO

Aleijadinho (1738–1815) meaning "Little Cripple," was nicknamed due to the disfigurement he suffered from leprosy. When he carved the statues at Bom Iesus de Matosinhos, he could no longer walk and had completely lost the use of his hands. His students carried him up the hill each day and strapped hammers and chisels to his arms. The figure watching the Crucifixion and hiding his hands is reputed to be a self-portrait by Aleijadinho. The statues are, without doubt, his masterpieces. and his final works of art.



Statue of Aleijadinho (standing, right) witnessing the Crucifixion



★ The Last Supper The figures are so life-like that when they were completed, some pilgrims are said to have greeted them as if they were real people.

The Angel The figure of an angel carrying a cup filled with Faith for Christ is in the chapel of the Mount of Olives.



Colonial Portuguese houses lining the cobbled streets of Tiradentes

## Tiradentes 🛛

Ma 6,000. ■ 1 Largo dos Forros, Rua Resende Costa 71, (032) 3355 1212. Marchi Festival de Cinema (Jan), Carnaval Mardi Gras (Feb/Mar).

Like Ouro Preto and Mariana, Tiradentes became rich on gold, producing some of the most lavish Baroque church interiors and façades in all of Brazil. The town takes its name from the nickname "Tiradentes" (Tooth-puller) of José da Silva Xavier (1746– 92), an erstwhile resident who became a martyr of the Inconfidência Mineria, the first movement in Brazil towards independence from Portugal.

Tiradentes is a delightful colonial town. Its multicolored Portuguese cottages and miniature Baroque churches flank the cobbled roads on the steep. low São José hills around the Rio Santo Antônio. There is a craft shop, an arty little café or gourmet restaurant on every other corner. Pretty horsedrawn carriages gather in Largo das Forras, the town's main plaza, and a narrow gauge steam train, Maria Fumaça (see p440), with wooden Pullman coaches. puffs and heaves its way to and from neighboring São João del Rei on weekends and public holidays.

The center of Tiradentes is tiny and best seen on foot. Rua da Praia runs west from Largo das Forras following the course of the Rio das Mortes. Rua Direita runs parallel to it and a series of smaller streets cross the two. The most important of these is Rua da Câmara, whose steep cobbles rise to the town's most imposing church, the **Matriz de Santo Antônio**, built between 1710 and 1752. This is one of the finest Baroque churches in Brazil, with wonderful woodcarvings and gilt interiors. Parts of the façade are attributed to the architect and sculptor Aleijadinho (*see p131*).

The **Museu Padre Toledo**, just east of the Matriz on the street by the same name, is the former house of another martyr from the Inconfidência, Padre Toledo. It is now a museum preserving art, documents, and furniture from the 18th century.

There are various other small churches scattered throughout the town and these are all worth a visit. The best of these churches is **Igreja Nossa Senhora do Rosário dos Prestos**, on Rua Direita, which features some elegant statues and painted panels.



Gilt altar and interior of Matriz de Santo Antônio, Tiradentes

Tiradentes has a magnificent 18th-century public fountain, the **Chafariz de São José**, just across from Rua da Camara. It features an oratory with an image of São Jose de Botas and three faces representing love, good fortune, and health. The water comes from a spring in the São José hills overlooking the town, which offer excellent hiking.

#### 1 Matriz de Santo Antônio

Rua da Camara. 🚺 8am–5pm daily. 🧐 🌶 🚺 Dec–Mar: 8pm Fri & Sun, 8:30pm Sat (sound & light show).

# Museu Padre Toledo Rua Pedro Toledo. *Tel* (032) 3355 1549. 9am-4pm Tue-Sun.



Chafariz de São José, an 18thcentury fountain in Tiradentes

## São João del Rei 🛽

M 79,000. Maria Fumaça (only between São João del Rei & Tiradentes). Fri, Sat, Sun & public hols, (032) 3371 8485. m Tiradentes. M Rua Padre José Maria, Praça Frei Orlando (032) 3372 7338. Carnaval Mardi Gras (Feb), Semana de Inconfidência (Apr). www.sajoaodelreisite.com.br

The largest of the historic towns of Minas Gerais, São João del Rei did not suffer from the decline of the gold boom in the 1800s. Today, it remains a bustling town, less than 19 miles (30 km) from Tiradentes, and boasts some beautiful churches, old mansions, and an attractive colonial center.



Façade, Igreja de São Francisco de Assis. São João del Rei

The principal reason for visiting São João is to see the magnificent Igreja de São Francisco de Assis. whose unusual curved facade, turtleback roof and intricately carved medal overlook a beautiful square lined with towering palms. The square is in the shape of a lyre and at sundown the shadows of the palms form the instrument's strings. Together with the Santuário do Bom Jesus do Monte Sítio in Braga. Portugal, and the church of São Francisco in Ouro Preto (see  $p_{126-8}$ ), this church is one of the jewels in the crown of Baroque architecture.

The town has a handful of other interesting sights. The **Museu Regional do Sphan**, a colonial mansion built in 1859, is full of antique furniture and sacred art, and is one of the best in Minas Gerais. The **Museu Ferroviário**, at the Maria Fumaça railway station, is a tiny locomotive museum housing an old, Philadelphia-built, narrow gauge steam train. It sits alongside the Pullman carriages used by Emperor Dom Pedro II when he traveled to Minas Gerais from Rio by train in the 19th century.

#### Igreja de São Francisco de Assis

Praça Frei Orlando. **Tel** (032) 3372 3110. 38am–5:30pm Mon–Sat, 7am–4pm Sun. 💋

**① Museu Ferroviário** Estacão Ferroviária, Rua Hermílio Alves 366. *Tel* (032) 3371 8485.
○ 9-11am & 1-5pm Tue-Sun.

**① Museu Regional do Sphan** Praça Severino Resende s/n. **Tel** (032) 3371 7663. ○ noon-5pm, Tue-Sun, 9am-noon Sat & Sun.

## Parque Nacional Serra da Canastra **9**

en from Belo Horizonte. 1 IBAMA, Av Tancredo Neves 498, São Roque de Minas, (037) 3433 1195. 8am–6pm daily. 13

The extensive Parque Nacional Serra da Canastra, tucked away in the far southwest of Minas Gerais, protects the head-waters of one of South America's largest rivers – the Rio São Francisco. This great waterway flows 1,963 miles (3,160 km) through the rippling hills of Minas, and the bone-dry deserts of the northeastern interior. But in the Serra da Canastra, it is little more than a large mountain



Giant anteater in the Parque Nacional Serra da Canastra

stream cutting through rugged terrain. Bare granite peaks rise to almost 4,920 ft (1,500 m). Sparse cerrado forest sprinkled with boulders gathers at their feet. Around the numerous waterfalls and along the wild rivers are stretches of lush. gallery forest. The most famed of the falls is the Cachoeira d'Anta Here the river's icecold waters form a series of pools before plunging 186 m (610 ft) off an escarpment. The park's most famous trail, the Trilha Casca d'Anta begins in front of the waterfall and offers a spectacular view out over the park to the denuded pasture land beyond.

There is plenty of wildlife in the Serra da Canastra, though it can be hard to see. Maned wolves and giant anteaters are relatively common here, as are the pig-sized giant armadillos. The park is especially rich in birdlife, and is one of the few places in the world where it is possible to see the endangered Brazilian Merganser duck.



Granite peaks looming over the cerrado and pasture land beyond, Parque Nacional Serra da Canastra



## SÃO PAULO CITY

ristling concrete towers extend interminably over São Paulo. an expansive, vibrant city located on a high plateau. The impressive number of immigrants settled in its many districts makes it the world's second largest metropolis. Its immense cultural diversity has blessed it with the liveliest and most creative artistic. musical, and gastronomic scene in the country.

São Paulo was founded in 1554 by Manuel da Nóbrega and José de Anchieta, and established as a Jesuit missionary outpost. The 17th century saw the town become the headquarters for *bandeirantes*, or slave-trading pioneers. São Paulo became a major stopover point for explorers and pioneers, lured by the prospect of gold mines and slave trading in the interiors. The expansion of the sugar and coffee industries in the late 18th and 19th centuries attracted immigrants from the Middle East. Spanish America, the Russian republics, Central Asia, Europe - including Spain and Portugal - and Japan.

Internal migrants from every corner of the nation came to São Paulo in the mid-20th century. Among them was an impoverished metal-worker from Pernambuco, Luíz Inácio da

Silva, who by a wave of public support went on to become Brazil's President in 2002, and again in 2006. Regional festivals from all over the country are celebrated with great enthusiasm in the city's enormous *favelas* (shanty towns).

São Paulo's vastness and complex character can be intimidating to an outsider. The greatest pleasures of this magnificent city are to be found behind closed doors - in museums. galleries, concert halls, and in a wealth of restaurants and shops. A true haven for gourmets, São Paulo is known to serve the best food in South America. The city center offers a host of attractions, such as the 17th-century Igreja de São Francisco and the 20th-century Mosteiro São Bento. The city's finest museum, Museu de Arte de São Paulo (MASP), is one of the highlights of the famed Avenida Paulista.



Avenida Brigadeiro Faria Lima, one of the important commercial and financial centers of São Paulo

## Exploring São Paulo City

Brazil's largest city covers an area of 6,332 sq miles (10,190 sq km). The conurbation of São Paulo, which includes the cities of São Bernardo de Campo, Guarulhos, and Sorocaba, is home to about 29 million people, making it the largest urban area in the world. There are three city centers – the old center preserves the few remaining historical buildings, including the Catedral Metropolitana. A short distance to the southwest is Avenida Paulista, home to the famous Museu de Arte Contemporânea (MAC). The commercial districts of Itaim and Brooklin lie south, on the banks of the Rio Tietê. The city's posh neighborhood, Jardins, is lined with South America's finest shops and restaurants. Another upscale area, Vila Mariana is home to Parque do Ibirapuera, a green oasis among the relentless high-rises.

## SIGHTS AT A GLANCE

Historic Buildings, Streets, Towns & Neighborhoods Avenida Paulista (\$ Centro Cultural Banco do Brasil (\$ Edifício Banespa (\$ Edifício Itália (\$ Estação da Luz (\$ Liberdade (\$) Pátio do Colégio (\$ Sala São Paulo (\$ Theatro Municipal (\$

#### Parks & Gardens

Instituto Butantã Jardim Botânico Parque Burle Marx Parque do Ibirapuera pp146–7

## Churches, Cathedrals & Monasteries

PUN

Consolação

6

AV PEDRO

Lagoa Ibirapuera

PARQUE IBIRAPUERA

Catedral Metropolitana 1 Igreja da Consolação 5 Igreja de São Francisco de Assis 2 Mosteiro São Bento 4

#### Museums

Estação Pinacoteca () Museu Arte Sacra () Museu de Arte Contemporânea (MAC) () Museu de Arte de São Paulo (MASP) p143 () Museu Paulista do Ipiranga () Pinacoteca do Estado pp140-41 () L



High-rise modern buildings dominating the skyline, central São Paulo





choking traffic make driving a little daunting.

## Catedral Metropolitana **0**

Praça da Sé, Centro. Map 1 C3. Tel (011) 3107 6832. M Praça da Sé. ■ 8am-1pm & 3-6pm daily. ■ 8:30am, 2pm & 6pm Mon; noon Tue-Sat, 9am, 11am & 5pm Sun.

At the heart of old downtown São Paulo, the towering Catedral Metropolitana (also known as Catedral da Sé) watches over the large pebbled **Praça da Sé**, shaded by tropical fig and palm trees. Built between 1912 and 1954, the cathedral finally gained its full complement of 14 turrets in 2002.

Built by Maximiliano Hell. the exterior is a fusion of Neo-Gothic and Renaissance with an overly narrow nave squeezed between two enormous 318-ft (97-m) high spires and a bulbous copper cupola. The cavernous interior, said to seat up to 8.000 people, looks starkly European. The only obvious local influences are visible in the capitals, delicately carved with distinctly Brazilian flora and fauna. The stained-glass windows were designed in Germany and Brazil.

The cathedral's facade has watched over the country's largest public protests, when crowds gathered in the square outside the cathedral in the late 1980s to demand the end of military rule.



Exterior of São Paulo Catedral Metropolitana, Praça da Sé



Carved altar in the interior of Igreja de São Francisco de Assis

## Igreja de São Francisco de Assis **2**

Largo de São Francisco 133. **Map** 1 A3. **Tel** (011) 3291 2400. M Praça da Sé. 7:30am–8pm daily. Ø

Immediately to the west of Catedral Metropolitana is the Igreja de São Francisco de Assis, one of the city's oldest churches. Parts of the modest Baroque interior, featuring an intricately carved altar and ornaments, date from the mid-1600s. The church is often

referred to as O Convento São Francisco after the exquisite Baroque convent that stood here until the 1930s, when it was demolished along with parts of the colonial center.

## Pátio do Colégio 🛛

Praça Pátio do Colégio 2. Map 2 D3. Maraça da Sé. → 9am–5pm Tue– Sun. → non–2pm Mon–Fri, 10am– noon Sun. Museu Padre Anchieta Tel (011) 3105 6899.

Within easy walking distance from the Praça da Sé, the Pátio do Colégio has an interesting history behind it. On January 25, 1554, the Jesuits inaugurated the Colégio de São Paulo de Piratinga on a small bluff overlooking an extensive forest. The original wattleand-daub shack, built for them by their Guaraní cohorts, eventually became a school. That school became a church, and around the church arose the buildings that formed the core of the original city of São Paulo.

In 1760, the Jesuits were expelled from the city, but the college and chapel they founded remained and came to be known as the Pátio do Colégio. In 1886, the tower of the original church collapsed and the whole building was demolished.

Upon their return in 1954, the Jesuits immediately set about building an exact replica of their original church and college, which is what stands today as Pátio do Colégio.

Most of the buildings are occupied by the **Museu Padre Anchieta**, named after the Jesuit captain who led the first mission. The collection features a Modernist portrait of the priest, by the Italian artist Menghini, some



Visão de Anchieta by Menghini

## Mosteiro São Bento **4**

Largo de São Bento. Map 1 C2. Tel (011) 3328 8799. M São Bento. ∑ 7am-6pm Mon-Fri, 7am-noon Sat & Sun. Tam 7am, 1pm & 6pm Mon-Fri, 6am Sat, 8:30am & 10am Sun. www.mosteiro.org.br

is also on display.

Brazil is the only South American country where the Benedictine order gained a foothold, arriving in São Paulo on this site in 1598. The current building, however, dates from the 1920s and was designed by Munich-based architect Richard Bernl.

The monastery has a beautifully painted Beuronese interior. This style is named

For hotels and restaurants in this region see p374 and pp399-401

after techniques developed in the late 19th and early 20th centuries by Benedictines in the monastery of Beuron in southwest Germany. It is characterized by a compressed perspective and vivid colors. The finest representation of Beuronese art in Latin America is visible inside this beautiful Blessed Sacrament chapel. Scenes from the life of St. Benedict are depicted on the stained-glass windows and the ceiling.

The church has a large organ, which is the centerpiece of a festival held in November and December every year. There is also a shop selling delicious sweets and cakes made by the monks.



The 1920s interior of Mosteiro São Bento, with its painted ceiling

## Theatro Municipal **9**

Praça Ramos de Azevedo. **Map** 1 C2. *Tel* (011) 3397 0300. M Anhangabaú. pí

Located near the Parque Anhangabaú, São Paulo's largest central park with some pretty fountains, the Theatro Municipal overlooks the Praca Ramos. The theater is one of the continent's most important venues, hosting a busy program of events. Opera and theater were very popular among the elite in turn-of-the-19th-century São Paulo and Rio de Janeiro. The theater was modeled on the Paris Opera and the city waited in fevered anticipation for its



View of the exterior of Theatro Municipal

inaugural night. It opened on September 12, 1911, with a production of *Hamlet*, starring the Italian baritone Titta Ruffo. Nijinski, Caruso, and Toscanini have all performed here.

## Igreja da Consolação 6

Rua da Consolação 585. **Map** 1 C3. *Tel* (011) 3256 5356. M Anhangabaú. O 7am–8pm. pí

Designed by Maximiliano Hell, the architect of the Catedral Metropolitana, the Igreja da Consolação is a similar fusion of European styles. Some of the 19thcentury master Benedito Calixto's *(see p30)* best religious paintings adorn the Blessed Sacrament chapel.

## Centro Cultural Banco do Brasil 🤊

Rua Álvares Penteado 112. Map 1 C3. Tel (011) 3113 3649. M São Bentol/Anhangabaú. 10am–9pm Tue–Sat, 10am–8pm Sun, Ø www.bb.com.br/cultura

This early 20th-century building with a lovely Art Deco glass ceiling was once the Bank of Brazil. It now houses the Centro Cultural Banco do Brasil. Inside, there are a series of spaces devoted to showing contemporary arts - from photography, installation works, and fine art to cinema and theater. The exhibition spaces are contained within the bank's original vaults, some of which retain their massive iron doors.

## Edifício Itália 0

Av Ipiranga 344. **Map** 1 B2, 1 B3. **Tel** (011) 3257 6566. 38am–10pm daily. M República.

The Edifíco Itália, one of São Paulo's tallest buildings, was built in 1965 to honor the thousands of Italian immigrants to the city. The famous postcard shot of Oscar Niemever's Edífico Copan with the vast environs of São Paulo behind was taken from the Terraco Itália restaurant (see p399) and viewing deck on the 45th floor of the building. People do not usually come for the food – most come for the unbeatable view of this incredible city. The view from here is second only to that from the Edifício Banespa.

## Edifício Banespa O

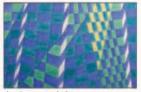
Rua João Bricola 24. **Map** 1 C3. *Tel* (011) 3249 7466. M São Bento. 10am–5pm Mon–Fri.

The best panoramic view of São Paulo is from the observation deck on the 36th floor of the Edifício Banespa – a miniature version of New York's Empire State Building. Built in 1939, the building was inaugurated in 1947.

Every morning, a helicopter hovers through the thick smog to report on traffic conditions from here. Blocks of high-rise concrete towers crowd together as far as the eye can see, but the wonder of São Paulo is captured around late afternoon, when the lights start coming on in all the high-rises and the city takes on a different life. Serie Bahia \_\_\_\_ Musa da Paz Belonging to an

## Pinacoteca do Estado o

The Pinacoteca is a significant repository of Brazilian art, with an archive of over 5,000 paintings and sculptures representing all major Brazilinan artists and artistic movements. The galleries trace the evolution of Brazilian styles, which began as mock-European naturalism and gradually diversified into social realist, naive, and abstract forms. In the mid-1990s, the Pinacoteca was magnificently renovated by the noted architect Paulo Mendes de Rocha, who filled the original Neo-Classical building with carefully positioned partitions and capped it with a translucent roof. The magical sense of space and light perfectly complements the intensity of color and tone which characterizes Brazilian art.



#### ★ Composição This Brazilian Constructivist composition by Alfredo Volpi (1896–1988) fuses European style with tropical colors.

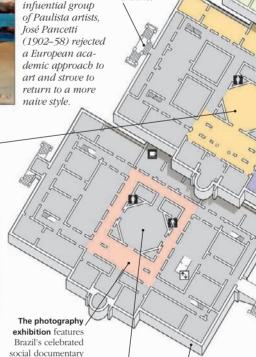


#### Octagonal exhibition hall



#### Façade

The Pinacoteca was tastefully refurbished in the 1990s, leaving only the shell of the original building.



Auditorium

First floor

Entranco

#### STAR FEATURES

- ★ Composição
- ★ Tropical
- ★ Caipira Picando Fumo

## GALLERY GUIDE

photographers.

The Pinacoteca's permanent collection is on the first floor, with galleries bousing the Modernist collection, just above the main entrance. Brazilian 19th-century paintings and the more recent works flank this gallery, while sculptures by French artists, such as Aristide Maillol, occupy a prominent display. The ground floor is devoted to temporary exhibitions and also has a bookshop and a café.

For hotels and restaurants in this region see p374 and pp399-401

#### ★ Tropical Portraying a caboclo woman in a tropical setting, this painting by Anita Malfatti (1889–1964) is a fine example of Brazilian Modernism.



Third floor

#### Formal portraits of Portuguese colonial dignitaries are the most European of the Brazilian paintings.

## VISITORS' CHECKLIST



★ Caipira Picando Fumo Almeida Júnior (1850–99) was one of the first to paint Brazil's rich tropical light and everyday Brazilians.

Second floor

Ĩ

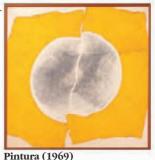
#### **Génio do Repouso Eterno** *This statue is*

regarded by many to be one of the most beautiful works of legendary French sculptor, Auguste Rodin (1840– 1917).



First floor, with a temporary exhibition area





Pintura (1969) Brazilian artist Tomie Obtake (b.1913), mother of the famous architect Ruy Obtake, has introduced Japanese elements into Brazilian art.

#### KEY

- 🔲 Brazilian Painting
- Landscapes (1850–1930)
- French Sculpture Yard
- Brazilian Contemporary Art
- Brazilian Constructivism
- Brazilian Sculpture
- Art by European Visitors
- Temporary Exhibition Gallery
- Photography Exhibition
- Non-Exhibition Space



Elegant façade of the Mosteiro da Luz, housing the Museu Arte Sacra

## Museu Arte Sacra 0

Av Tiradentes 676. **Tel** (011) 3326 1373. M Tiradentes. 📟 11am–7pm Tue–Sun. 🚳

Often overlooked by visitors, this small museum boasts one of the finest collections of religious artifacts in the Americas. The exhibits are housed in a large wing of a distinguished colonial building, the early 19th-century Mosteiro da Luz. Restful and serene, the entire complex is a peaceful haven from the frenetic chaos of São Paulo.

The museum's priceless objects and artifacts include lavish monstrances (ceremonial vessels), ecclesiastical jewelry, and church altarpieces. Of particular note is the statuary, with pieces by many of the most important Brazilian Baroque masters such as Aleijadinho, Mestre Valentim, and Frei Agostinho da Piedade. One of the gems is the 18th-century Mary Magdalene by Francisco Xavier de Brito, which displays an effortless unity of motion and melancholy contemplation. Among the sculptures, mostly by anonymous Brazilian indigenous artists, two pieces stand out - a maiestic African-Brazilian São Bento (with blue eyes) and an exquisitely detailed 18th-century Neapolitan nativity crib comprising around 2,000 pieces, which is the most important of its kind outside Naples.

The collection also features works by 18th-century masters such as Benedito Calixto and Mestre Athayde. Of special significance is the one that depicts Padre Anchieta taming a wild ocelot with the cross, a symbol of the Jesuit founder of São Paulo's mission to the indigenous Brazilians.

## Estação da Luz 🛛

Praça da Luz 1. **Tel** (0800) 550 121.

One of modern Brazil's prominent symbols of industrial progress, São Paulo's railway station was built in 1901. The design of the Estação da Luz is a homage to the English railroad, and imitates the Victorian eclectic style.

Just like all of São Paulo's railways, Estação da Luz was the creation of Brazil's first industrialist, the Visconde de Mauá. After a visit to London in the 1840s, Mauá was convinced that Brazil's future lay in rapid industrialization. He founded an ironworks, employing some 300 workers from

England and Scotland. In 1854, Mauá opened his first railway, which was designed and run by the British. It linked Jundiaí, in the heart of São Paulo's coffee region, with Santos on the coast. Today, the Estação da Luz serves only the São Paulo city area. Romanesque red-brick arches and stately castiron pillars support a single vault that covers

São Bento with baby, Museu Arte Sacra

ngle vault that cov four tracks and platforms.

## Estação Pinacoteca **B**

Largo General Osório 66. Map 1 C1. Tel (011) 3337 0185. M Luz. 10am–6pm Tue–Sun. M free admission on Sat.

Located in an attractive early 20th-century Neo-Classical building, the annex of the Pinacoteca do Estado (*see pp140–41*) is one of the city's best contemporary exhibition spaces. Some of Brazil's finest Modernist paintings, taken from the archive of the Fundação José e Paulina Nemirovsky, are displayed here.

An important milestone in Brazilian Modernism is *Antropofagia* by Tarsila do Amaral (1886–1973), the founder of the vital *antropofagismo* movement *(see pp30–31)*. There are also key pieces by Candido Portinari, Anita Malfatti, and Lasar Segall. International art is represented by Marc Chagall, Pablo Picasso, and Georges Braque, among others.

## Sala São Paulo 🛽

Praça Júlio Prestes 16. **Map** 1 B1. **Tel** (011) 3367 9500. M Luz. [] 10am–6pm Mon–Fri. [] 1–4:30pm Mon–Fri, 2pm Sat.

🖉 www.salasaopaulo.art.br

Known for the finest acoustics in Latin America, this concert hall was inaugurated in 1997. It is the city's premier classical music venue and the home of Brazil's top orchestra, the Orquestra Sinfônica do Estado de São Paulo (OSESP).

The orchestra's artistic director John Neschling, who studied conducting under Hans Swarowsky and Leonard Bernstein, is also a composer of film music. He most famously composed the sound track for *Kiss of the Spider Woman* (Brazil/USA, 1985).

The grand railway building, the Estação Júlio Prestes, in which the hall is housed, was designed in 1938 by Brazilian architect Cristiano Stockler. Largely inspired by New York, it contrasts strongly with the English Estação da Luz.

# Museu de Arte de São Paulo (MASP) **©**

One of Brazil's finest museums, MASP preserves a vast collection of European old masters and early Modernist paintings. Pietro Maria Bardi, a Brazilian of Italian origin, scouted around Europe between 1947 and 1953. He bought the now priceless works of Degas, Van Gogh, Velázquez, Rembrandt, Turner, Titian, Bellini, and Raphael at absurdly low prices. By the 1960s, the works had become so important that Bardi persuaded the São Paulo authorities to build a gallery to house them.

The extensive collection is constantly rotating, as paintings are taken in and out of the archive. The works are loosely grouped by country.



Resurrection of Christ (1501/1502) by Raphael, Italian collection

#### **ITALIAN ART**

Of the museum's three dozen pre-19th-century Italian paintings, 17 date from the early Renaissance, prior to 1510. These include a series of iconogaphic religious works from Florence and Modena, a particularly haunting painting of a penitent St. Jerome in the desert by Andrea Mantegna, and *Resurrection of Christ* by Raphael. There are also 10 paintings of impeccable quality, covering the 150 years of Venetian Renaissance and Baroque painting between Bellini and Saraceni. A Titian and a Tintoretto are prominently featured, besides Bellini's beautiful *Madonna and Child*.

#### FRENCH ART & PARISIAN SCHOOL

With more than 300 paintings. from the 18th to early 20th century. France dominates the museum. The collection has a wonderful chronological consistency. A few notable exceptions apart, including David, Millet, Seurat, and Braque, all the major artists are represented. Also showcased here are those who drew influence from late 19thto early 20th-century Paris, such as Van Gogh, Chagall, and Picasso. Many of the works are among the artists' greatest masterpieces. especially those by Manet and Cézanne. Another gem is Toulouse-Lautrec's Paul Viaud Dressed as an 18thcentury Admiral (1901).



The room displaying works from MASP's French collection

#### **VISITORS' CHECKLIST**

Av Paulista 1578. **Map** 4 F2. **Tel** (011) 3251 5644. **M** Trianon-Masp. 11am-6pm Tue-Sun. 2 free admission on Tue. 1



The Schoolboy by Van Gogh (1888), Northern European Collection

#### ART FROM THE IBERIAN PENINSULA & NORTHERN EUROPE

The rest of Europe is represented as a chronological mishmash of glorious paintings. Of particular note are very fine Spanish pieces by Velázquez. El Greco, and a magnificent series of etchings and portraits by Gova, the best of which is that of Cardinal Luís María de Borbón y Vallabriga (1800). Central Europe has some fine works by Bosch, Holbein, Memling, Rembrandt, Rubens. and Franz Hals. There are also a few paintings by Frans Post, depicting Dutch colonial Pernambuco. England is represented by a group of respectable works by Constable, Gainsborough. Joshua Reynolds, and Turner.

#### **BRAZILIAN ART**

Though not as vast as Rio de Janeiro's Museu Nacional de Belas Artes (*see p74*), or the Pinacoteca do Estado (*see pp140–41*), MASP contains works by Almeida Junior, Brecheret, Di Cavalcanti, Tomie Ohtake, and Candido Portinari, among others.



Aerial view of the exclusive Avenida Paulista

### Avenida Paulista 🛛

Map 4 E2, 4 F2, 4 F3. M Brigadeiro/Trianon-Masp/ Rebourças. K Gay Pride (Jun).

Modern São Paulo's first symbol of prosperity, Avenida Paulista and its crowded skyscrapers continue to attest to Brazil's status as South America's major economic power. Though often compared to New York's Fifth Avenue, it is actually a corporate valley, business-like and functional.

In the 19th century, when a Uruguayan named Joaquin Eugenio de Lima first set up house here, Paulista was a hill on the outskirts of a small colonial town surrounded by pastoral land and forest. Around this time, São Paulo was growing rich on trains and coffee. Others followed de Lima and began to build laree houses here.

By the turn of the 19th century, the avenue had become São Paulo's most desirable address, and was lined with large, opulent mansions owned by extremely wealthy Brazilian moguls, or the coffee barons. Each mansion reflected the architectural predilections of the owner, be it Neo-Classical, Rhineland, or even

mock-Tudor Having suffered large-scale demolition after World War II the avenue had lost its splendid character by the 1960s. Today, only one mansion remains, the Frenchstyle Casa das Rosas, which is now a cultural center managed and run by São Paulo state. Interesting art shows are occasionally held here. but the 1935 mansion itself is well worth visiting for its pretty rose garden and Art Nouveau stainedglass window There are a few

other sights of interest along the street. The **Instituto Itaú Cultural**, near Brigadeiro metro station, hosts a range of concerts and exhibitions, all of which are free of charge. It also houses the largest currency museum in the country, the Itaú Numismática. The **Centro Cultural FIESP**, at Trianon-Masp, is a business headquarters with a small Centro Cultural that presents free live theater and hosts occasional art shows.

Immediately to its north and opposite MASP is the **Parque Trianon**, the only green respite from the concrete. It was named in homage to the gardens of the Palace of Versailles, to which it bears no resemblance. However, in the quiet of the early morning, small mammals, including agouti and marmosets, can be seen foraging here, and in the heat of the day, the trees provide welcome shade. There are plenty of cinemas in and around Paulista, along the avenue itself, in the Shopping Paulista Mall, near Brigadeiro metro, and dotted along Rua da Consolação, near Paulista's northern end.

Together with the Praça da Sé (see p138), Paulista is one of the city's most important venues for protests and celebrations. Brazil's World Cup soccer victories see the avenue packed with millions of cheering, shirtless fans.

In June, the world's largest Gay Pride (see p43) march takes place here. During this prominent public event, as many as 2 million Brazilians and foreigners dance samba behind enormous decorated floats that are topped with outlandishly dressed transvestite dancers.

For a taste of Avenida Paulista as it once was, head a few blocks south, across the chic shopping streets of the Jardins and into Jardim Europa. Here, along Avenida Brasil and Avenida Groenlandia, the stately homes of the city's current rich can be seen.

🐨 Casa das Rosas

Av Paulista 37. **Tel** (011) 3285 6986. 10am–10pm Tue–Fri, 10am–6pm Sat–Sun.

Centro Cultural FIESP
Av Paulista 1313.
Tel (011) 3146 7406.

Parque Trianon
 Rua Peixoto Gomide 949.
 6am–6pm daily.



Parque Trianon, with its lush greenery, on Avenida Paulista

# Liberdade 0

Praça da Sé, via Av da Liberdade. M Praça de Sé/Liberdade. Liberdade Rodoviária.

São Paulo has more ethnic Japanese than any other city outside Japan. Liberdade, located just south of the city center is the hub of the Japanese community. The neighborhood, small and easily manageable on foot, is best explored during the afternoon. Streets are lined with shops and restaurants selling everything, from woks and manga comics, to sushi and sashimi. On Sundays. there is a lively market in the Praca de Liberdade, where stalls serve up steaming lacquer bowls of miso soup and vakisoba noodles.

Liberdade's main thoroughfare, Rua Galvão Bueno, runs south from this square, lined with the bulk of the shops and decorated with red Japanese arches, or *torii*. Many of Liberdade's most traditional Japanese restaurants are located on, and around, Rua Tomaz Gonzaga, which cuts across Galvão Bueno, south of the square.

At the corner of Galvão Bueno and Rua São Joaquim. an undistinguished block houses the Museu da Imigração Japonesa (Japanese Immigration Museum). The museum was opened in 1978 by the erstwhile prince. now Emperor Akihito of Japan. It has two floors of artifacts and displays devoted to telling the story of the Japanese immigrant community, their origins, and their lives in early 20th-century Brazil. These include a replica of the Kasato-Maru - the ship which brought the first immigrants in 1908 (see p169), a complete early Japanese-Brazilian agricultural cottage, and a memorial to the Dekasseguis - the Japanese Brazilians who returned to Japan to fight in World War II. The building also features a lovely rooftop garden.

One of São Paulo's many Buddhist temples, built in 1995, the **Templo Busshinji** lies west of the Museu da same street. Its traditional Japanese-style architecture comprising wood is topped with a pyramid-shaped roof. Visitors are welcome to attend the various ceremonies, the most impressive of which is most impressive of which is

Templo Busshinji
Rua São Joaquim 285. Tel (011)
3208 4515. 9 am-5pm daily.
Juit prior appointment.

compassionate nature, are

#### SÃO PAULO FASHION WEEK

Imigração Japanesa on the

the Cerimônia de Kannon

month. The rituals, paying

homage to the Buddha's

which takes place each

With Rosa Chá and Havaianas among its brands, and supermodels Gisele Bundchen and Ana Beatriz Barros, Brazil has rapidly risen to the upper echelons of the fashion world in recent years. Established only in 1996, São Paulo's fashion week is now Latin America's most important fashion event. All of the top Brazilian names and faces are showcased here, together with supermodels from around the world. While the show is on, the city erupts into a fashion frenzy. During this time, the fashion fraternity can be spotted in fashionable bars and boutiques throughout the wealthy corners of the city. Over 100,000 people visit the show itself, which takes place twice a year usually in January and June - in Oscar Niemeyer's Bienal building in Parque do Ibirapuera (see pp146-7). More column inches are devoted to the event than to any other activity in Brazil, except for soccer and political scandals. The event generates an estimated \$45 million through the media alone, with more than 2,500 newspaper and magazine pages and almost 200 hours of television coverage.



A fashion show in full swing, with models displaying a collection



# Parque do Ibirapuera 🛛

Parque do Ibirapuera is the largest green space in central São Paulo, and its native Brazilian woodlands and lakes are a welcome respite from the city's urban sprawl. Opened in 1954, it houses several museums and exhibition spaces, as well as a complex of buildings by the country's celebrated architect, Oscar Niemeyer

Statue of Pedro Álvares Cabral

(b.1907). These stage major exhibitions such as the Terracotta Warrior exhibition from China and the Rodin retrospective.



★ Hotel Unique Hotel Unique (see p374), the intriguing, half-melon structure on stilts is the most famous work of Brazil's leading contemporary architect, Ruy Obtake, son of the artist, Tomie Obtake.



Monumento ás Bandeiras Completed in 1950, this tribute to explorers or bandeirantes, who opened up Brazil's interior, is one of the more severe works by Brazil's foremost sculptor, Victor Brecheret.

A son et lumière fountain show is held here on weekends

The restored, state-of-the-art planetarium is one of the most impressive in Latin America and is very popular with children. All shows are in Portuguese.



#### Pavilhão Japonês

This pavilion and its gardens were built in strict accordance with traditional Japanese design, using only Japanese materials. There is also an exhibition space and a Japanese tearoom.

#### STAR SIGHTS

★ Hotel Unique

★ O Obelisco aos Heroís de 32

★ MAM

#### The small vivarium houses a few species of native subtropical trees.

0 meters 0 yards

For hotels and restaurants in this region see p374 and pp399-401

#### The Bosque da Leitura

or "reading wood" is the place to head for on Sundays. Visitors can borrow a book and read in the shade of the trees.



The lush expanse of Lago do Ibirapuera (Ibirapuera Lake) in the park

### **VISITORS' CHECKLIST**

Av Pedro Álvares Cabral. Map 4 E5. 6am–9pm daily. Museu de Arte Moderna (MAM), Gate 3 Tel (011) 5085 1300. noon–6pm Tue, Wed & Fri, noon– 10pm Thu; 10am–6pm Sat & Sun. Museu Afro Brasil, Gate 10 Tel (011) 5579 8542. 10am–5pm Tue–Sun. Bosque da Leitura 10 Jam–4pm Sun.

#### The Monumento do Pedro Álvares Cabral honors the Portuguese explorer who first set foot on Brazilian soil in 1500.

Museu Afro Brasil is devoted to celebrating Afro-Brazilian culture. It hosts films, exhibitions, dance, music, and theater events.





★ O Obelisco aos Heroís de 32

This giant Cleopatra's needle was built to bonor the Paulistano rebels who died in 1932 when President Vargas crushed resistance to his Estado Nôvo reeime (see p55).



Oca do Ibirapuera Designed by Oscar Niemeyer, this dome pays bomage to the indigenous Brazilian roundhouse. It hosts major international art exhibitions and cultural events.

**The Bienal Building**, also by Niemeyer, stages the city's flagship fashion, art, and other premier events – São Paulo fashion week and the Art Bienal, among others.

#### ★ Museu de Arte Moderna (MAM)

The best of Brazilian contemporary art is showcased bere. This work, Cristo de Rapadura by Caetano Dias, is a sculpture of Christ made from raw cane sugar. The idea is that it will gradually be consumed by visitors, thus symbolizing the lives of African slaves who died working in Brazil's sugar industry.





Façade of the imposing Museu Paulista do Ipiranga in the Parque de Independência, Ipiranga

# Museu Paulista do Ipiranga 🛛

Parque da Independência s/n, Ipiranga. **Tel** (011) 2065 8000. 9am–5pm Tue–Sun. 
Ø Ø www.mp.usp.br

In 1822, Dom Pedro I declared the famous "Grito de Ipiranga," or call for independence from Portugal (Independência ou Morte, or Independence or Death), on the banks of the Rio Ipiranga (*see p52*). This large palace, built in 1890, was one of the earliest monuments of independent Brazil.

The Museu Paulista is housed in the palace at the top of extensive formal gardens in the Parque da Independência. The museum is devoted to the nation's history, containing a collection of exhibits which includes old maps, traditional colonial furniture, carriages, rare documents, old coins, clothing, and paintings. The artist Pedro Américo's monumental canvas Independência ou Morte (1888), depicting the young prince shouting his grito (cry), sits in the building's most handsome room, the Salão Nobre.

The mock French Renaissance gardens are dotted with sculptures and monuments. These include an an enormous bronze sculpture to the nation's independence, *Monumento a Independência*, made by the Italian sculptor Ettore Ximenes in 1921. In the chapel at the base of the monument, a tomb contains the remains of Dom Pedro I and Empress Leopoldina. Also in the grounds is the **Casa do Grito**, a replica of the simple adobe house depicted by Pedro Américo in his painting.

# Museu de Arte Contemporânea 🛛

Rua da Reitora 160, Cidade Universitària. Tel (011) 3091 3538. □ 10am-6pm Mon-Fri, 10am-4pm Sat & Sun. ☑ by appointment. હ ፴ www. macvirtual.usp.br/mac/

A treasure trove of modern and post-modern European and Brazilian art lies tucked away in the campus of São Paulo's most distinguished university. The collection at the Museu de Arte Contemporânea (MAC) is an amalgamation of donations given by wealthy individuals since the early 20th century and prizes from São Paulo's Art Biennials.



Estrada de Ferro Central do Brasil by Tarsila de Amaral at MAC

The collection comprises some 8.000 works of art. Prominent among these are important, little-seen European works by Amadeo Modigliani, Pablo Picasso, Max Ernst and Henri Matisse which sit alongside the cream of Brazil's artists. Brazilian Modernists, such as Anita Malfatti, Vitor Brecheret, and Candido Portanari, are well represented, MAC also holds three of the most celebrated works by Tarsila do Amaral -A Negra Estrada de Ferro Central do Brasil and A Floresta, Tarsila was the founder of antropofagismo (see bb30-31) – a movement which paved the way for many important artistic trends within post-War Brazil.

# Instituto Butantã 🛛

Av Vital Brazil 1500, Cidade Universitária. *Tel* (011) 3726 7222. *gam-4:30pm daily. by appointment.* **www**. butantan.gov.br

The Instituto Butantã is a biomedical research center affiliated to the Cidade Universitária, the University of São Paulo. Founded in 1901 by Vital Brasil to conduct research into venomous animals. the institute is now one of the leading producers of anti-venoms and sera in the world. It is also one of the city's principal tourist attractions, as it is located in a pretty forested garden full of hummingbirds.

Pits alongside the center and an adjacent museum house many of South America's more exotic snakes and arachnids. Smaller but even deadlier creatures can be seen through microscopes in the institute's **Museu de** 

Microbiologia. This bright, modern space also includes excellent interactive displays which are particularly popular with children.

# Jardim Botânico @

Av Miguel Stéfano 3031. **Tel** (011) 5073 6300. 🚃 💽 9am–5pm Wed– Sun. 🌠 🐛

Other than the Serra da Cantareira mountains on the city's western fringe, the Jardim Botânico is the largest area of green in São Paulo's metropolitan area. It combines formal gardens, laid out around a series of lakes with areas of forest large enough to support several resident troops of red howler monkevs. Their guttural calls can be heard here at dawn and dusk and sometimes the monkeys themselves can be seen in the trees. There is plenty of other wildlife too. including agoutis, pacas and tufted-eared marmosets. The latter often loiter about in the trees around the lawns of the sculpture garden hoping to grab a fruity morsel.

The entrance to the park is through an avenue of magnificent royal palms, surrounded by tropical and subtropical trees. Most are labeled with their common and scientific names (the former in Portuguese only). The avenue leads to the Jardim Lineu, inspired by the gardens in Uppsala, Sweden, and, like them, are laid out in homage to 18th-century biologist Carl Linnaeus. Glass houses here contain a number of Atlantic rainforest plants and a botanical museum preserves a bank of Brazilian seeds from flowering plants and important fruit species.

Beyond the Jardim Lineu are areas of ponds and lawns popular with picnickers on the weekends. These are



Pond with a tropical forest glade at the Jardim Botânico

fringed with tropical forest cut by short trails and little running streams. Walkers should be wary of snakes.

# Parque Burle Marx 🛛

Av Dona Helena Pereira de Morais 200. **Tel** (011) 3746 7631.

Roberto Burle Marx (1909–94) was South America's greatest landscape architect and one of the three core designers of Brasília (*see pp294–5*). His designs were strongly influenced by Modernist ideas inspired by his studies in Germany, and his early work with the architect Lucio Costa who had worked with Le Corbusier. Burle Marx was one of the first architects to combine sculptural and painting techniques with landscape design.

His gardens in the Parque Burle Marx have been compared to abstract paintings, utilizing simple shapes, some curvilinear and rectilinear patterns to create blocks of color and texture, broken by paths and areas of woodland. Marx was a keen ecologist and promoted the use of Brazilian native species, the park is surrounded by a small area of forest, comprising various Mata Atlântica species.

Although Marx contributed to Parque Ibirapuera (see pp146–7), the park is the only exclusive example of his work in his home city. The gardens were originally private, commissioned for the millionaire industrialist "Baby" Pignatari in the 1940s.

As well as landscaping, Burle Marx was allowed to experiment and place abstract structures in the gardens. These include mirrors of water and rectangular blocks reminiscent of the low Mixtec buildings in Mitla, Mexico. The constructions near the avenue of palms at the park's entrance are by Oscar Niemeyer.



Abstract rectangular structures, Parque Burle Marx

# SHOPPING IN SÃO PAULO

hopping in São Paulo is like shopping in a large North American city. It is largely mall- and boutique-based and the best items to buy are highend luxury goods. However. more interesting are markets and fairs that take place around town on weekends, selling traditional goods. Unlike many big cities in



Cachaca bottles on display

sive craft markets or traditional artisan-books, coffee, and *cachaca* can be ware of note, but there are a few arts bought from malls. High-quality house-and craft specialist shops. São Paulo is hold items can be found on Rua Gabriel Latin America's fashion capital and the Monteiro Silva in Jardins.

districts of Jardins, Pacaembu, and Vila Madalena are bursting with smart little fancy boutiques. Many others can be found in the city's numerous opulent malls. which are large, air-conditioned. and filled with restaurants entertainment areas, and shops housing international brands and leading Brazilian designers. The

South America, São Paulo has no exclu- city's other good buys, including CDs,



Designer shops lining Rua Oscar Freire

#### SHOPPING HOURS

Shops in São Paulo are open from 8am to 6pm. Street shops tend to open from 8 or 10am to 6pm. They are closed on Brazilian public holidays. Most shopping centers and malls are open from 10am to 10pm and on weekends (including Sunday) from 10am to 8pm. They often do not close on public holidays.

#### FASHION

The domestic fashion market in Brazil is flourishing, with almost all Brazilian labels coming from São Paulo. The market is strongest for women's clothing and the best place to begin a browse is in Jardins. Here hundreds of tasteful little shops sell colorful, beautifully cut clothes. Many of the latest generation of young Paulistana designers, such as Adriana Barra and Cris Barros. have their showrooms in Jardins. These labels are

particularly strong on dresses and evening wear. More established names can be found here too. Rosa Chá stocks the world's sexiest and most fashionable bikinis (by Amir Slama).

Other designers, such as rising star Santa Paciência. celebrated for her elegant and original use of light, flowing fabrics, are based in Pacaembu, a short taxi drive away from central São Paulo.

#### **MUSIC & FILM**

Bossa nova, samba, frevo, forró, axé, choro - it is difficult to think of a country with as many homegrown musical genres as Brazil. São Paulo is the best place in the country either to begin an acquaintance with this diversity or to explore its variety.

Many of the larger stores give customers the chance to listen to CDs before buying.

Such shops are to be found in many of the larger malls but the best in the city is probably FNAC, which also stocks an excellent selection of Brazilian DVDs Its selections of Latin American arthouse films are particularly strong.

Grandes Galerias or the Galeria do Rock has a large choice of rock CDs and DVDs. This arcade has around 100 different small shops selling every manner of CD and DVD However only a few stores offer the desirable option of listening before buying.

#### BEVERAGES

The raw ingredient for the caipirinha cocktail, Brazilian cachaca or sugar cane rum is sometimes difficult to find outside of Brazil. But in São Paulo, bottles are on sale in any corner shop at a reasonable price. The Cachaçaria Paulista, however, is a bar and shop for connoisseurs, selling more than 300 different cachacas, the best of which are said to be from Minas Gerais.

Verv fine coffee beans and grounds can be bought here. Santo Grão in Jardins and boutiques in the various malls have shops selling gourmet and quality blends. Some of the very best are to be found in the shop of the Museu do Café music CDs in Santos (see p168).

Brazilian

#### **BOOKS & MAGAZINES**

Large bookshops can be found in the malls and are usually well-stocked with English language novels. The greatest variety is to be found in FNAC Saraíva and Livraria Cultura. The bookshops attached to the MASP and MAM galleries are well worth a browse. Brazilian art books are of a very high international standard and much of the material. including reproductions of European art kept in Brazil. can only be found here. Particularly interesting are the gorgeous photographic books. Brazilian art and social photography is excellent and well-represented in the gallery souvenir shops. Overpriced international papers and magazines can also be bought at the larger bookshops. There are no English language publications in Brazil. Portuguese readers will find newsstands or bancas dotted throughout the city with a bewildering variety of glossy reading material to choose from



Household knick-knacks on display at Jacaré do Brasil

#### ARTS, CRAFTS & DESIGN

Although arts and crafts are best bought regionally, particularly in centers such as Manaus, Palmas, or Caruaru, there are a few specialist shops in São Paulo. The **Casa das Culturas Indigenas** sells indigenous jewelry and household goods. Jacaré do Brasil stocks indigenous and regional items from household decoration to textiles. **Interiores** has exquisite topend home furnishings from furniture to small decorative items. The most interesting pieces are made from sustainable materials in Acre in the Brazilian Amazon. **Firma Casa** stocks the best of Brazil's furniture makers.

Paulistanos adore decor **Ftel** 

### SHOPPING MALLS

There are shopping malls throughout the city, many of which stock similar items and brands, making it difficult to choose between them. The best design names are to be found in South America's oldest mall, **Iguatemi**, which still looks as if it was built yesterday. **Shopping Ibirapuera** has the most shops and perhaps the greatest middle-brow choice.

São Paulo has only one department store, **Daslu**, but it is internationally famous and attracts élite and wealthy clients from around the continent. Many international and Brazilian big design names are sold here, together with Daslu's own brand.

#### FASHION

# Adriana Barra

Alameda Franca 1243. **Map** 4 F3. *Tel* (011) 2925 2300. www.adrianabarra. com.br

#### **Cris Barros** Rua Vitório Fasano 85. **Map** 4 D3. **Tel** (011) 3082 3621.

Rosa Chá Shopping Iguatemi, Av Faria Lima 2232. Map 3 A5 Tel (011) 3032 3078. www.rosacha.com.br

**Santa Paciência** Rua Girassol 170, Vila Madalena. **Map** 3 A1. *Tel* (011) 3814 9188.

#### **MUSIC & FILM**

FNAC Av Paulista 901. Map 4 F3. Tel (011) 2123 2000.

#### Galeria do Rock

Rua 24 de Maio 62 & Av São João 439. **Map** 1 B2.

#### BEVERAGES

Cachaçaria Paulista Rua Mourato Coelho 593, Vila Madalena. Map 3 A3. *Tel* (011) 3815 4756.

Santo Grão Rua Oscar Freire 413. Map 4 D3. Tel (011) 3082 9969.

#### BOOKS & MAGAZINES

Livraria Cultura Av Paulista 2073. Map 4 E2. *Tel* (011) 3170 4033.

#### MAM

Parque do Ibirapuera, Portão 3. **Map** 4 E5. *Tel (011) 5085 1300.* www.mam.org.br

# 

Av Paulista 1578. Map 4 F2. Tel (011) 3251 5644. www.masp.art.br

#### Saraíva

Morumbi Shopping, Av Roque Petroni Jr. 1089, Morumbi. **Tel** (011) 5181 7574.

#### ARTS, CRAFTS & DESIGN

Casa das Culturas Indigenas Rua Augusta 1371, Ioja 107. Map 4 E1. Tel (011) 3283 4924.

Etel Interiores Al Gabriel Monteiro da Silva, 1834. Map 3 A4. Tel (011) 3064 1266. www.etelinteriores. com br

#### Firma Casa

Al Gabriel Monteiro da Silva 1487. **Map** 4 B4. *Tel (011) 3068 0377.* www.firmacasa.com.br

#### Jacaré do Brasil

Rua Dr. Melo Alves 555. **Map** 4 D2. *Tel* (011) *3081 6109.* www. jacaredobrasil.com.br

#### SHOPPING MALLS

#### Daslu

Av Chedid Jafet 131. *Tel (011) 3841 4000.* www.daslu.com.br

#### **Shopping Ibirapuera** Av Ibirapuera 3103.

**Tel** (011) 5095 2300.

Shopping Iguatemi Av Faria Lima 2232. Map 3 A5. Tel (011) 3816 6116.

# ENTERTAINMENT IN SÃO PAULO

ão Paulo has an incredible nightlife with a bewildering choice of activities on offer. Live music, in diverse styles, is performed every night by the most distinguished artists from the country. Brazil's finest orchestra theater and concert halls are also located in São Paulo. The city boasts myriad



Veia São Paulo, a listings magazine

a dozen other traditional styles, alongside ubiquitous international club music often with a Brazilian twist A

wide range of films can be viewed as well, with arthouse theaters showing the latest blockbusters from Europe Latin America or Asia and state-ofthe-art multiplexes offering popular national cinema. A progressive city, São Paulo has the largest Gav Pride parade in the world, which takes place in June.

dance clubs offering samba, forró, and Children are welcome everywhere – even in bars and restaurants and the largest theme park in South America. Playcenter, lies on the city's doorstep.

#### GUIDES & LISTINGS

The Tourist Information Desk at Guarulhos International Airport offers information in English about what's on in the city. The Friday edition of the Folha de São Paulo and Estado do São Paulo newspapers and Veia magazine's cultural insert. Veiiinha, have comprehensive listings in Portuguese.

The central ticket-selling office in São Paulo is Ticketmaster which sells tickets through the Saraíva and FNAC bookshops (see p151).

#### LIVE MUSIC

A plethora of small venues in the bairros of Vila Madalena. Pinheiros, and Vila Olímpia play host to all manner of live acts. Almost all have a small restaurant area, a dance floor. and a sitting area. All have bars and serve beer and excellent cocktails. Musical performances may vary from week to week - from samba to Brazilian funk, bossa nova, or the latest post-mangue beat sounds from the state of Pernambuco. The best venues include A Marcenaria and the Bourbon Street Music Club. featuring jazz and Dixieland.

More popular performers, such as Ioão Bosco or Otto. play in the SESCs - cultural centers with excellent concert halls. The best are in Vila Mariana and Pompéia. Legendary singers such as Milton Nascimento and Caetano Veloso play in numerous concert halls such



Sergio Dias, Ceumar, and Rebecca Matta performing at SESC Pompéia

as the Via Funchal. The most popular national and international groups, such as Ivete Sangalo and U2, play in the Pacaembu stadium

#### **CLASSICAL MUSIC &** DANCE

Brazil's most reputable orchestra, the São Paulo State Symphony Orchestra, has its

home in Latin America's best 1.500-seat concert hall, the Sala São Paulo The acoustics here are almost perfect. The Sala São Paulo regularly advertises its upcoming programs on its website. The city's other key music venue for opera and classical concerts is the distinguished Theatro Municipal. The Teatro Alfa specializes in ballet.

#### DANCE BARS & CLUBS

Dance bars and clubs are concentrated in two areas of the city - Vila Madalena and Pinheiros, southwest of the center, and the contiguous bairros of Vila Olímpia. Itaim. and Moema in the south. The former is more lively, with live forró and samba bands plaving to bars filled with university students. The Bambú and the Canto da Ema are always packed at weekends. Vila Olímpia. Itaim, and Moema are generally livelier neighbor-



Popular Vila Madalena Club in São Paulo

hoods and are home to the bulk of clubs which host big name DJs, such as Marky and Patiffe, and play techno and trance music. The Consolação area is very popular for nightlife and has numerous trendy venues, including **Sonique**, **Volt**, and **Z. Carniceria.** 

#### **CINEMA & THEATER**

The city has some 250 cinema houses and hosts several important film festivals. Almost all the shopping malls have large multiplexes showing not only the latest films from Hollywood but also national releases. There are more than 20 arthouse cinemas, including the **Cine SESC** and the **Cine Bombril** off Avenida Paulista. Non-Portuguese films are subtitled rather than dubbed.

São Paulo has more than 100 theaters with shows almost exclusively in Portuguese. Most of the theaters are found in Bela Vista and Bixiga. The **Cultura Inglesa** features English language films and shows.



Fans cheer during a championship match at the Estádio Morumbi

#### CHILDREN

São Paulo's urban environment makes outdoor attractions for children few and far between, although there are some popular amusement and theme parks scattered across the city. However, the biggest attraction, the largest theme park in Latin America, the **Playcenter**, is 50 miles (80 km) from the city. The city also boasts the **Fundação Parque Zoológico de São Paulo** (São Paulo Zoo), set in a state preserve of coastal rainforrest

DIRECTORY

#### SOCCER

Soccer is an obsession in São Paulo, as it is throughout the country, and the city has the most prestigious soccer teams in Brazil. There are three First Division teams based in São Paulo who play in the impressive Morumbi and Pacaembu stadiums. **Estádio Morumbi** is the home ground of São Paulo Futebol Clube. Matches are generally held on Wednesday and at the weekend. To watch a game check the schedules in ticket offices.

#### **GUIDES & LISTINGS**

Ticketmaster www.ticketmaster.com. br

Tourist Information Desk Guarulhos International Airport. Tel (011) 6445 2945.

#### LIVE MUSIC

**A Marcenaria** Rua Fradique Coutinho 1378, Vila Madalena. **Map** 3 A2. **Tel** (011) 3032 9006.

Bourbon Street Music Club Rua dos Chanes 127, Moema. Tel (011) 5095 6100.

SESC SESC Vila Mariana, Rua Pelotas 141. *Tel (011) 5080 3000.* www.sescsp.org.br

#### Sonique

Rua Bela Cintra 416. **Map** 4 F1. **Tel** (011) 2628 8707.

Via Funchal Rua Funchal 65, Vila Olímpia. Tel (011) 3044 2727.

#### CLASSICAL MUSIC & DANCE

Sala São Paulo Praça Julio Prestes 16. Map 1 B1. Tel (011) 3367 9500.

Teatro Alfa Rua Bento de Andrade Filho 722, Santo Amaro. Tel (011) 5693 4000.

 Theatro Municipal

 Praça Ramos de Azevedo.

 Map 1 C2, 1 C3.

 Tel (011) 3397 0300.

# DANCE BARS &

Bambú Rua Purpurina 272. Map 3 A1. Tel (011) 3031 2331.

**Canto da Ema** Av Brig. Faria Lima 364, Pinheiros. **Tel** (011) 3813 4708.

Volt Rua Haddock Lobo 40. Map 4 F1. Tel (011) 2936 4041.

**Z. Carniceria** Rua Augusta 934. **Map** 4 F1. **Tel** (011) 2936 0934.

#### CINEMA & THEATER

**Cine Bombril** Av Paulista 2073, São Paulo. **Map** 4 E2. **Tel** (011) 3285 3696. Cine SESC

Rua Augusta 2075. Map 4 E2. Tel (011) 3064 1668.

Cultura Inglesa Rua Deputado Lacerda Franco 333. Tel (011) 3032 4888.

#### CHILDREN

Fundação Parque Zoológico de São Paulo Av Miguel Stefano 4241. Tel (011) 5073 0811.

#### Playcenter

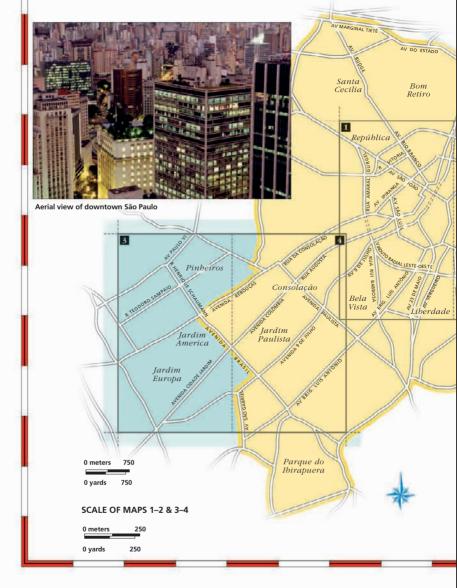
Rua José Gomes Falcão 20, Barra Funda. **Tel** (011) 2244 7529. www.playcenter.com.br

#### SOCCER

Estádio Morumbi Praça Roberto Gomes 1, São Paulo. Tel (011) 3749 8000.

# SÃO PAULO STREET FINDER

ap references given in this guide for entertainment venues, shopping areas, and other attractions in São Paulo City refer to the Street Finder maps on the following pages. Map references are also provided for São Paulo City restaurants (*see pp399–401*) and hotels (*see p374*). The first figure in the map reference indicates which Street Finder map to turn to, and the letter and number that follow refer to the grid reference on that map. The map below shows the different areas of São Paulo City – Centro, Bela Vista, Jardins, and Jardim Paulista – covered by the five Street Finder maps. Symbols used for sights and useful information are displayed in the key below. An index of street names and important places of interest marked on the maps can be found on page 136.



#### STREETWISE IN SÃO PAULO

São Paulo has one of the highest crime rates of any city in the world. However, most of the violence is restricted to the isolated areas dominated by the favelas (shantytowns), which lie on the periphery of the city far from the upmarket areas more frequented by visitors. Though you are unlikely to meet with serious trouble in São Paulo, it is important nonetheless to take all adequate precautions. Visitors are required to carry their identification documents at all times





Visitors must exercise greater caution while traveling in certain parts of the city, including the district of Luz, areas around the city's main train station, Praça da Sé, Praça da República, and Praça Roosevelt. Be careful in the city center late at night, as well as in the cheap accommodation area around Rua Santa Efigênia.

Cameras, credit cards, and cash should be kept out of sight, preferably in a money belt, with a few notes left in a pocket or handbag. It is wise to withdraw cash only during the day and use ATMs that are within the bank premises rather than in a crowded street.

The metro is safe for commuting during the day, but it is recommended to use taxis after dark. These can be booked through a hotel or rented at one of the many taxi stands.

Driving and navigation in São Paulo is difficult. Carjacking and red-light robberies are common after dark. The new traffic law allows drivers to slow down

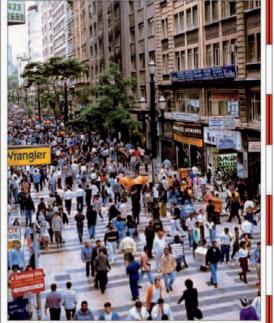


Polícia Militar booth in São Paulo, responsible for traffic checks

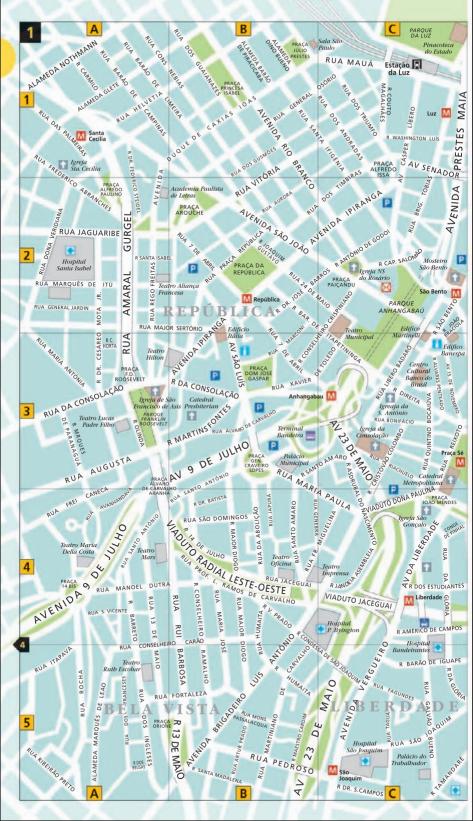
at red lights and continue driving without stopping if there is little or no traffic on the roads.

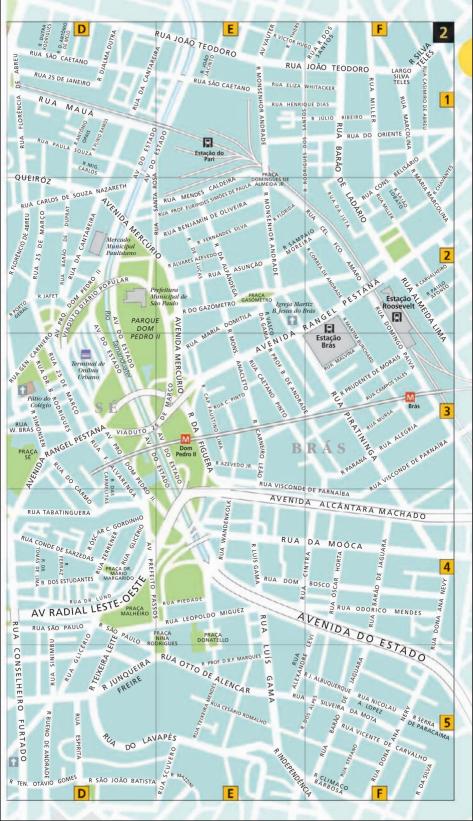
If held up or driven at gunpoint to an ATM machine, avoid any provocation that could prove fatal.

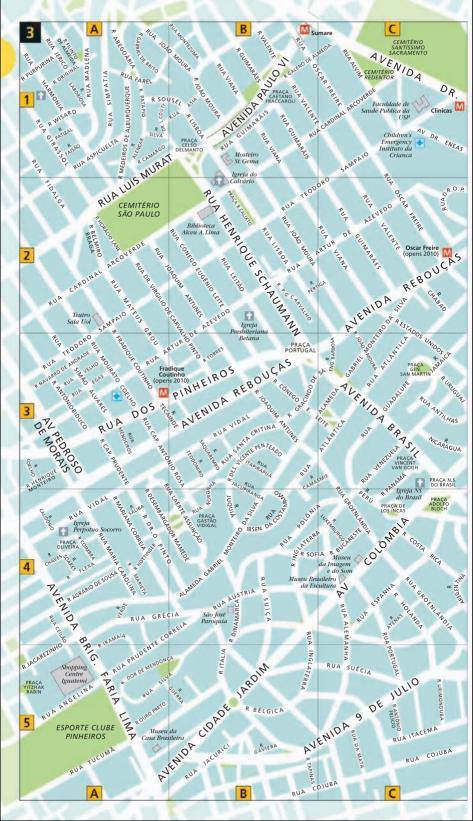
There have been many incidents in recent years of organized violence by the PCC (Primeiro Comando da Capital) against public servants and police. In the unlikely event of PCC activity, it is advisable to stay in your hotel.

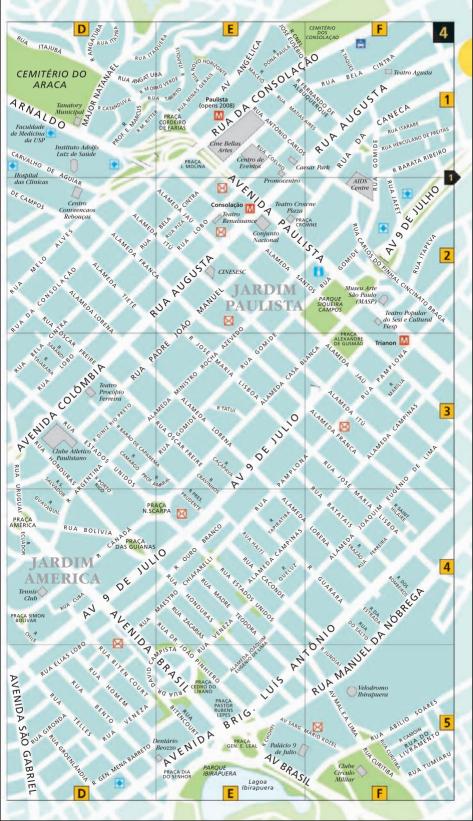


Crowded shopping street lined with a selection of stores, São Paulo











# SÃO PAULO STATE

ão Paulo is famous for its beaches, pristine island resorts, spectacular surf, and majestic rainforests. Divided into Litoral Norte and Litoral Sul, the state's coastline is one of the most incredible in the southern half of Brazil. São Paulo's agricultural hinterland is the reason it is Brazil's economic powerhouse. It is also home to a diverse range of immigrant communities.

The colony of Brazil was officially established in São Vicente (present-day Santos) in 1532 by Martim Afonso de Souza. The handful of sailors that remained formally named the beach São Vicente and as pioneers, had to fend for themselves in a new land, coping with assaults launched by the local Tamoio Indians Settlements followed shortly after in nearby Santos and in São Sebastião, opposite the island of Ilhabela, now a beautiful resort. All towns in the region preserve interesting sights and legacies dating from their early colonial days.

Most visitors, however, come to the São Paulo coast not for history but for sand, surf, and rainforest. Ilhabela, Brazil's largest tropical island, Ubatuba, whose 70 beaches stretch to the state's far north, and Guarujá, similar to Copacabana in Rio City, with similar amounts of high-rise buildings facing the ocean, are the most popular destinations. All three have beaches that have consistently been rated among the nation's top ten by the country's tourist magazines. Puma and ocelot still hunt in the wild Atlantic mountain forests which lie only a short distance behind them.

The full majesty of the Atlantic coastal forest, the Mata Atlântica, unfolds around Estação Ecológico Juréia-Itatins, and Cananéia in the Litoral Sul. Lush ridges, waterfalls, and abundant plant life are its main attractions. The forest is also home to a wide array of animals, birds, and brilliantly colored butterflies. One of the loveliest spots is Ilha do Cardoso, a boat-ride from Cananéia, where caimans can be seen basking in the sun on the beaches.

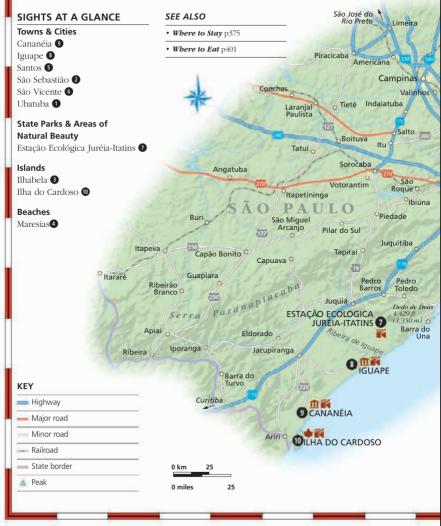


Stream flowing through the lush Mata Atlântica near Ubatuba

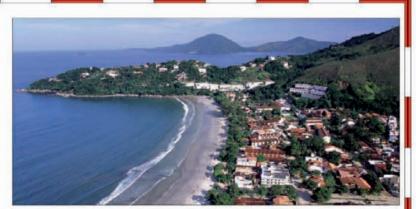
# Exploring São Paulo State

The São Paulo coast is divided into the Litoral Norte, which stretches towards Rio in the northeast from the port city of Santos, and the Litoral Sul, which stretches from Santos towards Paraná state. The Litoral Norte is one of the most heavily visited coastlines in southeastern Brazil. Beaches on the Ilhabela, Brazil's largest tropical island, and the resort of Ubatuba, are magnificently backed by towering spurs swathed in tropical rainforest. The sands of the Litoral Sul are darker and siltier than those of the Litoral Norte. Around Cananéia and Juréia, and stretching into Paraná, are the largest tracts of lowland coastal forest outside the Amazon. The beautiful beaches of the Ilha do Cardoso are just a boat ride away from Cananéia.





For additional map symbols see back flap



The beautiful Praia das Toninhas in Ubatuba



Itanhaém

#### GETTING AROUND

There are two large airports - international and domestic - in São Paulo City. Regular bus services ply between São Paulo City and the major towns on the coast, but reaching the best of the beaches requires a car. The main routes to the coast are the Anchieta and Imigrantes highways between São Paulo City and Santos. From Santos, the route north follows the Rio-Santos (SP-055), which passes through all the major beach towns and heads into Rio de Janeiro state. The Litoral Sul can be reached by SP-055, which reaches only as far as the northern part of Juréia State Park. Towns farther to the south can be reached off highway BR-116.



Verdant Mata Atlântica (Atlantic rainforest) in São Paulo



Picinguaba beach in Ubatuba with Serra do Mar mountains in the distance

Proieto Tamar

signboard

## Ubatuba 🛛

Av Iperoigi 56,000. 😿 🚃 🚹 Av Iperoigi 306, (012) 3833 9007.

Lying at the northern extreme of São Paulo state and sitting at the feet of the Serra do Mar mountain range, Ubatuba is a little beach resort with a small colonial center lined with terraced houses. Glorious beaches surround the resort.

The most popular beaches, especially those south of the town center such as **Praia Grande**, have an excellent infrastructure, including play areas for children. Buses running along the coastal road pass other nearby

beaches, such as **Enseada**, **Piçinguaba**, and **Flamengo**.

Even in high season it is easy to find a quiet stretch of sand or lonely cove tucked away along the coast to the south of Ubatuba.

The Aquário de Ubatuba in the center of the town contains some of the largest tanks and most diverse range of tropical marine life in all of Brazil. The office of the **Projeto Tamar**, a Brazil-wide organization that monitors and preserves turtle nesting beaches, is also located in town. Visitors are permitted to witness turtle hatchings under supervision.

The Serra do Mar rises in a vertiginous green wall only a short distance north of Ubatuba and an easy drive away from the town. Carpeted in thick primary forest, the Serra is home to many endangered endemic species. Birdlife, too, is prolific in this picturesque mountainous area.

#### Environs

The twin beaches of **Domingas Dias** and **Lazaro**, whose crystal-white sands curve gently on either side of a forest-clad promontory, are located 11 miles (18 km) south of Ubatuba. The



**Norte**, just north of Ubatuba, which has the best waves on the Litoral Norte.

➤ Aquário de Ubatuba Rua Guaraní 859. Tel (012) 3834 1382. 10am-8pm Sun-Tue, 10am-10pm Fri & Sat. 8

 Projeto Tamar
 Rua A. Atanázio 273. Tel (012) 3832
 6202. 10am–6pm Mon, Tue, Thu & Sun; 10am–8pm Fri & Sat.

# São Sebastião 2

São Sebastião was founded in the early 17th century, when Brazil's coastline was cloaked in a forest larger than the Amazon, North of Guanabara Bay was Tamoio indigenous country, and São Sebastião became the northernmost Portuguese outpost for the indigenous slave trade. As it grew, the city became one of the country's first sugar growing centers and the thirst for slave labor became unquenchable. The city was also among the first to receive Africans in the slave trade.

Although most people who come to São Sebastião do so merely to pass through on their way to Ilhabela, the town has a colonial center of historical importance which merits at least a couple of hours' leisurely stroll before departing.

São Sebastião's colonial streets lie in the few blocks between the shoreline and the Praca Major João Fernandes at the heart of the city, easily recognizable by the imposing 17th-century church, the Igreia Matriz. which watches over it. This is largely a 19th-century reconstruction devoid of much of its original church art. However, the refurbished Museu de Arte Sacra housed in the 17th-century chapel of São Goncalo, a block to the south of the church. preserves a number of beautiful, delicate images



Façade of Igreja Matriz, São Sebastião

For hotels and restaurants in this region see p375 and p401

of Christ. Dating from the 16th century, these images were found within cavities in the wall of the Igreja Matriz during its restoration in 2003.

There are also a few streets lined with Portuguese houses and a number of civic buildings, the most impressive of which is the **Casa Esperança** on the waterfront. Built from stone and wattle and daub congealed with whale oil, the exterior is whitewashed with lime made from thousands of crushed shells. The Casa contains some faded but original 17th-century ceiling paintings and statuary.

#### 🐨 Casa Esperança

Av Altino Arantes 144. 
9am– 5pm Mon–Fri, 7–10am Sat & Sun.

#### 🔒 Igreja Matriz

Praça Major João Fernandes. **Tel** (012) 3892 1110. D 9am–noon & 1–7pm daily.

**① Museu de Arte Sacra** Rua Sebastião Silvestré Neves 90. *Tel* (012) 3892 4286. ○ 1–6pm Tue–Sat. Ⅰ ∅

# Ilhabela 🛛

 28,000. from São Sebastião to Perequê. Praça Vereador José
 Leite dos Passos 14, Barra Velha, (012)
 3895 7220. from Pesta de Camarão (Aug). www.ilhabela.com.br

One of Brazil's largest islands, Ilhabela rises steeply out of the Atlantic, a short distance offshore from São Sebastião With a coastline sculpted by dozens of bays and beaches, it is covered in rainforest. much of it cut by fast-flowing mountain streams. Visitors from São Paulo throng here during weekends, but during the week (outside of holiday season), the island is all but deserted. Much of the forest is protected as part of the Parque Estadual de Ilhabela and there is plenty of wildlife, including ocelots and several species of primates. Biting flies, or borrachudos, on the island make insect repellent essential.

Ilhabela has just two roads. One is paved and runs the entire length of the western, leeward coast. Most of the numerous *pousadas* and guesthouses lie here, as do the villages of **Perequê** (where



Waterfront at Vila Ilhabela with 18th-century cannon

the ferry arrives), Borrifos, São Pedro, and Vila Ilhabela. The latter has a few colonial remains. Rusting 18th-century cannons adom its waterfront and there is a little avenue of Portuguese buildings, including a 16th-century church, the Matriz de Nossa Senhora d'Ajuda.

The island's other road is a dirt track, usable only by four-wheel drives, which cuts across the interior from Perequê into the park and to the windward beaches. The most spectacular of these is the Baía de Castelhanos a perfect half-moon of sand backed by rainforest covered slopes. The island's longest beach, and the best for surfing, is **Bonete** which is 9 miles (15 km) south from Borrifos village, along a rough forest trail.

Ilhabela's forests are dripping with waterfalls, but many are either completely



Visitors relaxing outside a café in Vila Ilhabela

inaccessible or reachable only by trail. A short distance inland from Perequê beach, **Cachoeira da Toca** waterfalls plunge in a series of little cascades into swimming pools, replete with water slides. **Cachoeira da Água Branca** is larger with more swimming pools. It is an hour's walk along a trail which begins at the entrance to the state park, a short distance beyond the turn-off to Cachoeira da Toca.

Numerous shipwrecks off Ilhabela also make it a popular scuba diving destination, despite the murky water.

Cachoeira da Toca
 Estrada Baía de Castelhanos.
 24 hrs daily.

### Maresias 4

3,000. **1** Praça Pordo Sol, in Boiçucanga, 4 miles (7 km) W of Maresias, (012) 3865 4335.

South of São Sebastião lie a number of beautiful beach resorts. Maresias, the liveliest of the lot, is busy with young, hip Paulistanos at weekends and holidays. Praia de Maresias is famous for its powerful surf. which has been the site for many international surfing competitions. Toque Toque Grande and Toque Toque Pequeno. 6 miles (9 km) southeast, are smaller, quieter beaches, sheltered by rainforestcovered spurs. There are plenty of pousadas and restaurants on, or just off, the São Sebastião road, which runs along the coast.







Stained-glass skylight, depicting a representation of Brazil, the Mãe Douro, Bolsa e Museu do Café, Santos

### Santos 6

🔼 418,000. 🚃 🚹 Setur, Largo Margues de Monte Alegre, (013) 3201 8000. www.santos.sp.gov.br

When Santos was founded in 1535, it was one of Portugal's first New World settlements Since the mid-16th century when neighboring São Vicente was established. Santos had been a

port. First it dealt with sugar, and then with African slaves However, it grew rich on coffee which was brought out of the mountains on Brazil's first trains, built by the British in the late 19th century.

Unlike São Vicente. Santos has preserved vestiges of its historical legacy, and under recent enlightened municipal governance, is reinventing and refurbishing itself. Once decrepit, the city

center is undergoing a spruceup and is now very attractive. Scottish trams in British racing green run through its streets. taking visitors on a whistlestop tour of the various attractions. The city center is also small enough to stroll around and have a closer look at these sights on foot

The iewel in the city's crown is the Art Nouveau Bolsa e

Museu do Café Its



Scottish tram

The Bolsa was once open only to wealthy (and exclusively male) coffee barons who traded here When it was built, coffee was the most important and coveted commodity in Brazil.

FOOTBALL LEGEND PELÉ



Pelé during Champions World Series 2003, New York

Regarded as the world's most famous sportsman, Pelé was born in Tres Corações. Minas Gerais. He started his career in Santos when, in 1956, the Santos Futebol Clube signed him. Soon, he was offered a place in the Brazilian national team, and went on to play in three of Brazil's five World Cup winning teams. Since his

retirement in 1977, Pelé has worked as a charity patron Goodwill Ambassador for UNICEF. In 1992, he became the UN Ambassador for Ecology and Environment. In 1995, he was appointed Minister of Sports, a post he resigned after becoming caught up in one of the rumored, or real, corruption scandals that blight Brazilian politics.

The auction room is crowned by a magnificent stained-glass skylight, with an arresting representation of Brazil, the Mãe Douro: crowned with a star and rising from flames in a landscape thick with tropical animals and startledlooking indigenous people. The skylight and the beautiful Neo-Renaissance painting of Santos that adorns the walls of the stock exchange are by Brazil's most celebrated mid-19th-century artist. Benedito Calixto (see p30).

A number of Calixto's paintings are displyed in the Fundação Pinacoteca Benedito Calixto, which is housed in one of the few remaining coffee baron mansions. The landscapes shown here give an idea of the city's once breathtaking natural beauty.

Santos has a handful of interesting churches, but the only one open to the public is the Santuário Santo Antônio do Valongo. The church's mock-Baroque interior dates from the 1930s. The fine original 17th-century altarpiece remains preserved in the Franciscan chapel to the left of the main entrance. The statue of Christ is particularly striking. Next door to the church is the British-built terminus of the now defunct Santos-São Paulo railway. Built between 1860 and 1867, the station is vaguely reminiscent of London's Victoria.

The once-filthy city beaches are now much cleaner and are lively with bustling bazaars, and people playing volleyball and football, every evening and weekend.

A monument to the thousands of Japanese-Brazilians who arrived in São Paulo state in the early 20th century sits here together with the small but popular Aquário de Santos. In addition to a stunning range of tropical marine life, it displays three of the five species of sea turtles found in Brazil The beaches lying farther out in the Baía de Santos (Bay of All Saints) bustle with activity at the weekends

For all its history, it is for football that Santos is most famous outside Brazil Pelé played here for almost all his professional life. The Santos Football Club has an excellent museum, the Memorial das Conquistas

devoted to the club's illustrious history.

#### Aquário de Santos

Av Bartolomeu de Gusmão, Ponta da Praia. Tel (013) 3236 9996 8am-6pm Tue-Fri, 8am-8pm Sat & Sun

Bolsa e Museu do Café Rua 15 de Novembro 95. Tel (013) 3213 1750. 9am-5pm Tue-Sat, 10am-5pm Sun. 🚱 🙍

#### Fundação Pinacoteca Benedito Calixto

Av Bartolomeu de Gusmão 15. Tel (013) 3288 2260. 🖸 2–7pm Tue–Sun. 🛍

#### 1 Memorial das Conquistas

Rua Princesa Isabel 77 Vila Belmiro Tel (013) 3225 7989. 3 9am-7pm Tue-Sun, 1–7pm Mon. 🐻 🍯 prior booking required. 💋

#### Santuário Santo Antônio do Valongo

Marquez de Monte Alegre 13. 🗖 8am–6pm Tue–Sun. 🗃

#### IAPANESE IMMIGRATION

Brazil has the largest number of ethnic Japanese outside Japan, and almost all their ancestors arrived at Santos Immigration began in earnest after the Russo-Japanese War (1904-5). Although Japan emerged victorious, the penalty was high, leaving the poorer Japanese population with a bleak future. São Paulo seemed to offer hope as the state was rich in coffee and workers were in short supply.

The first Japanese ship to land was the Kasato Maru, which brought 165 families to Santos on June 18, 1908. They left for the coffee plantations in the Mogiana region. By the beginning of World War II. almost 150.000 Japanese had arrived. After Monument, Santos freeing themselves from their labor



lananese Immigration

contracts, communities began to grow in metropolitan São Paulo (see p145) and other parts of Brazil.

### São Vicente 6

418.000. . www.saovicente. sp.gov.br

The pleasant, laid-back port town of São Vicente is known more for its historical significance than the usual tourist attractions

In 1532 Martim Afonso de Sousa established a small settlement on the eastern shores of South America. Thus Brazil was born in the words of Afonso's brother with "each man as lord of his own property, and private injuries redressed, and all the other benefits of a secure and sociable life." São Vicente is the scene of that noble beginning, though only a handful of relics belonging to that distinguished past can be found today.



Proud display of trophies at the Memorial das Conquistas, Santos

First capital of the Captaincy of São Vicente, as São Paulo state was formerly known São Vicente won the epithet of "Cellula Mater" (Mother Cell) for being Brazil's first organized town. The 18thcentury Baroque parish church, the Igreia Matriz de São Vicente Mártir. is one of the very few historical buildings in the city to have survived the ravages of time. A tidal wave destroyed the first church built close to this site by Martim Afonso shortly after his arrival. The second parish church was built inland on this present site. However, it fared no better, and was ransacked by pirates. The current bulding, standing on its ruins, is named in honor of the Spanish saint who is patron of the city.

Also in the city center are the remains of Martim Afonso's former home. and the first brick building in Brazil. These are housed inside the impressive late 19th-century Casa Martim Afonso, along with a few other interesting pieces of colonial bric-a-brac.

#### ft Casa Martim Afonso

Rua Martim Afonso 24. Centro. Tel (013) 9134 7602 9am–5pm Tue–Fri; 10am–6pm Sat, Sun & public hols.

🔒 Igreja Matriz de São Vicente Mártir Praca João Pessoa s/n, Centro ] irregular timings.



Striking hills in the Estação Ecológica Juréia-Itatins

# Estação Ecológica Juréia-Itatins 🛛

en to Iguape, then taxi. 1 Av São Pedro 189, Barra do Ribiera, Iguape, (013) 3849 1293. 8

Brazil's coastal rainforest stretches in a series of rippling mountains and lowland forests cut by broad rivers, mangrove wetlands, and pristine beaches all the way through from Peruibe in southern São Paulo state to Paranaguá in Paraná. The Estação Ecológica Juréia-Itatins sits at the northern end of this rainforest, protecting 316 sq miles (820 sq km) of Mata Atlântica.

Access to the ecological station is restricted to daytime visits only, and must be arranged through the park authorities in Iguape, just south of Juréia-Itatins. Only certain areas are open to the public, and most of these areas require prior permission before entering. Iguape is a good base for information on organized tours. This is one of the most important breeding grounds for marine species in the southern Atlantic and the myriad forest types growing here protect one of the world's greatest diversities of vascular plant, vertebrate and invertebrate species. There is a unique range of birds. butterflies and mammals Many larger animals, such as jaguars and tapirs, which have all but disappeared from coastal Brazil, live in healthy numbers here.

Iuréia itself protects a wide variety of habitats, as a result, the scenery is magnificent. Lush green forest swathes the high slopes of the Serra do Itatins in the eastern extremity of the park and continues all the way through to the lowland coastal areas, mixing with mangrove wetlands and perfuming the park's extensive beaches. These beautiful stretches of fine sand, many of which are cut by clear rivers or washed by waterfalls, are so deserted that caimans can occasionally be seen basking in the sun at dawn.

# Iguape

 Preifetura Rua 15

 de Novembro 272, (013) 3841 3358.

 www.guiadeiguape.com.br

This pretty little colonial town sits in a pocket of the Brazilian coastal rainforest. the Complexo Estuarino Lagunar de Iguape-Cananéia-Paranaguá, in the midst of breathtaking scenery. The verdant Serra do Mar mountains rise up behind the town which is surrounded by pristine mangrove wetlands and lowland subtropical forest on all sides including the wilds of the Estação Ecológico Iuréia-Itatins to the north. The Mirante do Morro do Espio is a lookout point with a fabulous view of the port and surrounding area.

Iguape was founded in 1538 by the Portuguese. No buildings remain from that time but the city center preserves the largest collection of post-17thcentury colonial architecture in the state. Most are civic buildings and town houses painted in thick primary colors and clustered around **Praça São Benedito**, a sleepy central square watched over by a towering 18th-century basilica.

There are also two small museums in the city center. The **Museu Histórico e Arqueológico** is housed in a 17th-century building which was once the first gold foundry in Brazil. It showcases a mixed bag of historical material, from pre-Columbian remains found in nearby middens to artifacts from the slaving era, and early



Rio Ribeira do Iguape estuary and Igreja do Rosário rising over Iguape town

For hotels and restaurants in this region see p375 and p401

photographs. The **Museu de Arte Sacra** in the 18th-century Igreja do Rosário houses some 100 ecclesiastical objects, most of which date from the 18th and 19th centuries.

#### Environs

Just across the Rio Ribeira do Iguape estuary, east of the town center, are extensive stretches of fine white sand beaches which make up the island of **Ilha Comprida**. They are accessible by road, or a 5-mile (8-km) walk across the estuary and sand flats via the pedestrian bridge.

Boqueirão Norte, located immediately across the town, and Praia do Viareggio, 6 miles (10 km) south, are popular in high season and lined with holiday homes. Farther south still and reachable by dune buggy or by car is the far quieter Praia das Pedrinhas.

#### ff Museu de Arte Sacra

Igreja do Rosário, Rua 15 de Novembro s/n. 9–11:30am & 1–5:30pm Mon–Sat. 6

#### Museu Histórico e Arqueológico

Rua das Neves 45. **Tel** (013) 3841 3358. 9–11:30am & 1–5:30pm Tue–Sun. 8

# Cananéia 🛛

Av Beira Mar 247, (013) 3851 1753.

Cananéia is the farthest south of São Paulo's small colonial seaside towns, and like the others, it lies nestled at the feet of the Serra do Mar mountains overlooking stretches of mangrove and an open ocean dotted with forest-covered islands. Outside of the high season few visitors ever make it here and the town's crumbling colonial streets and fig treefilled central square often have a sleepy feel to it.

The most compelling reason to come to Cananéia is to take a boat trip out to the beaches and islands; preferably with plenty of time to spare. Fishing boats and launches can be chartered



Stuffed great white shark, Museu Municipal, Cananéia

from the docks in Cananéia to **Ilha do Cardoso** that lies in the Lagomar bay. Car and passenger rafts take 10 minutes to ferry across the estuary in front of the town to the southern reaches of the **Ilha Comprida**, east of Iguape, and do so several times per day. The beaches here lie a short distance beyond the island's ferry port along a sandy road, which is lined with a handful of tumble-down *pousadas*.

While in Cananéia, it is worth visiting the tiny town museum, **Museu Municipal**, which preserves bits of nautical miscellany. Pride of place among the exhibits goes to what is reputed to be the largest great white shark ever, weighing a hefty 7,716 lb (3,500 kg), now stuffed, painted, and hanging safely from the museum ceiling.

**① Museu Municipal** Rua Tristão Lobo 78. **Tel** (013) 3851 1753. ○ noon-6pm Mon-Fri, 10am-4pm Sat & Sun.

# Ilha do Cardoso 0

from Cananéia. Núcleo Perequê, Cananéia, (013) 3815 1108.

Just a two-hour boat ride south of Cananéia. Ilha do Cardoso, a rugged 37,000-acre (15.000-ha) island, rises dramatically out of the Atlantic Ocean. The island is primarily an ecological preserve which also has beautiful deserted beaches and walking trails. Together with Juréia-Itatins and Superagui (see p339) across the border in Paraná. it forms the core protected area of the Brazilian coastal rainforest. Wetlands, mangroves, extensive beaches. coastal dunes and all of the numerous forest types associated with the Mata Atlântica are found here Several species of turtle nest on the island, caimans live in the rivers and estuaries and jaguars and pumas still hunt in the forests that cover the upper reaches. The island is also rich in birdlife

Pre-Columbian shell middens or sambaauis dot the park's beaches and six traditional *caicara* fishing communities live within the park, preserving a semiindigenous way of life which has so far largely resisted the pressures of urbanization. *Caicara* tidal fish traps can be seen in the shallows of the various little rivers and bays, attesting to the strong indigenous heritage the communities preserve to this day. Many of the caicaras act as guides and boatmen.



Virgin beach on Ilha do Cardoso, near Cananéia





# NORTHEAST Brazil



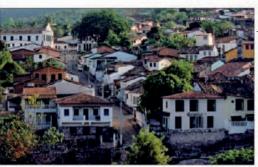
INTRODUCING NORTHEAST BRAZIL 174–179 Bahia 180–207 Sergipe, Alagoas & Pernambuco 208–225 Paraíba, Rio grande do norte & Ceará 226–243 Piauí & Maranhão 244–255

# Northeast Brazil at a Glance

Comprising the nine states of Bahia, Sergipe, Alagoas, Pernambuco, Paraíba, Rio Grande do Norte, Ceará, Piauí, and Maranhão, the Northeast is truly a tropical paradise. Most of the states have three distinct areas – the fertile coastal strips with idyllic sand beaches giving way to the intermediate hilly areas with lush Atlantic rainforests, also home to a variety of fauna, and finally the vast semi-arid interiors. The beaches here range from the fascinating Canoa Quebrada beach in Ceará, to Genipabu and its sand dunes in Rio Grande do Norte, Porto de Galinhas in Pernambuco, and the Fernando de Noronha archipelago, among many others. The legacy of the Northeast's colonial history can still be seen in numerous, impressive historic monuments in Salvador, Olinda, and São Luís.



São Luís (see pp252–5), capital of Maranhão, was founded by the French. It is a town with a beautiful historic core, Centro Histórico, with cobbled streets and 3,500 pastel-colored colonial buildings, which have been renovated. A UNESCO World Heritage Site, it is one of Brazil's finest examples of Portuguese architecture.



**Lençóis** (see p204), in Babia, is the perfect starting point to explore the Chapada's caves and waterfalls, or to hike up the 3,937-ft (1,200-m) surrounding peaks. Miners flocked to this area during the gold and diamond rush.



RAZIL

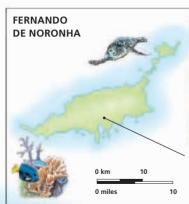
NORTHEAST

Teresina (see p248)

> 0 km 100 0 miles 100

BAHIA pp180-207)

174





Fernando de Noronha (see pp224–5), part of Pernambuco, comprises 21 islands. The warm, clear waters here offer Brazil's best scuba diving and snorkeling experience.





Natal (see p236), capital of Rio Grande do Norte, is a popular sunshine destination. The beaches around Natal, with huge moving dunes, shaped by the shifting wind, create fascinating landscapes of snowy white sand.



Salvador (see pp184–95), capital of Babia, has beautifully restored complexes of Baroque churches and palaces, built during the 18th-century sugar boom. Its historic center is a UNESCO World Heritage Site, offers a unique glimpse into Brazil's history and is the crown jewel of Portuguese architecture.

# Afro-Brazilian Culture

A direct legacy of three centuries of slavery, the presence of African culture in the Northeast makes the region distinctly different from the rest of Brazil. Throughout the slavery period in colonial Brazil, there was little or no sanction on miscegenation. Over the years, masters, slaves, former slaves, and their descendants integrated into the new society of Brazil, creating an interesting blend of cultures and bloodlines with Portuguese, Dutch, West African, and Indian elements. This has uniquely resulted in what is now called Afro-Brazilian culture, visible in the people, clothing, food *(see pp178–9)*, religion, and music of the Northeast.



Colorful ribbons, bringing luck if tied around the wrist

#### MUSIC

Africans brought along their fine command of percussion. Bahia's characteristic brand of Afro-Brazilian music grew in many forms, with *axé* beccoming the signature sound of Salvador's Carnaval. In Pernambuco, as many as 13 distinct rhythms developed, including Recife's signature beat, *frevó* (*see p217*). During the 20th century, African music became part of the mainstream. Samba won acceptance in the 1930s.



Pop star Carlinhos Brown is one of the traditional singers who have become world-famous with their percussion-beavy rhythms. This noted advocate of Afro-Brazilian culture bails from Babia.



#### CAPOEIRA

A rhythmic, dance-like form of martial arts, *capoeira* was once practised only by slaves and former slaves. Over the years, it came to put less emphasis on fighting and more on the cooperative elements of dance and display, with rhythmic, graceful moves (*see p199*).



Traditional instruments

used in capoeira mainly constitute berimbau, a single-stringed percussion instrument featuring a steel string and a bollowed-out gourd; atabaque, a large drum, and the pandeiro, which resembles a tambourine. Capoeira was a way for the slaves to continue practising martial arts, with kicks disguised as fluid body movements. Increasingly popular, today it is taught and performed all over the region, and indeed the world.

#### RELIGION

Of West African origin, most of Brazil's original slave population believed in a pantheon of deities, or *orixás (see p194)*. Each *orixá* was endowed with its own personality and unique powers, and was associated with a particular set of natural elements. The Portuguese, however, insisted that all new arrivals be forcibly converted to Catholicism. The struggle gave rise to Candomblé, a blending of Catholicism and the African beliefs (*see p35*).



Festive celebrations, such as the Lavagem do Bonfim (see p195), can be experienced in and around Salvador. The day is meant to bonor Yemanjá, the Goddess of the Sea. The ceremonies blend Catholic-style processions with African beats and music.



Many of the Bahian arts and crafts are strongly influenced by Afro-Brazilian traditions. The Mercado Modelo (see p192) in Salvador is a good place for souvenirs. Look for berimbaus and percussion instruments, sometimes painted in bright colors, as well as masks and pottery.

Wooden masks are intricately carved and decorated with stones, sbells, and beads. The nortbeastern masks are allegoric representations of the orixás.



Colorful figurines are produced by local artisans as part of the rich pottery tradition in the Nortbeast. Drawn from popular folklore, these figurines are sold througbout the region.

#### DRESS

The most striking sartorial examples of African influence are the Baianas, the women in turbans and long white dresses, often seen on the streets of Salvador selling *acarajé (see p179)*. The ensemble is believed to be derived from the traditional dress of women in Nigeria. While their dresses are often similar, each Baiana wears a different set of jewelry to pay homage to her particular *orixá* (deity).

#### Colorful beads and trinkets can be bought from the Baianas. Every color is known to denote a specific orixă; the blue is for Oshun, wbile red represents Yansā.



A young Baiana can be seen in layers of starched lace skirts, a shoulder cloth, bigh turban, and yellow and white beads and accessories.



# The Flavors of Northeast Brazil

Northeast Brazil has two distinct regional cuisines, a reflection of both culture and climate. The narrow, densely populated coast, rich in fresh fruit and sugar cane and bordered by a generous sea, is home to an African-descended population who flavor their food with coconut milk and red *dendê* (palm) oil. The interior, or *sertão*, is arid semi-desert, given over to cattle tended by the cowboy descendents of Portuguese immigrants. The interior cuisine consists of sober, simple dishes, whose staples include sun-dried meat, manioc (cassava) root, rice, and black beans.



Distinctive *caju* fruit of the cashew tree, showing the nut

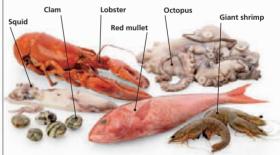
#### **COZINHA NORDESTINA**

When Brazilians refer to cozinba nordestina (northeastern food) they usually mean the dishes of the hot, dry hinterland. Fresh ingredients are few here, and refrigeration virtually nonexistent. Ingredients include the more resilient vegetables such as beans, corn and, especially, manioc. Meat – beef or, just as often, goat – in the Northeast is usually either sun-dried (*carne de sol*) or air-dried and heavily salted (*carne seca*). Both are served in small portions, often shredded, and mixed in with either beans, rice, or manioc. Manioc, indeed, is a centerpiece of northeastern cooking. Sliced into strips and fried, the sweeter version of this versatile root is known as *macaxeira*. Plain ground manioc flour (*farinba*) is



Spicy cayenne pepper

often served as a side dish; locals put it in their morning coffee. Pan-fried with a little oil, the manioc flour becomes another common side dish, *farofa*. Finally, the lighter parts of the manioc root are made into tapioca, the base ingredient of desserts and breakfast pancakes. Desserts in the Northeast are usually simple mixtures of sugar and tapioca or cornflour, often covered in condensed milk. Also popular are small and



Some of the fish and seafood of Brazil's Atlantic coastline

#### **REGIONAL DISHES & SPECIALTIES**

Bahian cuisine is the most popular and sophisticated in all of the Northeast. The cooking is characterized by the use of coconut milk, hot peppers, and, importantly, dendê oil, which gives the dishes their deep orange Dendê oil color. This oil is extracted from a palm tree that was brought to Brazil by African slaves. Signature Bahian dishes include moqueca, vatapá, and bobó de camarão. All are variations on a tasty seafood stew. Traditionally, a *moqueca* is cooked in a large clay pot and served with white rice and a serving of pirão, a manioc paste. Both bobó de camarão and camarão na moranga (see p393) feature large, juicy prawns cooked in coconut milk. The camarão na moranga comes served in a hollowed-out pumpkin shell, its broth thickened with the addition of fresh, sweet pumpkin, locally called jerimum.



**Bolinho de bacalhau** is a Portuguese snack made from mashed potatoes and shredded salt cod.



Baiana woman in traditional all-white costume, selling acarajé

intensely sweet portions of dried and concentrated fruits, such as *caju* (cashew), *jaca* (jackfruit), *goiaba* (guava), and banana, usually consumed together with a small, very sweet cup of coffee.

#### **FISH & SEAFOOD**

The long Atlantic coastline from Bahia to Maranhão vields a wealth of fish shellfish, and crustaceans. Everywhere on the coast. the guaiamu, a small, blueshelled crab with tasty meat. is usually steamed and served up as an appetizer. Larger, soft-shelled crabs are also popular, served steamed and eaten whole. including the shell. Another crustacean is the *cavaauinha*. a small lobster known for its sweet and tender meat, but the full-size south Atlantic

lobster is also found to the north, around Ceará. Large and succulent shrimp are another regular menu item. However, the tastiest northeastern shrimp, the *pitu*, is a freshwater variety. Spicy *pitu moqueca* is among the best featured on any menu.



Grated manioc root ready to be processed into tapioca

#### ACARAJÉ

Acaraié is one of the most popular snacks, especially in Bahia. Cooked only by Bajanas, it was originally served as an offering to Yansã the Goddess of Tempests, Balls of mashed black-eved beans are fried in dendê oil then cut open and served with dried shrimp. vatapá (shrimp paste), caruru (okra stew), and hot sauce Abará is another kind of acaraié, steamed and served on a banana leaf with the same toppings.

#### ON THE MENU

**Baião de dois** Made with rice, beans, cheese, and garlic, this dish is often served with sunor air-dried meat.

**Caldo de sururu** A rich broth made from tiny clams with coconut milk, *dendê* oil, coriander, and spices.

**Carne de sol** Goat meat or beef is sun-dried to seal in moisture. It may be served grilled or sautéed.

**Casquinha de siri** A savory appetizer of shredded crabmeat flavored with coriander, coconut milk, and spices.

**Tapioca** Small pancakes made with tapioca, served stuffed with sweet or savory fillings.

Xinxim de galinha Chicken sautéed in *dendê* oil with ginger, dried shrimp, and cashew nuts. Served with white rice and manioc flour.



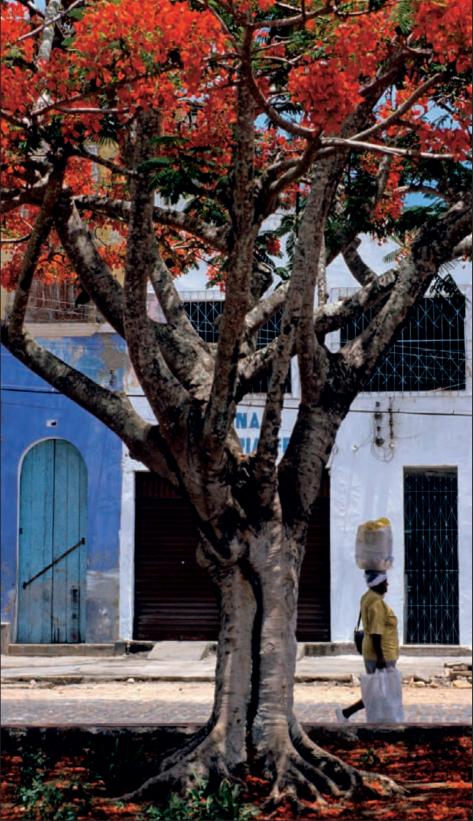
**Moqueca** is a rich fish dish made with coconut milk, dendê oil, cayenne pepper, and coriander (cilantro).



**Ensopado** *is a seafood and coconut milk stew made without* dendê *oil, making it lighter in flavor.* 



**Cocada** is a sweet made with sugar and coconut. The darker variety is sweetened with dried sugarcane juice.



# BAHIA

be largest state in the Northeast, Bahia is known for its endless stretches of stunning beach along the Atlantic coast. The idyllic white-sand coast is dotted with laid-back resorts along its length. Beyond the gorgeous beaches and plains, where most of Bahia's population lives today, lies the sertão, an arid semi-desert covered in caatinga, small trees used for cattle grazing.

When the Portuguese first arrived in Bahia in 1500, the entire 621-mile (1,000-km) coastline was covered in a swathe of lush green Atlantic rainforest. Today, only a few pockets of the rainforest remain along the coast in isolated patches. Inland from the coast, the Portuguese successfully established the cultivation of sugar cane, and later cotton and cocoa in the Recôncavo, a narrow, flat, well-watered plain, which they called the *agreste*.

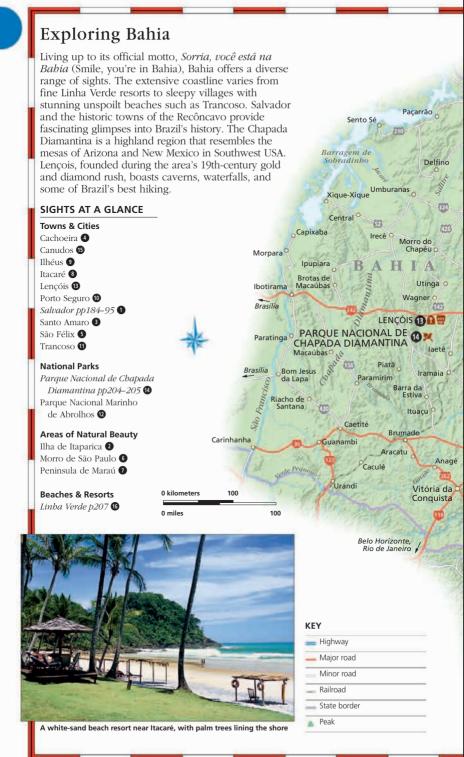
Bahia played a key role in the history of Brazil. Salvador, its capital, was founded in 1549, and served for over two centuries as the administrative and political center of colonial Brazil. The legacy of that period is on display in Salvador's colonial core, Pelourinho, a jewel of colonial Baroque churches, cathedrals, and palaces. Bahia was also the key point of entry for the thousands of slaves brought to Brazil from ports in Africa. The legacy of that trans-Atlantic trade can be seen in Bahia's cultural diversity. The state has

Brazil's highest percentage of Afro-Brazilian residents. Bahia's percussion-driven music, the fast fight-dance known as *capoeira*, and the spiritualist Yoruban Candomblé religion all have their roots in Africa.

In addition to these legacies, visitors to Bahia can experience one of Brazil's longest and most beautiful coastlines. Fine beach resorts such as Praia do Forte and Costa do Sauípe lie to the north of Salvador. To the capital's south, there are small villages such as Morro de São Paulo and Itacaré. Inland, Bahia provides unique hiking amid the mesas and valleys of the Chapada Diamantina.



A view of the Parque Nacional Marinho dos Abrolhos, comprising an archipelago of five islands









A Baiana under Mario Cravo's towering A Cruz Caida

#### SEE ALSO

• Where to Stay pp376-8

• Where to Eat pp401-403

#### GETTING AROUND

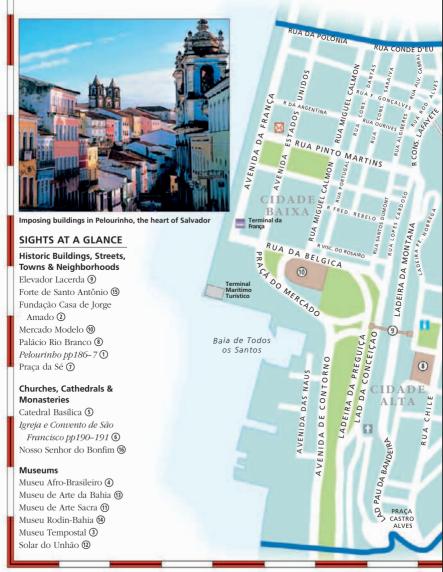
Bahia is large, and the roads are mostly precarious. However, the Linha Verde (BA-099), which runs north along the coast from Salvador to the border with Sergipe, provides easy, quick access to the beach towns. Traveling south from Salvador, the BR-101 runs parallel to the coast, about 37 miles (60 km) inland. Access to beach towns on the southern coast is via secondary roads. The best way to get around is to fly to one of the major destinations, such as Salvador, Ilhéus, or Porto Seguro, and proceed by bus to explore the surrounding regions. The main destination inland, the Chapada Diamantina, is a drive from Salvador on the BR-324, BR-126, and BR-242 highways. Lencóis in the Chapada Diamantina can be reached by road and plane.

# Salvador 0

Founded by the Portuguese in 1549 on the protective shores of the Baía de Todos os Santos (Bay of All Saints), Salvador is Brazil's fourth largest city, after São Paulo, Rio de Janeiro, and Belo Horizonte. Modern Salvador offers a fascinating blend of old and new. In the colonial heart, Pelourinho, the cobblestoned streets are lined with the restored 17th- and 18th-century palaces and Baroque churches. The city's recent growth has been eastwards along the beaches that face the Atlantic. The city's vibrant community of musicians draws from the region's African and Portuguese heritage, blending these into a unique Bahian sound.



Azulejos in the cloisters of Igreja e Convento de São Francisco



#### GETTING AROUND

Most of the attractions in Salvador are concentrated in Cidade Alta (Upper City), linked to the Cidade Baixa (Lower City) by a furnicular railway and the Carlos Lacerda elevator. The historic neighborhood of Pelourinho is located downtown, on top of a bluff overlooking the harbor. The main sights outside Pelourinho are within walking distance of the bustling waterfront. Bus services easily connect to every part of the city. Travelers coming from the south can take BR-101 around the Baía de Todos os Santos and connect to the BR-324. Those arriving from the north can follow the BR-009, called the Linha Verde.



#### VISITORS' CHECKLIST

X 2,400,000. X 22 miles
 X 24 miles
 X 24 miles
 X 25 km) from city center. Av
 Antônio Carlos Magalhães 4362,
 Pernambués, (071) 3450 3871.
 Av Oscar Pontes 1051, (071) 3254 1020. Rua Francisco
 Muniz Barreto, Pelourinho, (071) 3321 2463. Autor da dily market at
 Mercado Modelo, Praça Cayru,
 (071) 3241 2893. Autor Lavagem
 do Bonfim (Jan), Carnaval (Feb).
 Www.emtursa. ba.gov.br



#### KEY

Area of the main map

#### KEY

	Street-by-Street area: see pp186–7
昗	Train station
141	Bus station
×	Post office
H	Tourist information
	Church
-	Highway
-	Major road
	Minor road
_	Railroad

#### SEE ALSO

• Where to Stay p377

• Where to Eat pp402-403

# Street-by-Street: Pelourinho ①

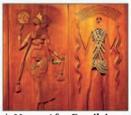


Detail on church facade

The crown iewel of Salvador is the restored historic center. Pelourinho, which means whipping post. This originally described only the small triangular plaza in the heart of the city where slaves were publicly flogged. Located on a high bluff overlooking the commercial city below, Pelourinho was built by the Portuguese in the boom years of the 18th and 19th centuries as a residential and administrative center. Abandoned for a

greater part of the 20th century, Pelourinho

was designated a UNESCO World Heritage Site in 1985. Today, visitors can explore its magnificent colonial houses, Baroque churches, and museums.



★ Museu Afro-Brasileiro The large wood carvings of the Candomblé deities by renowned artist Carvbé are the highlights of this museum of Afro-Brazilian culture (4)

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Terreiro de Jesus one of the most beautiful squares in Pelourinho, was laid out in 1549 by governor Tome de Souza.

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Catedral Basílica Built in 1657, the renovated cathedral bas a cedar wood altar. and two smaller side altars. both covered in thin layers of gold (5)

Praca da Sé offers views across the Baía de Todos os Santos 🕡



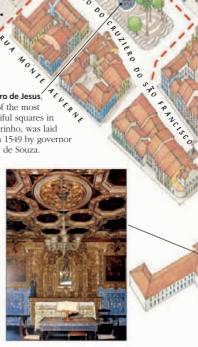
Pastel-hued buildings along the slope of Pelourinho

#### STAR SIGHTS

- ★ Museu Afro-Brasileiro
- ★ Igreja e Convento de São Francisco
- ★ Fundação Casa de Jorge Amado

## ★ Igreja e Convento de São Francisco

A silver chandelier weighing 176 lb (80 kg) hangs over the ornate carvings of this richly embellished church (6)



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ALVER NE

186

Igreja Nossa Senhora do Rosário dos Pretos

Built by slaves in the 18th century, the church remains the center of Afro-Brazilian traditions in Pelourinho.



## **VISITORS' CHECKLIST**

 Bahia.
 Barra from Praça da

 Sé.
 Rua Laranjeiras 12, (071)

 3321 2133.
 Sa30am-9pm

 daily.
 Terça da Benção (every

 Tue).
 Igreja Nossa Senhora do

 Rosário dos Pretos Praça José
 de Alencar s/n.

 Jereja Nossa Senhora do
 Sam-6pm

 Jugreja da Ordem Terceira de
 São Francisco Rua Inácio

 Accioli.
 Tel (071) 3321 6968.

 8:30am-5pm daily.
 8:30am-5pm daily.

 8:30am-5pm daily.
 8:30am-Ked & Sun.



★ Fundação Casa de Jorge Amado The lovely café inside Foundation House, which is dedicated to the life of one of Brazil's most famous authors, is decorated with hundreds of book jackets from Amado's novels published around the world ④

Museu Abelardo Rodrigues One of Brazil's largest private collections of sacred art is boused in this imbressive museum.



Igreja da Ordem Terceira de São Francisco

The fine 18th-century sandstone façade of this church was rediscovered only in the 1930s. Craftsmen chipped away at plaster for nine years to reveal this marvelous building.

KEY

🗕 🕳 Suggested route



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## Fundação Casa de Jorge Amado 2

Largo do Pelourinho s/n. **Tel** (071) 3321 0070. 9am–6pm Mon–Sat. www.jorgeamado.org.br

Although Brazilian author Iorge Amado (1912-2001) never lived in Pelourinho many of his beloved novels were set in this neighborhood (see p200). Opened in 1987. the Casa de Jorge Amado is a small museum housed in a pretty blue colonial building located at the top end of Largo do Pelourinho. It is one of the main monuments dedicated to Bahia's most famous author. Its four floors comprise the entire archive of his work and include a research center.

The collection on display consists mostly of covers of his books and personal belongings that tell the story of his life. A mural on the ground floor shows the languages into which his works have been translated; over 60 in total.



Covers of Amado's books exhibited at Fundação Casa de Jorge Amado

## Museu Tempostal 3

Rua Gregorio de Matos 33, Pelourinho. **Tel** (071) 3117 6383. 1–6pm Tue–Sat. 🜠

Housed in a beautiful colonial building in the heart of Pelourinho, this museum displays only a fraction of founder Antônio Marcelino's collection of 30,000 postcards and photographs. Most date from the 19th and 20th centuries. Antique postcards comprising the main display tell the history of Salvador as



Antique postcard displayed at the Museu Tempostal

it has developed and grown. Some cards are enlarged to give visitors a better view of the photographic details. A smaller exhibit of Belle Époque postcards showcases some elaborate samples of postcard "art," some adorned with embroidery, others painted like aquarelles.

## Museu Afro-Brasileiro ④

Praça XV de Novembro, Terreiro de Jesus s/n. **Tel** (071) 3283 5540. 9am–6pm Mon–Fri, 10am–5pm Sat & Sun. 🚱

This small museum in the former Faculty of Medicine building houses a collection of photographs, artwork and artifacts all related to the African diaspora in Brazil. The main exhibit displays objects and crafts from the original African cultures of regions such as Angola and Nigeria where Brazil-bound slaves were captured. The highlight of the collection is the 27 lifesized wood carvings of the orixás (see p177) by Bahian artist Carybé (1911-97), depicting their weapons and regalia, together with the animals or domain over which they are thought to rule. Yemanjá, Goddess of the Sea. is shown with a fish and seashells and the mirrors and trinkets offered to her by supplicants; the warrior Ogun is shown with his sword and armor.

# Catedral Basílica 3

Salvador's main cathedral, built between 1657 and 1672, is considered to be one of the richest examples of Portuguese Baroque architecture. The cathedral's façade is made of Portuguese *lioz*, a type of limestone. The interior walls and tall pillars are also covered with the pale-colored stone, giving the church a bright and spacious feel.

The vaulted ceiling of the main nave is made from wood. The decorations are carved in relief and stand out from the ceiling with an almost three-dimensional effect. The main altar and two smaller side altars are also carved out of wood and covered in gold leaf.

Dedicated to St. Francis, the altar contains a silver-plated statue of Nossa Senhora das

> Maravilhas (Our Lady of Miracles), which is said to have inspired Father Antônio Vieira, a 17th-century Jesuit priest who fought against the enslavement of indigenous people. His fiery, anti-slavery sermons did not sit well with the Inquisition, who subsequently ordered his arrest. The former

Yansã, Candomblé Goddess of Tempests, at Museu Afro-Brasileiro Jesuit library now holds a small museum of religious art. The collection includes silver and gold religious artifacts such as chalices and candleholders. The most modern piece in the cathedral is the powerful German organ with more than 500 pipes, 18 registers, and two keyboards.



Altar of Catedral Basílica, the main cathedral of Salvador

## Igreja e Convento de São Francisco ©

See pp190-91.

## Praça da Sé 🗇

Memorial das Baianas Praça da Cruz Caida. *Tel (071) 3222 9674.* 9*am–7pm daily.* 

Pelourinho's Praça da Sé blends the modern with the historic. The square is a transition point between the Terreiro de Jesus and the Praça Tomé de Sousa. Renovations have added fountains and benches, so people can linger and enjoy the *capoeira* presentations or other cultural events often held in the square. There is a lookout point, the Belvedere, on the north side of the square which provides a beautiful view of the Lower City and the Baía de Todos os Santos (Bay of All Saints).

Just to the left and down a few steps from the Belvedere is the **Memorial das Baianas**, which pays homage to the women who have become such a symbol of Salvador. The memorial shows and explains the ceremonial clothing and accessories worn by Baianas (*see p177*), and often show-cases the works of modern Bahian artists. There are also photographs of famous Baianas from the past.

## Palácio Rio Branco ®

Praça Tomé de Sousa s/n. **Tel** (071) 3116 6520. **O** 9am–6pm Mon–Fri.

The original Palácio Rio Branco has nothing in common with the building that currently goes by that name. The first palace was built on this site in 1549 to house Bahia's first governor, Tomé de Sousa. The Portuguese queen and later the prince regent resided in this palace temporarily in



Preparations for a cultural show outside Palácio Rio Branco

1808, when the entire Portuguese court relocated to Rio de Janeiro in order to escape Napoleon's invasion of Portugal (*see p52)*. The building survived until 1900, when the whole structure was leveled and then rebuilt from scratch in Renaissance style.

A fire in 1912 forced another major overhaul, giving the building the eclectic look it still has today. Used as an official government building until 1979, the Palácio Rio Branco was rededicated in 1986 as a cultural foundation, the Centro Memoria da Bahia. The former reception hall on the ground floor now tells the history of Bahia's 40 governors through paintings, historic documents, and their personal belongings.



Art Deco Elevador Lacerda with market stalls below

## Elevador Lacerda 3

Praça Tomé de Sousa s/n (Upper City); Praça Visconde Cairu (Lower City). 24 hrs daily. 18 &

Built by merchant Antônio Francisco de Lacerda in 1873 from the original Jesuitinstalled manual pulley, the famous Elevador Lacerda connects Salvador's Upper and Lower cities.

The Elevador Lacerda is a popular site in Salvador, used by more than 30,000 people daily. The elevator's current Art Deco look dates from a 1930s restoration. Four elevators make the 236-ft (72-m) trip up vertical shafts in just 30 seconds, where the view across the bay on a clear day is simply stunning.

# Igreja e Convento de São Francisco 6

The complex of the Church and Convent of St. Francis is one of Brazil's most impressive Baroque monuments. The complex was constructed between 1708 and 1750. The convent's church stands out for its rich and opulent interior. The inner walls and the ceiling are largely covered in gold leaf. The main altar and the large side altars are magnificently carved out of wood and in typical Baroque style, ornately decorated with angels, birds.

Statue of St. Francis

**St. Francis** mermaids, fruits, and leaves. An enormous silver chandelier hangs above intricate wooden carvings, and hand-painted blue-and-white Portuguese tiles.



★ Franciscan Shield Featuring the crossed forearms of Jesus and St. Francis, the shield represents the bond between the two.



São Pedro de Alcântara The altar of São Pedro de Alcântara, carved by Brazilian artist Manuel Inácio da Costa, is a particularly fine example of Brazilian Baroque.



#### Façade The church façade dominates the Largo de São Francisco with imposing twin bell towers.

### **STAR SIGHTS**

- ★ Franciscan Shield
- ★ Main Altar
- ★ Azulejos

Doors and windows in bright tones adorn the outer walls of the church.

#### Oil Painting of St. Francis

The oil painting depicting an event in the life of St. Francis in the church entryway is one of the classic examples of Brazilian Baroque Illusionism.



#### ★ Main Altar

A statue of Jesus on the cross with St. Francis by his side graces the main altar. The blue-and-white tiles behind the main altar tell the life story of the saint. The gold-and-white motif is offset by dark jacaranda wood bandrailings.

### VISITORS' CHECKLIST

Largo Cruzeiro de São Francisco, Praça Anchieta, Pelourinho. Tel (071) 3322 6430. ⊗ 8am–5pm Mon–Sat, 8am–4pm Sun. Sound & Light Show 11:30am & 4pm Mon & Wed–Sat. Igreja Terceira Ordem de São Francisco Rua Inácio Accioli. 8:30am– 5:30pm Mon–Sat, 1–5pm Sun.

**Detailing** of pure gold leaf decorates the church interior.



*Closters These secluded interior arcades are where the monks of St. Francis would gather for prayer or quiet contemplation.* 



## Black Saint, Saint Benedict

Two of the side altars are dedicated to black saints such as Santa Efigênia, an Ethiopian princess, and São Bento, the son of African slaves.



#### ★ Azulejos

Brought over from Portugal in 1743, the decorative tiles are based on the etchings by Flemish painter Otto van Veen in his book of moral emblems.

## IGREJA TERCEIRA ORDEM DE SÃO FRANCISCO

The ornately carved and detailed sandstone façade of the church of the Third Order of St. Francis next door is the only one of its kind in Brazil. The façade remained hidden for many years behind a layer of plaster, only to be uncovered accidentally when wiring was being installed in the 1930s. The church also has a museum and a room of Franciscan tombs.



Soapstone exterior of the church



Pretty lace hammocks displayed in the stalls outside the Mercado Modelo

## Mercado Modelo 10

Praça Visconde de Cairu, Comércio, Cidade Baixa. **Tel** (071) 3241 2893. 9am–7pm Mon–Sat, 9am–2pm Sun.

The Mercado Modelo was built in 1861 as a customs building. The square behind the market, now used by capoeiristas (see p199), was where boats would dock to unload their merchandise for inspection. The building was transformed into an indoor craft market in 1971, and renovated after a major fire in 1984. Nowadays, the Mercado's two floors house 259 stalls that offer a variety of northeastern arts and crafts. Popular items include naive art paintings of Pelourinho, berimbaus (a stringed instrument), embroidered lace tablecloths, hammocks, colorful hats, spices, and sweets.

## Museu de Arte Sacra ®

Rua do Sodré 276. Cidade Alta. **Tel** (071) 3283 5600. 🗋 11:30am– 5:30pm Mon–Fri. 🌌

One of Brazil's best collections of religious art can be found in this museum, which is housed in a former Carmelite convent. The serene and beautiful structure was built between 1667 and 1697, and serves as the perfect backdrop for the varied exhibits, which include statues, icons, paintings, *oratorios* (portable altars), and numerous finely-wrought silver crosses, candlesticks, chalices, censors, and other artifacts from the 16th to 19th centuries.



The Museu de Arte Sacra, housed in a 17th-century convent

## Solar do Unhão ®

Av do Contorno s/n. **Tel** (071) 3117 6139. **Museu de Arte Moderna** 12:30–6pm Tue–Fri & Sun, 12:30– 9pm Sat. **Tel** (071) 3117 6130.

A renovated colonial sugar mill, the Solar do Unhão beautifully blends the old and the new. The original design is typical of the 17th century – a chapel, a big house with slave quarters on the lower floor, and a large mill where cane was transformed into sugar.

During the sugar boom of the 18th century, the owners added a courtvard fountain and a full-size church. Nossa Senhora da Coneição. After the sugar trade collapsed in the 19th century, the Solar was used variously as a factory, a warehouse, and naval barracks. Finally, in the 1940s it was designated a National Historic Monument and chosen as the site for the Museu de Arte Moderna A series of renovations restored the buildings to their former glory, while upgrading the facilities to include eight exhibit rooms, a theater. and a library.

The complex also houses an excellent restaurant, besides displaying paintings, etchings, and sculptures by some of Brazil's best-known modern artists. In the evenings, it hosts a presentation of traditional Bahian dance and folklore, held in the former slave quarters.



and numerous finely-wrought | Exterior of the Solar do Unhão, once a colonial sugar mill

For hotels and restaurants in this region see p377 and pp402–403

## Museu de Arte da Bahia ®

Av 7 de Setembro 2340, Vitória. **Tel** (071) 3117 6903. 2–7pm Tue–Sun.

The Museu de Arte da Bahia offers a glimpse of the opulent lifestyle of Salvador's colonial elite. The collection includes paintings, *azulejos*, furniture, silverware, glass, china, and crystal used by the local ruling families during the 18th, 19th, and early 20th centuries.

The south wing holds landscape paintings by such artists as José Joaquim da Rocha.

## Museu Rodin-Bahia 🐵

Rua Graca 284. **Tel** (071) 3117 6910. 10am–6pm Tue–Sun.

This small museum, housed in a 19th-century mansion near Barra, holds four original Rodin sculptures and a further 62 models made by Rodin prior to construction of the final pieces. Among them are *The Kiss* and *The Thinker*.



The Forte de Santo Antônio, topped by the lighthouse

## Forte de Santo Antônio ®

Praça Almirante Tamandaré, Largo do Farol s/n, Barra. **Tel** (071) 3264 3296. 8am-7:30pm Tue-Sun.

One of Salvador's best-known landmarks, the Forte Santo Antônio was erected in 1535. The fort was strengthened in the early 17th century, in response to Dutch attacks on the coast, and upgraded to its present star shape at the beginning of the 18th century. A lighthouse atop the fort was originally built in 1698, and is still used by boats navigating the entrance to the bay.

Inside the fort, the Museu Hidrográfico (Museum of Hydrography) shows historic navigation instruments and a variety of charts. There is also a notable collection of coins and China from a Portuguese galleon that foundered in 1668. off Rio Vermelho beach.

The fort also boasts a café with an outdoor terrace offering sweeping views of Salvador's skyline.

#### CARNAVAL IN SALVADOR

Salvador's signature event, the Carnaval is celebrated during February or March. The center-piece is the *trio elétrico*, a giant flatbed truck carrying a massive array of speakers, topped by a rectangular stage. The tradition was started in the 1950s with Dodó and Osmar, two local musicians who took their music to the street on top of a 1929 Ford. Running out from behind the *trio elétrico* truck, a large roped-off area serves as a movable dance floor. Access to this area is restricted to those in an *abadá*, or uniform-style tank top. Revelers outside the roped-off area are called *pipoca*, or popcorn, as they pop up everywhere.

*Blocos* parade along one of three routes – Pelourinho, mostly for smaller and more traditional groups, while Campo Grande runs through the narrow streets of downtown Salvador, and Ondina goes through the beachside neighborhoods of Barra and Ondina. Performers at the Carnaval include major Brazilian artists such as Daniela Mercury, Caetano



Costumed dancers at the Salvador Carnaval

Veloso, Gilberto Gil, Carlinhos Brown, and popular groups such as Olodum, Ara Ketu, and Chiclete com Banana. In addition to these namebrand performers, there are Afro-Brazilian *blocos* such as Ilê Aye, which only allows people of black heritage in their parade. The queen of the Carnaval is Ivete Sangalo, a noted exponent of *axé*, Bahia's unique rhythm that combines pop with *samba* and Afro-Brazilian beats.

The grand finale occurs in the wee hours of Ash Wednesday. All the various *blocos* make their way to Praça Castro Alves for the Encontro dos Trios, a last late-night jam that marks the closure of the Carnaval.



Exquisite Portuguese azuleio (tile work) at Nosso Senhor do Bonfim

## Nosso Senhor do Bonfim <sup>®</sup>

Largo do Bonfim s/n. Tel (071) 3316 2196. 7–11am & 2–5pm daily. Tam, 8am & 5pm Tue-Sun.

Nosso Senhor do Bonfim (Our Lord of Good Success) stands atop a small hill on the Bonfim Peninsula a strip of land jutting out into the Baía de Todos os Santos

about 6 miles (10 km) north of Pelourinho. The church was built between 1746 and 1754 by Captain Rodrigues de Faria in fulfilment of a pledge he made in the midst of a fierce Atlantic storm. While the hilltop setting is picturesque, what sets the church apart is not its architecture. but the role it plays in Bahia's Afro-Brazilian religion The church is dedicated to God the Father, but it also honors

Oxalá, the supreme deity in the Candomblé religion (see t)177).

On Fridays, worshippers dress in white and dedicate their pravers to Oxalá. On other days, in a small chapel just to the right of the main altar, one can visit the Sala dos Milagres (Chamber of Miracles) Believers come here to offer items made of wax, wood, or even gold. The item represents a miracle that has been bestowed upon them. The room is packed with replicas of hearts, lungs, livers, and breasts, as well as babies, houses, and even cars.

Outside, visitors are besieged with offers of fitas, little colored ribbons purchased as a good luck charm. The ribbon is meant to be tied around the wrist with three knots and a wish is made for each knot. The ribbon is then worn until it falls off in order for the wishes to be granted.

# Salvador's Atlantic Coast

The tip of Porto da Barra is the beginning of a string of ocean beaches. The best beaches for swimming and sunbathing are close to the southern edge of the city. The best beach close to the city center is Porto do Barra. Farther out, Amaralina's food stalls and acarajé (see p179) kiosks are popular on weekends. Itapoã is known for its calm waters and reefs that form natural pools at low tide.



Ondina's beautiful beach is lined with many of Salvador's biggest and best botels that look out over the foamy waves.

**Rio Vermelho** is the starting point of a procession honoring Yemanjá (see p41).

CARIOS MA

PITUBA

Praia da

Pituba

DA CIDADE

JOVENTINC

SILVA

Amaralina

Porto da Barra is the closest swimming beach to Salvador's bistoric center. The lighthouse here is a great place from which to watch a spectacular sunset over calm waters.

Historic

Porto da BARRA Barra

> æ Praia do Farol da Barra Praia de Ondina

Ondina

Praia do Rio Vermelho

SANTA

CRUZ

Praia de 💼

Amaralina

194

The impressive 16th-century Forte de São Felipe is located close to the church, in the neighborhood of Boa Viagem. Just below the fort is the popular beach, Praia de Boa Viagem, which is usually bustling with locals and lined with busy stalls selling a variety of trinkets and snacks on weekends.

# Forte de São Felipe Monte Serrat, Boa Viagem. Tel (071) 3313 7339. Sam4pm Mon-Thu, 8–11:30am Fri.



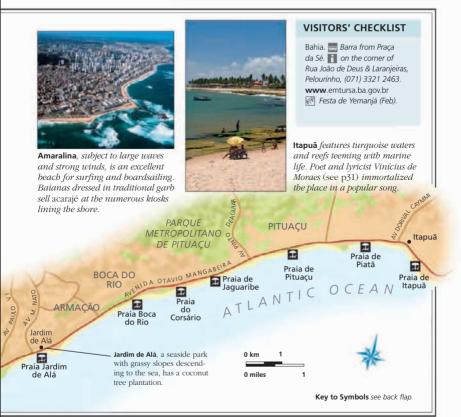
Colorful ribbons on the railing outside Nosso Senhor do Bonfim



A group of colorfully dressed women during Lavagem do Bonfim

#### LAVAGEM DO BONFIM

Salvador is home to some of the largest celebrations of the Candomblé religion. One event that occurs each year at the Nosso Senhor do Bonfim is the Lavagem do Bonfim (Washing Ceremony), which takes place on the third Thursday of January. A procession of thousands of devotees makes its way from Salvador city center to the church. Once the procession has reached the church, women in traditional white lace dresses wash the church steps with perfumed water in honor of Oxalá. The tradition is said to stem from the days when the slaves were not allowed inside the church and had to worship outside. The Catholic church does not entirely approve of the ceremony, and keeps its doors shut throughout the festival.





Ilha de Itaparica, one of the tropical islands in the Baía de Todos os Santos

## Ilha de Itaparica 🛛

The largest island in the Baía de Todos os Santos (Bay of All Saints), with summerhouses lining its shore, Itaparica is a popular weekend refuge for the residents of Salvador.

Located on the northern tip of the island, the main city is guarded by the Forte de São Lourenço, which was built by the Dutch in 1711. Among the island's main attractions are some historic buildings, including the 1622 Nossa Senhora da Piedade (Chapel of Our Lady of Piety) and the 1610 Iereia de São Lourenco.

The island is connected to the mainland by a bridge at its narrow southern tip. The **Praia da Penha**, 10 miles (6 km) south, is a lovely beach with views of Salvador. The region's biggest resort, **Club Med**, lies on the Praia da Conceição, 12 miles (19 km) south of town.

## Santo Amaro 🛛

M 60,000. m from Salvador.
✓ Bembé do Mercado (May 13–18).

The laid-back town of Santo Amaro lies in the Recôncavo, the fertile zone at the top end of the Baía de Todos os Santos, which has formed the backbone of Salvador's colonial economy for almost 300 years. The region's high humidity, abundant rainfall, and rich soils were condusive to growing tobacco, and more signicantly, sugar cane. Until the crash of the sugar economy in the 19th century. Santo Amaro remained the focus of Recôncavo's sugar industry Dilapidated mansions of the erstwhile sugar barons can still be seen along the old streets. Nowadays. this unpretentious town is known for its paper industry. It is also famous as the home town of Caetano Veloso and Maria Bethânia two of Brazil's most popular singers.

Many of the slaves, who were brought from Africa to work on plantations, remained in the Recôncavo after slavery was abolished in 1888. The region still has a very high percentage of Afro-Brazilian residents, and Santo Amaro plays a key role in preserving their distinct traditions. Every year, the city commemorates the abolition



Lush hillsides in the Recôncavo, covered with sugar cane

of slavery with a five-day festival of the Bembé do Mercado. During this time. offerings are made to Yemaniá. Goddess of the Sea. to celebrate freedom of religion. In the main square in front of the town market local groups put on caboeira performances. Theater performances of pieces, such as Nego Fugido (Runaway Slave), recount the story of slaves fleeing their masters to join quilombos, independent communities set up by runaway slaves.

In an effort to keep folkloric traditions alive, the Afro-Brazilian community also organizes presentations of the lesser-known *maculelê* sword dance, an African fight-dance, and *samba de roda* dances performed by women.

## Cachoeira 4

M 30,000. ➡ Praça da Aclamação 4. K Festa da Boa Morte (Aug 13–15).

Historically more powerful than the other two main towns in the Recôncavo – Santo Amaro and São Félix – Cachoeira was also the most prominent. Its strategic location, between the Baía de Todos os Santos and the roads leading inland, made it an important crossroads between Salvador and the rest of the state.

The city once had a busy river port on the Paraguaçu. Boats sailed upstream from Salvador to load up with



Cobblestoned streets lined with colorful houses in Cachoeira

sugar and tobacco produced in the Recôncavo region. The town's privileged position as a commercial center is reflected in its imposing colonial architecture. However, with the creation of road access to Salvador, Cachoeira lost its key position and its port gradually faded away.

In the old city center, many of the city's churches and wealthy merchants' houses are still standing, although in

a dilapidated condition. The city has, however, begun to renovate and preserve its historic center. As a cultural hub of the Recôncavo region, Cachoeira celebrates the Festa da Boa Morte, one of the most important features of the Candomblé religion. Today, the city is as much celebrated

for its robust wood-sculpting tradition, as its production of the best tobacco in Brazil.

São Félix **9** 

🛲 from Cachoeira.

Regarded as the twin of Cachoeira, São Félix lies just across the Rio Paraguaçu, on a hillside overlooking the river. The railway bridge connecting the two towns was commissioned by Dom Pedro II, and built by British engineers in 1895. Cars, trains, and foot traffic all share the

rickety railway bridge.

Several times a day,

São Félix comes to a

trains roll right through

not as impressive as

Cachoeira. São Félix

used to earn a living

in its own right as

Larger in size, though

standstill as freight

the town center



Coronas cigar box, São Félix

 Félix a producer of fine charutos (cigars).
 The heart of this industry was the Dannemann cigar factory, founded in 1873 by German cigar-maker. Gerhard Dannemann Blessed by optimum conditions for growing and processing tobacco the Dannemann factory quickly became one of the region's finest cigar producers. The region still produces Dannemann cigars. but the original factory has now been converted into a cultural center, known as the Centro Cultural Dannemann A small exhibit of old machinery tells the story of the early factory days. On weekdays, it is possible to watch the factory workers rolling cigars.

# E Centro Cultural Dannemann

Av Salvador Pinto 29. **Tel** (075) 3425 2208. 38am–5pm Tue–Sat, 1–5pm Sun.



Market scene in São Félix, with a vendor selling fruit



Members of the Sisterhood of the Good Death in festive regalia

## FESTA DA BOA MORTE

Celebrated from August 13 to 15, the Festa da Boa Morte (Festival of the Good Death) is one of the most important events of Candomblé (see p35), a blend of African spirituality and Catholicism. The ceremonies are held by members of the Sisterhood of the Good Death, a religious and self-help organization composed entirely of women of African descent. The festival honors both the *ivás* (female spirits of the dead), and the Assumption of the Virgin Mary. A Catholic mass is followed by a large procession through the historic streets of Cachoeira. The women come dressed in multilavered lace skirts and blouses, white turbans, and traditional accessories in honor of various orixás (deities). At the head of the procession, they carry a statue of the Virgin Mary. At the end, the women prepare an all-white meal of rice, fish, potatoes, onions, and other white-colored foods. Samba de Roda, a dance based on the African circle dances, marks the end of the ceremonies. Women take turns dancing in the circle to the pounding rhythm of the drums. Onlookers may also be called on to dance.



The ruins of Fortaleza do Tapirando in Morro de São Paulo

## Morro de São Paulo 6

M 50,000. X from Salvador. from Salvador. 1 (075) 3652 1104. www.morrodesaopaulo. com.br

Although within easy reach of Salvador, the coast immediately south of the state capital does not have many large, developed tourist destinations, apart from Morro de São Paulo. Now a picturesque beach destination Morro de São Paulo, on the northern tip of Ilha da Tinharé, once played a key role in the coastal defences of Bahia. In 1630, Governor General Diego Luiz de Oliveira ordered Fortaleza do Tapirando to be strategically built here where it could control the Itaparica channel. one of the main approaches to Salvador. The ruins of the fort have been designated a National Heritage Site. The view of the sunset from the fort's crumbling walls is spectacular, and dolphin sightings are quite common.

Still accessible only by boat or plane, Morro maintains much of its original charm. No cars are allowed in the village. Lined with *pousadas*, boutiques, and restaurants, the "streets" are made of sand, and wheelbarrows and bicycles are the primary means of transportation. In the evenings, the village square transforms into a craft market, the small stands often lit only by candlelight, making for a very cozy atmosphere. Morro's beaches are famous in Brazil for their parties. During high season, there are parties every night and the beaches are packed. Most nights start around midnight when Primeira beach fills with locals and visitors who dance axé and drink fruity cocktails As you move away from the village, the beaches get wider and less developed. Segunda and Terceira beaches feature progressively more scattered pousadas. From Ouarta beach onwards the coast remains blissfully undeveloped. offering long stretches of white sand backed by waving groves of coconut palms.

#### Environs

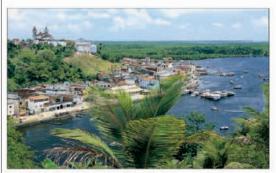
Just south of Morro, **Ilha de Boipeba** offers a quiet, idyllic island getaway, with pristine, deserted beaches. Ponta de Castelhanos is especially known for diving. Travelers can get here via boat from Morro de São Paulo. Visitors coming from Salvador can access Boipeba by road, heading down the BA-001.

## Peninsula de Maraú 🖸

The main destination at the northern tip of the Peninsula de Maraú is Barra Grande a delightful, remote fishing village. Beautiful beaches are scattered along the entire length of the peninsula, but it is difficult to get around without a car. Four wheel drives ferry passengers from bousadas to various beaches around the peninsula. Alternatively, the 31-mile (50-km) walk across various palm-fringed beaches along the coastline is spectacular.

Most of the peninsula is covered in native Mata Atlântica rainforest which has been relatively well preserved. The Baía de . Camamu. one of Brazil's largest bays, separates the peninsula from the mainland. The long dirt road heading down the peninsula (often impassable after rains) leads to some of the best beaches. facing the open ocean. Praia Taipús de Fora. 4 miles (7 km) south of Barra Grande, is considered one of Brazil's most beautiful beaches. At low tide, the coral reefs form a clear, natural pool, perfect for snorkeling and swimming.

There are also a handful of small fishing villages scattered along the coast. Local fishermen offer excursions to **Lagoa Azul** (Blue Lagoon), scenic view points, bay islands, and down the Rio Maraú.



Peninsula de Maraú, overlooking the Baía de Camamu

# Capoeira

Bahia, the birthplace of *capoeira*, offers visitors plenty of opportunities to see this dazzling and mesmerizing mixture of dance, gymnastics, and martial arts. *Capoeira* was developed by African slaves within Brazil as a form of self-defense against their brutal slave masters. The music was added as a disguise. Many slaves successfully escaped and formed *Quilombos (see p215)*. Outlawed in 1890 and forced underground, Aberimbau

the sport made a slow comeback over the next few decades as white Brazilians began to accept and celebrate the African aspects of Brazil's culture. *Capoeira* was fully rehabilitated in the 1930s, when President Vargas, calling it "the only true Brazilian sport," invited one of the most renowned *capoeiristas* of the day, Mestre Bimba, to perform in the presidential palace. Today, Mestre Bimba's school in Pelourinho

A Deriniba

**Berimbau**, a single-string instrument that produces a metallic droning sound, sets the *capoeira* beat.

African drums are the additional instruments used in *capoeira*.



**The roda**, or the circle in which capoeria is always performed, is created by participants who sit or stand and clap to the beat of a single-stringed berimbau. The people who form the roda will take turns, usually with no predefined order, to go inside the circle and participate.

#### **CAPOEIRA MOVES**

*Capoeiristas* exhibit incredible muscle control, strength, and flexibility as they carry out acrobatic moves, while keeping their opponent at bay. The *capoeira* moves are carried out at lightning speed, but with a dance-like fluidity, where each move is a combination of skill, balance, and beauty.



Escorpião, or the scorpion move, is a combination of back flips and cartwheels. Both opponents try to create a beautiful performance.



Au malandro starts like a cartwheel, but only one band goes down while the opposite leg kicks up in the air in a swift, fluid move.



The esquiva (escape), a low ducking move, is a very common one since capoeiristas primarily attack with kicks and sweeps.



The beautiful and unspoiled Prainha beach in Itacaré

## Itacaré 🛛

18,000. 🔀 Ilhéus. 🚃 👔 Rua João de Souza, Centro, (073) 3251 2329. www.itacare.com

The small fishing town of Itacaré is part of Brazil's famous Discovery Coast. Portuguese explorer Pedro Álvares Cabral (*see p48*), who was the first European to officially "discover" Brazil, landed in Porto Seguro, close to Itacaré, in 1500.

Large areas of protected Atlantic rainforest, which were given World Heritage status by UNESCO in 1999, meet the sea along the coast of Itacaré. Relatively isolated, the town is favored by nature lovers. Itacaré is also known for its relaxed lifestyle and typical Afro-Brazilian culture.

The beaches have enormous waves, making it a popular surfing destination. Most are surrounded by lush forest and can only be accessed on foot. **Prainha**, Itacaré's main attraction, is considered to be one of Brazil's most beautiful beaches, and is accessible only by a trail through the rainforest from Ribeira beach, just south of town.

#### Environs

Known as the **Estrada Parque** (the Park Drive), the road that connects Itacaré to Ilhéus traverses a well-preserved strand of Atlantic rainforest. Care has been taken not to disrupt the ecosystem and to protect animals crossing the highway. In places, nets have been strung from tree to tree to provide safe passage for monkeys crossing the road. The scenic 49-mile (80-km) drive follows the coastline and allows access to a string of beautiful, secluded beaches, many of which have little or no facilities.

## Ilhéus 9

A 221,000. 🗙 🛤 🚺 Setur, (073) 3634 6008.

When farmers began growing cocoa trees imported from the upper Amazon basin in the early 20th century, Ilhéus, the largest city on Bahia's southern coast, established itself as a major cocoa growing region. A disaster of epic proportions struck in 1989, when a parasite infected most of the plantations and destroyed the entire crop. The industry has yet to recover, but several of the old plantations have been converted into museums.

Ilhéus is best known as the setting for several novels by Bahia's most beloved author, Jorge Amado. One of his best books, *Gabriela*, *Clove and Cinnamon*, takes place in the city's historic core at the height of the 1920s cocoa boom. Today, visitors can stroll along the promenades and see the famous Bar Vesúvio and Bataclà Cabaret that feature in his novel. The author's childhood home has been opened to visitors as the **Casa de Cultura Jorge Amado**.

Among the city's other sights is the 16th-century **Igreja de São Jorge**. There are several fine beaches to the north and south of town and **Cururupe**, near the village of Olivença, is a favorite.

#### Ⅲ Casa de Cultura Jorge Amado

Rua Jorge Amado 21. **Tel** (073) 3634 8986. **()** 9am–noon & 2–6pm Mon–Fri, 9am–1pm Sat. **(** 

Igreja de São Jorge Praça Rui Barbosa. irregular hrs.



Casa de Cultura Jorge Amado, childhood home of the famed author

#### JORGE AMADO (1912-2001)



Life-like statue of Jorge Amado, Ilhéus

The son of a cocoa plantation owner, Jorge Amado was born near Ilhéus in 1912. In 1931, Amado moved to Rio to study law, but his heart was already given to literature. That very year, he published his first novel, *O País do Carnaval*. He based his 1958 novel, *Gabriela, Clove and Cinnamon*, on the warring cocoa barons of his native Ilhéus, but infused it with a sense of humor that won him acclaim in Brazil and around the world. *Dona Flor and ber Two Husbands* (1966), *Tieta do Agreste* (1977), and *Gabriela, Clove and Cinnamon* were later turned into

popular and successful films. Armado published 21 novels, which were translated into 49 languages. He died in 2001.



Main square and the Matriz Nossa Senhora da Pena, Porto Seguro

## Porto Seguro 0

Porto Seguro (Safe Port) is officially recognized as the site of the first Portuguese landing in 1500, where Pedro Cabral and his fleet arrived and said mass on Brazilian soil. The city's small historic center (Cidade Histórica) has several stately old buildings. including the Matriz Nossa Senhora da Pena built in 1535 Its altar has an image of Saint Francis of Assisi, which was the first religious statue to be brought to Brazil in 1503. On the same square, the former jail built in 1772 is now home to the Museu de Porto Seguro, which holds a small collection describing the early colonization of the region.

Today, Porto Seguro is best known for its buzzing nightlife, beach parties, music festivals, and the notorious "Passarela do Alcool" (alcohol boardwalk), the nickname for the city's main street where vendors set up kiosks selling fresh fruit cocktails with a heavy alcoholic kick. Visitors looking for a more tranquil holiday experience usually head farther south to the lovely neighboring villages of Arraial d'Ajuda and Trancoso.

South of town are a few beaches that mainly attract backpackers. Less developed, but serene, these beaches can be accessed from Porto Seguro airport, which receives daily flights from all over Brazil. Road access can often be challenging, as distances are long and the coastal highways are in a state of disrepair.

Museu de Porto Seguro
Praça Pero Campos Tourinho s/n.
Tel (073) 3288 5182.
 9am–5pm daily.

## Trancoso 🛛

🔀 Porto Seguro, then bus. 🚃

Though just a short drive from Porto Seguro, Trancoso has a sense of tranquility that sets it apart from the nearby party town. Set on a high bluff overlooking the ocean, the town center or quadrado is a long, grassy space, anchored by a small church and framed by houses. many of which have turned their gardens into tasteful little cafés. Trancoso offers sophisticated services focusing on high-end travelers upscale B&Bs, fine dining. and music. The beaches are backed by red sandstone cliffs, and remain largely secluded and unspoiled.

## Parque Nacional Marinho de Abrolhos **2**

Libama, Praia do Kitongo, Caravelas, (073) 3297 1111. www.ilhasdeabrolhos.com.br

Remote and uninhabited the archipelago of Abrolhos. discovered by Amerigo Vespucci in 1503, offers excellent opportunities for viewing wildlife. The five islands are located off the coast of southern Bahia. In 1983, the islands, together with 351 sq miles (909 sq km) of surrounding ocean, were declared a National Marine Park, the first such park in Brazil Known for its rare formations of south Atlantic coral, the park teems with sea turtles, squid, and a rich assortment of fish A variety of bird species come to feed and lav eggs on the islands. which are otherwise dry and covered in grasslands. The best time for spotting humpback whales is between July and November, when the archipelago becomes a calving ground for them.

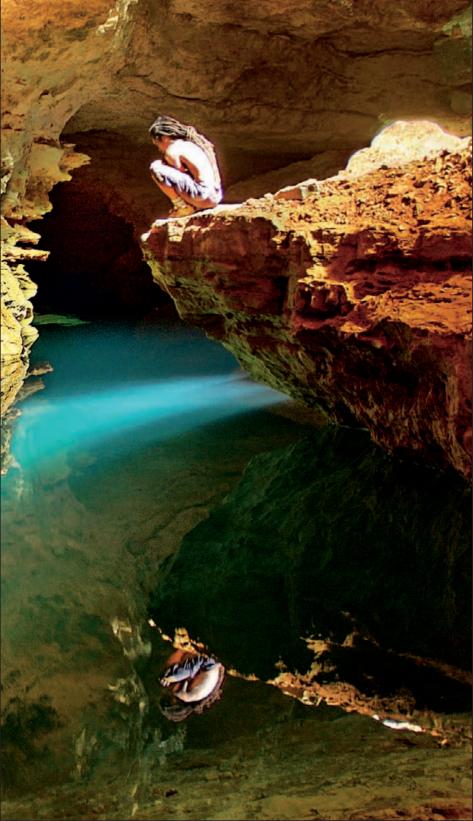
Only one of the five islands. Siriba, can actually be visited. Guided tours to the marine park should only be made with an operator accredited by Brazil's environmental agency, IBAMA. Visitors can also book a day or overnight excursion to the islands and surrounding coral reefs from the town of Caravelas on the mainland. For snorkeling and diving enthusiasts, underwater visibility is best between January and March.



Birds nesting on Siriba island, Parque Nacional Marinho de Abrolhos

Crystal-blue water of Poço Azul (Blue Pool), Chapada Diamantina >







A view of the old diamond mining town of Lencóis

## Lencóis **B**

🔼 9,000. 😿 16 miles (25 km) E of town. 📰 🛐 Sectur, (075) 3334 1380. K Festa de Senhor dos Passos (Jan), Festa de São João (Jun). www.guialencois.com

The town of Lencóis sprang up almost overnight, as diamond fever struck in these interior highlands in the late 19th century. Unlike many other mining boomtowns, however, Lençóis has a colonial air. with small Baroque churches, and tiny houses and shops painted in pastel colors. The town's distinguished main square, Praca Horácio de Matos, consists of 19th-century houses, characterized by high, arched windows. Another town landmark. Praca Otaviano Alves, lined with gracious colonial homes, is farther south of the main square.

In recent years, Lencóis has reinvented itself as the base camp for ecotourists venturing out to explore the caves, waterfalls, and isolated mountain tops of the surrounding highlands. The town's pretty colonial homes now house trekking equipment stores, Internet cafés, and tasteful photo galleries. The Calil Neto Fotografia gallery displays stunning photographs of the panoramic Chapada Diamantina.

ff Calil Neto Fotografia

Rua do Siriaco s/n. Tel (075) 9984 1093. 🚺 7–10pm daily.

# Parque Nacional de Chapada Diamantina @

Pio Santo António

Rio Lençóis

Caeté

Acu

Rio Mucugezinho

Gruta do Lapão

Cachoeira

da Eumaca

Lencóis

RiO

Capivara

Pa Oale do

GARAPA

reto

Rio Caldeitão

Rio Roncador

Garapa

Morro do Pai Inácio

675 # (1 120)

SALVADOR

Established in 1985, towering red rock formations interspersed with lush vegetation, characterize this 587-sq mile (1,520-sq km) park in the hinterland of Salvador. Numerous small rivers crisscross the highlands. cascading over waterfalls. carving through canyons, and tumbling down waterslides. Countless trails lead to caves and caverns. These undefined paths are best navigated with a guide.

★ Morro do Pai Inácio The striking mesa is the bark's signature mountain formation. The 3.675-ft (1,120-m) plateau offers breathtaking views of the northern half of the bark.

Cachoeira da Fumaça, or the Waterfall of Smoke, wears a veil of mist as the water plunges down the 1,150-ft (340-m) precipice.



\* Vale do Paty The multiday hike up this scenic valley offers extraordinary views of the highlands from Morro do Castelo. Other attractions include abandoned miners' settlements and waterfalls with natural swimming pools at Cachoeira dos Funis, as well as the sound of Barbado monkeys that inhabit this vast wilderness.



#### Rappeling in the Chapada Diamantina

The Chapada's main adventure sport is rappeling down a cliff face or into a cavern. Tour companies in Lencóis offer thrilling rappeling alongside amazing waterfalls.

## VISITORS' CHECKLIST

Bahia. 🔀 🚃 📍 Fundação Chapada Diamantina, Rua Pe de Ladeira 212 (075) 3334 1305 Cirtur (dav trips & treks): Rua da Baderba 41. Lencóis. (075) 3334 1133 Andrenalina (adventure sports & treks); Rua das Pedras 121, Lencóis, (075) 3334 1689. 👗 in Chapada Diamantina (free, no permit required for camping and sleeping in the park's abundant caves).

Rio Santo Rio Santo Andaraí	
il i	Poço Encantado
Xique-Xique	At the bottom of a deep
Igatu	cavern, the cobalt-blue
6 19	Enchanted Pool is
Rio Paraguaçu	accessible by a steep
arag	trail. Between April and
Juaç	Poço September, sunlight Encantado streaming through an
- 10	0.00
· \c^	aperture makes the pool and cavern glow.
Mr. J	una cavern giow.
Mucugé	-
- AL	- /

KEY				
Campground				
🛲 Major road				
— Minor road				
🗕 🗕 Trail				
Park boundary				
A Peak				



★ Cachoeira do Buração Near the park's southern edge, this waterfall plunges 394 ft (120 m) into a vast pool. The river then carves its way through a deep gorge of sedimentary rock. Strong swimmers can swim downstream towards the trailhead.

S1	<b>FAR</b>	SIG	SHTS	

io paraguaço

\* Morro do Pai Inácio

RAA DO SINCOR

Rio Mucuge

- ★ Vale do Paty
- ★ Cachoeira do Buracão

Cachoeira do Buração

> 0 kilometers 25 0 miles 15



Church and colorful houses in the small town of Canudos

## Canudos 6

#### A 55,000. 🚃

Traveling through the sleepy town of Canudos, it is hard to imagine that this was once the staging ground for a yearlong rebellion in 1897. Led by Antônio Conselheiro, the war wound up costing the lives of more than 20,000 people and almost destroyed the future of the Brazilian Republic.

An eyewitness account at the end of the Canudos War was written by journalist Euclides da Cunha, who was on the scene to cover the events for a São Paulo newspaper. He went on to write a book based on his coverage of the war. Published in 1902, *Os Sertões* (*Rebellion in the Backlands*) is one of the most important works of Brazilian literature. In 1997, the University of Bahia turned the site of the 19th-century Canudos War into a state park, **Parque Estadual de Canudos**. To access the park, visitors should get permission from the Memorial de Canudos.

The original settlement of Canudos now lies at the bottom of the Lagoa Cocorobó which flooded the area in 1970. However, many of the original battlefields escaped the deluge and have been made into an open-air museum which is part of the park, just on the outskirts of the town. The principal museum sites include Morro do Conselheiro (Counsellor Hill). Vale da Morte (Valley of Death), the Estrada Sagrada (Holv Road). and the Vale da Degola (Valley of Beheadings). The dry sertão landscape is quite striking - vegetation consists of *caatinga* bushes. cacti, bromeliads, umbu trees and favelas, a small

thorn-covered shrub. After the April rains, the landscape briefly turns lush and animals such as deer, hyacinth macaws, and armadillos can be spotted frequently.

In the Canudos region during the war, Republican soldiers were camped in the hills that were covered by favela trees, a very common shrub in the dry interior of Bahia. Upon their return to Rio, the soldiers never received the land which they had been promised. They ended up squatting on the hills, naming their new-found community favela after the trees in the sertão. Hence, the name favela (see p85) that is now used to refer to the urban ghettos traces its origins to the Canudos War.

Parque Estadual
 de Canudos
 Tel (075) 3494 2241. 22 tours
 arranged by Memorial de Canudos.



Statue of Antônio Conselheiro

#### ANTÔNIO CONSELHEIRO

Part Robin Hood, part religious fanatic, Antônio Conselheiro, the leader of Brazil's 1897 Canudos War, was born Antônio Vicente Mendes Maciel in 1830 in Ceará. Conselheiro traveled the dry sertão for decades, first as a salesman and legal conselheiro (counselor), then as a preacher and reformer, raging against the plight of the peasants. In 1893, Conselheiro, outraged at the newly imposed taxes on an already starving population, settled in the tiny upland town of Canudos and began creating what was, in effect, an independent state. Conselheiro began implementing an early form of socialism, heavily tinged with religious values. The poor of the region flocked to Conselheiro and Canudos quickly grew to a community of more than 8,000 people. With the prestige of the new Republican government at stake, the army sent three large forces against Canudos. All were destroyed. Finally, in November of 1897, the army mounted a full-scale invasion. Conselheiro died during the battle and all the residents of Canudos were slaughtered.

# Linha Verde 6

reared at Praia do Forte.

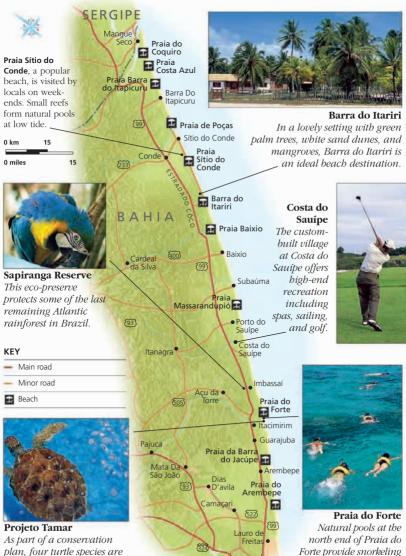


The Linha Verde (Green Line) is the 152-mile (252-km) stretch of coast that runs north from Salvador all the way to Mangue Seco on the Sergipe border. It is often referred to as the Estrada do Côco, or Coconut Highway, because of the thick stands of palm trees that line the beaches. This part of the coast offers several popular holiday destinations and

well-developed resorts. The most favored destinations are Praia do Forte and Costa do Sauípe. Farther north, the beaches are pristine and beautiful.

## VISITORS' CHECKLIST

Bahia. from Salvador. Odara, Av ACM s/n, Praia do Forte. Tel (071) 3676 1080. www.odaratours.com.br; Centrotour, Av ACM s/n, Praia do Forte. Tel (071) 3676 1091. www.centrotour.com.br Projeto Tamar Av ACM s/n, Praia do Forte. Tel (071) 3676 1020. 9am-6pm daily.



SALVADOR

Forte provide snorkeling and swimming areas.



# SERGIPE, ALAGOAS & PERNAMBUCO

ong stretches of white beach bathed by a warm, blue-green ocean comprise the magnificent coastline of Sergipe, Alagoas, and Pernambuco. In contrast, much of the interior of this region is dry sertão, where the landscape is barren and harsh. Despite, or perhaps because of their material poverty, these northeastern states are culturally rich in music and folklore.

The states of Sergipe, Alagoas, and Pernambuco in the Northeast were among the first parts of Brazil to be colonized by Portugal, and for centuries afterward they were the richest region of colonial Brazil. The wealth of the region came from sugar. With slave labor, sugar cane could be cultivated in abundance, and sugar sold in the burgeoning markets of Europe. In 1654, the Portuguese reclaimed Pernambuco after a brief Dutch takeover, but opted to keep the new city. Recife, as the capital instead of Olinda.

Sugar still dominates the economy, but the beaches make this region one of Brazil's hottest tourist destinations. These states have also developed a rich culture and penchant for lively festivals. Popular musical styles such as *forró* and *frevo* began or culminated in the Northeast.

All three states have pretty, historic towns, stunning coastlines, and picture-perfect beaches. Reefs of stone and coral provide natural habitats for fish, sea turtles. sharks, and other tropical marine life. The island archipelago of Fernando de Noronha, a municipality of Pernambuco, is one of Brazil's prime marine habitats and a preferred destination of scuba divers. The Rio São Francisco, the longest river in Brazil, passes through the beautiful scenery of Sergipe and Alagoas in the last leg of its journey before finally meeting the Atlantic Ocean.

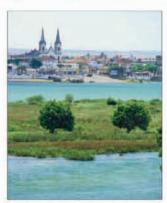


bols innaos (mount of the two biothers), raique Nacional Manino de remaindo de Noronna

The serene Igreja Nossa Senhora dos Remédios, Vila dos Remédios, Fernando de Noronha

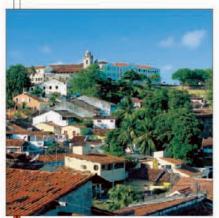
# Exploring Sergipe, Alagoas & Pernambuco

Year-round warm weather makes this region a popular sunshine destination. The island archipelago of Fernando de Noronha in Pernambuco is Brazil's top scuba diving destination, and it also offers a fascinating ecosystem rich in wildlife. Recife and Olinda provide a captivating impression of 17th- and 18th-century Brazil, a legacy of Dutch and Portuguese colonization. São Cristóvão and Penedo, located on the border between the two states, are both charming Baroque colonial towns. Penedo has the added advantage of offering a spectacular view of the Rio São Francisco.



Rio São Francisco, the largest river in Northeast Brazil





Stunning blue sky and pastel-colored colonial houses in the picturesque town of Olinda

#### SIGHTS AT A GLANCE

Towns & Cities Aracaju ① Caruaru ② Marechal Deodoro ③ Olinda pp220-22 ③ Penedo ③ Recife pp216-19 ③ São Cristóvão ②

#### Beaches, Islands & Areas of Natural Beauty Canion Xingó S Porto de Galinhas *Fernando de Noronba pp224–5* Ilha de Itamaracá Rio São Francisco

Pão de Açúcar Juazeiro Carira Simão Dias Lagarto o Salgado Estância Itabaianinha Mangue Seco Salvador

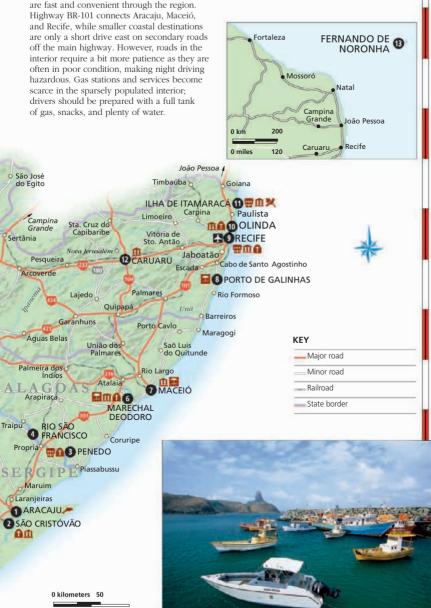
#### GETTING AROUND

Recife, Aracaiu, Maceió, and Fernando de Noronha have good flight connections to the rest of Brazil. However, only Recife has an international airport. Cities on the coast are easily accessible by bus or car. Bus connections are fast and convenient through the region.

#### SEE ALSO

• Where to Stay pp378-9

• Where to Eat pp403-405



0 miles

50

Sailboats near Fernando de Noronha with Morro do Pico at a distance



#### wide boulevards of Sergipe's capital, Aracaiu

## Aracaiu 0

Sergipe. 🔼 492,000. 🔀 Centro de Turismo, (079) 3179 7553. 🐼 Festa de São João (Jan), Forró Caiu Music Festival (Jun), Festa de Yemaniá (Dec).

Sergipe's original capital was São Cristóvão located inland from the Atlantic Ocean A burgeoning trade in sugar. however, made a sizable port necessary, and in 1855, the capital transferred to Aracaju, situated at the mouth of the Rio Sergipe, By 1901, the sleepy fishing village soon transformed into a stately capital with a horse-drawn street-car and a movie theater.

Today. Aracaju is a small city with a commercial downtown area along the south riverbank. Sea-life enthusiasts visit **Oceanário** with its models of various marine habitats

#### 🗢 Oceanário

Av Santos Dumont. Tel (079) 3243 3214. 🖸 2–8pm Tue–Fri, 9am–9pm Sat & Sun. 🐻

#### Environs

Aracaiu's lively beach neighborhoods lie 6 to 12 miles (10 to 20 km) south of the city center. The most popular suburban beach is Atalaia, with sports and recreation facilities stages for cultural events as well as good seafood joints The other favorite is Praia Atalaia Nova. on the Ilha de Santa Luzia. an island just off the coast. It is accessible by boat from the Detail from Convento ferry station in the de São Francisco, São city center.

## São Cristóvão 2

Sergipe. 🔼 73,000. 🚃 from Aracaju. 🚹 Centro de Turismo, (079) 3214 8848. 🕅 Festival de Arte de São Cristóvão (Oct).

A designated National Historic Heritage Site, São Cristóvão was founded in 1590, and is considered one of the oldest

cities in Brazil. It served as the capital of Sergipe in the 17th and 18th centuries, but when the capital shifted to Aracaiu, it soon dwindled to the sleepy interior town it is today. Its change in status. however, was the reason why many of São Cristóvão's churches and colonial buildings were spared the pressures of modern development, and still survive intact.

The town's charming historic center is a panoply of colonial squares and buildings, and is also a hub of commerce. The most beautifully preserved square, Praca de São Francisco, is easily identified by the large Franciscan cross at its center.

Flanking the square are the Santa Casa Hospital. the former Governor's Palace and the Convento de São Francisco, which now houses the Museu de Arte Sacra (Museum of Sacred Art). The

museum has a fine collection of silver chalices and crosses and a few beautifully sculpted

statues of saints. The ceiling of the convent chapel was painted by the Bahian artist. José Teófilo de Jesus (1758-1847). The annual Festival de Arte de São Cristóvão hosts popular art and music.

Cristóvão

fl Museu de Arte Sacra Praca de São Francisco. Tel (079) 3261 1385. 🖸 9:30am–5pm Tue– Fri. 9am–5pm Sat & Sun.



Franciscan cross in front of Convento de São Francisco in São Cristóvão

For hotels and restaurants in this region see pp378-9 and pp403-405



Streets and historic buildings by the Penedo waterfront

## Penedo 3

Alagoas. Mi 60,000. E from Maceió. 1 Teatro 7 de Setembro, Centro Historico, (082) 3551 2727. Mi Bom Jesus dos Navegantes (2nd Sun in Jan).

The oldest settlement in Alagoas, Penedo was founded in 1565 by Duarte Coelho Pereira on a strategic bluff overlooking the Rio São Francisco, about 19 miles (30 km) upstream of the delta. Invading Dutch forces conquered the town in 1637. and after eight years, the Portuguese managed to regain control. Today, Penedo's historic center has been designated a National Historic Monument. Particularly noteworthy is the complex housing the Convento de São Francisco and Igreja de Santa Maria dos Anios, built over a period of 100 years.

The **Igreja Nossa Senhora da Corrente** (Church of Our Lady of Chains), built in 1765 by the Lemos de Gonzaga family, was used as a refuge for runaway slaves, who the family often provided with forged certificates of freedom. It has a fine Rococo-style main altar.

#### Convento de São Francisco & Igreja de Santa Maria dos Anjos Rua 7 de Setembro 218.

8am–5pm Mon–Fri, 8–11am Sat.

▲ Igreja Nossa Senhora da Corrente Praça 12 de Abril. ▲ 8am–5pm Mon–Sun.

#### Environs

The **Rio São Francisco Delta** is easily accessed from the town of Piaçabuçu, 9 miles (15 km) east of Penedo. The delta, situated on the Sergipe side of the river, is rich in lagoons and mangrove forests, and is home to turtles and migrating seabirds. The riverbank in Alagoas features low rolling sand dunes.

## Rio São Francisco **4**

Sergipe, Alagoas, Pernambuco & Minas Gerais.

The largest and most important river in the region, the Rio São Francisco has

## LAMPIÃO & MARIA BONITA

In the 1920s and 30s, bandit leader Lampião and his wife Maria Bonita led a band of 40 outlaws, nicknamed cangaceiros (cangaco means badlands), on a 15-year spree of robberies, hold-ups, rapes, and shoot-outs across the Northeast. As their raids continued, Lampião and Maria Bonita became notorious figures throughout Brazil. The duo even introduced their own style of clothing, with the round leather cangaceiro hat, the front brim turned upward and decorated with stars or coins. The police and militia searched for them endlessly, but were unable to capture them. Finally, in 1938, Lampião, Maria

Bonita, and nine *cangaceiros* were ambushed and killed by the police in Sergipe. Their story has inspired numerous songs, plays, and different versions on film and TV.

long served as the main transport and irrigation lifeline, for the people in the small towns of the arid northeastern interior to the bigger cities along the coast Considered a symbol of national untiv Brazilians revere the São Francisco, and it is the subject of many myths and fables. Nicknamed Velho Chico (Old Chico) the 1.963-mile (3.160-km) river meanders through five states. Originating in the Serra da Canastra mountains in Minas Gerais, it flows north through Bahia, crosses briefly into Pernambuco before continuing east, toward the Atlantic, marking the border between Sergipe and Alagoas in its final run to the sea.



Lampião and Maria Bonita clay statues

## Canion Xingó 6

Sergipe. 🔜 from Aracaju. 🚹 Reservatório de Xingó, (079) 9972 1320. 🏹 trips to the dam at 8am, 11:30am & 3pm. 🌠

Standing on the Rio São Francisco, the Xingó Dam in Sergipe is one of the largest in Brazil. When it was completed in 1994, the dam blocked off the São Francisco canyon at a point about 155 miles (250 km) from the ocean, causing the river to rise and create the Xingó Reservoir. This artificial lake is now a popular destination.

Catamarans and schooners depart from the dam and travel upstream, crossing the reservoir and re-entering the main part of the river. Several rock passageways that previously lay at the top of the canyon are now open to exploration by boat.

Situated 2 miles (3 km) from the dam, the Museu de Argueológia de Xingó displays numerous archaeological objects from nearby sites that were flooded when the dam was created Artifacts from the earliest sites dating from around 5000 BC, include arrows, rock paintings, primitive stone mortars, and fish cleaning tools. Later sites reveal a variety of items including bone jewelry, decorative ceramics, and clay containers and dishes

#### Ⅲ Museu de Arqueológia de Xingó

2 miles (3 km) from Xingó dam at Rodoviaria Canindé-Piranhas. 9am–4pm Wed–Sun. 16 [6] [6] [6]



Igreja de Santa Maria Madalena in Marechal Deodoro's historic center

## Marechal Deodoro 6

Alagoas. 👫 30,000. 🚃 from Maceió. 📑 (082) 8856 9091.

The capital of Alagoas until 1839, Marechal Deodoro was founded in 1611 as Vila Madalena. The city was renamed in honor of its native son, Marshall Manuel Deodoro da Fonseca (1827– 92), elected as Brazil's first president in 1891. Fonseca's childhood home is now a small museum, displaying much of the original furniture and family memorabilia.

The city's small 18th-century colonial center features the Rococo Igreja de Santa Maria Madalena. Adjoining the church, the Convento do São Francisco houses a small museum.

Just a 15-minute bus ride from the city is the **Praia do Francês**, with powdery sand and deep blue water. It has enormous waves for surfing at one end, while the other



View of Praia de Francês, one of the popular beaches of Marechal Deodoro

For hotels and restaurants in this region see pp378–9 and pp403–405

end is protected by a large reef. The authorities are working toward removing the restaurants that have been built right on the sand.

▲ Igreja de Santa
 Maria Madalena
 Praça João 23. Tel (082) 3263 1623.
 Qam-5pm Mon-Sun.

## Maceió 🛛

Alagoas. 🚮 885,000. 😿 📰 (082) 221 4615. 🚹 Rua Boa Vista 453, Centro, (082) 3315 5700. 🐼 Maceió Fest (Nov).

The capital of Alagoas, Maceió is known for its many beautiful urban beaches. The best known ones, from north to south, are **Jatiúca**, **Ponta Verde**, **Sete Coqueiros**, and **Pajuçara**. Protected by reefs, the beaches have little or no surf, warm water, and a Caribbean turquoise-green color. The shores are lined with thick groves of coconut palms, especially dense at Ponta Verde.

About 1 mile (2 km) offshore from Pajuçara, a series of large coral reefs are partially exposed at low tide, forming sizable natural pools that can be explored with a mask and snorkel. Small single-sail rafts known as *jangadas* depart daily at low tide from Ponta Verde and take about 20 minutes to reach the pools.

In addition to the beaches. Maceió has a small historic core. The neighborhoods of Jaraguá and Centro, just inland from the port, have a large number of wellpreserved historic buildings which convey some of the atmosphere of the city's 19thcentury sugar boom. One of the loveliest mansions on the waterfront has been beautifully restored and now houses the Museu Théo Brandão. Named after a local writer who wrote about Alagoan folk art and anthropology, the small museum has a good collection of native art. It also



Jangadas, small sailboats, on the beach at Ponta Verde in Maceió

has some wonderfully creative displays that use local crafts to depict the region's religious festivals, typical foods, the sugar cane industry, and folklore.

The southern end of the city borders the **Lagoa Mundaú**, one of the many lagoons that have given Alagoas its name. The lagoon encompasses several mangrove islands teeming with crustaceans and other marinelife. Boats make excursions into the lagoon's channels.

The **Pontal da Barra** neighborhood on the lagoon's shore is a small fishing village. There are several rustic restaurants overlooking the water, which serve the catch of the day. Dishes with *surruru* (a small type of clam) and crab are especially popular. In Pontal da Barra, visitors will find highly skilled *rendeiras*, or lace-makers, working on a variety of laces. The one most typical of the neighborhood is known as  $fil\hat{e}$ , a loose weave that is often brightly colored.

1 Museu Théo Brandão

Av da Paz 1490, Centro. Tel (082) 3221 2651. 9amnoon & 2-5pm Tue-Fri, 3-6pm Sat & Sun.

### Environs

Praia do Gunga is a pretty, palm-fringed beach located 9 miles (15 km) south of Maceió Access to the beach is gained via a private road cutting across one of the region's largest coconut plantations. Permission to enter must be obtained at the gate, but beaches in Brazil are public property and access cannot be denied. One side of the beach faces the lagoon, while the other side looks toward the ocean, offering the option of fresh or salt water swimming, as well as kayaking.

#### QUILOMBOS



In the African Yorubá language, *quilombo* means dwelling place. In Brazil, the term was used to describe a community of runaway slaves. Brazil's most famous *quilombo*, Quilombo dos Palmares in Alagoas, grew to the size of a small city, with 30,000 residents. In the late 1600s, Zumbi, the *quilombo's* second leader, successfully defended it from repeated Portuguese attacks. However, the Portuguese were relentless, and finally,

in 1694, Palmares fell. Zumbi was beheaded and the community destroyed. A number of such places escaped Palmares' fate and survive even today. There are now 1,000 *quilombos* registered in Brazil. Zumbi's legacy is remembered every year on November 20, when Zumbi dos Palmares Day, or Black Awareness Day, is celebrated.

# Porto de Galinhas ()

Pernambuco. A 10,000. Recife Guararapes International Airport, 38 miles (60 km) N of town, then bus.

Porto de Galinhas is one of the most popular tourist destinations in Northeast Brazil, and deservedly so. There are no high-rises dwarfing the beach here. just low-scale *pousadas* and bungalows. The star attraction of the area, in addition to the beach are the natural tide pools that form in the reefs just a short distance offshore. Colorful *iangada* rafts take swimmers and snorkelers out to swim in the clear shallow waters teeming with tropical fish.

Porto de Galinhas also offers a lively atmosphere with excellent restaurants and shopping, and better still, it does not take much effort to get away from the bustle. The main mode of transportation is the dune buggy, allowing for easy transit along the dirt and sand roads that lead to local beaches. A short distance south along the beach leads to Ponta de Maracaípe. a beautiful spot with a large white sand bar, where the Rio Maracaípe runs into the ocean. The mangroves in the estuary are home to several species of sea horse that live amid the roots of the mangrove.



Clearwater rock pools offshore from Porto de Galinhas

# Recife 6

The Portuguese, who had built Olinda on a hillside. ignored the swampy islands below. The site of presentday Recife was only a fishing village when the Dutch took over Pernambuco in 1630. Count Maurice of Nassau commanded the draining and dyking of the flat islands at the mouth of the Rio Capibaribe. The islands of Santo Antônio. Boa Vista, and Recife Antigo (Old Recife) were connected to each other and the mainland with an ingenious system of bridges. Boa Viagem. south of Recife, has a popular beach, many hotels and excellent nightlife.

#### 🕅 Kahal Zur Israel Synagogue

Rua do Bom Jesus 197. Tel (081) 3224 2128. 🖸 9am–5pm Tue–Fri, *3–7pm Sun.* Built in 1637, during the city's brief period of Dutch rule. this synagogue recounts the history of the Jewish community in Recife. It was the first synagogue anywhere in the Americas. Many of the lews. who immigrated to Dutchcontrolled Recife, had

AV ALFREDO LISBOA

RUA DO BOM JESUS

Torre de Malakoff

Rio

Catredal de São Pedro dos Clérigo

18

Kahal Zur Israel Synagogu

N MILITAR

Rio

R B VIEJRA DO MELO

APOLO

Beberibe

500

500

Praça da Republica (6)

Igreja São Francisco & Capela Dourada

RUA DA AUROR.

RUA DO BRUM RECIFE

ANT

(4)Forte Brum



Marco Zero in Praca Rio Branco, the founding point of Old Recife

#### Exploring Recife Antigo

In the heart of downtown Old Recife is the Marco Zero and the surrounding square. which marks the official point where the city was founded. The site of the original pier. it controlled all arrivals and departures taking place in the bay. Largely deserted until a few years ago, the now bustling district of the city makes for a pleasant walk during the day. It is possible to take a boat from the square across to the Parque das Esculturas, which features an imposing collection of tall, exotic sculptures made by the ceramic artist Francisco Brennand (see p219).

The most interesting street in the historic quarter is Rua do Bom Jesus. During the brief period of Dutch rule, the street was known as Rua dos Judeus (Street of the Jews). The Jewish community thrived under Dutch rule, but once the Catholic Portuguese re-established their control, most fled, converted, or went underground. A large number of the buildings on this street have been restored to their original 17th-century condition. Every Sunday, the street comes alive, as an art and crafts fair, live music, and outdoor festivities take place.

🖬 Paco da PRAÇĂ COMUNIDADE Alfândega Rua da Alfândega 35. RUA CAIS Tel (081) 3194 2100. 10am-10pm Mon-Sat. noon–8pm Sun & public hols. & www. pacoalfandega.com.br Just on the edge of the historical quarter, the Paco da Alfândega brings together 0 meters the old and the new elements of the city. Overlooking the 0 yards Rio Capibaribe, the former customs building dates back to 1826, when Recife was one of Brazil's major ports. The renovated building houses restaurants, an art gallery, and a shopping and entertainment center.

#### **RECIFE CITY CENTER**

Casa da Cultura 🕥 Catedral de São Pedro dos Clérigos (8) Forte das Cinco Pontas (5) Forte do Brum (4) Igreja São Francisco & Capela Dourada (7) Instituto Ricardo Brennand 🔞

Instituto Ricardo Brennand 7 miles (11 km) Kahal Zur Israel Oficina Cerâmica Francisco Brennand Synagogue (2) Oficina de Cerâmica BOA Francisco Brennard 🕅 Paco da Alfândega 🕦 VISTA Praça da República 6 Torre de Malakoff ③

Key to Symbols see back flap



The well-preserved old buildings on Rua do Bom Jesus

216



The rebuilt Kahal Zur Israel Synagogue



the Dutch surrendered to the Portuguese in 1654, the Jews were given three months to liquidate their assets and leave. Many members of the Recife community set sail to New Amsterdam and helped found New York.

The synagogue was dismantled, and its role as a temple and meeting place of the Jewish community was completely forgotten. The building was eventually torn down at the beginning of the 20th century. Archaeologists have confirmed the exact location of the original synagogue after digging up part of a *mikveb* (ritual bath). The current synagogue has been rebuilt from the ground up, based on these findings, historical data, and other sources. The museum presents an excellent documentary and display on the history of the lews in Recife.

#### 🐨 Torre de Malakoff

Praca do Arsenal da Marinha. Rua do Bom Jesus Tel (081) 3184 3180 🚺 10am–7pm Tue–Fri. A relative newcomer to the Rua do Bom Jesus, the Malakoff Tower was built in 1845 as South America's first astronomical observatory. which is still functional. Visitors can climb to the top terrace for a splendid view of the city with the LX 200 telescopes.

#### VISITORS' CHECKLIST

Pernambuco. Min 1,500,000. Aeroporto dos Guararapes, 7 miles (11 km) S of city center. 9 miles (14 km) SW of city center. America (14 km) SW of city center. Caraval (Feb/Mar). WWW.recife.pe.gov.br

#### 🐨 Forte do Brum

Praça Comunidade Luso-Brasileira. Tel (081) 3224 4620. ☐ 9am-4pm Tue-Fri, 2-4pm Sat & Sun. One of the few constructions to pre-date the Dutch, Forte Brum is located at the far end of Avenida Militar. Built by the Portuguese in 1629, it was taken over by the Dutch in 1630, and strengthened and expanded. A military museum today, the new design was kept by the Portuguese when they reclaimed it in 1654.

#### ff Forte das Cinco Pontas

Praca das Cinco Pontas. Tel (081) 3232 2812. 🚺 9am–6pm Tue–Fri, 1–5pm Sat & Sun. 🐻 🔽 Somewhat deceptively, the Forte das Cinco Pontas (Five-Pointed Fort) actually only has four points. The original Dutch fort built in 1630 to protect the new Dutch-Brazilian capital of Mauritsstad, had five. When the Dutch withdrew in 1654. the Portuguese leveled the unique shape, and put up a more traditional four-pointer. Wonderfully restored, the fort now houses the city museum and contains an impressive collection of maps, paintings, and artifacts that tell the history of Dutch rule.

#### FREVO

Recife's signature beat is *frevo*. Fast, upbeat, almost polka-like, the rhythm is particularly popular during Carnaval (*see p41*). This distinct musical genre is reputed to have derived its name from the verb *ferver* (to boil), which refers to the frenetic beat of the brass bands. One of the accessories of a *frevo* dancer is the brightly colored hand-held parasol that

A dancer performing *frevo* with a colorful parasol

is used in the choreography. First recorded in the 1930s, the rhythm made its way into the repertoire of mainstream Brazilian musicians by the 1950s and 60s.

# **Exploring Modern Recife**

Though modern Recife stretches onto the mainland, its center comprises the islands of Santo Antônio, Boa Vista, and Recife Antigua. Skyscrapers exist alongside a handful of old colonial buildings and crowded markets, lending the city a striking character. The area north of the center is as appealing, with leafy suburbs and a few museums and parks. The squares, dotted with impressive churches, retain much of their old-world charm.



The courtyard of Igreja São Francisco with a graceful, colonnaded arcade

#### 🐨 Praça da República

The Palácio do Campo das Princesas (Governors' Palace) building was built in the 1840s. Over the years, renovations and additions have somewhat altered the original Neo-Classical design and made the building more eclectic. The lovely interior garden was designed by Brazil's premier landscape artist Roberto Burle Marx. Unfortunately, the only view available to the public is the one through the wroughtiron fence posts.

The **Teatro Princesa Isabel**, a renovated pink theater, hosts many of Recife's prime cultural productions. The building is an elegant example of classic imperial architecture, marked by its symmetric forms and French and Italian decorative styles.

With a dome-shaped cupola, the **Palácio da Justiça** was constructed in 1930 to mark the presidency of Getúlio Vargas (*see pp56–7*).

#### Igreja São Francisco & Capela Dourada

Rua do Imperador, Santo Antônio. Tel (081) 3224 0530. 🚺 8–11am & 2–5pm Mon–Fri & Sun. 🐻 One of the major attractions in Recife, Igreja São Francisco served as the convent of the Third Franciscan Order. It was built in 1606, when the island of Santo Antônio only had 200 inhabitants. The initial convent was small and rather plain. During the Dutch occupation of Recife (1630-54), it was used as army barracks. Renovations began after the return of the Franciscans. The courtyard was added with a surrounding arcade of delicate and ornate Tuscan columns. Blue-andwhite Portuguese tiles (*azulejos*) were used to decorate the main altar and the walls of the small charming cloister

However, the *pièce de* résistance is the Capela Dourada (Golden Chapel) added in 1695, in an annex of the main church. All of the wood in the chapel is jacaranda and cedar and is covered in gold leaf or paint. The intricately carved altars. arches and beams showcase some outstanding Portuguese Baroque art. Each altar consists of various arches. adding a depth of field to the statues on display. One of the walls in the church is adorned with a painting that depicts the Crucifixion of a group of Franciscan saints.

#### Catedral de São Pedro dos Clérigos

Rua São Pedro s/n. Santo Antônio. Tel (081) 3224 2954 🖸 8am–noon & 2–4pm Mon–Fri. Dating back to 1728. Catedral de São Pedro dos Clérigos is one of the most impressive churches in Pernambuco. Its striking facade is dominated by a statue of St. Peter, which was added in 1980 While from the outside the walls of the church look perfectly square and straight, on the inside the church nave is octagonal. The best features of the church are its stunning wood carving and the illusionistic ceiling. The main altar, balconies, and most of the remaining interior elements were renovated in the 19th century in the Rococo style. The only original pieces that remain are the two gold-painted wooden pulpits.

The square in front of the church, **Pátio de São Pedro**, is one of Recife's most popular public squares. The beautifully restored area hosts a number of cultural events. The most important, Terça Negra (Black Tuesday), takes place every Tuesday night. It is widely known for showcasing typical regional Afro-Brazilian musical styles, such as *afoxé*, *maculelê*, and *coco*. The area also has many fine restaurants.



Eye-catching ceramic figures and souvenirs on sale, Casa da Cultura

#### 🐨 Casa da Cultura

Rua Floriano Peixoto s/n, São José. **Tel** (081) 3224 2850. 9am–7pm Mon–Fri, 9am–6pm

Sat, 9am–2pm Sun. Used as a jail until 1973. the former penitentiary now houses the Casa da Cultura. the city's largest arts and craft market Each of the old jail cells holds a shop showcasing some of the finest leather. lace, and ceramic crafts of this region. Built in 1850, the jail was modeled after US prisons in New Jersev and Pennsylvania. The four wings are in a cross shape, allowing a view of all four corridors from one vantage position in the center of the cross. The center brings out the monthly Agenda Cultural, an excellent listing of cultural events.

Tue-Sun. Founded by the cousin of ceramic artist Francisco Brennand, the Instituto Ricardo Brennand includes a small castle, the Castelo São João, with a large collection of European art, an impres-

sive collection of medieval armory and weapons, and an extensive archive of paintings and documents from the years of the Dutch conquest of Brazil.

Also worth seeing is the Pinacoteca gallery that features a large collection of 17th-century paintings and drawings by landscape artists Frans Post and Albert Eckhout, both of whom were hired by Dutch count

Maurice of Nassau to portray Brazil's fauna and flora, as well as scenes from everyday life. Over the years, Brennand has amassed the world's largest collection of Post's work. The exhibit also includes many antique maps and documents that recount the brief, but eventful, history of the Dutch in Brazil.

# Oficina de Cerâmica Francisco Brennand

Access via Av Caxangá, Várzea. **Tel** (081) 3271 2466. Bam-6pm Kn. Acclaimed as the most unusual cultural attraction in Recife, the Oficina de Cerâmica Francisco Brennand is the famed artist's personal gallerv. Brennand (b.1927) is

best known for his large collection of phallic-shaped ceramic sculptures nearly all of which are striking, potent. and larger than life. His collection is creatively displayed inside a ceramiccovered brick factory and its surrounding gardens, beautifully landscaped by Burle Marx, a renowned landscape architect of the 20th century.

In addition to Brennand's superb

Ceramic tiles by

Francisco Brennand

ceramic art, the collection also showcases thousands of playfully designed ceramic tiles, as well as some of his paintings and drawings. The bold mix of stylized imagery, embellishment, and erotic motifs, visible in all his works, led one critic to define Brennand's art as "tropical sensual Baroque."



Gardens in Oficina de Cerâmica Francisco Brennand, adorned with ceramic sculptures

# Olinda **o**

One of the best-preserved colonial cities in Brazil. Olinda was founded in 1535 by the Portuguese. Much of it was burned down during the Dutch occupation in 1631, and later beautifully restored to its former glory. Magnificient colonial buildings, gardens, Baroque churches, and numerous small chapels mark Olinda. which was designated a UNESCO World Heritage Site in 1982. Although much of this historic city lies on a steep hillside, it is only a short walk up, and the views of the Atlantic Ocean are splendid. Its narrow cobblestone streets are perfect for exploring on foot. The highlight of the walk suggested here is the Praca da Sé, which features historic churches and sweeping views of Recife (see pp216-19), only 6 miles (10 km) to the south.



The view of Olinda from Alto da Sé with the sea in the background

10

RUA DA PALHA

(4)

ATLANTIC

V VOINJAN

п

TRAVESA J. ALFREDO

DASE ADEIRA



② Convento de São Francisco Brazil's oldest Franciscan convent was built in 1585. When the Dutch invaded Olinda in 1630, the convent was abandoned, and rebuilt in the 18th century. The cloister walls, decorated with Portuguese tiles. depict the life of St. Francis.

(3) Igreja da Sé, which was built in 1535, is the oldest parish church in Northeast Brazil. The church has undergone many renovations over the centuries. The last, in 1984, restored the building almost to its original 16th-century state.

#### **TIPS FOR WALKERS**

Starting point: Secretaria de Turismo, Praça do Carmo. Walking time: 2-3 hours. Flat, non-slippery footwear is best. Best days: Tue-Sat. Museums are only open in the morning. Places to eat: Oficina do Sabor, Rua do Amparo 335; Olinda Sorvetes e Sucos, Rua São Rento 358

#### 1) Praca do Carmo. the prominent city square, faces the splendid Igreja Nossa Senhora do Carmo, resting on a small hill above.

AVENIDA MARCOS FREIRE

RUA DO SÃO

2

FRANCISCO



#### ④ Alto da Sé The Alto da Sé is one of the highest points in Olinda and offers a magnificent view of Recife in the distance. In the evenings, locals gather here to browse the crafts market, and eat tapioca and pancakes made from manioc.



AVENIDA BEIRA MAR

NENIDA MANOEL BORBA

RAÇA JOÃO

RUA JUSTINO GONÇALVES

AUR DOBONIN.

ON SALDANHA MARINHO

BERNARDO VERA DE NEO

AVENIDA SIGIMUNDO GONÇA

**TENTENT** 

NOVEMBRO

SETE

DE SETEMBRO

V 10 DE SE

(5) Mercado Ribeira Originally the building where slaves were bought and sold, this 18th-century structure is now one of Olinda's busiest craft markets. Especially popular are naive art ceramics, carnival masks, and frevo umbrellas (see p217).

#### 6 Igreja e Mosteiro São Bento

Founded in 1582, this cburch bolds a magnificient gold altar. It took more than a year and 30 professionals to fully restore the altar in 2001. Gregorian chanters add a special touch to the Sunday morning mass.

#### R 15 DE NOVEMBRO

O Museu de Arte Contemporânea is a fine 18th-century building and a former jail. This building now houses an interesting collection of artwork by contemporary Pernambucan artists.

0 meters	30
0 yards	300

#### VISITORS' CHECKLIST

Pernambuco. Ma 380,000. Recife International Airport. Rua Prudente de Moraes 472, (081) 3305 1060. Camaval (Febl/Mar); Olinda Arte em Toda Parte, open house event of artists' studios (late Novearly Dec).



③ Museu do Mamulengo displays a large collection of puppets from all over the Northeast. Unique to Olinda's Carnaval, the giant puppets, carried by revelers along the parade route, are true works of art.

#### ③ Rua do Amparo More than a dozen artists have set up their studios in the historic buildings along Rua do Amparo. The street also boasts several excellent restaurants, cafés, and B&Bs.

Key to Symbols see back flap

8

# **Exploring** Olinda

A calm, colonial city. Olinda grew to be the capital of the rich sugar-growing region of Pernambuco. Reconstruction started in earnest only after Dutch forces were expelled in 1654. The city has maintained its 17th-century architectural fabric intact. Olinda is also home to a vibrant community of artists, musicians, and liberal professionals. The scenic city, though, doll Olinda is most renowned for its lively Carnaval.

Commin



The exterior of Igreia e Mosteiro de São Bento in Olinda

#### Convento de São Francisco

Rua de São Francisco 280. Tel (081) 3429 0517. 7am-noon & 2-5pm Mon-Fri, 7am-noon Sat, 🐼 The Convento de São Francisco was the first convent built by the Franciscan order in Brazil. The complex includes a 1585 church. Nossa Senhora das Neves (Our Ladv of the Snow), and the adjacent chapels of St. Anne and St. Roque, built in 1754 and 1811, respectively. The highlight of the convent is the beautiful arcade surrounding the cloister. The tiled walls tell the story of St. Francis of Assisi. The sacristy's beautiful Baroque furniture, carved from dark jacaranda wood, is as impressive.

#### A Igreia e Mosteiro de São Bento

Rua São Bento, Tel (081) 3429 3288. 7 9–11am & 2–5pm Mon– Sat. 10am & 6pm Sun (with Gregorian chants). Built in 1582 this monastry was destroyed by the Dutch along with most of the city. and rebuilt in the late 18th century. It is acclaimed for its Baroque altar in the chapel and intricate wood carving. which features the image of São Bento (St. Benedict) himself. In 2001, the original wood altar was repainted with gold leaf. The sacristy's three large paintings, by 18thcentury artist José Eloy da Conceição, portray scenes from the life of the saint.

#### n Museu de Arte Contemporânea

Rua 13 de Maio 149. Carmo. Tel (081) 3429 2587. 🚺 9am–noon Tue-Fri 2-5pm Sat & Sun Housed in a fine 18th-century building that originally served as an *aiube*, or jail working in conjunction with the Catholic church, the Museum of Contemporary Art displays both permanent and temporary exhibits. During the Inquisition, religious prisoners were brought here to prav and confess their sins. Today. the place holds some interest for those looking for serious modern art. Works by local contemporary artists are regularly displayed in front of the stairs.

#### 1 Museu do Mamulendo

Rua do Amparo 59. Tel (081) 3429 6214. 🖸 8am–5pm Tue–Fri, 10am– 5nm Sat & Sun One of the region's unique gifts to the cultural scene in Brazil. mamulengo. or puppetry, is showcased in this fascinating museum. Nearly 1.000 puppets are featured here, with a portion of the collection dating from the 1800s. Having performed before political figures, rovalty, and luminaries through the ages. these puppets are today used as popular entertainment. During folk festivals, the puppets can be seen enacting comedies. skits, and Pernambucan folk legends. For those interested in the puppets' historical background. there is a curator who can explain it by asking the puppets themselves.



Revelers filling a street in Olinda, with larger-than-life papier-mâché puppets

#### THE OLINDA CARNAVAL

Every year during Carnaval, the cobblestoned streets of Olinda become the stage for a week-long street party. The meeting place is the square, known as quarto cantos (four corners), on the corner of Rua do Amparo and Rua Prudente de Moraes. Here, blocos (neighborhood groups) begin their parades through the streets, playing music, singing, and dancing as they go. The blocos often have themes or names such as "Virgins," "Elephant," or "Midnight Man." Dominating the festivities are enormous papier-mâché puppets that bloco members proudly carry along the parade route. The music varies from *frevo*, an upbeat, almost frenetic beat unique to Pernambuco, to maracatu, a much more African beat.

# Ilha de Itamaracá 🛛

Pernambuco. 🕅 16,000. 🚃 from Recife.

The island of Itamaracá plaved an important strategic role during the Dutch interregnum in Brazil. In 1631, the Dutch built the Forte Orange here to protect their new domain from invading forces. The Portuguese destroyed the Dutch-built adobe when they took over in 1654. However, the location was so unique that the Portuguese created a new fort in stone on the site. During past renovations, artifacts dating back to the Dutch period were found. Iust across from the fort is a small island. Coroa do Avião which has natural reef pools. Boat tours to the island leave from the beach in front of the fort

Itamaracá is also home to the Projeto Peixe Boj. a manatee research and rehabilitation center. Manatees live along the Brazilian coast from Alagoas to Amapá, but are threatened by loss of habitat. as well as by speedboats and their often-lethal outboard propellers. Scientists estimate that there are only around 400 animals in the wild along this coast. The center works to rehabilitate injured manatees. and to study those that cannot be released. A natural history exhibit on the manatee is offered along with a host of interactive learning activities for children. Visitors are only allowed to observe those animals that cannot be



Pottery on display at a craft shop in Caruaru

released into the wild. The eastern part of Itamaracá, with its lovely ocean beaches, is also a popular weekend destination.

Estrada do Forte. 9am–5pm Mon–Sat. 8am–5pm Sun.

Projeto Peixe Boi
 Estrada do Forte Orange.
 Tel (081) 3544 1835.
 10am-4pm Tue-Sun. 102 4.

### Caruaru 🛛

Pernambuco. 🚮 300,000. m from Recife. 🕂 Festa do Forró (Jun–Jul). www.caruaru.pe.gov.br

Located 100 miles (160 km) on the mainland southwest of Itamaracá, Caruaru is a market town whose fame rests on its marvelous ceramic *figurinhas* (figurines). Artist Vitalino Perreira dos Santos (1909–63) made many of these brightly painted sculptures, and his hometown, Alto de Moura, a community of potters located 4 miles (6 km) west of Caruaru,



Rehabilitated manatees at the Projeto Peixe Boi, Ilha de Itamaracá

still specializes in producing figurines. **Casa Museu Mestre Vitalino** in Alto do Moura is dedicated to this great artist, and displays his tools and some personal possessions.

Caruaru's open market is the largest in the Northeast, and is a very popular tourist attraction. Besides figurines, leather bags, straw baskets, and ceramic pots are also sold at some of the best prices in Brazil. Apart from a bustling market

scene, Caruaru, known as the capital of *forró* (*see p236*), hosts Brazil's largest month-long *forró* festival. The **Museu** 

**do Barro** pays tribute to Luis Gonzaga, the father of *forró* music.



Museu Mestre Vitalino

#### Environs

Situated 17 miles (30 km) northwest of Caruaru, **Nova Jerusalém** is an intriguing re-creation of Jerusalem. In the week before Easter, thousands of people flock to watch an epic performance of the *Paixão de Cristo (Passion of Christ)*. Local tour operators offre allinclusive packages to the town and its annual play.

#### 1 Casa Museu Mestre Vitalino

Praça Cel. José de Vasconcelos 100, Centro, Caruaru. 28am–5pm Tue–Sat, 9am–1pm Sun.

Museu do Barro
Praça José de Vasconcelos.

 Tel (081) 3721 0012.
 8am–5pm Tue–Sat,
9am–1pm Sun.

# Fernando de Noronha **n**

Discovered in 1503 by Amerigo Vespucci, the 21-island archipelago of Fernando de Noronha was fought over for the next two centuries by the French. Dutch, and Portuguese, who built forts on strategic lookout points. The island was used in a variety of ways, including as a political prison during World War II. In 1988, the Parque Nacional Marinho de Fernando de Noronha was created in order to protect the fragile marine and island ecology of the archipelago. Today, a combination of crystal-clear water, fascinating wildlife, diverse marine life which includes multicolored fish turtles sharks and whales and stunning beaches make Fernando de Noronha one of the most beautiful destinations in Brazil



\* Baía do Sancho The most beautiful and isolated beach on Noronha. Baía do Sancho is also a snorkelers' paradise with its clear, turquoise waters and myriad tropical fish.



★ Spinner Dolphins Hundreds of dolphins gather at sunrise to leap and spin at Dolphin Cove in the Baía dos Golfinhos.

# ΔΤΙΔΝΤΙΟ OCEAN KFY



Surfing on Praia do Boldró Fernando de

Noronha offers some of Brazil's best surfing. but only between December and March.



Praia do Boldró

FERNAND

æ

Praia

do Leão

MORRO

Praia Cacimba do Padre

Praia da Baía a do Porcos

MORRO BRANC

ILHA MORRO

DOIFÃO

Praia da Baía do Sancho

BAÍA DOS

#### Ponta Capim Acu

RRO DA

JIXABINHA

#### STAR SIGHTS

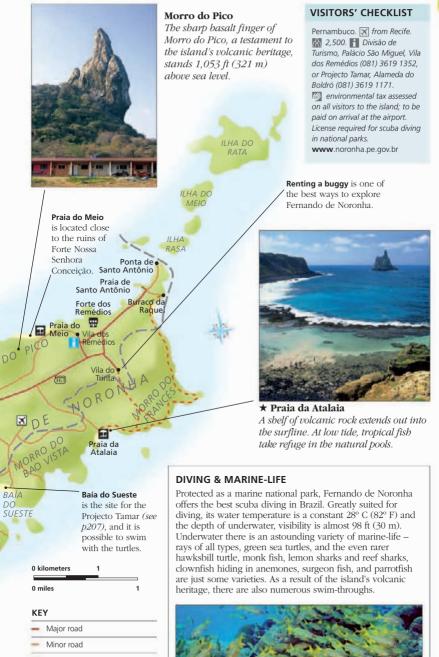
- ★ Baía do Sancho
- ★ Spinner Dolphins
- ★ Turtle Hatchlings
- ★ Praia da Atalaia

#### ★ Turtle Hatchlings

Ilha Morro do Leão is a prime hatchery for green sea turtles. Between December and May, around sunset, scores of tiny turtle hatchlings break out of their shells and make a dash for the sea.



For hotels and restaurants in this region see pp378-9 and pp403-405



Trail

Park boundary

Airport
Beach
Fort



A school of surgeon fish in the coral reefs of Fernando de Noronha



# PARAÍBA, RIO GRANDE DO Norte & Ceará

combination of pristine beaches, lively beach towns, and massive shifting sand dunes are the main attractions of these three states. Natal, the capital of Rio Grande do Norte, and João Pessoa are pleasant, historic cities with good urban beaches. However, this part of Northeast Brazil is best experienced along its coast, and in its quiet, relaxed fishing villages and beautiful, isolated beaches.

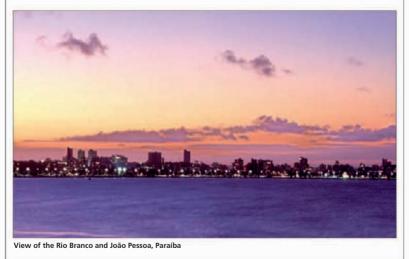
In 1532, Paraíba, Rio Grande do Norte, and Ceará were among the first states in the Northeast to be colonized by the Portuguese. However, these states never grew as rich or settled as their more southerly neighbors because sugar cane did not thrive here.

In recent years, the three states have taken advantage of the constant sunshine and beautiful beaches and have developed tourism as the mainstay of the economy.

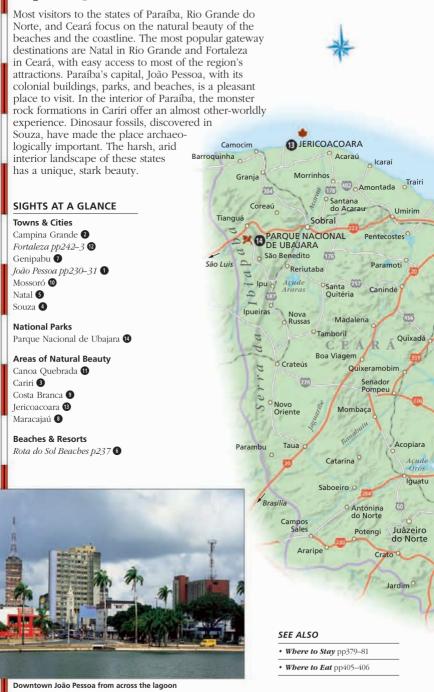
Ceará is famous for its beaches, with their warm, turquoise waters, set against a backdrop of red sandstone cliffs. The most popular include Morro Branco and the lively beach town of Canoa Quebrada, both located to the southeast of Fortaleza, and the isolated beach of Jericoacoara, north and west of Fortaleza. Parque Nacional de Ubajara lies in western Ceará and comprises caves, eco trails, and magnificent waterfalls.

Rio Grande do Norte lies in the extreme northeast corner of Brazil. The real growth industry here is tourism. Natal, the capital city, has become one the Northeast's main points of entry for tourists from Western Europe. Nearly all come here for the sunshine and beaches.

Wedged in between Pernambuco and Rio Grande do Norte, Paraíba boasts some of Brazil's least spoilt beaches. Agriculture plays an important role in the state economy. The capital, João Pessoa, is a pleasant city with a small historic center. The city of Campina Grande is famous for its June festival, the Festas Juninas.



# Exploring Paraíba, Rio Grande do Norte & Ceará



KEY		
💻 Higł	nway	
— Maj	or road	
— Min	or road	
- Railı	road	
Stat	e border	

Caucaia

Im

FORTALEZA



Colorful old buildings in the historic center of Fortaleza

#### GETTING AROUND

All major cities and some smaller destinations, such as Campina Grande in Paraíba, can be reached by domestic flights. There are regular buses between all towns and cities. However, roads in this part of Brazil are in poor condition and are very badly maintained. The BR-101 connects João Pessoa to Natal. From Natal, travelers continuing north to Fortaleza take the BR-304, which veers west and cuts inland across Rio Grande do Norte to Ceará. The stretch of the BR-230 towards Souza is in rough shape. Ensure that the vehicle, preferably a 4WD, is in good condition. Be sure to carry extra gas, water, and supplies.



# João Pessoa O

Founded in 1585 as Nossa Senhora das Neves, the city derives its present name from a former governor of Paraíba. Brazil's third oldest city, João Pessoa maintains an air of old-world charm, with a host of well-restored colonial churches, convents, and monasteries. Local visitors, however, flock here mainly for the easy atmosphere of its great white sandy beaches along the coastline. The dense tropical forest that once covered the coastal strip of Paraíba now thrives only in patches, one of which lies within João Pessoa, forming one of the largest areas of natural wilderness in any city in the world.



Old majestic colonial buildings lining a street, Centro Histórico

#### Exploring João Pessoa

One of the oldest and less developed cities in Brazil João Pessoa has a small historic core, which remains little changed despite the modernization drive. It is located a bit inland, on a small hill overlooking the Rio Sanhauá and Rio Paraíba. Modern João Pessoa, with fast emerging skyscrapers, gravitates towards the beaches. Due to a state law restricting the height of buildings within 490 ft (150 m) of the shoreline to four stories or less. the waterfront is free of the curtain wall of concrete highrises that afflict some other Brazilian beachfronts

#### Catedral Basílica de Nossa Senhora das Neves

Rua General Osório, Centro. **Tel** (083) 3221 2503. 2–5pm Mon-Fri, 5– 7pm Sat. 5pm Mon-Fri, 7:30pm Sat; 6am, 9am & 7:30pm Sun. 3 After four major renovations, little remains of the original cathedral built in 1586. The interior maintains a striking harmony, unlike many of the elaborate Rococo-style churches in Brazil. A Igreja de São Francisco Praca São Francisco. Centro Histórico. Tel (083) 3218 4505. 7 9am-noon & 2–5pm Tue–Sun. 🐻 🌠 One of the most spectacular churches in the city sits majestically atop a hill that bears the same name. The most striking feature of this impressive 18th-century church is the tower topped with an oriental dome. The altar contains an 18th-century statue of St. Benedict, one of the few black saints. The beautiful Rococo-style



Façade of Igreja de São Francisco, João Pessoa's celebrated church



Rococo-style painting on Igreja de São Francisco's ceiling

painting on the ceiling of the church depicts various images of St. Francis. Even older than the church by a few decades is a stone cross across the courtyard. The church is part of the larger Centro Cultural de Sao Francisco complex, which also includes the Convento de Santo Antônio, chapels, and a museum of popular and sacred art, the result of grand-scale reforms carried out in 1718 and 1788.

#### 🐨 Mosteiro de São Bento

Rua General Osório, Centro Histórico. on request Mon-Sat. 7am. Built in the 17th century, this working monastery is a shining example of simplicity. Its unembellished, wellrestored interior features a curved wooden ceiling.

#### 😭 Praia de Tambaú

4 miles (7 km) E of city center. João Pessoa's most popular urban beach is Praia de Tambaú, a 4-mile (7-km) long stretch of sand lined with restaurants, cafés, and interesting food and craft stalls. In the evenings, locals stroll the seawall, enjoying the cool breeze.

#### 😭 Praia do Cabo Branco

S of Praia do Tambaú. Better suited for swimming than Tambaú, Cabo Branco is a residential beach area looking out over the easternmost point in the Americas, **Ponta do Seixas** (Seixas Point). The point juts out into the ocean, and is topped by a small lighthouse, with a monument marking the spot. N of Praia de Tambaú. Actually a large coral reef, Ilha de Picãozinho is a popular spot. At low tide, boats depart from Praia do Tambaú, and take visitors over to swim and snorkel in the natural tide pools. Fish and starfish can be easily observed in the crystal-clear water. Check the tide table for specific times daily before taking a dip. For a few days every month, the tide is too high for the reef to be visited.

#### 🕌 Ilha de Areia Vermelha

12 miles (20 km) N of town. Another low-tide attraction is Ilha de Areia Vermelha (Island of Red Sand). For approximately 25 days every month, low tide exposes a beautiful beach of striking red-orange sand, a short distance off the coast of João Pessoa. With a choice of floating bars, it makes a perfect spot for swimming, snorkeling, or sunbathing. The temporary island is accessible from Praia da Camboinhas, 8 miles (13 km) north of Tambaú. Trips to this island can be arranged by travel agencies.

#### 😭 Praia Tambaba

<sup>19</sup> miles (30 km) S of town. Tambaba is a beautiful, secluded nude beach with lush vegetation, small reefs, and tidepools. Two coves make up this splendid beach. Clothing is optional on one of the coves. The other cove,

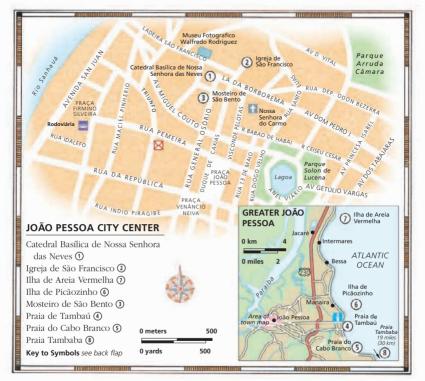
#### VISITORS' CHECKLIST

Paraíba. Ma 650,000. T miles (11 km) W of city center. Rodoviária at Rua Francisco Londres, Varadouro. Sectur, Parque Solonde Lucena 216, (083) 3218 9852.

which is exclusively a nudist beach, is closed off by a gate and allows men only if accompanied by women.



Low tide at the expansive Ilha de Areia Vermelha



# Campina Grande 2

Paraíba. Ma 400,000. from João Pessoa. Praça Clementino Procópio, (083) 3310 6100. Prestas Juninas (Jun), Micarande (late Apr).

Ideal for experiencing the unique *sertão* culture, Campina Grande is a large market town with some degree of industrial growth.

The autumn harvest festival, Festas Juninas, although celebrated everywhere in the Northeast, is biggest in Campina Grande. The vast, purpose-built fairground, **Parque do Povo**, includes several smaller theme parks such as the Sítio São João, a reproduction of a traditional ranch where visitors can observe the rural *nordeste* lifestyle, and the Arraial Hilton Motta, a replica of a small interior town.

The **Museu de Arte Assis Chateaubriand** has a striking collection of modern works, with a focus on the work of artists from the Northeast.

#### Museu de Arte Assis Chateaubriand

Parque do Açude Novo. O 9amnoon & 2–10pm Mon-Fri.

Parque do Povo Tel (083) 3310 6100. Only during Festas Juninas. 💋 🔥



The Lajedo do Pai Mateus rock formation, Cariri

# Cariri 3

Paraíba. 🚃 from Campina Grande. 🜠 Cariri Ecotours, (084) 9928 0198. www.caririecotours.com.br

Situated in the Cariri Paraíbano, a large plateau in the Serra da Borborema, Cariri is the point at which the *sertão* proper begins. Tours in this area of aboriginal rock carvings and huge rock formations can be organized by Cariri Ecotours, based in Ponta Negra, Natal.

One of the formations, the **Lajedo do Pai Mateus**, sits on the private grounds of a *fazenda*. A vast slab of bare granite, it is littered with boulders bigger than houses, as if a giant had scattered his



A night scene of Campina Grande, lit up during the Festas Juninas

#### **FESTAS JUNINAS**

One of the most popular folklore traditions of the Northeast, the Festas Juninas began as a peasant celebration of the corn harvest and the June solstice, the longest night of the year in the Southern Hemisphere. June also coincided with the feasts of St. Anthony, St. John, and St. Peter. Over the years, the pagan rituals and Catholic events were melded together. The atmosphere is burlesque, as partiers dress up in peasant outfits and perform square dances to the sounds of *forró (see p236)*. Bonfires are lit and fireworks sent aloft to safeguard the harvest and ward off evil spirits, as well as to bring light to the long night. collection of pebbles. Hence the local epithet, "Devil's Marbles." The most remarkable of these granite monsters is the Pedra do Capacete (Helmet Stone), a 20-ft (6-m) high boulder that is open in the front and hollow underneath, resembling a huge war helmet.

From the plateau, there are breathtaking views of the Borborema valley. The diverse landscape consists of small trees, bushes, cacti, and bromeliads. Sightings of emu birds, an ostrich-like avian, are common in this area.

# Souza 🛛

Paraíba. 🕅 60,000. 🔜 from Campina Grande. 💓 Manary Ecotours, (084) 3219 2900.

Brazil's most important prehistoric site, Souza is located deep in the Paraíba interior, almost on the border with Ceará. It was a large shallow lake where hundreds of dinosaur species roamed, 130 million years ago. Today, the dry riverbed of the Rio de Peixe also known as the Vale dos Dinossauros, contains one of the world's best collections of dinosaur tracks. The largest and best track forms a perfect 164-ft (50-m) long trail across the meandering riverbed.

Scattered throughout the valley are numerous other tracks, most of which have not yet been catalogued or protected. Some, indeed, have yet to be discovered. Manary Ecotours can combine trips in this area with visits to Cariri.

# The Sertão

The sertão is a geographic region that encompasses almost half the territory of the Northeast. Aridity is its single most important characteristic. Rainfall is sparse, and the vegetation is primarily *caatinga*, which consists of small trees and bushes. Agriculture is difficult in the sertão, which makes it

one of Brazil's poorest regions.

living herding goats or cattle. One of Brazil's popular culture abounds with the country's original cowboy regions. sertanejo stories and images.

the *sertão* has also seen the largest outflow of people in Brazil. Hard climatic conditions forced en masse immigrations either to the coast or to the big cities such as São Paulo and Rio de Janeiro. Not just the dislocated northeasterners, or nordestinos. but all Brazilians

Clay figurine of a nordestino

way of life. While forró music Traditionally, sertanejos have made a is loved throughout the country,

have an affinity for the sertão

Caatinga, the vegetation growing in this arid landscape, consists of cacti, bromeliads, and scrubby trees and bushes. These plant species are suitable to the challenging conditions of the sertão.



The goat is the most important livestock in the sertão. More adaptable than other animals. it thrives in the dry and hot conditions. It is an important source of meat. milk. and leather.

After a sudden rain, the dry land will turn green and lush for a short period.

Palma cactus is often the only food available to livestock. The tough. chewy leaves are ground into a paste and used as cattle feed.



Rio São Francisco is one of the main water sources in the sertão. Large irrigation projects are using the water to make agriculture possible. Many areas in Pernambuco grow fruits and vegetables.



Nordestino markets are where homesick communities of migrants from the Northeast meet, listen to forró, and eat some of their favorite foods. São Paulo and Rio de Janeiro have the largest sertanejo immigrant communities.



Luiz Gonzaga (1912-89), Brazil's most famous "Son of the Sertão,' was a forró musician. Most of his songs celebrated or lamented the life of those living in the sertão.

Aerial view of a palm-lined beach resort in Natal

233







View of the small chapel in the central courtyard of the Forte dos Reis Magos

### Natal **G**

Rio Grande do Norte. 🚮 710,000. 🛃 📼 🚹 Centro de Turismo, (084) 3211 6149. 🐼 Carnatal (Dec).

Natal is a pleasant, modern. and safe city, increasingly sought out as a sunshine destination for winter-weary Europeans. Natal has several attractions, including beautiful beaches, dune buggy rides, unusual sand art and an incredible nightlife The city and its most famous landmark. Forte dos Reis Magos. date back to December 25. 1598, when the Portuguese established a fort and settlement at the mouth of the Rio Potengi. In honor of the season, the city was named Natal, the Portuguese word for Christmas. The fort was named after the three wise kings of the east who had traveled to Bethlehem bearing gifts. The Dutch occupied the fort in 1633, upgrading it into its current five-pointed formation before turning it back over to the Portuguese in 1654. Access to the fort is via a narrow pedestrian walkway. At high tide, the fort is cut off from land by the waves. Visitors have the full run of the fort, from garrisons and mess hall to the high ramparts, which offer terrific views of the city skyline.

Natal was never a large trading center, and there are few historic buildings. The city's 19th century penitentiary has been converted into the **Centro de Turismo**, a showcase for regional arts and crafts. Each of the dozens of prison cells along four corridors has been transformed into a shop selling leatherwork,



Couples dancing to the lively music of *forró* 

### FORRÓ

According to local legend, the musical style known as *forró* is said to have been inspired by visiting foreigners. In the early days of World War II, the Americans created a massive air base near the city. Locals invited the American airmen to their parties, and to make sure they felt welcome they put up signs proclaiming that simplified dances with a two-step rhythm, were "for all." The label stuck to the musical style, though in common speech "for all" became *forró*. hammocks, lace, and figurines from northeastern folk festivals. A restaurant and a cafeteria offer some regional dishes. On Thursday evenings,

the courtyard of the old prison becomes an outdoor dance hall, as the center

plays host to *forró com o turista*, an evening of *forró* dancing, with live music and instructors on hand to help shy and left-footed foreigners with the dance steps. Most visitors to Natal stay in **Ponta Negra**, a

Sand art in bottle

waterfront neighborhood in a modern part of the city featuring a lovely

long beach with good waves for surfing. At the far end of the beach the Morro do Careca, a towering 390-ft (120-m) sand dune, is now off-limits to climbers because of the danger of erosion.

On the coast between the old downtown and the modern parts of Natal there stands the **Parque das Dunas**, a 12-sq mile (6-sq km) reserve of coastal dunes. The park has several trails, but can only be visited with a guide.

#### Centro de Turismo

Rua Aderbal de Figueiredo 980. **Tel** (084) 3211 6149. O 9am-7pm daily.

Parque das Dunas
 Av Alexadrino de Alencar s/n.
 Tel (084) 3201 3985. 8am-6pm
 Tue-Sun. 8 5

# Rota do Sol Beaches 6

Heading south from Natal on the Rota do Sol (Route of the Sun), there are beaches and more beaches, stretching from the edge of the city to the far southern border of the state. Variety is the key feature of this golden stretch of coast. There are beaches with small reefs and little surf, and others with strong and steady waves, much loved by avid surfers. There are deserted beaches surrounded by tall dunes, accessible only by dune buggy or 4WD, far from the hustle and bustle of even the smallest fishing village. Other beaches, particularly Pipa, are full to bursting with energetic young Brazilians.



Mãe Luiza lighthouse north of Ponta Negra





Snorkeling in the coral reefs, Maracaiaú

### Genipabu 0

Rio Grande do Norte. M 5,000. Natal Airport. C Associação dos Bugueiros do Rio Grande do Norte, (084) 3225 2077.

The main reason to visit Genipabu is to experience the magnificent dunes. This small town is located north of Natal, close to the edge of an impressive landscape of shifting sands that pile up into high dunes and plunge down to the edge of the Atlantic Ocean. Though it is possible to ride a camel through the dunes or sand-board down them, the best way to enjoy these enormous ridges of sand is behind the roll bar of a dune buggy with an experienced driver at the wheel. The Parque Dunas

**de Genipabu** is the perfect place to start. This area of 164-ft (50-m) tall shifting dunes is off-limits to all but licensed buggy drivers who know their way around every hump and dip. Passengers have the option of requesting a ride "com ou sem emocão" (with or without the thrills and heart palpitations). Well worth requesting, the thrillride is an amazing rollercoaster of maneuvers up and down along the slipperv front faces of the dunes. descending at almost 90degree angles before zooming straight up another dune on the far side.

The best time of day to visit the Parque das Dunas is in the afternoon, to enjoy the lovely golden sunset over the dunes after the ride.

### Maracajaú 8

Rio Grande do Norte. 🚃 💽 at low tide only.

Maracajaú's coral reefs offer one of the best spots for snorkeling along the whole of Brazil's north coast. The reefs lie approximately 4 miles (7 km) offshore At low tide, the receding ocean leaves the reefs from just 3 to 9 ft (1 to 3 m) underwater. and forms natural pools, called *parrachos*, which combine the beauty of the tranquil water with a spectacular array of marine-life. They are shallow enough for snorkelers and swimmers to observe dozens of species of colorful, tropical fish trapped inside the reefs. The water is crystal clear and warm round the year, making it a popular destination for scuba divers and swimmers alike. Tour operators offer scuba diving trips, but the water is so shallow, it is hardly worth the effort or expense.

The best way to reach Maracajaú is by a dune buggy, departing from Natal (or Genipabu) and traveling north along the white, sandy beaches. Check the tide tables to time the journey in order to arrive in Maracajaú at, or a few hours before, low tide. The large **Manoa Water Park**, replete with slides and swimming pools, en route to the coral reefs in Maracajaú, is an enjovable stop for children.



Tourists enjoying a buggy ride on the white sand dunes in Genipabu

For hotels and restaurants in this region see pp379-81 and pp405-406



Sailboats, known as jangadas, on Tibaú beach, one of the beach-villages along Costa Branca

### Costa Branca

Rio Grande do Norte. Catavento Turismo, (085) 3433 6999

The Costa Branca lies in the extreme northwest of Rio Grande do Norte. Starting at Porto do Manque. it stretches across the villages of Areia Branca and Grossos and ends at Tibaú The name "Costa Branca" refers to both the white dunes and the salt works found along this coast. The region has not vet been discov-

ered by mass tourism, and its beaches, mangroves, dunes, and lagoons are blissfully devoid of crowds. Praia do Rosado, just west of Porto do Mangue, is famous for its pinkish sand dunes. The red soil underneath the shifting dunes mixes with the white sand of the beach giving the dunes an unusual and distinctly soft, pink hue.

The largest village on this coast. Areia Branca has around 20.000 residents and offers the best tourist facilities for those wanting to spend a few days exploring the region. Tibaú is the last

village in Rio Grande do Norte, right on the border with Ceará. Its beach is mostly used by residents of the inland city of Mossoró Local artisans use sand from the colored dunes to make artistic and pretty

Sand design in designs inside small

glass bottles. glass bottle

# Mossoró 🛛

Rio Grande do Norte. 🚮 225,000. 🔀 🚃 🖬 Secretaría de Turismo (084) 3315 4820. 🐼 Batalha do Mossoró (Jun).

Located 34 miles (55 km) inland from the coast. Mossoró is, in many ways, the archetypal sertão town of the northeastern interior The main places of interest in Mossoró are connected to a glorious moment in history in 1924, when the townspeople fought off an attack by the legendary bandit leader Lampião and his gang of outlaws. The event is still commemorated every June 13 with great ceremony.

Mossoró is an ideal jumping-off point for visiting the Laiedo de Soledade, an archaeological site. Its limestone rocks were formed more than 90 million years ago. Tours begin at the visitors' center, at the Museu de Soledade. From here. visitors can depart on a guided walk featuring 10.000year-old rock paintings, and impressive fossils containing the remains of extinct animals, including sabertooth tigers.

Laiedo de Soledade Tel (084) 3333 1017. 🚺 7am–5pm Tue-Sun. 🐻 🍯

#### REPENTISTAS

Repentista is a popular form of entertainment in the interior of the Northeast. Its singers engage in a twoman musical duel, making their rhymes up on the spot, trying to score points off their opponent. Singers sometimes accompany themselves with a tambourine or the melodious viola nordestina, developed from the Portuguese seven-string guitar. The singing duelists take turns singing out a stanza, trying to win the favor of the audience by making fun of their opponent, preferably with a clever bit of rhyme. The adversary's manhood, sexual prowess, and ancestry are common topics, but



Repentistas performing

politics and day-to-day events also play into the mix. In big cities with significant nordestino populations, such as São Paulo and Rio de Janeiro, repentistas make money on the downtown streets by creating impromptu songs to entertain homesick migrants.



# Canoa Quebrada 0

Ceará: Ma 65,300. Fortaleza: Secretaría de Turismo, (088) 3446 2451. www.canoaviagem.com.br

In just over three decades. Canoa Ouebrada has transformed from a sleepy fishing village to a popular hippy hangout in the 1970s, and now a mainstream beach resort. According to a legend. the name Canoa Quebrada meaning "Broken Canoe." originated with a Portuguese skipper who wrecked his ship close to shore and donated the useless craft to local fishermen. Never having seen such a craft before, locals named it a broken canoe

The beaches of Canoa Ouebrada, featuring red cliffs. fine sand, and offshore reefs. attract many visitors today. The village itself is a bustling place, known for its cafés and restaurants, and for the bars and clubs lining the main cobblestone street. It is also famous for its lacework. Even at the busiest times, however, it is not difficult to get away from the crowds and find a spot on one of the more deserted beaches or high sand dunes surrounding Canoa Quebrada. Buggy tours are a popular way to get out of town. The tour to Ponta Grossa, 18 miles (30 km) southeast, travels along miles of empty beaches framed by high red sandstone cliffs. Other activities include kitesurfing, riding, and sailing on a jangada (sailboat).



Beach along the fishing village of Jericoacoara

About 6 miles (10 km) northwest is the small town of **Aracati**. It is one of the few historic towns in this part of Northeast Brazil. An important center for the 18th-century cattle industry, Aracati has several buildings dating back to this time. Most noteworthy is the Mercado Central (Central Market), dating back to the 1700s, still used as the town's daily open-air market on Rua Pompeu.

Fortaleza **1** 

See pp242-3.

### Jericoacoara 13

Ceará. 🚮 2,000. 🚃 from Fortaleza. www.jericoacoara.com

The isolated village of Jericoacoara is a beach lover's paradise. Although no longer the sleepy fishing community it once was, it preserves much of its original charm. The village consists of five streets made of sand, and houses and apartments are simple, even rustic. In 2002, the entire region was declared a national park, putting a complete halt to the construction of new buildings.



Red sandstone cliffs in and around the beaches of Canoa Quebrada

For hotels and restaurants in this region see pp379-81 and pp405-406



The spectacular Ubajara Cave in Parque Nacional de Ubajara

Surrounded by dunes and lagoons, Jeri (as locals call it) is a place for those who like water, waves, and wind. From June to January, the winds pick up and kite-surfers, windsurfers, and sailors from around the world flock to Jeri.

Dune buggies are used to explore the surrounding beaches and dunes and visit the various lagoons. The most beautiful are Lagoa Azul and Lagoa Paraíso. located about 12 miles (20 km) east of the village. Jeri's postcard view is that of Pedra Furada, a basalt outcrop, on the edge of the sea with a 13-ft (4-m) hole in the middle. It sits on the beach at Praia Malhada, about 2 miles (3 km) east, a 15minute walk from the village. The red rock glows in the late afternoon light and from June to September, the aperture lines up perfectly with the tropical setting sun. Another beautiful spot is Pôr do Sol (Sunset Dune).

# Parque Nacional de Ubajara 🛛

Ceará. 🔤 from Fortaleza. Secretaria de Turismo, (088) 3634 2288; Park Headquarters, (088) 3634 1388. Ogam-2:30pm Tue-Sun.

Located almost exactly halfway between Fortaleza and Teresina, the Parque Nacional de Ubajara is the smallest national park in Brazil. Located close to the small town of Ubajara, the park features the **Ubajara Cave**. The entrance to the cave can be reached either by cable car or via a steep, marked trail through the forest. The 3,937ft (1,200-m) long cave is filled with stalactites and stalagmites, the work of several patient centuries of erosion and calcium deposition.

Fifteen chambers totaling 3,674 ft (1,120 m) have been mapped, of which 1,182 ft (360 m) are open to visitors. Eight galleries are lit up to display some of the amazing formations that have taken shape inside the cave. The main formations seen inside

are Pedra do Sino (Bell Stone), Salas da Rosa (Rose Rooms), Sala do Cavalo (Horse Room), and Sala dos Retratos (Portrait Room). The cave is also home to 14 different types of bat.

The elevation gain is just over 1,640 ft (500 m), and the trail leading up to the cave, though rather strenuous, offers some spectacular views of the Serra da Ipiapaba and several waterfalls and beautiful natural pools. The hike takes about two hours, one way. There are also many local guides available here to show visitors around the park's eco trails, caves, and waterfalls.

#### BUGGIES

Dune buggies are found everywhere on Brazil's northeastern coast. Essentially a Volkswagen Beetle chassis with a fiberglass body and soft, fat tires, the Brazilian dune buggy is the perfect vehicle for exploring the endless beaches and towering sand dunes that characterize Northeast Brazil.

Popular places to buggy here are Genipabu (*see p238*), just north of Natal, and Cumbuco and Canoa Quebrada, respectively north and south of Fortaleza. They all feature towering mountains of sand, and dune buggy drivers are trained to make the most of them.

High speed runs up, down, and along the sheer, steep face of sand dunes are among the most hair-raising maneuvers one can expect from such a tour.

Multiday buggy expeditions include tours from Natal to Fortaleza, nearly 311 miles (500 km) of untouched sand.



Dune buggy in Canoa Quebrada

# Fortaleza 🛛

With pretty urban beaches, a pleasant year-round climate, and a constant cooling breeze coming off the ocean, Fortaleza has an appealing resort-like atmosphere. Though founded in the early 1500s, Fortaleza remained a small town until after Brazilian independence in 1822. Fortaleza quickly developed into one of Brazil's largest ports, exporting vast amounts of cotton to England in particular. There is a small historic section near the old port, now renovated as a nightlife area called Praia de Iracema, but beyond that Fortaleza has a rather modern feel, with apartment high-rises, beach boulevards, and appealing outdoor cafés.



Brightly painted colonial buildings lining the streets

#### 🔄 Teatro José de Alencar

Praça José de Alencar s/n. **Tel** (085) 3101 2583. 🖸 8am–5pm Mon–Fri, 8am–noon Sat. 🌠 🌠 💺

Named after one of Brazil's famous novelists, the Teatro José de Alencar was built in 1908. The theater's high-Victorian cast-iron structure was imported straight from Glasgow. Additional

elements, such as the stainedglass windows and interior furnishings, were done in the Art Nouveau style.



Rua Senador Pompeu 350. **Tel** (085) 3101 5508. 7am–6pm Mon–Sat, 7am–noon Sun. &



ron-work, leatro José de Alencar This formerly grim Victorian prison has been transformed into a bustling market, with a different shop in each of the old jail cells. The market specializes in local handicrafts, includ-

ing fine lace, leather, and figurines. The market is a good place to stock up on top-quality cashew nuts.



Rua São Paulo 51. **Tel** (085) 3101 2611. O 9am–5pm Tue–Sun.

The museum possesses a vast archive of things relating to the history of Ceará – coins, medals, paintings, furniture, indigenous artifacts, folk art, and more. Its most prized exhibit is the dagger belonging to notorious outlaw Lampião (*see p213*).

#### Forte Nossa Senhora da Assunção

Rua Maestro Alberto Nepomuceno 250. **Tel** (085) 3255 1600. 38am– 4:30pm Mon–Sat, 8am–noon Sun.

Fortaleza's oldest fort was built by the Dutch in 1649 as Fort Schoonenborch. The Portuguese captured and re-christened it in 1654. The five-pointed fort remains an active military post to this day.

#### Mercado Central

Rua Maestro Alberto Nepomuceno 199. Tel (085) 3454 8586. 8am-7pm Mon-Fri, 8am-5pm Sat, 8amnoon Sun.

Fortaleza's central market is the cheapest place in town to pick up some fine leatherwork, lace, or textiles. The market is also an excellent place to sample local ice cream made from regional fruits.

#### FORTALEZA

Centro de Turismo 2 Forte Nossa Senhora da Assunção 3 Mercado Central 5 Museu do Ceará 3 Praia de Cumbuco 9 Praia de Iracema 6 Praia de Meireles 7 Praia do Futuro 8 Teatro José de Alencar 7



For hotels and restaurants in this region see pp379-81 and pp405-406

the story of Iracema tells of the love that a Tabajara princess bore for Martim, a white Portuguese settler. Iracema uses magic to make Martim fall in love with her, and is ostracized by her community. Away from her people, she loses her magical powers and her lover. A statue of Iracema on Meireles beach is located where, according to legend, she stood awaiting the return of her beloved.

#### 😭 Praia de Iracema

Status of Iracoma

waiting for her lover

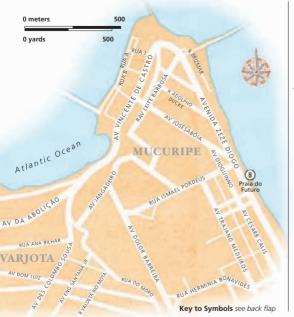
Just east of the city center lies the Praia de Iracema. Though called a beach, it is actually the very urban former port. now renovated and transformed into the city's most popular nightlife and restaurant area. The centerpiece of the area is a long ocean pier called Ponte dos Ingleses (Englishman's Pier), first built in 1920, and modeled on the piers of Brighton. Many restaurants occupy other original turn-of-the-19th-century buildings in the area. Locally famous nightlife spots include Piratas (open Mondays), and Lupus Bier, known for its Wednesday-evening folklore and variety show.

#### Praia de Meireles

The city's prettiest urban beach is lined with thick groves of coconut palms and waterside cafés, although the water is not considered good for swimming. Meireles is a great place for strolling,



Visitors at a waterside café, Praia de Meireles



#### VISITORS' CHECKLIST

Ceará. M 2.3 million. 4 miles (6 km) S of town. (085) 3256 2100. Curista, Av Beira Mar at Rua Frei Mansueto, (085) 3105 2670. daily craft market at Meireles beach. Fortal (Jul), Regata de Jangadas (Jul), Semana do Folclore (Aug). www.fortaleza. ce. qov.br/turismo

shopping, sun-bathing, or people-watching while sipping on fresh cashew juice. Home to what has become the city's prime residential and hotel neighborhood in Fortaleza, Meireles' pedestrian boulevard, running beside the beach, becomes a night market every evening.

> ■ Praia do Futuro Praia do Futuro is one of the best beaches in the city for swimming, and a bustling nightlife destination in its own right. The 7-mile (11-km) long beach southeast of the center is lined with restaurants and beach shacks that

serve local cuisine. There are several discos on the beach that are popular on weekends. On Thursday nights, Fortalezans head to Barraca Chico do Caranguejo to feast on fresh crab and listen to popular live *forró (see p236)* music.

#### 😭 Praia de Cumbuco

21 miles (33 km) W of town. Cumbuco is the city's favorite beach playground. The Lagoa da Banana offers a wide variety of watersports, including jet-skiing, boating, banana boating, and kayaking. Lagoa do Parnamirim, just south of Cumbuco, is surrounded by tall dunes, making it the perfect spot for "ski-bunda" (bum-skiing), where skiers sit on a wooden board and slide down the side of the dune into the lagoon. Other sport activities on offer here include horseback riding and sailing on jangadas, or single-sail rafts.



# PIAUÍ & MARANHÃO

Ithough part of the Northeast, Piauí and Maranhão are different from the rest of the region culturally and geographically. Both states have violent histories. Piauí was the site of many skirmishes between the indigenous population and cattle herders, and Maranhão was forcibly settled in 1612 by the French. Today, the area is abundant in natural and cultural riches.

Unlike its southern neighbors, Piauí was settled by ranchers on horseback pushing northwards from the sugar plantations of Bahia in the late 1700s.

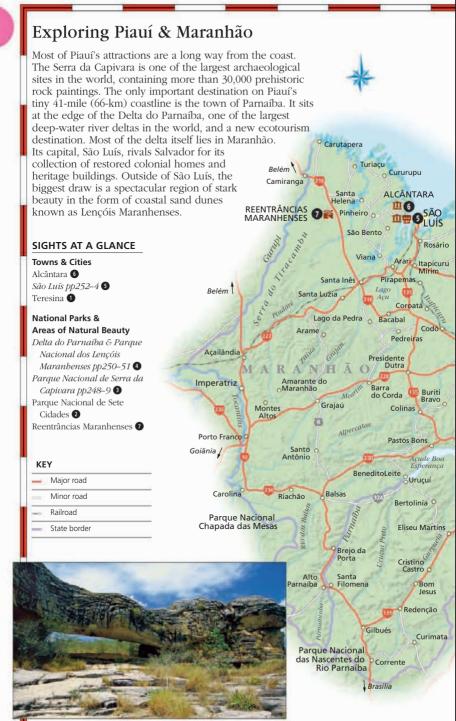
Largely visited in transit, Piauí is sparsely populated and possibly the poorest state in Brazil. The economy here is greatly dependent on agriculture and livestock. The only significant industry revolves around the *carnaúba* palm, which yields a wax that is an important ingredient of shellac. However, Piauí boasts a few fascinating natural attractions. The state capital, Teresina, located more than 186 miles (300 km) inland, is the only capital in Northeast Brazil which is not on the ocean, and has some interesting sights.

For many years after they first came to Brazil, the Portuguese showed little interest in the area that now forms Maranhão. Taking advantage of the Portuguese neglect of the Maranhão coast, the French, in 1612, landed a sizable force and founded São Luís, named in honor of King Louis XIII. Portuguese forces laid seige for four years to drive the new French colony out.

Maranhão's golden age came in the 19th century, with a rich agricultural export economy based on cotton and sugar. Ports such as São Luís and Alcântara grew wealthy. When slavery was abolished in 1888, Maranhão sugar and cotton industries collapsed, causing an economic slump that lasted for most of the 20th century.

Maranhão is today an exciting destination, both in terms of natural and cultural treasures. The state's main festival, Bumba-meu-boi, celebrates the indigenous, Portuguese, and African cultures.





Pedra do Elefante at the Parque Nacional de Sete Cidades



The beautiful pristine Caburé beach at Lencóis Maranhenses



#### SEE ALSO

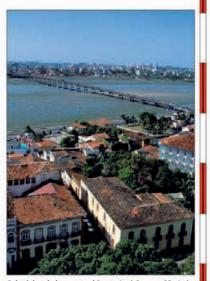
• Where to Stay p381

• Where to Eat pp406-407

#### GETTING AROUND

The São Luís airport in Maranhão has international flights, and Piauî's capital city Teresina can be reached by flights en route to São Luís. There are buses linking almost every town in this region, but roads are in very poor condition. It is also possible to rent a car. The inland attractions of Piauí are far from Teresina, and from each other, so travel well equipped with plenty of gas, water, and supplies.

Most of Maranhão's highlights are on the coast. The Lençóis Maranhenses are best accessed from Barreirinhas, located just on the edge of the Lençóis Maranhenses National Park. From São Luís, it is a 45-minute flight in a single-engine plane, or a four-hour drive. Once there, most excursions are by boat or in a 4WD, as there are no paved roads in the region.



Colonial-style houses and Ponte José Sarney, São Luís



Church exterior, Nossa Senhora do Amparo

# Teresina 1

Piauí. 🕅 775,000. 😿 📼 Piemtur, (086) 3216 5510. www.teresina.pi.gov.br

Founded in 1852, Teresina was named in honor of the Empress Teresa Cristina, wife of Brazilian Emperor Dom Pedro II. Teresina has the dubious honor of being one of Brazil's hottest cities, although Rio Parnaíba and Rio Poty, as well as several large, tree-shaded squares scattered throughout Teresina, moderate the worst of the city's scorching heat.

Most historic buildings date back only to the end of the 19th century. One of the oldest buildings is the cathedral, **Nossa Senhora do Amparo**. Construction was started in 1851, but completed only in 1952. More modern but interesting is the Palácio Karnak, Piauí's new state legislature. Built in 1926, the palace's façade was modeled on an ancient Egyptian temple. The former state legislature is now home to the **Museu do Piauí**. Its small collection provides a good overview of regional history, including both prehistoric artifacts and folk art.

#### Environs

Easily reached by bus, the **Parque Ambiental Encontro dos Rios** is located just north of Teresina, where the Poty and Parnaíba rivers join up. This pleasant park offers walking trails, fishing spots, gardens, two lookouts, a floating restaurant, a store with regionally made crafts and a statue of Crispim, the Bowl Head.

#### ff Museu do Piauí

Praça Marechal Deodoro da Fonseca, Centro. **Tel** (086) 3221 6027. 8am-5pm Tue-Fri, 8amnoon Sat & Sun.

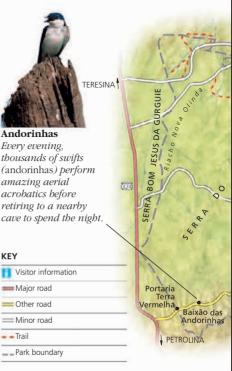
# Parque Nacional de Serra da Capivara •

Piaui's most compelling park is the Serra da Capivara, located in the far south of the state. The park's impressive canyons, plateaux, and rock formations also form one of Brazil's most important prehistoric sites, one that was designated a UNESCO World Heritage Site in 1991. Over 30,000 rock paintings have been discovered within the park. The paintings portray aspects of prehistoric life such as the hunt, dances, and other rituals.



**Rock Painting** 

Scientists estimate that many of these rock paintings were created between 6,000 and 12,000 years ago. The oldest drawings may date to as far back as 29,000 years.



For hotels and restaurants in this region see p381 and pp406-407



Trails leading up to rock formations at Parque Nacional de Sete Cidades

### Parque Nacional de Sete Cidades 2

Maranhão. 🚃 from Teresina. Ibama Office. Centro de Visitantes, (086) 3343 1342 🗋 8am–5pm daily. 🌃 🥔 Parque Hotel Sete Cidades. (086) 3223 3366.

The name Sete Cidades (Seven Cities) refers to seven distinct and unusual rock formations, spread out in the park along 7 miles (12 km) of trails. Only the first six

are accessible to the public. Sculpted by rain, wind, heat, and erosion, the rocks resemble animals, people. mythological beings and even man-made structures. Among the shapes are Mapa do Brasil. a backward facing map of Brazil and **Biblioteca** (Library) in Ouarta Cidade (Fourth City). Segundo Cidade. the second of the seven "cities" has a 147-ft (45-m) tall lookout with views out over five of the cities of stone. There are also more than 2.000

#### CRISPIM. THE BOWL HEAD

A popular Piauí legend tells the story of Crispim, a fisherman who lived by the banks of the Rio Parnaíba He came home one day frustrated after not having caught any fish. Outraged with the meager lunch of beef bone soup. Crispin took up a large bone and beat his mother. As she lay dving, she cursed him, condemning him to live in the river as a bowl-headed monster. The curse would be lifted



Rio Parnaíba, reputedly haunted by Crispim

when he devoured seven virgins named Maria. Locals still tell of spotting Crispim in the river, looking for virgins to eat.



Rodrigues a walk through Baixão da Pedra Furada, leads to archaeological sites with rock

Desfiladeiro da Capivara is a 2- mile (4-km) long trail, leading to many rockpainting sites.

#### VISITORS' CHECKLIST

Coronel José Dias, Piauí. from Teresina to São Raimundo Nonato, then taxi. 🚹 Museu de Homem Americano, Bairro Campestre, São Raimundo Nonato, (089) 3582 1612. 7am–5pm daily. Best time to visit is from March to June. 🐼 valid for three days. 🜠 tour groups up to a maximum of 10 people. Hotel Serra da Capivara, Santa Luiza, (089) 3582 1389.



Baixão da Pedra Furada The trail leading to the large unusual-shaped rock, known as Pedra Furada (Pierced Rock), leads to 10 different archaeological sites.

prehistoric rock paintings.

some 6.000 years old. The

most impressive painting,

Pedra de Inscrição (Inscribed

cryptic Indian runes, can be

seen at Ouinta Cidade (Fifth City). Other formations

Cidade (Sixth City), and look-

out points such as the Arco de

Triunfo (Triumphal Arch), a 59ft (18-m) tall arch-shaped rock.

which lies between Ouarta

Cidade and Ouinta Cidade.

include Pedra do Elefante

(Elephant Rock) at Sexta

Rock) said to be marked with

# Delta do Parnaíba & Parque Nacional dos Lencóis Maranhenses

The Delta do Parnaíba stretches roughly from the Piauí border some 56 miles (90 km) farther up the coast in Maranhão, where the Rio Parnaíba runs into the sea. Shaped like a hand, the river breaks into five fingers, meandering through some 83 islands. Small villages thrive on sea salt, cashews, and crabs. Tourism is still in its infancy. Straddling Piauí and Maranhão, the Parque Nacional Lencóis Maranhenses offers over 600 sq miles (1,555 sq km) of spectacular white sand dunes created by strong coastal winds. From May to August, rain collects in the basins between dunes, forming countless crystal-clear freshwater lagoons. In June, when the water levels are at their highest, the Lencóis dunes look like an array of white stripes, interspersed with sparkling ribbons of blue, turquoise, and green.



★ Oueimada dos Britos Deep inside the park is an oasis, surrounded by sand dunes. It can be visited by 4WD from Sucuruju.

Oueimada

dos Britos

Sucuruiu

ATLANTIC OCEAN

\* Scarlet Ibis Born gray, these birds obtain their distinct red color from eating tiny crustaceans found in tide flats in the estuary of the Rio Preguiças.



### Provoado de PRIMEIRA CRUZ. Lagoa de Santo Amaro This beautiful clear-water lake near the tiny village of Santa Amaro do Maranhão sits isolated amid sand dunes.

Lagoa de Santo Amaro

Santo Amaro

do Maranhão

Lagoa Travosa

# KEY Domestic airport Major road Minor road Trail Park boundary

- STAR SIGHTS
- ★ Oueimada dos Britos
- ★ Scarlet Ibis
- ★ Lencóis



#### ★ Lencóis On foot, visitors can only access a small portion of the park. To appreciate the size and scale of the dunes, it is worth taking a sightseeing flight from São Luís. The views of the large dunes and lagoons are breathtaking.

For hotels and restaurants in this region see p381 and pp406-407

#### THE VERSATILE BURITI PALM TREE

The delta area's dense vegetation is dominated by the multipurpose buriti palm tree. The fruit can be eaten or used for wine. The trunk is used for house poles, while the fronds make thatch roofs and baskets. Buriti fiber is crucial for the strong but limber pouch used to squeeze the poison from manioc root. The twigs make good placemats. The seeds can be fashioned into jewelry, and the bark can be spun into twine.



Buriti palm tree with its hanging fruit

#### VISITORS' CHECKLIST

Piauí/Maranhão, 🔀 🔜 from Teresina to Delta do Parnaíba & Lencóis Maranhenses 🌄 from Lencóis Maranhenses to Barreirinhas, then to Caburé. Casa do Turismo, Porto das Barcas. Parnaíba, (086) 3321 1243: Ecodunas, Rua Inácio Lins 164. Barreirinhas, (098) 3349 0372. 🜠 Giltur Rua Montanha Russa 22, São Luís. Tel (086) 231 7065 A Barreirinhas www.parquelencois.com.br



#### Caburé

Sitting on a sandpit a short distance from the Atlantic Ocean, this tiny settlement is a good starting point for reaching the northeastern part of the Lencóis Maranhenses by ferry.

Grande



Barreirinhas is a small town, and the main access point to the park.

#### Pequenos Lencóis This small desert

of dunes rises out of Rio Preguicas. Ropes assist in hiking to the Boi hill.





## Delta do Parnaíba

Formed where the Rio Parnaíba meets the Atlantic Ocean. the Parnaíba delta, comprising 83 islands with immense beaches, is one of the richest habitats for birdlife in the Northeast.

## Street-by-Street: São Luís 9



Detail of a tile,

One of Brazil's finest examples of Portuguese colonial architecture, São Luís was ironically founded by the French in 1612, and later taken over by Dutch invaders. In 1644, the city was finally settled under Portuguese

rule, serving as the export point for sugar and cotton. Expensive houses and buildings covered with brightly colored Portuguese tiles were built in the city's urban center. By the late 1800s, with slavery at an end, São Luís went into a decline. At the end of the 1970s, the state government began to invest in preserving the city's historic center. In 1997, the historical core of São Luís was designated a UNESCO World Heritage Site.



A row of colorful houses along one of the streets in São Luís

JTANHA RUSS

AV DOM PEDRO II

NUA



★ Palácio dos Leões Built in 1766 on the site of the original French Fort St. Louis, the Palácio dos Leões is now home to the Maranhão state government.



Beco Catarina Mina This picturesque 18th-century alley connects the lower lying streets of the historic center with Avenida Dom Pedro II.

#### STAR SIGHTS

- ★ Palácio dos Leões
- ★ Casa das Tulhas
- ★ Centro de Cultura Popular

#### Casa do Maranhão

BEIRAMA

Museu de Arte

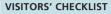
Visuais is covered in elaborate

Portuguese tiles.

The former 19th-century customs building now houses a fine collection of Bumba-meu-boi folklore. Guides walk visitors through the colorful exhibits.



For hotels and restaurants in this region see p381 and pp406-407



Maranhão. 🖬 Central de Serviços Turisticos, (098) 3231 7431 www turismo ma gov br/ en/ Casa das Tulhas Rua da Estrela 401. Tel (098) 3231 7431 8am-6pm daily, Palácio dos Leões Av Dom Pedro II. 3–6pm Mon, Wed & Fri. 🐼 🏹



mer senator and state governor. Benedito Leite.

> 28 DE JULHO



Rua de Estrela is one of the liveliest streets in the historic center of São Luís.

Regional delicacies, such as cashew nuts and dried shrimp, are on sale in the food stalls of this 19thcentury market building.



\* Centro de Cultura Popular This center exhibits costumes, artifacts, and photographs of the Festa do Divino, one of Maranhão's most popular religious festivals.

## 0 meters 100 0 yards 100

RUA 14 DE JULHO

RUP ON ESTREIN

BECO DA PRENS





TRAV. M. ALMEDA

TRAV. BOAVENTURA

Matriz da Sé

The cathedral little

resembles the original 1699

vations were carried out in

1922. including the addi-

tion of a Neo-Classical facade. giving the cathedral its imposing look.

structure Extensive reno-



José Sarney Bridge connecting the historic district to São Francisco, São Luís

#### **Exploring São Luís**

The rich and diverse historical center of São Luís makes it ideal for touring on foot. This is the oldest part of the city, known interchangeably as the Praia Grande, the Reviver,

and the **Centro Histórico** All the city's museums and beautifully preserved historic sites are located here.

The **Casa do Maranhão** is one of the city's most interesting museums, offering two floors of colorful exhibits that elaborately explain the Festa do Bumba-meu-boi.

The Centro de

Cultura Popular (also known as the Casa da Festa) is dedicated to showcasing the traditions and customs of the Festa do Divino Espírito Santo. The highlights of the museum are the poster-size photographs of the actual celebrations, including some compelling black-and-white images of the elderly women who have served as festival queens.

The building that once housed the city slave market is now home to the Cafua das Mercês, also known as the Museu do Negro. This small museum contains numerous artifacts from the slave era, including musical instruments and tribal artwork, and sinister tools of the slave trade, such as shackles and instruments of torture. One of the more poignant monuments is the Pelourinho, or the whipping post, on display in the museum's central courtyard.

The **José Sarney** Bridge leads from the Centro Histórico into the newer parts of the city. Across the bridge lies São Francisco, the city's small central business district. Just buyond São Francisco, there

is a large freshwater lake, the Lagoa de Jansen, circled by a boardwalk with a number of bars and restaurants. Much calmer than the Centro Histórico, it is a very popular place to stroll in the evenings. São Luís is blessed with a string of excellent beaches all of

Cazumba figure, Casa do Maranhão ring of excellent beaches, all of which can be easily accessed by bus from

the Terminal de Integração in the city center.

Farther south, beyond the Lagoa de Jansen, the popular beaches are Ponta d'Areia,

#### BUMBA-MEU-BOI

A unique folklore event endemic to Northeast Brazil, the Festa do Bumba-meu-boi revolves around a legendry folktale about the life, death, and resurrection of a magical Brazilian bull. Over the centuries, the celebration has grown into a huge carnivalesque festival, with different neighborhood groups competing to put on the best re-enactment of the story. In São Luís alone, more than 100 groups take to the streets. A papier-mâché bull is created

São Marcos, Praia do Calhau, Calhau, and Olho d'Agua. Calhau, located 6 miles (10 km) from São Luís, is considered by many to be one of the nicest beaches around the city. Many busy kiosks and restaurants line the beachside boulevard. The quiet far end of the beach, where the water is calm and restaurants fewer, is known as Caolho.

#### ff Cafua das Mercês

Jacinto Maia 43. 💟 9am–6pm Mon–Fri.

#### 🏦 Casa do Maranhão

Rua do Trapiche s/n. **Tel** (098) 3218 9955. 1–7pm Mon–Fri, 9am–6pm Sat & Sun. M

**①** Centro de Cultura Popular Rua do Giz 221. *Tel* (098) 3318 9924. ○ 9am-7pm Tue-Sun.

## Alcântara 🛛

Maranhão. 🚮 6,000. 🔛 from São Luís. 🚹 Casa Municipal de Turismo, (098) 3231 4696. 🧭 Festa do Divino Espírito Santo (May).

Just across from São Luís, Alcântara lies on the other side of the Baía de São Marcos. The city was founded by the Portuguese in the 1640s, and used as a temporary capital and base during the campaign to drive the Dutch away from São Luís. Alcântara reached its zenith in the 19th century as



A colorful celebration of the Bumba-meu-boi festival

each year and displayed in raucous parades, where participants take on the roles of medicine men, Indians, peasants, and cowboys. The largest celebrations take place in the second half of June. The music is upbeat and lively, with different groups using different rhythms and instruments.



Pillory, restored mansions, and ruin of a church in Alcântara

the regional center for the surrounding sugar and cotton plantations. It was the place where wealthy slave-owning aristocrats built their splendid city mansions. When slavery was abolished in 1888, the local economy crashed, the white upper class departed, and many of the fine mansions stood abandoned.

Appreciation of Alcântara's heritage value began as early as the 1950s, but restoration has been slow and quite a few of its churches and mansions remain as ruins. giving the city its own charm. These ruins are now the town's main tourist attractions. Day-trippers from São Luís come here to stroll the quiet cobblestoned streets. peer among the ruins, and admire the often brightly-tiled mansions of this former colonial capital.

The Brazilian Heritage Institute, Iphan, has restored several of the old mansions as museums. The best is the **Casa Histórica do Iphan**, featuring period furniture and glassware. Informative wall plaques and well-trained guides make getting around easy in the museum.

Another attraction to Alcântara is the Festa do Divino Espírito Santo, a vibrant religious festival held in May every year.

 ① Casa Histórica do Iphan Praça de Matriz s/n. ○ 9am–5pm Tue–Sun. ※

## Reentrâncias Maranhenses **9**

Maranhão. 🔤 from São Luís to Cururupu. 🔛 from Cururupu. 🚹 Sematur, Praça Joao Lisboa 328, São Luís, (098) 3232 2098.

One of the world's largest wetlands, the Reentrâncias Maranhenses is also one of Maranhão's more offthe-beaten-track natural attractions. The small town of **Cururupu** to the north of São Luís offers the best access to the Reentrâncias Maranhenses, with boats departing regularly.

Spread over an area of 10,350 sq miles (26,800 sq km), the Reentrâncias Maranhenses forms an important habitat for shore-birds such as scarlet ibis, spoonbills, whimbrels, egrets, willets, ruddy turnstones, and black-bellied plovers, as well as an array of marine-



Scarlet ibis, one of the shorebirds found in Reentrâncias Maranhenses

life, including sea turtles and manatees. Many species of fish and crustaceans are also found in the Reentrâncias. The region is geographically diverse and consists of a complex riverine system of extensive bays, coves, and rugged coastline covered mainly by mangrove forest. Many low-lying islands are also found here.

In order to protect the flora and fauna of this region, the Reentrâncias Maranhenses was designated an Area de Proteção Ambiental (Area of Environmental Protection) and was also made a Ramsar site (a wetland site listed under the Convention on Wetlands of International Importance) in 1993.

One of the more popular destinations here is the **Ilha dos Lençóis**, to the northeast of Currupu. The island's geography somewhat resembles the Lençóis Maranhenses (*see pp250–51*), with its endless landscapes of dunes and lagoons.

A small community of 300 people live here and still practice subsistence fishing. Some of them are descendants of the Filhos da Lua (Sons of the Moon), an albino community that settled here in the beginning of the 20th century. The isolation and flooding was harsh on the residents, and not many survived. Some of the fishermen work as local tour guides for a small fee.



# NORTHERN Brazil



INTRODUCING NORTHERN BRAZIL 258–263 Pará & Amapá 264–275 Amazonas, Roraima, Acre & Rondônia 276–289

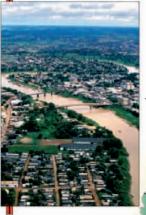
## Introducing Northern Brazil

The six states of Pará, Amapá, Amazonas, Roraima, Acre, and Rondônia cover almost half of Brazil. Northern Brazil was relatively quiet until the rubber boom in the late 19th century. With expansive savannas to the north, and a rich diversity of flora and fauna in the east, today the region's economy is sustained by traditional forest products. Belém, Manaus, Santarém, Rio Branco, and Porto Velho, cities created by the rubber industry, are growing fast, connecting Amazônia to the outside world.





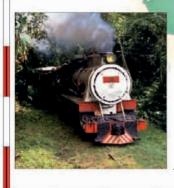
Boa Vista's Monte Roraima (see p288), with its massive uplified plateau, inspired Sir Arthur Conan Doyle's book The Lost World.



(see p288) was founded during the rubber boom. Today, it is better known for its sustainable rubbertapping forest reserves.

Rio Branco

AMAZONAS, RORAIMA, ACRE & RONDÔNIA (see pp276–89)



Madeira-Mamoré Museu Ferroviário (see p289), in Porto Velbo, houses several impressive locomotive steam engines, antique carriages, and other railway paraphernalia.

0 km	100	
0 miles		100



**The river scenery of Santarém** (see p274), known for its serene beauty, is the primary reason for visiting this popular Amazon port town.

**Ilha de Marajó** (*see* p270) is the world's largest inland river island. Its eastern half is savanna dotted with small woodland copses.



The old port of Belém (see pp268–9) possesses more character than any other sector of the city. Attractive fishing boats bob up and down in the harbor, with the large old white fort on one side and the colorful Ver o Peso market on the other.

PARÁ & AMAPÁ (see pp264–75) The Amazon river (see pp284–7), known as Rio Solimões in its upper reaches, was first identified by Vicente Yáñez Pinzón. Its lower reaches are called Rio Negro.

**Teatro Amazonas** (see pp282–3), in Manaus, exudes the opulence of its rubber-boom architects. It took the finest of materials and the most skilled of craftsmen to re-create an Italian Renaissancestyle edifice, with a steel structure from Scotland and marble imported from Italy.



## The Amazon Ecosystem



Brazil has over 1.3 million sq miles (3.5 million sq km) of rainforest, the largest in the world. This massive river system contains a fifth of the world's fresh running water at any moment. The Amazon is home to a variety of plant,

Tree frog perched on log

bird, fish and insect species. From the air, its magnificent canopy hides a variety of ecosystems, many with dramatic seasonal changes. Between December and April, visitors explore the flooded forest swamps and creeks that offer access to the fascinating flora and fauna.

#### ECOLOGICAL CONCERN

An estimated 208,495 sq miles (540,000 sq km) of the rainforest is reported to have been destroyed by indiscriminate felling. Stringent measures being taken to save this ecological treasure include expansion of protected areas and sustainable use of forest resources.



**Rubber trees** (Hevea brasiliensis) growing on river banks are the source of valuable latex, which is later transformed into rubber.



The ceiba tree (Ceiba pentandra), with elegant buttress roots that surround the trunk's base, is the biggest tree in the Amazon, with an average height of 120 ft (37 m).

Walking palms appear to migrate across the forest floor due to their characteristic stilt roots loosely attached to the ground.



Flowering bromeliads are epiphytes that gather water and nutrients from raindrops on leaves as well as from dew.



Amazon river winding through dense rainforest



Buriti palm

The upper canopy, about 131 ft (40 m) above the ground, is active with reptiles, mammals, tropical birds, and other wildlife.

The guamo tree, found all across the Amazon, grows very fast to an average height of 30 ft (10 m).

Pau-d'arcoamarelo bears bright yellow flowers from August to November, while shedding all its leaves.

The black water owes its color to its source in low-lying forests where rotting vegetation is absorbed into the river system

#### FAUNA

One of the world's most diverse ecosystems, the Amazon harbors an infinite variety of animal life. There are plenty of remote areas that provide habitats for jaguars, tapirs, and wild pigs. However, spotting these elusive creatures is difficult. Monkeys, sloths, and alligators are more commonly sighted.

The emerald tree boa is not venomous, but feeds on rodents and small animals of the forest.



Hoatzins, one of the most primitive of birds, live in flocks and build their nests in low canopy trees.

The three-toed sloth inhabits the forest canopy, moving incredibly slowly in search of its vegetarian diet of fruits, leaves, and sprouting plants.



**Tapirs**, the largest of all Amazon mammals, can weigh up to 661 lb (300 kg). These vegetarians take refuge in water to escape danger.

Freshwater river dolphins, both gray and pink, live in the main rivers and lakes of the Amazon basin.



**Piranhas** are known for their razor-sharp teeth. Only a few species pose a threat to larger animals.



## The People of Amazônia

Approximately 345,000 indigenous people, distributed among 215 groups, live in Brazil. Each group has its own unique dialect, mythology, arts, and culture. A majority of them are semi-nomadic, and live by hunting, gathering, fishing, and migratory farming. These indigenous people live in close harmony with the rhythms of the rainforest, and conservation and sustainability are an integral part of their life. The degree of exposure to western society varies greatly. Some people, such as the nomadic Maku, are incredibly isolated, while others, such as the literate Ticuna (*see p26*), are heavily reliant on modern Brazilian society.



Man peering through a *cokar* (headgear) of blue macaw feathers

#### YANOMAMI PEOPLE

The Yanomami live in the rainforests of southern Venezuela and Northern Brazil. One of the most recently contacted tribes in Amazônia, they number around 20,000 today. Considered fierce warriors, the tribe consists of four subdivisions, each with its distinct language.



**During Rehao**, a yearly ceremony of paying obeisance to the dead, the Yanomami decorate their arms and shoulders with colorful feathers.

The patterns painted on a Yanomami adult bave an aestbetic, as well as magical and reliejous significance.

Hammocks, slung under palm leaf roofs along the inside perimeter of the circular but, are commonly used by old and young alike.



#### **TUKANO PEOPLE**

The name Tukano is used for a number of ethnolinguistic subgroups living in northwestern Brazil along the Rio Uapés. The individual groups live in communal houses. These are spaced out along the river at a distance of several hours by cance. The Tukano grow bitter manioc and cultivate sweet potato, peanut, and plantain.



The traditional flute, played by male initiates, is characterized by a piercing ecbo. The flute is believed to be the earthly manifestation of spirits which dominate the magical and religious world of the Tukano.



Tukano handicrafts are sold in local markets, or used as trade items favored by nonindigenous people in the area.



**The maloca**, *a but made from wood and palm leaves*, *provides shelter to the whole village*.



Women gaining access to modern tools

#### IMPACT OF GLOBALIZATION

The need for national development, fueled by globalization, is prompting the government of Brazil to enforce economic policies that are inimical to the tribal way of life. Pipelines to expand fuel production, and highway projects for transporting goods for global enterprises, are opening up indigenous lands to loggers, miners, ranchers, and colonists. The positive impact of globalization may be easier access to the modern world, including medicines, education, and tools.

#### **KAYAPÓ PEOPLE**

Around 7,000 Kayapós live in the Amazon River Basin in an area the size of Austria, with villages along the Rio Xingú. Circles are one of the tribe's main symbols, representing the course of the sun and moon. Body paint, which is worn at all times, is equally symbolic. The Kayapó also wear ear plugs and lip discs, according to which their social status can be determined, particularly their right to speak and be heard.







Ritual communal dancing constitutes a crucial part of the Kayapó celebration of important events in the year. This is the time when Kayapó men and women show off their interesting beaddresses – usually made from macaw and parrot feathers – and other ritual adornments.

Beautiful bead

bracelets, created by Kayapó women, bear geometric designs with symbolic meanings. These are similar to the brightly colored patterns painted on their bodies with vegetable dyes.

#### ASHANINKA PEOPLE

Originally from Peru, the Ashaninka fled to parts of Brazil to escape the rubber boom from 1839 to 1913. Still possessing a fairly traditional material culture, the Ashaninka wear long *cusbmas* that the women weave from cotton grown in small forest gardens. They make a living from hunting, fishing, and small-scale gardening. Rice, coffee, and chocolate supplement their way of life with bought-in goods including metal tools and soaps.



Red face paint is traditionally applied by most of the Asbaninka people. The strong color comes from seeds of the garden-grown annatto busb.



Small dugout canoes or balsawood rafts are regularly used by the riverine Asbaninka for traveling on the rivers along with their families.

Ashaninka women weave cotton cloth on primitive back-strap looms, almost every day, to make the men's pretty robes.



#### 263



## PARÁ & AMAPÁ

be states of Pará and Amapá in the eastern Amazon are the gateway to the world's largest river basin. In many ways, they are different from one another. Pará covers an enormous surface area, and has benefited from the natural wealth of the Amazon rainforest. Much smaller than Pará, Amapá is relatively poor. Both states rely on the mineral extraction industry.

It is the Amazon river itself that brings most visitors to this part of Brazil. Pará stretches west as far as the straits of Óbidos, where the river suddenly becomes narrow. This happens due to a geological meeting of the Guyana Shield from the north and the Brazilian Shield from the south. North of the Amazon, Amapá occupies an isolated region, stretching from the Amazon delta all the way to the borders of French Guyana and Suriname.

Pará has many places of cultural and ecological interest. The capital city, Belém, has been a vital Atlantic port since the colonial era, and still boasts many extravagant period buildings. Santarém, another sizeable city, is a busy and attractive river port replete with fascinating beaches. The massive island, Ilha de Marajó, which has vast areas of mangrove swamps, some splendid beaches, and a scattering of resorts, is located in the heart of the Amazon river delta.

Pará is also known for large modern iron ore mines, such as Grande Carajás and the older gold mine of Serra Pelada, once infamous for the vast scale of human labor used for extraction. In southern Pará the rainforest trans-

forms into *caatinga*, a scrubby

savanna landscape. Once exploited for its natural resources, Amapá is now making concerted efforts towards sustainable development. More than half of the state is under environmental protection. Macapá, the state capital of Amapá, lies on the equator. The English, Dutch, and French clamored for a base in this part of Amazon, before the Portuguese settled at Macapá in 1738.



Fishing boats moored at the old harbor near Ver o Peso market, Belém

## Exploring Pará & Amapá

Even with their widespread rainforest canopy, which can only be seen clearly from the air, it is ocean and river travel that have long been the hallmark of Pará and Amapá states. The sights include the tasteful, restored historic buildings of Belém in Pará, along with the verdant forest-edged Amazon river, as well as splendid riverine beaches such as Alter do Chão, close to Santarém, and those found on the Ilha de Marajó. Macapá, the capital of Amapá, with its refreshing sea breeze, was founded around the Forte de São José. It lies on the equator in a strategic position on the north side of the Amazon river estuary. More than half of the state is under environmental protection.



Corner tower, Fortaleza de São José de Macapá, Macapá

#### SIGHTS AT A GLANCE Towns & Cities Kapiting Serra do Tumuvumaque Belém pp268–9 🕦 Asoenangka Масара́ 🖪 Monte Alegre Merirumã Óbidos 6 Maloca Salinópolis 🛛 Manaus Mapireme Santarém 🚯 Areas of Natural Beauty Arere Ilha de Maraió 🚯 Porteira mundá Cuminá<sup>O</sup> SEE ALSO Arapari ÓBIDOS G MONTE ALEGRE • Where to Stay p382 Curua Juruti O Alter do Chão OS SANTARÉM Where to Eat p407 T Boim O PARÁ Boa Vista O Iriri Vila Braga Porto Alegre Itaituba Sem Tripa Lua Nova Forte Veneza Tucuparé Bacabal Sobrado Entre Rios São Martinho Jacareacanga Araras Ollari Porto Velho • Manuelzinho 20 Cachimbo Usina Cachimbo 0 km 50 Ferries moored on the shore of Rio Tapajós, 0 miles 50 Santarém, Pará

266



#### Ponta dos Índios Oiapoque

Amapá

4 MACAPÁ

Aldeia Velha

E. S. CO

Santana do Araguaia Conceição

do Araguaia

Lourenço

AMA

Serra do

Porto Grande

Navio

Vila Velha

O Calçoene

PÁ

<sup>O</sup> Nazaré

Estuário do

Amazonas

Mountains of fresh fruit at Ver o Peso market, Belém

#### GETTING AROUND

Rivers are the transport arteries of Pará, where virtually every village has some form of riverboat service. There are regular riverboat services connecting Belém, Macapá, and Santarém. While there are very few bus routes in Pará, most access is by road in Amapá. However, the roads are mainly unsurfaced, and bus travel during the rainy season can be treacherous in both states. Air services are widespread. Belém and Macapá can be reached from most cities in Brazil by air. There are daily flights from Belém to most places in the Amazon.

0 Mazagão MARAJÓ Cajuuna Itatupã KFY Algodoal 2 SALINÓPOLIS Monte Soure Amazonas Dourado BEM Curumu 2P Castanhal BELÉM Abaetetuba Railroad <sup>O</sup>Porto de Breves #AD Para Moz Moju Cameta São Luís <sup>O</sup> Carvalho anting Barbacena -○ Canindé Badaiós Belo Monte Paragominas Joana Peres Altamira 150 Pindobal Bacajá. Tucuruí 👩 Surubin Represa Tucuruí O Lontra Jacunda Porto do Barka Itupiranga Marabá São João do São Sebastião Araguaia Nazaré Caraiás Aguaia São Félix do Xingu Xinguara O Gradaús Redencão

Major road Minor road

International border

State border



A creek near Araruna beach, Ilha de Marajó

## Belém o

The attractive city of Belém was founded by the Portuguese in 1616 to guard the mouth of the Amazon river against other European powers. As the Amazon region's resources, mainly spices, were exploited, the city soon became a major trading port. It was ravaged during the 1835 Cabanagem Rebellion, when the poor settlers attacked the wealthy local elite. By the end of the 19th century, Belém had more than recovered its economic position, largely due to the rubber boom. It is still the most important port in Northern Brazil, and a fascinating place from which to explore the wealth of colonial and republican architecture.



Ships docked on the waterfront at the Ver o Peso market

#### 🗋 Estaçáo das Docas

Bivd Castilho França, Campina. **Tel** (091) 3212 5525. anoon-midnight daily. www.estacaodasdocas.com.br Three former warehouses overlooking the river have been converted into a stylish, air conditioned shopping, dining, and entertainment space. Visitors enjoy the lively atmosphere until late at night.

#### Ver o Peso

Av Castilhos Franca. 6am-2pm daily. Incredibly hectic early in the morning, Ver o Peso, or "See the Weight," was originally a colonial customs point (Posto Fiscal), where goods were assessed for taxation purposes. These days, its most obvious feature is the iron-built fish market, the Mercado de Ferro, which was designed and made in England and assembled here in the late 19th century. The variety of seafood inside is staggering. Outside, the main market expands into stalls that sell everything from jungle fruits and farinha (manioc, or cassava-root,

flour) to medicinal herbs and aromatic oils. The market extends along the promenade where there are further stalls and kiosks selling craft goods and local food specialties.

#### 🐨 Forte do Castelo

Praça Frei Caetano Brandão 117, Cidade Velha. **Tel** (091) 4009 8828. 10am-6pm Tue-Fri, 10am-8pm Sat & Sun. Sitting at the confluence of Rio Guajará, this fort was first built of wood and mud plaster

#### TRANSAMAZÔNICA

Until the middle of the 20th century, river boat or mule trail were the only viable forms of travel across Amazônia and Northern Brazil. With the ambitious construction of Highway BR-230, during the late 1960s, the Atlantic port of Belém was effectively connected all the way to the Peruvian border. Known as the Transamazônica, this road is in a poor state of repair along much of its length. In 2005, a river bridge to Peru was opened in the remote jungle state of Acre, completing the Brazilian end of the Transamazônica.



Cannon on display at the 17thcentury Forte do Castelo

by the Portuguese colonists in 1616. It was rebuilt six years later, and again in 1878. It now houses the Museu do Encontro, a small historical museum presenting the city's history and the early conquest of the Amazon.

#### 🐨 Palácio Antônio Lemos

Praça Dom Pedro II. *Tel* (091) 3219 8217. ☐ 9am-6pm *Tue-Fri*, 9am-1pm Sat & Sun. [3] This splendid palace housed the municipal authorities between 1868 and 1883. It still has offices for the Prefeitura, but much of the building is open to the public, with some furnished period rooms upstairs. The palace is home to the Museu de Arte de Belém, which houses a fine collection of Brazilian 20th-century paintings.

#### 🐨 Teatro da Paz

Praça da República. **Tel** (091) 4009 8750. 9:30-11am, 12:30-2:30pm & 4-5pm Tue-Fri; 9:30-12:30pm Sat. 1 This grand Neo-Classical opera house was built in 1878, along the very Parisian



Unpaved section of the Transamazônica



Elegant interior of the Neo-Classical Teatro da Paz

Avenida Presidente Vargas. Inspired by La Scala in Milan, the furnishings are still largely original. Legendary Russian ballerina Anna Pavlova was one of the great artists to have performed here.

#### Basílica de Nossa Senhora de Nazaré

Praça Justo Chermont. **Tel** (091) 4009 8400. 6:30–11:30am & 3-6pm daily. **Museu Cirio de Nazaré** 9am-6pm Tue-Fri. The basilica's spectacular interior makes it one of the most stunning churches in Brazil. Partially modeled on St. Peter's in Rome, it stands on 16 major arches, each ornately covered in stone mosaics and supporting a breathtaking red cedar roof. It was completed in 1909, to house the miraculous Virgin image of Nossa Senhora de Nazaré, which is traced back to early Christian Nazareth.

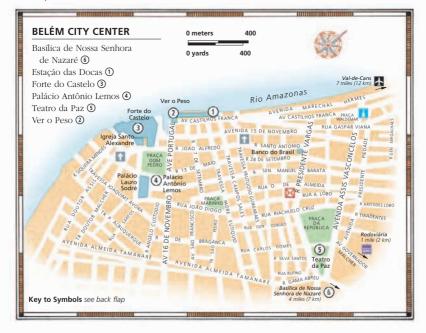
Linked to the icon, the Círio de Nazaré, or the Festival of Candles, attracts over a million visitors to the city every October. In one of the main symbolic acts, hundreds of local people work together, dragging an enormous rope from the mud and water of the port, through the streets of the city to the Basílica de Nossa Senhora de Nazaré. For those who participate, their sins are purged, and their

#### VISITORS' CHECKLIST

hopes and wishes for the year are granted. The basilica also houses the **Museu Círio de Nazaré**, devoted to the cult of the Círio which exhibits over 500 pieces relating to the religious festival.



Nave of the Basílica de Nossa Senhora de Nazaré



## Salinópolis 2

Pará. 🚮 40,000. 🛃 Belém Val de Caes Airport, 110 miles (180 km) SE of town, then bus. 🔜 Av Miguel Santa Brigada. 🚹 Paratur (091) 3823 1794.

The town of Salinópolis. locally known as Salinas, is just about as far east as the Amazon river delta reaches Very much the traditional summer resort for city folk Salinas has plenty of beaches fringed with beach huts and second homes. The busiest beach is the central Praia do Macarico, with several bars and restaurants. More pleasant still, there is the Praia do Atalaia, not far from the center of town, backed by sand dunes and well provided with *barracas* (tents) for food and drink A continuation of this beach the Praia do Farol Velho, is thickly lined with beach houses, and is most popular during July, when it can often get rather crowded.

#### Environs

About 19 miles (30 km) west of Salinópolis is the relatively sleepy fishing settlement and beach resort of **Algodoal**. The resort lies on the western edge of Ilha de Maiandeua, just a 40-minute boat ride



A secluded beach near Souré, Ilha de Marajó

away. There are no motorized vehicles in the village or on Maiandeua island, adding to the remote and idyllic feel. Electricity only reached the island in 2004, so facilities are improving.

The main beach for the village is the **Praia da Vila do** Algodoal More popular however, is the palm-fringed Praia da Princesa do Farol. a superb stretch of sand secluded from the main beach by a short walk at low tide or a canoe ride. There are trails on the island, offering the opportunity to spot wildlife and explore the area around an inland freshwater lake. It is advisable to carry adequate cash to visit the island since there are no banks or ATMs.

#### POTTERY ON ILHA DE MARAJÓ



Marajó pottery displayed in Museu Goeldi, Belém

In 1948, anthropologists Betty Meggers and Clifford Evans discovered a large, painted anthropomorphic vessel on Ilha de Marajó. The ancient inhabitants, the Marajoaras, left behind not only burial mounds, some almost 3,000 years old, but also some very fine ceramics, leading archaeologists to believe that between the 5th and 13th centuries, there were sophisticated societies living along the banks of the Amazon river. Excavations reveal that the dead

were buried in line according to their social ranking, with larger urns indicating higher status. Most of these ceramics, representing abstract feminine figures, demonstrate the matrilineal nature of this early Amazonian society. As well as funerary ceramics, there were also bowls, vases, spindle whorls, and stools. The larger urns generally took three main forms: humanoid, cyclindrical, and round; and around 15 different finishing techniques are known to have been utilized. Some excellent examples of the urns can be found in the Museu Goeldi in Belém.

## Ilha de Marajó 3

Pará. 🌆 250,000. 🔛 from Belém to Porto Camará. 🚹 Trapiche Municipal, Rua 1, Souré, (091) 3741 1326.

The world's largest river island. Ilha de Maraió covers over 18,533 sq miles (48,000 sq km) mostly dedicated to cattle ranches, or fazendas. The island is famous for having the biggest and finest buffaloes in Brazil. Their meat, leather, and dairy products are widely available to purchase. Ilha de Marajó was also the ancient home to the indigenous culture of the Marajoaras, notable for their exquisite ceramic burial and ceremonial urns.

The unofficial capital of the island is **Souré**, which has the most shops, restaurants, and other facilities, but the ferry port is Porto Camará, some 16 miles (27 km) south of Souré. Located between Porto Camará and Souré, the best and most secluded beach is at the small town of Joanes. some 3 miles (5 km) off the main road. There are good beaches at the other town on the island. Salvaterra, where there are also several hotels and *pousadas*. The Praia Grande beach in Salvaterra is well served with beach chairs, snack barracas, and refreshment stands.

During the peak rainy season (February–May) many of the roads are inaccessible for long periods; this includes the road to Joanes and Salvaterra at times. Boats for moving around the island can be found easily at Souré, Salvaterra, and Porto Camará.

## Macapá 4

Amapá: M 325,000. M in from Belém. Bairro São Lázaro, (096) 3251 2009. Detur, Rua Independência 29, Centro, (096) 3212 5335. M O Marabaixo (Mav).

Split in two by the equator, Macapá is hot and humid all year round. The city occupies its position as Amapá's capital sitting on the northern bank of the Amazon river, very close to the giant river's mouth. It is rather isolated, with mostly air and boat transportation, rather than road connections.

The history of the city is rich and varied. Several European countries, including England and France, attempted to take it over from the Portuguese, but the Portuguese established their hold here by completing the grand **Fortaleza de São José de Macapá** in 1782, after almost 20 years of construction by black and Indian slave labor. The bricks used were brought over from Portugal as ballast on the ships.

Just to the north of the fort, there is an attractive pier, the Trapiche Eliezer Levy, dating back to the 1930s. The pier stretches far out into the water and it is an enjoyable stroll to the end of it, especially on a breezy evening. The charming Trapiche Restaurante (*see p407*), also located at the end of the pier, has a breathtaking view overlooking the river.



A replica of a typical indigenous home, Museu SACACA, Macapá

These days, Macapá is the capital of a progressive state. Following the election of the environmentalist João Capiberibe as state governor in 1995, successive governors

have kept the spirit of environmentalism alive. One present project is to connect all the state's protected areas

with wildlife or biodiversity corridors. The **Museu SACACA**, or the Museum of Sustainable Development, just a short distance south of the town center, offers fascinating guided tours of replica *ribeirinbo* (riverdweller) houses.

The Mercado dos Produtos da Floresta offers a wide range of local art and craft goods, ranging from *balata* (ceramics) dusted with manganese ore to indigenous crafts, leather goods, carved wooden statues and allnatural medicines.

The Marco Zero monument, a large obelisk-cum-sundial, 4 miles (6 km) southwest of

the city center, marks the equatorial line on Avenida Equatorial. A sports stadium

Wooden artifact, A Museu SACACA an

ACACA and *sambódromo* also form part of the same complex.

Fortaleza de
São José de Macapá
Av Candido Mendes, Tel (096) 3212

1260. 9am–6pm Tue–Sun.

Mercado dos
Produtos da Floresta
Rua São José 1500. Tel (096) 9961
0913. 8am-6pm Mon-Fri.

 <u>**Î**</u> Museu SACACA

 Av Feliciano Coelho, 1509.

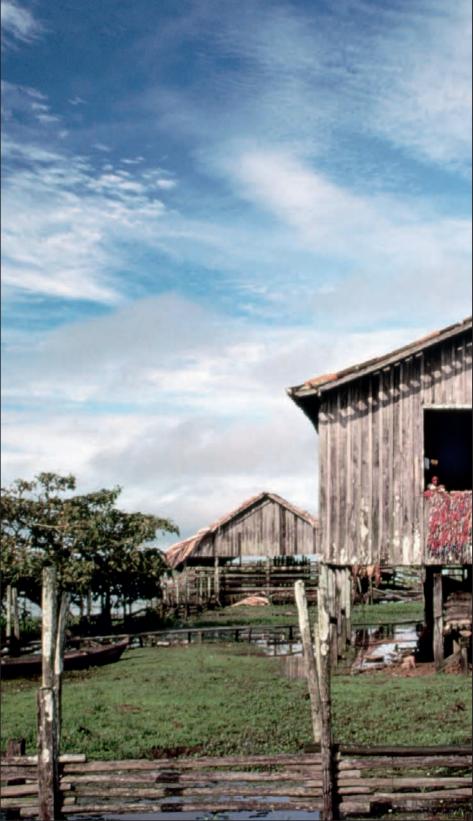
 *Tel* (096) 3212 5361.
 <u>[]</u> 9am–6pm

 *Tue–Sun.*



Buildings inside the Fortaleza de São José de Macapá

Wooden house on stilts, with a horse standing in the water-logged paddock in front, Ilha de Marajó, Pará ⊳





## Santarém 🛛

Pará. [200,000. ] [200,000. ] [200,000] Docas do Pará (W of center). [200,000] Amazon Planet, (093) 3527 1172; Santarém Tour, (093) 3522 4847. WWW.santaremtur.com.br

Amazônia's fourth largest city, Santarém sits at the mouth of the Rio Tapajós, surrounded by brilliant white sandy beaches. Modern Santarém began in 1661 as a Jesuit mission, following 30 years of military action in the area to subdue the fierce, indigenous Tapuicu Indians.

In 1867, there was an influx of ex-Confederates from the USA, a handful of whose descendants still survive. However, it was the rubber boom and Santarem's strategic position as a pit stop en route along the Amazon river that turned the town into a buzzing commercial center.

In the late 19th century, Henry Wickam, an

English settler in Santarém, smuggled rubber tree seeds out to establish rubber plantations in Asia. Within 40 years, and just in time for World War I, Asian rubber plantations majorly outproduced the Brazilian Amazon.

The local economy is today based on rubber, logging, soya, brazil nuts, and tourism.



Ferries moored on the shore of the Amazon river at Santarém

Colorful boats and frantic movement of produce at the port and along the attractive riverfront, are typical today. An ancient center for the

production of fine ceramics, the town showcases its distinct Santarém Phase Pottery in a striking museum, the **Museu** 

Burial urn, Museu de Santarém

museum, the Museu h, Museu tarém exhibits prominently feature burial urns, reputed to be among the oldest in South America. Also known as Centro Cultural João Foua, the museum has

a striking interior, painted by

Ioão Foua, an artist from Pará.

Another attraction is the **Museu de Arte Sacra de Santarém**, which has a decent collection of religious art.

#### Environs

Located 20 miles (33 km) west of Santarém, the riverbeach town of **Alter do Chão** has fine sandy beaches set against a calm bay on the Rio Tapajós. Canoes ferry visitors across the bay to climb the low lying hills offering breathtaking views. Closer to the main beach, another prominently shaped hill resembles a church altar. **Fordlândia**, 62 miles (100 km) south of town, was Henry Ford's first rubber



Belterra, a rubber plantation set up by John Ford in the 1930s

#### THE RUBBER STORY IN BRAZIL

In the mid-1700s, Charles-Marie de la Condamine was presented with latex syringes from the Hevea brasiliensis tree by the Omagua people living in Amazônia. He returned to France with samples, and rubber became known to the world. Soon it was being used for everything from insulation to tyres, and Hevea brasiliensis had become the oil of its day. In Amazônia, where the rubber tree grew in abundance, foreign banks and companies began to set up plantations. The rubber boom ushered Manaus and Belém into the Belle Époque era, with electric lights, lavish opera houses, and mansions for the rubber barons. Brazil emerged as the world's largest producer of natural rubber. The euphoria lasted until 1910, when the British colonies in Asia - Malaya, Ceylon, and Singapore - outproduced the Brazilian rubber. Unprepared for competition, Brazil was elbowed out of the rubber market by 1914. The indigenous Brazilians, who had been rounded up and forcibly settled to work on the plantations, returned to relative freedom. Today, much of Brazil's rubber is imported from Asia.

plantation founded in the 1920s to produce rubber for the Ford Motor Company. In the 1930s, he also established **Belterra**, 12 miles (20 km) south. Both ventures failed, and Ford had to sell them to the Brazilian government in 1945. These towns are accessible by boat from Alter do Chão.

#### 1 Museu de Arte Sacra de Santarém

Rua Siqueira Campos 439, Centro. Tel (093) 3523 0658. 8am–5pm Mon–Fri.

#### **<u>Museu de Santarém</u>** Rua do Imperador, Praca de

Santarém. Sam-5pm Mon-Fri.

## Óbidos 6

Pará. 🚮 47,000. 🔜 from Santarém. 🚹 Rua Rui Barbosa, Centro, (093) 3547 3244.

The real gateway to the deeper Amazon, Óbidos marks the narrowest section of the Amazon river valley. It was created 40 million years ago, when a massive inland lake burst through to the Atlantic at this point, where the Guyanan Shield meets the Brazilian Shield.

The pretty waterfront has some beautifully tiled buildings and the 17th-century Forte Pauxias. There is also a free museum featuring, among other exhibits, luxury items from the rubber-boom days. The museum opens on request.



A surfer catching the "Pororoca" tidal wave

#### POROROCA WAVE

A rage with surfers, the Pororoca is a legendary wave, over 16 ft (5 m) tall, that regularly rolls up the Amazon river. The name Pororoca comes from a local Tupi Indian phrase which means "great destructive noise." Predicted to happen twice daily during full moons between January and April every year, the wave comes in from the Atlantic causing some devastation along the river banks. Following a low tide in the rainy season, the force of the mighty river against the turning tide creates the large and powerful wave that rolls, literally unstoppable, up the Amazon. The surfing record so far is 27 minutes in time and 7 miles (12 km) in distance, while the tidal waves are known to travel over 12 miles (20 km) per hour at times.

## Monte Alegre 0

Pará. 🎊 23,500. 🚞 🌠 Rua do Jaquara 320, (091) 3533 1430.

Located impressively on top of a small hill beside the Amazon river, the town of Monte Alegre was one of the first places on the river to be colonized by Europeans. A band of English and Irish sailors were the earliest to settle here in the 1570s, soon to be expelled by the Portuguese. Over the last 200 years, Monte Alegre has benefitted from ranching and the rubber industry. It is best known for the rock paintings of Serra Pavtuna and Serra Frerê located 19 miles (30 km) out of town Estimated to be 10,000 years old, they feature abstract patterns, mostly geometric in form, and some stylized representations of human and animal figures. It is obligatory to hire a guide and a vehicle to visit them. Monte Alegre is also renowned for scenic waterfalls and its wealth of birdlife, for which a local guide and a canoe will be required.



Boats moored along the waterfront in Óbidos, with rows of houses in the background



## AMAZONAS, RORAIMA, ACRE & RONDÔNIA

be states of Amazonas, Roraima, Acre, and Rondônia form the heartland of the vast Amazon rainforest region, which is drained by the world's largest network of freshwater lakes and rivers. Despite hundreds of years of European presence and the deforestation ravages of the 20th century, the region continues to be home to some of the world's last indigenous peoples.

Amazonas is larger than the other three states put together. Manaus, its capital, is the most popular place for exploring the jungle. The city sits at the confluence of two of the world's largest rivers - the Solimões (as the Amazon river is called in this section) and the Rio Negro. The vast Rio Madeira lies downstream of Manaus.

Roraima, which literally juts up into Venezuela and Guyana, is best known for its superb plateau-topped mountains, lakes, and substantial rainforest. A host of indigenous groups live here, tenaciously holding on to their land and culture. Roraima also boasts open savannas that have been transformed into cattle ranches. The state capital. Boa Vista, is a well-planned city on the banks of the Rio Branco.

Acre and Rondônia, in the verv southwest corner of the Brazilian Amazon, possess some fantastic protected areas of biodiversity, home to many indigenous communities. Acre, the rubber-tapping center of the Amazon, is known for its lush beauty. Environmental destruction

has been met with equally forceful conservation movements here. Its capital, Rio Branco, was where activist Chico Mendes fought to defend the forest in the late 1980s.

Rondônia, an area which has developed beyond recognition, still retains some of Brazil's best flora and fauna. It also offers fascinating gems in terms of heritage, such as the Madeira-Mamoré railway museum in the state capital, Porto Velho.



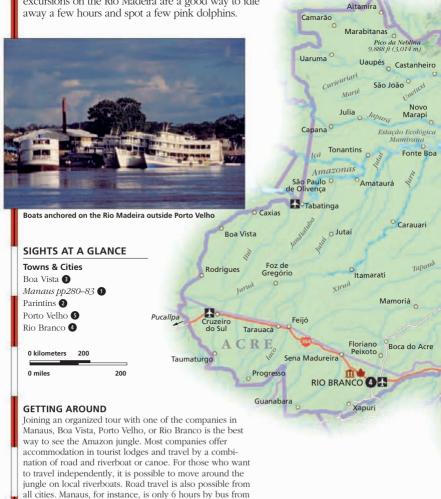
Virgin forests and a meandering tributary of the Rio Negro, Amazonas

## Exploring Amazonas, Roraima, Acre & Rondônia

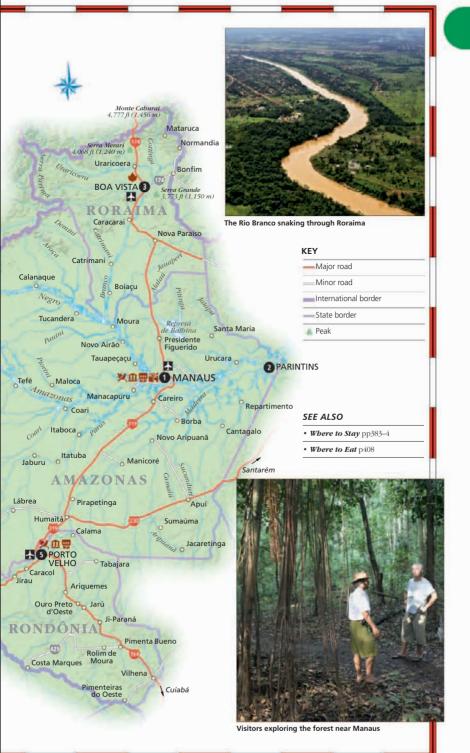
This region offers the ultimate rainforest experience. Most people travel here to explore the dense forests, picturesque river islands, and tranquil waterways. The sights include Manaus, the legendary capital city of Amazonas, which offers much architectural and cultural interest. Also located in Amazonas is the Mamirauá Reserve, Brazil's first sustainable development reserve. The secluded and beautiful mountains of Roraima are worth a visit, as is Acre, with its natural beauty, history, and *seringueiro* (rubbertapping) culture. Porto Velho, the capital of Rondônia, overlooking the Amazon's longest tributary, the mighty Rio Madeira, is a lively place to visit. Riverboat excursions on the Rio Madeira are a good way to idle away a few hours and spot a few pink dolphins.



Spectacled caimans can be found near Manaus



all cities. Manaus, for instance, is only 6 nours by bus from Novo Airão, on the Rio Negro, where it is possible to bathe in jungle rivers and swim with pink dolphins.



## Manaus 0

Fountain detail

Praça São Sebastião

Manaus is a legendary city, located at the heart of the Amazon forest on the banks of the Rio Negro, close to where this massive river blends

> with the even larger Amazon river, or Rio Solimões as it is known along this section of its course. With a slightly decaying cityscape, Manaus is a busy city bringing together the hectic pace of a modern port with the hot, laid-back feel of a jungle town. The fancy European buildings of the port and the even more splendid

Teatro Amazonas are the only real signs left of the economic boom in rubber exploitation which catapulted Manaus into wealthy city status between 1888 and 1912.

#### Mercado Municipal Adolfo Lisboa

Rua dos Bares 46. 📉 5am–6pm Mon–Sat. 5am–noon Sun. The municipal market was built in 1902, very close to the port. It is a joy to behold for the variety of fish on display alone. Tropical fruits and vegetables, many usually unfamiliar to the visitor's eve. are also piled high. Several stalls sell some of the most interesting and least expensive indigenous handicrafts. The market is an amazing building in its own right. Looking up to the elegant ceiling and structure of the building, it is not difficult to see that Gustave Eiffel himself had a hand in its design, which is said to be inspired by the Les Halles market in Paris.

#### 🖶 Alfândega

Rua Marquès de Santa Cruz. Tel (092) 3622 3025. Mon-Fri, 8am-noon Sat. Constructed in 1906 at the height of the rubber boom, the Alfândega (Customs



Bananas for sale in the Mercado Municipal Adolfo Lisboa

House), like many of the well-engineered features of Manaus from this period, was entirely pre-fabricated in England. The stone used for the building was brought from Scotland. The tower used to be a lighthouse. Much of this refined building's glory can be seen from the Praça Adalberto Valle opposite.

Teatro Amazonas See pp282–3.

#### ff Homen do Norte

Rua Quintino Bocaiuva 626 Tel (092) 3633 1074. 🚺 8am-noon & 1–5nm Mon–Fri. An anthropology and ethnology museum, the Museu do Homen do Norte (Museum of Northern Man) displays the way of life of the people of Northern Brazil. It is particularly dedicated to the caboclos (coppercolored), or the mixed descendants of the indigenous people and Portuguese who live along the riverbanks. Cultural, social, and economic aspects of life in Northern Brazil are detailed with photo-graphs, documents, artifacts, and everyday objects. The museum also contains an interesting collection of indigenous weapons, including the infamous furador de olhos (eve piercer).

#### 🐨 Palácio Rio Negro

Av 7 de Setembro 1570. Tel (092) 3232 4450. 🚺 10am–5pm Tue–Fri, 9am-2pm Sat & Sun A remarkably well-preserved rubber boom mansion, the almost garish Palácio Rio Negro was built in 1913. It was originally home to an eccentric German rubber baron. Waldermar Scholz. In later years, it housed the local government. These days, much of it has been opened to the public as a cultural center. The palace hosts art exhibitions and screens films. The annex houses a couple of small museums - the Museu Numismatica (Numismatic Museum) and the Museu da Imagem e do Som (Museum of Images and Sound).



The Rio Negro with the Porto Flutante (Floating Port) and the Catedral Metropolitana in the background

For hotels and restaurants in this region see pp383-4 and p408

#### fft Museu do Índio

Rua Duque de Caxias 356. **Tel** (092) 3635 1922. Sam-noon & 2-5pm Mon-Fri, 8am-noon Sat. An excellent ethnographic museum, the Museu do Índio was established by Salesian nuns and is based on their work as missionaries in the Rio Negro area. There are many feather work exhibits and some weapons and tools, as well as household and sacred objects on display, along with musical instruments and artworks. The Tukano people (*see p262*) are particularly well represented here. Explanations of the displays are in Portuguese, English, and German. The museum has a good craft shop, with a wide range of handicrafts on sale.



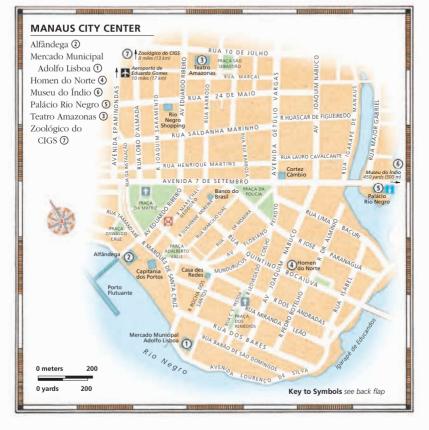
Traditional indigenous longhouse at the Museu do Índio

#### VISITORS' CHECKLIST

Amazonas. M 1,593,000. Second Seco

#### 🗶 Zoológico do CIGS

Estrada Ponta Negra 750. Tel (092) 3625 1966. 9am-4:30pm Tue-Fri. 9am–6pm Sat–Sun. 🐻 One of the few places around Manaus where you might see a jaguar at close quarters, the Zoológico do CIGS is a great place to take children. Located 8 miles (13 km) from Manaus toward Ponta Negra in the army jungle training center, this small zoo is home to over 300 animals including many caimans, monkeys, exotic birds, and an unforgettable large pit full of anacondas.



### Manaus: Teatro Amazonas

Built at the end of the 19th century during the Belle Époque, when fortunes were made from the extraction of rubber in Manaus, the Teatro Amazonas remains one of the jewels of the Amazon region. This grand state-of-the-art, Renaissance-style opera house was designed by Gabinete Português de Engenharia de Lisbon (Portuguese Engineering Academy of Lisbon). Inaugurated on December 31, 1896, it was two more years before construction was completed and the prominent landmark with a glistening dome appeared above the port.



★ The Painted Curtain The main stage curtain was created by Manaus-based artist Crispim do Amaral (1845–1911) to depict the Meeting of the Waters (see p285), and also a local river goddess, Iara. The curtain is pulled up into the specially designed cupola at the start of each performance.



#### The Wooden Floor

The opera house floor, laid with thousands of pieces of Amazon timber, is a masterpiece of craftsmanship. The light and dark patterns represent the meeting of the Negro and Amazon rivers (see p285).

#### **STAR FEATURES**

- ★ The Painted Curtain
- ★ The Cupola
- ★ The Four Painted Pillars



#### **Events**

Regular musical events and operas include those of the relatively new Companhia de Dança and the resident Orquestra Filarmônica do Amazonas.



The Teatro façade, restored to pink at the close of the 20th century

The theater's roof, made of red tiles, keeps out the tropical rain.



★ The Cupola The impressive cupola was created using 36,000 colorful ceramic tiles, imported from Alsace on the Franco-German border

**The columns** are made from Italian Carrara marble.

#### ★ The Four Painted Pillars

A key feature of the main auditorium is a ceiling rosette whose four pillars were painted in Paris and reassembled in Manaus. The pillars create the impression of gazing up from underneath the Eiffel Tower.

#### VISITORS' CHECKLIST

Praça São Sebastião, Manaus. Tel (092) 3232 1768. 9am-5pm Mon-Sat. 9 Shows Opera, theater & dance performances through the year.





Lobby The lobby is furnished with Murano chandeliers made with Venetian glass and French bronze work.

**Outside balconies** are built in finely cut Portuguese stone.

#### Main Auditorium

Designed in the shape of a barp, the theater can seat almost 700 people. Like the main columns and the three curving balconies, the seats are made from English cast iron. The polished wooden armchairs are made from local jacaranda. The lower columns bear the names of many classical composers.



## Amazon Excursions from Manaus

Manaus is well located as a base from which to explore the rainforest. The main destinations include the Rio Negro, Lago Mamori, Rio Juma, Lago Manaquiri, Presidente Figueiredo, and, farther west, the splendid reserve at Mamirauá. Operators run tours, offering everything from basic accommodation to four- or fivestar luxury lodges and boats. It is good to have at least half a day out of Manaus for a reasonable chance at seeing a wide range of tropical birds and manmal wildlife such as agoutis, monkeys, deer, or wild boar.



The Rio Urubuí and Cachoeira Iracema near Presidente Figueireido

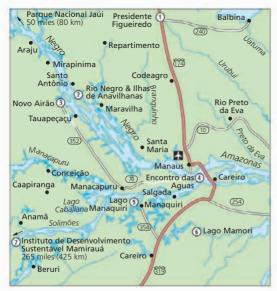
#### Presidente Figueiredo

62 miles (100 km) N of Manaus. Centro Turistico, (092) 3324 1308. Presidente Figueiredo is a small town linked to Manaus by a relatively good road. There are more than 100 waterfalls dotted around the town, as well as some caves. Tours in and around the area can be booked from Manaus or directly with local guides through the tourist information office located at the bus stop. One of the best waterfalls is the **Pedra Furada**, where the waterfall gushes out of a hole in the rocks. The waterfalls **Cachoeira Iracema**, **Pedra da Lua Branca**, and **Natal** are on the **Rio Urubuí** and only accessible by boat. The **Caverna Araras** is on a trail bordering the Rio Urubuí. Another attractive cave is **Caverna Maruaga**, which has a a shallow river running over its floor. Permission for the caves has to be obtained from the tourist information office in Manaus.

#### Rio Negro & Ilhas de Anavilhanas

60 miles (90 km) NW of Manaus. 📰 📔 Amazonastur. Rua Saldanha Marinho 321, (092) 2123 3800. One of the least visited regions of South America. the Rio Negro area possesses distinctive flora created by its acidic waters and soil type There is a lower density of wildlife here than any other area along the Rio Negro. There are few towns and even fewer tourist facilities along the river, which stretches right up to the Colombian and Venezuelan borders

Ilhas de Anavilhanas is a biological reserve and the largest group of freshwater islands in the world. Tours to visit these islands are offered from Manaus. There are over



#### SIGHTS AT A GLANCE

Encontro das Aguas ④ Instituto de Desenvolvimento Sustentável Mamirauá ⑦ Lago Mamori ⑥ Lago Manaquiri ③ Novo Airão ③ Presidente Figueiredo ① Rio Negro & Ilhas de Anavilhanas ②



For hotels and restaurants in this region see pp383-4 and p408



Aerial view of the Rio Negro winding through the Amazon

250 uninhabited islands stretching for more than 187 miles (300 km). Depending on the season and time of day. it is possible to see caimans, sloths, snakes, frogs, and a wide range of bird species. Sprawled across an area of 1.350 sq miles (3.500 sq km) of protected rainforest on the left bank of the Rio Negro, the

Estação Ecológica de Anavilhanas (Ecological

Station of Anavilhanas) is part of the Anavilhanas islands. Created in 1998 and named after the Archipelago dos Anavilhanas, it boasts several species in great danger of extinction. Toco toucan in including jaguars and night monkeys.

A day-and-a-half's journey from Ilhas de Anavilhanas, Barcelos, the only town of any size along the river, is an interesting place to start a jungle expedition for intrepid adventurers. Another two davs upriver, the town of São Gabriel Da Cachoeira is a beautiful place deep in the Amazon with stunning jungle scenery and wildlife.



Visitor feeding fish to pink dolphins at El Delfin in Novo Airão

#### Novo Airão

71 miles (115 km) W of Manaus. 📰 from Manaus. 🔜 from Manaus. Ibama Rua Ministro João Goncalves de Souza s/n. Manaus. Tel (092) 3613 3080 Parque Nacional Jaú . Tel (092) 3613 3277

The small town of Novo Airão is located on the western side of the Rio Negro, opposite the Archipelago dos Anavilhanas. Pleasant, vet laid-back, with

only a handful of attractions, the town draws

tourists mainly for the pink dolphins that come to a platform behind the **FI Delfin** restaurant at Novo Airão's small port. The restaurant

owner has been

Amazonas

feeding dolphins from the restaurant for several vears. They now appear to be friendly and swim with visitors who feed them. Along with its standard fare, the restaurant also sells raw fish to offer the dolphins from the wooden platform.

The area neighboring Novo Airão is home to a number of interesting sights, such as Airão Velho, the overgrown ruins of the old town center, with prehistoric spiral and figure-like petroglyphs. The beautiful and peaceful lgarapé do Mato Grosso, a forested section of a tributary river nearby, makes a great place for a walk or a swim in fresh water. The Parque Nacional Jaú is a two-day trip from Novo Airão, and is a wonderful opportunity to visit virgin Amazon rainforest. A permit is required from the Ibama office in Manaus.

#### 🎬 Encontro das Aguas 🔄 from Manaus.

One of the main tours offered from Manaus, the Encontro das Aguas (Meeting of the Waters) is where the Rio Solimões joins the Rio Negro The relatively creamy and alkaline light brown or "white" water of the Solimões (Amazon) river takes several miles to absorb the dark, acid water coming in from the Rio Negro. The Solimões is light because it starts mainly in the Andes and brings plenty of silt with it. The Rio Negro wells up primarily in the swamplands and smaller hills of the northeastern Amazon and contains much more decomposed plant life than it does soil or silt.

Small boats go out from Manaus allowing tourists to take photographs and see the clear line between light brown and black running down the middle of the river. It is a two-hour return trip from Manaus, and the best time to visit is between 7 and 10am.



Meeting of the Rio Solimões and Rio Negro at Encontro das Aguas





Limpid blue sky mirrorred in the clear waters of Lago Mamori

#### 💥 Lago Manaquiri

40 miles (64 km) SW of Manaus. www.amazonastur-en.am.gov.br A five-hour boat ride from Manaus, the backwater lake of Managuiri is best entered first via the Rio Solimões. then upstream to a tributary that leads to the lake. Its waters rise and fall with the seasons. Relatively isolated. the Lago Manaquiri is usually a good spot for seeing water birds, including the great egret (Casmerodius albus) and fish eagles. It is not unusual to see caimans and large Amazonian alligators basking on the sandy shore.

The lake provides sustenance to the small fishing town of Manaquiri. Local economy depends more on fishing than on tourism. In 1995, however, both were hit by the worst drought in over 40 years, when the lagoons evaporated, and thousands of dead fish lay on the bed of the dried-up lake. The changed climatic conditions continue to deplete fish in the

area. Nonetheless, fishing remains the main activity, and there are many tour operators based in Manaus, offering budget fishing packages.

It is always best to go through a travel company registered with the Brazilian Tourism Bureau (Embratur) *(see p425).* Some of the tour agencies provide typical Amazon riverboats, which may come fully equipped with kitchen, dining area, canopied sundeck, bathroom, and shower. Fishing is best in the dry season, which usually lasts from August to December or January.

#### 🕌 Lago Mamori

60 miles (96 km) SE of Manaus. Gero's Tours Rua 10 de Julho 679, Manaus. Tel (092) 9983 6273. Nature Safaris Rua Flavio Espiritu 1, Manaus. Tel (092) 3656 6033. Easily accessible by road and boat from Manaus, the elongated and breathtaking Lago Mamori is located in a lush rainforest setting. Much of it is surrounded by narrow creeks, hidden among forests full of sloths. monkeys, and colorful, noisy tropical birds. The river and lake offer the opportunity to see both pink and grav river dolphins, as well as go piranha fishing. Nearby, the Lago Arara is great for fishing, and home to a pink dolphinfeeding ground. The local people, known as *caboclos*. have been here for generations and live in scattered riverside communities. occasionally coming together for celebrations. They earn their living by making farinha (manioc flour), rearing cattle, and fishing. Visits to the caboclo homes can be organized by Gero's Tours. Run independently by English-speaking Gero Mesquita, it can book hotels, arrange transport, and meticulously plan tours.

Farther upstream and deeper into the forest from here, the Rio Juma region offers better access to wild life, but requires expeditiontype preparation and several days.

Nature Safaris, a tour company based in Manaus, can arrange expeditions in Amazônia, offering short package tours, as well as longer safaris. It is possible to stay either in a floating lodge, or one of the many jungle lodges along the Rio Juma. Most of them offer jungle hikes, piranha fishing, and caiman spotting at night.



Caimans luxuriating on the sandy riverbank of Manaquiri, with a great egret in the foreground

For hotels and restaurants in this region see pp383-4 and p408



Cormorants and great egrets in the Mamirauá Reserve

#### X Instituto de Desenvolvimento Sustentável Mamirauá

280 miles (450 km) W of Manaus. www.mamiraua.org.br Programa de Ecoturismo Tel (092) 3343 4160. Located at the confluence of two rivers, the Rio Solimões and Rio Japurá, the Mamirauá Sustainable Development Reserve covers an area of 3.65 million acres (1.25 million ha). Since 1990, when it was declared an ecological station, the Mamirauá Reserve has been one of Brazil's most prized ecotourism spots.

Splendid and luxuriant, its várzea (seasonally flooded) vegetation offers plenty of opportunity for spotting abundant wildlife, including endemic species such as the white uakari monkey and black-headed squirrel monkey. The annual flood transforms the life of the whole region. During the high water season, fish invade the flooded forest and disperse seeds as they move about. More than 300 species of fish have already been catalogued in the reserve. Mamirauá is also home to pink river dolphin, great egret, and the rare scarlet macaw. The Neotropic cormorant, whose diet consists mainly of fish, can be spotted swimming and feeding in large, noisy flocks.

In the dry season, which lasts from September to December, one can walk on trails, or paddle almost silently through them on canoes. The preserve's ecotourism program features a range of activities, which also including guided nature expeditions in the lakes and trails in the forest.

The preserve also offers comfortable and ecologically sound accommodation at the Uakari Floating Lodge (*see p383*) close to forest trails, pretty jungle lakes, and *caboclo* communities. Book through a Manaus tour company, or directly with the **Programa de Ecoturismo** in Tefé, 16 miles (25 km) south.

### FESTA DO BOI BUMBÁ

The vibrant festival, Festa do Boi Bumbá, is centered around a ritualistic dance recounting the death and rebirth of a legendary boi (ox). Originating on the 18th-century Northeast plantations, the festival arrived in Parintins almost 100 years ago with the Cid brothers from Maranhão. They brought with them the Bumba-meu-boi (see p43) musical influence, steeped in the vibrant rhythms of the Northeast. The last few decades saw the festival gaining in prominence. Every June, at least 35,000 people crowd into Bumbódromo, a purpose-built stadium in the town center, to join in the revelries. The fantastic procession incorporates dazzlingly dressed participants, including mythological beasts. The rivalry between the two competing camps, the red Garantido and the blue Caprichoso groups, is expressed in traditional songs. Over the years, this competitive spirit, which goes right down to who wears the most outlandish costume, has brought forth some radical and electrifying spectacles.



Garantido in bright red headgear, gearing up for the contest

# Parintins 2

Amazonas. 🚮 105,000. 🔛 from Manaus. 🚹 (092) 3533 4400. 🐼 Festa do Boi Bumbá (Jun); Festa das Pastorinhas (Dec–Jan).

A large jungle town, Parintins was originally the refuge of a community of indigenous riverine people, known as *caboclos*, who were escaping Portuguese slave traders. Today, Parintins is best known for its popular Festa do Boi Bumbá. The festival is celebrated in June, when the town gets so packed that visitors often stay on boats.

Though there is little else to see, besides the wellpreserved colonial architecture, Parintins is known for its rich indigenous culture. The local handicrafts make unique souvenirs. The flea markets sell everything from masks, trinkets, lace, bead-work, and mahogany carvings. During the dry season, boat trips can be taken to nearby lakes and river beaches.



Tranguil waters of the Rio Branco, flowing past Roraima's capital Boa Vista

## Boa Vista 🛽

Created in 1991, Roraima is one of Brazil's newest states, and Boa Vista is its capital city. While the savannas surrounding it are an important cattle ranching territory, the gold rush of the 1980s still drives development in the region.

The Praça Civica forms the heart of the town's archshaped street layout. The modern Paláçio Municipal is here beside the Monumento ao Garimpeiro, a local monument honoring the gold miners who have brought significant wealth to this state.

There are good swimming beaches on the Rio Branco, only 15 minutes by bus from Boa Vista. The sandy beaches right in the town center, opposite the Orla Taumanam, offer excellent swimming when the river is low.

#### Environs

Boa Vista is blessed with lush tropical rainforest, endless stretches of savanna plains, and pretty river beaches, which make the surrounding region well worth exploring. Though ecotourism is still in its initial stages, organized tours are fairly developed.

A significant staging port en route south to Manaus or north to Guyana and Venezuela, Boa Vista is easily connected by bus to the Venezuelan town of **Santa Elena de Uairén**, located 147 miles (237 km) north. The route from Boa Vista to Santa Elena is dotted with some interesting sights. The ecological island preserve of **Ilha do Maracá**, 62 miles (100 km) north of Boa Vista, is known for its species preservation and biodiversity. Fringed with groves of cashew trees, the enchanting **Lago Caracarañ** is located 112 miles (180 km) north.

Santa Elena de Uairén offers the best access to the **Parque Nacional de Monte Roraima**. The park is ideal for trekking through a variety of eco-niches with changing vegetation to climb **Monte Roraima**, a point where Brazil, Guyana, and Venezuela meet. At 8,970 ft (2,734 m) above sea level, good camping equipment and preparation is essential.

Several Boa Vista-based companies offer excellent week-long packages. International visitors require a Venezuelan tourist card, which can be obtained at the Venezuelan consulate in Boa Vista.

# Rio Branco 4

Acre. 🚮 255,000. 🛧 🔀 📼 1 Av Getúlio Vargas 91, (068) 3901 3019.

Another relatively new state, Acre was annexed from Bolivia in the early 20th century by a pioneering army of Brazilian rubber-tappers. It was founded in 1904, under the name of a rubber company, Seringal Empressa, by Newtel Maia from Ceará.

The Parque de Maternidade has magically transformed a small town water canal into a long, green city walk. In the town center, just a couple of blocks north from the Rio Acre which cuts the town in half, stands the Palácio Rio Branco. Though restored, the building maintains its original Neo-Classical facade with four columns at the entrance. It was built in the 1930s as headquarters for the state government, and retains a good collection of period furniture from the 1940s and



An aerial view of Rio Branco city with Rio Acre

50s. A main feature of the palace, the largest painting in Brazil, depicts a scene in homage to the revolutionary heroes who liberated Acre from Bolivia. The palace also contains several large rooms dedicated to the prehistory and history of the region. The main focus is on the 20thcentury history of Acre, and there is a superb room dedicated to indigenous culture, displaying some stupendous feather headdresses Artifacts relating to local history and tribes are also displayed in the palace.

A few blocks north, the **Museu da Borrachá** (Rubber Museum) focuses on the fascinating local ethnic culture, rubber-tappers, and *ayahuasca* churches, known for their ceremonial use of hallucinogenic herbs.

Rio Branco is transforming the city's south bank of the Rio Acre, which was the focal point during the rubber boom, and until the new north-based commercial center emerged in mid-20th century. The municipality is restoring many of the buildings, which once served the river port as hotels, bars. and a splendid movie theater. as well as merchants' stores. making for a lively atmosphere. The promenade, La Gameleira, makes a perfect location for a riverside walk.

The **Parque Ambiental Chico Mendes** (Chico Mendes Environmental Park) is located in the former rubber plantation at Itucumà near Vila Acre, 6 miles (10 km) south of Rio Branco. It contains virgin forest areas, some replica *malocas* (indígenous longhouses) and rubbertapper dwellings, as well as a zoo and the Chico Mendes memorial.

**Ⅲ Museu da Borrachá** Av Ceará 1441. **Tel** (068) 3223 1202. ■ 8am–6pm Mon–Fri.

## 1 Palácio Rio Branco

Praça E. Gaspar Dutra s/n. **Tel** (068) 3223 9241. 8 8am–6pm Tue–Fri, 4–9pm Sat & Sun. 🖌 & 💋

💐 Parque Ambiental Chico Mendes

Rodovia AC-40 Km 7, Vila Acre. 7am–noon & 2–5pm Tue–Sun.



Visitors walking through the ruined Forte Principe da Beira, Guajará-Mirim

## Porto Velho G

Rondônia. 🚮 381,000. 🔀 📼 Departamento do Turismo, (069) 3901 3186.

A very fast growing jungle city, Rondônia's capital, Porto Velho, has grown out of a few streets beside the giant Rio Madeira in the last 100 years. River trips to the nearby beach of Santo Antônio are popular for freshly-cooked fish at a waterside restaurant.

The star attraction, however, is the Madeira-Mamoré Museu Ferroviário, where several steam locomotives, some under cover, still defiantly symbolize a rusting industrial vision in the middle of the Amazon jungle. In the main museum shed, there are interesting exhibits from the turn of the 19th century, when the railway was being built. Unfortunately, its inauguration in 1912 was just in time to witness the collapse of Brazil's rubber industry.

#### Environs

Guajará-Mirim on the Bolivian border is accessible by road. From here, it is possible to visit the lonely jungle fort, the **Forte Príncipe da Beira**, built by the Portuguese in 1773.

The **Reserva Biologica do Guaporé** near Costa Marques town, which is located 12 miles (20 km) east of Principe de Beira town, is known for its diverse bird species. The Ibama in Porto Velho can arrange trips.

#### 1 Madeira-Mamoré Museu Ferroviário

Praça Madeira-Mamoré. 💽 8amnoon & 2–6pm Mon–Fri. 🐻 🛃

X Reserva Biologica do Guaporé Av Cabixi com Limoeiro 1942. *Tel* (069) 651 2315.

#### CHICO MENDES (1944-88)



Chico Mendes

A rubber-tapper union leader and environmental activist, Chico Mendes helped establish the National Council of Rubber Tappers. His design for extractive rainforest preserves won him recognition by the UN in 1987, with a Global 500 award. He received another award from the Better World Society, before his assassination by hired men employed by the ranchers on December 22, 1988. His untimely death brought international

attention, for the first time, both to the plight of the rainforest and the positive solution offered simply by harvesting the rainforest's fruits and sustainable products. Many leading Brazilian human rights activists, environmental campaigners and church organizations came together to establish the Chico Mendes Committee, which successfully dedicated itself to seeing his murderers brought to justice.

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# CENTRAL WEST Brazil



INTRODUCING Central West Brazil 292–297 Brasília, goiás & tocantins 298–313 Mato grosso & Mato grosso do sul 314–323

# Introducing Central West Brazil

The Federal District of Brasília and four other states make up Brazil's Central West. Goiás and Tocantins in the east of the region and Mato Grosso and Mato Grosso do Sul in the west, are areas where the expansive wilderness of craggy *cerrado*-covered plateaus, vast wetlands, rainforests, and deserts are beginning to give way to industrialization. The slow pace of life in colonial mining towns such as Cidade de Goiás and Pirenópolis is being eclipsed by the urban attractions of cities such as Campo Grande and Brasília. However, the Central West remains one of the best regions in which to savor Brazil's traditional rural way of life as well as spot amazing wildlife.





Cristalino Jungle Lodge (see p319) is situated on the banks of the Rio Cristalino, in Alta Floresta. This region is rich in the Amazon flora and fauna, and bas a number of splendid birding trails. Guided biking tours are also on offer. MATO GROSSO & MATO GROSSO DO SUL (see pp314-23)



**Bonito** (see p323), a small, quiet town located at the southern edge of the Pantanal, offers visitors light adventure activities such as snorkeling in clear-water rivers, visiting caves, and hiking along short wildlife trails.

Ilha do Bananal (see p311), one of the world's largest river islands, contains rivers that extend up to 155 miles (250 km), and is bome to several indigenous peoples. A bird-watcher's paradise, the island's wild interior is not easily accessible.





**Brasilia** (see pp302–305), the country's capital, is renowned for its Modernist buildings, many of which were designed by the noted architect Oscar Niemeyer.



BRASÍLIA, GOIÁS & TOCANTINS (see pp298–313)





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Pirenópolis (see pp308–309), a picturesque former mining town with colonial buildings and impressive restaurants, is a popular weekend retreat. It is also a base for exploring the cerrado and the region's numerous waterfalls. 293

# Creation of a Capital

President Juscelino Kubitschek and his team of designers, planners, and architects, led by Oscar Niemeyer, envisaged Brasília not only as a city, but also as a monument to the national motto – Order and Progress. In creating this, they turned to European Modernism, following the doctrine of Charles-Edouard Jeanneret (1887–1965), or "Le Corbusier," for their inspiration. The concept stated that modern cities should be zoned functionally with separate areas for housing (in high-rise blocks), recreation, and administration. broken by green belts and roads.



The Missão Cruls was commissioned by President Floriano Peixoto in 1892 and led by the Belgian scientist Luiz Cruls. It sought to find a possible site for a new capital in the Brazilian interior to make a more regionally neutral federal capital where resources could be equally divided.



Superquadra 309, a . residential neighborhood, was built in one of the "wings" of Brasília.

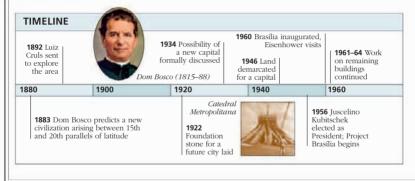
The candangos were workers from the Nortbeast brought to Brasilia in vast numbers to build the city. Homes for their descendants were not included in the grand plan and today Brasilia is ringed with the slum cities of their children.



Juscelino Kubitschek was the president of Brazil between 1956 and 1961. He was responsible for the creation of Brasilia as the new, modern capital of the country.



**BRASILIA** Located at the heart of the country, Brazil's capital city is today on UNESCO's list of World Heritage Sites, and is famous for its innovative urban planning and daring architecture.





Lúcio Costa and Roberto Burle Marx, the urban planner and landscape designer bebind Brasília, intended that every element, from the layout of the residential and administrative districts to the symmetry of the buildings, should be in harmony with the city's overall design.

Ministerial buildings were built to flank Praça dos Três Poderes and Eixo Monumental (see pp302-303).



Eixo Rodoviária Sul is / one of the main roads in the "wings" connecting Brasília from one end to the other. American President Dwight D. Eisenhower, on an official visit to Brazil, inaugurated the new capital city of Brasília with great fanfare on February 23, 1960. He also visited Rio de Janeiro and São Paulo.



#### **OSCAR NIEMEYER**

Born in Rio de Janeiro in 1907, Niemeyer went on to become one of the most important names in modern architecture. His first job was with Le Corbusier and Lúcio Costa on Rio's Ministry of Education in 1936. After this he went on to design a series of landmark buildings such as the Contemporary Museum of Art in Niterói (*see p89)*. Niemeyer's socialist beliefs led to his exile under the coup of 1964. He returned to Rio in the 1980s, where he continues to work.



Oscar Niemeyer at his office in Rio de Janeiro



Original pen and ink drawings submitted by Lúcio Costa in 1956 in the competition for a new capital city show Brasília's distinctive shape, which has been variously interpreted as an airplane, a bird in flight, and a how and arrow.



The inauguration of Brasilia by President Juscelino Kubitscbek and President Eisenbower was attended by thousands of people. The new capital saw the installation of the three powers of the republic – parliament, judiciary, and presidency.

# Flora & Fauna in the Cerrado

The Brazilian *cerrado* (meaning inaccessible in Portuguese) is a biome unique to South America and is the tropical world's largest woodland savanna. The *cerrado* landscape is made up of scattered woods and vast swathes of grassland along riverbanks and in small valleys. One of the richest ecosystems in the world, the *cerrado* is home to almost every species of large mammal found in South America, together with an enormously prolific birdllife. The *cerrado* landscape is home to some 10,000 plant species, of which 4,400 are endemic to the region.





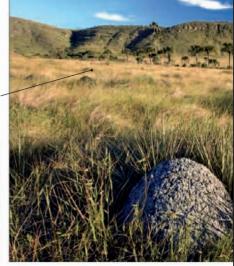
Hyacinth macaws are an endangered species due to overcollection for the caged-bird trade. They are also bunted by the Kayapó people (see p262), who use their bright blue feathers in their beaddresses.

The cerrado, a sprawling 1.2-million sq mile (3-million sq km) mix of forest and savanna, covers 75 percent of Brazil.



**Capybaras**, abundant in the cerrado, are semi-aquatic, herbivorous rodents. They live in herds and spend most of their time feeding on riverbanks, where they are easily spotted during mornings and evenings.

The rhea is a large, flightless bird native to South America. Because rheas will eat almost any crop plant, farmers sometimes kill the birds. This, along with egg gathering and babitat loss, bas led to a significant drop in their numbers The species is listed among the wildlife of "special concern.



The Pantanal



The marsh deer is generally a solitary animal, or lives in berds of less than six. It has webbed feet which belp it walk on flooded land.

The maned wolf is the only large canid in the world that does not form packs. The animal, now endangered, was hunted by poachers for its body parts, notably the eyes, which were believed to be good-luck charms.



### Buriti palms often

grow over subterranean water. They are an important source of food for many large parrots and primates.

#### Savanna

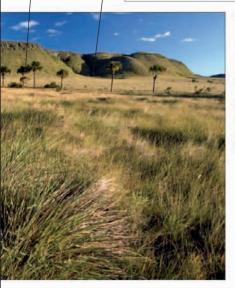
formations in the *cerrado* are not homogenous. Hilly areas have denser, more varied flora than the grasslands.

#### CONSERVATION OF THE CERRADO



Tractors paving the way for a new farm in the *cerrado* 

Central Brazil's ancient *cerrado* forests are rapidly being cleared for soya plantations and cattle ranches. Since the late 1990s, steps have been taken to identify conservation-priority areas and better manage protected areas. Recently, private reserves, established under the Private Natural Heritage Reserve system, have become an important component of biodiversity protection in the *cerrado*. There have also been more intensive faunal and floral surveys of the region.



#### FLORA & FAUNA OF PANTANAL

Although the world's largest wetland forms part of the southern extreme of the *cerrado*, the Pantanal (*see pp320–21*) comprises habitats most associated with the Amazon. Many *cerrado* species live here, as well as marsh deer, capybara, caimans, waterbirds, and monkeys.



**Ipê tree** is a large canopy tree. Its vibrant trumpet-sbaped flowers bloom in spectacular yellow, pink, and mauve tbroughout the cerrado.

### FLORA IN THE CERRADO

The *cerrado* is characterized by its vast expanses of grassland, scattered forests, and palm groves. The landscape varies between the "open *cerrado*," predominantly grassland, without trees and shrubs, and "closed *cerrado*," the more forested areas.

#### The white-necked heron is a common sight in the Pantamal, especially along riverbanks, where it feeds. This graceful bird builds its nest on a platform on trees close to the river



Caiman numbers in the Pantanal bave increased after a ban on bunting them for their skin and teeth (considered charms against witchcraft) took effect.



Guira cuckoos are slightly scruffy-looking birds that nest, roost, and feed in groups, eating insects, frogs, and eggs off the ground.

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# BRASÍLIA, GOIÁS & TOCANTINS

be capital of Brazil since 1960, Brasília is the region's only metropolis. Its striking city plan and futuristic architecture makes it vastly different from any other city in the country. Goiás and Tocantins make up Brazil's heartland. Northern Goiás and Tocantins are mostly wilderness areas of mountains and dry savanna, while in the south are the colonial towns of Pirenópolis and Goiás Velho.

Until the mid-20th century. only bandeirante slavers and gold hunters had ventured into the wilderness of central Brazil a land of cerrado (savanna) woodland, mesetas (tabletop mountains), and giant winding rivers, peopled by bands of valiant indigenous groups such as the Xavante. Some gold prospectors staved on, building a handful of colonial towns near their mines. Cidade Goiás and Pirenópolis in central Goiás are very well preserved, so much so that the former is now a UNESCO World Heritage Site. Pirenópolis is famous for its festivals. the liveliest of which, the Festa do Divino Espírito Santo, re-enacts the battles between the Christians and the Moors. The city is also a center for ecotourism, and a favorite watering hole for nearby Brasília's middle class. The Utopian, but impersonal, capital city sits on an exposed plain under an expansive sky. Its brave new domes, churches, and steelreinforced monoliths, now ringed with *favelas*, should not be missed.

Northern Goiás and Tocantins remain frontier lands, where fields of soya are fast encroaching upon the foothills of the *mesetas* in Chapada dos Veadeiros National Park, the dune-filled expanses of the Jalapão *cerrado*, and indigenous lands on the world's largest river island, Ilha do Bananal. The scenery here is spectacular, and adventure activities, such as canyoning and rappeling, are developing rapidly.



The Palácio de Itamaraty (Palace of Arches), one of the most impressive modern buildings in Brasília

# Exploring Brasília, Goiás & Tocantins

Cidade de Goiás and Pirenópolis in Goiás remain pleasant colonial towns, while the spectacular Chapada dos Veadeiros National Park in northern Goiás showcases the unique flora and fauna of highaltitude cerrado. Brasília, the capital city of Brazil from 1960 onward, was built from the dust and scrub of the central western cerrado, and is a Modernist marvel. In Tocantins state, the Ilha do Bananal, one of the largest islands in Brazil, is also the point at which three ecosystems converge - rainforest, cerrado, and wetland. The dune deserts of Jalapão in Tocantins are fringed by dry sertão, vast horizons of soya farms, waterfalls, crystalline rivers, and forests inhabited by the Xavante and Xingú indigenous groups.



**Rust of Juscelino** Kubitschek, Museu Historicó de Brasília

Garimpinho

Pontão

Araguacema

Norte



#### SIGHTS AT A GLANCE

Towns & Cities Brasília pp302–305 🛈 Cidade de Goiás 3 Ilha do Bananal 🕖 Palmas 6 Pirenópolis pp308-309 2

### National Parks & Areas of Natural Beauty

Ialapão 6 Parque Nacional Chapada dos Veadeiros pp312–13 4 Parque Nacional das Emas (8)

#### SEE ALSO

· Where to Stay pp384-5

Where to Eat p409

Alvovorada Porangatu Mara Rosa Crixás ON Uruacu Mozarlândia Barro Aruanã<sup>C</sup> Alto Rialma Araguapaz Goianésia Cuiabá CIDAD DE GOIÁS SIL O 2 Aragarças PIRENÓPOLIS Anápolis São Luís de Piranhas **Montes Belos** Goiânia Cajanônia Hidrolândia DIÁ Verde Edéia Mineiro Jata Rio Verde (152) Goiatuba O PARQUE NACIONAL Quirinópolis DAS EMAS Itumbiara São Paulo Itarumã

#### For additional map symbols see back flap



São Paulo



Ministry buildings, Catedral Metropolitana, and Museu Nacional, in Brasília

#### GETTING AROUND

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Travel inevitably begins in Brasília. There is an international airport, and flights connecting with most larger Brazilian cities, including frequent flights to Goiânia in Goiás and Palmas in Tocantins. Roads radiate out from these cities to other towns and states cutting through the harvest land and the stunning scenery. Pirenópolis, a weekend getaway from Goiânia, is reached from Brasília via a filigree of small roads and regular buses. There are daily buses to Cidade de Goiás from Goiânia via the BR-070. The Chapada dos Veadeiros, which, together with Pirenópolis, boasts the best ecotourism infrastructure, is reached from the little towns of São Jorge or Alto Paraíso in northern Goiás. These are connected to Brasília via the GO-118. Apart from the main north-south artery, the BR-153, transportation in Tocantins is difficult. Ilha do Bananal in the west and Jalapão in the east are remote and best visited on tours.



# Brasília o

Brasília is the embodiment in concrete of erstwhile President Juscelino Kubitschek's promise of "fifty years of economic and social development in five," and of the national motto – Order and Progress. The city was built by vast teams of *candangos*, workers from the Northeast, who carved it from the *cerrado* at breakneck speed. They were led by urban planner Lúcio Costa, architect Oscar Niemeyer, and landscape engineer Roberto Burle Marx (*see p295*). The capital of Brazil shifted from Rio de Janeiro to Brasília on April 21, 1960. Brasília was added to UNESCO's list of World Heritage Sites in 1987

> as an example of daring urban planning and modern architecture. Today, Brasília is a stately, organized city, albeit a little quiet.

View of the Eixo Monumental from atop the TV Tower at dusk

VIA S-1 OESTE

VIA S.S

Quartel General do Exército **Indigenes** is fashioned like a *maloca*, a traditional longhouse. It is a tribute to Brazil's indigenous peoples.

Memorial dos Povos

**TV Tower** is the best place to get a bird's-eye view of the city. The observation deck is on top of the 426-ft (75-m) high building.

VIA N-1 OESTE



#### Memorial Juscelino Kubitschek

Built in bonor of the president responsible for the construction of Brasilia, this monument contains his mausoleum, with photographs of, and documents about, the construction of the city. PARQUE SARA KUBITSCHEK

VIA S-1 OESTE

0 meters 250

#### EIXO MONUMENTAL

The Eixo Monumental, Brasília's main thoroughfare, forms the centerpiece of the city. Kubitschek stands at one end of the Eixo, waving from his towering Modernist column to the seat of government, the Congresso Nacional and Palácio do Planalto, which sit around the Praça dos Trés Poderes. Many of Brazil's most famous architects and sculptors were involved in its construction.



#### **Quartel General do Exército** This fusion of curves, straight lines, and jagged waves echoes the Congress complex and is the beadquarters of the Brazilian army – at times the key player in affairs of state.

For hotels and restaurants in this region see pp384–5 and p409

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Esplanada dos Ministérios Tall ministry buildings, 19 in all, are lined up in disciplined rows along Esplanada dos Ministérios



## VISITORS' CHECKLIST

Brasília Distrito Federal 🚯 2.200.000. 🔼 Presidente luscelino Kubitschek International Airport, (061) 3033 9000. E Tourist Office. Presidente Juscelino Kubitschek International Airport. (061) 3364 9488. or Adetur. Centro de Convençoes, (061) 3429 7600. www infobrasilia com br



### **Congresso Nacional e Anexos** Oscar Niemeyer's most famous and celebrated

group of Modernist buildings at the heart of Brasília is also Brazil's seat of government.

> Teatro Nacional a set of four theaters. is the most important in the city.

Esplanada dos Ministérios

VIA N.



Palácio do Planalto or the President's Office. is one of Niemeyer's best examples of Modernist architecture.

Fundação Biblioteca Nacional Estação Galaria

Rodoviária

Estação

Central

1×40

dos Estados

Museu Nacional Honestino Guimarães. a perfect white dome, is another of Niemeyer's buildings.

VIA N-1



Palácio de Justica the building of the Ministry of Justice. has a beautiful internal garden.

VIA S-1 OESTE

VIA S-2

### Catedral Metropolitana Nossa Senhora Aparecida

Niemever's iconic cathedral with its curved columns and stained-glass interior is flanked by haunting sculptures of the four apostles.



Supremo Tribunal Federal The highest court in the country, the Supremo Tribunal Federal is the seat of Brazil's judicial power.

#### Exploring Brasília

The capital of Brazil, Brasília, is shaped like an airplane in homage to what was then the incipient iet age. While to its north and south lie the residential wings, the Eixo Monumental (see pp 302-303) forms the body of the jet, with the city's major attractions.

#### Praca dos Três Poderes

Fixo Monumental. Congresso Nacional e Anexos Tel (061) 3216 1771. 79–11:30am & 3:30–4:30pm Mon-Fri. 10am-2pm Sat & Sun. Palácio do Planalto Tel (061) 3411 2042. 7 9:30am-1:30pm Sun. Palácio de Itamaraty Tel (061) 3411 6155. 3-5pm Mon-Fri. 10am–3pm Sat & Sun. Palácio da Justica Tel (061) 3429 3216. 9–11am & 3–5pm Mon–Fri. This vast square is flanked by buildings that form the locus of the Brazilian government The axis of the federal state the Congresso Nacional e Anexos is a harmonious fusion of lines and curves. creating the most monumental and timeless architecture in the city. On the other side of the square are the seats of two other branches of power the Palácio do Planalto the executive office of the presidency, and opposite it, the Supremo Tribunal Federal, the Supreme Court headquarters, which is closed to the public.

Immediately below this group of buildings are the Palácio de Itamaraty and the Palácio da Justica, two of Brasília's few buildings that are more aesthetic than monumental. The latter's Modernist columns seem to rise gently



Palácio da Justiça with lily pond in the foreground



The interior of Santuário Dom Bosco, bathed in blue light

from the lilv pond lying at its feet to form smooth arches Inside is a vast hall decorated with fine sculpture and paintings. The highlight is 19thcentury artist Pedro Américo's O Grito de Ipiranga, depicting the moment when Dom Pedro I proclaimed Brazilian Independence (see p52).

#### ▲ Catedral Militar de Nossa Senhora da Paz

Canteiro Central do Eixo Monumental Oeste, Tel (061) 3323 3858. 📉 8am–7pm daily. This brilliant white triangular church, with its jagged windows and vast gable, echoes the French Notre Dame du Haut designed by Niemever's mentor. Le Corbusier. It was completed in 1991, and was built to house the papal altar used by John Paul II on his visit to Brasília in 1980.

#### **Ouartel General** do Exército

Setor Militar Urbano At the northeastern end of the Eixo Monumental, this vast complex of imposing buildings is set in a sea of lawns and watched over by a towering obelisk. It was built during the military dictatorship and was intended to show the presence of military power in the government, which was notably absent from the Praca dos Três Poderes. The intimidating stature of the buildings conveys Niemeyer's objective of constructing something grand for the generals. He was determined that the monumentalism of these generals should not be eclipsed by that of President Juscelino Kubitschek (see p58).

#### Santuário Dom Bosco

Av W3 Sul. Ouadra 702. Tel (061) 3223 6542. 7am-7pm Mon-Sat, 7am–noon & 2–8pm Sun. 💋 The city's finest church honors the 19th-century Italian visionary saint and founder of the Salesian order His proclamation that a new civilization would arise in the third millennium between the 15th and 16th parallels of latitudes, inspired Kubitschek to build Brasília on the edge of an artificial lake. The stunning interior features an almost seemless panoply of glass, which ranges from light to dark blue and indigo, as it ascends. In the late afternoon. shafts of light penetrate the building, illuminating the marble statue of the Virgin and the vast cross whose vertical was carved from a single piece of tropical cedar. The church was blessed by John Paul II on his 1980 visit.

#### Templo da Boa Vontade

Setor Garagem Sul 915. Tel (061) 3245 1070. 🚺 24 hrs daily. Many religions, some orthodox, some decidedly alternative, thrive in and around Brasília. This marble pyramid with open sides was built to reflect the ecumenical attitude towards spirituality which characterizes the city. The building's geometry is based on multiples of seven in accordance with sacred numerology. The sides rise to 69 ft (21 m), the cavernous nave spans 92 ft (28 m), and spiral steps wind around the interior. The central portion of the temple is illuminated by light, filtering through an enormous and priceless rock crystal found at Cristalino in Goiás.

For hotels and restaurants in this region see pp384-5 and p409

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# Catedral Metropolitana Nossa Senhora Aparecida

Designed by Oscar Niemeyer to resemble a crown of thorns, this cathedral features 16 soaring curved pillars spread like an open hand. Between them, a filigree of glass windows is united by a fluid series of color. The main altar and the altarpiece was given by Pope Paul VI in 1967, who also blessed the metal cross sitting on top of the building. The statues of the evangelists outside the cathedral are by the Mineiro sculptor Alfredo Ceschiatti, who also sculpted the archangels suspended from the ceiling inside.



The remarkable entrance was intended to recall the catacombs where Christ was interred, with visitors emerging out of darkness into the cathedral's light.

**Curved concrete pillars**, all 16 of them, are held together at their apex by a high-tensile steel ring.

### VISITORS' CHECKLIST

Esplanado dos Ministérios. Tel (061) 3224 4073. Bam-5pm Mon & Sat, 8am-6pm Tue-Fri & Sun. during masses: 12:15pm & 6:15pm Tue-Fri; 5pm Sat, 8:30am, 10:30am & 6pm Sun. www.catedral.org.br



The Catedral Metropolitana, etched against a cloudy Brasília sky

São Mateus Designed by sculptor Alfredo Ceschiatti (1918–89), this 10-ft (3-m) bigb bronze figure of St. Mattbew is one of the four sculptures that stand in front of the cathedral



### **Stunning Interior**

Archangels bover over the central altar, while the light marble and ample daylight infuse the entire building with a transcendent glow. The glass panels in the interior reflect sunlight from the rippling water outside.

Striking interior of Catedral Metropolitana Nossa Senhora Aparecida with glass roof panels, Brasília Dash





# Pirenópolis @

The picturesque town of Pirenópolis is gathered around the Rio das Almas, surrounded by verdant cerrado woodlands, and tucked away at the feet of low ragged hills. Pirenópolis skilfully balances the old and the new. the traditional and the contemporary. Crowned by Portuguese Baroque churches, the cobbled streets clatter to the sound of cowboys on horseback. They are lined with chic little restaurants, housed in rustic 18thcentury bungalows, or designed in low-key 20thcentury Art Deco style. The entire historical center can be walked around in less than two hours. There are only a few streets - the principal ones being Rua Direita Rua da Aurora Rua do Bonfim and Rua do Rosário which has the bulk of the restaurants. At weekends, a bustling crowd from Brasília fills up the streets.



Souvenir shops selling traditional handicrafts on Rua Rui Barbosa

#### Igreia Nosso Senhor do Bonfim

Praça do Bonfim. 🔽 check with tourist office before visiting. This simple but elegant little church on Rua do Bonfim was built between 1750 and 1754. One of the bestpreserved churches in Goiás. this modest Baroque church is architecturally similar to Matriz de Nossa Senhora do Rosário and has a plain white



The well-maintained Igreja Nosso Senhor do Bonfim

façade. The image of Nosso Senhor do Bonfim, in the main altarpiece, was brought here from Salvador by a convoy of 250 slaves.

#### A Igreia Matriz de Nossa Senhora do Rosário

Rua Do Rosário. 🔀 check with tourist office before visiting. This parish church, founded in 1728, is the largest and the oldest ecclesiastical building in Goiás. Until 2002, when the entire attractive colonial edifice was gutted in a fierce fire, it also had one of the finest Baroque interiors in the state. The church boasted an altarpiece decorated with motifs taken from the flora of the surrounding Família Pompeu cerrado, and an

impressive ceiling painted by the Brazilian artist, Inácio Pereira Leal, in 1864. The church was restored and opened anew in 2006, but a shortage of funds has left it with a plain interior.



Display of costumes from the Festa do Divino. Museu das Cavalhadas

#### ft Museu das Cavalhadas

Rua Direita 39. 🗖 8am–8pm daily. 🚳

This small museum contains an incredible display of Carnaval masks, ornate metal armor costumes, photographs, and folklore relating to the hugely popular Festa do Divino Espírito Santo. The festival was originally Portuguese but the court costumes and the animal masks are uniquely Brazilian. originating from Afro-Brazilian and indigenous customs. The collection occupies the ground floor of a home belonging to a family which has for generations played a central role in performances at the festival.

#### ft Museu da Família Pompeu

Rua Nova 31. Tel (062) 3331 1299. C call ahead to arrange a visit. Set up in a corridor inside a large 18th-century house, this tiny museum displays regional historical items,

including an odd collection of colonial bric-abrac. furniture.

Dickensian shelves of old documents, municipal newsletters, an old printing press, and silver jewelry. The museum preserves the most comprehensive and well-maintained records of the early vears of the colonial town of Pirenópolis,

including pictures and documents from its gold-mining days. The Pompeu family does not reside here. There is a proposal to turn this treasure-house into a public municipal museum.

Museu da

For hotels and restaurants in this region see pp384–5 and p409

### FESTA DO DIVINO ESPÍRITO SANTO

Also known as Cavalhadas, the festival is based on Iberian lore dating from the Crusades and Catholic Whitsuntide celebrations. The festival begins 15 days before Pentecost Sunday, with a gathering of riders, known as the Folia do Divino, at the Matriz. They then proceed out of Pirenópolis into the surrounding countryside. Masked dancers, parades of horsemen dressed as Crusaders. Moors.

or Cavalhadas, and many cultural and



Cavalhadas parade costume

musical events follow. The festival culminates on Pentecost Sunday in the stadium, the Cavalhadodrómo.

#### Teatro de Pirenópolis

Praca da Matriz s/n. Tel (062) 3331 2029 (box office). 🚺 box office open all day on show days. This delightful, restored miniature 19th-century theater is one of the town's hidden treasures and commemorates the centenary of its foundation. The Teatro de Pirenópolis is best visited during one of the regular plays, performances, and shows. One of the most interesting small acts in the past has featured the popular Mato Grosso do Sul-born guitarist Almir Sater The Goiás singer-songwriter. Maria Eugenia, and the Tocantins Forró singer. Dorivã, regularly play here. Just around the

corner, on the Rua do Direita, is the little Art Deco **Cine Pireneus Art Cinema**, with an impressive eclectic program.



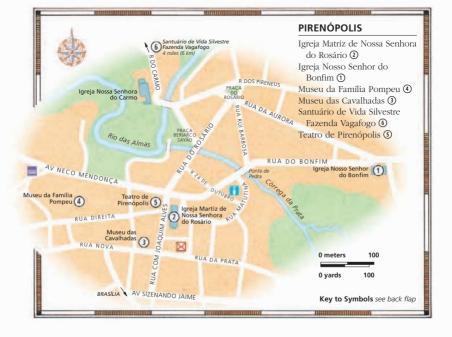
The Art Deco façade of Cine Pireneus Art Cinema

### VISITORS' CHECKLIST

Goiás. M 23,000. R Rodoviária, Av Neco Mendonça, (062) 3331 2765. Central de Atendimento ão Turista, (062) 3331 2633. C Festa do Divino Espírito Santo (Feb). www.pirenopolis.com.br

#### Santuário de Vida Silvestre Fazenda Vagafogo

7 miles (12 km) NW of Pirenopólis. Tel (062) 3335 8515. 9am-5pm daily. A beautifully preserved patch of forest lined with streams and exquisite trails, Santuário Vagafogo makes for a good excursion into the countryside. This stunning nature preserve of cerrado and gallery forests (forests along a river or stream) is home to a number of animal species. such as brown capuchins armadillos, as well as many bird species. At weekends and on holidays, a small restaurant at the visitors. center serves fantastic fare using homegrown ingredients. Visitors can hire one of the many motorbike taxis from pick-up points in town - an inexpensive way to get to the sanctuary - or hire a cab.





A cobbled street lined with townhouses in Cidade de Goías

# Cidade de Goiás

Goiás. 🔼 28,500. 😿 🚃 Secretaría de Turismo, (062) 3371 1996. 🕅 Semana Santa (Apr), Festival International de Cinema Ambiental (Jun) www.cidadeshistoricas.art.br/goias

Like most colonial towns in Brazil's interior. Cidade de Goiás grew rich on gold. Until the middle of the 20th century, it was the capital of what was once the largest Brazilian state apart from Amazonas. Also known as Goiás Velho, or just Goiás Cidade de Goiás is a magical little city nestled at the foot of the rugged Serra Dourado hills. Winding cobbled streets lined with 18th-century town houses lead to hills capped with churches, leafy squares and little markets. Life here seems to trot along as it has done for centuries

While historic, Goiás is far from being lost in a bygone age. The city's busy social calendar is a testament to its successful fusion of the old with the new. There is something happening almost every weekend through the year in Goiás, from thoroughly traditional hooded parades in Semana Santa (Holv Week) to some of the best worldcinema festivals and classical music concerts in Brazil.

Many buildings and museums testify to the city's illustrious past, and Goiás is small enough to see them all leisurely on foot. The best place to begin a tour is at Praça Brasil Caiado, the large square which graces the town's southern end. There

are a number of museums and monuments here. These include the Museu das Bandeiras, the former seat of government, which preserves a forbidding dungeon and a set of rooms with period furniture, a magnificent Baroque public fountain. Chafariz de Cauda and the Ouartel do Vinte, an 18thcentury barracks, which now houses the tourist office.

Immediately north of Praca Brasil Caiado and capped with an attractive, though modest, Baroque church is another square. Praca do **Correto** The most interesting of all the city's museums. Museu de Arte Sacra in the Igreja de Boa Morte, is located here, preserving a series of hauntingly lifelike religious effigies by José Joaquim da Veiga Valle (1806-74), a self-taught sculptor. Opposite this museum is the Palácio Conde dos Arcos complete with 18th-century furniture and still used by the governor on city visits.

Museu de Arte Sacra Praca do Correto. Tel (062) 3371 1207. 📉 8am–5pm Tue–Fri, 9am–1pm Sun, 🐻

ft Museu das Bandeiras Praca Brasil Caiado. Tel (062) 3371 1087. 🚺 8–11am & 1–5pm Tue–Fri, noon–5pm Sat. 🐻

ff Palácio Conde dos Arcos Praça Dr. Tasso de Camargo. Tel (062) 3371 1200. 🚺 8am–5pm Tue–Sat, 8am–noon Sun. 🐻

# Chapada dos Veadeiros 🛛

See pp312-13.

## Palmas **G**

Tocantins. 🚯 137,500. 😿 共 (063) 3228 5600 Embratur Secretaria da Industria. Comercio e Turismo. Praca Girossóis. (063) 3218 5261. Carnaval (Feb/Mar)

Built in 1989. Brazil's newest state capital sits at the base of a range of forested low hills. It is a pleasant, but sprawling, modern city. Most visitors come to Palmas as it is a good jumping-off point for the numerous attractions that lie within the interior of Tocantins state most notably Jalapão and the Ilha do Bananal.

Aside from the vast Palmas lake formed by the dam on the Rio Tocantins, Palmas' most interesting area is its vast, grassy main square, Praca Giróssois, which is lined by grandiose public buildings and various monuments to its founder. José Wilson Siqueira Campos. and his legacy.



The sparkling Rio Tocantins in Palmas at sunset

# Jalapão 6

Tocantins. 🌠 Korubo, (063) 8121 3538. www.jalapao.com; or Bananal Ecotour (063) 3028 4200. www.bananalecotour.com.br

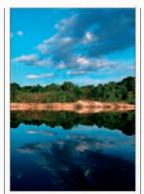
A journey through Brazil's interior would be incomplete without a visit to Ialapão. Located deep within eastern Tocantins, this breathtaking area is one of South America's great wilderness destinations. Jalapão, stretching across 13,130 sq miles (34,000 sq km), is made up of a state park, three private protected

areas, and an ecological station, Estação Ecológica. The best time to visit is the dry season between June and September.

Beyond the inaccessible reaches of southern Piauí the arid cerrado forests and incipient caatinga thornlands are more pristine here than anywhere else. Many fastflowing rivers cut through spectacular canyons and thunder over myriad waterfalls throughout Ialapão. A number of rivers are born in limpid glassy springs that bubble forth from the sands of Jalapão. Others wind their way through groves of buriti palms called veredas. These are visited by Spix's macaws and Brazilian Merganser ducks, two of the extremely rare birds lost to the rest of the continent but still found in Ialanão

Towering over Jalapão's seemingly interminable plains and striding out to the endless horizons are stands of monolithic tabletop mountains, winding yellow sand dunes, and craggy rock pinnacles. The air is so clear that even when these are far in the distance, they appear close enough to touch. Trails running across the mountain summits range from moderate to difficult, depending on the experience of the hiker.

The views from the top of the mountains and dunes are mesmerizing. But for the whistling breeze, it is so silent that the infrequent pick-ups running across the very few dirt roads can be heard clearly even when they are quite a long distance away.



Dark waters of the Rio Javaés, one of Ilha do Bananal's rivers

# Ilha do Bananal 🛛

Tocantins. R 3,500. S Bananal Ecotour Quadra 103-S, Loja 28, Palmas, (063) 3219 4200. WWW.bananalecotour.com.br

The Rio Araguaia runs from southern Goiás across Tocantins state to join the Rio Tocantins before draining into the Amazon. In the middle of this river sits the Ilha do Bananal, an island so vast that it has its own rivers running through it and contends with Ilha de Maraió (see p270) for the title of the world's largest river island. Access to the island's wild interior is not easy. Visits here are only possible with a licensed tour operator.

Three ecosystems converge on the island – rainforest, wetland, and *cerrado*. Bananal's southern extremes are mostly Terras Indígenas (indigenous territories), where tourists are not welcome. Its center and north are



A breathtaking view of Tocantins landscape from a dune, Jalapão

impenetrable without a guide. Indigenous communities. including the Javaés and the Karaiás, inhabit the island. some of whom produce carved wooden animals and pottery figurines. The southern part of the island also comprises seasonally flooded forests, lakes, and swamps filled with wildlife This is a wonderful area for bird-watching, particularly waterbirds. There are also black caimans which grow to an immense size in the dark fish-filled waters

# Parque Nacional das Emas ®

Goiás. I Rua do Bom Fim, Centro Historico, (062) 3331 3323. Drena, Rua Aurora 21, Centro Histórico Pirenópolis, (062) 3331 3336. Ø Fazenda Santa Amélia, (064) 3634 1380.

Tucked far away in the southwest corner of Goiás and surrounded by a sea of soya, Emas National Park is a 500-sq mile (1,300-sq km) island of grassland and sparse *cerrado*, dotted with millions of termite hills and cut by blackwater rivers. The park is considered the best preserved *cerrado* in the country. In 2001, it was designated a UNESCO World Heritage Site.

Populations of larger mammals, particularly the armadillo, maned wolf, and puma, are so healthy here that the park is a favorite location for film crews from the BBC Natural History Unit. It is also an important destination for bird-watchers, with the greatest concentration of blue-and-yellow macaws outside Amazônia.

Although there is no compulsion to go on a guided tour, it is a good idea to organize a trip through a tour operator in Pirenópolis, or through the tourist office in the nearby town of Chapadão do Céu, east of the park. Facilities at the park are minimal. Accommodation is limited to very rustic, simplyappointed **Fazenda Santa Amélia** in Chapadão do Céu.

# Parque Nacional Chapada dos Veadeiros @



Named for the marsh deer that inhabit the area, this national park sits on the edge of the *cerrado*, one of the largest areas of wild country in the interior of Brazil. Most easily accessed from the small town of Alto Paraíso, the park is set in a stunning landscape. The surrounding area is just as hummingbird magical; sprawling forest is broken up by

Reputiful

rushing waterfalls and meadows, and dotted with stands of buriti palms. This remarkably isolated destination offers spectacular walks and pretty trails for nature-lovers as well as exciting outdoor adventure activities, such as rappeling and canyoning.



Buriti palm groves, widely scattered in the Chapada



#### \* Cânion Rio Preto

The narrow gorges of the Rio Preto, which runs through the middle of the park, cut into the sandstone cliffs. The most stunning precipice has waterfalls gushing down the cliffs.



One of the larger mammals in the Chapada, the giant anteater is a common sight.

### STAR SIGHTS

- ★ Cânion Rio Preto
- ★ Cachoeira Almecegas



The light in this shallow canyon is particularly beautiful at sunset. The rocks have been sculpted into strange Daliesque shapes by the Rio São Miguel.

For hotels and restaurants in this region see pp384–5 and p409



Rio São Domingos

DE

ERRA

### **Chuveirinho Flower**

The cerrado bas thousands of endemic plants and one of the bigbest numbers of species found in a single area. One such indigenous plant is this unusual meadow flower.

### VISITORS' CHECKLIST

Goias. Go

and and for day thps only.
KEY
Visitor information
Highway
— Minor road
– – Trail
Park boundary
💧 Peak

PALMAS

Adventure Sports The Chapada is one of the most popular places in Brazil for outdoor adventure sports such as abseiling and canyoning.



★ Cachoeira Almeçegas A picturesque many-tiered waterfall drops over 260 ft (80 m) into deep pools, which are good for swimming. Access is along a rather tortuous trail.

Morro Capäo Grosso 5,050 ft (1,540 m)

das Cobri

4

Fazenda São Bento

4

SANTA

SERRA

Ria do Ca.

111

Alto Paraíso

de Goiás

BRASÍLIA

Morro Peito de Moça 5,000 ft (1,525 m)

RioMonesCat

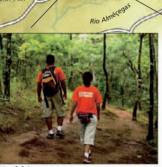
Morro do Mresto 3,775 ft (1,150 m)

Rio Preto

*Morro da Baleia* 4,900 ft (1,495 m)

(D)

Morro daBuração 5,500 ft (1,675 m)



## Trekking

The Chapada is home to several forest trails, which are perfect for avid hikers and nature-lovers.



# MATO GROSSO & Mato grosso do sul

nce a destination for explorers and gold hunters, today Mato Grosso and Mato Grosso do Sul attract avid naturelovers. The world's largest wetland and a vital ecosystem, the Pantanal straddles both states. Blessed with crystalline rivers and spectacular national parks, and dotted with ranches and farms, this vast region is still home to a large population of indigenous groups.

Explorations of Mato Grosso were limited to nature expeditions and Jesuit missionaries until the discovery of gold in the 18th century. The gold rush led to clashes between Europeans and indigenous groups. Many of these groups, such as the Bororo and Kayapó, still live in this state.

The building of Brasília as the new capital of Brazil brought waves of migrant workers to the Central West in the mid-20th century. In 1979, the state was split into Mato Grosso and Mato Grosso do Sul, divided by the star attraction of the region, the wetlands of the Pantanal.

Very few places in the world can boast such enormous numbers of large birds as the Pantanal. While wildlife can be difficult to see in the closed forests of the Amazon, it is visible in abundance here. In July and August, storks, ibis, herons, and huge, colorful parrots swarm the Pantanal, and can even be seen while driving along dirt roads. The wetlands are home to a diverse range of wildlife, including the anaconda, the elusive jaguar, and giant otter.

Outside the Pantanal, large tracts of farmland are broken by low mountains and giant, sluggish rivers. Amazon forests cling on in places such as Alta Floresta, Chapada dos Guimarães, and Bonito despite the expansion of the soya industry. The entire region offers prime opportunities for birdwatching, angling, and snorkeling.



Capybara, the largest rodent in the world, frequently spotted in water ponds of the Pantanal

# Exploring Mato Grosso & Mato Grosso do Sul

Both Mato Grosso and Mato Grosso do Sul are regions of enormous plains with a handful of mountain ranges. The main attraction of this region is the Pantanal, the world's largest wetland. This harbors an important ecosystem with varied fauna such as caimans, jaguars, and a profuse variety of birds. Cuiabá. Corumbá. and Campo Grande are good springboards for ecotourists who wish to travel into or through the Pantanal. Alta Floresta, in the extreme north of Mato Grosso. is considered one of the best places for spotting rare birds and mammals. Bonito, in Mato Grosso do Sul, is an area of plunging waterfalls, caves, and crystal-clear rivers ideal for walks through mountains and forests, and rafting and snorkeling. Flowing from central Mato Grosso, the Rio Xingú has indigenous peoples from nine distinct ethnic groups living along its banks.

### SIGHTS AT A GLANCE

Towns & Cities Bonito 9 Campo Grande (8) Corumbá 6 Cuiabá 🔒 Miranda 🕡

### National Parks & Areas

of Natural Beauty Alta Floresta 4 Chapada dos Guimarães 2 Pantanal pp320-21 5 Xingú 🕄

#### SEE ALSO

- Where to Stay pp385-6
- Where to Eat pp409-10



Jabiru storks, also known as tuiuiú, gather to feed in the Pantanal









Clear water of the Rio Sucuri at Bonito

#### GETTING AROUND

Distances are huge in these states and there are few paved roads. However, the capital cities -Campo Grande in Mato Grosso do Sul and Cuiabá in Mato Grosso have airports with good connections to the rest of Brazil. Alta Floresta also has an airport. Corumbá, Bonito, and Miranda in Mato Grosso do Sul are connected to Campo Grande by fast, comfortable buses. Tour operators are based in the capital cities and in Corumbá and Bonito. Most can organize bookings through their websites. Tours to the Pantanal are also organized, and usually enter the Pantanal by road and spend a couple of days exploring in canoes, motorboats, or on horseback from a land base. Rented cars are also a possibility, though visitors would be limited to only a few tracks along the fringes.





The spectacular vista of the Chapada dos Guimarães plateau, Mato Grosso

# Cuiabá 0

Mato Grosso. 🚮 483,400. 🗙 📰 🚹 Sedtur, (065) 3613 9300. 🐼 Festa de São Benedito (Jul).

Mato Grosso's capital and the warmest city in Brazil sits on a low, languid plain at the foot of the Chapada dos Guimarães hills Situated on the banks of the Rio Cuiabá a tributary of the Rio Paraguai, the city has some leafy squares and is known as the Cidade Verde or the Green City. Cuiabá is also a good starting point for excursions into the Pantanal. a vast wetland area (see pp320-21).

Like Cidade de Goiás (see p310) and Ouro Preto (see pp126-7), Cuiabá was originally a flourishing goldmining town, full of handsome buildings and fine churches. Almost all were demolished in a spate of hasty modernization in the late 1960s. The town has lost most of the splendid works of José Joaquim da Veiga Valle (1806-74), one of the country's great geniuses of the Baroque. Fortunately, some of his exquisite craftsmanship can still be seen in the well-preserved, vast, rectangular interiors of the new concrete Catedral do Bom Jesus, which has an unusual square, Moorish façade.

The most interesting of the city's sights is the small university-run **Museu do Índio Marechal Rondon**. The museum holds some exquisite and priceless pieces of indigenous art. These include exhibits of the Xavante, Bororo, and Karajá peoples.

The museum houses some

beautiful, Bororo and Rikbaktsa headdresses and superb pieces of Kadiwéu

Kadiwéu pottery, Museu Rondon Grosso do Sul.

> 1 Museu do Índio Marechal Rondon

Av Fernando Correia da Costa. Tel (065) 3615 8489. 7:30– 11:30am & 1:30–5:30pm Tue–Fri, 1:30–5:30pm Mon. 8 jú

# Chapada dos Guimarães **2**

Mato Grosso. Ma 13,500. Grosso. Ma 13,500. Grosso Grosso. Grosso Grosso. Grosso Grosso. Grosso.

The town of Chapada dos Guimarães is set on a plateau of the same name. Said to be about 500 million years old, the majestic honeycolored tablelands and escarpments of the plateau are among the oldest rock formations in the world. center, the tablelands of the Chapada dos Guimarães are reputedly imbued with energizing powers strong enough to reduce the speed of a car and said to be attractive to UFOs. While the residents of the Chapada claim this effect has been documented, cynics believe otherwise.

The little town has numerous shops, cafés, and a daily fair selling local arts and crafts. There are also several spiritual centers devoted to the New Age movement, which is growing in Brazil. Nature-lovers come here to admire the scenery. The edge of the Chapada offers sweeping vistas out over the patchy, remnant



Véu de Noiva, the highest waterfall in Chapada dos Guimarães

For hotels and restaurants in this region see pp385-6 and pp409-10

*cerrado* forests of the Mato Grosso plains. There are several waterfalls in the area, the most famous and tallest of which is the **Véu de Noiva**, or the Bridal Veil Falls.

Although the Chapada has seen far more aggressive agricultural development than its counterparts in Goiás and Toacantins. many upland bird species which are not found either in the Pantanal or the Amazonian forests can be seen here. The high cerrado forests, savannas, and pasturelands of the Chapada hold a special attraction for bird-watchers, who come here in droves to catalogue the variety of birds, and perhaps to catch a lucky glimpse of mammals, such as maned wolves ocelots and blacktailed marmosets.

# Xingú 🛙

Mato Grosso. e Findação Nacional do Índio (Funai), Av C.P.A, (065) 3644 1850, Cuiabá. WWW.funai.gov.br

By the end of the 19th century, all of the great Amazon tributaries had been explored and colonized, and their indigenous peoples enslaved or completely wiped out. The remote region of Xingú, in the extreme northeast of Mato Grosso, was the only indigenous settlement to survive the onslaught and be established as a preserve.

Home to one of the largest areas of tribal lands in the country, it sits as a huge island of forest in a vast ocean of soya plantations. These tracts of land are concentrated around the beautiful clearwater Rio Xingú. Known to be sophisticated, the indigenous peoples flourishing in the Xingú specialize in furnituremaking and basket-weaving, among other things.

Tourism is extremely limited here and visits to indigenous villages can only be undertaken with prior permission from Fundação Nacional do Índio (Funai).

# Alta Floresta 4

Mato Grosso. 🔝 43,000. 🗙 to Cuiabá, then bus. 🚹 Anaconda Pantanal Operators, (065) 3028 5990. 😭 Cristalino Jungle Lodge, (066) 3512 7100.

Situated in the extreme north of Mato Grosso, Alta Floresta sits on the edge of the pristine southern Amazon rainforest, and is a rapidly growing frontier town. This remote town is also a thriving agricultural settlement. Its surrounding areas are considered some of the best in the Brazilian

Amazon for spotting rare birds and mammals. One of the highlights of Alta Floresta is the four-star

Red-capped cardinal, Alta Floresta Floresta is the four-star hotel, Floresta Amazônica, which serves as a base for the **Cristalino Jungle** Lodge (*see* p385).

The Cristalino Jungle Lodge sits in the Cristalino Forest Reserve deep in the forest, north of Alta Floresta. The lodge is situated on the banks of the Rio Cristalino, which is the black water tributary of the Rio Tapajós, whose blue waters flow into the Amazon at Santarém (*see p274*). The lodge is most famous for the profuse birdlife surrounding it, as well as an enormous variety of butterflies and other insects, reptiles, and mammals.



A view out over the forests of the Rio Cristalino preserve

All the large Neotropical rainforest mammals, including the endangered white-nosed bearded saki monkey, brown titi monkey, giant river otter, and three-toed sloth, as well as jaguar, puma, and tapir are present and can often be spotted here. Facilities for jungle walks and viewing wildlife are excellent and include English-speaking. specialist guides, a 164-ft (50-m) high canopy tower, and a very good library of decent field guides.

Other more challenging outdoor adventure activities, such as camping in the forest, trekking, survival techniques, rappeling, canyoning, and canoeing, can also be arranged through the Cristalino Jungle Lodge.



Cristalino Jungle Lodge, in the Rio Cristalino Forest Reserve, Alta Floresta

# Pantanal 6

The world's largest wetland, the Pantanal provides a habitat for the greatest concentration of animals in the Western Hemisphere. Innumerable waterbirds gather toward the end of the dry season. There are plenty of reptiles and large mammals, including caimans, tapirs, giant anteaters and all of Brazil's eight feline species The secret to the vast numbers of animals lies in the diversity of habitats and the geography of the Pantanal. a gently sloping bowl which floods when nutrient-rich tributaries drain from the ancient sedimentary rocks of the Brazilian Shield and get trapped. Aquatic plants breed profusely and these provide ample food for fish and birds, who, in turn, feed the rest of the food chain.



#### Green Kingfisher The green kingfisher is one of five types of kingfisher to inhabit the Pantanal. It is seen on the banks of small. undisturbed rivers and makes its nest in a tunnel.

Porto Jaun

San Matías

Esperidião

Barra do **Buares** 

Cácoros

PN DO PANTANAL

Porto Estrêla

Pixaim



cormorant and is a common sight in the Pantanal. As it has no wax in its feathers, it must dry its wings in the sun after diving for fish.

The Parque Nacional do Pantanal Matogrossense formally protects a small percentage of the Pantanal UNESCO World Heritage Site.

50

50

Aguapeí

Santa Bárhara

The Estrada Parque dirt road cuts through the southern Pantanal and leads to the Nhecolândia. Like the Transpantaneira, it is lined with fazendas (farms).



San

Carlos



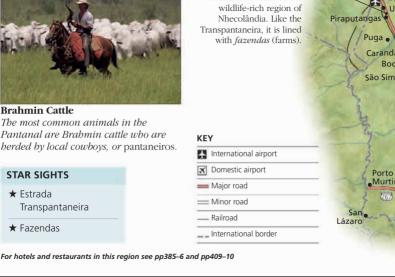
#### **Brahmin** Cattle

The most common animals in the Pantanal are Brahmin cattle who are herded by local cowboys, or pantaneiros.

### **STAR SIGHTS**

- ★ Estrada Transpantaneira
- ★ Fazendas



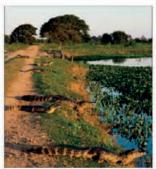


★ Estrada Transpantaneira The dirt road of Estrada Transpantaneira is lined with fazendas, many of which bave accommodation for tourists. Wildlife viewing is excellent and the road is navigable in a normal car.

Dourados

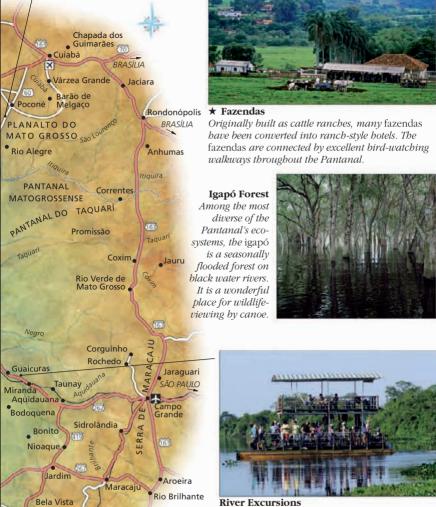
Ponta

Porã



### **VISITORS' CHECKLIST**

Mato Grosso & Mato Grosso do Sul. Campo Grande & Corumbá. Caccres & Cuiabá. Rua Afonso Pena s/n, Campo Grande, (067) 3324 5830. Campo Grande & Cuiabá. The dry season (Apr-May & Sep-Oct) is the best time to visit. Birdwatching ideal in Jul-Sep. Fishing best in Apr, but requires a permit from Ibama. (067) 3321 5053.



Fazendas near Miranda (see p322) offer boat trips on the various Pantanal rivers. Binoculars are essential for bird- and caiman-spotting.



Boats moored on the Rio Paraguai, Corumbá

# Corumbá 6

Mato Grosso do Sul. Ma 95,000. ▼ ■ ■ ■ Along Rio Paraguai. ■ Secretaría de Turismo, (067) 3231 2866. Festa de Nossa Senhora de Candelária (Oct).

On the banks of the Rio Paraguai, Corumbá is a small town surrounded by the Pantanal region's unspoilt beauty. Boat rides along the river, as well as wetland excursions form Corumbá's major attractions. Sportfishing, one of the main highlights, is provided at the nature lodges, floating hotels, and charming *fazendas* in this area.

Corumbá was first explored by Portuguese and Spanish adventurers in search of gold. By the 18th century, the growing strategic importance of the Rio Paraguai led to the construction of forts. The **Forte Junqueira**, built during the Paraguayan War (*see p53*), is the only fort still standing intact.

Another place worth a visit is the **Casa do Artesão**, a former prison housing an interesting museum of indigenous and local objets d'art. The **Museu do Pantanal** also has a small collection of indigenous art.

#### ff Casa do Artesão

Mon\_Fri

Rua Dom Corréa 405. 💽 7:30–11am & 1:30–5pm Mon–Fri, 8–11am Sat.

# Forte Junqueira Rua Cáceres 425. Tel (067) 3231 5828. 8–11am & 1:30–4:30pm

**Museu do Pantanal** Praça de República. **Tel** (067) 3231 5757. 7:30am-1:30pm Mon-Fri.

# Miranda 🛛

Mato Grosso do Sul. 🎊 23,000. 🖳 🔜 🚹 Setur, (067) 3242 2471. 🐼 Festa do Homem Pantaneiro (Oct).

The tiny town of Miranda, in the heart of the Pantanal, hosts the region's liveliest festival, the Festa do Homem Pantaneiro. This grand celebration of the ranching and cowboy way of life features lasso contests (in the mornings for women, at night for men), and rodeos. Live *sertanejo* bands and dancing carry on all night.

Miranda is an ideal base for visiting the southern Pantanal's various *fazenda* ranches (*see pp385–6*), many of which lie on the outskirts of town. The **Fazenda San Francisco** is one of the best locations in inland Brazil for big cats, especially ocelot and jaguar. The **Fazenda Baía Grande** preserves a diverse range of Pantanal habitats, including a large caiman-filled lake and extensive forest. The **Fazenda Meia Lua** lies just on the edge of town and is an ideal soft adventure option.

#### Environs

Known for their distinctive painted terra-cotta ceramics, the Terena indigenous villages surround Miranda. Tour operators in Miranda can arrange trips to a Terena village, as well as to the **Rio Salobrinho**, a beautiful clear-water river lined with gallery forest. Expect to find rare bird species, including kingfishers and black-crowned night herons.

# Campo Grande

Mato Grosso do Sul. 🚮 665,000. 🛃 🔣 🖳 📟 🚹 Centro Informação Turistica e Cultural, (067) 3314 3142.

Mato Grosso do Sul's capital. Campo Grande is also known as Cidade Morena because of its red earth. It is a prosperous, modern city devoted far more to agro-business than tourism. Yet most visitors to the southern Pantanal arrive here because the tourist infrastructure is excellent Commerce, education, and toursim are fast growing industries here. The city itself has few major attractions, though there are many good restaurants, hotels, and bars, particularly along and around Rua Barão do Rio Branco. For those who do not want to rough it out with a Pantanal camping tour, travel agencies sell packages to pleasant farm hotels.



Rodeo at the Festa de Homem Pantaneiro



Rio Sucuri flowing near Bonito, reflecting the lush greenery around

## Bonito 9

Mato Grosso do Sul. M 17,000. ■ Setuma, (067) 3255 1449. ■ Taika Tour, Pilad Rebuá 211, (067) 3255 1354; Ygarapé Tours, Pilad Rebuá 1853, (067) 3255 1733.

A one-street town, Bonito is

lined with *pousadas*. restaurants, shops, and tour operators whose lifeline is tourism. It lies just beyond the Pantanal's southern extremities, in the Serra do Bodoguena, a low. cerrado-covered range of rugged hills busy with primates and birds, including the black-collared hawk. There are numerous sights around Bonito, all protected by regulations. Only Bonito-based tour agencies can organize trips and arrange permits.

#### Aquário Natural Baía Bonita

4 miles (7 km) SE of Bonito. **Tel** (067) 255 1193. 7:30am-3:30pm daily. www.aquarionatural.com.br One of the natural springs in the area, the Baía Bonita features a pristine aquarium, which contains 30 different varieties of fish. Facilities within the complex include a warm swimming pool and relaxation cabin. Snorkeling trips to the Rio Sucuri and Rio da Prata are offered by tour companies. Wetsuits and snorkels are also provided.

#### 💥 Rio Sucuri

12 miles (20 km) SW of Bonito. This glassy river is broken by waterfalls and large pools filled with 3-ft (1-m) long *piraputanga* (ray-finned fish, typical of the Rio Paraguai basin) and silver dourado fish. Many pools are set in



Black-collared hawk woodland cut with wildlife trails. The gentle flow of the Rio Sucuri and the excellent facilities draws a plethora of snorkelers and rafters, from morning to afternoon, mainly in the high season. Particularly popular

are the flotation points where visitors begin a pleasant 1-mile (1.6-km) float downstream. Tour agencies provide meals and equipment.

#### 🎇 Gruta do Lago Azul

12 miles (20 km) W of Bonito. 🔿 7am–2pm daily. 🐻 The Serra do Bodoquena is dotted with caves, the most spectacular of which is the Gruta do Lago Azul. The main highlight is a radiant underground lake that shines as blue as a sapphire in the morning light. From the cave's spectacular mouth, a narrow path leads deep down through striking stalactite formations. At the bottom lies the lake, illuminated by ambient light that streams through the cave's opening.

#### 🌠 Estância Mimosa

15 miles (24 km) NW of Bonito. **Tel** (067) 9986 4802. 8am–3pm daily. **C** www.estanciamimosa. com br

Some of the best hiking opportunities are offered in the Estância Mimosa trail which features rivers, natural pools, and as many as eight waterfalls. There are various bathing spots located in and around these natural features. The trail goes past the gorgeous riverside forest of the Rio Mimoso, with caves and a rich array of wildlife. The fauna includes a variety of birds and mammals, while various kinds of fern, orchid. and bromeliad are part of the lush vegetation found in this area. An optional horseback excursion is also available



Lake and stalactites at the Abismo Anhumas cavern

#### 📽 Abismo Anhumas

16 miles (25 km) W of Bonito. 7:30am–noon daily. A pothole that descends a vertical 240-ft (73-m) deep, the Abismo Anhumas is a cavern filled with a large, clear blue lake featuring vast stalagmites, stalactites, and many other cave deposits. It is possible to snorkel in the lake. The entrance to the cave is by rappel. The growing number of adventure activities include cave diving and canopy tours using rope bridges and zip lines. A group of 16 people are permitted in the cave on any given day. Book with Bonito tour agencies in advance as training is required.



# SOUTHERN Brazil



INTRODUCING SOUTHERN BRAZIL 326–331 Santa Catarina & Paraná 332–347 Rio grande do sul 348–359

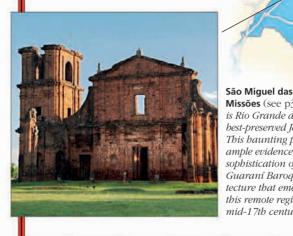
## Introducing Southern Brazil

The states of Paraná, Santa Catarina, and Rio Grande do Sul form Southern Brazil - the only Brazilian region that lies entirely outside the tropics. Often dismissed as somehow not being truly Brazilian, this region is distinctive due to more than its temperate climate. Although there are vital indigenous. African. and Portuguese elements to the population, the region is largely associated with descendants of European immigrants. The landscape features tremendous contrasts - the pampas grasslands, mountains, and the highland plateau. The distinctive cultures that have emerged there, as along the equally varied coast, serve as reminders of Brazil's diversity.





Foz do Iguaçu (see pp340-43) is one of South America's most impressive natural features. These spectacular waterfalls are shared by Brazil and Argentina, with each side offering unique perspectives. From Brazil, visitors eniov a complete panorama, while the trails in Argentina allow visitors to see the falls close-up.



RIO GRANDE DO SUL (see pp348-59)

#### Missões (see p359) is Rio Grande do Sul's best-preserved Jesuit ruin. This haunting place offers ample evidence of the

sophistication of native Guaraní Baroque architecture that emerged in this remote region in the mid-17th century.



Curitiba (see p336), the capital of Paraná, is a pretty, well-planned town. Built during the city's cattle and coffee boom, today Curitiba has well-preserved bistoric buildings, less pollution and traffic than other Brazilian cities, plenty of green spaces, a great music scene, and several interesting sights.



Florianópolis (see pp346–7), the vibrant capital city of Santa Catarina on Ilba de Santa Catarina, is surrounded by quiet fishing communities and excellent beaches. The sheltered north shore has the most developed beaches, while the east coast lures surfers attracted by giant Atlantic rollers.

0 kilometers 150

150

SANTA CATARINA & PARANÁ (see pp332-47)

Porto Alegre (see pp352–3), the capital of Rio Grande do Sul, bas a bost of Neo-Classical buildings dating from the 19th and early 20th centuries. The Palácio Municipal is one such expression of civic pride, built in 1898, when Porto Alegre was developing into a significant city.



## Multicultural Southern Brazil



More than anywhere else in the country, Southern Brazil has been shaped culturally and economically by immigrants. Unlike tropical Brazil to the north, this

Pysanky, Russian painted egg

Unlike tropical Brazil to the north, this part was considered unsuitable for plantation agriculture, and instead immigrants were recruited for land

colonization schemes. The legacy of its physical isolation from "mainstream" Brazilian society is reflected in the languages and cultures of the immigrants. The architectural heritage has become increasingly valued, festivals showcase traditional music and dance, while handicrafts and local products are sold in villages and on farms.



An illustration of European immigrants aboard a ship bound for Brazil

#### AZOREANS

In the 18th century, Azoreans settled along the coast of Southern Brazil, bringing with them fishing, farming, and lace-making skills. Villages were created, in particular on the island of Santa Catarina, whose white-and-blue buildings resemble those of the Portuguese mid-Atlantic islands.



Azorean lace-making is one of the important traditions that bave been maintained by women in villages on the island of Santa Catarina.



Fishing, the main economic activity of the Azorean community in Santa Catarina



#### GERMANS

Germans were the first non-Portuguese immigrants to settle in Southern Brazil, in the 1850s. They were drawn to the highlands of Rio Grande do Sul and the river valleys of northeastern Santa Catarina. Their dialects and traditions continue in many rural areas, while German architectural styles are apparent in cities such as Blumenau and Nova Hamburgo.

Old-world architecture still dominates in the areas of Southern Brazil settled by German immigrants. Many buildings are exact replicas of ones found in towns in southern Germany. In the countryside, distinctive balf-timbered farmbouses, built by pioneer immigrants, remain a common sight.



German-Brazilian celebration of Oktoberfest

#### ITALIANS

The first Italian immigrants settled in Rio Grande do Sul in 1875, with tens of thousands arriving there, and in Santa Catarina and Paraná, over the next 50 years. The vast majority came from the northern Italian provinces of Veneto and Trento, introducing rich culinary traditions and the ability to cultivate lucrative grape vines on the steepest of hillsides.



Vineyards in the Serra Gaúcha (see p355) have become as much a part of the landscape as they are in Italy. These endless stretches of lush greenery form the center-stage for the region's wine production, known both in and outside Brazil.

#### **SLAVS**

Paraná is the state most closely associated with Slavic immigrants from Central and Eastern Europe, with Poles settling in and around Curitiba from 1869, Ukrainians in the south-center of the state from 1895, and Russians around Ponta Grossa in the early 1960s. The Ukrainians have been especially successful in maintaining their ethnic identity.

#### São Josafat, a

typical Byzantinestyle church in Prudentópolis, is easily recognizable by its onion dome features. The Ukrainian Catholic church is pivotal in maintaining Ukrainian identity in Brazil.



A log cabin, boused in the Museu da Imigração Polonesa in Curitiba, is one of the structures that were built by Polish immierants in the 19th and 20th centuries.

#### **OTHER COMMUNITIES**

At the beginning of the 20th century, Jews from Eastern Europe founded agricultural communities in Rio Grande do Sul. They later moved to Porto Alegre, establishing Brazil's third largest Jewish community. In the 1920s and 1930s, many Japanese immigrants relocated to Paraná from São Paulo, setting up coffee and soya farms. Immigrants from other ethnic backgrounds were too few to leave legacies. Some exceptions are the Austrians who settled in central Santa Catarina in the 1930s, and the Dutch who came to Paraná after World War II.



**Castrolanda**, a Dutch settlement thriving on dairy and agricultural products, mainly soya, continues to celebrate its past in the traditional folk dances of the Netherlands.



Praça Ministro Andreas Thaler, in Treze Tilias, is named for the then Austrian Minister of Agriculture, who founded the city in 1933 for Austrian immigrants.

## The Gaúcho Life

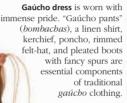
The *gaúcho* culture developed in colonial times in what is now northeastern Argentina, Uruguay, and Southern Brazil. In Rio Grande do Sul, the natives of the state – whether urban or rural, and regardless of their ethnic origin – are called *gaúchos*. Traditionally, *gaúchos* were semi-nomadic people who lived by hunting wild cattle. With the introduction of fencing and border agreements, they were reduced to being ranch hands. Nonetheless, their legacy continues to be strongly visible in the distinct *gaúcho* culture of today. In the interior of the state, in the grasslands of both the pampas and *serra*, the heirs of the traditional *gaúcho* employ their skills as tough horsemen on cattle *estancias* (ranches).



Old estancia Sobrado, a traditional ranch, Rio Grande do Sul

#### CLOTHING

Traditional *gaúcho* attire remains commonplace among the rural population of the pampas and highlands of Southern Brazil. On special occasions, city dwellers also don *gaúcho* clothing, an outward sign of the distinctiveness of Rio Grande do Sul society.



A silver knife, delicately carved, is an important *gaûcho* tool, handy weapon, and eating implement.



Parade celebrating gaúcho culture in Argentina



#### CENTRO DE TRADIÇÕES GAÚCHAS

The worldwide Brazilian-gaúcho organization, Centro de Tradições Gaúchas, (Center for Gaúcho Traditions) was founded by eight Porto Alegre students in 1948, to preserve and promote gaúcho traditions. Today, it has more than 4,500 affiliate clubs that stage rodeos, gaúcho dances, parades, barbecues, and other social events. A centro can now be found wherever gaúchos live, both within Rio Grande do Sul and as far afield as Bolivia, Japan, and Portugal. The centros are perhaps the most convenient way for an outsider to observe gaúcho

traditions, which are emerging as a part of popular culture even in non-gaúcho areas. Local tourist offices and hotels will be able to provide information on upcoming events.

#### WAY OF LIFF

The gaúcho way of life was originally a nomadic one, with the horsemen wandering the pampas, hunting wild cattle for their hides. Working as cattle hands today. gaúchos still cling to many of the traditions.



Rodeos. often lasting several days, test the skills of cattlemen, serve as social events for local townsfolk and help break the isolation of rural inhabitants

Cattle drives by gaúchos on horseback are common sights en route to Rio Grande do Sul's extensive grassland regions.

#### DANCE & MUSIC



Dance performances are integral to social gatherings. The music originates from a mixing of Portuguese, Spanish, Basque, African, German, and Italian cultures, with lyrics typically about local tales. Polkas and marches form the basis of traditional gaucho dance.

A colorful kerchief is part of a gaúcho's typical dress.

Bombachas, or loose-fitting trousers belted with a tirador (sash), are traditionally worn by the gaúchos.

Accordion music first came to Southern Brazil with Portuguese colonists, but was transformed by exposure to other influences. The accordion and acoustic guitar are the most common folk instruments.



#### FOOD & DRINK

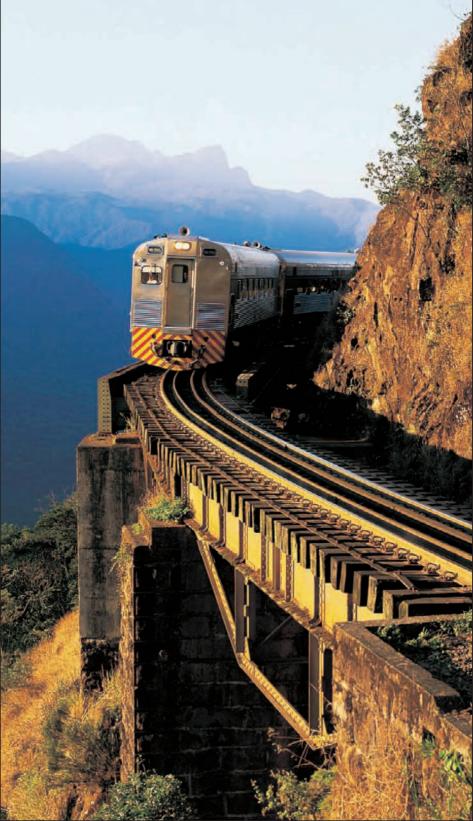
Meat, especially beef, is central to the traditional gaúcho diet. While the gaúcho grill is legendary, rice, usually cooked with charque (jerked beef), is also a staple. Pumpkin and other varieties of squash are often incorporated into stews.





Chimarrão, a sugarless chá mate tea, is the characteristic and most popular drink of Rio Grande do Sul. The caffeinated herbal tea is sipped through a bomba (a silver straw) from a cuia (gourd). The same cuia is generally used by a group of chimarrão drinkers.

Churrasco, barbecued beef popular throughout Brazil, is cooked on metal or wood skewers rested on a support or stuck into the ground, and roasted over a charcoal or firewood flame.



## SANTA CATARINA & PARANÁ

Brazil's southern states are a delight for nature-lovers, with Paraná's spectacular Iguaçu Falls surrounded by lush rainforest and lovely beaches fringing the coast of tiny Santa Catarina. The region's long history of immigration from Europe has created a unique cultural identity that is visible even today.

During the 17th and 18th centuries, military garrisons were established all along the coast of Southern Brazil to guard against possible Spanish encroachment, and immigrants from the Portuguese mid-Atlantic islands of the Azores were brought in to establish farming and fishing settlements. Over time, these settlements grew into important towns, and Curitiba - on the trade route between Rio Grande do Sul and Minas Gerais - transformed into one of Brazil's most dynamic cities.

From 1840 to the mid-1900s, the interiors of Paraná and Santa Catarina were opened to immigration, with waves of European and other settlers staking out small farms. The newcomers settled along ethnic lines, with the Polish concentrated around Curitiba, Ukrainians in southern Paraná, Germans in Santa Catarina's Itajaí Valley, and Italians in the southern part of the state.

The physical and cultural isolation of ethnic groups has resulted in distinct identities being maintained in rural areas to this day. The towns of Paranaguá, Antonina, and Morretes in Paraná, and Laguna, Florianópolis, and São Francisco do Sul in Santa Catarina also retain visible characteristics of their European origins.

The main destination for visitors to Paraná are the Iguaçu Falls and the surrounding rainforest. The state's coast has escaped the excesses of development despite the natural beauty of Ilha do Mel, Guaraqueçaba, and Superaguï Island. Visitors to Santa Catarina make straight for the beaches of Florianópolis. The mountainous interior around São Joaquim and Lages is worth visiting for its spectacular scenery.



 $\lhd$  Litorina, the tourist train running between Paranaguá and Morretes in Paraná

## **Exploring Santa Catarina & Paraná**

Although the uncontested highlights of this region are Paraná's magnificent Iguacu Falls and Santa Catarina's island resort of Florianópolis, these two states have much more to offer. Santa Catarina's 310-mile (500-km) São Jose coast features sheltered coves and long expanses of Paraná beach, while in Paraná, the Atlantic forest preserves of the Parque Nacional Ilha de Superagüi encompass dense virgin forest. Ilha do Mel. at the mouth of Paranaguá Bay, is a popular Porto beach resort, and just across the bay on the Camargo mainland is the scenic port of Paranaguá. Umuarama Inland, both states have a robust agricultural industry. Vast soya farms dominate large parts of Paraná, while small family holdings Guaíra are characteristic of Santa Catarina. Descendants of European immigrants Palotina continue their traditions in these states. such as the Austrians in Treze Tílias Toledo

#### SIGHTS AT A GLANCE

#### Towns & Cities

Curitiba 🚺 Florianópolis & Ilba de Santa Catarina pp346-7 1 Paranaguá 🚯

National Parks, Islands & Areas of Natural Beauty Foz do Iguacu pp340-43 6

Ilha do Mel 4 Ilha de Superagüi 🗿 Serra da Graciosa p337 2



Cascavel

S Helena

Paranapanema

Nova

-572

Maringá

Pitanga

Piquiri

Paz

Manqueirinha

Xanxerê

Concórdia

Urugua

Palmas

Esperança

Colorado

Nova

Londrina

Paranavaí

Cianorte

Campo Mourão

Campina

da Lagoa

Porto

Ivaí

Goio-Erê

Nova

Aurora

Guaraniacu

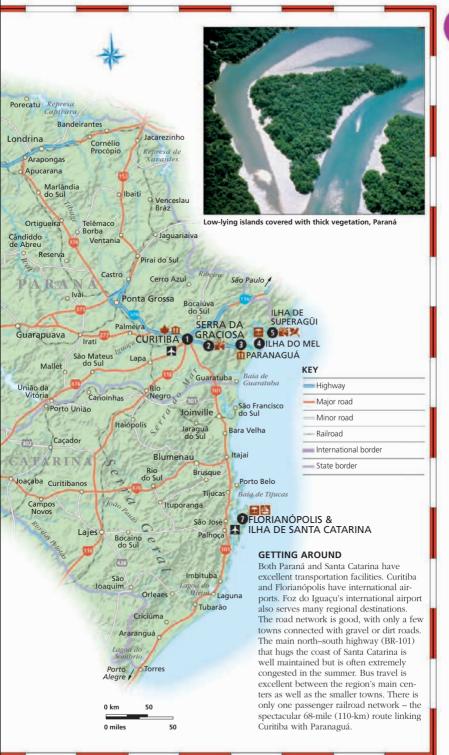
Rondon

Cruzeiro

d'Oeste



Façade of the Mercado Público in Florianópolis, Santa Catarina



335



Colorful shops and restaurants around Praça Garibaldi

## Curitiba 0

Founded in 1693 as a gold mining encampment. Curitiba developed to become the largest city in Southern Brazil. It emerged from being a minor administrative, commercial and agro-processing center to grow into one of Brazil's most dynamic cities. Since the early 1990s. Curitiba has rivalled São Paulo as a location for corporate investment, in large measure attracted by the city's quality of life and public services, which are an example to the rest of the country.

The Largo da Ordem marks the heart of Curitiba's oldest quarter and features many well-preserved historic buildings. Dating from 1737, the Igreja da Ordem is the city's oldest church and the finest example of Portuguese ecclesiastical architecture in the state. The plain, whitewashed, structure is decorated inside with typically Portuguese blue-and-white tiles and Baroque altars. Alongside the church is the Museu de Arte Sacra with a small but well-presented collection of relics gathered from churches in Curitiba. On the same side of the square is the Igreja do Rosário, originally serving Curitiba's slave population. First built in 1737, the church was completely reconstructed in the 1930s but retains its original Portuguese

colonial style. Across the square is the early 18thcentury Casa Romário Martins, Curitiba's oldest surviving house and now a cultural center featuring exhibitions on the history of the city.

Up the hill from here virtually adjoining the Largo da Ordem are Garibaldi and Ioão Cândido squares. The squares are surrounded by brightly painted late 19th- and early 20th-century houses, now used as art galleries, antique shops. and restaurants. The grandest building. however, is the Palácio São Francisco, built in 1929 and later serving as the state governor's

official residence. Renovated and extended, the building now houses the **Museu Paranaense**, its displays



Façade of Igreja do Rosário on Largo do Ordem

concentrating on Paraná's archaeology, anthropology, and history.

The city's commercial center extends along Rua XV de Novembro. Rua das Flores is the pedestrianized section lined with early 20th-century pastel-colored shops. This area's one truly distinctive building is the magnificent former city hall at Praca José Borges, just across from the flower market. Built in 1916, the French-style Art Nouveau structure was later used as the Museu Paranaense until the opening of the new site.

To celebrate the contributions of European immigrants to the city's development, parks have been built in their honor.

The best example of these is the **Bosque Papa João Paulo II Memorial Polonês**, where log cabins built in the 1880s by Polish immigrants have been re-erected. The buildings – including a farmhouse, chapel, and barns, are set amid a small araucaria preserve, pine trees that originally dominated the landscape. Bordering the Bosque Papa João Paulo

Detail outside Museu Paranaense

modern Curitiba is the **Museu Oscar Niemeyer**. Popularly

referred to as "The Eye" after the construction's central feature, the building is considered one of Oscar Niemeyer's greatest architectural achievements.

II and representing

#### Bosque Papa João Paulo II Memorial Polonês

Av Mateus Leme/ Rua Wellington Oliveira Vianna (Centro Civico). *Tel* (041) 3313 7194. O 10:30–6pm Mon, 9am–7:30pm Tue–Sun.

### ff Museu de Arte Sacra

Largo da Ordem s/n. **Tel** (041) 3321 3265. O 9am–noon & 1–6pm Tue– Fri, 9am–2pm Sat & Sun. 🐼 🛃 💋

**① Museu Oscar Niemeyer** Rua Marechal Hermes 999 (Centro Civico). *Tel* (041) 3350 4400.
○ 10am-6pm Tue-Sun. 10 €.

**① Museu Paranaense** Rua Kellers 289. *Tel* (041) 3304 3320. ○ 9:30am-5:30pm Tue-Fri, 11am-3pm Sat & Sun. <sup>™</sup> € Taquari

## Serra da Graciosa o

The mountain range that separates Paraná state's coast from its interior is known as the Serra do Mar. Its southern extension, Serra da Graciosa, is one of the largest remaining areas of Mata Atlântica (Atlantic forest) in Southern Brazil. The Serra is rich in flora and fauna, ranging from lowland sub-tropical to cloud forest varieties. The road and railroad linking Morretes and Curitiba are amazing feats of 19th-century engineering, zigzagging through some of the most spectacular terrain in the country. The area is often shrouded with mist or fog, the result of cool air from the highlands colliding with the warm air of the subtropical coast. The forest thrives on such precipitation.

### VISITORS' CHECKLIST

Paraná. 
 from Curitiba.
 Largo Dr José Pereira 43, Morretes, (041) 3352 8000.
 in Morretes. Parque
 Estadual de Morumbi
 Tel (041) 3462 3598.
 Gam-7pm daily.
 Litorina
 Tel (041) 388 3488. Advance
 booking required. www.
 serraverdexpress.com.br



Parque Estadual de Marumbi Usually sbrouded with mist, trails with stunning vistas crisscross this vast expanse of Mata Atlântica. Campina







**The Estrada Graciosa** Completed in 1873, the Estrada Graciosa winds its way through the forbidding terrain of the Serra do Mar.

> Morretes makes an excellent base to explore the surrounding region.

Antonina

Baía de

Paranaguá

Paranaguá

Alexandra

Serra do Mar, with its forestcovered mountain range, separates Paraná's coastal plain and highland plateau.

#### KEY

0

Morretes

0

📟 Major road	
— Minor road	
- Railroad	

#### The Litorina

The remarkable Curitiba–Paranaguá railroad line passes through 13 tunnels and across 30 bridges. For much of the route, the line clings to a seemingly sheer mountainside from which, on clear days, there are wonderful views across untouched forest toward the coast.



Colonial buildings along the waterfront in Paranaguá

## Paranaguá 0

Paraná. M 142,000. R from Curitiba. e Rua Padre Albino 45, (041) 3420 2940. www.paranagua.pr.gov.br

Founded in 1585, Paranaguá is the oldest city in Paraná and is one of Brazil's most important ports today.

Paranaguá's historic center is small enough to explore on foot. The city's oldest buildings are located in the compact historic core on the shore of Paranaguá Bay. Most of these dilapidated, but distinguished-looking, 19th-century merchants' houses now serve as shops or inexpensive hotels. Also along the shore is the former Colégio dos Jesuítas, an imposing building that now houses the **Museu de** 

**Arqueológia e Etnologia**, with a rich collection relating to the region's indigenous inhabitants and popular culture.

Two churches in the historic center are worth seeking out. The **Igreja de Nossa Senhora do Rosário**, built between 1575 and 1578, has suffered considerable changes over the centuries, but the main structure retains a Portuguese colonial appearance. Built in 1784 for slaves, the **Igreja de São Benedito** is an excellent **example** of popular colonial architecture. The simple, whitewashed building has undergone renovation in recent years and contains a small collection of sacred art.

Museu de Arqueológia
 e Etnologia
 Rua 15 de Novembro 575.

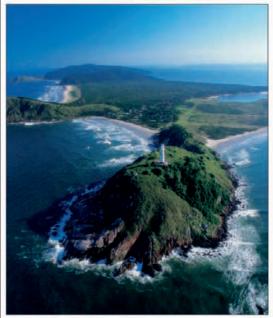
**Tel** (041) 3423 2511. 🖸 noon–6pm Tue–Sun. 🔯

## Ilha do Mel 4

Paraná. 🚮 1,200. 🔛 from Paranaguá. **www**.ilhadomelonline. com.br

The most beautiful of Paraná's islands. Ilha do Mel offers a combination of almost entirely undeveloped beaches, isolated coves, and sandy trails. The island guards the entrance to Paranaguá Bay and there are well-preserved ruins of the mid-18th century fort. Fortaleza de Nossa Senhora dos Prazeres that was constructed to ward off English, French, and Spanish attacks. The Farol das Conchas (Conchas Lighthouse). imported from Glasgow and placed on the island's most easterly point in 1872, is the best place for a stunning panoramic view of the island. hav and mountains

Tourist development is low- key. Visitor numbers are controlled, and there are no roads or motor vehicles on the island. Building work is also strictly regulated. *Pousadas* are all small and very simple, but most are all the more charming for this. The Ilha do Mel attracts predominantly



Farol das Conchas lighthouse on the eastern tip of Ilha do Mel



A flock of migratory birds in the Parque Nacional de Superagüi, Ilha de Superagüi

voung visitors and in the summer it transforms into a party island, with beachside bars open through the night. In spite of this, there can be few more peaceful spots on the southern Brazilian coast than on this island. The beaches, some with waves suitable for skilled surfers others with warm, calm water ideal for swimming, are never overcrowded. Some of the best beaches such as Praia Grande and Praia de Fora are located on the eastern part of the island.

## Ilha de Superagüi 🛛

Paraná. 🔛 from Paranaguá. 🧼 Pousada Superagüi, (041) 3482 7149. www.pousadasuperagui.com.br

Just a few dozen people who make a living from fishing and tourism inhabit the island of Superagüi. The island is part of the Parque Nacional de Superagüi, the largest stretch of intact Atlantic rainforest, or Mata Atlântica (see p109). The park is home to jaguars and parrots, and is known for its mangroves and salt marshes, where an amazing variety of orchids grow. The park is also part of the Atlantic forest reserves that were given UNESCO World Heritage listing in 1999. The island is reached by boat, most easily from Paranaguá, although arrangements can also be

made from Ilha do Mel. Most of the low-lying island is covered with shrub forest and mangrove. Very basic accommodation is available at **Barra de Superagüi**, a village located on the southeast of the island. The only other part of the island that is accessible to visitors is **Praia Deserta**, a glorious 24-mile (38-km) long expanse of white sand. The island attracts various migrating birds, but the flocks of rare, red-faced parrot (*Amazona brasiliensis*) are endemic. Visitors can observe them during the early hours of the evening.

Parque Nacional
 Superagüi
 Barra de Superagüi. 24 hrs. 22
 arranged at Pousada Superagüi.



Barreado, a regional specialty of Paraná

#### BARREADO

In Paraná's coastal towns, *barreado* is listed on the menu of most restaurants. Now available throughout the year, *barreado*, considered a poor man's meal, used to be eaten during Carnaval. *Barreado* is a dish that can provide food for several days and requires little attention while cooking. The dish is made of beef, bacon, tomatoes, onion, cumin, and other spices. Traditionally these ingredients are placed in layers in a large clay urn, covered, and then sealed with a paste of ash and *farinba* (manioc flour), before being cooked in a wood-fired oven for up to 15 hours. Today, pressure cookers are sometimes used, and gas or electric ovens are substituted for wood-fired ones. *Barreado* is served with *farinba*, which is spread on a plate; the meat and gravy is placed on top, and eaten with banana and orange slices.

## Foz do Iguacu 6



Iguacu Falls rate as one of South America's great natural sights. The falls are formed by a succession of 275 interlinking cataracts up to 246 ft (75 m) in height cascading over a 1.8-mile (3-km) wide precipice. The falls owe their origins to several successive volcanic lavers of rock built up over 110 million years.

Shared between Brazil and Argentina, the falls are completely surrounded by nature preserves. The two preserves of Brazil's Parque Nacional do Iguaçu and Argentina's Parque Nacional Iguazú contain one of the largest surviving tracts of Atlantic forest in South America.

Estación Cataratas is the starting point of most of the trails. The station also has a rest area and a food court.



★ Garganta do Diabo At the Garganta do Diabo (Devil's Throat), the river falls into the depths below with immense power, producing a thick cloud of misty spray.

Porto Canoas Restaurant, with its outdoor deck, has a wonderful view of the upper falls.



# Guarapuava 0 meters

Estrada Velha de

0 yards

#### Walkway

The walkway snaking along one tier of the falls is where visitors can peer into the depths of the magnificent, multiple cascading falls.

#### STAR SIGHTS

- ★ Garganta do Diabo
- ★ Hotel das Cataratas
- ★ Wildlife

Cataratas This majestic 1958 botel (see p388) is the only one that lies in the Brazilian national park.



For hotels and restaurants in this region see pp386–8 and pp410–12



#### **Fren Ecológia**

Access to the trails leading to the falls in the Argentinian park is by a miniature train which runs on natural gas. The train stops at three stations along the way.

The railroad track runs through vast expanses of lush forest where wildlife and bird sightings are common.

#### VISITORS' CHECKLIST

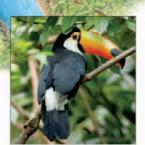
Paraná. Aeroporto Internacional do Foz do Iguaçu, (045) 3521 4200. Rodoviária Internacional, 4 miles (6 km) NE from town. Av Jorge Schimmelpfeng, Foz; (045) 3522 1027. Parque Nacional do Iguaçu Tel (045) 3521 4400. 9 am-6pm daily. S Note: The best time to visit is during the rainy season between April and July.



Isla San Martín Surroundings Walkways lead up to views of seven cascading waterfalls, including the powerful Salto San Martín.



Pasarelas de la Isla San Martín **Powerboat Trips** The falls can be experienced from close up in bired powerboats that skim the rapids to the very foot of the falls.



★ Wildlife The forests around Foz do Iguaçu bost many wildlife species, including jaguars, birds, and butterflies.

#### THE ARGENTINA FALLS

Although the Brazilian side is the best place for panoramic views of the falls, it is easier to get closer to both the main cataracts as well as a series of smaller ones from the network of trails on the Argentinian side. The Argentinian forest preserve is larger than the Brazilian one, with good walkable trails, requiring more time to explore. There is also a greater likelihood of being able to spot wildlife on the Argentinian side.



The Sheraton Internacional Iguazú, close to the falls

## Exploring Iguaçu

The spectacular falls are located near the Brazilian city of Foz do Iguaçu and the sleepy Argentinian town of Puerto Iguazú. Thanks to excellent roads and tourist facilities, the huge numbers of visitors do little to detract from this majestic sight. Both sides are flanked by lush national parks, abundant with wildlife, and offering sweeping views of the falls, as well as options to go closer to the falls by boat. The region of Iguaçu, meaning "Great Waters" in Tupi-Guaraní (*see p47*), was declared a UNESCO World Heritage Site in 1986.



#### Foz do Iguaçu

400 miles (639 km) W of Curitiba. ★ U or Curitiba. ★ Jacobia Content of Curitiba. ★ Jacobia Content of Con the city's main attraction, the spectacular waterfalls located to the east. Foz also boasts a wide range of accommodations, as well as reasonably good bars and restaurants.

#### Parque das Aves

Rodovia das Cataratas Km 17. Tel (045) 3529 8282. 8:30am-5:30pm daily. 8 to main parquedasaves.com.br Located close to the main entrance to the Parque Nacional do Iguaçu, the Parque das Aves serves as





For hotels and restaurants in this region see pp386–8 and pp410–12



The ground-dwelling red-winged tinamou at Pargue das Aves

an excellent introduction to Brazilian birdlife. The park consists of over 40 acres (16 ha) of forest. The park has large aviaries housing some 180 species of birds from different Brazilian ecosystems and include macaws, parrots, toucans, red-winged tinamous, and flamingos. Apart from a butterfly habitat and a reptile exhibit, the park also has a successful breading program that concentrates on Brazilian endangered species.

#### 🗶 Parque Nacional do Iguaçu

Tel (045) 3521 4400. 1-5pm Mon. 8am-5pm Tue-Sun 🐻 🌠 K www.cataratasdoiguacu.com.br Created in 1939. Brazil's first national park is today one of the most visited sights in the country. Public and tour buses leave visitors at the visitors' center near the park's entrance where they transfer onto electric-powered, opentopped buses for the falls, located 6 miles (10 km) into the park. The bus stops at the Estação Macuco Safari, where visitors can (for an additional charge) transfer onto a smaller electric-powered vehicle that takes them along a forest trail to the Rio Iguaçu. There, inflatable powerboats carry visitors across rapids toward the Garganta do Diabo (Devil's Throat) and to virtually the foot of the falls.

Along the way are various rest points from where there are spectacular panoramic views of the main series of falls. At the trail's lowest point there is a secure walkway that leads to a platform where one can peer into the stunning Garganta do Diabo, a deep gorge into which the fierce, cascading waters of the falls plummet.

#### Exploring the Argentinian Side

The Argentinian side of Iguaçu has a larger share of the waterfalls, and offers an intimate experience with a greater variety of perspectives. The quiet little town of Puerto Iguazú is a good place to make a base.

#### 🗴 Parque Nacional Iguazú

Tel (054) 3757 491469. 🚺 Dec-Mar: 7:30am-6:30pm daily, Apr-Jul: 8am–6pm daily. 🐻 🎸 皆 www.iguazuargentina.com Whereas the Brazilian park's great attractions are the spectacular panoramic views of the falls, the Argentinian park has an extensive network of forest and waterside trails with close-up views of the smaller falls As well as the Passeio Garganta do Diablo, there are trails to the Passeio Inferiores and the Passeio Superiores.

From the park's excellent visitors' center, a miniature railroad takes visitors to the Estación Central where the Passeio Inferiores and Passeio Superiores circuits begin. From the Passeio Superiores, visitors can look down onto and across dozens of cataracts. This circuit has concrete catwalks going behind the falls, which used to lead to the Garganta do Diablo until the floods swept them away.



A rainbow arcs above the Rio Iguazú, Parque Nacional Iguazú, Argentina

The Passeio Inferiores is a short circuit offering even more spectacular views of the falls from below. This circuit takes a little over an hour and involves climbing up and down stairs. Especially remarkable are the parts of the trail across catwalks allowing amazing views over cascading water. At the lowest point. boats make the short crossing to the Isla San Martín, an island located in the heart of the falls. Walking on the island also requires a high level of fitness, as it involves clambering up steep slopes and across some jagged rock formations. The Passeio Garganta do Diablo catwalk begins at a quiet point upstream, passing several small islands before reaching its final, majestic destination.

#### Puerto Iguazú

www.iguazuturismo.gov.ar Traveling between Foz and the Argentinian park by public transport involves changing buses in the Argentinian town of Puerto Iguazú. Although Puerto Iguazú boasts few sights, its quiet, tree-lined streets make for attractive wandering, with wooden, rather than concrete, buildings predominating.

A short walk along Puerto Iguazú's main artery, Avenida Victoria Aguirre, leads to the Hito Tres Fronteras (Triple Borders Landmark). From here there are superb views of the Rio Iguaçu and Rio Paraná rivers and across the rivers to Brazil and Paraguay.



Capucin monkey, Parque Nacional Iguazú



Coati, one of the most commonly spotted mammals in the park

#### WILDLIFE IN THE IGUAÇU REGION

The extent of native flora and fauna that the parks offer is varied. Over 2,000 species of flora have been identified, including ferns, bromeliads, orchids, and many large species of trees that serve as support for an equally large variety of climbing plants. In turn, this serves as a habitat for a similarly varied range of wildlife, lured by fruit, nesting spots, and dens. Although there are 450 varieties of bird amid this forested area, by far the most likely place to spot many of these is the Parque das Aves. With a practiced eye, birds can also be spotted within the forests and clearings of the national parks; the best time for bird-watching is early in the morning and at dusk when toucans, parrots, and hummingbirds abound. Some 80 kinds of mammals, with five varieties of feline, including jaguars and pumas, also rove the forest. Early morning and evening are the best time to see animals, with monkeys sometimes seen drinking from pools in the Argentinian park, or swinging overhead through the forest's canopy. The most commonly sighted mammal is the coati. One of the great joys of Iguaçu during the warm summer months is the immense quantity and variety of colorful butterflies that flutter about.





## Florianópolis & Ilha de Santa Catarina



Santa Catarina's capital, Florianópolis, is one of South America's hippest destinations. A gateway to the Ilha de Santa Catarina, the sprawling urban center of Florianópolis is also the transport hub for the rest of the island. The industrial zone occupies the mainland, while the

colonial center sits across the bay on the island. The island's north shore has pretty beaches and warm, tranquil waters that are popular with families. The Atlantic rollers of the east coast have made the island one of the world's great surfing centers. In the daytime, Praia Mole and Praia Joaquina are crowded, while the bars of the town of Centro da Lagoa bustle until early morning.



Colorful fishing boats moored in the village of Riberão da Ilha

Ingleses do

Rio Vermelho

Praia Grande/

Rio Ratones

RAÍA

NORTE

São João do • Rio Vermelho

Praia da Barra

Santo Antônio

Cacupé

de Lisboa

da Lagoa

Costa da •

Lagoa



#### Canasvieras During the summer. the warm water and safe swimming of the resort of Canasvieras especially attract families from São Paulo and Argentina.

Ponta das Canas

Praia de

Canasvieras

Canasviera

Forte de

São José

17

Praia do

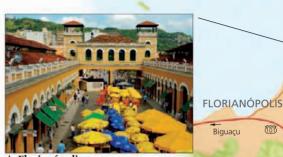
Forte

#### ★ Santo Antônio de Lisboa

This charming little village. with the church as its focal point, is the best preserved of the island's 18th-century Azorean settlements. Fishing provides the community's basic livelihood.

#### STAR SIGHTS

- ★ Santo Antônio de Lisboa
- ★ Florianópolis
- ★ Praia Mole



Praia dos Ingleses

Cachoeira do Bom Jesus

> Vargem Grande

Sambagui

raia de Jurerê (402

Praia de Daniela

Florianópolis The attractions of Florianópolis include Mercado Público, which features upbeat bars, as well as some 150 stands with fruits, vegetables, seafood, and handicrafts.

Angelina

#### SOUTHERN BRAZIL



#### Barra da Lagoa

This pleasant fishing village and beach sits at the mouth of the Rio Barra. Lined with a choice of accommodations and restaurants, it is particularly lively in the summer season. The clear river water is perfect for swimming.



\* Praia Mole Surfers and hang-gliding enthusiasts favor the laid-back Praia Mole to showcase their talents. A number of pleasant heach hars and eateries line the relaxed heach

Praia Centro da Lagoa, an Barra da center is backed by huge important fishing center, Lagoa dunes. The cold water and is primarily known for its Æ Praia Mole lively nightlife, stylish Barra da Lagoa bars, and restaurants. Lagoa da Joaquina KFY Conceicão Praia Joaquina Centro da International airport Lagoa Beach Campeche is renowned for Praia do Campeche Historic building ILHA COO some of the Visitor information finest beaches DE SANTA on the island. Major road CATARINA Campeche Minor road **FLORIANÓPOLIS** 🖬 Praia da Armação Morro das Pedras Carianos Armação Aeroporto Lagoa Internacional de Florianópolis do Peri Pântano Praia Pântano do Sul do Sul 282 BAÍA Ribeirão Praia do Tapera SUL da Ilha Saguinho da Base 401 Tapera da Sul São José Caieira da

Ribeirão da Ilha is mainly visited for its excellent seafood restaurants, the prime attraction being oysters, farmed just offshore.

Palhoca

Barra do Aririú

#### VISITORS' CHECKLIST

347

Santa Catarina, 🔼 7 miles (12 km) S of Florianópolis then bus or taxi m for all beaches. Rua Antônio Ruz Florianonólis 🖂 Latina Rent a Car. (048) 3266 0177. Praca XV de Novembro, (048) 3348 9439. A Festa do Divino (May. lun & lul)



Praia Joaquina Brazil's famous surfing the rough sea make it fit only for the strongest of swimmers.

Barra do Sul



## RIO GRANDE DO SUL

be vast rolling pampas, rugged landscape, and fertile valleys of the Serra Gaúcha range are the dominant physical features of Rio Grande do Sul. A distinctive regional identity emerged with the semi-nomadic gaúcho, whose culture is still most apparent bere. Although arable farming is important, the area is dominated by large, sprawling cattle estancias or ranches.

In 1494, even before Brazil was officially "discovered," the Treaty of Tordesillas divided South America between Portugal and Spain. An imaginary line was drawn through the continent with land to its west awarded to Spain and that to its east to Portugal. Although Brazil was Portuguese, the area that is now Rio Grande do Sul was Spanish. Neither power, however, controlled this frontier region.

Even after Brazil's independence in 1822, only a few military garrisons and small coastal settlements existed here until the mid-1800s. Apart from its obvious strategic significance, the economic potential of this sparsely populated province was gradually being recognized. Until the mid-19th century, indigenous Guaraní people and gaúchos inhabited the pampas, largely the preserve of wild cattle.

The forested highlands had an even smaller population. European immigrants settled here on small farms in the mid-18th century. These agricultural, wine-producing colonies grew rapidly and soon transformed the Serra's landscape and economy. By the early 19th century, Rio Grande do Sul had become synonymous with beef. The charque (dried beef) industry developed around the southern town of Pelotas. The introduction of railroads and refrigeration gave a further boost to the industry.

Beautiful mountain resorts and extraordinary hiking can be found around the canyons of Parque Nacional dos Aparados da Serra. Both gaúcho and European influences have instilled a distinct cultural identity in this state, offering a unique Brazilian experience.



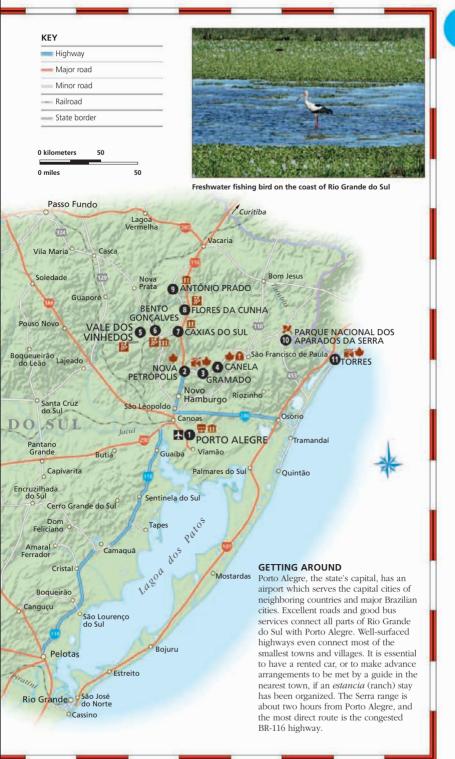
## Exploring Rio Grande Do Sul

The pampas that characterize the interior of southern and western Rio Grande do Sul are the state's economic heartlands. Porto Alegre, the state's capital, is a bustling city which is culturally rich and ethnically diverse. The windswept coast is for the most part unrelentingly bleak, and is fringed by lagoons and sand bars, making it one of the world's longest beaches. The araucaria pine forests, immense canyons, and terraced vineyards of Bento Gonçalves and Flores da Cunha in the northeast make perfect backdrops for charming country hotels, wineries, and mountain resorts. In the far west, the ruins of São Miguel das Missões are a haunting reminder of the Jesuit legacy in Brazil.



liuí

#### Santa Barbara do Sul SIGHTS AT A GLANCE DAS MIGUEL Ibirubá Tapera Towns & Cities Jóia 😐 Cruz Alta Antônio Prado 🗿 Rossoroca Rebresa Bento Goncalves 6 Passo Real Capão do Cipó Canela 🖪 Caxias do Sul 🕖 Jacuizinho Tupanciretã Flores da Cunha 🚯 o Salto do Jacul Estrela Velha Santiago Gramado 🚯 Júlio de Castilhos Nova Petrópolis 2 9 Jari Porto Alegre pp352-3 laquari Santa Pinhal Grande National Parks & Maria São Pedro **Beach Resorts** do Sul Parque Nacional dos São Vicente do Sul Restinga Seca Aparados da Serra ወ Cacequi Torres **(** RIO GRANDF Cachoeira Formigueiro<sup>O</sup> Churches do Sul Azevedo Sodré São Miguel das Missões p359 🛽 Villa Nova do Sul Rosário do Sul Tours Cacapava do Sul São Gabriel Vale dos Vinhedos p355 5 Lavras do Sul Rivera Santana da Minas de **Boa Vista** Camaguã 👝 Camaqua Torquato Severo Bagé Piratini Seival ( Pinheiro Machado Pedro Osório SEE ALSO • Where to Stay pp388-9 • Where to Eat pp412-13 Forested hill, Parque Nacional dos Aparados da Serra



## Porto Alegre



Founded in 1755 on the right bank of the Rio Guaiba. Porto Alegre served as a Portuguese military garrison that guarded against Spanish encroachment into southern Brazil. Today, it is Rio Grande do Sul's capital and an important trading port. The city

Detail, Museu de Arte do Rio

boasts some impressive public buildings Grande do Sul and a lively street life. Most sights are located in the Cidade Baixa (Lower Town)

and Cidade Alta (Upper Town) areas of downtown. while the best restaurants, bars, and hotels are increasingly concentrated in the suburbs.

#### Mercado Público

Praca XV de Novembro. 🗍 9am-7pm Mon–Sat. 🛃 Dating back to 1869, the Neo-Classical-influenced Mercado Público has a vast collection of stalls selling household goods, fruit, vegetables, herbs, wine, meat, and fish Characteristic of the region are the herb stalls selling chá mate (herbal tea) as well as bombas and cuias (silver straws and drinking gourds). Also of interest are the stalls devoted to macumba rituals, a reminder of the importance of Afro-Brazilian traditions in a part of the country associated primarily with European culture.

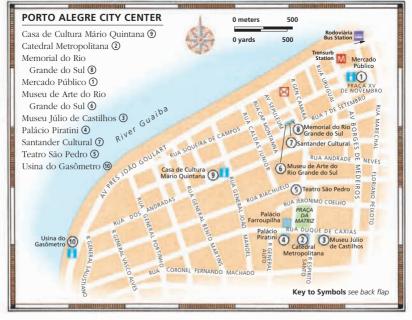


Facade of the Mercado Público, an excellent market for regional items

#### 📟 Praca da Matriz

Catedral Metropolitana Tel (051) 3225 4980. 🔽 9am-noon & 2:30-6:30pm Mon-Eri, 9am-noon Sat. Museu Iúlio de Castilhos Tel (051) 3221 3959. 🚺 10am–6pm Tue–Fri. Palácio Piratini Tel (051) 3210 4100. 🖸 9–11am & 2–5pm Mon-Fri. 🌠 🔣 Teatro São Pedro Tel (051) 3227 5100. 🚺 noon-6pm Tue-Fri, 4–6pm Sat-Sun, Designed by the renowned Italian architect Giovanni Giovenale the 1772 Catedral Metropolitana features graceful classical columns. geometrically-perfect designs. and a large hemispherical dome. The present structure dates from 1921. There are a number of fine 19th- and early 20th-century buildings around Praca da Matriz.

Just off the square is the Museu Júlio de Castilhos, with an interesting collection of artifacts relating to the region's history. The imposing Palácio Piratini, just west of the cathedral, serves as the Governor's residence. It was built in 1909 in a fascinating mix of Neo-Classical, Baroque, and Rococo styles. To the square's north, the grand Neo-Classical Teatro São Pedro is the city's prestigious concert and



For hotels and restaurants in this region see pp388-9 and pp412-13



Ornate foyer of the Neo-Classical Teatro São Pedro

theater hall. Built in 1858, it is a popular venue for lunch and tea.

#### 血 Museu de Arte do Rio Grande do Sul

Praça da Alfândega. **Tel** (054) 3227 2311. 10am-7pm Tue-Sun. www.margs.org.br Late 20th-century works by local artists are prominently displayed in this museum. More absorbing, however, is the small section devoted to 19th-century art. The museum also hosts a number of interesting traveling exhibitions.

#### ff Santander Cultural

Rua 7 de Setembro 1028. **Tel** (051) 3287 5500. 1 10am-7pm Mon-Fri & 11am-7pm Sat & Sun. This vibrant arts complex has an impressive repertoire featuring art, music, and cinema. The Neo-Classical building originally served as a bank between 1927 and 1932. Despite extensive renovations, it retains many of its original features including stained-glass windows.

#### VISITORS' CHECKLIST

1,416,400. 4 miles
 (6 km) N of city. 6 miles
 (6 km) Loja 12, Parque
 Farroupilha, (0800) 517 686.
 Semana Farroupilha (Sep).
 www.portoalegre.rs.gov.br/
 turismo

#### 血 Memorial do Rio Grande do Sul

Praça da Alfândega. **Tel** (054) 3224 7210. 10am-6pm Tue-Sat. www.memorial.rs.gov.br The memorial features well-presented exhibits relating to the state's social and political history. It also houses the state archives and an oral history center.

#### 

Rua dos Andrades 736. Tel (054) 3221 7147. 3am-9pm Tue-Fri, noon-9pm Sat & Sun. www.ccmq.rs.gov.br This Neo-Classical building was designed as a hotel in 1923 by German architect Theo Wiedersphan. For many years, it was also the home of Mário Quintana, one of the state's foremost poets. Today, it hosts exhibitions relating to modern art and literature.

#### ff Usina do Gasômetro

Av Presidente João Goulart 551. Tel (051) 3289 8112. 9am–9pm Tue–Sun.

Built in 1928 as a thermoelectrical power station, the Usina opened in 1991 as a cultural center hosting theater and art exhibitions. It also houses a wine museum and an art-house cinema. The westfacing terrace offers spectacular views of the sunset over the river. There are daily boat trips from the adjacent pier.



Works on display at the Museu de Arte do Rio Grande do Sul



The picturesque Parque Aldeia do Imigrante. Nova Petrópolis

## Nova Petrópolis 🛛

66 miles (106 km) N of Porto Alegre. 18,700. 
Parque Aldeia do Imigrante, (054) 3281 1398. 
Festa do Folklore (Jul), Oktoberfest (Oct). 
Www.novapetropolis.rs.gov.br

German immigrants arriving in the 1820s were the first to settle in the rolling hills north of Porto Alegre. The town of Nova Petrópolis, founded in 1858, remained relatively isolated until the mid-20th century and retains a strong German character even today.

Stretching along Avenida 15 de Novembro, the town's commercial center features a number of German-style buildings. Midway along the avenue is the interesting Parque Aldeia do Imigrante, which pays tribute to the region's early settlers. Set within an araucaria forest. the park houses a collection of beautifully reconstructed. half-timbered buildings dating between 1870 and 1910. The Lutheran church, houses. school, smithy, and cemetery help re-create the atmosphere of a 19th-century German hamlet. The park also hosts festivals and concerts and features a large bandstand and beer hall.

The hamlets and farmsteads surrounding Nova Petrópolis also have a distinctly German flavor. Here, German is still the dominant language and old-world traditions, such as music and dance, thrive.

 Parque Aldeia do Imigrante Av 15 de Novembro 1966. Tel (054) 3281 1245. Bam-6pm daily. Bambel{eq:amily}



Swiss-style chalet, a common sight in Gramado

## Gramado 3

 M. 32,000. m from Porto Alegre.
 M. Borges de Medeiros 1674,
 (054) 3286 1475. festival de
 Gramado (Aug), Natal Luz (Nov 15– Jan 15). www.gramadosite.com

Brazil's best-known mountain resort, Gramado does all it can to mimic a central European village. Although there are no Alpine peaks, the hilly landscape, reaching just 2,706 ft (825 m) around Gramado, is quite dramatic and the views are fantastic. The flower-filled **Parque Knorr** and the **Lago Negro**, an artificial lake bordered by pine trees imported from Germany's Black Forest, allow for pleasant strolls.

'Swiss chalet" is the dominant architectural style and, with the profusion of geranium-filled window boxes, chocolate shops, and restaurants specializing in cheese fondues, one is encouraged to believe that Gramado has connections with Switzerland. This is entirely an affectation as only a very tiny minority of the population is of Swiss origin and beneath its veneer. Gramado has more in common with an American shopping mall.

Gramado survives almost entirely on tourism. During the first two weeks in August, the city hosts the Festival de Gramado, one of Brazil's most prestigious film festivals, which also attracts an international crowd.

#### Environs

Just 4 miles (6 km) north from Gramado's main avenue is the Vale do Ouilombo Approached by a steep dirt road much of the valley's original dense Mata Atlântica (Atlantic rainforest) remains and the climate is warmer and more humid. The Refúcio Familia Sperry supports an abundance of fauna including coati, toucans, and howler and capuchin monkeys. Forest trails pass magnificent waterfalls that enhance the valley's scenic splendor.

The valley floor is cultivated and picturesque. Halftimbered farm buildings, which were built by German immigrants in the 19thcentury, are to be seen alongside the road.

Refúgio Familia Sperry
 Vale do Quilombo. *Tel* (054) 3504
 1649. by appointment only.
 Image: Contemporation of the second seco

## Canela 4

 38,000.
 min Form Porto Alegre.

 Central de Informações, Lago da Fama 227, (054) 3282 2200.

 www.canelaturismo.com.br

Chilly winters, refreshing summers, and unspoilt nature attract visitors to Canela, once a stop-off point for cattle being herded across Rio Grande do Sul's grasslands. The town is dominated by the Igreja Matriz Nossa Senhora de Lourdes, an imposing stone church built in 1953 in English Neo-Gothic style, with other buildings in an eclectic mix of local and European styles. Thanks to the presence of students attracted to highly regarded tourism colleges, the town has a vibrant feel to it.

#### Environs

Most of the forests of the Serra were devastated in the 19th century in the quest for araucaria pine. Today, some of this forested area is being preserved. Approximately 5 miles (8 km) north of Canela is the Parque do Caracol. a forest reserve with a 429-ft (131-m) waterfall. A highlight here is the 927-step stairway leading to the base of the cascade from where visitors can best appreciate its force and the surrounding forests. A farther 3 miles (5 km) north along the road from Caracol is the Parque da Ferradura a forest reserve notable for the dramatic views of the horseshoe-shaped Rio Caí and of the Arroio Cacador canyon and waterfall

The area is a popular destination for adventure tourism, with rafting along the fast-flowing Rio Paranhana. Rappeling down its gorge allows for close-up views of the terrain.

Parque da Ferradura
 Estrada do Caracol. Tel (054) 9972
 8666. 9am-5:30pm daily. 3

Parque do Caracol Estrada do Caracol. Tel (054) 3278 3035. 8:30am–6pm Sat & Sun. 8



Majestic waterfall, Parque do Caracol, near Canela

## Tour of Vale dos Vinhedos 🛛



Some of the best wine in Brazil is produced in Vale dos Vinhedos. The majority of inhabitants here originate from Veneto, Italy, and life in the Vale dos Vinhedos follows a pattern very similar to that in the corner of

A bunch of black grapes

Northeast Italy. In an area of virtual monoculture, grape is central to the year's activity, while the Catholic chapels are cornerstones for the maintenance of Italian traditions.



Casa Valduga (5) Comfortable guest rooms and excellent food is offered by this pioneer of the production of high quality Brazilian wines and aeritourism.

#### Vinícola Pizzato (5)

Still small-scale producers, the Pizzato family offer tastings and sell an extensive range of wines.



Picturesque vineyard in the Vale dos Vinhedos.

**Capela das Neves** (2) Built in 1907, this is the earliest surviving chapel in Vale dos Vinhedos.

Veranópolis

NHA LEOPOLDINA

## 0 miles 1

Monte Belo

do Sul

Santa Teresa

#### Famiglia Tasca ④

These typical stone and wood farm buildings are amongst the oldest wineries in the valley.

#### KEY

- Tour route
- Other road

Visitor information

#### TIPS FOR DRIVERS

#### **Starting point:** Bento Gonçalves (see p356). **Length:** Allow a full day to visit several wineries and a stop for lunch.

Driving conditions: The main road is paved while the side roads have good-quality gravel surfaces.

#### Memorial do Vinho ② This small, fascinating exhibition charts the development of the local wine production

from 1875 to present.

(6)

#### Caxias do Sul Porto Alegre

Bento

Goncalves

#### Capela das Graças ① Honoring Our Lady of Grace, this *capela* is one of the many Catholic chapels that are central to the valley's Italian immigrants.



Vinícola Miolo ③ The largest vineyard in the valley, Vinícola Miolo produces some of Brazil's best wine. The visitors' center tells the story of Miolo's development and allows tastings.



Vinhos Salton, one of the many wineries in Bento Gonçalves

## Bento Gonçalves 6

M 101,000. . TRua Mal Deodoro 70, (054) 3454 3169.

Examine a bottle of Brazilian wine and, in all likelihood. the label will indicate Bento Goncalves as its place of origin. Bento, as the city is usually called, is one of the largest producers of wine in Brazil, with virtually every patch of land outside the city growing vines. The city's economy relies solely on grapes and wine production, as a result of which Bento's vintners dominate the Brazilian market.

Bento was one of the earliest Italian communities established in the Serra Gaúcha in 1875. However, the rapid growth of the city's urban center in recent decades has left few traces of Italian influence during the early years of immigration. The Museu do Imigrante has a rich collection of artifacts relating to Bento's pioneer settlers with rooms focusing on the arrival of the immigrants and the central role of the Catholic church in the community and farming, in particular viticulture.

Wine is still produced in town by large commercial operations. The **Cooperativa Vinícola Aurora** is the best known, and Aurora is the most prominent wine producer in Brazil, with a membership of some 1,300 families, most of whom farm in the valley. Visitors to the cooperative are shown the entire production process from the crushing of grapes to bottling. Tours culminate with tastings. There are also numerous *cantinas* (wine cellars) dotting the town center which also offer free tours and tastings.

Smaller producers also produce fine wines.

These are located just a short distance from downtown Bento, indeed vines extend right up to the city limits and through the beautiful Vale dos Vinhedos, the

Valley of Vinevards

Wine produced in Bento Gonçalves

(see p355). **Cooperativa Vinícola Aurora** Rua Olavo Bilac 500, Cidade Alta. Tel (054) 3455 2000. 8:15am-5:15pm Mon, 8:30-11:30am Sun.

Museu do Imigrante
 Museu do Imigrante
 Rua Erny Hugo Dreher 127,
 (Planalto). Tel (054) 3451 1773.
 8–11:15am & 1:30–5:15pm
 Tue-Fri, 1–5pm Sat, 9am–noon
 Sun. K@

#### Environs

Garibaldi, a small town just 12 miles (20 km) south of Bento Gonçalves, is known for its surprisingly good champagnestyle sparkling wines. Part of the attraction of getting to this little town is the ride on the steam engine known as Maria Fumaça, or "Smoking Mary," a name commonly given to tourist steam trains (*see p440*).

Passing through the landscape's patchwork of vineyards, the 15-mile (23km) route is covered in an hour and a half. The high point of the journey is the stop at an observatory overlooking the Rio das Antas at the point where the route curves in a horseshoe shape.

## Caxias do Sul 🛛

🕅 396,000. 😿 🚃 🚹 Praça Dante Alighieri, (054) 3222 1875.

Founded in 1875 Caxias do Sul - or simply Caxias, as it is usually called – along with Bento Goncalves, was one of the earliest Italian colonias to be established in the Serra Like its neighboring settlements, commercial activity at first revolved entirely around wine production, but over the next century other agro-processing industries. as well as textiles and metalworking, developed. Today, Caxias is Rio Grande do Sul's second largest city after Porto Alegre.

Although tower blocks and other concrete buildings have overtaken much of Caxias, some visible traces of the city's heritage survive.



Maria Fumaça, plying between Bento Gonçalves and Garibaldi

356



Artifacts displayed in Museu Casa de Pedra in Caxias do Sul

The **Museu Municipa**l, built in 1880 as a private residence, documents the history of Caxias, starting with the arrival of the first immigrants from Veneto. The museum's permanent collection includes objects, documents, and photographs charting the development of the city.

The Museu Casa de Pedra, housed in a carefully preserved stone farmhouse built in 1878, sheds light on the lives of the pioneer settlers with interesting displays of tools, furniture, and photographs.

Museu Casa de Pedra

Rua Matteo Gianella 531, Bairro Santa Catarina. **Tel** (054) 3221 2423. 8:30am–5pm Tue– Sun.

## Flores da Cunha 8

27,000. 🚃 from Caxias do Sul. www.floresdacunha.com.br

The fact that Flores da Cunha boasts one of the highest concentrations of wineries in Rio Grande do Sul will come as little surprise to visitors. Just about every available patch of land in the municipality is given to grape vines and *cantinas*, ranging from small artisan wine producers to huge cooperatives.

The town of Flores da Cunha itself is unremarkable, but the surrounding villages and hamlets could easily be mistaken for simple northern Italian farming communities, even maintaining the Venetian dialect of their immigrant forbears, making it the most Italian of Brazilian towns.

#### Environs

Located in a fertile and picturesque valley, **Otávio Rocha**, 8 miles (13 km) southwest of Flores da Cunha, is especially striking, with vines extending down to the main streets. The village has become a popular place to eat and there is good choice of restaurants specializing in simple, but tasty, northern Italian country fare.

Another 4 miles (7 km) west of Otávio Rocha is Nova Pádua another wineproducing *município*, whose inhabitants are descended. from Venetian immigrants. The village's focal point is the church, characteristically Italian in style with a bell tower set slightly to the side of the main structure. A short distance farther west, there are breathtaking views below onto the fast flowing Rio das Antas and a landscape of the Antas Valley, a mix of vinevards and primary forest.

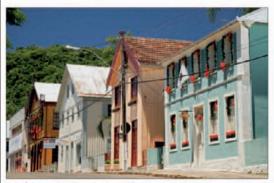
## Antônio Prado 9

Magazina 14,000. Reference 14,000. Reference 14,000. Reference 15,000. Reference 14,000. Reference 14,

The last of the major settlements, Antônio Prado was established in the Italian colonial zone in 1886. Located in the zone's northern extreme and, until fairly recently, with poor links to other centers, Antônio Prado failed to make the transition from farming community to industrial town.

The lack of development is one of the reasons why the town was declared a National Heritage Site in 1989. Its particular attraction is its concentration of wooden, stone-base buildings erected by Italian immigrants.

Clustered around the town's central square Praca Garibaldi, and the roads that extend immediately off it. some 48 historic buildings are protected and perfectly maintained. Most of the brightly painted clapboard structures with their unchanged interiors have been turned into shops or small government offices. One of these buildings is now the town hall on Praca Garibaldi. Also located on Praca Garibaldi, the Museu de Antônio Prado offers a useful historical overview of the development of the town.



Colorful stone-base wooden houses in Antônio Prado



Araucaria pine trees above the Cânion do Itaimbezinho, Aparados da Serra

## Parque Nacional dos Aparados da Serra **o**

The highland plateau of southern Brazil emerged from the accumulation of laver upon laver of ocean sediment, with the resulting rock formations lifted up to form the Brazilian Shield Some 150 million years ago, lava poured onto the shield to create a thick layer of basalt rock. Cracks emerged at the edge of the plateau, taking the form of narrow, but deep. canvons. It is around one of the largest of these canyons -Canion do Itaimbezinho that the Parque Nacional dos Aparados da Serra, one of Brazil's first national parks. was created in 1959.

Canion do Itaimbezinho is a 2,360-ft (720-m) deep, 4-mile (6-km) long canyon featuring several ecosystems merging into one another with transition zones between them. The plateau around Itaimbezinho is mainly given over to cattle pasture, while dense Mata Atlântica (see p109) covers Itaimbezinho's lower reaches. The abundant flora ranges from lichens and mosses to orchids and other flowering plants and giant araucaria pines. Trails around the edge of the canyon are well marked, varying in length between 1 mile (2 km) and 4 miles

(6 km), with observatories offering views of the canyon. The longest trail, Trilha do Rio do Boi, can be challenging for unseasoned hikers. It is closed in the rainy season due to the danger of flooding.

The best season to visit the park is in winter (May to August), when visibility stretches to the base of the canyon and toward the coast. September is the worst time to come here, with low cloud and heavy rainfall. During the rest of the year, fog often obscures views, though it can lift very quickly.

## Torres **0**

 34,000.
 from Porto Alegre.

 Av Barão do Rio Branco, (051)
 3626 1937.

The main highlight of the long coastline of Rio Grande do Sul is Torres, located near the border

with the neighboring state of Santa Catarina. Torres is named for a series of huge basalt rocks, or "towers," that iut into the ocean and break , the otherwise seemingly unending beach. The towers are located in the Parque da Guarita, on the southern perimeter of town. Between the sea cliff towers are sandy coves offering protection from fierce Atlantic rollers. Stairs lead to caves on the cliffs facing the open sea which were formed over the course of millions of vears by the force of the ocean. From a hill at the southern edge of the park. visitors can enjoy tremendous views of the beautifully rugged coastline or trek through the dunes of 2-mile (4-km) long Praia de Itapeva. The water at Itapeva is tranquil and favorable for swimming.



Waves lapping against the cliffs, Parque da Guarita

#### THE RISE AND COLLAPSE OF JESUIT MISSIONS



For much of the 17th and 18th centuries, the Guaraní Indians of what is now northwestern Rio Grande do Sul, as well as parts of Argentina and Paraguay, were controlled by the Jesuits. The first *redução* (community) was established in 1610; 30 others followed, including Brazil's São Miguel, which was founded in 1632. Over time, Guaraníinfluenced Baroque music, architecture, painting, and sculpture began to flourish. The

Santa Cecilia, wood sculpture Spanish and Portuguese authorities became increasingly concerned about the power of the Jesuits, while Rome was worried that the

order was too independent of papal authority. In 1756, Spanish and Portuguese forces expelled the Jesuits. The missions were razed to the ground or abandoned to nature.

## São Miguel das Missões @



Surviving through centuries of neglect, the São Miguel Mission presents a fine example of the Guaraní-Baroque style, a blend of Iberian and indigenous architectural elements. These influences are visible in architectural details, particularly in the carved stonework and in the wooden sculptures housed in the museum. The mission was

designated a UNESCO World Heritage Site in 1984. Although the area around São Miguel has been given over to farmland, the mission retains an air of isolation.

## VISITORS' CHECKLIST

São Miguel. ■ from Porto Alegre to Santo Ângelo, then bus. ● (055) 3381 1294. © ● Festa do Gaúcho (some Sunday afternoons). www. rotamissoes.com.br Museu das Missões Rua São Nicolau s/n. ● 9am–noon & 2–6pm daily (winter), 9am–noon & 2–8pm daily (summer). ● □ ● Sound & Light Show 7pm (winter), 9pm (summer) daily. ©

## The Bell The mission's bell was not only rung as a call to prayers, but also to warn of attacks by roving gangs bunting for slaves.

Inner Corridors A network of corridors give a sense of the extent of the original mission site, which at its beight boused 4,000 people.

**The façade** is a replica of Il Gesù, the Jesuits' mother church in Rome. Only one of the two original towers remains intact.



Brick and stonework, made from local materials, was mainly used in the mission's construction.

Entrance/



Museu das Missões

Designed in 1937 by Lúcio Costa, this early Modernist building was inspired by Jesuit-Baroque architecture. The museum houses statues and other relics excavated locally.



**Ruins of Jesuit Buildings** Little remains of the workshops, school rooms, cloisters, and living quarters of the Jesuit mission. However, it is still possible to make out their distinct areas in the ruins.



# TRAVELERS' NEEDS



WHERE TO STAY 362–389 Where to eat 390–413 Shopping in Brazil 414–415 Entertainment in Brazil 416–417 Specialized Holidays & Outdoor Activities 418–421

NRRANK

## WHERE TO STAY

iven the size and diversity of Brazil, it is no surprise that the **OVATRO** country offers an excellent selection of accommodations Large cities have a wide range

Pousada dos Quatro

of business hotels that comprise everything from budget brands, deluxe international properties such as Grand Hvatt and Orient-Express, to privately owned. cutting-edge boutique hotels such as

## BOOKING

As Brazil is one of the most active Internet countries in the world, the majority of hotels, pousadas, and lodges have their own websites through which it is possible to make reservations Many larger properties also appear on international booking engines and travel sites such as Expedia and Last Minute. In places where there is an English-speaking staff, it is also possible to make telephone and fax reservations.

In the age of the Internet, it is important for the traveler to check how financially protected they are if they do book directly and the property they choose goes out of business. Under European regulations. any company based in the EU that sells a "package" (a combination of flight. hotels, car hire, among others) must be bonded through an approved body that will protect the client's financial security; this will probably not be the case if the traveler books direct

During the high season, and especially during Carnaval and the Christmas to New Year period, many hotels and pousadas in Brazil will expect guests to stay for a minimum number of nights. This will need to be taken into consideration as one- or two-night stays may be difficult to find if you want to move around. Book in advance during high season, as good rooms are not easy to come by last minute. Weekends can also get quite crowded.

the Fasano and Unique in São Paulo. In tourist areas, the options include large, fancy. all-inclusive, internationally known resort properties, to suit every taste and pocket. Cantos sign (see p378) as well as Brazilian owned chain and individual hotels.

> There are also small, privately owned establishments, or *pousadas*, that may only have two or three rooms and are either very simple and basic or very sophisticated.

### PRICES & PAYMENTS

Just as travelers want financial security, so do hotel and *pousada* owners. A deposit will certainly be required. whereas many smaller properties may require payment in advance to cover the entire duration of the stay, especially in high season or for weekend specials.

It is also normal for hotels in Brazil to ask the client to send a fax or photocopy of the credit card used to make the reservation. The reason for this is due to the increasing number of travelers who change their travel plans and then try to deny they ever made the reservation. A copy of the credit card - if not reported stolen - does tend to prove that the person



A swanky new Serhs Natal Grand Hotel on Via Costeira, Natal

Bags of spices and herbs at the fiera livre (open-air market) in Tijuca, Rio de Janeiro.



Plush lobby of Hotel Bourbon Curitiba, one of Curitiba's premium hotels

did make the reservation. Credit cards are accepted as payment at most properties, especially in bigger cities.

Only the larger hotels in bigger cities will handle traveler's checks. Checks drawn on Brazilian banks are generally acceptable, as is cash. Many places accept payment in US dollars, but they will set the exchange rate, which will often be high.

When booking, it is important to check what taxes are included in the price. These may include a 10 percent service tax, a 5 percent sales tax and, in some areas of Brazil, a nightly tourist tax.

Prices throughout Brazil vary greatly and it is rare that any traveler should ever need to pay the rack rate as advertised by the hotels. Like airlines, hotels often make special offers available even through their own websites. Some hotels, normally smaller, privately owned properties, still think they can charge different prices for Brazilian travelers and foreign visitors. so it is worth checking the rates on the Portuguese language version of the website.

In Brazil, the price often reflects not only the quality of accommodation, but also the location. A traveler on a budget needs to decide if the priority is a beachfront location or a better quality hotel a couple of blocks back from the beach. There will also be notably different rates for rooms at the front of a beachfront property and those at the side or behind.

## TIPPING

It is customary and much appreciated if guests leave a tip for the staff that have served them well during their stay. This could be the chambermaid, the bellboy, or the barman. Many of the people who serve visitors will be earning the minimum wage of around US\$150 per month, so any tips can make a real difference.

### CHILDREN

Many Brazilian families travel with their nanny in tow, and are quite happy taking their children with them wherever



Children's playroom, a feature in many Brazilian hotels

they go. Children are always welcome at most hotels with only a very few smaller normally romantic *pousadas* having any restrictions, which will be clearly stated on their websites, or at the time of booking. The vast majority of hotels and pousadas in Brazil are child-friendly Larger properties will have high chairs and possibly cots, and many resorts also have special child-friendly areas, plavrooms, and even separate kitchens for mothers needing to prepare food for babies and smaller children. Many large hotels can also organize babysitters.

Warn the hotel of the age of your children and any special requirements you may need for them in advance. If the hotel does not have it already, it may be willing to get it by the time you arrive.

## DISABLED TRAVELERS

The situation for disabled travelers in Brazil has greatly improved over the years but not all accommodation options, especially the smaller properties with narrow lifts or those in the remoter areas of the country, can offer wheelchair access or the facilities that disabled travelers may require. Brazilians by nature, however, will do everything they can to assist, so do not hesitate to ask.



The lush gardens of Pousada do Sol, Morro de São Paulo

#### **CHAIN HOTELS**

Until the 1990s, there were few foreign hotel chains operating in Brazil. The largest chains were Brazilian, and included **Othon**, **Tropical**, and **Luxor**, all of which are still in operation today. However, several hundreds of modern hotels throughout Brazil operate under different brands, such as the **Accor** and **Bristol** groups.

Brazilian hoteliers have not been left behind with the introduction of **Blue Tree**, the **Atlântica Hotels** group, and **Transamérica** that operates as Radisson, Clarion, Quality, Comfort Suites, Four Points, and Sleepy Inn.

The majority of chain hotels, which vary greatly in terms of price, infrastructure and quality, tend to be targeted at Brazilian and South American business travelers unless they are in obvious tourist destinations. Only the properties in the tourist areas are likely to consider adding a Brazilian or tropical flavor to the surroundings or decorations.

## **APART-HOTELS**

Though not strictly for budget travelers, apart-hotels, in most of the main Brazilian cities, offer good value for money. These come with one, two, or more bedrooms, a living area, and a kitchen. Some will have restaurants and cafés, as well as swimming pools and gyms.

One of the main chains with properties throughout Brazil is Accor's Parthenon group, while in São Paulo, Transamérica Flats is a very prominent brand.

Apart-hotels are the most convenient self-catering option in Brazil. Most houses and apartments are rented individually, and it may be easier to organize the rental through a local agency.

## POUSADAS

Outside of the main city and town centers, the majority of accommodations on offer are smaller, privately owned properties. *Pousadas* vary dramatically in terms of cost, quality, and facilities offered. Some will be very basic, but certainly clean, while others can be considered world-class boutique hotels set in lovely locations. *Pousadas* are usually charming, offer good value, and give a real flavor of Brazil.

It is a good idea to visit the website of an individual *pousada* to see the pictures of the property and what it has to offer. Most good tour operators know the best *pousadas* in each category and area. **Roteiros de Charme**, a network of outstanding *pousadas*, is also very useful, as is the website www. hiddenpousadasbrazil.com.



Sign of Pousada dos Artistas, Praia do Forte

## RESORTS

World-class resorts are a relatively new concept in Brazil, but are rapidly growing in popularity and in terms of what is on offer.



Aerial view of the Marriott Resort in Costa do Sauípe, Bahia

Brazil's largest resort is the Costa do Sauípe, just north of Salvador, which has a mixture of resort properties such as SuperClubs Sofitel and Marriott, as well as pousadas. With the success of Sauípe. SuperClubs is building a number of properties along the Brazilian coast, as are Club Med. Blue Tree is the main Brazilian resort brand while the Praia do Forte Eco Resort in Bahia is the country's most famous resort. which introduced the concept of eco-resorts to Brazil

## **BUDGET OPTIONS**

In the main areas visited by tourists, there are many pousadas that can be considered budget accommodation. In the cities, however, good budget accommodation is, by and large, offered by simpler hotels. There is also a good network of hostels in Brazil for those on a really tight budget. Reputable hostels will be members of the Federacão Brasileira de Albergues da Juventude (Brazilian Hostel Federation) The federation's website has a full list of hostels in Brazil that are approved by the

# organization.

Motels in Brazil have nothing in common with the ones to be found in North America or in Europe. In Brazil, these tend to be "love hotels" and



Camping in the Serra dos Órgãos National Park

rent rooms out to couples by the hour. Guests are not normally encouraged to spend more than one night at these establishments.

### CAMPING

Brazil offers a massive number of places where it is possible to camp. However, campers should make sure they have not wandered on to private property or into a restricted area. Security, too, is an issue, and not just from miscreants, but also from Brazilian wildlife.

If not an experienced camper, the visitor should stick to official campsites, the majority of which are run and organized by the **Camping Clube do Brasil**. If using one of the national parks, check first with the park authorities where camping is permitted. Having your

DIRECTORY

own tent, or hiring one, is useful in ecotourist regions, such as the Amazon and the Pantanal.

## LODGES

The majority of wildlife lodges that will help visitors to see and enjoy some of the remoter parts of Brazil are located in the Amazon (*see p383*) and the Pantanal (*see p385*–6). While there may be some exceptions, the infrastructure and home comforts of many of these lodges may be quite basic, as visitors are more keen on exploring the surrounding countryside, flora, and fauna.

It is recommended for travelers to consider traveling light, leaving the bulk of their belongings back in the main hotel, an airport locker, or at the city office of the lodge prior to transfer.

#### BOOKING

Expedia www.expedia.com

Last Minute www.lastminute.com

### **CHAIN HOTELS**

Accor Tel (011) 5547 8001. www.accor.com.br

Atlântica Hotels *Tel* (0800) 55 5855. www.atlanticahotels. com.br

## Blue Tree

**Tel** (011) 3018 1848. **www**.bluetree.com.br

Bristol Tel (0800) 411 816. www.bristolhoteis.com.br

Luxor Tel (021) 2468 8998.

Othon Tel (021) 2106 0200. www.hoteis-othon.com.br

Transamérica Tel (0800) 012 6060. www.transamerica.com.br Tropical www.tropicalhotel.com.br

#### POUSADAS

Roteiros de Charme Tel (021) 2287 1592. www.roteirosdecharme. com br

## RESORTS

Costa do Sauipe Tel (011) 2711 4549. www.costadosauipe. com.br Praia do Forte Eco Resort

**Tel** (071) 3676 4000. **www**.praiadoforte.com.br

## BUDGET OPTIONS

Federação Brasileira de Albergues da Juventude Tel (021) 2531 1085. www.hostel.org.br

## CAMPING

Camping Clube do Brasil www. campingclube. com. br

## Key to Symbols see back cover flap

## Choosing a Hotel

RIO DE JANEIRO CITY

BARRA DA TIJUCA Royalty Barra

AIRPORT Luxor Aeroporto

The hotels in this guide have been selected across a wide price range for their good value and excellent location. The chart below lists hotels in Brazil, area by area. Hotels within the same price category are listed alphabetically. For map references, see pages 98-101 for Rio de Janeiro City and pages 156-9 for São Paulo City.

#### PRICE CATEGORIES

These price bands are for a standard double room per night (not per person). including tax and service charges.

(S) Under US\$35 **(((**) US\$35-75 \$\$\$ US\$75-120 \$\$\$\$ US\$120-175 **SSSSS** Over US\$175



Aeroporto Internacional, Galeão, 21941 570 Tel (021) 2468 8998 Fax (021) 3398 3983 Rooms 64 Located right in the airport terminal, the Luxor Aeroporto is a convenient choice for travelers arriving late at the airport, as well as for those who are not planning to go into the city center. The hotel also offers rooms for shorter

periods, which are ideal for freshening up or resting before a flight. www.luxor-hoteis.com.br

Av do Pepé 690, 22620 170 Tel (021) 24835 373 Fax (021) 2493 0482 Rooms 249

## BARRA DA TUUCA Windsor Barra

Av Sernambetiba 2630, 22620 170 Tel (021) 2195 5000 Fax (021) 2195 5050 Rooms 338

include a swimming pool, fitness center, sauna, and tennis courts. www.transamerica.com.br

Opened for business at the end of 2005, the Windsor Barra is a modern, purpose-built hotel belonging to the Windsor Hotel group. The hotel offers modern, well-equipped rooms with views over Barra and the beach, a rooftop sundeck, pool, and convention center. www.windsorhoteis.com.br

## BARRA DA TIJUCA Sheraton Barra

Av Lucio Costa 3150, 22630 010 Tel (021) 3139 8000 Fax (021) 3139 8085 Rooms 292

Praça Mahatma Gandhi, 20031 000 Tel (021) 2195 1500 Fax (021) 2195 1515 Rooms 350

Inaugurated in 2003, the Sheraton Barra is the first luxury resort property to come up on the beachfront in Barra. While many European and North American visitors have yet to discover Barra, this hotel is in high demand by Brazilian and other Latin American visitors. www.starwoodhotels.com/sheraton

## **CENTRO** Windsor Asturias

Situated in a historic, listed building that dates from 1936, the Windsor Asturias has a privileged location just off the Cinelândia end of Avenida Rio Branco, offering pleasant views from the rooms. Facilities include a rooftop sun terrace, pool, sauna, and fitness center. www.windsorhoteis.com.br

## **CENTRO** Windsor Guanabara

Av Presidente Vargas 392, 22071 000 Tel (021) 2195 6000 Fax (021) 2516 1582 Rooms 485 The largest hotel in the Windsor Hotel group, the 1950 Guanabara Palace has been totally modernized with a brand-new exterior. Located in the heart of downtown Rio, the hotel is popular with business executives. It features a good rooftop sun terrace and pool with views over the bay and Centro. www.windsorhoteis.com.br

## **COPACABANA & LEME Bandeirantes**

Rua Barata Ribeiro 548, 22040 002 Tel (021) 2548 6252 Fax (021) 2547 6703 Rooms 96

The Bandeirantes offers clean and comfortable budget accommodation with few frills. In the bustling heart of Copacabana and just three blocks from the beach, the hotel is located close to the city's main theaters, cinemas, and nightclubs. www.hotelbandeirantes.com.br



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Map 3 D2

Map 5 E5



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COPACABANA & LEME Benidorm Palace	11 🏯 🔽 🗏 P 🛛	\$
Rua Barata Ribeiro 547, 22040 001 <b>Tel</b> (021) 2548 8880 <b>Fax</b> (021) 2256 63	896 <b>Rooms</b> 77	<b>Map</b> 3 L
Opposite the Bandeirantes, on busy Rua Barata Ribeiro, the Benidorm Palace accommodation. The rooms at this hotel are simply appointed, but other feat terrace, dip pool, and fitness center. <b>www.benidorm.com.br</b>		
COPACABANA & LEME Lancaster Othon Travel		\$
Av Atlântica 1470, 22021 000 <b>Tel</b> (021) 2169 8300 <b>Fax</b> (021) 2169 8301 <b>F</b>	Rooms 69	Map 3
Belonging to the budget range of the Othon group, the Othon Travel is one of of the Brazilian hotel chains that dominated Copacabana in the 1960s and th choice for those looking for cozy budget accommodation right on the beach	e next two decades. This	is a good
COPACABANA & LEME Oceano	11 😂 🗏 P 🔟	\$
Rua Hilário de Gouveia 17, 22040 020 <b>Tel</b> (021) 2548 4260 <b>Fax</b> (021) 2235	3644 <b>Rooms</b> 90	Map 3
The Oceano offers modern rooms in the heart of Copacabana, a stone's thro bonus, the hotel also has a rooftop sun terrace and small pool, while rooms a views of the beach. <b>www.oceanohotel.com.br</b>		
COPACABANA & LEME Acapulco	11 🗏 P 🕹 🛛	\$\$
Rua Gustavo Sampaio 854, 22010 010 Tel (021) 3077 2000 Fax (021) 2275	5 3396 <b>Rooms</b> 122	<b>Map</b> 3
Tucked away behind Le Meridien, the Acapulco is set just one block back fror but has since been modernized and refurbished. The hotel is popular with bu the city center, and still want to stay in and around the action in Copacabana	siness travelers who work	in, or go to
COPACABANA & LEME Califórnia Othon Classic		\$\$
Av Atlântica 2616, 22041 001 Tel & Fax (021) 2132 1900 Rooms 113		Map 3
Built at the end of the 1940s, the California Othon Classic is part of the Otho chain reflects traditional architecture through intimate accommodation. Some offer balconies. <b>www.hoteis-othon.com.br</b>		
COPACABANA & LEME Orla Copacabana	11 📾 🛛 🗏 P 🕹 🖾	\$\$
Av Atlântica 4122, 22070 002 Tel (021) 2525 2425 Fax (021) 2287 9134 F	Rooms 115	Map 3
Opened in 2001, the Orla offers reasonably priced contemporary beachfront of Copacabana. The on-site rooffop sundeck, dip pool, and fitness center offentire length of the beach to Sugar Loaf (see $pp76-7$ ) in the distance. <b>www.</b>	er spectacular views along	nema end nearly the
COPACABANA & LEME Ouro Verde	11 🗏 P 🕹 🖾	\$\$
Av Atlântica 1456, 22021 000 Tel (021) 3248 0600 Fax (021) 2543 4776 F	Rooms 64	<b>Map</b> 3
For most of the 1950s and 60s, the Ouro Verde was considered one of the w of today's boutique hotels. Though it has lost some of its former glory, this es people who want to stay in more traditional and sedate surroundings on the	stablishment offers good ۱	alue for
COPACABANA & LEME South American Copacabana	11 🗮 🗏 P 🖾	\$\$
Rua Francisco Sá 90, 22080 010 <b>Tel</b> (021) 2227 9161 <b>Fax</b> (021) 2267 0748	Rooms 99	Map 2
Situated in a residential area and conveniently located within a short walk of beaches, the South American Copacabana opened for business in 1995. It of budget accommodation, with a rooftop sundeck, pool, and fitness center.	fers contemporary, yet un	fussy,
COPACABANA & LEME Windsor Plaza – Copacabana	11 📾 🔽 🗏 P 🕹 🖾	\$\$
Av Princesa Isabel 263, 22011 010 <b>Tel</b> (021) 2195 5500 <b>Fax</b> (021) 2549 93	73 <b>Rooms</b> 237	<b>Map</b> 3
The Plaza is one of a number of Rio hotels belonging to the Windsor Hotel gr and modernized. It is particularly popular with Japanese tourists and offers a There is a rooftop sundeck and pool with views over Copacabana and the be	number of special services	for them.
COPACABANA & LEME Leme Othon Palace	11 📃 P 🖾	\$\$\$
Rua Anchieta 4, 22010 000 <b>Tel</b> (021) 2122 5900 <b>Rooms</b> 195		
Arranged over 17 floors on Copacabana beachfront, many of the Leme Otho apartments offer great views over the beach. There is no pool, but the hotel's parasols, towels, and staff to look after your belongings while you enjoy a sw	s beach service provides co	omplimenta
COPACABANA & LEME Pestana Rio Atlântica	11 📾 🗑 🗏 P 🕹 🖾	\$\$\$
Av Atlântica 2964, 22070 000 <b>Tel</b> (021) 2548 6332 <b>Fax</b> (021) 2255 6410 <b>F</b>	Rooms 217	Map 3
Another modern Copacabana beachfront hotel, the Pestana Rio Atlântica is a executives as it is with the tourists. Rooms are attractively decorated and furn offers a sizable rooftop sundeck and pool with stunning panoramic views ove	ished, and all have balcon	ies. It
COPACABANA & LEME Portinari	11 🗑 🗏 P 🕹 🖾	\$\$\$
Rua Francisco Sá 17, 22080 000 Tel (021) 3222 8800 Fax (021) 3222 8800		Map 2
Well-priced and contemporary, the Portinari lies a short distance off Copacab		

Well-priced and contemporary, the Portinari lies a short distance off Copacabana beach. Rooms are spread over 11 floors, with each floor offering a different style of room conceptualized by leading Brazilian designers. Guests have the choice of selecting a design and atmosphere that suits them best. **www.hotelportinari.com.br**  TRAVELERS' NEEDS

COPACABANA & LEME Premier Copacabana		\$\$\$\$
Rua Tonelero 205, 22030 000 Tel (021) 3816 9090 Fax (021) 2547 4139 Room	<b>ns</b> 110	<b>Map</b> 3 E1
Located just 400m back from the beachfront, and opposite a metro station giving area, the Premier offers 110 modern, air-conditioned rooms and suites. A rooftop views dominated by the iconic statue of Cristo Redentor. <b>www.premier.com.br</b>		
COPACABANA & LEME Rio Othon Palace	1 🔐 🗑 🗏 P & ₩	<b>\$\$\$\$</b>
Av Atlântica 3264, 22070 001 Tel (021) 2106 1500 Fax (021) 2521 7782 Room	<b>ms</b> 602	<b>Map</b> 2 C3
Built in 1976, this 30-story hotel is a flagship of the Othon Hotel group. It is a lan Copacabana and offers spectacular views from many of its rooms. Facilities inclue Due to its size, the Othon is popular with groups and for events. <b>www.hoteis-o</b>	de a rooftop pool and	
COPACABANA & LEME Windsor Excelsior – Copacabana	1 📾 🗑 🗏 P 🕹 🖾	<b>\$\$\$\$</b>
Av Atlântica 1800, 22021 001 Tel (021) 2195 5800 Fax (021) 2257 1850 Room	<b>ms</b> 233	<b>Map</b> 3 F2
Although built in 1950, the Excelsior is unrecognizable after being completely mo the end of the 1990s. It is a popular choice for business and leisure travelers. Roo offering good views over Copacabana beach. There is a rooftop sundeck and poo	oms are functional, wit	h many
COPACABANA & LEME Copacabana Palace	1 📾 🗑 🗏 P 🕹 🖾	\$\$\$\$\$
Av Atlântica 1702, 22021 001 Tel (021) 2548 7070 Fax (021) 2235 7330 Roo	<b>ms</b> 225	<b>Map</b> 3 E2
Opening its doors for the first time in 1923, this hotel is now a part of the Orient glamor has attracted world leaders, royalty, and Hollywood stars. The huge pool while the poolside Cipriani restaurant (see <i>p395</i> ) is one of the city's finest. <b>www</b>	and surrounding area	are stunning
COPACABANA & LEME JW Marriott	'I 🏯 🔽 ≣ P & ⊠	\$\$\$\$\$
Av Atlântica 2600, 22041 001 Tel (021) 2545 6500 Fax (021) 2545 6555 Roo	<b>ms</b> 245	<b>Map</b> 3 D2
Located along the Copacabana beachfront, this Marriott flagship oozes luxury. O is favored by American business executives and tourists. The beach-facing rooms a small rooftop pool and sundeck. <b>www.marriottbrasil.com</b>		
COPACABANA & LEME Porto Bay Rio Internacional	1 🟯 🗑 🗏 P 🕹 🖾	\$\$\$\$\$
Av Atlântica 1500, 22021 000 Tel (021) 2546 8000 Fax (021) 2542 5443 Room	<b>ms</b> 117	<b>Map</b> 3 E2
This trendy business and tourist hotel is located on the Copacabana beachfront. S and sea views, while the deluxe rooms offer an option of large beachfront balcor panoramic views down and across the beach. The rooftop terrace with pool offer	nies or wall-to-wall wir	ndows with
COPACABANA & LEME Sofitel Rio de Janeiro	1 📾 🗑 🗏 P 🕹 🚾	\$\$\$\$\$
Av Atlântica 4240, 22070 002 Tel (021) 2525 1232 Fax (021) 2525 1200 Root	<b>ms</b> 388	<b>Map</b> 3 D5
The Rio flagship of the Accor group, the Sofitel was originally opened in 1979 by part of Accor in the late 1990s, the hotel has been totally refurbished to the high spacious rooms all have balconies, most with memorable views of Copacabana.	est international stand	lards. The
FLAMENGO & BOTAFOGO Botafogo Easy Hostel		\$
Rua Bambina 158, Botafogo, 22251 050 Tel (021) 2527 4536 Fax (021) 2535 3	3788 <b>Rooms</b> 14	
A clean and safe budget option, this friendly hostel is located in the heart of Bota station. It offers a mixture of dorms, four-bed private rooms, and double rooms w breakfast is included in the tariff, and there is even a barbecue and pool area.	vith en suite bathroom	is. Buffet
FLAMENGO & BOTAFOGO Imperial	1 🏯 🐨 🗏 P 🕹 🖤	\$\$
Rua da Catete 186, Catete, 20011 000 Tel (021) 2112 6000 Fax (021) 2558 58	15 Rooms 98	
Another great-value option for the budget traveler, the Imperial lies in historic Ca station gives it rapid access to both Copacabana and the city center. The tariff inc that is served in its on-site restaurant. <b>www.imperialhotel.com.br</b>		
FLAMENGO & BOTAFOGO Caesar Business Botafogo	1 📾 🗑 🗏 P 🕹 🖾	\$\$\$
Rua da Passagem 39, Botafogo, 22220 001 <b>Tel</b> (021) 2131 1212 <b>Fax</b> (021) 213	1 1200 Rooms 127	
This Caesar flagship, located in one of Rio's busiest business areas, offers busines facilities to match. As the name suggests, business rather than leisure is the focus traveler may be able to get good weekend rates and packages. <b>www.caesarbus</b>	s of this property, so th	
FLAMENGO & BOTAFOGO Glória	1 🟯 🗑 🗏 P 🕹 🚾	<b>SSS</b>
Rua do Russel, Glória, 22210 010 Tel (021) 2555 7272 Fax (021) 2555 7282 R	<b>ooms</b> 630	
The Glória, which first opened in 1922, once rivaled the Copacabana Palace for t and is still the city's largest. It offers fantastic value for money, with the infrastruc of accommodation, restaurants, and a hotel swimming pool, one of the city's bes	ture of a grand hotel i	in terms
IPANEMA & LEBLON Rio Hostel Ipanema		\$
Rua Canning 18, Casa 1, Ipanema, 22081 040 Tel (021) 2287 2928 Rooms 9		<b>Map</b> 2 C5
Located three blocks from the beach in Rio's most prestigious and upmarket qual bargain accommodation for visitors on a tight budget in shared dorms for four ar additional rooms in Santa Teresa. www.riohostelipanema.com		

IPANEMA & LEBLON Mar Ipanema	11 🗏 P 😡	\$\$\$
Rua V. de Pirajá 539, Ipanema, 22410 003 <b>Tel</b> (021) 3875 9191 <b>Fax</b> (0		<b>Map</b> 1 C4
Small, yet modern, the Mar Ipanema offers affordable accommodation or shopping street. The decor features very few obvious frills, although roo minibar and an individual safe. Only two blocks from Ipanema beach.	on Ipanema's busiest and most i oms are comfortable and equipp	
IPANEMA & LEBLON Mercure Ipanema	11 🔐 🗑 🗏 P 🕹 🛛	\$\$\$
Av Rainha Elizabeth 440, Ipanema, 22081 030 Tel (021) 2114 8100 Fa	ax (021) 2114 8102 Rooms 51	<b>Map</b> 2 C5
Belonging to the Accor group, the largest hotel group operating in Braz quality apartments for a longer stay. There is a playground for children a and coffee shops. <b>www.accorhotels.com.br</b>		
IPANEMA & LEBLON Praia Ipanema	11 📾 🗑 🗏 P 🕹 🖾	\$\$\$
Av Vieira Souto 706, Ipanema, 22420 000 Tel (021) 2540 4949 Fax (0	021) 2239 6889 <b>Rooms</b> 105	<b>Map</b> 1 C5
Despite opening in 1979, the Praia Ipanema remains one of Rio's best-ke beachfront, the hotel has rooms with balconies and sea views, while the pool, fitness center, and the upbeat Bossa Nova bar. <b>www.praiaipane</b>	e rooftop is home to a sun terrac	e Ipanema e, small
IPANEMA & LEBLON Sol Ipanema	11 📾 🗏 P 🕹 🛛	\$\$\$
Av Vieira Souto 320, Ipanema, 22420 000 Tel (021) 2525 2020 Fax (0.	021) 2247 8484 <b>Rooms</b> 90	<b>Map</b> 2 A5
Similar to, but not as modern as the Praia Ipanema, the Sol Ipanema is c and is a good choice if the larger deluxe hotels do not fit the budget. A Ipanema are on offer. www.solipanema.com		
IPANEMA & LEBLON Everest Rio	11 🔐 🗑 🗏 P 🕹 🛛	\$\$\$\$
Rua P. de Morais 1117, Ipanema, 22420 041 <b>Tel</b> (021) 2525 2200 <b>Roo</b>	oms 156	<b>Map</b> 2 A5
This traditional hotel is tucked one block back from the beach, close to t Though not on the beach, it features a rooftop sundeck and pool with p beach and offers a high quality of accommodation and service. <b>www.e</b>	panoramic views over Ipanema a	
IPANEMA & LEBLON Ipanema Plaza	11 🔐 🗑 🗏 P 🕹 🚾	\$\$\$\$
Rua F. de Amoedo 34, Ipanema, 22420 202 Tel (021) 3687 2000 Rooi	<b>ms</b> 140	<b>Map</b> 2 B5
Since opening in 2000, the Ipanema Plaza has quickly built up a followir well-priced, and contemporary accommodation is supported by superb and sundeck with views over the beach and Ipanema to Corcovado and	facilities. The hotel has a lovely p	lood
IPANEMA & LEBLON Ipanema Tower	# ¥ ≣ P & W	\$\$\$\$
Rua P. de Morais 1008, Ipanema, 22420 040 Tel (021) 2247 7033 Fax	(021) 2247 7033 <b>Rooms</b> 28	<b>Map</b> 2 A4
Small and well-appointed boutique apart-hotel in the heart of Ipanema. family room, dining area, veranda, and one or two bedrooms. Located o Tower has its own pool and fitness center and offers a breakfast service.	one block back from the beach,	lly decorated
ioner has to only poor and indices center and oriers a breakast service.	. www.ipanematower.com.br	
IPANEMA & LEBLON Caesar Park		
	11 🔐 🐨 🗏 P 🕹 🗹	
IPANEMA & LEBLON Caesar Park	12 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	SSSS Map 2 A5 Illent and there
IPANEMA & LEBLON Caesar Park Av Vieira Souto 460, Ipanema, 22420 000 Tel (021) 2525 2525 Fax (0 Inaugurated in 1978, this top-notch hotel attracts both business and leis the decor exudes class. Rooms and surroundings are discreetly luxurious	221) 2521 6060 <b>Rooms</b> 223 sure travelers. The service is exce s. Dining options are limited, but ind dip pool. <b>www.caesar-park</b>	SSSS Map 2 A5 Illent and there
IPANEMA & LEBLON Caesar Park Av Vieira Souto 460, Ipanema, 22420 000 Tel (021) 2525 2525 Fax (0 Inaugurated in 1978, this top-notch hotel attracts both business and leis the decor exudes class. Rooms and surroundings are discreetly luxurious are plenty of restaurants located close by. Tasteful rooftop sun terrace and	221) 2521 6060 <b>Rooms</b> 223 sure travelers. The service is exce bining options are limited, but ind dip pool. <b>www.caesar-park</b>	\$\$\$\$ Map 2 A5 Illent and there .com
IPANEMA & LEBLON Caesar Park Av Vieira Souto 460, Ipanema, 22420 000 Tel (021) 2525 2525 Fax (0 Inaugurated in 1978, this top-notch hotel attracts both business and leis the decor exudes class. Rooms and surroundings are discreetly luxurious are plenty of restaurants located close by. Tasteful rooftop sun terrace ar IPANEMA & LEBLON Fasano	221) 2521 6060 Rooms 223 sure travelers. The service is exce s. Dining options are limited, but nd dip pool. www.caesar-park 21 22 22 22 22 22 22 22 22 22 22 22 22 2	(\$\$\$\$\$ Map 2 A5 Map 2 A5 A5 Map 2 A5 Map
IPANEMA & LEBLON Caesar Park Av Vieira Souto 460, Ipanema, 22420 000 Tel (021) 2525 2525 Fax (0 Inaugurated in 1978, this top-notch hotel attracts both business and leis the decor exudes class. Rooms and surroundings are discreedly luxurious are plenty of restaurants located close by. Tasteful rooftop sun terrace an IPANEMA & LEBLON Fasano Av Vieira Souto 80, 22420 000 Tel (021) 3202 4000 Rooms 91 Located on the eastern end of Ipanema Beach, this elegant boutique be Rogerio Fasano and Philippe Starck. It features crisp, modern decor and	221) 2521 6060 Rooms 223 sure travelers. The service is excets. Dining options are limited, but ind dip pool. www.caesar-park ind imited in the service is excets. In the service is excets in the service is excets. In the service is excets in the service is excets. Service is the service is excets. Service is the service	(\$\$\$\$\$ Map 2 A5 Map 2 A5 A5 Map 2 A5 Map
IPANEMA & LEBLON Caesar Park Av Vieira Souto 460, Ipanema, 22420 000 Tel (021) 2525 2525 Fax (0 Inaugurated in 1978, this top-notch hotel attracts both business and leis the decor exudes class. Rooms and surroundings are discreetly luxurious are plenty of restaurants located close by. Tasteful rooftop sun terrace and IPANEMA & LEBLON Fasano Av Vieira Souto 80, 22420 000 Tel (021) 3202 4000 Rooms 91 Located on the eastern end of Ipanema Beach, this elegant boutique be Rogerio Fasano and Philippe Starck. It features crisp, modern decor and not all rooms offer sea views, there are wonderful views from the rooftop	A service for the service of the ser	<ul> <li>\$\$\$\$\$</li> <li>Map 2 A5</li> <li>Ilent and there</li> <li>.com</li> <li>\$\$\$\$\$</li> <li>\$\$\$\$\$</li> <li>tly by hotelie, Although</li> </ul>
IPANEMA & LEBLON Caesar Park Av Vieira Souto 460, Ipanema, 22420 000 Tel (021) 2525 2525 Fax (0 Inaugurated in 1978, this top-notch hotel attracts both business and leist the decor exudes class. Rooms and surroundings are discreetly luxurious are plenty of restaurants located close by. Tasteful rooftop sun terrace and IPANEMA & LEBLON Fasano Av Vieira Souto 80, 22420 000 Tel (021) 3202 4000 Rooms 91 Located on the eastern end of Ipanema Beach, this elegant boutique be Rogerio Fasano and Philippe Starck. It features crisp, modern decor and not all rooms offer sea views, there are wonderful views from the rooftor IPANEMA & LEBLON Marina All Suites	Image:	<ul> <li>\$\$\$\$\$</li> <li><i>Map 2 A5</i></li> <li>ellent and there</li> <li>.com</li> <li>\$\$\$\$\$</li> <li>\$\$\$\$\$\$</li> <li>thy by hotelie</li> <li>Although</li> <li>\$\$\$\$\$\$</li> <li><i>Map 1 A5</i></li> <li>traditional soarate</li> </ul>
IPANEMA & LEBLON Caesar Park Av Vieira Souto 460, Ipanema, 22420 000 Tel (021) 2525 2525 Fax (0 Inaugurated in 1978, this top-notch hotel attracts both business and leis the decor exudes class. Rooms and surroundings are discreetly luxurious are plenty of restaurants located close by. Tasteful rooftop sun terrace an IPANEMA & LEBLON Fasano Av Vieira Souto 80, 22420 000 Tel (021) 3202 4000 Rooms 91 Located on the eastern end of Ipanema Beach, this elegant boutique be Rogerio Fasano and Philippe Starck. It features crisp, modern decor and not all rooms offer sea views, there are wonderful views from the rooftoc IPANEMA & LEBLON Marina All Suites Av Delfim Moreira 696, Leblon, 22441 000 Tel (021) 2172 1100 Room This beachfront property has eight signature suites created by leading de to contemporary avant-garde, the hotel boasts a further 30 modern, cor	Image:	<ul> <li>\$\$\$\$\$</li> <li><i>Map 2 A5</i></li> <li>ellent and there</li> <li>.com</li> <li>\$\$\$\$\$</li> <li>\$\$\$\$\$\$</li> <li>thy by hotelie</li> <li>Although</li> <li>\$\$\$\$\$\$</li> <li><i>Map 1 A5</i></li> <li>traditional soarate</li> </ul>
IPANEMA & LEBLON Caesar Park Av Vieira Souto 460, Ipanema, 22420 000 Tel (021) 2525 2525 Fax (0 Inaugurated in 1978, this top-notch hotel attracts both business and leis the decor exudes class. Rooms and surroundings are discreetly luxurious are plenty of restaurants located close by. Tasteful rooftop sun terrace an IPANEMA & LEBLON Fasano Av Vieira Souto 80, 22420 000 Tel (021) 3202 4000 Rooms 91 Located on the eastern end of Ipanema Beach, this elegant boutique be Rogerio Fasano and Philippe Starck. It features crisp, modern decor and not all rooms offer sea views, there are wonderful views from the rooftor IPANEMA & LEBLON Marina All Suites Av Delfim Moreira 696, Leblon, 22441 000 Tel (021) 2172 1100 Room This beachfront property has eight signature suites created by leading do to contemporary avant-garde, the hotel boasts a further 30 modern, con lounge and home theater. There is also a small dip pool and sun terrace	A set of the set of th	<ul> <li>\$\$\$\$\$</li> <li>Map 2 A5</li> <li>ellent and there</li> <li>.com</li> <li>\$\$\$\$\$</li> <li>\$\$\$\$\$\$</li> <li>Although</li> <li>\$\$\$\$\$\$</li> <li>Map 1 A5</li> <li>traditional parate</li> <li>r</li> </ul>

SANTA TERESA Rio Hostel Rua Joaquim Murtinho 361, 20241 320 Tel (021) 3852 0827 Fax (021) 2224 6903 Rooms 12

Comfortable, well-maintained, and exuding warmth, this neighborhood hostel offers great value for money. Guest rooms vary in size, from double rooms with en suite bathrooms to 12-bunk dorms. The Rio Hostel has its own restaurant and a terrace area. **www.riohostel.com.br** 

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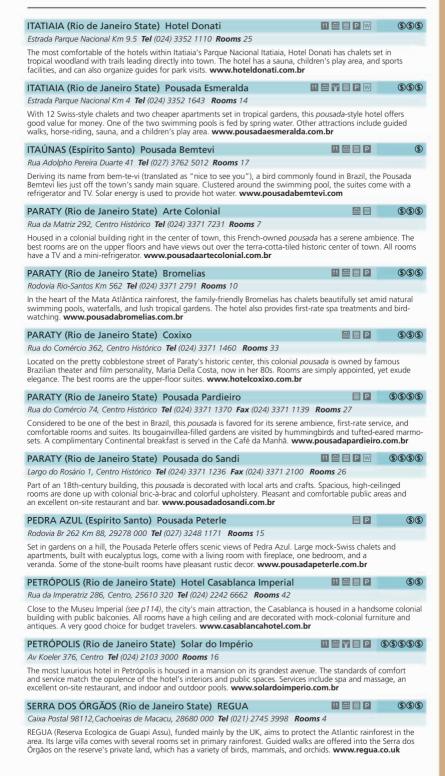
## 369

RIO DE JANEIRO STATE & ESPÍRITO SANTO		
ANGRA DOS REIS (Rio de Janeiro State) Pestana Angra 🛛 🖬 🕾	∀≣₽&₩	\$\$\$\$\$
Estrada Vereador Benedito Adelino 3700, Retiro Tel (024) 3364 2005 Rooms 27		
With bungalows set in tropical gardens on a forested peninsula, this private beach res level of comfort. There are fantastic views over the sea, making this place a perfect ch Also on offer are conference facilities and a good restaurant, the Cais da Ribeira. <b>ww</b>	noice for a beach	
ARRAIAL DO CABO (Rio de Janeiro State) Capitão n'Areia Pousada Rua Santa Cruz 7, Praia dos Anjos <b>Tel</b> (022) 2622 2720 <b>Rooms</b> 32	11 🔐 🛛 🗏 P	\$\$
Located on the main town beach, this family-friendly seafront hotel draws a loyal clie There is a good range of chalets and rooms to choose from, all equipped with moder a sea-facing café and the pleasant Porto das Delícias Restaurante. <b>www.capitaopou</b>	n conveniences, a	
BÚZIOS (Rio de Janeiro State) Brigitta's Guest House	•	\$\$
Rua das Pedras 131, Centro Tel (022) 2623 6157 Rooms 4		
Brigitte Bardot stayed in this <i>pousada</i> at the time when her presence in Búzios put the Named for its celebrity guest, the small guesthouse stands on what is now the main s the water. Rooms are decorated with arty bric-à-brac, and the ambience is friendly. <b>w</b>	hopping street, o	verlooking
BÚZIOS (Rio de Janeiro State) Hibiscus Beach	# 🗏 P 🛛	\$\$\$
Rua 1, 22 Quadra C, Praia de João Fernandes, 28950 000 Tel (022) 2623 6221 Fax	(022) 2623 6221	Rooms 13
One of the best-value hotels in the area, this British-run <i>pousada</i> overlooks Praia de Ju peninsula's prettiest and liveliest beaches. The surrounding luxuriant tropical gardens Accommodation is in cabanas, all of which have sea views. <b>www.hibiscusbeach.co</b>	create a calm am	ne of the bience.
BÚZIOS (Rio de Janeiro State) Abracadabra	11 🔐 🗏 P 🛛	\$\$\$\$
Morro do Humaita 13, 28950 000 Tel (022) 2623 1217 Rooms 16		
The pool and breakfast area and the most preferred rooms in this tastefully decorated have some of the best views in Búzios. The oceanfront hotel bar is known to serve far beaches are a five-minute car ride away. <b>www.abracadabrapousada.com.br</b>		
BÚZIOS (Rio de Janeiro State) Casas Brancas Alto do Humaitá 10, Búzios, 28950 000 Tel (022) 2623 1458 Fax (022) 2623 2147		\$\$\$\$\$
Considered to be one of Brazil's best boutique hotels, the Casab Tak (022) 2025 2147 Inspired rooms with breathtaking views of the Morro do Humaita. The hotel restaurar Brazilian-Mediterranean fusion cuisine. There is a first-class on-site spa. www.casasb	a series of Medite nt serves superb r	erranean- nodern
CABO FRIO (Rio de Janeiro State) La Plage	11 🔐 🗏 P	\$\$
Rua dos Badejos 40, Praia do Peró Tel (022) 2647 1746 Rooms 32		
The principal suites at this beachfront hotel all come with a stunning ocean view. All basic amenities, and are tastefully decorated. There is also a small play area for childre to the nearby sand dunes. <b>www.laplage.com.br</b>		
CABO FRIO (Rio de Janeiro State) Pousada do Leandro	# 🗏 P	\$\$\$\$
Avenida Nilo Peçanha 333, Praia do Forte <b>Tel</b> (022) 2645 4658 <b>Rooms</b> 17		
Owned by famous ex-Flamengo footballer José Leandro Souza Ferreira, this intimate, is located a short stroll from the town center on the area's busiest beach, Praia do For veranda and are equipped with modern amenities. <b>www.pousadaleandro.com.br</b>	brightly colored , te. All suites com	po <i>usada</i> ne with a
GUARAPARI (Espírito Santo) Enseada Verde	#≣ P	\$\$
Rua Duarte Mattos 27, Enseada Verde, Praia do Meaípe <b>Tel</b> (027) 3272 1376 <b>Fax</b> (0	27) 3272 0421 <b>I</b>	Rooms 20
Set in rainforest overlooking Praia do Meaípe, one of Guarapari's most popular beach Enseada Verde has pretty apartments. The pool here is very popular and the on-site re views of the lush tropical surroundings. <b>www.enseadaverde.com.br</b>		
ILHA GRANDE (Rio de Janeiro State) Pousada Ancoradouro		\$\$
Rua da Praia 121, Vila do Abraão <b>Tel</b> (024) 3361 5153 <b>Rooms</b> 8		
One of several <i>pousadas</i> in the picturesque Vila do Abraão, the Ancoradouro is locate quiet part of the village. There are eight minimalistically decorated, but very well kept amenities, including a TV and a small refrigerator. <b>www.pousadancoradouro.com</b> .	, apartments offe	
ILHA GRANDE (Rio de Janeiro State) Sítio do Lobo	H 😂 🗏	\$\$\$\$\$

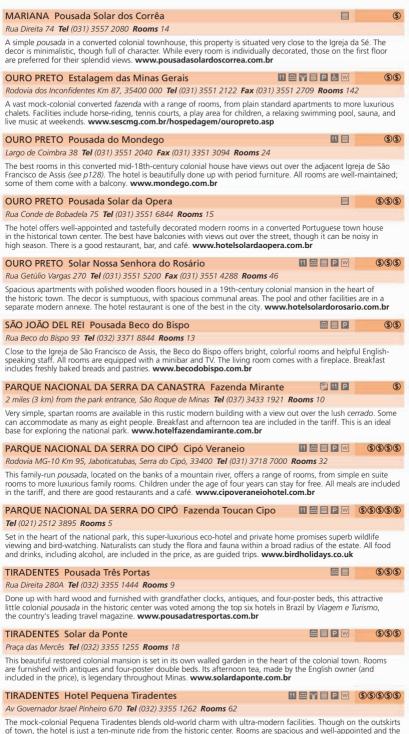
Enseada das Estrelas, Ilha Grande Tel (021) 2227 4138 Rooms 9

A luxury boutique hotel run by Julinha Serrado, a famous Brazilian interior designer, the Sítio do Lobo lies on a peninsula reachable only by boat from either the mainland or Abraão town. Activities include hiking, kayaking, yoga, and tai chi. Rooms are tastefully done, though the cheaper rooms are boxy. **www.sitiodolobo.com.br** 

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breakfasts generous. www.pequenatiradentes.com.br

SÃO PAULO CITY		
JARDINS & AVENIDA PAULISTA Pousada Dona Zilah	11 🔳 🕹	\$\$
Alameda Franca 1633, Jardins, 01422 001 Tel (011) 3062 1444 Fax (011) 30		<b>Map</b> 4 D2
A pleasant B&B, the Dona Zilah is located in a small converted town house in t offers one of the most attractive deals in this expensive area, and is close to the shops, and art galleries. Parking is limited. <b>www.zilah.com</b>		
JARDINS & AVENIDA PAULISTA Othon Suites	11 😂 🔽 🗏 🔍	\$\$\$
Rua Guarará 511, Jardins, 01425 001 Tel (011) 3887 1599 Rooms 51		<b>Map</b> 4 E4
The Othon offers 52 airy rooms arranged over 21 floors in São Paolo's best caf the city's large green space, Ibirapuera Park. The price includes a buffet breakf. good off-season discounts available through the website. <b>www.hoteis-othon</b>	ast with plenty of choice	
JARDINS & AVENIDA PAULISTA Maksoud Plaza	11 🗑 🗏 P 🕹 🖤	\$\$\$\$
Alameda Campinas 150, Jardins, 01404 900 Tel (011) 3145 8000 Fax (011) 3		<b>Map</b> 4 F3
Just off Avenida Paulista, the Maksoud Plaza is an old-fashioned but well-kept out over the city from the upper floors. A limousine service is available on requ Domestic Airport and Guarulhos International Airport. <b>www.maksoud.com.b</b>	lest to and from Congor	
JARDINS & AVENIDA PAULISTA Emiliano	11 🐨 🗏 P 🖤	\$\$\$\$\$
Rua Oscar Freire 384, Jardins <b>Tel</b> (011) 3068 4399 <b>Rooms</b> 57		<b>Map</b> 4 D3
One of the city's finest designer hotels, the Emiliano mixes opulence with refin leather sofas, and luxurious beds covered in rich Egyptian cotton sheets. Fitting the Campana brothers, Fernando and Humberto. Valet parking is available.	gs are by famous designe	
JARDINS & AVENIDA PAULISTA Fasano	11 🙈 🗑 🗏 P 🖾	\$\$\$\$\$
Rua Vittorio Fasano 88, Jardins, 01414 020 Tel (011) 3896 4000 Fax (011) 38		<b>Map</b> 4 D3
The most understated and sophisticated of the city's luxury hotels, the Fasano the new millennium. It boasts one of Brazil's finest Italian restaurants, Fasano ( suites. Valet parking is available. www.fasano.com.br		
JARDINS & AVENIDA PAULISTA Hotel Unique	11 ﷺ ♥ ≣ P & W	\$\$\$\$\$
Av Brigadeiro Luís Antonio 4700, Jardins <b>Tel</b> (011) 3055 4710 <b>Rooms</b> 95		<b>Map</b> 4 E5
The most self-consciously designer hotel in Brazil, the Unique is a giant half-ora wide porthole windows and a splendid cavernous lobby (see <i>p146</i> ). The tail-en to meet the ceiling. Sky, the rooftop bar with good views, serves wonderful co	nd suites have floors that	curve up
JARDINS & AVENIDA PAULISTA L'Hotel	11 😹 🗑 🗏 P & W	\$\$\$\$\$
Alameda Campinas 266, Bela Vista <b>Tel</b> (011) 2183 0500 <b>Fax</b> (011) 2183 050.		<b>Map</b> 4 F3
Mock-New York meets mock-European in this hotel with sober antique and cla prevails throughout and the service is impressive. All rooms are tastefully decor on-site restaurant. Valet parking is available. Convenient for Avenida Paulista.	rated, and there is a resp	
JARDINS & AVENIDA PAULISTA Renaissance	11 🔐 🗑 🗏 P 🕹 🖾	\$\$\$\$\$
Rua Alameda Santos 2233, Jardins Tel (011) 3069 2233 Fax (011) 3064 3344		<b>Map</b> 4 E2
A popular business hotel near Jardins and Avenida Paulista with conference roo business facilities. What the rooms lack in character they make up for with con in one of the nearby places than in the on-site restaurant. <b>www.marriott.con</b>	nfort. It may be a better	
SERRA DA CANTAREIRA Unique Garden	11 ﷺ 🗑 🗏 P & W	\$\$\$\$\$
Estrada Laramara 3500, Mairiporã <b>Tel</b> (011) 4486 8700 <b>Rooms</b> 25		
One of South America's great spa hotels, this place has beautifully designed in in the Serra da Cantareira mountains, a 40-minute ride from the city center. Su are on offer. Children are not allowed. <b>www.uniquegarden.com.br</b>		
THE NEW CENTER Grand Hyatt	11 ﷺ ∀ ≣ P & W	\$\$\$\$\$
Av das Nacoes Unidas 13301, Brooklin <b>Tel</b> (011) 2838 1234 <b>Fax</b> (011) 2838		
This is the best business hotel in the city and convenient for the business cente The top-floor suites are carefully designed and have magnificent views, and the attract fashionable São Paulo residents. http://saopaulo.grand.hyatt.com	er around Avenida Luis C e excellent spa, restaura	arlos Berrini. nts, and bars
THE NEW CENTER Hilton São Paulo Morumbi	11 🔐 🗑 🗏 P 🕹 🖤	\$\$\$\$\$
Av das Nacoes Unidas 12901, Brooklin <b>Tel</b> (011) 2845 0000 <b>Rooms</b> 485		
The business-like modern apartments at this upscale hotel come stylishly equip kitchenette, en suite bathroom, and executive lounge access. Continental brea mentary. On-site dining options include the Canvas Bar & Grill, Sol & Sombra, .	kfast and refreshments a	are compli-

## **SÃO PAULO STATE**

#### CANANÉIA Pousada Caropá

Praca Martim Afonso de Sousa 13, Centro Tel (013) 3851 1601 Rooms 14

Very minimally-appointed, clean rooms are available at this *pousada* pear the waterfront in a restored 19th-century Portuguese town house. The friendly staff can help organize boat trips to the llha do Cardoso, an ecological preserve with fine beaches. The *pousada* is one of the best-value options in the area.

#### IGLIAPE Pousada dos Martins

Rua Antonio Ferreira Aquiar 8 Centro Tel (013) 3841 4260 Rooms 15

This well-maintained family-run pousada offers motel-like rooms in the heart of Iguape, which is also an ideal base for exploring the Estação Ecológico Juréia-Itatins. The welcoming staff will happily answer questions about visiting this state park with its Atlantic rainforest flora and fauna www.guiadeiguage.com.br/pousadadosmartins

#### IGUAPE Solar Colonial

#### Praca da Basilica 30 Tel (013) 3841 1591 Rooms 10

Small, simple, but very well-kept rooms are available in this affordable B&B housed in a refurbished Portuguese colonial building, right in the heart of town. The best rooms, which look out on to the main square, are the most preferred. Generous breakfasts and warm service make the stay memorable.

#### ILHABELA Canto da Praia Ilhabela

Av Forca Expedicionária Brasileira 793, Santa Tereza Tel (012) 3896 1194 Fax (012) 3896 6415 Rooms 4

Sitting right above a narrow beach, with its own beautiful terrace, garden, and pool, this tiny pousada is a favorite location for Brazilian fashion shoots. All four apartments are embellished with rustic chic and there is plenty of shade from the palms and covered sundecks. www.cantodapraiailhabela.com.br

#### ILHABELA Maison Jolv

Rua Antônio Lisboa Alves 278, Centro Tel (012) 3896 1201 Room	s 10
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A tastefully designed boutique hotel, the tiny Maison Joly is dotted with carefully chosen stylish arts and crafts. Each room comes with a private terrace providing a splendid view out over Ilhabela, the Atlantic, and the Serra do Mar mountains. Book well ahead for weekend stays, Children not allowed, www.maisonioly.com.br

### **MARESIAS** Brig Maresias

Av Francisco Loup 1158, 11620 000 Tel (012) 3865 6528 Rooms 22

At this hotel visitors can choose from a range of chalets and rooms, from spartan doubles to well-furnished bungalows decorated in mock-Oriental style. Facilities include a 24-hour reception and enormous complimentary breakfasts. The beach is just a stroll away. www.brig.com.br

#### MARESIAS Maresias Beach Hotel

Av Francisco Loup 1109, São Sebastião, 11620 000 Tel (012) 3891 7500 Rooms 93

Located on one of the most beautiful beaches in the area, this sprawling family hotel provides comfortable rooms. Other amenities include games for children, babysitting, tennis courts, and an enormous pool. Special low-season deals are on offer. The hotel can be very noisy in high season. www.maresiashotel.com.br

#### SANTOS Mendes Plaza

Av Floriano Peixato 42 Tel (013) 3208 6400 Rooms 104

A huge beachfront business hotel built in the 1980s, the Mendes Plaza is a great accommodation choice, with air conditioning and TV in every room. Other features include sauna, massage, and sport facilities. The staff are efficient and there is a decent on-site restaurant. www.mendeshoteis.com.br

#### SANTOS Parque Balneário

Av Ana Costa 555, Praia do Gonzaga Tel (013) 3285 6900 Rooms 119

A fully refurbished 1970s beachfront luxury hotel, the Balneário has a grand marble lobby. The rooms have good ocean views, especially from the upper floors. The property also has a rooftop pool convention center and decent business facilities. Beach service is offered. www.parquebalneario.com.br

#### UBATUBA Refúgio do Corsário

Trilha do Corsário 10, Praia da Fortaleza Tel (012) 3848 9229 Rooms 21

A wonderful setting on the tip of a peninsula in the heart of the forest sets this hotel apart. Modest, though comfortable, chalets are set on a lawn in front of a sculpted pool and a small beach. Simpler apartment rooms are also on offer. Many fine beaches are located nearby. www.corsario.com.br

### UBATUBA Pousada Piçinguaba

Rua G 130, Vila Picinguaba Tel (012) 3836 9105 Fax (012) 3836 9103 Rooms 10

A luxury boutique hotel located in a converted convent, the Picinguaba is situated in a small fishing village halfway between Ubatuba and Paraty. Rooms are simple, though very tastefully decorated. Wonderful views, kayaking, boat rides, and forest walks are on offer. Parking is limited. www.picinguaba.com









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### COSTA DO SAUÍPE Costa do Sauípe Golf & Spa

Rodovia BA-99 Km 76 s/n, Costa do Sauípe, 48280 000 Tel (071) 2104 8080 Rooms 256

A grand sprawling resort built in tropical colonial style, this property features large rooms with king-size beds and balconies. The extensive leisure areas include three pools, a pair of jacuzzis, saunas, and spa treatments. The best part of the hotel, however, is its location right on the beach. **www.costadosauipe.com.br** 

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### COSTA DO SAUÍPE Costa do Sauípe Suites

Costa do Sauípe s/n, 48280 000 Tel (071) 2104 8080 Rooms 198

Built in the style of an old cocoa plantation, this resort has an intimate feel. All suites have verandas and come with a spacious sitting area with sofa-bed, separated from the master bedroom. The pool area is magnificent and leisure activities include golfing, boating, horse-riding, and cultural presentations. www.costadosaujpe.com.br

#### ILHA DE BOIPEBA Pousada Santa Clara

Boca da Barra s/n, 45410 000 Tel (075) 3653 6085 Rooms 9

The pleasant Santa Clara provides a tropical hideaway just steps from the beach. Each room is unique in size and style and is colorfully decorated. The *pousada* also has a cozy sitting room and reading lounge. The Santa Clara restaurant is Boipeba's best dining option. Complimentary gournet breakfast. **www.santaclaraboipeba.com** 

#### ILHA DE BOIPEBA Pousada Vila Sereia

Boca da Barra s/n. 45410 000 Tel (075) 3653 6045 Fax (075) 3653 6045 Rooms 4

The Vila Sereia has four lovely bungalows with wide front decks and hammocks, facing the gorgeous, largely empty beach of Ilha de Boipeba. A satisfying Bahian-style breakfast is served on the balcony that comes with every bungalow. www.ilhaboipeba.org.br/vilasereia.html

#### ILHÉUS Ilhéus Tropical

Rodovia Ilhéus-Olivença Km 2, Jardim Atlântico, 45655 170 Tel (073) 3632 7214 Fax (073) 3632 7194 Rooms 28

A small walk from Praia do Sul, this new *pousada* is located 2 miles (3 km) from the historic center. The no-frills apartments are clean and comfortable. The leisure area includes a games room and playground for children. There is a decent restaurant on the grounds.

#### ILHÉUS Pousada Praia Bela

Rodovia Ilhéus-Olivença Km 2.5, Praia dos Milionários, 45655 170 Tel (073) 3632 7022 Rooms 16

Set on the Milionários beach, this small *pousada* offers pleasant accommodation. Rooms are decorated in bright colors and have verandas facing either the ocean or the lush garden. The leisure area includes a children's pool, beach soccer, and volleyball court. **www.praiabela.com.br** 

#### ITACARÉ Itacaré Ecoresort

Rodovia BA-001 Km 64, 45530 000 Tel (073) 3251 3133 Fax (073) 3251 3133 Rooms 25

The resort is located off a small beach and set amid beautiful Atlantic rainforest. The apartments are spacious and elegantly furnished in light colors. Breakfast and dinner are included in the tariff. A complimentary shuttle service connects the beach to the village of licacré. www.ier.com.br

#### ITACARÉ Txai Resort

Rodovia Ilhéus Itacaré km 48, 45530 000 Tel (011) 2627 6363 Rooms 26

This full-service resort features spacious airy bungalows spread out through a 247-acre (100-ha) coconut plantation on the edge of the Itacarézinho beach. Numerous activities are offered, including tennis, horse-riding, beach safaris, hiking, canoeing, and a spa for those looking for relaxation. http://www.txairesort.com.br/

## LENÇOIS Canto das Aguas

Av Sr Dos Passos 1, 46960 000 Tel (075) 3334 1154 Rooms 44

Set close to the main square, this pleasant hotel looks over to the Rio Lençois. The best rooms are those in the new wing. Bright and spacious, these feature a queen-size bed and fold-out sofa, a sitting area, and veranda. The hotel restaurant is striking with a colorful interior. www.lencois.com.br

#### LENÇOIS Estalagem Alcino

Rua Tomba Surrão 139, 46960 000 Tel (075) 3334 1171 Rooms 7

This cozy *pousada* is housed in a replica of a 19th-century colonial house. A scrumptious breakfast is served in the tranquil, well-kept garden. The rooms are intimate and decorated with antique furniture. The only downside is that the bathrooms are shared. There is a good collection of books for browsing. **www.alcinoestalagem.com** 

### MORRO DE SÃO PAULO Pousada Puerto Beach

Quarta Praia, 45400 000 Tel (075) 3652 2136 Rooms 16

Located far from the village on a largely empty beach, the Puerto Beach hotel features small self-contained chalets and comfortable rooms in a garden-like setting. The hotel has an outdoor leisure area with a jacuzzi, two small pools, a bar, and numerous hammocks and deck chairs. www.hotelpuertobeach.com.br

#### Key to Price Guide see p366 Key to Symbols see back cover flap

## MORRO DE SÃO PAULO, Vila Guaiamú

Terceira Praia s/n. 45400 000 Tel (075) 3652 1035 Fax (075) 3483 1073 Rooms 22

Set on a guiet beach, the Vila Guaiamú consists of 22 cabins scattered among a lush garden. Simply furnished with a double and single bed, each cabin comes with a private bathroom and veranda with hammock. The hustle and bustle of the main village is only a 20-minute stroll away. www.vilaguaiamu.com.br

#### PORTO SEGURO Porto Seguro Praia Hotel

Av Beira Mar s/n. 45810 000 Tel (073) 3288 9393 Fax (073) 3679 2069 Rooms 149

Located on the pretty beach of Praia Curuípe, this full-service resort offers fine dining, tennis, two pools, and an outstanding view of the ocean. Rooms are spacious, comfortable, and modern. Besides a good on-site restaurant, there is the popular Nau Cabral Bar. Ideal for business as well as leisure travelers. www.psph.com.br

#### PORTO SEGURO Xurupita Resort

Caixa Postal 189 45810 000 Tel (073) 2105 9500 Fax (073) 2105 9501 Rooms 16

This resort is perfect for families traveling with children. Each apartment has two rooms and sleeps four people comfortably. A small kitchen is equipped with a stove, fridge, and microwave. The resort has a large leisure area. The main swimming pool includes a hydro-massage facility and a bar www.xurupita.com

#### PRAIA DO FORTE Pousada Porto da Lua

Praia do Forte s/n 48280 000 Tel (071) 3676 1155 Rooms 26

A short stroll from the Projeto Tamar (see p207), the Porto da Lua is set right on the beach. Most of the apartments look out over the ocean. Only the lower-floor rooms have air conditioning, as the upper floor gets a steady sea breeze. The hotel's tropical architecture is by well-known architect Wilson Reis Netto. www.portodalua.tur.br

#### PRAIA DO FORTE Praia do Forte Eco Resort

Av Do Farol s/n. 48280 000 Tel (071) 3676 4000 Fax (071) 3673 1112 Rooms 250

This sprawling resort is set in gorgeous gardens near the beach. All apartments are spacious and well-appointed. The resort offers a large number of sports and recreation activities, including snorkeling, windsurfing, kayaking, and nature walks. Breakfast and dinner are included in the rate. www.ecoresort.com.br

#### SALVADOR Ibis Rio Vermelho

Rua Fonte do Boi 215, Rio Vermelho, 41940 360 Tel (071) 3330 8200 Fax (071) 3330 8201 Rooms 252

The no-frills lbis brand specializes in tidy, comfortable rooms. Prices are low because the hotel does not offer services such as dry-cleaning, buffet breakfast, or valet parking. For the most memorable lbis experience, request an ocean-view room when reserving. www.accorhotels.com.br

## SALVADOR Pousada Beija-Flor

Rua D. de Santo Antônio 259 Centro Histórico 40301 280 Tel (071) 3241 2472 Fax (071) 3241 7085 Rooms 7

The rooms in this unpretentious pousada are on the small side, although most come with a veranda and offer fabulous views of the Salvador harbor and the Baía dos Todos os Santos (Bay of All Saints). Breakfast is served on the bright patio. A short stroll from the Pelourinho (see pp186-7). www.beijaflorpousada.com.br

#### SALVADOR Pousada Redfish

Ladeira do Bogueirão 1, 40301 280 Tel (071) 3241 0639 Fax (071) 3326 2544 Rooms 8

A crumbling heritage building on the edge of the historic center, the Redfish was bought and renovated by English owners into a comfortable inn. Rooms are simple but spacious, high-ceilinged, and flooded with light. The ground floor of the pousada contains a gallery of local art. www.pousadaredfish.com.br

#### SALVADOR Monte Pascoal Praia

Av Oceânica 591, Barra, 40170 010 Tel (071) 2103 4111 Fax (071) 3245 4436 Rooms 83

This excellent-value hotel provides rooms with comfortable king-size beds or two single beds. Every room features a balcony with either a full or partial view of the ocean. Close to Salvador's best restaurants, bars, museums, and shopping areas. www.montepascoal.com.br

#### SALVADOR Pousada do Boqueirão

Rua D. de Santo Antônio 48, Centro Histórico, 40301 280 Tel (071) 3241 2262 Fax (071) 3241 8064 Rooms 15

A pretty pousada in the historic center of Salvador with high-ceilinged rooms that have period furnishings, but lack modern amenities such as TV or Internet. The best room is a split-level apartment with a separate sitting area and a large private terrace. The restaurant faces the sea. www.pousadaboqueirao.com.br

#### SALVADOR Pousada do Pilar

Rua Direita de Santo Antônio 24, Centro Histórico, 40301 280 Tel (071) 3241 2033 Rooms 12

Set in a heritage building, this pousada has received a complete overhaul to meet modern standards. Rooms are spacious and pleasantly decorated with bright splashes of colour. Seven of the rooms have a veranda and look out over the port and the ocean. Breakfast is served on the rooftop patio. www.pousadadopilar.com

#### SALVADOR Pestana Bahia

Rua Fonte do Boi 216, Rio Vermelho, 41940 360 Tel (071) 2103 8000 Fax (071) 2103 8066 Rooms 430

Sitting on an outcrop overlooking the ocean at the Rio Vermelho, the Pestana is one of Salvador's top luxury hotels. The modern rooms are spacious and decorated in a bright, funky style. The hotel's leisure area includes an outdoor pool and sundeck overlooking the beach and a top-notch fitness center. www.pestana.com

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#### TRANCOSO Pousada Mundo Verde

Rua de Telgrafo 43, 4581 8000 **Tel** (073) 36681 279 **Fax** (073) 3668 1279 **Rooms** 11

A small *pousada* set in a large garden, the Mundo Verde offers a tremendous clifftop view looking out over the nature preserve and beach in the distance. Rooms are in small bungalows, and feature double beds with mosquito canopies, tile floors, and large verandas with hammocks. **www.pousadamundoverde.com.br** 

#### TRANCOSO Pousada Estrela d'Água

Estrada do Arraial s/n. 4581 0000 Tel (073) 36681 030 Rooms 27

A beautiful high-end resort on Praia dos Nativos, this *pousada* has its own beachside pools and jacuzzi. Rooms are large, comfortable, and tastefully decorated. Guests can enjoy a range of activities, including bike rental and massage, as well as access to a nearby seaside golf course. **www.estreladagua.com.br** 

## SERGIPE, ALAGOAS & PERNAMBUCO

#### ARACAJU (Sergipe) Pousada Praia e Mar

Av Santos Dumont 433. Praia de Atalaia. 49035 730 Tel (079) 3243 4520 Rooms 14

This inexpensive B&B is right across the street from Praia de Atalaia. The rooms are plain but very clean, and all come with a private bathroom. The reception staff are available 24 hours a day. The on-site restaurant serves authentic Northeastern cuisine. www.pousadapraiaemar.com.br

#### ARACAJU (Sergipe) Quality

Av Delmiro Gouveia 100, Corao do Meio, 49035 810, Tel (079) 2107 4350, Fax (079) 2107 4351, Rooms 109

Reputedly Aracaju's best hotel, Quality offers very comfortable rooms with queen-size beds, a desk, a large TV, and wireless Internet. Women travelers can request a room on the women-only floor. The only drawback is the hotel's location far from the beach next to a mall. www.stlanticahotels.com.br

#### FERNANDO DE NORONHA (Pernambuco) Pousada do Vale

Rua Pescador Sérgio Lino 18, Jardim Elizabeth, 53990 000 Tel (081) 3619 1293 Fax (081) 3619 1881 Rooms 5

Within walking distance of the village, this *pousada* is set amid striking natural beauty. One of the nicer rooms is the Marlim, which has a great balcony. The cheerful decor features hand-crafted furniture. Although there is no swimming pool, the beach is only a five-minute walk away. **www.pousadadovale.com** 

## FERNANDO DE NORONHA (Pernambuco) Solar dos Ventos

Estrada do Sueste s/n, 5399 0000 Tel (081) 36191 347 Rooms 8

Overlooking the Baia do Sueste, the self-contained bungalows at the Solar dos Ventos feature a double and two single beds, a sitting area, and a balcony with a hammock. The only drawback is the hotel's location at the far end of the island's restaurants and services. www.solardosvertos.com.br

Accommodation is either in independent bungalows or in the main building. The bungalows feature a spacious veranda with hammock, a king-size four-poster bed, and a huge bathroom. Rooms in the main building are smaller and less luxirous, but also feature king-size beds and good bathrooms. www.pousadamaravilha.com.br

#### FERNANDO DE NORONHA (Pernambuco) Pousada Zé Maria

Rua Nice Cordeiro 1, 5399 0000 Tel (081) 36191 258 Rooms 20

A luxury pousada on a hilltop with a panoramic view of the islands, Zé Maria offers newly-built self-contained bungalows, with queen-size beds, wide decks, and solar showers. Many bungalows feature private jacuzzis. There is a relaxing pool, gorgeous old mango trees, and an on-site spa. www.pousadazemaria.com.br

#### MACEIÓ (Alagoas) Ibis Maceió Pajuçara

Av Dr. Antônio Gouveia 277, Praia de Pajuçara, 57030 170 Tel (082) 2121 6699 Fax (082) 3327 6711 Rooms 99

One of the best budget options in Maceió. The rooms in this modern lbis hotel feature comfortable beds, desks with laptop plug, and spotless bathrooms. All rooms, except for four on the first floor, boast ocean views. The hotel has a decent restaurant, A Boa Mesa, and a good coffee shop, Menu Express. www.accorhotels.com.br

#### MACEIÓ (Alagoas) Jatiúca Flat & Resort

Lagoa da Anta 220, 57035 180 Tel (082) 2122 2000 Fax (082) 2122 2020 Rooms 179

The Jatiúca Flat and Resort are set side by side on a lagoon right on Praia da Jatiúca. Both offer oustanding accommodation within walking distance of all the seaside entertainment and restaurants. There is a good selection of on-site restaurants and bars. Parking available in resort only. www.hoteljatiuca.com.br

#### OLINDA (Pernambuco) Pousada dos Quatro Cantos

Rua Prudente de Morais 441, 53020 170 Tel (081) 3429 0220 Fax (081) 3429 1845 Rooms 17

Set in the heart of Olinda, this *pousada* is housed in a beautiful heritage building. The refurbished deluxe rooms look plush and feature a jetted tub. One of the nicest rooms is the Veranda Strue, a spacious chamber overlooking the garden. All of Olinda's sights are an easy stroll away. **www.pousada4cantos.com.br** 

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CANOA QUEBRADA (Ceará) Pousada Chataletta 🛛 🔛 🖾 🖂 Praia de Canoa Quebrada s/n, 62800 000 Tel (084) 3421 7200 Fax (084) 3421 7169 Rooms 18

In an attractive location, just a five-minute stroll from the beach, this simple *pousada* offers chalets arranged around a pool. All chalets come with rooms that can sleep up to six people and have an attached terrace and hammocks facing the pool. The on-site bar serves memorable *caipirinhas*. **www.pousadachataletta.com.br** 

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TRAVELERS' NEEDS

CANOA OUEBRADA (Ceará) Pousada Long Beach Rua Quatro Ventos 450, 62800 000 Tel (084) 3421 7404 Rooms 42 The highlight of this pousada is its large oval swimming pool, which offers a panoramic view of Canoa Quebrada. The 20 self-contained chalets feature king-size beds and verandas with hammocks. Some of the chalets have spectacular views. Rooms, too, feature king-size beds, but lack the views, www.longbeachvillage.com.br FORTALEZA (Ceará) Ibis Fortaleza 11 📾 🗏 P & W 55 Rua Dr. A. Barbosa de Lima 660, Iracema, 60060 370 Tel (085) 3052 2450 Fax (085) 3052 2470 Rooms 171 According to the Ibis standard, this flagship hotel offers clean, guality accommodation at bargain rates, Rooms are sizable and inviting with sophisticated decor. The hotel is within easy walking distance of the beach and the Iracema nightlife area. The Ibis has a good restaurant and bar. www.accorhotels.com.br FORTALEZA (Ceará) Othon Palace Fortaleza **SSS** Av Beira Mar 3470 Meireles 60165 121 Tel (085) 3466 5500 Rooms 115 This elegant modern hotel has one of the best beachfront locations between Meireles and Mucuripe. Decorated in cheerful yellow and blue, the rooms are furnished with good guality beds and linen. The spacious bathrooms are tastefully done in marble. The hotel is close to Fortaleza's stylish bars and nightlife. www.hoteis-othon.com.br FORTALEZA (Ceará) Hotel Luzeiros 11 🟯 🐨 🗏 P 🖶 🖾 6666 Av Beira Mar 2600, Meireles, 62800 000 Tel (085) 4006 8585 Fax (085) 4006 8587 Rooms 202 One of Fortaleza's best hotels, the Luzeiros has the look and feel of a boutigue hotel. The rooms are beautifully appointed in elegant gold tones with dark wood furniture. All rooms have balconies and even the standard rooms offer a partial ocean view. A fully-equipped convention center and four meeting rooms. www.luzeiros.com.br GENIPABU (Rio Grande do Norte) Pousada Villa do Sol 11 🔐 📄 P Enseada do Genipabu Km 5, 59575 000 Tel (084) 3225 2132 Fax (084) 3225 2037 Rooms 20 Located 2 miles (3 km) north of town, this pousada offers 20 affordable, yet extremely attractive, chalets, Five of the chalets come with stunning views of the river. There is a decent pool and the service is pleasant. The pousada's friendly American owner is a good source of local information. www.villadosol.com.br JERICOACOARA (Ceará) Pousada Recanto do Barão **SS** Rua do Forró 433, 62598 000 Tel (085) 3266 4005 Rooms 20 A great location, right in the heart of the village, adds to the appeal of this affordable pousada. Rooms come either with a double or single bed, or two or three twin beds. The apartments in the back are quieter. A Continental breakfast is included in the rate, and there is an impressive pool area with bar service, www.recantodobarao.com JERICOACOARA (Ceará) Mosquito Blue SSS 11 🗯 🐨 🗏 P 🖾 Rua do Forró 62598 000 Tel (088) 3669 2203 Fax (088) 3669 2204 Rooms 44 One of Jericoacoara's finest hotels, Mosquito Blue has the feel of a sprawling Mediterranean villa. The apartments look out over the lush gardens or towards the ocean. The rooms are elegantly decorated with pretty linen and curtains. The village and the beach are both within easy walking distance. www.mosquitoblue.com.br JOÃO PESSOA (Paraíba) Tropical Tambaú 11 🗯 🔽 🗏 P 🕹 🖾 SSS Av Alm. Tamandaré 229, Tambaú Tel (083) 2107 1900 Fax (083) 3247 1070 Rooms 175 Standing on the sands of Praia do Tambaú, this unique circular hotel offers an almost resort-like setting. The rooms are very pleasant with ample storage space, a breakfast table, and a spacious bathroom. Plush suites, such as Garden and Seaview, are also available. www.tropicalhotel.com.br 11 📾 🗏 P 🖾 NATAL (Rio Grande do Norte) Soleil SSS Rua Elia Barros 70, Ponta Negra, 59090 140 Tel (084) 4005 5959 Rooms 31 Just three blocks off the Ponta Negra beach, the Soleil provides affordable accommodation. There is a wide range of suites to choose from. All are equipped with modern facilities that include a kitchenette unit with fridge, hot plate, and utensils, plus a balcony. There is an on-site business center. www.soleilhotel.com.br NATAL (Rio Grande do Norte) Manary Praia Hotel 11 🚔 🗏 🔍 SSSSS Rua Francisco Gurgel 9067, Ponta Negra, 59090 050 Tel (084) 3204 2900 Rooms 25 This luxurious Spanish hacienda-style B&B is set right on the Ponta Negra beach. The rooms are luxurious and feature king-size beds and a balcony with ocean views. Rooms in the superior category have a romantic ambience, ideal for couples. The sea-facing hotel restaurant serves an outstanding breakfast buffet. www.manary.com.br NATAL (Rio Grande do Norte) The Ocean Palace 11 📾 🔽 🖻 P 🕹 🔍 💲 \$\$\$\$\$ Av Via Costeira Km 11, Praia de Ponta Negra, 59090 001 Tel (084) 3220 4144 Fax (084) 3220 4144 Rooms 343 Located on the seaside Via Costeira, this luxury hotel offers a variety of suites, bungalows, and apartments. It boasts its own beach and a fabulous leisure area that includes a multi-level pool complex, a children's play room, saunas, a spa, a top-quality weight room, and a tennis and squash court. www.oceanpalace.com.br 666 PRAIA DE PIPA (Rio Grande do Norte) Mirante de Pipa **戸**目 P Rua do Mirante 1, 59178 000 Tel (084) 3246 2251 Rooms 9

Set on the bluff above Praia da Pipa, this *pousada* consists of pretty chalets in a wooded area. Ideal for families or small groups, several chalets have two bedrooms and sleep four to six people comfortably. Smaller units are for couples only. The village is only a short stroll away. **www.mirantedepipa.com.br** 

11 🙈 🗏 P 🕅 PRAIA DE PIPA (Rio Grande do Norte) Sombra e Água Fresca Rua Praia do Amor 1000, 59178 000 Tel (084) 3246 2144 Rooms 19

Spectacularly located on a clifftop overlooking Praia do Amor, this hotel features comfortable rooms, five of which are suites. The suites all have vaulted wood ceilings, king-size beds, private jacuzzis, and vast picture windows. The rooms either look out over the ocean or offer garden views, www.sombraeagua.com.br

## PRAIA DE PIPA (Rio Grande do Norte) Toca da Coruia

Av Baia dos Golfinhos 464 s/n. 59178 000 Tel (084) 3246 2226 Rooms 15

This exclusive *pousada* is perfect for a romantic getaway. The deluxe chalets are decorated in rustic-colonial style with super king-size beds and clawfoot bathtubs. Amenities include a pool, sauna, and reading room. The beach is close by. Children under 12 are not allowed. www.tocadacoruia.com.br

#### TIBAU DO SUL (Rio Grande do Norte) Ponta do Madeiro

Rota do Sol Km 3, 59178 000 Tel (084) 3246 4220 Fax (084) 3246 4222 Rooms 32

While the rooms at this resort are well-kept but basic, the location is simply exceptional. It is set in a large grassy

garden on a headland high above Praia do Madeiro, with a private staircase le from the pool is spectacular. The hotel restaurant serves fine regional cuisine.			
TIBAU DO SUL (Rio Grande do Norte) Marinas Tibau Sul	11 🗮 🗑	E P W	\$\$\$
Av Governador Aluisio Alves 301, 59178 000 Tel (084) 3246 4111 Rooms 3.	3		
A full-service resort with a remarkable beach setting. Accommodation is in self queen-size beds and balconies with hammocks. The resort offers a wide range and Land Rover excursions, sportfishing, tennis, volleyball, and swimming.	of activities,	including ridi	ng, boat
PIAUÍ & MARANHÃO			
BARREIRINHAS (Piauí) Pousada Encantes do Nordeste		11 🗏 P	\$\$
Rua Boa Vista s/n, 65590 000 <b>Tel</b> (098) 3349 0288 <b>Rooms</b> 10			
Just on the outskirts of town, this charming <i>pousada</i> offers small chalets set o to the river. The staff can organize excursions to the Delta do Parnaíba and Par (see <i>p250–51</i> ). Tours include pick-up and drop-off at the <i>pousada</i> . <b>www.enc</b>	rque Nacional	Lençóis Mara	anhenses
PARQUE NACIONAL DE SERRA DA CAPIVARA (Piauí) Serra da C	apivara 🔢	#≣ P	\$\$
PI-140 Km 0, Santa Luzia Tel & Fax (089) 3582 1389 Rooms 18			
Its proximity to Parque Nacional de Serra da Capivara makes this hotel an exce with a rustic interior, but equipped with basic modern amenities, including TV can arrange guides and provide information about the national park.			
PARQUE NACIONAL DE SETE CIDADES (Piauí) Fazenda Sete C	idades 🔟	<b>₩</b> ∎P	\$\$
Access via BR-222 Km 63 Tel (086) 3232 3996 Rooms 37			
Located at the entrance of Parque Nacional de Sete Cidades, this <i>fazenda</i> offer reasonable standard. Besides providing amenities such as a decent restaurant a regular shuttle into the park for guests, as well as outsiders. <b>www.hotelfaze</b>	and pool, the	hotel also off	
SÃO LUÍS (Maranhão) Pousada Portas da Amazônia			\$\$
Rua do Giz 129, Praia Grande, 65010 680 Tel (098) 3222 9937 Rooms 28			
This <i>pousada</i> offers one of the nicest accommodation options in the historic ci master suites, featuring tall colonial windows looking out on the small cobbles shop, Café Amazônia, serves a range of tropical salads and sandwiches. <b>www</b>	stone square.	The on-site c	offee
SÃO LUÍS (Maranhão) Brisa Mar	11 😂 🔽 🗏	P & W	\$\$\$
Av São Marcos 12, Praia da Ponta d'Areia, 65077 310 Tel (098) 2106 0606 F	<b>Rooms</b> 113		
Located at Ponta D'Areia, the Brisa Mar conveniently lies between the historic and Olho d'Agua. The rooms are bright and spacious and come with either a d hotel boasts an impressive swimming pool. <b>www.brisamar.com.br</b>			
TERESINA (Piauí) Luxor Piauí	11 😂 🔽 🗏	P & W	\$\$
Praça Marechal Deodoro 310, 64000 160 <b>Tel</b> (086) 3131 3000 <b>Rooms</b> 83			
With an excellent location close to the city center and only 3 miles (5 km) from one of the best bargains in town. The modern rooms boast elegant decor. The and regional dishes. Complimentary breakfast and 24-hour room service. www	on-site restau	urant serves i	
TERESINA (Piauí) Metropolitan	11 📾 🔽 🗏	P & W	\$\$\$

Av Frei Serafim 1696, 64001 020 Tel (086) 3216 8000 Rooms 124

Geared towards the business traveler, the Metropolitan offers efficient and attentive service. All rooms feature verandas and are equipped with desk space, good lighting, Internet access, and an electronic room safe. The hotel has two restaurants and three bars. www.metropolitanhotel.com.br

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Key to Price Guide see p366 Key to Symbols see back cover flap

#### WHERE TO STAY

#### AMAZONAS, RORAIMA, ACRE & RONDÔNIA N 🔛 🗏 BOA VISTA (Roraima) Euzébio's Rua Cecília Brasil 1107 Tel (095) 2121 0300 Rooms 10 This popular hotel offers comfortable rooms, all equipped with basic amenities. The standard rooms are cheaper, though a bit on the small side. The cheerfully decorated bigger rooms come with hot water, minibar, and telephone. The hotel provides a free shuttle service to the airport. **www.hoteleuzebios.com.br** BOA VISTA (Roraima) Aipana Plaza 11 🔐 🗏 P Praca Centro Cívico 53 Tel (095) 3224 4800 Rooms 87 One of the few hotels in town with both a nice pool and a decent restaurant, the Aipana Plaza offers excellent value. The large rooms have glass showers and cozy beds. There are sculptures in the hallway, while the grand lobby too is replete with fascinating sculptures and polished stone floors www.aipanapulaza.com br MAMIRAUÁ RESERVE (Amazonas) Uakari Floating Lodge 田目 Accessed by plane to Tefé, then by boat Tel (097) 3343 4160 Fax (097) 3343 2967 Rooms 5 cabins Located up the Rio Solimões, this floating lodge is in an area of relatively untouched, seasonally flooded vegetation. A fleet of boats make it possible to explore from the Uacari, which is a comfortable base within the reserve. The lodge was the winner of the Conde Nast Best Ecotourism Destination 2003, www.uakarilodge.com.br MAMORI (Amazonas) Amazon Gero's Lodge Dez de Julho 679, Centro Tel (092) 9983 6273 Rooms 10 This lodge offers a wide range of comforts in individual and family cabins, plus hammock space for more basic accommodation. Located on the Lago Arara, just off the Paraná do Mamori, it is surrounded by beautiful rainforest and lakes. Pink dolphins can usually be seen swimming nearby. www.amazongerotours.com MAMORI (Amazonas) Dolphin Lodge ы Rua Dr. Odilon 16a Tel (092) 3877 9247 Rooms 8 apartments Comfortable and attractive, this rustic jungle lodge has a central circular restaurant and bar, with wooden double bedrooms running off along a wooden walkway. Located on the Paraná do Mamori, the Dolphin Lodge is ideal for bird-watching and exploring wildlife in the surrounding forest. www.maiaexpeditions.com MANAUS (Amazonas) Hospedaje 10 de Julho 10 de Julho 679 Tel (092) 3232 6280 Rooms 40 A stone's throw from Teatro Amazonas (see p282-3) in an up-and-coming part of the town center, this fairly cozy mid-range hotel is immensely popular with overseas travelers. The generously-proportioned rooms come with TV and a good shower. Views tend to be restricted, even on the upper floors. www.hoteldezdejulho.com MANAUS (Amazonas) Ana Cassia Palace Hotel 11 目 と Rua dos Andradas 14 Tel (092) 3303 3637 Rooms 88 Known for its stupendous views across the city from the rooftop breakfast space, the Ana Cassia is an exceptional mid-range option. Rooms are comfortable and very clean, and all of them are provided with a fridge-bar and TV. Service is reasonable. Ana Cassia is close to the port area. www.hotelanacassia.com.br MANAUS (Amazonas) Lord Manaus 11 🗏 🕹 🔽 \$\$\$\$ Rua Marcílio Dias 217 Tel (092) 3622 2844 Fax (097) 3622 2576 Rooms 102 A fairly well-maintained hotel, this property was built in 1959. It has comfortable beds, good air conditioning, and decent bathrooms. The Ristorante Fiorentina (see p408) offers a wide range of Italian dishes. The location is central to the business district and close to the port and Teatro Amazonas. www.lordmanaus.com.br 11 🚓 🗏 P 🕹 🖾 \$\$\$\$\$ MANAUS (Amazonas) Taj Mahal Continental Hotel Av Getúlio Vargas 741 Tel (092) 3627 3737 Fax (092) 3627 3704 Rooms 170 The smartest and most expensive hotel in downtown Manaus, the Taj Mahal offers great service and a range of high-quality rooms and suites. Its revolving restaurant has stunning views of the Rio Negro and Teatro Amazonas. The hotel's own travel agency service is located inside. www.grupotajmahal.com.br MANAUS (Amazonas) Tropical Manaus 11 🟯 🐨 🗏 P & ₩ Av Coronel Teixeira 1320, Ponta Negra Tel (092) 2123 5000 Fax (092) 3658 5026 Rooms 594

Located right out of town at Ponta Negra, the Tropical is very upmarket, sometimes serving as a conference center for high-level politics. It offers top-quality comfort, food, and service, right on the edge of the rainforest. It has a great pool, a sauna, five bars with live music, and even an archery field. www.tropicalhotel.com.br

#### PORTO VELHO (Rondônia) Central

Rua Tenreiro Aranha 2472 Tel & Fax (069) 2181 2500 Rooms 78

A modern hotel within easy walking distance of downtown and the riverside and museums, the Central has been refurbished. Though somewhat lacking in character, the rooms are spacious and clean. Most have full views over the city. Service is consistently good. www.enter-net.com.br/hcentral/index.htm

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PORTO VELHO (Rondônia) Samauma		9
Rua D. Pedro II 1038, Centro <b>Tel</b> (069) 3224 5300 <b>Rooms</b> 33		
This moderately-proportioned hotel offers small cabin-like rooms, A good mid-range choice, ideal for staying one or two nights, the a fridge-bar in every room. In addition to a restaurant, there is a d	Samauma provides modern amen	
PORTO VELHO (Rondônia) Vila Rica	11 🔐 🗑 🗏 P 🕹 🛛	s (
Av Carlos Gomes 1616 Tel (069) 3224 3433 Rooms 115		
Reputed to be the most luxurious hotel in town, the Vila Rica has and thoughtfully furnished with modern comforts. There are scen The pool is relatively large, while the restaurant has a good reputa	ic views from the top floors. Servic	e is first-rate.
PRESIDENTE FIGUEIREDO (Amazonas) Iracema Falls	11 🔐 🔽 🖻 P	S (\$
Estrada BR 174, Km 115 Tel (092) 3301 6200 Rooms 92		
With its own natural swimming spot, the Iracema Falls enjoys a be a fine restaurant, bar, and good sports facilities are offered at this ample. There are separate swimming pools for children and adults	charming lodge. Service is quick a	
RIO BRANCO (Acre) Terra Verde	11 🗑 🗐 😓 🛛	9
Rua M. Deodoro 221 <b>Tel</b> (068) 3213 6000 <b>Rooms</b> 29		
This plush hotel offers all modern conveniences, including a fridge cheerful decor liven up the spacious rooms. A wide buffet selectio good. www.terraverdehotel.com.br		
RIO BRANCO (Acre) Pinheiro Palace	11 📾 🗏 P 🕹	<b>\$</b>
Rua Rui Barbosa 450 Tel (068) 3214 7100 Rooms 60		
Conveniently located in the city center, this relatively upscale hote Rooms are fairly modern, and the lobby airy and spacious. Most o over the city. The restaurants are good and the service impeccable	f the upper-story rooms have spler	
BRASÍLIA, GOIÁS & TOCANTINS		
BRASÍLIA, GOIÁS & TOCANTINS		
BRASÍLIA, GOIÁS & TOCANTINS BRASÍLIA Brasília Alvorada Park SHTN, Trecho 01, Lote 1B – Bloco C, 70800 200 <b>Tel</b> (061) 3424 7	<b>III ॡ 17 目 ₽ &amp; 1</b> 2000 <b>Fax</b> (061) 3424 7001 <b>Room</b>	
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BRASÍLIA Brasília Alvorada Park	1000 Fax (061) 3424 7001 Room noá, close to the Brazilian Presiden nassage, saunas, and tennis courts ne town center. www.brasiliaalve IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII	s 394 t's residence. It is close to orada.com.b 9 (\$) 9 (\$)

Key to Price Guide see p366 Key to Symbols see back cover flap

Retween Parque Estadual do Jalanão & Ecological Station Tel (011) 4063 1502 Rooms 10 This Botswana-style safari camp with very comfortable tents can be found next to the fast-flowing Novo Rio. The area is visited by fascinating wildlife, including the Brazilian merganser, one of the world's rarest birds. The price includes meals quided trins around Jalanão, and transfer from the main town. Palmas, www.korubo.com br **SS** PALMAS (Tocantins) Pousada dos Girassóis Av NS 1, 103 Sul, Coni, 03, Lote 44, 77163 070 Tel (063) 3219 4500 Fax (063) 3215 2321 Rooms 74 Small but well-kent, this standard three-star hotel offers rooms just next to the central Praça dos Girassois. The Palazzo restaurant is one of the finest in town. Korubo, the best-known among the Jalapão-based operators, picks up travelers from the pousada, www.pousadadosgirassois.com.br PIRENÓPOLIS (Goiás) Pousada o Casarão Rua Direita 79. Centro Histórico Tel (062) 3331 2662 Rooms 8 A charming colonial house in a quiet street, the Pousada do Casarão is just a five-minute walk from the Igreia Nossa Senhora do Rosário Matriz (see p308). It offers a range of spacious rooms, all decorated with rustic period furniture. Superb complimentary breakfasts are offered. www.ocasarao.pirenopolis.tur.br MATO GROSSO & MATO GROSSO DO SUL **\$\$\$\$\$** ALTA FLORESTA (Mato Grosso) Cristalino Jungle Lodge Rio Cristalino Tel (066) 3512 7100 Rooms 8 One of the best Amazon jungle lodges in South America, the Cristalino Jungle Lodge has superb, tastefully designed luxury bungalows. In addition to a range of cheaper accommodation. The main draw, however, is the first-class wildlife viewing and the guided tours. www.cristalinolodge.com.br BONITO (Mato Grosso do Sul) Zagaia Eco-Resort 11 😂 🗏 P 🕹 🖾 **\$\$\$\$** Rodovia Bonito-Três Morros, 79290 000 Tel (067) 3255 5500 Fax (067) 3255 1710 Rooms 100 A large resort-style family hotel, the Zagaia is set in expansive grounds next to the forest. While the apartments are a bit plain, the chalets are quite comfortable. Facilities include horse-riding, a play area for children, tennis courts, two pools, and saunas. Breakfast and dinner are included in the tariff. www.zagaia.com.br **SS** CAMPO GRANDE (Mato Grosso do Sul) Jandaía 11 😹 🔽 🗏 P 🕹 🖾 Rua Barão do Rio Branco 1271, 79002 174 Tel & Fax (067) 3316 7700 Rooms 140 A modern, well-appointed business hotel in the heart of Campo Grande, the Jandaia is one of the most luxurious options in town. It has two elegant restaurants, Jandaía Plaza and Imperium. Service is first-rate and there are scenic views from the upper floors. www.jandaia.com.br CHAPADA DOS GUIMARÃES (Mato Grosso) Pousada Penhasco \$\$\$ Av Penhasco s/n. 78195 000 Tel (065) 3301 1555 Rooms 7 This is a small English-run pousada in an old colonial house on the edge of town. Guests can choose from a variety of rooms, ranging from single to those sleeping up to four people. Breakfast and afternoon tea are complimentary. The on-site observatory has stunning views of the Chapada dos Guimarães area. www.penhasco.com.br 11 🛲 🗏 P 🕹 🕅 (\$)(\$) CORUMBÁ (Mato Grosso do Sul) Nacional Palace Rua America 936, Corumbá Tel (067) 3234 6000 Rooms 98 A standard three-star town hotel, the Nacional Palace offers extraordinary value for money. Rooms are plush with classy decor. The interior features contemporary furniture. There is an attractive pool and a recreation area. The onsite restaurant is reputed to be one of the best in town. www.hnacional.com.br CUIABÁ (Mato Grosso) Amazon Plaza 11 🗯 🗏 P 🕹 🖾 \$\$\$ Av Presidente Getúlio Vargas 600, Centro, 78050 840 Tel (065) 2121 2000 Rooms 120 A converted business hotel with a florid Amazon theme, the Amazon Plaza is adorned with paintings of tropical forests, while lush plants decorate the public areas. The rooms are modest but well-kept. Upper floors have good views. The hotel restaurant boasts rustic decor and offers regional delicacies. www.hotelamazon.com.br MIRANDA (Mato Grosso do Sul) Pousada Aguas do Pantanal 11 🚓 🗏 P 🕹 🖾 \$\$ Afonso Pena Avenue 367 Tel (067) 3242 1242 Rooms 20 One of the best town-based options in the region, the Aguas do Pantanal offers a range of simple. comfortable rooms and several excellent tour operators, who can help travelers plan imaginative trips to the Pantanal (see p320-21) and Bonito (see p323). www.aguasdopantanal.com.br

MIRANDA (Mato Grosso do Sul) Fazenda Baía Grande

Estrada Miranda-Aldeia Lalima Km 18, Southern Pantanal Tel (067) 3382 4223 Rooms 6

The enthusiastic young grandson of a former jaguar hunter runs this small farm. The most spectacular wildlife viewing is possible at dawn around the farm's huge private lake. The rate covers meals and rides, accompanied by a guide. Nature walks, piranha-fishing, and night excursions are available. www.fazendabaiagrande.com.br

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## JALAPÃO (Tocantins) Korubo Safari Camp



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TRAVELERS' NEEDS

MIRANDA (Mato Grosso do Sul) Cacimba de Pedra Reino Selvagem BR-262 Km 17 Southern Pantanal Tel (067) 9985 5599 Rooms 12 Motel-like rooms are provided in one of the Pantanal's few caiman farms. Hearing them hiss and gurgle as the owner throws them meat, is unforgettable. Stays also include tours into the Pantanal. The enormous swimming pool and mesmerizing subsets add to the visit www.cacimbadepedra.com.br MIRANDA (Mato Grosso do Sul) Fazenda Meia Lua BR-262 Km 10, Southern Pantanal Tel (067) 8118 9757 Fax (067) 3341 8143 Rooms 6 An intimate, family-run fazenda, the Meia Lua offers weekend and day packages, ideal for exploring the stunning wildlife of the Pantanal. The pool area, friendly staff, and light tours make it perfect for families. The best accommodation is in the self-contained house set in gardens next to the swimming pool. www.fazendameialua.com.br MIRANDA (Mato Grosso do Sul) Fazenda San Francisco BR-262 Km 30, Rua Calarge 349, Vila Glória, Southern Pantanal Tel (067) 3242 1088 Rooms 5 With very functional accommodation, this *fazenda* is known to provide the best chances of spotting the amazing Pantanal wildlife, including jaquars and ocelots. The bird-watching guides are acclaimed. The farm also runs an interesting jaquar conservation project. www.fazendasanfrancisco.tur.br/pantanal/index.php MIRANDA (Mato Grosso do Sul) Refúgio Ecológico Caiman 11 🚓 🗏 P 🕹 🖾 \$\$\$\$\$ Estrada para Agachi Km 37, Southern Pantanal, 01452 000 Tel (011) 3706 1800 Rooms 29 The most luxurious accommodation in the Pantanal, this hotel sits in the heart of a wild preserve replete with animals and has its own conservation programs. Guided tours, which are included in the price along with full board, are timetable strict. The hotel has a good restaurant and bar, www.caiman.com.br **SSS** POCONÉ (Mato Grosso) Pouso Alegre RI D Transpantaneira Km 33 Northern Pantanal Tel (065) 9968 6101 Rooms 14 In the frontier town of Poconé, which is the primary entry point into the northern Panatanal for those heading south from Cuiabá, this rustic pousada focuses mainly on wildlife viewing. Guided tours can be best organized by the owner, or a specialist bird-watching guide. The surroundings are breathtaking. www.pousalegre.com.br 11 🗮 🗏 P 🗹 POCONÉ (Mato Grosso) Araras Lodge 6666 Transpantaneira Km 29, Northern Pantanal Tel (065) 3682 2800 Fax (065) 3682 1260 Rooms 19 One of the best lodges on the Transpantaneira and popular with Europeans. The wildlife viewing is excellent. especially at dawn, from the treehouse over the lake. Activities, such as trekking, canoeing, riding, truck safaris, and night tours, can be organized by expert bilingual naturalist guides, www.araraslodge.com.br NHECOLÂNDIA (Mato Grosso do Sul) Fazenda Rio Negro Rua Paraná 32, Jd. dos Estado, Southern Pantanal (plane access only), 79021 220 Tel (067) 3326 0002 Rooms 13 This converted 19th-century ranch house also functions as the main office of the Centro de Pesquisa para Conservação (Conservation Research Center). Wildlife viewing is superb and guiding competent. The VIP suite has some of the best accommodation in the area. Rate includes full board and tours. www.fazendarionegro.com.br SANTA CATARINA & PARANÁ CURITIBA (Paraná) Elo Hotel 11 📾 🗏 P 🕹 5 Rua Amintas de Barros 383, 80060 200 Tel (041) 3025 9400 Fax (041) 3025 9404 Rooms 38 Located next to the Federal University in the city center, this inexpensive hotel is slightly dated, but offers remarkable value. The standard rooms are quite small but the suites, only a little more expensive, are very spacious. Unusually for a hotel in this price range, a sauna and rooftop pool are offered. www.hoteiselo.com.br (\$)(\$) CURITIBA (Paraná) Ibis Centro Civíco E P & Rua Mateus Leme 358, 80510 190 Tel (041) 3324 0469 Fax (041) 3323 3404 Rooms 80 A few minutes' walk from Curitiba's historic center, this budget hotel consists of an old German-style house (the reception area) linked to a modern tower block that has the quest rooms. The rooms are compact, but comfortable, and the service efficient. Pre-book for weekday stays. www.accorhotels.com.br CURITIBA (Paraná) Full Jazz Hotel 11 🐨 🗏 P 🕹 🖾 \$\$\$ Rua Silveira Peixoto 1297, Batel, 80060 200 Tel (041) 3312 7000 Rooms 76 Jazz pervades every aspect of this hotel, from the ambient music, DVD library, and decoration to its upbeat Restaurante New Orleans and Full Jazz Bar. With modern rooms and live jazz, it is popular with musicians visiting the city. The surrounding streets have some of Curitiba's best bars and restaurants. www.hotelslaviero.com.br 11 🔐 🐨 🗏 P 🕹 🖾 **SS** CURITIBA (Paraná) Hotel Nikko Rua Barão do Rio Branco 546, 80010 180 Tel (041) 2105 1808 Fax (041) 2105 1838 Rooms 74 Located midway between the bus and train station and the city center, the hotel is tastefully furnished in modern

Japanese style. The guest rooms are decorated in neutral colors and all have a minibar, cable TV, and wireless Internet. There is a pretty Japanese courtyard garden and a restaurant. www.hotelnikko.com.br

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Located in the heart of the city of Foz do Iguaçu, the Nadai is a popular choice with budget-conscious tour groups. The rooms are bright, nicely furnished, and comfortable, although a bit on the small side. Service is extremely efficient. The hotel is close to the main tourist attractions. www.hotelnadai.com.br FOZ DO IGUACU (Paraná) Pousada Evelina Navarrete

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#### Rua Irlan Kalichewski 171 85853 190 Tel (045) 3574 3817 Rooms 25 A firm favorite among foreign travelers, this modern family-run pousada in the city has a friendly multilingual owner and staff. Rooms are small and simply furnished, but comfortable. There is a pool and a pleasant sun terrace. Transfers to the parks can be arranged. www.pousadaevelina.com.br FOZ DO IGUACU (Paraná) Hotel San Martin Rodavia das Cataratas Km 21, 85863 000 Tel (045) 3529 8088 Rooms 142 Located alongside the Parque das Aves and across from the park's visitor center, this hotel has comfortable and well-equipped rooms. What makes the hotel special is its well-tended tropical garden (with an attractive pool) and the trails through the forest that has been preserved on the property, www.hotelsanmartin.com.br FOZ DO IGUACU (Paraná) Hotel das Cataratas Rodovia BR 469 Km 32, Parque Nacional do Iguacu, 85853 000 Tel (045) 2102 7000 Rooms 203 The only hotel in the Parque Nacional, the Hotel das Cataratas lies in a sprawling, colonial-style building. The service is impersonal and the rooms are remarkably simple, but there is a large pool and a very good restaurant. Transfers to the Argentine park can be arranged www.hoteldascataratas.com.br ILHA DE SUPERAGÜI (Paraná) Sobre as Ondas \$ Barra do Superagüi, Guaraguecaba Tel (041) 3482 7118 Rooms 13 Simple, but very neat, this hotel has extremely basic clapboard cabins, four of which come with private bathrooms. Arrangements can be made to collect guests in Paranaguá or Ilha do Mel. Boat trips are offered to outlying parts of the island as well as to other islands. Fishing trips are available, www.superagui.net SS ILHA DO MEL (Paraná) Pousada das Meninas Praia das Conchas, Caixa Postal 10, 83251 000 Tel (041) 3426 8023 Rooms 9 A pretty and cozy pousada with a very friendly and relaxed atmosphere. The rustic rooms and cabins (with or without private bathrooms) sleep two to five quests. Reservations are always advisable. Boat trips to other islands can be arranged. www.pousadadasmeninas.com.br ILHA DO MEL (Paraná) Pousadinha Farrol das Conchas **SS** Praia do Farol, 83251 000 Tel (041) 3426 8026 Rooms 16 With simple rooms sleeping two to seven people, the Pousadinha attracts mainly young people who enjoy its lively atmosphere. The beach setting and proximity to the bars of Nova Brasília fishing village adds to its appeal. The on-site restaurant serves good, very reasonably priced Italian food, www.pousadinha.com.br (\$) MORRETES (Paraná) Nhundiaguara Hotel Rua General Carneiro 13, 83350,000 Tel (041) 3462 1228 Fax (041) 3462 1267 Rooms 15 A simple, but characterful, old hotel in the center of town, this Nhundiaguara property is situated alongside the picturesque Rio Nundiaquara. Rooms are on the small side, though it is worth paying more for one overlooking the river. The hotel restaurant serves well-cooked regional food. Very popular with budget travelers. MORRETES (Paraná) Santuário Nhundiaguara 11 😹 🐨 P SS Estrada das Prainhas Km 02, Porto de Cima Tel (041) 3462 1938 Rooms 8 In a park-like setting near the base of the Serra do Mar off Graciosa Road, the Nhundiaguara is one of the best budget hotels in the area. All rooms have ceiling fans, as well as balconies overlooking the gardens. There are nature trails through the forest to waterfalls and a natural swimming pool. www.nhundiaguara.com.br **SS** PARANAGUÁ (Paraná) San Rafael 11 🟯 🐨 🗏 P & 🖾 Rua Júlia da Costa 185, 83203 060 Tel (041) 3423 2123 Rooms 45 Despite an unremarkable mirror-glass front, San Rafael enjoys a central location and offers a good range of facilities, including a well-equipped business center. The apartments and suites in this modern hotel are all comfortably furnished and there is a decent on-site restaurant. www.sanrafaelhotel.com.br RIO GRANDE DO SUL **BENTO GONCALVES** Pousada Don Giovanni 11 😹 🗏 P SS VRS 805, Linha Amadeu 28 Km 12, Pinto Bandeira, 95717 000 Tel (054) 3455 6293 Rooms 6

Surrounded by vineyards, this imposing early 20th-century Italian-style farmhouse lies on the outskirts of town. Rooms feature a mix of antique and contemporary furniture, and have central heating for the winter. The on-site Italian restaurant is good and the estate's own, quite respectable wines are served. **www.dongiovanni.com.br** 

## BENTO GONÇALVES Pousada Valduga

Rodovia RS-470 Km 68.5, Linha Leopoldina, Caixa Postal 579, 95700 000 Tel (054) 2105 3154 Rooms 20

A very comfortable guesthouse run by one of the foremost producers of quality wine in the Vale dos Vinjedos. Rooms range in quality (and price) from rustic but comfortable to large and lavishly furnished. Guests are invited to participate in a three-hour tasting course and can wander the hillside vineyards. www.casavalduga.com.br

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SÃO MIGUEL DAS MISSÕES Wilson Park

Rua São Miguel 664, 98865 000 Tel (055) 3381 2000 Rooms 78

Located alongside the Jesuit ruins, this large, sprawling property is popular with tour groups. The rooms are modern and comfortably furnished. Amenities include a large pool and tennis courts. The hotel restaurant, serving Brazilian and international cuisine, is the most popular in São Miguel. www.wilsonparkhotel.com.br

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# WHERE TO EAT

Sign of Camamo

Beijupirá restaurant

s a melting pot of races and influences Brazil boasts a rich diversity of regional culinary styles (see bb178-9 and bb392-3).

Although the term "haute cuisine" does not strictly apply

to Brazilian fare the art of eating well or arte do comer bem is known to all Brazilians. A light breakfast, a hearty lunch that can last from noon to 3pm and a late afternoon snack are followed by a frugal dinner of soup. Sunday

lunches are an elaborate. extended family affair. Everywhere in Brazil it is easy to get well-cooked, filling meals. For light snacks. there are umpteen lanchonetes.

or corner snack bars. For lunch

a *botequin*, or working man's pub, can be fun while dining at a formal rodizio is enjoyable. Famous for offering the widest varieties of cuisine São Paulo is seen as the best place for a true Brazilian culinary experience.

## RESTALIRANTS & BARS

In Brazil, restaurants and bars come in every shape and size. From the corner botacos (pubs) and beach bars to elegant world-class restaurants Brazil has it all There is a good range to suit every budget. Even dining in topnotch restaurants offers excellent value for money in comparison to anywhere in Europe or North America.

## LOCAL EATING HABITS

Visitors will recognize that many Brazilian eating habits have been influenced by European countries. People eat leisurely and throughout the day, although those who want to snatch a quick bite will not be disappointed. As several restaurants are open all through the day, the lunch hour is spread over many hours.

Brazilians generally eat dinner late, most of them preferring to start at 10pm or later. However, unlike the Spanish big late-night meal, the Brazilian dinner is generally a very light affair. At the weekend, numerous restaurants in the bigger cities. such as Rio de Janeiro and São Paulo, take orders well after midnight. It is not unusual to see Brazilians retreating to the bar if they have to wait for a table. Most restaurants take reservations, and this is often necessary at the bigger restaurants, especially those in the larger cities.



Costa do Sauípe Resort

Due to the many different culinary styles, it is virtually impossible to say what a typical Brazilian meal will be. although rice and beans will probably make an appearance at some point. Breakfast can be a meal in itself, and in most cases it will be a hearty spread of fruits, cold meats, cheeses, and breads.

## DRESS CODE

The easygoing Brazilian nature is also reflected in the dress code. In corner bars one can walk in wearing casuals. In Rio and other coastal areas it is not unusual to see women in bikinis at beach bars. Dress codes. usually more relaxed and tropical in the north, tend to become formal in the south

A collar and tie for men may be the norm only in restaurants in the business quarter of cites or in Brasília where the politicians and civil servants prefer formal dressing.

## **PAYING & TIPPING**

The majority of restaurants take credit cards. By far the most widely accepted credit cards are MasterCard and Visa, Amex and Diners Club cards are also useful. However, it is recommended to check first, especially at the more expensive restaurants



Inside the Box 32 bar (see p411) in Florianópolis

where you might not have the cash to cover the bill. If you do get stuck in a "no credit card" situation, do remember that you can probably get cash out of the local ATM machine on your credit card.

Technically restaurants are not meant to add a 10 percent. service charge to the bill. However, in many places, it will be expected as a tip for the staff. If the service charge has not been added the waiter will normally let you know. It is ideal to leave 10 to 12 percent or, if the service charge has been included. simply round up the bill to the next suitable number Given the average wage of the staff, tips, however small, are always welcome.



Paying by credit card, in one of the street cafés in São Paulo City

## FOOD HYGIENE

As most of Brazil is hot and tropical, every Brazilian knows the importance of keeping food fresh and well refrigerated. Food poisoning, even among visitors, is rare.

The majority of restaurants use ice cubes made from filtered water. However, in small backstreet bars, it is best to avoid ice.

## ALCOHOL & DRINKS

On the whole, Brazilians are not great alcohol drinkers. Beer, however, is extremely popular. It is the most preferred alcoholic beverage, and the majority of Brazilian beer is a refreshingly cold light lager that comes in bottles (*cerveja*) or on tap (*chopp*). Also common, and much stronger, are a wide variety of drinks containing *cachaça*, a sugar-based spirit. The



Drinks kiosk on one of the beaches in Morro de São Paulo

most notable and well known of these is the *caibirinha* with fresh lime.

Though Scotch is regarded as a status symbol, wine is rapidly growing in popularity. Brazil already produces some excellent table wines. Brazilians also like soft drinks, especially Guaraná, which is as omnipresent as Coca-Cola. Most bars and restaurants will have bottled water *com* (with) and *sem* (without) gas.

### SMOKING

There are regulations about smoking in Brazil, but don't expect anyone to obey or follow them in a restaurant. If you have a real problem with people smoking around you, let the restaurant know before you sit down, so they can seat you away from the smokers.

## CHILDREN

Brazil is a child-friendly country. Most restaurants, however sophisticated or simple, will welcome children. Staff will normally go out of their way to entertain them. If they don't have a suitable chair, they will almost certainly try and improvise something. Do not be shocked by young children eating out late with their parents. That is considered quite normal in Brazil.

## VEGETARIANS

Vegetarian options are extremely limited in Brazil. However, there are a few specialized restaurants offering dishes suitable for vegetarians, ranging from basic to highly innovative.

### CHURRASCARIA RODIZÍO/POR KILO

There are two styles of eating out in Brazil that can take visitors by surprise. The first is the churrascaria rodízio, or large barbecue houses found throughout the country. Here, one fixed price covers the starter and main course. The only extras will be for the drinks and dessert. Go to a *churrascaria rodízio* when you are really hungry, as they will keep bringing you succulent pieces of grilled meat. Many offer a "traffic light system" where each diner will have a small card.

Leave the green side up if you want more food. Turn over to

A bottle of cachaça food. Turn over to red and they will stop. The *por kilo* type are self-service restaurants

with a buffet of varying degrees of sophistication and a variety of dishes. You can choose from salads to an assortment of hot and cold courses. What you pay for at the check-out, as far as the food is concerned, will be based on exactly what the food on your plate weighs. Hence the name, *por kilo*, or "by-the-kilo."



Por kilo self-service buffet at the Mangai restaurant (see p406)

## The Flavors of Brazil

Brazil offers a vast range of regional cuisines. Climate and geography influence ingredients, from the exotic tropical fruits and spices in Northern Brazil to Bahian seafood (see p179) and the heavy meat dishes of the southern states. Cultural heritage plays a part as well. In Amazônia, the diet is based on fruits and fish native to the forest and the rivers, with many dishes adapted from indigenous recipes. Farther south, settlement by Portuguese and, later, Italian and German immigrants put a distinctly European stamp on the cooking.



Freshly caught Bonito tuna on sale at a coastal fish market

## MFAT

Brazil is a nation that truly enjoys its meat and the wide variety of ways in which beef, chicken, and pork are prepared. The ability to devour large quantities of succulent Brazilian beef is considered a mark of manliness. The family barbecue (churrasco) is a Sunday tradition, but for visitors the best

way to enjoy Brazil's superb beef is at a *churrascaria rodízio* (barbecue house) Waiters bring large skewers of freshly barbecued beef and other meats, and slice off cuts directly onto the plate. You can state your preference for mal passado (rare), ao ponto (medium), or bem passado (well done), or you can just point to the part that looks good. Cuts include filet mignon (tenderloin). fraldinba (bottom sirloin).



*bicanha* (sirloin). *alcatra* (top sirloin), and maminha (sirloin tip). Cupim is the soft floppy hump on a cow's shoulders. This tender beef. mixed heavily with fat, is an acquired taste and may not necessarily be liked by all.

#### **FISH & SEAFOOD**

Brazilians inherited a love of fish from their Portuguese forbears. Cod. a Portuguese staple, is sold dried and



Part of Brazil's lush harvest of ripe tropical fruits

## **BRAZILIAN DISHES & SPECIALTIES**

Now considered Brazil's national dish, feijoada was not always the chic cuisine it is today. The rich black bean stew traces its humble origins in the kitchens of the country's slave quarters. To make a meal with the leftovers from their masters' tables, the slaves improvised by combining the cast-off bits of meat into a hearty stew with black beans, flavored with garlic, onion, and bay leaves. Nowadays, a full feijoada completa spread is typically eaten for lunch on

Black beans

Wednesdays and Saturdays. In addition to the

black beans, the stew contains several kinds of meat, including sausage, bacon, and sun-dried beef. Side dishes include rice, roasted cassava flour (farofa), sautéed kale, and slices of orange. A batida de limão (cachaça with ice shavings and lime) is served before the *feijoada*.



Salgados, such as deep-fried pastries stuffed with cheese or meat, are popular Brazilian snacks



Table laid out with all the elements that make up a feijoada completa

heavily salted in grocery stores, while cod balls (holinhos de hacalhau) or cod fillets are found on many menus. For fresher fare. Brazil's long coastline offers a bounty of excellent fish and seafood. The colder waters off Santa Catarina offer the country's best ovsters. Ilhabela, off São Paulo's green coast, is known for its coldwater iumbo shrimp (camarão). Farther north are mollusks, squid, octopus, crab. lobster, shrimp, and, of course, fish. Some of Brazil's best fish come not from the ocean but from the fresh waters of the The celebrated Pantanal and the Brazilian caipirinha

Amazon rainforest. The Pantanal's prize fish is the *dourado*, a fish with firm flesh that is delicious when grilled. Other popular and tasty fish include the *pacú* and *pintado*. In the Amazon, the astounding variety of freshwater fish includes

the tambaqui, aruanà, and tucanaré. They are often served grilled, or in soups with local herbs. Another Amazon freshwater favorite is caldo de piranba (piranha broth).

#### BRAZILIAN FRUITS

Along with tropical staples, there are regional fruits, most of which have no English name. In Rio and parts of Southern Brazil, one finds small, tart *jaboticaba*, and red *acerola* berries often mixed in juices with other fruits Farther north are vast orchards of cashew (caiu) not the nut, but the large fruit that grows above. In the Amazon there are taperaba, cupuacu, and the queen of Amazon berries. acaí. These are often puréed with guaraná berry powder or syrup and can be mixed with banana for a highnutrition smoothie

## WHAT TO DRINK

Brazil's best-known drink is almost certainly the caipirinha, made with lime, sugar, ice, and cachaca (sugarcane liquor). A better choice for quenching thirst, however, are the wide variety of tropical fruit juices. Brazil's most popular soft drink is the domestically produced guaraná. This fizzy drink is prepared with wild guarana berries from Amazônia. Also enormously popular is *chope*, or draft beer, served ice-cold after a hot day on the beach. Chá mate, herbal tea is usually consumed hot in Southern Brazil, but in the rest of Brazil, it is served cold as iced tea. It is advisable to bring your own tea bags from home. Although Brazil is verv much a cold beverage country, the exception is the ubiquitous cafézinho, strong filter coffee. Most Brazilians drink it very sweet and at almost any time of the day.



**Camarão na Moranga** is a stew of large, juicy prawns cooked in coconut milk and served in a pumpkin.



**Picanha steak** *is a sirloin steak and usually comes served with only a dusting of coarse salt.* 



**Pudim de Leite**, a traditional Portuguese dessert, is made from eggs, condensed milk, and caramelized sugar.

## Choosing a Restaurant

The restaurants in this guide have been selected, as far as possible, for the quality of the food and atmosphere. However, in some parts of Brazil where few restaurants can be recommended, places have been suggested that offer good value. Map references are given on pages 96– 101 for Rio de Janeiro City and 154–9 for São Paulo City.

#### PRICE CATEGORIES

These price bands are for a two-course meal and non-alcoholic drinks for one person, plus service charges. Alcoholic drinks are not included in the price. ⑤ Under US\$10 ⑤ ⑤ US\$10-520 ⑦ ⑤ ⑤ US\$20-530 ⑤ ⑤ ⑤ ⑤ US\$20-45 ⑤ ⑥ ⑤ ⑤ Over US\$45

RIO DE JANEIRO CITY		
BARRA DA TIJUCA Bistro Montagu	6 I V	\$\$
Av Armando Lombardi 800, Barra da Tijuca <b>Tel</b> (021) 2493 5966		
A comfortable and cozy French bistro that has been generously applauded by Ric a good reputation among residents for the high quality of its food. The house sp served with sweet potato mousseline and orange-cointreau sauce.		
BARRA DA TIJUCA Hard Rock Café	₹₩≣₹₽₽	\$\$
Av das Americas 700, Citta América <b>Tel</b> (021) 2132 8000		
A must on most visitors' lists, the Rio branch of Hard Rock Café boasts three bar. floor. The highlight of the café, however, is the rock memorabilia on display, asso Elvis and Madonna. The menu features delightful starters, salads, burgers, sandv	ociated with such mus	
BARRA DA TIJUCA Fratelli	5 I V	\$\$\$
Av Pepe 2916 <b>Tel</b> (021) 2494 6644		
This spacious and stylish Italian restaurant has established itself as one of the bes it comes to the cost, Fratelli is a bit steep on the pocket, but makes up with the s with great mozzarella cheese topping and ravioli stuffed with duck are favorites.	sumptuous fare on off	
CENTRO Albamar		\$\$
Praça Marechal Âncora 184 <b>Tel</b> (021) 2240 8378		<b>Map</b> 5
The last remaining tower of the old municipal market in the historic quarter of d unpretentious restaurant first opened for business in 1933 and offers wonderful across Guanabara Bay. Signature seafood options range from fish fillet to Spanis	atmosphere with grea	
CENTRO Atrium Del Rey	& ≣ Y V	\$\$
Paço Imperial, Praça XV de Novembro 48 <b>Tel</b> (021) 2220 0193		<b>Map</b> 5
What sets this place apart is its location in the old Palácio Imperial (see pp114–1: a meal in a setting that has witnessed many key events in Brazilian history. Popul Atrium offers a small but eclectically modern menu of international and Brazilian	lar with business exect	
CENTRO Cais do Oriente	Ł ∰≣ I ₪ V	\$\$
Rua Visconde de Itaboraí 8 <b>Tel</b> (021) 2233 2531		<b>Map</b> 5
Set in an old warehouse that dates from 1878, Cais do Oriente is an eclectic mix which is the venue for jazz and <i>bossa nova</i> performances at night. The restauran European and Asian platters, as well as traditional Brazilian cuisine.		
COPACABANA & LEME Amir	また 「日」	\$
Rua Ronald de Carvalo 55, Copacabana <b>Tel</b> (021) 2275 5596		<b>Map</b> 3
Lebanese cuisine is the specialty at this small, casual restaurant close to the beac salads, and generous servings of sweet puddings offers great value. In the evenir which includes tasty mixed platters of such delights as stuffed eggplant, <i>falafel</i> (s	ng, there is an à la cart	te menu,
COPACABANA & LEME Shirley		\$
Rua Gustavo Sampaio 610, Caju <b>Tel</b> (021) 2275 1398		
This small 38-cover outlet, one of Rio's first Spanish eateries, upholds its culinary The Spanish dishes, including a fine paella, are complemented with an excellent accessible prices. Shirley doesn't take reservations, so expect to queue for a table	selection of seafood a	
COPACABANA & LEME Don Camillo	Ł∰≣ĭ♬V	\$\$
Av Atlântica 3056, Copacabana <b>Tel</b> (021) 2549 9958		<b>Map</b> 3 [
One of the many beachfront restaurants along Copacabana (see p78), with table as a more formal indoor dining area, Don Camillo has consistently stood out for seafood dishes. Try the baked mix of lobster, shrimp, squid, mussels, tomato, pol	the quality of its Italia	n and

COPACABANA & LEME Marius Carnes Av Atlântica 290 Leme Tel (021) 2104 9000 A typical Brazilian churrascaria rodizio, or revolving barbecue, this sizable restaurant is among the best and most innovative. A little expensive, Marius Carnes serves as many as 30 kinds of grilled meats. A superb salad bar with tasty vegetable combinations offers interesting options for vegetarians \$\$\$\$ COPACABANA & LEME Da Brambini Av Atlântica 514, Leme Tel (021) 2275 4346 A pleasant change from the boisterous restaurants in Copacabana, this cozy little bistro with the feel of an Italian trattoria features cuisine from Northern Italy. Dishes include polenta with fresh mushrooms or gorgonzola cheese as an appetizer and osso buco (yeal shanks braised in wine) as the main course. A good selection of Italian red wines. LEYV COPACABANA & LEME Marius Crustáceos Av Atlântica 290 Leme Tel (021) 2104 9002 Located next door to its popular steakhouse Marius, this outlet, decorated with maritime memorabilia, is renowned for its seafood preparations of prawns, ovsters, and crabs. Popular Brazilian treats from the region of Bahia include moqueca (seafood stew) and vatapá (fish stew). COPACABANA & LEME Cipriani LEYRV **SSSS** Av Atlântica 1702, Copacabana Palace, Copacabana Tel (021) 2545 8747 Map 3 F2 Offering the best of Northern Italian cuisine, Cipriani has been lauded since its opening in 1994 as one of Brazil's best and most elegant restaurants. Housed in the legendary Copacabana Palace (see p78), diners can look out over the hotel's pretty pool. Noted for freshly prepared pasta entrées and authentic Italian risotto. FLAMENGO & BOTAFOGO Lamas 60 Rua Marquês de Abrantes 18, Elamengo, Tel (021) 2556 0799 A gastronomic institution frequented by well-known politicians, writers, and artists, this traditional restaurant offers good unpretentious food for all palates. Recommended for its steaks, the restaurant is also famous for its cod fishcakes, best savored with cold draught beer. と目す月V **SSS** FLAMENGO & BOTAFOGO Miam Miam Rua General Góes Monteiro 34, Botafogo Tel (021) 2244 0125 Offering creative and innovative "comfort" food in attractive surroundings, Miam Miam draws an eclectic, cosmopolitan crowd. The 1890s house belonged to the chef's grandmother and is decorated with furniture and artifacts from the 1950s, 60s, and 70s, all for sale. LEYV FLAMENGO & BOTAFOGO Yorubá **SSS** Rua Arnaldo Quintella 94, Botafogo Tel (021) 2541 9387 While the location is informal, critics tend to agree that Yorubá is Rio's best Brazilian restaurant, especially when it comes to cuisine from the state of Bahia. Diners willing to be adventurous will find that an evening spent at Yorubá is a great introduction to one of the world's greatest cuisines, relatively unknown outside its native Brazil. FLAMENGO & BOTAFOGO Porção LEYV \$\$\$\$ Av Infante Dom Henrique, Attero do Flamengo Tel (021) 3461 9020 This flagship branch in Flamengo Park, with striking views of Sugar Loaf, not only serves outstanding barbecued meats. but the buffet alone offers nearly 50 varieties of regional dishes and salads. If you can't get to this restaurant, Porcão maintains the same high standards in other outlets at Ipanema, Barra, and other locations around Rio. FLORESTA DA TIJUCA Os Esquilos 6 A I Y V \$\$\$ Estrada D' Escragnole s/n Tel (021) 2492 2197 Off the beaten track, located in the heart of the Tijuca Forest (see p88) in an old colonial house that has operated as a restaurant since 1945, this dining place offers a small menu of Brazilian and international favorites including feijoada (a bean and meat stew) at the weekend. **ξ** ∰ **Γ Γ** IPANEMA & LEBLON Alessandro e Frederico Pizzaria 55 Rua Garcia D'Ávila 151, Ipanema Tel (021) 2522 5415 Map 1 C5

Rio has a number of pizza parlors that vary from the traditional Pizza Guanabara in Leblon and Gattopardo on the Lagoa to this two-story house in Ipanema, which specializes in pizzas that even a Paulista would approve of. The pizzeria also boasts an impressive wine list.

IPANEMA & LEBLON Lã Mole	
Rua Dias Ferreira 147, Leblon Tel (021) 2294 0668	<b>Map</b> 1 A4

This, the first branch of the Lā Mole chain, opened its doors back in 1958 as an ice cream and pizza parlor. Over the years, salads, risotto, and desserts have been added to the menu, building its reputation for excellent, valuebased Italian dining. Today, there are more than 15 Lā Mole restaurants across Rio and Niterói.

IPANEMA & LEBLON Carlota Rua Dias Ferreira 64, Leblon Tel (021) 2540 6821

Listed by Conde Nast Traveller as one of the 50 most exciting restaurants in the world, this small, attractive, laid-back bistro dishes out innovative and classical risotto, ravioli, Peking duck and the like from its small and ever-changing menu to provide a relaxing and enjoyable dining experience.



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Map 1 A4

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#### IPANEMA & LEBLON Plataforma

Rua Adalberto Ferreira 32 Leblon Tel (021) 2274 4022

This large barbecue house offers a watered-down version of Brazilian culture, with high quality meats served in the main restaurant. The late musician and composer. Tom Jobim, was a regular here. Additional attractions include live Brazilian musical acts and the comedy club. Caso do Riso

#### IPANEMA & LEBLON Esplanada Grill

Rua Barão da Torre 600, Ipanema Tel (021) 2512 2970

For decades, this formal dining place has been Rio's most stylish grill, offering guality meats at bargain prices. Esplanada Grill has little in common with the more frantic *churrascaria rodizios*, and its restful atmosphere makes it popular with business clientele, although there is nothing stiff about the atmosphere.

#### **IPANEMA & LEBLON** Madame Butterfly

Rua Barão da Torre 472, Ipanema Tel (021) 2267 4347

A Japanese restaurant that has firmly established itself on the evolving Brazilian gastronomic scene. Madame Butterfly provides a good selection of both classical and innovative Japanese dishes in cozy surroundings. Highlights include traditional umewan soup (sweet red bean soup with cherry blossom) and other Japanese dishes with a Brazilian twist.

IPANEMA & LEBLON Margutta	s III I V	9999
Rua Henrique Dumont 62, Ipanema <b>Tel</b> (021) 2259 3887		<b>Map</b> 1 C4
Hailing from a family of traditional chefs. Paolo Neroni arrived in Rio from Italy in	1982 and married a B	razilian.

Conceição, in 1985, Together they opened this stylish and chic 70-cover restaurant in 1994, Traditional Italian cuisine and seafood are the strengths of this elegant dining option.

#### **IPANEMA & LEBLON Satvricon**

Rua Barão da Torre 192, Ipanema **Tel** (021) 2521 0627

An elegant, stylish choice that has seen celebrities such as Madonna and her entourage stroll through its door for dinner, used to be split between serving sophisticated Italian fare and seafood. Today, the focus is firmly on creative and outstanding seafood, including sushi.

#### **IPANEMA & LEBLON** Antiguarius

Rua Aristides Espínola 19. Leblon Tel (021) 2294 1049

Often billed as Rio's best Portuguese restaurant, Anitguarius has been very consistent in its offerings since it first opened in 1975. Perna de cordeico (leg of lamb) is the most popular dish on the menu. A remarkable wine list. including Portuguese gourmands, complements the menu. Service is attentive and discreet.

#### **IPANEMA & LEBLON** Gero

Rua Aníbal de Mendonça 157, Ipanema Tel (021) 2239 8158

One of the most fashionable restaurants in Rio, with the impeccable pedigree of being part of the Fasano family that has been exciting Paulista palates for decades with its sophisticated Italian cuisine, Gero is the place to be seen along with the rich and the beautiful.

LAGOA & JARDIM BOTÂNICO Bar Lagoa	\$\$
Av Epitácio Pessoa 1674, Lagoa Tel (021) 2523 1135	<b>Map</b> 2 A4

This Art Deco bistro has been around since 1934. German dishes figure heavily on the extensive menu meals and snacks for every taste. Excellent steaks and a signature sausage with potato salad accompa cold beer are on offer. Waiters are legendary for their bad humor and enjoy playing up to this reputation.

#### LAGOA & JARDIM BOTÂNICO Guimas 6 A Y Rua José Roberto Macedo Soares 5, Gavea Tel (021) 2259 7996 **Map** 1 A2

An adventurous bistro with a relaxed atmosphere, Guimas has been a popular haunt of artists and the bohemian community since opening in 1981. The menu mixes old favourites with exciting innovative combinations. An informal restaurant, it offers good quality food at reasonable prices.

#### LAGOA & JARDIM BOTÂNICO Olympe

Rua Custódio Serrão 62, Jardim Botânico Tel (021) 2539 4542

Owner Claude Troisgros, one of the most recognized chefs in Brazil, continues to create culinary delights using the best in Brazilian ingredients combined with his grounding in traditional French cuisine. The passionfruit crepe soufflé is a favorite dessert. Reservations are required.

## RIO DE JANEIRO STATE & ESPÍRITO SANTO

#### ILHA GRANDE (Rio de Janeiro) Sushi Leblon

Ilha de Itanhangá, Baía da Ilha Grande Tel (024) 3369 3558

Rio de Janeiro's most famous Japanese restaurant caters to an island-hopping crowd during the high season. Located on an island, you need a boat to get here. Lunch here can be combined with an island cruise or a stop-off at one of the Ilha do Itanhanga's many beautiful beaches.

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**Map** 1 C4

Map 2 A5

Map 2 84

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#### Map 1 A5

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**Map** 1 B2

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Alameda das Orquídeas, Parque Nacional Serra do Cipó Tel (031) 9984 3278

This stylish, romantic restaurant set in a rustic 18th-century colonial house is surrounded by picturesque tropical gardens, which are beautifully lit at night, setting the tone for a delightful meal. Chef Laurents blends Mediterranean cuisine with the regional Minas style of cooking to create an interesting menu. The wine list is respectable.

#### TRAVELERS' NEEDS

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MINAS GERAIS		
BELO HORIZONTE Splendido		<b>SSS</b>
Flat Volpi Residence, Rua Levindo Lopes 251, Savassi <b>Tel</b> (031) 3227 6446		
One of the best restaurants in the city lies in the heart of the fashionable Savassi nightlife district the bright atmosphere are light Mediterranean. Excellent pasta entrées are on offer and the wine with some imported wines from Tuscany.		
BELO HORIZONTE Aurora		\$\$\$\$
Rua Expedicionário Mário Alves de Oliveira 421, São Luis, Pampulha Tel (031) 3498 7567	( 13	c) T
The large, airy dining room overlooks a little private garden close to Oscar Niemeyer's Pampulha cuisine is Brazilian-Oriental fusion, with delectable items like steak with <i>jabuticaba</i> sauce and tige wasabi sauce with wild rice and grated mango.		
BELO HORIZONTE Vecchio Sogno	T F	\$\$\$\$
Rua Martim de Carvalho 75, Santo Agostinho <b>Tel</b> (031) 3292 5251		
This bustling Italian restaurant has been named Belo Horizonte's best restaurant of the year in Ve times over. Chef Ivo Faria da Costa learnt his trade from Frenchman Lucien Iltis at the Copacabar is celebrated for his pastas and steaks. The wine list and sommeliers are excellent.		
DIAMANTINA Cantina do Marinho		\$\$
Rua Direita 113 Tel (038) 3531 1686		
One of the handful of restaurants in the area, Cantina do Marinho has a formal atmosphere, wit decorated with assorted bottles of wine. The filling <i>prato feito</i> (buffet lunch) includes a drink. Try traditional <i>lombo com feijão tropeiro</i> (pork with beans).		
MARIANA Lua Cheia	V	\$
Rua Dom Viçoso 23, Centro Tel (031) 3557 3232		
This busy restaurant serves typical Minas Gerais food <i>por kilo</i> (by weight), or all-you-can-eat the of choices of salads, vegetable dishes for the vegetarians, various cuts of meat from the <i>churrasc</i> amounts of desserts.		
OURO PRETO O Passo	1	\$\$
Rua São José 56, Centro Tel (031) 3552 5089		
Housed in a Portuguese colonial town house, this upmarket pizzeria offers pizzas made in a trad wood-fired oven, served either in the dining area, or the adjacent veranda which has sweeping v town. At weekends there is live music and dancing.		
OURO PRETO Triumpho	1	\$\$
Rua Donato da Fonseca 02, Largo do Rosário Tel (031) 3552 6774		
This local favorite is housed in a cozy cellar bar right next to the Igreja do Rosário. The menu con Gerais cuisine, which is heavy on meat and vegetables like manioc and squash. Food comes accoustic music from guitarists and singer-songwriters, and there is a reasonable wine list.		
OURO PRETO Le Coq D'Or		\$\$\$
Rua Getulio Vargas 270, Largo do Rosário <b>Tel</b> (031) 3551 5200		
The restaurant occupies a formal dining area inside the colonial Solar Nossa Senhora do Rosário l and in a separate covered annex lit by natural light. The menu is largely Portuguese, focusing on pasta. There is a modest wine list. The service is prompt and attentive.		
SÃO JOÃO DEL REI Quinto do Ouro	Ø	\$\$
Praça Severiano de Rezende 4 <b>Tel</b> (032) 3371 7577		
Although it has plenty of cafés and <i>por kilo</i> options, São João, unlike neighboring Tiradentes, do upmarket restaurants. The Quinto do Ouro offers the best Minas Gerais cooking in town, well-pr food at reasonable prices.		
PARQUE NACIONAL DA SERRA DA CANASTRA Zagaia		\$
Av Tancredo Neves 10 Tel (037) 3433 1323		
This is the best of limited food choices available in Serra da Canastra, serving traditional local cui galinha caipira (stewed wild rooster), excellent pāo de queijo (cheese rolls), and on select days, th specialty, feijoada (black beans and pork stew).		
PAROUE NACIONAL DA SERRA DO CIPÓ Parador Nacional	<b>E</b>	\$\$\$



#### TIRADENTES Quartier Latin

Rua São Francisco de Paula 46. Praca de Rodoviária **Tel** (032) 3355 1552

This restaurant, just across the river from the center of town, hosts the annual gastronomic festival (see p43). The French-trained chef offers a menu of Franco-Brazilian cuisine, as well as Italian fare and good seafood. Their own cultivated organic vegetables are used to make great salads, and there is a decent wine list.

#### TIRADENTES Tragaluz

#### Rua Direita 52 Tel (032) 3355 1424

Housed in an 18th-century colonial town house in the city center, Tragaluz has a menu offering a modern interpretation of traditional Mineira cuisine. Sumptuous dishes include smoked freshwater catfish in garlic crumbs and sweet potato. The restaurant is known for its desserts, especially the goiabada (guava paste).

#### TIRADENTES Theatro da Vila

Rua Padre Toledo 157 Tel (032) 3355 1275

In the heart of the town, this intimate restaurant occupies a converted colonial house. The dining room is rustic chic, decorated with local art and crafts, and offers a sweeping view out over a little garden and the mountains beyond. The meals are Franco-Brazilian. The little garden theater hosts performances in summer.

## SÃO PAULO CITY

JARDINS & AVENIDA PAULISTA A Figueira Rubaiyat		\$\$\$
Rua Haddock Lobo 1738, Jardins <b>Tel</b> (011) 3170 5100		<b>Map</b> 4 D3
The flagship outlet of the Rubaiyat group, this serves some of the best Brazilian beef in the cit extensive menu with remarkable seafood, including fresh cananéia oysters from the oyster bar best choice on the menu. Tables sit under an enormous tropical fig tree and the ambience is in	r. Steaks re	emain the
IARDINS & AVENIDA PAULISTA, Dalva e Dito	VV	<u>()))</u>

Rua Padre João Manuel 1115, Jardins Tel (011) 3064 6183

Alex Atala, São Paulo's most celebrated chef, opened this restaurant to showcase traditional home-cooked Brazilian dishes, such as codfish croquettes, rice and beans, and farofa (a manioc-based dish). The interior decoration is the work of Athos Bulcão, who worked with Lucio Costa and Oscar Niemever (see p.302) on the design of the city Brasilia

#### JARDINS & AVENIDA PAULISTA D.O.M

Rua Barão de Capanema 549, Jardins Tel (011) 3088 0761

Among the most celebrated chefs in Brazil, Alex Atala has been voted chef of the year numerous times by Veja magazine. His innovative cooking fuses Brazilian ingredients with French and Italian styles, creating fantastic meals such as the Brazilian fish filhote with tapioca or heart of palm fettuccine carbonara.

JARDINS & AVENIDA PAULISTA Gero	\$\$\$\$
Rua Haddock Lobo 1629, Jardins <b>Tel</b> (011) 3064 0005	<b>Map</b> 4 D3

Rogerio Fasano's other Italian restaurant in Jardins is the polar opposite of the eponymous Fasano, a highly regarded gourmet restaurant. Gero is a restaurant to be seen in, a favorite with celebrities, the fashionable set, and the young crowd. Diners wait at the long bar before dining on light Italian fare such as black polenta with baby souid.

#### JARDINS & AVENIDA PAULISTA Fasano

Rua Vitório Fasano 88, Jardins Tel (011) 3896 4000

The flagship of the Fasano chain is the finest, most formal dining place in the city, with discreet dimly-lit booths. Sardinian chef Salvatore Loi dishes out excellent Italian and French creations with special emphasis on seafood. The wine list is among the best in the country. Live music plays in the adjacent cigar bar, Baretto.

#### **CENTRO** Ponto Chic

Largo do Paiçandu 27 Tel (011) 3222 6528

This small corner restaurant is a lunchtime institution. The Brazilian equivalent of the hamburger – the bauru – was invented here in the 1930s. The sandwich comprises a thick slab of yellow cheese, salad, and finely cut, rare roast beef held together in a crusty French roll. A photograph of Casemiro Pinto Neto, creator of the bauru, adorns the wall.

#### **CENTRO** La Casserole

Largo do Arouche 346, Vila Buarque Tel (011) 3331 6283

An intimate French restaurant and local institution founded in 1954, the dining room bustles at lunchtime and has a fixed menu. It is guieter and more romantic in the evenings, with a French-influenced menu that has changed little over the decades. Bouillabaisse and lamb shanks are popular choices.

#### CENTRO Terraco Itália

Av Ipiranga 344, Edificio Itália Tel (011) 2189 2929

While some diners come here for the mock-Mediterranean food, most people are drawn by the spectacular view from the observation deck out over Oscar Niemeyer's Edificio Copan and the vast sprawl of São Paulo. Come for a light soup, or try the grilled dourado fish with oyster if you want to dine.

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Map 4 D3

**Map** 4 D3

**Map** 1 C2

FARTHER AFIELD Grazie a Dio		\$\$\$
Rua Girassol 67, Vila Madalena <b>Tel</b> (011) 3031 6568		
One of the best small venues for emerging Brazilian bands, the restaurant has hosted Balanco, Seu Jorge, and Tutti Bae, who played here on their journey to fame. The foc but the after-dinner performances and the cocktails are always great.		
FARTHER AFIELD Capim Santo		\$\$\$\$
Rua Min Rocha Azeredo 471, Vila Madalena <b>Tel</b> (011) 3068 8486		
Capim Santo began as an informal fish restaurant in Trancoso. Once the town was di celebrities, the restaurant became one of the most fashionable places to dine. It recre tables set in a tropical garden and Bahian music in the background. The menu is prec	ates Bahian inform	ality with
HIGIENÓPOLIS Carlota		\$\$\$\$
Rua Sergipe 753 <b>Tel</b> (011) 3661 8670		
This New York-inspired deli is now a favorite with food-loving intellectuals from São F atmosphere is chic rustic, the dining room buzzes with conversation, and the menu o Mediterranean cuisine utilizing Brazilian ingredients. The puddings are legendary.		
PARQUE DO IBIRAPUERA & AROUND Prêt no MAM	& <b>■</b> V	\$
Portão 3 <b>Tel</b> (011) 5549 9688		
This upmarket café in the Museu de Arte Moderna (see p147) serves an excellent lun healthy Mediterranean-inspired dishes and salads. The dining area is a bright, elongat made almost entirely of glass. Excellent coffee is served.		
IBIRAPUERA PARK & AROUND JAM Warehouse	6 I 1	\$\$
Rua Lopes Neto 308, Itaim <b>Tel</b> (011) 3079 4259		
JAM is an acronym for Japanese food, art, and music, all of which are presented in a space. The food is classical Japanese, the art contemporary Brazilian, and the music ra nova and jazz. The bar is a great spot for pre-dinner cocktails, and the crowd usually	anges from samba	rock to bos
IBIRAPUERA PARK & AROUND 348 Parilla Porteña	6 🗊 🗐	<b>SSS</b>
Rua Comendador Miguel Calfat 348, Vila Olímpia <b>Tel</b> (011) 3849 0348		
Owned and run by Argentinian Eduardo Santaller, this restaurant is said to serve bette Buenos Aires, and they come with all the traditional Argentinian acoutrements, right The wine list boasts some of the finest Argentinian reds.		
IBIRAPUERA PARK & AROUND Kosushi		\$\$\$
Rua Viradouro 139, Itaim Bibi <b>Tel</b> (011) 3167 7272		
Kosushi is one of a string of new restaurants in the Itaim neighborhood where the dii food. The city's young and rich flock here to eat at the sparse designer tables offset a of light wood and white stone. The food is classical Japanese and is renowned for its	gainst an enormol	
IBIRAPUERA PARK & AROUND Le Coq Hardy		SSSS
Rua Jerônimo da Veiga 461, Itaim Bibi <b>Tel</b> (011) 3079 3344		
With the closure of Café Antique, Le Coq Hardy has established itself as the best fine Paulo. The dining room is formal and resplendent in white. As ever with Brazilian-run plenty of Italian options on the menu, alongside dishes like lamb Provençale and supe	French restaurants	
LIBERDADE Kinoshita		\$\$
Rua Jacques Félix 405, Vila Nova Conceição <b>Tel</b> (011) 3849 6940		
One of the pioneer Japanese fusion restaurants in São Paulo, Kinoshita has a convivia bar sitting opposite low Japanese tables with room for up to four diners. Owner and traveled extensively to introduce flavors from other regions of the world. Service is eff	chef Tsuyoshi Mura	akami ĥas
LIBERDADE Sushi Yassu		\$\$
Rua Tómas Gonzaga 98, Liberdade <b>Tel</b> (011) 3288 2966		<b>Map</b> 1 C
One of the most traditional Japanese restaurants in Liberdade is known to connoisseu sashimi. For the more adventurous diner, there is exotic eel sautéed with soy sauce ar the handful of tables, at the long sushi bar, or in private booths.		
THE NEW CENTER Vicolo Nostro Rua Jataituba 29, Brooklin Tel (011) 5561 5287	6 🛱 🗏 🍸	\$\$(
This expansive restaurant has a series of different rooms and outdoor areas, each of v taste of Tuscany, Sicily, and Sardinia to the concrete that dominates the area. The me restaurant and is inspired by regional Italian home cooking.	vhich attempts to l nu is as large as th	oring a e
THE NEW CENTER Govinda		\$\$\$\$
Rua Princesa Isabel 379, Brooklin <b>Tel</b> (011) 5092 4816		
This is an upmarket restaurant decorated with Indian art and with a large bar area be menu is excellent, with <i>naan</i> (Indian bread) and a series of chutneys. The curries, alth in deference to the European palate.		

#### PINHEIROS Mani

Rua Joaquim Antunes 210 Tel (011) 3085 4148

The latest star on São Paulo's dining scene is owned by a famous television actress and a Formula 1 driver. The atmosphere is rustic chic, with tables positioned for people-watching. The food, from two former Michelin-starred chefs, is a light, healthy fusion of Mediterranean techniques and Brazilian ingredients

### **SÃO PAULO STATE**

#### ILHARELA Viana

Av Leonardo Reale 1560, Praia do Viana, Tel (012) 3896 1089

The best seafood restaurant on the island is tucked away north of the main town of Ilbabela on Viana Beach. It is celebrated for its fresh fish, grilled with heart of palm, capers, and mushroom, and its red crab with mango risotto. Open weekends only outside the summer months

#### SANTOS Bolsa e Café do Museu

Rua XV de Novembro 95 Centro **Tel** (013) 3219 5585

This little café within Museu do Café (see pp168–9) in São Paulo state serves one of the best cups of coffee in the country. Patrons can choose their own beans or blend, and there is a small menu of indulgent sweet and savory snacks and pastries. The café has Internet access for customers.

#### SANTOS Pier One

#### Av Almirante Saldanha de Gama s/n. Ponta da Praia Tel (013) 3261 6121

This seafood restaurant sits over the water at the end of the peninsula where Santos lies. It is most popular for sunset caipirinha cocktails or dinners. A popular choice is the meca santista, a filet of fish served with manioc and banana and accompanied by heart of palm risotto.

#### SÃO SEBASTIÃO Acqua

#### Estrada de Camburi 2000, Camburi Tel (012) 3865 1866

This restaurant offers the most spectacular view of the entire Brazilian coast out over the forest, the Atlantic, and the broad crescent of Camburi beach. The menu combines light seafood with wood-fired pizzas and pasta dishes, and the wine list is respectable.

#### SÃO SEBASTIÃO Manacá

Rua de Manacá 102 Camburizinho Tel (012) 3865 1566

A boardwalk cuts through the rainforest behind the beach at Camburi, in southern São Sebastião, province to reveal a little moonlit glade furnished with tables filled with some of the state's most beautiful beachgoers. The menu changes with the season and focuses on seafood. The spiced fish steak wrapped in banana leaf is popular.

#### UBATUBA Solar das Águas Cantantes

Estrada Saco da Ribeira 253, Praia do Lázaro Tel (012) 3842 0288

This hotel restaurant sits on Praia do Lázaro, one of the prettiest beaches in Ubatuba province, divided by a forested promontory of land. The hotel, like the beach, is popular with families and the restaurant is celebrated for its light moguecas (seafood stews made with coconut milk) and filet of badejo with squid.

#### **BAHIA**

#### CACHOEIRA Beira Rio

Rua Manuel Paulo Filho 19. Centro Tel (075) 3425 5050

This small restaurant overlooking the river Paraguacu and the town of São Félix serves up excellent lunches. The menu includes chicken stew, fish moqueca, and vatapa (fish stew) served with rice and farofa (a manioc flour sautéed in butter).

#### ILHÉUS Bar Vesuvio

Praça Dom Eduardo, Centro Tel (073) 3634 4724

Facing the architecturally marvelous Catedral Basílica San Marino, and made famous by noted writer Jorge Amado (see p31) in his works of fiction, this atmospheric but expensive Swiss-owned restaurant is an ideal place to enjoy a glass of beer and some outstanding Arabic food at the outdoor tables.

#### ILHÉUS Marostica

Av 2 de Julho 966 Tel (073) 3634 5691

Located in the historic center of the town, this cozy, no-fuss restaurant offers excellent Italian dining. The kitchen prepares delicious pastas with classic sauces, and stuffed pastas such as ravioli and lasagnes. A climatized cellar displays more than 50 different labels.





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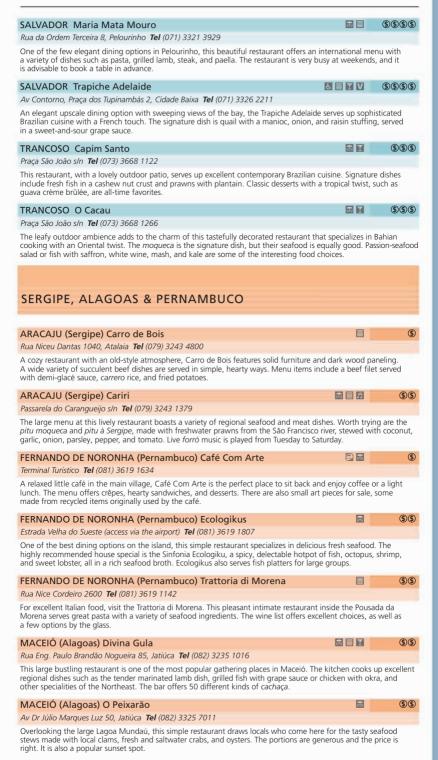
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ITACARÉ Casa Sapucaia		\$
Rua Londônio Almeida 84 <b>Tel</b> (073) 3251 3091		
Housed in a charming old colonial house with a beautiful garden in front th restaurant offers casual dining. The wide-ranging menu leans towards Medi king prawns caramelized with ginger.		
ITACARÉ Dedo de Moça		\$3
Rua Plinio Soares 26 Tel (073) 3251 3372		
One of Bahia's outstanding stylish restaurants, the menu offers fresh and co tropical twist. Noted chef Vagner Aguiar prepares interesting dishes that inc in yuca cream with coconut rice) and the grilled cavala fish with pineapple a	lude the bobó de camarão (pr	
LENÇOIS Neco's Bar		(
Praça Clarim Pacheco 15 <b>Tel</b> (075) 3334 1179		
Renowned for serving the best regional fare in town, Neco's bar offers a go as salted beef, flavored with strong, traditional spices. For special meals ord Kitchen closes at 10pm.		
LENÇOIS Picanha na Praça	<b>a</b>	(
Praça do Coreto 62 Tel (075) 3334 1080		
An outdoor terrace restaurant in town popular for grilled steaks. Dishes at F and arrive sizzling hot at the table on their own grill. The portions are gener can feed up to two persons.		
PORTO SEGURO Bistrô da Helô		\$
Travessa Assis Chateaubriand 26 <b>Tel</b> (073) 3288 3940		
An elegant bistro, this is a good choice for a gourmet meal. This pleasant re shrimp dishes, but also serves a variety of meat, fowl, and pasta entrées. Th risotto is recommended.		
PORTO SEGURO Tia Nenzinha		\$
Av Portugal 170 <b>Tel</b> (073) 3288 1846		
This simple restaurant specializes in local seafood and traditional Brazilian di accompanied by salad, rice, and <i>pirão</i> (fish broth gravy thickened with mane to the dining experience.		
PRAIA DO FORTE Sabor da Vila		(
Al do Sol s/n <b>Tel</b> (071) 3676 1156		
This pleasant and no-fuss restaurant is famous for its crab <i>moqueca</i> , among menu also offers other appetizing seafood and fish options, along with a ra chicken preparations.		
SALVADOR Jardim das Delicias		\$
Rua João de Deus 12, Pelourinho <b>Tel</b> (071) 3322 7068		
An elegant restaurant and antique shop with a lovely garden patio, this is a or wonderful desserts. Bahian and international cuisine is served both indoc The fresh salads are particularly good. Live music is played in the evenings.		
SALVADOR Pereira	6 a 🗏 🕹	\$\$\$
Av Sete de Setembro 3959, Porto da Barra <b>Tel</b> (071) 3264 6464		
With a contemporary look and modern decor, Pereira is a mix of restaurant and includes a wide variety of tapas, hearty appetizers, as well as tasty pasta or chicken grilled over an open fire.		
SALVADOR Soho		\$\$\$
Av Lafayete Coutinho 1010 <b>Tel</b> (071) 3322 4554		
The city's best Japanese restaurant is located right on the water, inside the E includes a variety of creative sushis and stir fries, which are a big draw for for in Brazil, portions are generous.		
SALVADOR Sorriso da Dadá	<b>R</b>	\$\$\$
Rua Frei Vicente 5, Pelourinho <b>Tel</b> (071) 3321 9642		
Dadá, one of Salvador's most celebrated chefs, prepares excellent Bahian fo at the historic center of the city. The regional cuisine focuses on traditional : sure to try the <i>negão do Dadá</i> dessert, a delicious rich and creamy chocolate	stews and seafood appetizers.	
SALVADOR Yemanjá	Ł 🗐	\$\$

A large, bustling, family-style restaurant, this is considered by local food critics as one of the great places in town for a Bahian meal. The rich moquecas (seafood stew) serve even two people generously. The most popular dishes are the prawn or soft-shell (*siri mole*) crab moqueca.



#### 404

#### TRAVELERS' NEEDS

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#### MACEIÓ (Alagoas) Wanchako Rua São Francisco de Assiss 93, Jatiúca Tel (082) 3377 6024 One of Brazil's few Peruvian restaurants. Wanchako is known as one of the finest restaurants in the city. It offers a great variety of typical dishes. The most popular one is the ceviche made with tender chunks of fresh fish and seafood cured in lemon juice OLINDA (Pernambuco) Don Francesco 99 Rua Prudente de Morais 358 **Tel** (081) 3429 3852 Located in the old part of the city, this restaurant is tucked away among the cobblestoned streets. Run by Francesco and his wife, the kitchen specializes in fresh and simple Italian cooking. The herbs and many of the vegetables come from the couple's organic garden, and the pastas and bread are all home-made. OLINDA (Pernambuco) Oficina do Sabor 60 Rua do Amparo 335 Tel (081) 3429 3331 Oficina do Sabor is a well-known restaurant and is the place in Olinda to try the famous *ierimum* (pumpkin) dishes. The restaurant's signature dish is the jerimum recheado com camarão ao maracuja, a baked pumpkin filled with prawn and passionfruit sauce. The terrace offers beautiful views of the city. OLINDA (Pernambuco) Gova -**SSS** Rua do Amparo 157 Tel (081) 3439 4875 The works of local artists decorate this creative space, which fills the interior and terrace of a renovated colonial mansion. The inventive menu gives a regional twist to local seafood dishes, which are creatively served, and include such preparations as shrimp or fish served inside a green coconut. **OLINDA** (Pernambuco) Kwetu **SSS** Av Manuel Borba 338, Praca do Jacaré Tel (081) 3439 8867 Situated in a beautiful house on the waterfront. Kwetu offers excellent Belgian cuisine along with standard regional favorites. Try the steamed mussels in white wine or the rabbit stew. On Sundays, the kitchen cooks up a fabulous paella for two. PENEDO (Alagoas) Forte da Rocheira SS Rua da Rocheira 2 Tel (082) 3551 3273 Overlooking the São Francisco river, Forte da Rocheira, one of the better restaurants in Penedo, is known for its interesting local dishes such as fish stew made with surubim fish or pitu (freshwater prawns), both found in the local river. For the more adventurous diner, there are alligator meat dishes PORTO DE GALINHAS (Pernambuco) Peixe na Telha 55 Av Beira Mar 40 Tel (081) 3552 1323 Located just above the seawall, this restaurant offers one of the best ocean views. Although not as well known as Beijupirá, the other restaurant in town, the kitchen serves up delicious fresh seafood and fish. The house specialty, and namesake of the restaurant, is peixe an telha, grilled fish served in a clay roof pan. PORTO DE GALINHAS (Pernambuco) Beijupirá a Y \$\$\$ Rua Beijupirá s/n Tel (081) 3552 2354 Part of the attraction is the restaurant itself, with its playful, eclectic decorations and its romantic, candlelit atmosphere. However, the food is outstanding as well. The menu blends fresh seafood or chicken with tropical ingredients such as grilled bananas, coconut milk, tangy *pitanga* fruit, and cashew nuts. **RECIFE** (Pernambuco) Assucar 8 日 7 月 \$\$\$ Rua da Alfândega 35, Paço Alfândega Tel (081) 3224 3920 Located on the top floor of the Paco Alfândega shopping center, Assúcar offers great views of the Capibaribe river. The fun and creative menu serves up seafood risottos, regional dishes such as carne-de-sol (salted, sundried beef), and grilled fish with banana and carrot purée. RECIFE (Pernambuco) Bargaço SSS Av Boa Viagem 670, Praia de Pina Tel (081) 3465 1847 Specializing in Bahian cuisine, this pleasant restaurant is the best place in town to enjoy a mogueca, a fish or shrimp stew that is cooked with coconut milk, or vatapá, a type of stew made with shrimp, coconut milk, palm oil, and nuts **RECIFE** (Pernambuco) Leite \$\$\$ Praça Joaquim Nabuco 147, Santo Antônio Tel (081) 3224 7977 One of Recife's oldest, best, and most traditional restaurants, Leite has been around since 1882. The menu includes some excellent cod fish dishes as well as steak, king prawns grilled in butter, and grilled fish. A taste of the regional dessert cartola (banana topped with a slice of cheese, baked with sugar and cinnamon), is a must.

#### RECIFE (Pernambuco) Tasca

Rua Dom José Lopes 165, Boa Viagem Tel (081) 3326 6309

The best of Recife's traditional Portuguese restaurants, small and cozy Tasca is done up with beautiful Portuguese decor. Dishes not to miss include oven-baked cod with potatoes, octopus with rice and wine sauce, and lobster grilled in butter.

RECIEE (Pernambuco) Yolanda E Rua Francisco da Cunha 881 Roa Viagem Tel (081) 3325 5395 Modern and trendy, Yolanda is well known for its fresh and contemporary cuisine, such as grilled prawns in tamaring sauce with coconut rice. Make sure to try some of the home-made ice creams, a special creation of the restaurant's chef made with delicious tropical fruit and other ingredients PARAÍBA, RIO GRANDE DO NORTE & CEARÁ CAMPINA GRANDE (Paraíba) Tábua de Carne と目 ( Av Manoel Tavares 1040. Alto Branco Tel (083) 3341 1008 The local specialty of this simple eatery is the carne-de-sol (sun-dried beef), made from a variety of prime beef cuts. The beef is sautéed in butter or grilled and generally served with beans, vegetables, manioc, and pirão, (fish broth gravy thickened with mandioca). CANOA OUEBRADA (Ceará) Costa Brava ØIY \$ Rua Dragão do Mar 2022 **Tel** (088) 3421 7088 This is a fun and lively restaurant that serves up great Spanish seafood. The paella dishes come in an only-seafood variety or in the traditional combination of pork, chicken, and seafood. Other menu options include grilled steak. pasta, or grilled fish.

#### Rua Dragão do Mar 52 Tel (088) 3421 7162 The bistro is known for its excellent salads, grilled fish, seafood, and chicken dishes. Healthy alternatives include quality whole-grain pasta with seafood sauce or fish in yogurt sauce. Simple and rustic outdoor seating lend it a

laid-back ambience FORTALEZA (Ceará) Santa Clara Café 

Rua Dragão do Mar 81 Tel (085) 3219 6900

CANOA QUEBRADA (Ceará) Natural Bistrô

This great little café located inside Fortaleza's prime cultural center, Centro Cultural, is always bustling with activity. It serves a whole range of delicious organic coffees, desserts, and is a great place to stop for snacks or a light bite. The café is closed on Mondays.

#### FORTALEZA (Ceará) La Bohème

Rua dos Tabaiaras 380. Praia de Iracema Tel (085) 3219 3311

La Bohème combines an art gallery with restaurant and large outdoor patio. The menu offers mostly seafood, such as grilled lobster, mogueca (fish stew with a variety of ingredients), or octopus simmered in traditional Bahian style, with coconut milk and red palm oil.

#### FORTALEZA (Ceará) Moana

Av Beira Mar 4260, Murucipe Tel (085) 3263 4635

Located inside the Parthenon Hotel, this restaurant is elegant, modern, and surprisingly affordable. Dishes come with a tropical twist such as the chicken in mango sauce with savory crepes or the duck in an orange Cointreau sauce. The chocolate desserts are delicious.

#### FORTALEZA (Ceará) Al Mare Marisco

Av Beira Mar 2821, Praia de Meireles Tel (085) 3263 3888

Set right on the water, Al Mare offers excellent seafood and fish. A delicious appetizer is the Iula á milanesa (fried calamari). Main courses include seafood pastas, grilled fish, and the pièce de résistance - the seafood combination, a huge platter of grilled lobster, prawns, fish, octopus, and squid.

#### GENIPABU (Rio Grande do Norte) Bar 21

Av Beira Mar s/n, Praia de Genipabu Tel (084) 3224 2484

This simple thatched-roof restaurant has a spectacular setting, set on stilts above the high tide line, at the bottom of a large sand dune. The best dish on the menu is the catch of the day. The whole fish is served delicately grilled and coarsely salted. Side dishes include salad and fries.

#### JERICOACOARA (Ceará) Da Izabel

Rua do Forró s/n Tel (088) 3669 2127

This simple oceanfront restaurant with a great view specializes in local seafood. Try the peixada cearense, a tasty, hearty stew made with fish, vegetables, and coconut milk, which is their specialty. Recommended for lunch. Kitchen closes at 9pm

#### JERICOACOARA (Ceará) Leonardo Da Vinci

Rua Principal 40 Tel (088) 3669 2222

A romantic outdoor Italian restaurant, Leonardo da Vinci is perfect for al fresco dining on balmy evenings. The menu focuses on Italian cuisine and seafood. The penne pasta with crab in a vodka sauce or spaghetti with prawns in creamy curry are favorites. Dishes comfortably serve two people.





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JOAO PESSOA (Paraíba) Mangai		-
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Av Gen. Edson Ramalho 696, Manaira <b>Tel</b> (083) 3226 1615		
The large buffet at Mangai offers a true cornucopia of Nordestino dishes. Try son carne-de-sol (sun-dried beef), or stewed chicken. Vegetarian diners could try the prepared with manioc.		
JOÃO PESSOA (Paraíba) Ippon	6 I Y	\$3
Rua Prof. Maria Sales 314, Tambaú <b>Tel</b> (083) 3214 8000		
A sophisticated and modern Japanese restaurant, Ippon attracts João Pessoa's w interesting dishes is the salmon roll with shiitake mushrooms flambéed in cachaç miso soup, sashimi, and sushi.		
NATAL (Rio Grande do Norte) Camarões	<u>ا</u>	\$
Av Eng. Roberto Freire 2610, Ponta Negra <b>Tel</b> (084) 3209 2424		
For all things shrimp, there is no better place than Camarões (which means shrim favorite is the <i>papa jerimum</i> (prawns served in a pumpkin). Also worth trying is t sautéed with butter in a champagne-apple sauce. Most dishes are sufficient for t	he dish of champagne p	
NATAL (Rio Grande do Norte) Tábua de Carne	<b>と</b> 雨	\$
Av Senador Dinarte Mariz 229 Tel (084) 3202 7353		
Not ideal for vegetarians, Tábua de Carne specializes in grilled lamb, pork chops, de sol (salted sun-dried beef). To sample a little of everything, go for the Tábua p serve two, and depending on appetite, even three.		
NATAL (Rio Grande do Norte) Manary	6 🗊 🗉 🗴	\$\$\$
Rua Francisco Gurgel 9067, Ponta Negra <b>Tel</b> (084) 3204 2900		
Located in the Manary Praia Hotel ( <i>see p380</i> ), in a wonderful setting overlooking Manary is one of Natal's best seafood restaurants. The signature dish is the <i>mist</i> of grilled lobster, shrimp, octopus, mussels, fish, and vegetables.		
TIBAÚ DO SUL (Rio Grande do Norte) Camamo Beijupirá		\$\$\$\$
Estrada Tibaú-Goianinha <b>Tel</b> (084) 3246 4195		
One of the most exclusive and remarkable dining experiences in Northeast Brazil. chef, led to the tables that extend on to the picturesque veranda, and served a le	. Guests are met by the	nost and
six-course meal. Open only for dinner. Reservations are a must.	elsurely, inventive, and o	delicious
six-course meal. Open only for dinner. Reservations are a must.	asureiy, inventive, and c	delicious
PIAUÍ & MARANHÃO BARREIRINHAS (Piauí) Restaurante Porto Preguiças Resort	eisureiy, inventive, and d	
PIAUÍ & MARANHÃO	ihe <i>peixada</i> fish stew wi	ر ith sea bass
PIAUÍ & MARANHÃO BARREIRINHAS (Piauí) Restaurante Porto Preguiças Resort Estrada do Carnaubal Velho Tel (098) 3349 6050 The restaurant in the Porto Preguiças Resort is perfect for an elegant night out. T is delicious and served in very generous portions. If possible, call a few hours ahe	ihe <i>peixada</i> fish stew wi	ری) ith sea bass r juicy lamb
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PIAUÍ & MARANHÃO BARREIRINHAS (Piauí) Restaurante Porto Preguiças Resort Estrada do Carnaubal Velho Tel (098) 3349 6050 The restaurant in the Porto Preguiças Resort is perfect for an elegant night out. T is delicious and served in very generous portions. If possible, call a few hours and simmered in coconut milk. PRAIA DA PIPA (Piauí) Sorveteria Real de 14 Av Baia dos Golfinhos sín, Shopping Vila Mangueira Tel (084) 3246 2113 This is an ice cream parlour located in a small shopping gallery serving old-fashio treat, try the home-made ice creams, milk shakes and fruit smoothies made with coconut milk, and other exotic ingredients. PRAIA DA PIPA (Piauí) La Provence Rua Gameleira 111 Tel (084) 3246 2280 One of the only restaurants offering French country cooking in the far reaches of duck prepared with various sauces, including duck breast with plum sauce, foie of wine list with reasonably priced reds.	E      E      E      A         A	رچ ith sea bass r juicy lamb delicious ruits, در ور s include
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PIAUÍ & MARANHÃO BARREIRINHAS (Piauí) Restaurante Porto Preguiças Resort Estrada do Carnaubal Velho Tel (098) 3349 6050 The restaurant in the Porto Preguiças Resort is perfect for an elegant night out. T is delicious and served in very generous portions. If possible, call a few hours ahe simmered in coconut milk. PRAIA DA PIPA (Piauí) Sorveteria Real de 14 Av Baia dos Golfinhos sín, Shopping Vila Mangueira Tel (084) 3246 2113 This is an ice cream parlour located in a small shopping gallery serving old-fashio treat, try the home-made ice creams, milk shakes and fruit smoothies made with coconut milk, and other exotic ingredients. PRAIA DA PIPA (Piauí) La Provence Rua Gameleira 111 Tel (084) 3246 2280 One of the only restaurants offering French country cooking in the far reaches of duck prepared with various sauces, including duck breast with plum sauce, foie of wine list with reasonably priced reds. PRAIA DA PIPA (Piauí) Pacífico Rua dos Bem-Te-Vis 19 Tel (084) 982 8981 The menu at this small bistro is inspired by Mediterranean and Californian cuisim fish and seafood, grilled to perfection and served with caper sauce or herb butte	Peixada fish stew wi ad and order the tender ine cold desserts. For a a mélange of tropical f Fazil. Menu highlights gras in shallot sauce, an E auce, an E auce, an E auce, an E auce, and E auce, and	ر نله sea bass r juicy lamb delicious ruits, در s include d a good در در در در در در در در در در در در در
PIAUÍ & MARANHÃO BARREIRINHAS (Piaui) Restaurante Porto Preguiças Resort Estrada do Carnaubal Velho Tel (098) 3349 6050 The restaurant in the Porto Preguiças Resort is perfect for an elegant night out. T is delicious and served in very generous portions. If possible, call a few hours and simmered in coconut milk. PRAIA DA PIPA (Piaui) Sorveteria Real de 14 Av Baía dos Golfinhos sín, Shopping Vila Mangueira Tel (084) 3246 2113 This is an ice cream parlour located in a small shopping gallery serving old-fashio treat, try the home-made ice creams, milk shakes and fruit smoothies made with coconut milk, and other exotic ingredients. PRAIA DA PIPA (Piaui) La Provence Rua Gameleira 111 Tel (084) 3246 2280 One of the only restaurants offering French country cooking in the far reaches of duck prepared with various sauces, including duck breast with plum sauce, foie of wine list with reasonably priced reds. PRAIA DA PIPA (Piaui) Pacifico	Peixada fish stew wi ad and order the tender ine cold desserts. For a a mélange of tropical f Fazil. Menu highlights gras in shallot sauce, an E auce, an E auce, an E auce, an E auce, and E auce, and	ر نله sea bass r juicy lamb delicious ruits, در s include d a good در در در در در در در در در در در در در

Rua Estrela 220 Tel (098) 3232 3964

One of the prettiest restaurants in the historic city, Antigamente's large bustling patio offers musical entertainment every night. The menu includes *picanha* (cut of sirloin beef eaten fresh from the grill). The pasta and pizza are also decent. Alternatively, just enjoy a snack and take in the atmosphere.

SÃO LUIS (Maranhão) Cabana do Sol 33 Rua João Damasceno 24, Farol de São Marcos Tel (098) 3235 2586 This is the place where locals come to enjoy a traditional meal. The best-selling dish is the barbecued carne-de-sol (salted, sun-dried beef) served with rice, beans, mashed manioc, and grilled bananas. Known for its huge portions, a single dish serves three to four persons SÃO LUIS (Maranhão) Kitaro () Av Sáo Marcos 8, Ponta do Farol Tel (098) 3227 2416 Overlooking the lake, Kitaro offers excellent Japanese food in a pleasant setting. The menu lists all the usual fare like sushi and sashimi, as well as hot dishes such as vakisobas and tempuras. On Friday and Saturday, the kitchen stavs open until 3am 80 SÃO LUIS (Maranhão) Por Acaso Av Ana Jansen, Ponta do Farol Tel (098) 3233 5837 This lively restaurant and bar is buzzing almost every night of the week. The large antipasto self-service buffet allows you to put together your own plate, choosing from the excellent variety of grilled vegetables, cheeses, cold cuts, fresh dios, breads, and salads. \$ **TERESINA** Vivenda do Caranqueio Av Aviador Irapuã Rocha 2071, Jóguei Tel (086) 3233 6228 Although Teresina is a long way from the sea. Vivenda do Carangueio offers excellent seafood in a lovely outdoor setting, with tables shaded by overhanging trees. House specialties include sumptuous crab dishes. The restaurant plays live music on Fridays. Closed on Mondays. TERESINA (Piauí) Carnaúba 60 Av Jóquei Clube 1662, Jóquei, **Tel** (086) 3233,6829 Carnaúba is a pleasant restaurant featuring some of the region's best known dishes such as the carne-de-sol (sun-dried beef), grilled lamb, home-made sausage, and tambagui fish, flavored with fresh cilantro, green onions, and fresh bell peppers. ΡΔΒά & ΔΜΔΡά ALGODOAL (Amapá) Jardim do Eden \$ Praia do Farol Tel (091) 9967 9010 One of the better places to eat on the Algodoal island, Jardim do Eden combines Brazilian and French influences, serving a delectable range of seafood and vegetarian dishes. The seafood is exceptional, and all other dishes are also excellent BELÉM (Pará) Remanso do Peixe ( Trapiche Barao do Triunfo 2590, Casa 64, Marco Tel (091) 3228 2477 Arguably one of the best restaurants for fish delicacies in the city, the Remanso do Peixe is the place to try one of the excellent local lobsters. Remanso do Peixe is located in a residential mansion with no obvious sign on the door and is only open at weekends. BELÉM (Pará) Lá em Casa 55 Boulevard Castilhos França Tel (091) 3212 5588 This popular restaurant serves the very best in local Pará cuisine. The dishes are creatively prepared using guality Amazon ingredients. The duck in tucupi (cassava) sauce is excellent. For dessert, try the ice creams made with such local fruits as acaí and cupuacu. Meals can be enjoyed on the open-air veranda.

#### BELÉM (Pará) Restô das Docas

Boulevard Castilhos França Tel (091) 3212 3737

A trendy restaurant located down in the dock area by the Estação das Docas, this place serves a varied range of local and international dishes. Open through the week until midnight, this popular spot attracts a loyal clientele, who come here for a well-made drink.

#### MACAPÁ (Amapá) Trapiche Restaurante

Rua Azaria Neto 64 Tel (096) 3225 2665

Located at the end of the Trapiche Eliezer Levy pier (see  $\rho$ 271), the Trapiche Restaurante is a great place to come for an afternoon beer. Known for its spectacular view across the Amazon river, specially during the rainy season, this restaurant serves a variety of tasty fish dishes, as well as meat and chicken.

#### SANTAREM (Pará) Restaurante O Mascote

Praça Pescadores 10 Tel (093) 3523 2836

Offering both indoor and outdoor seating with good views of the Amazon river, O Mascote serves excellent fish dishes. Worth trying is the *tucanaré ao molho de camarão* (peacock bass in shrimp sauce). The restaurant also serves a reasonable lunch buffet.



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#### BOA VISTA (Roraima) Tropical Peixada

Rua Aiuricaba & Rua Pedro Rodrigues Tel (095) 3224 6040

is highly recommended for its great variety of fish, prepared in every way possible – from hearty Portuguese fish stews to fried and spicy Bahian treats.

#### MANAUS (Amazonas) Canto da Peixada

Rua Emílio Moreira 1677, Praca 14 Tel (092) 3234 3021

The best known of fish restaurants in Manaus. Canto da Peixada is the place to try one of the local river specialty dishes. Tucanaré and pirarucu are among the popular fish dishes eaten here. Tucupi (cassaya) soup, with a manioc base is rich in traditional flavors

This popular place is a lively corner café, largely outdoor but with some roof cover for when it rains. Specializing in pizzas, it also offers a good value comida por kilo (pav-by-weight) buffet at lunch time, comprising fresh vegetables, rice and beans, and grilled meat and fish.

#### MANAUS (Amazonas) Churrascaria Bufalo

#### Av Joaquim Nabuco 628 Tel (092) 3633 3773

like for a set price. Argentinian-style cuts of meat are brought to your table in large, generous portions. There is also a wide selection of salads, pastas, fish, and other dishes to choose from.

#### MANAUS (Amazonas) Himawari

#### Rua10 de Julho 618 Tel (092) 3233 2208

This is the best of the growing number of Japanese restaurants in Manaus. Well located on a corner opposite the majestic Teatro Amazonas, this distinctive restaurant serves very tasty sushi and traditional Japanese dishes in its spartan, clean white interior.

#### MANAUS (Amazonas) O Larajinha

Estrada Ponta Negra 10675 Tel (092) 3658 6666

on its outdoor stage. The atmosphere is lively with lots of music and dancing. The food is fine, and the service great, but people come here mainly for fabulous drinks and entertainment. Best after 10pm.

MANAUS (Amazonas) Ristorante Fiorentina	
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A very pleasant Italian restaurant in the Lord Manaus hotel (see p383), this serves a good range of pasta and spaghetti dishes with meat, vegetables, or fish, Salads combine Italian and Amazon ingredients, and include such dishes as freshly grated palmito (heart of palm). The wine is good and the service excellent.

#### PORTO VELHO (Rondônia) Caravelo do Madeira

Rua José Camacho 104 Tel (069) 3221 6641

As well as being one of the more upmarket places in town, Caravelo do Madeira is known as the very best of all the many good fish restaurants in Porto Velho. Specializing in river fish, the restaurant offers dishes such as grilled piranha, as well as a variety of fish dishes served in a creamy Brazil nut sauce. Service is good.

#### PORTO VELHO (Rondônia) Miyoshi

Av Amazonas 1280 Tel (069) 3224 4600

traditional Chinese and Japanese recipes to produce delicious meals. Regular Japanese dishes include sushi, sashimi, and tempura. The service is excellent.

#### PRESIDENTE FIGUEIREDO (Amazonas) Terra Nostra

BR-174, Av Padre Caleri Tel (092) 3324 1597

A restaurant offering a wide variety of dishes at great prices. Italian pastas are a specialty but Terra Nostra also serves standard Brazilian grilled meat dishes accompanied by beans, rice, and vegetables, as well as excellent fish. The service is very good. Closed on Mondays.

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#### RIO BRANCO (Acre) Point do Pato

Rua Palmeiras 613 Tel (068) 3223 3070

A popular and trendy restaurant with the locals, young and old alike, Point do Pato specializes in regional dishes but also cooks a range of international meals, such as pastas and pizzas. Among the local specialties, the alligator steaks are surprisingly tender.



## BRASÍLIA, GOIÁS & TOCANTINS

#### BRASÍLIA Oca da Tribo

SCES Trecho 2, opposite Agepol Tel (061) 3226 9880

Housed in a mock Indian log house or oca, this restaurant specializes in whole food – natural and unprocessed foods. It has a wide choice of vegetarian dishes, especially at the buffet lunch. There is meat too, and in the evenings, an à la carte menu with Asian and Arabic vegetarian options from Dutch Cordon Bleu trained chef Gabriel Fleijsman.

#### BRASÍLIA La Torreta

SCLS 402, Bloco A, Loja 9 Tel (061) 3321 2516

This is one of the best Spanish restaurants and tapas bars in Brazil. The food, prepared by Spanish Moroccan Isaac Corcias who learnt his trade in Barcelona, is strong on seafood and – in homage to the Brazilian central west – steaks. The wine list has some respectable Spanish bottles.

#### BRASÍLIA Porcão

SCES Trecho 2, Conjunto 35, Lote 2B Tel (061) 3223 2002

Porcão is Brazil's most upmarket churrascaria (steakhouse) chain. All of their restaurants serve enormous quantities of the finest Brazilian meats hot off the barbecue spit. These come with a buffet of salads, vegetables, and a large selection of fresh juices and beers.

#### **BRASÍLIA** Alice

SHIN, Comérció Local, QI 17, Lago Sul Tel (061) 3248 7743

The capital's favorite restaurant serves French and Brazilian-French fusion cooking in a large, glass-walled dining room set in tropical gardens. Chef Alice de Castro has won *Veja's* coveted restaurant and chef of the year awards numerous times. The wine list is excellent. Reservations are required.

#### **BRASÍLIA** Piantella

SCLS 202, Bloco A, Loja 34, Tel (061) 3224 9408

Piantella is almost as old as the city, and since its early days has been a favorite of senior politicians. The menu is varied, with traditional Brazilian dishes like *feijoada* (a rich stew of beans and pork), Italian options such as prawn fetuccine, steaks, and river fish. The wine list is excellent.

#### CHAPADA DOS VEADEIROS (Goiás) Casa da Mama

Rua São José Operário, Alto Paraíso Tel (062) 3446 1362

An intimate indoor restaurant, Casa da Mama holds a seating capacity for as many as 100 people. Well-prepared regional cuisine, mainly comprising chicken and fish, is served. A variation from the traditional Brazilian fare, pastas also feature on the menu. Decent service.

#### CIDADE DE GOIÁS (Goiás) Flor do Ipê

Rua Boa Vista 32 Tel (062) 3372 1133

The most popular restaurant in Cidade de Goiás sits in a small garden next to the river just above the Igreja do Rosário. The motherly owner serves a huge lunchtime buffet spread and à la carte dishes at night. The cooking is typical of Goiás, with plenty of stewed vegetables, meats, and sweet desserts.

#### PALMAS (Tocantins) Trattoria Toscana

ACSE-2 & Av NS 04 Tel (063) 3028 2795

An understated bistro-like eatery that stays open till midnight, the trattoria dishes out fine Italian pasta, such as salmon linguine served piping hot, and a few other chicken and beef options. Desserts are highly recommended, such as the divine *petit gâteau di cioccolato*.

#### PIRENÓPOLIS (Goiás) Caffe e Tarsia

Rua do Rosário 34 Tel (062) 3331 1274

Located on the busiest of Pirenópolis's few streets, this restaurant serves a mix of Mediterranean cooking à la carte and generous buffets with cold meats, stews, salads, and home-made bread and pastries at lunchtime. The bar is lively on Fridays and Saturdays when visitors from Brasilia gather to drink cachaças, dine, and enjoy the live music.

## MATO GROSSO & MATO GROSSO DO SUL

#### BONITO (Mato Grosso do Sul) Cantinho do Peixe

Rua 31 de Março 1918 Tel (067) 3255 3381

Bonito's best fish restaurant cooks fresh river fish catches from the clearwater rivers that surround the town and from the Pantanal. *Dourado* and *surubim* (catfish) are popular choices, either as grilled filets or cooked in a variety of different sauces.

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#### CAMPO GRANDE (Mato Grosso do Sul) Fogo Caipira Rua José Antonio 145, JD Piracicaba Tel (067) 3324 1641 This is the best restaurant in the city for regional food, which is served in generous portions. The menu is meatand fish- oriented and includes surviving (catfish) with tomato and banana, caiman and manioc mogueca soup. and huge filets of beef. À la carte dishes can take up to 30 minutes to prepare

#### CHAPADA DOS GUIMARÃES (Mato Grosso) Morro dos Ventos Estrada para Campo Verde, Chacara Morro dos Ventos Tel (065) 3301 1030

The food in this little restaurant, which is hidden away in a private condominium, is very standard Brazilian fare mainly comprising meats, beans, and rice. But the views out over the cliffs at the edge of the Chapada to the interminable plains of Mato Grosso are spectacular and well worth a visit. An entrance fee is charged

#### CORUMBÁ (Mato Grosso do Sul) Avalom

Rua Frei Mariano 499 Tel (067) 3231 4430

A bustling restaurant bar popular with Corumba's growing young middle class. Avalom is especially lively after pom on Fridays and Saturdays. Draught beer, river fish, pasta, and wood-fired pizzas are served to a busy crowd. There is occasional live music on weekends

#### CUIABÁ (Mato Grosso) Al Manzul

Av Arquimedes Pereira Lima, Antiga Estrada do Moinho, Cachoeira das Garcas Tel (065) 3663 2237

Cuiabá has one of the largest communities of ethnic Lebanese and Syrians in Latin America, and this is their favorite restaurant, serving some of the best Arabic food in the country. Dishes include an excellent mezze with falafel, baba ghanoush and stuffed vine leaves, and good couscous and tagine.

## SANTA CATARINA & PARANÁ

#### CURITIBA (Paraná) Kawiarnia Krakowiak

Travessa Wellinton de Oliveira Vianna 40 Tel (041) 3026 7462

Located by the entrance to the Bosque João Paulo II and its Museu Polonês on the Linha de Turismo bus route, this rustic Polish café offers authentic sayory dishes and an excellent selection of cakes, making it a popular place for afternoon tea

#### CURITIBA (Paraná) Estrela da Terra

Rua Jaime Reis 176, Largo do São Francisco Tel (041) 3222 5007

On offer is a lunchtime buffet of typical dishes from the state of Paraná, including barreado (see p339), a coastal specialty, and rice, beans, pork, and charque or jerked beef, the traditional food of cattle drivers, as well as dishes representing the state's various immigrant communties.

CURITIBA (Paraná) Schwarzwald (Bar do Alemão)
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Rua Claudino dos Santos 63. Largo da Ordem Tel (041) 3223 2585

Located in the historic center, this perpetually crowded bar and restaurant is equally popular for the range and quality of its beers as for its German food. Sausages and other pork dishes are the mainstays, but the roast duck is also excellent.

#### CURITIBA (Paraná) Carolla Pizza

Alameda Dom Pedro II 24, Batel Tel (041) 3225 4346

Baked in wood-fired ovens in front of diners, the pizzas here are excellent, made with top-quality ingredients such as buffalo mozzarella. Along with pizza, there's a varied choice of salads, pasta, and risotto dishes. A very pleasant and informal atmosphere.

#### CURITIBA (Paraná) Durski

Rua Jaime Reis 254, Largo do São Francisco Tel (041) 3225 7893

Located in a tastefully renovated late 19th-century building in the historic center, the Durski is the best place in Curitiba to sample Polish and Ukrainian dishes. All the standard dishes are served, such as *borscht, pierogi,* or dumplings, and smoked meats and fish. The food is good and attractively presented, and the service is pleasant.

#### CURITIBA (Paraná) Barolo Trattoria

Av Silva Jardim 2487 Água Verde Tel (041) 3243 3430

An excellent Italian restaurant, Barolo Trattoria is not afraid to occasionally introduce a few Brazilian ingredients such as heart of palm into its recipes. Meat dishes dominate the menu but vegetarians will find plenty of salads and fine pasta dishes to choose from.

#### CURITIBA (Paraná) Boulevard

Rua Voluntários da Pátra 539 Tel (041) 3023 8244

One of Curitiba's best restaurants, Boulevard serves French dishes with Italian accents aimed at Brazilian tastes. The beef dishes in particular are superb. It boasts an outstanding wine list. Formal yet light, airy and with a comfortable environment, Boulevard has consistently been rated as one of the city's top ten places to eat.

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#### PORTO ALEGRE Puppi Baggio

Rua Dinarte Ribeiro 36, Moinhos de Vento Tel (051) 3346 3630

A charming Italian restaurant with a rustic-looking interior designed to be reminiscent of an immigrant's home. The baked polenta with bacon is fresh, and the pasta and gnocchi are served with a choice of equally fresh sauces, such as red pepper and prawn, and garlic and white wine.

#### **PORTO ALEGRE Chez Philippe**

Av Independência 1005, Independência Tel (051) 3312 5333

Situated in an imposing early 20th-century mansion with an elegant interior, Chez Philippe offers contemporary French cuisine, opting, where possible, for distinctly local ingredients, giving many of the dishes an unapologetically Brazilian accent. The fish in tomato, coconut, and heart of palm sauce is delicious and the beef dishes are all good.



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FOZ DO IGUAÇU (Paraná) Itaípu		\$\$\$\$
Rodovia das Cataratas Km 24.5, Parque Nacional do Iguaçu Tel (045) 2102		
Based in the Hotel das Cataratas in Iguaçu (see <i>p388</i> ), this is the only restau There are two distinct rooms, a very varied buffet of hot and cold Brazilian specializing in à la carte barbecue offerings, usually accompanied by tradition	and international dishes, ar	
MORRETES (Paraná) Armazém Romanus	6 A E Y	\$\$
Rua Visconde do Rio Branco 141 <b>Tel</b> (041) 3462 1500		
The best restaurant in Morretes to sample <i>barreado</i> , a tasty and rather hear hours in a sealed clay urn, the typical regional dish. A low-fat version is also with vegetables.		
PARANAGUÁ (Paraná) Danúbio Azul	6 I Y	\$\$
Rua 15 de Novembro 95 Tel (041) 3423 3255		
Right on the water's edge, this restaurant specializes in fish – and it could h choices, ranging from simply grilled to Bahian-style <i>mocquecas</i> . The restaut to watch the activity out in the bay beyond the huge glass window.		
RIO GRANDE DO SUL		
ANTÔNIO PRADO Nostra Cantina	& <b>≣</b> V	\$\$
RS-122 para Flores da Cunha Km 122 <b>Tel</b> (054) 3293 4057		
Authentic food of Italian immigrant descendents can be found in this restau Simple and hearty fare like roast chicken, salad, polenta, and pasta are mad restaurant's owner is also quite delicious.		
BENTO GONÇALVES Casa Valduga	6 I Y	\$\$\$
Linha Leopoldina, Caixa Postal 579 Tel (054) 2105 3122		
One of the foremost producers of quality wine in the Vale dos Vinhedos, C. Italian food such as roast pork and chicken, pasta, polenta, and salads. A b accompaniment. Reservations are required.		
BENTO GONÇALVES Giuseppe	6 E Y V	\$\$\$
RS-470 para Porto Alegre Km 221 Tel (054) 3463 8505		
Located in a lovely old stone farmhouse on the road leading to Garibaldi, G an all-you-can-eat galeteria, specializing in galeto (the regional dish of roas delightful dining room is decorated with pictures and mementos of the Itali	t chicken), polenta, and pas	ta. The
CAXIAS DO SUL La Vindima	<u>ا</u> ا	\$\$
Rua Borges de Madeiros 446 Tel (054) 3221 1696		
La Vindima is the oldest and best <i>galeteria</i> in town. Here, the sage-flavored which gives them an additional delicate flavor, and are served with radicchi polenta, and other Italian country dishes.		
GRAMADO Coelho Café Colonial	الا ≣ V	\$\$
Av das Hortênsias 5433 <b>Tel</b> (051) 3286 2538		
A stay in Gramado is incomplete without enjoying this café, which offers co cakes, bread, and fruity jams produced by local German and Italian farmers largest in Gramado and offers a particularly large choice of items – all you of	and bakers. This café is on	
GRAMADO Mamma Mia	د 🗐	\$\$\$
Av das Hortênsias 3400 Tel (054) 3286 1991		
A well-established galeteria, Mamma Mia is a restaurant serving typical foo Grilled chicken forms the heart of the meal, but the all-you-can-eat menu in pastas, and polenta.	d of the nearby Italian farm ncludes a range of salads, s	ers. oups,
GRAMADO Chez Pierre		\$\$\$\$
Av Borges de Medeiros 3022 <b>Tel</b> (054) 3286 2057		
This romantic little restaurant has a cozy mock-Swiss atmosphere and does delicious dish is the fondue bourguignone (meat fondue) served with a sele in Rio Grande do Sul where beef is especially appreciated. Raclettes and fre	ection of tasty dips. This is a	
GRAMADO La Caceria	د <b>ا</b> ا	\$\$\$\$\$

Av Borges de Medeiros 3166 Tel (054) 3286 2057

An elegant restaurant in the style of a German hunting lodge , La Caceria is located in Hotel Casa da Montanha. The specialty here is game such as boar, wild duck, partridge, pheasant, and rabbit. Fruit-based sauces are typically served with the flavorsome meat. The wine list – including Brazilian and foreign wines – is one of the best in town.

## SHOPPING IN BRAZIL

The most exciting aspect of shopping in Brazil is that it never fails to surprise visitors with its amazing variety. Major cities, such as Rio (*see pp90–91*) and São Paulo (*pp150–51*), boast expansive, worldclass shopping centers that have everything from sophisticated boutiques to high-tech items. Craft centers, artisans' houses, and *ateliers*  (workshops) showcase the unique, attractive products manufactured by the local people. Colorful street markets and *camelódromos* offer a truly exhilarating Brazilian shopping experience. The prices are, by and large, reasonable, and large items can be shipped home. In most state capitals and tourist areas the opening hours are extended for convenience.

#### **OPENING HOURS**

Business hours are normally from 8am until 6pm on weekdays and from 8am to 1pm on Saturdays. In large cities, tourist areas, and resorts, opening hours are more flexible Stores in central areas extend their opening hours until 7 or 8pm on weekdays and 4pm on Saturdays, Shopping centers are open from 10am to 10pm from Monday to Saturday. In resorts and tourist areas, even small stores are open daily until midnight during the high season.

#### HOW TO PAY

Major credit cards are accepted in most stores in large cities and resorts, though there may be a minimum spend value (about R\$50). US dollars are sometimes accepted in tourist areas, but in small towns it is best to pay in cash using the *real* (see p431).



Interior of an upmarket clothing store in Jardins, São Paulo

## SHOPPING CENTERS & HYPERMARKETS

More convenient than street stores and offering much more than shopping alone, shopping centers have multiplied in the last few years. Fast-food chains and restaurants, department stores and boutiques, clothes repair, cobblers, and other services can all now be found within one complex. A combination of supermarket and department store, hypermarkets are often located on main roads and the outskirts of towns. Apart from the ubiquitous local chain, Extra, foreign names such as Wal-Mart and Carrefour also have a formidable presence in Brazil.

In resorts, smaller shopping centers sell souvenirs and fashionable items. Department stores such as C&A and Casas Pernambucanas have found their way into shopping centers, although they exist more prominently as street shops in the large city centers.

#### MARKETS & CAMELÓDROMOS

Almost every medium-size city in Brazil has its own special market, some located in beautiful historical buildings. Lively and picturesque, these markets sell an array of fresh products from meat and fish to fruit and cheese. Authentic regional food, typical sweets, and crafts



Ver o Peso, Belém's picturesque waterfront mercado (market)

can also be found here. Ver o Peso market in Belém (*see p268*) and public markets in Olinda (Pernambuco), as well as Porto Alegre (Rio Grande do Sul) are good examples.

Everywhere in Brazil, street traders or *camelôs* sell goods on improvised stands, or at places called *camelódromos*. A wide range of items, from clothes to electronics of fairly decent quality, are sold at reasonably reduced prices.

It is possible for shoppers to bargain at open-air markets. Vendors will often start at double the price of products, but with a little skill and some charm on the part of the buyer, this can be reduced. Be on guard in crowded street markets, as pickpockets are not uncommon. Be discreet when taking out money to pay.



Traditional musical instruments and masks for sale in Bahia

#### **ART & CRAFTS**

Every region in Brazil has its own distinctive handicrafts. The use of specific raw materials makes every piece of work unique. The best way to buy these pieces is to go directly to the *ateliers*. Tourist information offices can provide the addresses. Craft centers, where artists can be seen at work, offer lower prices than the upmarket souvenir shops.

Typical Amazonian crafts include indigenous masks, jewelry, plume helmets, basketwork, and bows and arrows in Manaus, Belém, and Santarém. Attractive replicas of Marajoara pottery are sold in Belém and the Ilha de Marajó. Delicate lacework is found in all northeastern states, while Pernambuco and Bahia are famed for their fine ceramics.

Woven items, hand-crafted furniture, and Arraiolo tapestry are popular in Minas Gerais. In the south, Santa Catarina's crystalware is exceptional. In the state of Rio Grande do Sul, it is worth looking for good-quality woolen items in Gramado and Caxias do Sul.

#### GEMS

Brazil has 60 percent of the world's gem reserves. It is the world's largest exporter of rough-cut gems and the sixth largest exporter of worked gems. The variety and quantity of precious stones are spectacular. Amethyst. citrine diamond emerald opal, and roval topaz are just a few of the gems that Brazil is famous for. Rough and worked pieces can be bought in the cities of Ouro Preto (Minas Gerais) Cuiabá (Mato Grosso) Salvador and Chapada Diamantina (Bahia). and Porto Alegre. Designed jewelry can also be found in these places, as well as in São Paulo and Rio de Janeiro.

Although gems are largely sold in open-air markets, it is best to buy them at stores offering origin warranty certificates, which gives the weight (in carats), quality, origin, and – in the case of readymade jewelry – the characteristics of any precious metal used.



Salesman displaying gems, Howard Stern Jewellers, Ipanema

#### FOOD & DRINK

Brazil is known for its rich variety of conserves, dried fruits, and cakes (*see pp392–3*). Another favorite is fruit – figs, citron ciders, pineapples, and oranges – crystallized in compôte. These delicacies can be bought at public markets, craft centers, and confectioners' shops, found everywhere in Brazil.

An immensely popular beverage, *cachaça* (sugarcane liquor) is produced all over the country and locally distilled (*see p393*). The best *cachaça* comes from Minas Gerais, Rio de Janeiro, Bahia, Pernambuco, and Ceará. It can also be bought at craft centers, local bars, and in hypermarkets in the larger cities.

Excellent coffee and gournet blends are easily available in all big cities in Brazil. Look out for the ABIC seal on the packets, as this certifies the coffee quality.



Cachaça emporium in Paraty, with a large array of different types for sale

## ENTERTAINMENT IN BRAZIL

Raccording to the region and the according to the region and the region and the brazilians love going to bars, cafés, or *botecos* (a kind of bar with snacks and an old-fashioned atmosphere) to meet with friends and drink cold beer. This usually happens before and after other



DJ Zod playing in a nightclub

activities such as watching movies, plays, and shows. Dancing is another popular

#### INFORMATION & BOOKING

Most Brazilian shows, such as plays and operas, do not run for very long and tickets must be booked quickly. Rio and São Paulo have specific magazines with a good listing of events and entertainment (see b95 & b153). In most other Brazilian cities, local newspapers are the best way to find out what's on. They usually come with special sections or supplements on Fridays or on weekends showing cinema, theater, and other entertainment listings

Only the most active theaters and concert houses provide listings on a website on the Internet. In some big cities, shows can also be booked via Ticketmaster using Visa, MasterCard, and American Express, for a small additional service fee. Hotel concierges can often be helpful and informative when it comes to finding out what shows are on and booking them as well.

#### DISCOUNT TICKETS & FREE EVENTS

In general, students and seniors (over 60) get a 50 percent discount for most events. The conditions for students vary from state to state. In Rio de Janeiro, any person under the age of 21 gets a discount. In other cities, students must show their university identity card. There are many free events at museums and cultural centers, but as they always become crowded quickly, arriving early is wise. Almost every city has one or more cultural centers. Supported by the government or by private companies, they often offer cheap tickets or free access to a variety of events, such as plays, dance, and art exhibitions, performed by professional or amateur companies.

#### PERFORMING ARTS

Theater and dance shows are popular in bigger cities in Brazil, where the theaters feature regular shows. At some resorts, dance or musical performances take place during the high season, or during specific summer or winter festivals. Most plays run only for a season. There is a fair amount of traditional and experimental theater, many dance performances, and

activity with Brazilians. In a country known for the richness of its rhythms, there are venues catering to all kinds of music and dancing, from *forró*, *samba*, and *axé* to techno and electronic music. Outdoor activities, such as soccer and volleyball, are national pastimes. Water parks, beaches, and public gar-

dens are also good places to enjoy the warm weather and outdoor activities.

chamber and classical music recitals to attend. Some performances have become annual traditions, such as *The Passion of Christ* play staged during the Passion Week at an open-air theater in Nova Jerusalém (*see p223*) in the state of Pernambuco. Another big performance takes place every January in São Vicente (*see p169*), retelling the story of the foundation the town.

Musical shows are as prolific in Brazil. They take place at venues ranging from bars and theaters to sophisticated cultural centers. During music festivals, concerts are held in open-air areas, such as squares, public parks, or beaches. The really big and famous acts, which can be costly, usually perform in the stadia and require advance booking of tickets.



quickly, arriving early is wise. A view of the private boxes in the Teatro Amazonas, Manaus (see pp282-3)



Inside Rio City's world-famous soccer stadium, Estádio Maracanã (see p84)

#### CINEMA

In larger cities, modern multiplex cinemas, most of which are located in shopping centers, mainly feature recent Hollywood and European as well as good Brazilian films There are also a few good cineclubs, especially in Rio and São Paulo, that screen feature- and short-film festivals, often screening films with English subtitles. There are three main cinema chains operating in Brazil - United Cinemas International (UCI) Cinemark, and the Brazilian Plavarte. They offer facilities for disabled people and sell tickets in advance via the Internet or at the box office.

#### BARS, CAFÉS & BOTECOS

Nightlife is always exciting in large cities, resorts, and tourist areas. Bars are open through the week, usually after 6pm until 1 or 2am (some continue until sunrise, especially those on the beaches); some are open 24 hours. Most cities offer a wide variety of bars to visit - dance bars, bars with live music, and in the bigger cities, gay and lesbian bars. Botecos - traditionally carioca bars known for their simplicity and good snacks - have now been adopted by many cities and have increased in popularity and sophistication.

Happy hour is an institution in many of the larger cities. It begins at 6pm and extends until 9 or 10pm, after which many people carry on at allnight bars. Bars and kiosks on and near the beaches are often crowded and buzzing with activity, through the week, and especially on weekends. Cities without beaches generally make do with tables and chairs spread over the sidewalks with impromptu cafés sprouting up outside restaurants.

#### SOCCER MATCHES

Soccer is a national passion – across Brazil there are 800 soccer clubs, 13,000 amateur teams, and 300 stadia, including Rio City's Estádio Maracanà (*see p84*), one of the largest in the world. There are many championships through the year, with matches taking place on Wednesdays, Thursdays, and weekends.

It is not always easy to get a ticket for these games, and very often there are immense queues to purchase tickets. Clubs and stadia do not sell tickets on the Internet. There are some websites that sell tickets online, provided this is done well in advance. Most travel agencies would be able to provide information on this.

#### GARDENS & THEME PARKS

Public gardens and parks are always crowded on weekends. Many of them offer jogging tracks, roller-skating rinks, sports courts for playing soccer, volleyball, basketball, tennis, and other games.

Theme parks are becoming increasingly popular everywhere in Brazil. Nowadays, most of these parks include some form of outdoor activity, such as swimming pools, water slides, water tobogganing, horse-riding, and roller-coasters.



Live music in the popular Carioca da Temin, Lapa district, Rio de Janeiro

# SPECIALIZED HOLIDAYS & OUTDOOR ACTIVITIES

The climate and great variety of landscapes – mountains, flatlands, waterfalls, and forests – make Brazil an outstanding outdoor destination. This ecological paradise offers great opportunities to observe its fascinating flora and fauna, or to indulge in adventure sports that allow close contact with the environment. Visitors can choose from a range of thrilling activities such as rappeling

ECOTOURISM

Brazil's rich and varied ecosystem has much to offer and ecotourism is becoming a popular a form of tourism. Visitors can capture on film the splendor of the Amazon rainforest near Manaus, or enjoy excursions into the forest organized by jungle lodges. Similar eco-tours can also be undertaken from Belém or Santarém (Pará) Amazon Explorers and Selvatur are the two agencies based in Manaus, in Belém contact Paratur, Pantanal Nature offers tours and expeditions into the vast wilderness of Pantanal. Nobres, and Chapada dos Guimarães from Cuiabá.

Serra da Capivara (see pp248-9) and Sete Cidades parks (Piauí) (see p249) offer amazing rock formations, while Chapada Diamantina in Bahia (see pp204-205) and Chapada dos Veadeiros (see pp312-13) in Goiás have good trekking trails, forested

areas, and scenic waterfalls. National parks such as Serra dos Órgãos (*see p115*), Parque Nacional do Itatiaia (*see p111*) and Aparados da Serra (*see p358*), and natural reserves such as Ilha do Cardoso (*see p171*) offer a broad range of biodiversity. Look for **Fazenda Palomas** or contact **Fellini Turismo** for special rural tours in Rio Grande do Sul.

#### BIRD-WATCHING & SAFARIS

Home to almost a fifth of the world's bird population, Brazil offers a surfeit of birdwatching excursions. **Birding Brasil Turismo**, based in Manaus, provides good deals. **Iara Turismo** conducts special programs. **Estação Ecológica Santa Lúcia**, run by renowned naturalist Augusto Ruschi, organizes regular birdwatching. Ornithologist **Edson Endrigo** organizes tours to Parque Nacional Itatiaia (*see p111*) and Ubatuba. A typical safari can be experienced at Jalapão State Park (*see p310–11*). The travel agency **Korubo Expedições** uses a truck with hatches for professional photo equipment.

down cliffs, canvoning, or climbing

peaks in spectacular settings. However,

the infrastructure varies from region

to region. It is best to get in touch with

reputed tour operators licensed by

Embratur, a government tourism

agency. Other interesting activities may

involve learning to dance to the

beautiful rhythms of forró and samba.

performing the legendary *capoeira*, or

even joining a game of soccer.



Spectacular golden sand dunes in Jalapão

#### OFF-ROAD DRIVING

Many beautiful sites in Brazil are accessible only by off-road vehicles. The Transpantaneira road (Pantanal) and the Estrada Park road are attractions in

themselves, allowing passengers to leisurely observe the flora and fauna. The Transpantaneira extends 93 miles (149 km) from Poconé to Porto Jofre in Mato Grosso and has 126 wooden bridges to cross. Many inns and farms receive visitors along this road. Stretching 73 miles (117 km), the Estrada Park road links Corumbá to Buraco



The rare and striking scarlet ibises that inhabit the Ilha de Marajó (see p270)

das Piranhas (Piranha's Hole) in the state of Mato Grosso do Sul. Another enjoyable road experience is to cross Ialapão State Park, a wonderful contrast of golden dunes and gushing waterfalls. Korubo Expedições offers week-long packages leaving from Palmas. The Northeast region's off-road adventure Rota das Dunas (Dunes Route) runs from Fortaleza (Ceará) to São Luís (Maranhão), passing through Jericoacoara Beach and Delta do Parnaíba (a group of 80 islands) and Parque Nacional dos Lencóis Maranhenses (see pp250-51). For bookings contact Dunnas Expedicões and Jeri Off-Road.

#### **CYCLING & BIKING**

Cycling and mountain biking have been attracting increasing numbers of enthusiasts to Brazil. Many tour operators rent bikes, and provide necessary equipment, food, and accommodation. Trancoso (Bahia) is the starting point of the Discovery Route – a crossing that passes through wonderful beaches. Contact **Sampa Bikers** and **Natural Cicloturismo** for details.

Mountain biking is an interesting way to discover the attractions of Florianópolis (Santa Catarina). There are 30 trails that traverse its 42 beaches, lakes, and stunning landscape. These and other options in the state can be found at **Caminhos do Sertão** 



Ecotourism by bicycle, Parque Nacional dos Lençóis Maranhenses

and **Ecos da Serra**. Cycling tours near the Parque Nacional Aparados da Serra covering the cities of Gramado, Canela, and the Vale dos Vinhedos (*see p355*) are organized by **Casa da Montanha Adventures**. Accommodation can be found at the Parador Casa da Montanha, a kind of luxurious camping site.

#### WATER SPORTS

Vast stretches of beach, and an abundance of rivers, lakes, and waterfalls make water sports widely available and accessible in Brazil. Fernando de Noronha (Pernambuco) and Itacaré (Bahia) are hot destinations for water sports such as snorkeling, surfing, and wind surfing. Búzios and Rio (Rio de Janeiro), and Ubatuba and Guarujá (São Paulo) are easier. while Praia



Canoeing on the Rio Cristalino near Cristalino Jungle Lodge (see p319)

Joaquinas and other beaches in Florianópolis pose more challenging water sports options (*see pp346–7*).

The country has many scuba diving options. **PDIC Brasil** (Professional Diving Instructor's Corporation) is a good place to contact. Rio de Janeiro state, Cabo Frio, Angra dos Reis, Paraty, and Ilhabela in São Paulo are outstanding places for diving and exploring shipwrecks. Beaches in the Northeast are a snorkeler's paradise.

Among the sail sports, kitesurf reigns in Ceará's beaches and lakes near Jericoacoara. **Kite Club Preá** provides facilities, tours, and safaris for intermediate to advanced kiters in Preá, a small fishing village east of Jericoacoara.

Rafting and canoeing enthusiasts should head to Brotas and Socorro, in São Paulo; Três Rios, in Rio de Janeiro; Domingos Martins, in Espírito Santo; Jaguariaíva and Tibagi, in Paraná; Apiúna, in Santa Catarina; and Rio Cristlino, in the Amazon rainforest of Mato Grosso.

Cascading and canyoning can be challenging, but highly enjoyable, in the waterfalls of Chapada dos Veadeiros in Goiás and Cipó mountains, in Minas Gerais where visitors can get in touch with ABETA (Brazilian Adventure Travel Association).

For those who enjoy fishing, Clube de Pesca Cananéia helps organize expeditions. This club can also make arragements for the obligatory fishing license.

#### LANGUAGE & CULTURE

Almost 70 universities in the country offer Portuguese classes to foreign students Many of these courses are now open to visitors. Some language schools also offer flexible Portuguese courses, which can stretch from one week to many months These lessons may include lectures on Brazilian culture and guided tours of museums and galleries. Some of them prepare for the Portuguese Proficiency Certificate (CELPE-Bras), the Portuguese language qualification granted by the Ministério da Educação, Excellence Idiomas, Idiomas to Go, and Diálogo Language School are some of the better private school options.

#### **MUSIC & DANCE**

The sensuous dance forms of Brazil have evoked a lot of interest worldwide. With their natural hospitality Brazilians are easily motivated to teach dance steps at bars, dance houses, parties, and local performances. But you can also arrange to take professional dancing classes in the cities. In Rio de Janeiro, it is possible to learn with the famous dancer Carlinhos de lesus at **Casa de Danca**. In



Couples dancing the forró on a festive occasion

São Paulo, one can visit **Avenida Club** and take *samba* lessons from professional dancers. Diálogo Language School conducts workshops on dancing and singing to Brazilian rhythms, which may be tied in with Portuguese language classes. These lessons are a good way to familiarize oneself with the most representative artists of Brazilian popular music.

#### SOCCER

It is possible to arrange day and residential soccer camps, as well as team and individual training sessions or family packages. The coaching programs vary from a week to several months and may include friendly games and tournaments for players between 6 and 18 years of age. Some good options are Central de Intercambio in São Paulo City, Cruzeiro Esporte Clube in Belo Horizonte (Minas Gerais), and Athletic Center Football Club, a soccer academy located in Poços de Caldas (Minas Gerais). The Athletic Center also organizes special tours involving visits to famous clubs and stadia.

#### CAPOEIRA CLASSES

The amalgam of acrobatic movements, rhythm, music, and song make *capoeira* (*see p199*) a big draw. Almost every city has an academy. **Zebra & Pepi** take lessons on the Itacaré beaches. In Salvador, **Filhos de Bimba** is one of the best and most famous *capoeira* schools. With several branches outside Brazil, it strives to keep alive the regional spirit of *capoeira*.

#### VOLUNTEER PROGRAMS

Volunteers can work in non-profit organizations contributing in the field of education, child welfare, health, ecology, and theenvironment. This is a good way of getting to know local people, and at the same time making a social contribution. These programs are open to adults of any age, and may include homestay with a Brazilian family. The program duration commonly varies from two to ten months. To enroll contact Diálogo Language School, World Study, AFS Intercultura Brasil, or BIL Intercâmbios. For all such programs, a basic knowledge of Portuguese is required.



A rigorous soccer training session, Ipanema beach, Rio de Janeiro City

#### ECOTOURISM

#### **Amazon Explorers**

Av Djalma Batista 2100, Sala 10, Manaus, Amazonas. **Tel** (031) 3261 5707. **www**.abeta. com.br

#### Fazenda Palomas

BR-158 Santana do Livramento, Rio Grande do Sul. **Tel** (055) 3505 6417. **www**. fazendapalomas.com

#### Fellini Turismo

Rua Gen Bento Martins, 24 Conj. 401, Porto Alegre, Rio Grande do Sul. **Tel** (051) 3216 6300.

#### **Pantanal Nature**

Rua Campo Grande 487, Cuiabá, Mato Grosso. *Tel* (065) 3322 0303. www. pantanalnature.com.br

#### Paratur

Praça Maestro Waldemar Henrique, Belém, Pará. *Tel (091) 3212 0669.* www.paratur.pa.gov.br

#### Selvatur

Av Constantino Nery 761, Manaus, Amazonas. *Tel* (092) 3262 1704, 3622 2577. www. selvatur.com.br

#### BIRD-WATCHING & SAFARIS

#### Birding Brasil Turismo

Conjunto Acariquara 214, Manaus, Amazonas. *Tel (092) 3638 4540.* www.birdingbraziltours. com

#### Edson Endrigo

Rua Antonio Aggio 1296/11, São Paulo. *Tel (011) 3742 8374.* www.avesfoto.com.br

#### Estação Ecológica Santa Lúcia

Av José Ruschi 4, Museu Mello Leitão, Santa Teresa, Espírito Santo. **Tel** (027) 3259 1182.

#### lara Turismo

Av Gov José Maicher 815, Belém, Pará. **Tel** (091) 4006 3850.

## DIRECTORY

#### Korubo Expedições

Rua Traipu 260, São Paulo. **Tel** (011) 4063 1502. www.jalapao.com

#### OFF-ROAD DRIVING

Dunnas Expedições Av Desembargador Moreira 2001, Fortaleza, Ceará. *Tel (085) 3264* 2514.

#### Jeri Off-Road

Rua Principal 208. Jericoacoara, Ceará. *Tel (088) 3669 2268.* www.jeri.tur.br

#### **CYCLING & BIKING**

#### Caminhos do Sertão

Rua Caminho do Arvoredo 169, Rio Vermelho, Florianópolis, Santa Catarina. *Tel (048) 3234 9527.* www.caminhosdosertao. com.br

#### Casa da Montanha Adventures

Av Borges Medeiros 3116, Gramado. *Tel (054)* 3504 5302. **www**. paradorcasadamontanha. com.br

#### Ecos da Serra

Rua Presidente Lincoln 76. Lages, Santa Catarina. *Tel* (049) 9972 9672. www.ecosdaserra.com.br

Natural Cicloturismo Praça do Bosque, Trancoso, Bahia. Tel (073) 3668 1955.

#### Sampa Bikers

Rua Baluarte 672, São Paulo. *Tel (011) 5517* 7733. www. sampabikers.com.br

#### WATER SPORTS

#### ABETA (Brazilian Adventure Travel Trade Association)

Rua Rio Grande do Norte 1560, Sala 401, Belo Horizonte, Minas Gerais. *Tel (031) 3261 5707*. www.abeta.com.br

#### Clube de Pesca Cananéia

Rua João Maciel, Porto Cubatão, Cananéia, São Paulo. **Tel** (013) 3851 6117. **www**. pescacananeia.com.br

Kite Club Preá Preá Villa, Jericoacoara, Ceará. *Tel (088) 3669 2359.* www.kiteclubprea. com

#### PDIC Brasil (Professional Diving Instructors Corporation) Av Presidente Vargas 446, Grupo 1006, Rio de Janeiro. *Tel* (021) 2263

Janeiro. **Tel** (021) 2263 8068. **www**.pdic.com.br

#### LANGUAGE & CULTURE

#### Diálogo Language School

Rua João Ponde 240, Barra, Salvador, Bahia. *Tel (071) 3264 0007.* www.dialogobrazilstudy.com

#### **Excellence Idiomas**

Rua Bento Lisboa 70A, Catete, Rio de Janeiro. **Tel** (021) 2225 7430. www.excellenceidiomas. com.br

#### Idiomas to Go

Al Jauaperi 1020, São Paulo. *Tel (011) 5052 4802*. www.idiomastogo. com.br

#### Ministério da Educação

Esplanada dos Ministérios, Bloco L, Sala 227, Brasília. *Tel (0800) 616161.* www.mec.gov.br/sesu

#### **MUSIC & DANCE**

#### Avenida Club Av Pedroso de Moraes

1036, São Paulo. **Tel** (011) 3814 7383. **www**. avenidaclub.com.br

#### Casa de Danca

Rua Álvaro Ramos 11, Botafogo, Rio de Janeiro. *Tel* (021) 2541 6186. www.carlinhosdejesus. com.br

#### SOCCER

#### Athletic Center Football Club

Rua Antonio Benedito Silvério 40, Poços de Caldas, Minas Gerais. *Tel* (035) 3715 1000. www.athleticenter. com.br

#### Central de Intercambio

Praça Charles Miller 152, São Paulo. **Tel** (011) 3677 3600. **www**.ci.com.br

#### Cruzeiro Esporte Clube

Av Otacílio Negrão de Lima 7100, Bairro Bandeirante, Belo Horizonte. www.cruzeiro.com.br

#### CAPOEIRA CLASSES

Filhos de Bimba Rua Gregório de Mattos 51, Pelourinho, Salvador, Bahia. *Tel (071) 3322* 5082.

#### Zebra & Pepi

Rua Pedro Longo 385, Pituba, Itacaré, Bahia. **Tel** (073) 3251 2354.

#### VOLUNTEER PROGRAMS

#### AFS Intercultura Brasil

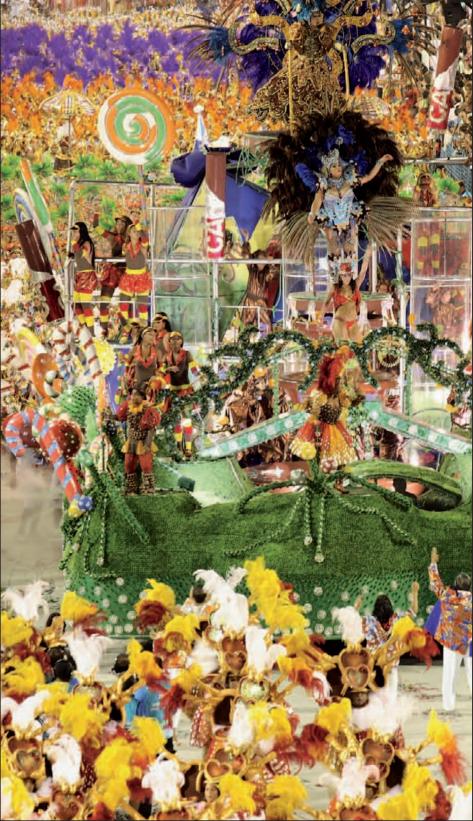
Rua Gen Dionísio 14, Humaita, Rio de Janeiro. *Tel* (021) 3724 4464. www.afs.org.br

#### **BIL Intercâmbios**

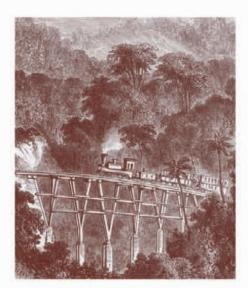
Av Paes de Barros 2609, Mooca, São Paulo. **Tel** (011) 3595 8200. www.bil.com.br

#### World Study

Av do Contorno 4480, Sala 1509, Belo Horizonte, Minas Gerias. *Tel (031) 3224 4293.* www.worldstudy.com.br



# SURVIVAL GUIDE



## PRACTICAL INFORMATION 424–433 TRAVEL INFORMATION 434–443

## PRACTICAL INFORMATION

Tourism is one of the fastest growing industries in Brazil, and for the past decade, the country has been investing heavily in new airports, hotels, and other facilities designed to make the country more attractive

to visitors. Brazil offers a variety inform of travel experiences for all ages and tastes. The sheer size of Brazil makes air travel almost a necessity for those interested in exploring beyond

#### WHEN TO GO

High season in Brazil runs from Christmas to Carnaval (held in February or early March). Many musical and cultural events take place in these months Although not as busy, a second peak season is during July and August when schools and universities have their winter break and many Europeans and North Americans visit on their summer holidays. The best times of year for lower prices and fewer travelers are the low seasons from March to May and September to November

#### WHAT TO TAKE

Dress standards in Brazil seem largely a matter of personal taste. A sarong or sheet sleeping bag is invaluable for use as a towel, a bedsheet, or beach towel. Bring a first-aid kit, raincoat, sun hat, penknife, flashlight, wax earplugs, insect repellent,



A local travel agency with Internet facilities, Morro de São Paulo



Tourist

just one region. All major tourist destinations are very well set up



information sign English. Fortunately, the friendliages ness and outgoing nature of the people razil more than makes up for these challenges and Brazilians overall are very wond helpful in assisting foreigners.

eye mask for sleeping on buses, and a chain for securing luggage to bus or train seats. For a jungle trip, a hammock is a good idea.

#### **VISAS & PASSPORTS**

All travelers to Brazil must have a valid passport. Holders of European Union or New Zealand passports do not require a visa. Those with US, Canadian or Australian passports need to apply for a visa at the Brazilian embassy or consulate in their country of residence. Passport holders of other nationalities should check with the nearest Brazilian embassy.

Upon arrival, visitors receive a 90-day entry stamp, which can be extended for another 90 days by the Polícia Federal. up to a Polícia maximum of 180 days Federal per vear. Visitors are also badge required to fill out an entry card that they must keep with their passport at all times. It must be surrendered when leaving Brazil. Failure to produce this slip of paper may lead to a fine, and will certainly result in a hassle.

The 90 days are added on the day of renewal. There may not be a requirement to get an extension much before the expiry date. An expired visa cannot be extended.

The Polícia Federal may request to see an outbound ticket and proof of sufficient funds for the remainder of your stay. Those who outstay their visa term will be fined upon departure.



Map of Canoa Quebrada in one of its streets to assist tourists

#### TOURIST INFORMATION

All international and domestic airports in Brazil have tourist information booths that offer maps, brochures, and general information. These are usually

run by either the state or city's tourist office.

Embratur Overseas Offices, the national tourist office, with its headquarters in Brasília, is run by the Ministry of Tourism. It has several overseas offices, including those in the United Kingdom.

the United States, France, Germany, Spain, Portugal, and Japan.

#### LANGUAGE

The language of Brazil is Portuguese, but it is quite different in style and pronunciation from the Portuguese spoken in Portugal. The language has quite a few similarities with Spanish. In major tourist areas, the staff will speak some English and/or Spanish. However, in general, English is not widely spoken and often Brazilians will only have a basic intermediate knowledge of the language.

#### RELIGION

Brazil is often called "the largest Catholic country on earth." although, to be accurate, one should probably call it the "largest and least devout" of Catholic nations Many Brazilians consider themselves culturally Catholic. without being regular churchgoers. In recent years, the influence of the Church has greatly diminished Traditional Afro-Brazilian religions are still followed, especially in the North and Northeast, with the religious ceremonies and practices gaining more acceptance over the years.

#### TIME

Brazil has four time zones Most of the country is three hours behind GMT (known as the Brasília Time Zone) Both Rio de Janeiro and São Paulo. as well as all of Southern and Northeast Brazil and Pará and Amapá states are three hours behind GMT. The island group of Fernando de Noronha is two hours behind GMT The states of Mato Grosso Mato Grosso do Sul Amazônia, Rondônia, and Roraima are four hours behind GMT. The state of Acre. in the far western corner, is five hours behind GMT. During daylight saving hours it gets a little bit more complicated. The southern states set their clocks back an hour, but the states in the north and northeast do not.

#### ELECTRICITY

There is no uniform voltage across Brazil. Some states are 110 volts, others 220 volts. Rio de Janeiro and São Paulo

are both 110 volts. Brasilia is 220 volts. Hotels will often have plugs for both voltages and are good at labeling the outlets. Adapters for laptops and cellphone chargers can normally handle the full range of voltage, but it is always better to check the specifications of your equipment to be sure.



Local tour guide with a group of tourists in Cachoeira

#### **ETIQUETTE**

Brazilians are very friendly and outgoing, even when meeting someone for the first time When introduced men will greet each other with a handshake and a friendly slap on the shoulder. Good friends usually embrace. When introduced to a woman, it is customary to greet her with a handshake and a kiss on the cheek (one kiss in São Paulo and the South two kisses in Rio, the North, and Northeast). When introduced to a group of people, everybody has to kiss or shake hands with everybody else.

#### WOMEN TRAVELERS

A woman alone, especially at night, will attract some form of attention. It usually depends on where you are. Steer clear of areas around train stations, since it is likely to be a redlight area at night. The transport terminals themselves, though, are usually policed and fairly safe at all hours.

#### SPECIAL NEEDS

Travelers with mobility problems will find Brazil



Wheelchair

parking sign

problems will find Brazil a very challenging country. Although it is relatively easy to find wheelchair-accessible hotels and restaurants, very few public places are accessible or wheelchair-friendly. Older buildings may still lack elevators or ramps. and streets and

sidewalks are often uneven or broken. The metro system in Rio has electronic wheelchair elevators, but these are not always operational. For short distances, buses are not the best option for disabled travelers to get around. Taxis are better, and plentiful in most cities. For long distances, however, buses are generally comfortable, with special services offering fully reclining seats. Wheelchairs are available at all main airports

#### TRAVELING WITH CHILDREN

Those traveling with small children will find Brazilians very child-friendly and accommodating. There are virtually no places that do not welcome children. Brazilians themselves think nothing of bringing their children to restaurants, theaters, cafés, concerts, or other events.

#### PUBLIC TOILETS

Public toilets are not that hard to find in Brazil, but vary greatly in cleanliness. Clean toilets can usually be found in hotel lobbies, shopping centers, and in public locations such as bus stations, parks, or beaches. A fee is sometimes charged. Note that toilet paper is sometimes dispensed from a central dispenser outside the stalls. It is a good idea to carry a roll of toilet paper.

#### Directory

#### VISAS & PASSPORTS

#### Polícia Federal

Aeroporto Internacional Antonio Carlos Jobim, Terminal 1, Rio de Janeiro. *Tel (021) 3398 3198.* www.dpf.gov.br

#### TOURIST INFORMATION

#### Embratur Overseas Offices

UNITED KINGDOM 18 Greyhound Rd, Hammersmith, London. *Tel (044) 207 396 5551*. www.braziltour.com

#### USA

5 Penn Plaza, 23rd floor, New York. *Tel (01) 646 378 2126.* www.braziltour.com

## Health & Medical Matters

Brazil has a free national public healthcare system Even foreign tourists will receive medical attention in any of the public hospitals, should they require it. Unfortunately, the public health system is overloaded and inadequately funded, especially in the rural areas of Brazil. Oueues can be long and tedious, and facilities are not always up to European or North American standards. However, Brazil's private hospitals and clinics, though not free, offer world-class medical facilities. A good travel insurance policy will give access to these private facilities in an emergency, but remember to read the fine print carefully. Overall, hygiene standards in Brazil are high. Normal care is required with food and drink, and with preventive vaccinations, particularly when visiting the most remote parts of the country.



A fire brigade ambulance parked outside a fire control office

#### VACCINATIONS

It is a good idea to consult a travel clinic or family doctor for an International Certificate of Vaccinations, an up-to-date list of the required vaccinations. The ones most commonly recommended are a DTP (diphtheria, tetanus, and polio) booster, as well as for typhoid and hepatitis A.

A vellow fever vaccination is also required. This disease is endemic to many parts of South America, including Brazil. Officially, all visitors to Brazil are required to show proof of yellow fever vaccination. Although the requirement is not regularly enforced for visitors coming from North America or Europe, it is compulsory for those from other countries in South America. Entry can be denied upon failure to show proof of vaccination. Anti-malarial tablets may be advisable for those visiting some of the more remote parts of the Amazon.

#### TROPICAL DISEASES

Visitors to Brazil's major tourist destinations rarely have to worry about tropical diseases. The one tropical disease that can occur anywhere in the country, even in urban areas, is dengue fever. It is a viral infection that prevails throughout South America. The disease is transmitted by mosquitoes, and there is no vaccine to prevent it. It is much more common in the summer months, from December to March. Symptoms include high fever, joint pain, and headaches (especially behind the eyes). The illness usually runs its course in a week or 10 days, but a check-up is recommended to avoid any complications.

Cholera occasionally occurs in remote areas, but is mostly preventable by taking proper hygiene precautions such as drinking filtered water and washing and peeling fruit and vegetables. The most important precaution is to wash hands frequently.

#### PHARMACIES

For minor ailments travelers can turn to Brazil's farmácias. or pharmacies. These can be found everywhere, are always well supplied, and are often open late. Every city will have at least one that is open 24 hours. Many medications that in other countries are available only by prescription can be bought over the counter in Brazil. Take care to remember the generic name of a medication taken regularly. A trained pharmacist is normally on hand to recommend the appropriate medication for common ailments such as diarrhoea, allergies, rashes, or infections. It is possible to get injections and free medical advice in pharmacies all over Brazil.



A well-stocked pharmacy in São Paulo



Holiday-makers relaxing under umbrellas on the beach

#### PRIVATE HOSPITALS

Brazil does not offer the best medical facilities in its public hospitals. Foreign visitors, in particular, may find it difficult getting a bed, unless it is an infectious disease. In most public hospitals, the level of health care will not match European or US standards.

Private hospitals, however, offer world-class facilities. Though good medical care may be rare to find in rural areas, in the larger cities you will never be far from a decent private hospital. In many big cities, local tourist offices and some good hotels can provide a list of doctors who can speak English, French, and German.

For medical emergencies in a remote area, an air ambulance service offers a pick-up within 24 hours of calling. However, it is advisable to contact the travel insurance company before requesting for this service.

Though fairly affordable by international standards, private treatment in Brazil may turn out to be expensive. Many doctors and hospitals do not accept travel-health insurance, and insist on payment in cash.

#### HEALTH PRECAUTIONS

A visit to Brazil, by and large, does not require special health precautions. Impure water and contaminated food are usually the reasons for most diseases. However, hygiene standards of food and drink are high, especially in major tourist areas. Water is usually filtered or bottled and ice cubes are made from filtered water. Even in the most remote parts, mineral water is easily available. As long as fruit, vegetables, and meat are handled properly, they can be eaten safely.



A local drink seller on a Rio de Janeiro beach

#### SUN PROTECTION

Visitors from the northern hemisphere should take extra care with Brazil's intense tropical sun, especially for the first few days in the country. Brazil basks in almost year-round sunshine, making adequate sun protection absolutely crucial. Avoid exposure between 11am and 3pm and apply sunscreen to all exposed parts of the body. Wear sunblock (minimum SPF 30) and limit tanning to a only few hours. Pharmacies and grocery stores sell a variety of national and international sunscreen brands. Those sold on the beach itself, or in street markets, are best avoided. The contents may either be fake, or have been kept in storage for a long time, which causes the active ingredients to deteriorate.

#### DIRECTORY EMERGENCY NUMBERS

Ambulance Tel 192.

#### PRIVATE HOSPITALS

#### Rio de Janeiro

Hospital Samaritano, Rua Bambina 98, Botafogo. *Tel (021) 2537* 9722. www.hsamaritano.com.br Copa d'Or, Rua Figueiredo de Magalhães 875, Copacabana. Map 3 D1. *Tel (021) 2545 3600.* www.rededor.com.br/copador

Hospital Ipanema, Rua Antônio Parreiras 67, Ipanema. **Map** 2 C4. *Tel* (021) 2287 2322.

#### São Paulo

Hospital Albert Einstein, Av Albert Einstein 627–701, Morumbi. *Tel* (011) 3747 1233. For ambulance: (011) 3747 0200. www.einstein.br

Hospital Sírio-Libânes, Rua dona Adma Jafet 91, Bela Vista. **Map** 4 F2. *Tel* (011) 3155 0200. www.hospitalsiriolibanes.org.br

## Safety for Travelers

Brazil is known to have a higher crime rate than anywhere in North America and Europe. However, in reality, the kind of violence that affects travelers is mostly limited to the bigger cities, and is usually restricted to crimes that target valuables such as cameras, credit cards, cell phones, or cash. Such assaults are rare in the countryside and smaller towns. While some parts of Brazil can truly be regarded as violent and dangerous, travelers can be assured of personal security by using common sense and observing some very basic precautions.



Local showing the way to visitors, Salvador

#### PERSONAL SAFETY

The large cities, especially Rio de Janeiro. São Paulo, and Salvador, are generally considered more prone to violence than the rest of Brazil. Statistically, crime rates in these cities are significantly higher than in cities in Europe or the US. However, much of the violent crime is confined to poorer neighborhoods in parts of the city where travelers rarely venture. The crime that visitors are most likely to be susceptible to is theft or robbery. The most basic precaution is not to carry anything worth stealing and to avoid empty beaches and nearly-empty streets after dark. Avoid ostentatious behavior such as walking around with expensive equipment: instead keep it in a plain bag.

When sightseeing, keep all belongings in a bag that can be placed in a money-belt. Never carry large amounts of cash. Credit cards are widely accepted and can be used for purchases in most hotels and

stores. Keep a few small bills handy in a pocket so that when making small purchases, the wallet doesn't have to be pulled out in a busy area. Public transport is safe in the daytime but in the evenings taxis are a better option. If you get robbed. just hand over your valuables, as robbers are often armed with a gun or a knife. Streets

and public places can be unsafe at times. A very common technique is to distract the victim by spraying something on their shoulder. An accomplice may then offer to clean the mess, while the thief will make off with your belongings. The best and safest way is to politely turn down any such offer.

It is always best to exercise caution when someone unknown offers a drink, or even cigarettes. Instances of drugging, or spiked drinks are not uncommon in Brazil.



A Guarda Municipal policewoman patrolling on a bicycle, Rio City

#### POLICE

Brazil has several different types of police that travelers are likely to encounter. Known to be the most efficient by far, the **Policia Federal** (*see p424*) is responsible for passport control at airports and border crossings. Dressed in plain clothes, they deal with visas and their extensions.

Dressed in grav uniforms and caps, the Polícia Militar are responsible for public safety and can be seen patrolling the streets, beaches, and highways. These policemen often carry out "blitzes" (traffic checks) along major streets or roads. These can appear a little intimidating as the Polícia Militar come out in full gear, carrying automatic weapons. If you are driving a car. slow down, turn on the interior light, and roll down the windows.

A few cities with a strong tourist presence, such as Rio and Salvador, also have **Polícia de Turismo**,



A brightly painted tourist police station in Olinda

or tourist police, who offer assistance in case of any difficulty. Unfortunately, many of them do not speak English. A special Delegacia do Turista (tourist department) is available for those who require further help or wish to report a crime.

The state-controlled **Policia Civil** handle local laws and investigate more serious crimes. When there is no tourist police post in the vicinity, thefts are reported to these policemen. Rio City has an unarmed guard force, **Guarda Municipal** (Municipal Civil Guards), to complement state police patrolling of parks and beaches.

#### **REPORTING A CRIME**

If you have been the victim of a crime, it can be reported at the nearest police station or tourist police office. This should be done within 24 hours of the crime. To obtain a report of the incident or theft for insurance purposes, insist that you receive a copy of the boletim de ocorrência. There may be nobody at the police station who speaks English, so it may be useful to request a hotel employee or tour guide to accompany you if you need to file a report. Missing credit cards should be reported to the



Polícia Militar booth in São Paulo, responsible for traffic checks

relevant company (see p430). In case you have lost or damaged your passport, it is recommended that you contact your nearest consulate or embassy.

#### **IDENTIFICATION**

It is mandatory in Brazil to carry some form of photo identification. Often you will be asked to show some form of ID when entering an office building or government agency, or sometimes even a museum or library. To avoid carrying around a passport, keep a photocopy, and carry some other form of less valuable ID such as a student card, or a health card that has your picture, name, and date of birth.



### DIRECTORY

#### POLICE

Guarda Municipal www2.rio.rj.gov.br/gmrio

Polícia Civil Tel 197 or 147.

Polícia Militar Tel 190.

Polícia de Turismo RIO DE JANEIRO Av Afrânio de Melo Franco 159, Lebion. Map 1 B4. *Tel (021) 2332 2924*. SALVADOR Praça São Francisco 14, Pelourinho. *Tel (071) 3322 1188*. SÃO PAULO Av São Luíz 91, Centro. Map 1 B3. *Tel (011) 3214 0209*.

#### CONSULATES

#### Australia

Av Presidente Wilson 231, Centro, Rio de Janeiro. **Map** 5 E4. *Tel* (021) 3824 4624. www.cdasp.org.br

#### Canada

Av Atlântica 1130, 5th Floor, Copacabana, Rio de Janeiro. **Map** 3 F1. **Tel** (021) 2453 3004.

Av Nações Unidas 12901, São Paulo. **Tel** (021) 2543 3004. www.brazil.gc.ca

#### Ireland

Rua 24 de Maio 347, Raichuelo, Rio de Janeiro. **Tel** (021) 2501 8455.

Av Paulista 2006, Conjunto 514, São Paulo. **Map** 4 E2. **Tel** (011) 3287 6362.

#### New Zealand

Alameda Campinas 579, São Paulo. **Map** 4 F3. *Tel* (011) 3148 0616.

#### UK

Praia do Flamengo 284, Rio de Janeiro. **Tel** (021) 2555 9600.

Rua Ferreira de Araújo 741, Pinheiros, São Paulo. **Tel** (011) 3094 2700.

#### USA

Av Presidente Wilson 147, Rio de Janeiro. **Map** 5 E5. **Tel** (021) 3823 2000.

Rua Henri Dunant 500, São Paulo. **Tel** (011) 5186 7000.

## Banking & Local Currency

Brazil provides a range of accessible banking facilities and money exchange services. Except for the US dollar, foreign currencies are rarely accepted outside of major tourist regions. Exchange rates for cash transactions are usually not very good, and the best rates can be obtained on credit card or *caixa automática* (automated teller machine) transactions. Credit cards, widely accepted in most establishments, can be used to withdraw local currency (*real*), giving a more favorable exchange rate, and are by far the most convenient. Traveler's checks can be changed in banks and *casas de câmbio* (exchange offices).

#### **BANKING HOURS**

HSBC has a number of banks that are open from 9am to 5pm on all weekdays. Most other banks, including Banco do Brasil, are also open on weekdays, but only from 10am to 4pm. Hours for changing money or traveler's checks are even more limited, usually falling between 11am and 2pm. Automated teller machines (ATMs) have more flexible hours but are not always open 24 hours.

#### ATMS

The easiest way of getting cash in big cities is by using ATMs (*caixa automática*), which are widely found and accept foreign cards. Check with your bank prior to traveling to Brazil whether your ATM card can be used internationally for cash withdrawals and that you have the appropriate PIN (*numero de identificao*). In addition to ATM cards, most bank machines will also give



Automated teller machine (ATM) at a branch of Banco do Brasil

a cash advance on a credit card. Banco do Brasil, HSBC, Citibank, Bradesco, and Banco 24 Horas have reliable networks that work with international cards.

Bank machines are often updated and adjusted so other banks may join the network. For safety reasons, bank machines are not always open 24 hours. ATMs may close at 8 or 10pm, or be programmed to dispense only



Branch of Banco do Brasil with caixa automática (ATMs)

### DIRECTORY

#### CREDIT CARDS

AmEx Tel (01) 336 393 1111.

Diners Club Tel (0800) 4001 4444.

MasterCard Tel (0800) 891 3294.

Visa Tel (0800) 891 3680.

#### BANKS

#### Banco do Brasil

Av Paulista 2163, São Paulo. Map 4 E2. *Tel (011) 3066 9322*.

Rua Joana Angélica 124, Ipanema, Rio de Janeiro. **Map** 2 A4. *Tel (021) 3554 9700.* www.bb.com.br

#### HSBC

Av Paulista 949, São Paulo. Map 4 E2. *Tel (011) 3146 8500.* 

Nossa Senhora de Copacabana 583, Rio de Janeiro. **Map** 3 E2. *Tel (021) 3816 8100.* www.hsbc.com.br

a small amount of money. It is also good to plan ahead on weekends or statutory holidays when machines sometimes run out of cash. Keep in mind that some small towns and islands do not have ATMs, so plan ahead.

#### CREDIT CARDS

Credit cards are widely accepted in Brazil. The most commonly used cards are AmEx. MasterCard. and Visa. Diners Club is less widely used. Credit cards can be used in almost all establishments. Street markets and kiosks, of course, only take cash. When you pay by credit card the cashier will usually ask "débito ou credito" (debit or credit). It is important to state "credito" as most international credit cards do not work as debit cards. Credit cards with a PIN can also be used to make cash withdrawals from ATMs at banks. The service fee is higher for using a credit card instead of a regular ATM card. It is a good idea to instruct your bank that you will be using your card in Brazil, so as to avoid any transaction problems at a later stage.

#### TRAVELER'S CHECKS

Very few banks will cash traveler's checks, and at those that do, there is a high fee and a long wait. The Banco do Brasil, for example, charges a flat fee of US\$20 per transaction. Some hotels and some tour operators will accept traveler's checks, but the exchange is always bad. American Express will cash AmEx traveler's checks for free, but they only have offices in a few major cities in Brazil. It is more convenient to use a credit card for major expenses incurred at hotels and on excursions.

#### CURRENCY

The currency of Brazil is the *real* (R\$, plural *reais*). All bank notes come with a print of a Brazilian animal. The smallest R\$1 and R\$2 notes

are green and blue. respectively, featuring a hummingbird and sea turtle. The purple R\$5 and the red R\$10 have pictures of a heron and a macaw respectively. The vellow R\$20 notes feature the endangered mico-leão *dourado* (golden lion tamarin) monkey. The brown R\$50 notes come with a picture of a jaguar. R\$100 bills, featuring the endangered dusky grouper fish, are often impossible to break at small shops, so stock up on change at drugstores and grocery stores.

#### Banknotes

Brazilian reais bills come in denominations of 1, 2, 5, 10, 20, 50, and 100. Brazilian bank notes are bright, with each denomination coming in a different color.



5 reais



20 reais

#### Coins

*Coins come in the following denomination: 1, 5, 10, 25, 50* centavos *and 1* real. *100* centavos *make up 1* real.





10 centavos



25 centavos



50 centavos

1 real

431



### Communications



Brazil has an efficient communication system Telecommunication systems are reasonably advanced and mobile phones are widely used. Postal networks, with a variety of services. including registered post and express

Internet café sign

mail, are quite reliable. Most hotels subscribe to a digital or satellite television service with

international channels. Although there are no foreign language Brazilian newspapers, foreign newspapers are available in all major cities, mostly in the main airports. business districts and tourist centers

#### PUBLIC PHONES

Public telephones (orelbôes. or "big ears") are plentiful all over Brazil. Pay phones do not take coins. You must purchase a phone card (cartão telefonico), available at newsstands, drugstores, and post offices. To make overseas collect calls from a pay phone you have to contact the operator (dial 21) to complete the call for you. Local or long-distance collect calls within Brazil can be made by dialing 9090 before the number

#### USING THE PHONE

Almost all telephone numbers in Brazil are now eight digits. Unfortunately, phone listings are not always updated right away. If you do come across a seven-digit number, it is

### USING A PHONECARD TELEPHONE

Lift the reciever and wait for the dial tone

Insert phone card and wait for the screen to display units available.



long-distance service provider (brestadora). The two-digit code of the prestadora needs to be dialed before the area code In listings long-distance numbers often look like this 0-XX-11-3455-3288. The twodigit *prestadora* number is inserted in place of the "XX." Customers have several options, depending on the region and prices. Embratel (Brazil's largest telecommunications company) phonecards work everywhere in Brazil. If using Embratel. the number would look like this - 0-21-11-3455-3288 This can sometimes be confusing because some *prestadora* codes are the same as some area codes

#### MOBILE PHONES

Mobile phones are common all over Brazil, and are generally used in most public. places, including in restaurants. Most tri-band GSM phones will work in Brazil. You can purchase a local SIM chip upon arrival and obtain a local number. Some phones need to be unlocked before they can be used in a foreign country. Check with your phone company before leaving home. If your service provider has a roaming agreement with Brazil, you can use vour regular number.

#### DIALING CODES

- · A local call requires only the seven or eight digit number without the area code.
- To phone Brazil from overseas, dial the international access code, followed by Brazil's country code (55), followed by the two-digit area code and local number.
- To call abroad from Brazil, dial 00, then the prestadora code, followed by the country code, area code, and phone number.
- Contact Embratel at 0800 703 2100 to ask for collect calls or international calls.



Public telephones, easily available all over Brazil

best to confirm if it is still correct. Local calls do not require an area code, whereas long-distance calls do. This consists of two digits. All long-distance calls (within Brazil and international) also require the use of a



The distinct blue and yellow colors of a post office in Rio de Janeiro

### POST OFFICES

The Brazilian postal service is quite efficient. Post offices (correios) are open from 9am to 5pm Monday to Friday. Large shopping centers and airports will have branches with longer open-

in longer opening hours, including Saturdays. Regular delivery service within Brazil takes two to four days and overseas 6 to 12 days. For

guaranteed or regis-

Post box

tered delivery, the correios offers the excellent sedex (domestic Brazilian express mail) service, which functions like a courier service. In larger cities, there are also several international couriers for express overseas delivery.

#### COURIER

For international courier services, it is best to use an international courier company such as DHL or FedEx. Dropoff points are mostly in Rio de Janeiro and São Paulo. and a few in other cities, but wherever available, both companies will schedule convenient pick-ups and provide all the documentation required for an international delivery. Do remember, delivery from Brazil to the main cities and towns in the US or Europe normally takes 48 hours.

#### INTERNET

Internet service is widely available in Brazil and usually quite cheap. If traveling with a laptop, ask about the hotel's in-room Internet access rates. Cyber cafés are the cheapest options for accessing the Internet, and are usually found in shopping centers, and large bookstores. Some of the bigger Internet cafés inlude FNAC Centro Cultural and Icone Espaço Cultural, in São Paulo, and Livraria Letras e Expressões and Cyber Copa Café, in Rio.

#### ADDRESSES

Most addresses are fairly straightforward, giving the street name first, followed by the number. Landmark buildings or houses in small towns may be listed as s/n (sem número or without number). Other common abbreviations in addresses include *lj* or *loja* (shop), *sl* or sobreloja (first floor or mezzanine), and *apt* or *apartamento* (apartment).

# NEWSPAPERS & MAGAZINES



language daily newspapers or magazines. The main Brazilian dailies are *O Globo* and the *Folba de São Paulo*. The Friday editions include a cultural and entertainment section with detailed information **on**, on shows, concerts,

plays, movies and

Brazil does not

have any English

Local publications, São Paulo exhibitions. The bestselling weekly news magazines are *Època*, *Veja*, and *IstoÉ*. On weekends, in Rio de Janeiro and São Paulo, the *Veja (see p152)* edition includes a separate magazine and listings related to cultural events.

Foreign newspapers and magazines can be purchased in large cities, in the tourist areas or business districts. These are also available at all major airports.

Newspapers and magazines are most commonly sold at a newsstand (*banca de jornal*). Newsstands in Ipanema in Rio and Praca de Republica in São Paulo have a good range of international newspapers. Supermarkets and bookstores also sell them, but often carry a smaller selection.

### DIRECTORY

#### POST OFFICES

Av Nossa Senhor de Copacabana 540, Copacabana, Rio de Janeiro. **Map** 3 D2, 3 E2. **Tel** (021) 2256 1448.

Rua Pamplona 1083, Jardim Paulista, São Paulo. **Map** 4 F3. **Tel** (011) 3283 1500 (in São Paulo), (0800) 771 3451 (elsewhere in Brazil).

#### COURIER

#### DHL

**Tel** (011) 3618 3200 (in São Paulo).

#### FedEx

**Tel** (011) 5641 7788 (in São Paulo), (0800) 771 3451 (elsewhere in Brazil).

#### INTERNET

#### Cyber Copa Café

Av Nossa Senhora de Copacabana 1077, Rio de Janeiro. **Map** 2 C4. **Tel** (021) 2287 9403.

### FNAC Centro Cultural

Av Pedroso de Morães 858, São Paulo. **Map** 3 A3. **Tel** (011) 4501 3000.

Icone Espaço Cultural Rua Augusta 1415, São Paulo. Map 4 F1. *Tel* (011) 3288 9206.

Livraria Letras e Expressões Rua Visconde de Pirajá 276, Ipanema, Rio de Janeiro. Map 2 5A. *Tel* (021) 2247 8737.

# TRAVEL INFORMATION

Directional sign

at airport

7

7

ost travelers arrive in Brazil by plane. There are regular scheduled flights from Europe and North and South America. Travelers from Asia or Africa will most likely have to connect elsewhere before continuing to

Brazil. Several airlines offer stopovers to or from Brazil at no extra cost. Almost all direct flights land at São Paulo's international airport or in Rio de Janeiro. There are a few regular flights to Salvador and Recife. However, most direct flights to these and other destinations in the Northeast, such as Fortaleza or Natal, are European charter flights. Air

travel within Brazil is quite efficient, and even the most remote locations are accessible by plane.

### ARRIVING BY AIR

Most direct international flights land either in Rio de Janeiro or São Paulo. Convenient connections are available for those continuing to other domestic destinations. Travelers will clear customs at the airport where they first enter Brazil.

#### INTERNATIONAL AIRLINES

Most major European and North and South American airlines operate regularly scheduled flights to Brazil. Delta, **American Airlines**, Continental Airlines, KLM, Lufthansa, Air France, British Airways, Alitalia, Iberia, Tap, and others offer non-stop flights to Rio de Janeiro and São Paulo. The largest Brazilian airline, **TAM**, has regular flights to Europe and the USA. There are also nonstop flights to Salvador de



Modern, well-equipped Belém International Airport

Bahia from Madrid with **Air Europa**, and from Miami with American Airlines. **Gol**, Brazil's second largest airline, flies internationally to Latin American destinations only.

### **ON ARRIVAL**

All tourists are expected to fill out a *cartao de entrada/saida* (entry/exit card). Immigration officials will keep half and return the other to you. This card is important. It serves as proof of stay in Brazil and will be checked upon departure. Loss of the card may result in a major hassle and possibly a fine (*see p424*). Officials will also stamp your passport, and in case they are not granting you the usual 90day stay in Brazil, the number of days will be written beneath the word *Prazo* on the stamp in your passport. For an extension of the 90day entry stamp, contact the Polícia Federal (*see p424–5*).



A Gol aircraft at the Deputado Luíz E. Magalhães International Airport, Salvador



Taxis waiting outside Internacional de Guarulhos, São Paulo City

#### CUSTOMS REQUIREMENTS & DUTY FREE

All international travelers are allowed to purchase up to US\$500 at the Brazilian dutyfree shop in the arrival hall. Purchases must be made prior to exiting the customs area. Visitors may bring items for their personal use, including electronics. Expensive gadgets, such as cameras or laptops, may need to be registered upon arrival to ensure that they will be taken out of the country again. Gifts up to a value of US\$500 can be brought in without additional duties: Brazilian duty-free purchases are not included in this amount

#### **GETTING FROM AIRPORTS**

In Rio City, taxis can be a rip-off. Instead, go for the **Real Auto Bus**, which runs an efficient half-hourly bus service. São Paulo City offers excellent air-conditioned shuttles known as the "Airport Service." These run every 30 minutes, and depart from the arrivals terminal. Taxis, too, are easily available at a fixed price. Salvador's international airport is linked to the city center by an hourly shuttle express bus service.

# TRAVEL AGENCIES & PACKAGES

European residents have access to some attractive package deals to Northeast Brazil. Packages typically include hotel and airfare to a popular destination such as Fortaleza. Natal, or Recife, Though affordable, these package tours do not offer a lot of flexibility. Independent travelers, who wish to visit several destinations must book their own airfare and hotels. Confirm hotel prices with travel operators, as Brazilian hotels often reserve their best prices for agencies.

A number of travel agencies, such as **Brazil Nuts**, offer customized tours or programs, including activities for seniors, youths, gay travelers, or for those interested in cultural activities. **Journey Latin** 

### DIRECTORY

#### INTERNATIONAL AIRLINES

American Airlines Tel (1800) 433 7300.

Gol Tel (0300) 115 2121. www.voegol.com.br

TAM Tel (0800) 570 5700. www.tam.com.br

#### AIRPORT SHUTTLES

Real Auto Bus Tel (0800) 3424 0850.

#### TOUR OPERATORS

#### **Brazil Nuts**

1610 Trade Center Way, Unit 4, Naples, USA FL 34109. *Tel* (01) 239 593 0266. www.brazilnuts.com

#### Brol

2665 South Bayshore Drive, Suite 445, Miami, USA FL 33133. *Tel* (0305) 379 0005. www.brol.com

#### Journey Latin America

12 & 13 Heathfield Terrace, Chiswick, London, UK W4 4JE. *Tel* (020) 8747 3108. www.journeylatinamerica.co.uk

America, a UK-based travel agency, offers tailor-made tours across Brazil. Based in Miami, Brol (BR Online Travel) is the first American online travel company to specialize in Brazil.

AIRPORT	INFORMATION	DISTANCE TO CITY CENTER	AVERAGE TAXI FARE	AVERAGE JOURNEY TIME
Internacional de Guarulhos	(011) 2445 2945	São Paulo City 17 miles (28 km)	US\$50	40 minutes
International Airport Tom Jobim	(021) 3398 5050	Rio de Janeiro City 12 miles (20 km)	US\$40	45 minutes
Deputado Luíz E. Magalhães	(071) 3204 1010	Salvador 17 miles (28 km)	US\$55	40 minutes
Internacional dos Guararapes	(081) 3322 4188	Recife 11 miles (18 km)	US\$30	20 minutes
Eduardo Gomes	(092) 3652 1210	Manaus 10 miles (16 km)	US\$40	25 minutes
Internacional Salgado Filho	(051) 3358 2000	Porto Alegre 4 miles (6 km)	US\$15	15 minutes

### Domestic Air Travel



The sheer size of Brazil makes air travel the preferred mode of transportation. The country has an excellent network of airlines and

**Gol logo** most airports have been modernized. Air travel is an important means of transportation to reach remote areas in Amazônia and the interior of Brazil. All towns in the country have at least an airstrip, and all cities have an airport, usually some distance from the city, or located fairly centrally, as in the case with São Paulo City and Rio City.



Gol Linhas Aereas Inteligentes aircraft taxi at Congonhas airport, São Paulo

#### DOMESTIC AIRLINES

Domestic air travel within Brazil is a well organized and efficient form of transportation. There are currently two major airlines that fly both international and domestic routes - TAM and Gol (see p437). Domestic bargain airlines include OceanAir. Webjet, Gol, and Trip. Smaller airlines, such as Pantanal. operating flights between São Paulo and Mato Grosso do Sul, have recently built up a wide and inexpensive network throughout the Amazon region.

#### CHECKING IN

Check-in for domestic flights is normally 60 minutes prior to departure. A valid ID is required, and foreigners are required to show their passport upon check-in. Make sure to keep the luggage claim tags handy upon arrival, as airport staff will check for those when exiting the baggage claim area.

#### AIRPASS

Non-residents of Brazil who arrive on an international flight are entitled to buy an airpass with TAM, making long-distance flights within Brazil quite affordable. The airline sells the pass for US\$479, for which you are allowed four domestic flights within a 21-day period. Additional segments can be purchased. No direct return flights are allowed. For example, Rio-Manaus-Rio-Salvador is not allowed but Rio-Manaus-Salvador-Rio is.

A travel agent can explain the detailed terms and conditions, or else, check the airline's website for more information.

#### HIGH SEASON

High season for domestic air travel corresponds with the major holidays and vacation periods in Brazil. The peak season is in the Brazilian summer, from the week of Christmas until Carnaval in mid-February or early March. The month of July is also peak season when schools and universities are off on their winter break. Other popular periods are Easter, Corpus Christi, and Independence Day (September 7).

TAM offers significant discounts for those who take night flights. As unpleasant as departures and arrivals in the wee hours may be, the savings can be significant. It is also advisable to book well ahead of time when planning to take flights Friday evening or Monday morning between major cities.

#### AIR TAXI

Many parts of Brazil. and particularly Amazônia. feature air taxi companies. Air taxis, known locally as teco-tecos, are not the most reliable form of transportation. Before taking one, be aware that the airstrips are often dangerous. These small planes routinely fly overloaded, and are very often in questionable condition. There are no checks made on the qualifications of pilots, so taking an air taxi is at the traveler's own risk.



Teco-teco (air taxi) in the Amazon region



A Varig flight landing at Fortaleza airport

# RESERVATIONS & CANCELLATIONS

Flights tend to be booked in advance so book your tickets as far ahead as possible. The only exception to this is the Rio–São Paulo shuttle, where you can purchase tickets on the spot. Flights at the beginning and end of working days and on weekends are usually quite crowded.

Confirm onward flights a day or two in advance. This can be done over the phone, as most airlines have English-speaking staff.

If you have an airpass and you happen to change your flight, remember to cancel the original flight. If you don't do so, the computer will flag you as a no-show, and all your other airpass reservations will also be canceled. Similarly, if you miss a flight, reconfirm all onward flights on your airpass. If you don't, all your other flights will be canceled.

#### DOMESTIC AIRPORTS

Along with domestic airports, such as **Aeroporto de Congonhas** in São Paulo, and **Aeroporto Santos Dumont** in Rio de Janeiro, there are small domestic airports all over Brazil, including Recife, Belo Horizonte, Cuiabá, Campo Grande, Curitiba, Fernando de Noronha, Florianópolis, and Fortaleza.

### DIRECTORY

#### DOMESTIC AIRLINES

**Gol** *Tel* (0300) 115 2121. www.yoegol.com.br

Ocean Air Tel 4004 4040. www.oceanair.com.br

Pantanal Tel (0800) 602 5888.

**Trip** *Tel* (0300) 789 8747. www.voetrip.com.br

#### Webjet

**Tel** (0300) 2101 234 or (0800) 7231 234. **www**.webjet.com.br

#### DOMESTIC AIRPORTS

Aeroporto de Congonhas Tel (011) 5090 9000.

Aeroporto Santos Dumont Tel (021) 3814 7070.

Both Congonhas and Santos-Dumont airports are close to the commercial areas. The shuttle services to the city centers take around 50 minutes.

RIO DE	JANE	IRO							CHAF	
0:45	1:15 = Duration in hours:minutes SÃO PAULO									
2:30	1:00	FLORIANÓPOLIS					<b>GETTING AROUND</b> Due to the size and distances across Brazil,			
1:30	1:35	2:17	BRASÍLIA					the fastest and easiest way to travel around the country is by air. All big cities, smaller		
3:00	2:55	6:00	2:45	MAN	AUS towns, and even more remote areas across the country have airports, or at least an air strip of some sort. Domestic flights are					
3:35	5:25	4:40	2:20	1:00	0 BELÉM		available to and from just about any major city across Brazil.			
4:00	5:45	5:25	2:27	4:20	1:00	SÃO	LUÍS	city 2	10000	Diazii.
3:00	2:30	0:55	2:30	4:25	2:50	1:10	FORT	ALEZA		
2:45	3:00	6:18	2:20	7:30	4:20	2:45	1:10	RECIP	E	
1:50	0:45	5:10	1:55	7:30	7:45	4:35	1:40	1:10	SALVA	ADOR
0:50	1:00	3:00	1:10	7:00	5:00	4:45	4:00	3:55	1:35	BELO HORIZONTE

## Bus & Car Travel

Bus and car travel is a challenge in Brazil, both because of the distances, and because of the often poor quality of the roads. Brazil possesses a total of 932,000 miles (1.5 million km) of federal, state, and local roads but only 49,000 miles (79,000 km) are paved and in decent condition. Intercity bus travel is well organized and most routes offer efficient and comfortable express services. Though car rentals are widely available, given the distances and the high cost of gasoline, a car is not really advisable for longer trips, but it is a convenient way to explore attractions closer to the city.



Busy rodoviária (central bus terminal) in São Paulo

#### BUSES

Brazil has an excellent network of long-distance buses which makes traveling around the country easy and economical. Intercity buses leave from a central station. called a rodoviária, usually built on the outskirts of the city. Buses are operated by numerous private companies, but prices are standardized. and very reasonable. Several categories of buses operate on longer routes. Regular buses (ônibus comum) sometimes do not have air conditioning, so ask. Comum com ar are regular buses with air conditioning. The executivo bus is more comfortable. its chairs wider and equipped with footrests. The best buses for overnight trips are known as semi-leito or leito. Semileito have seats that recline almost horizontally and have large footrests. Leito buses offer a fully horizontal bedlike seat. Both normally offer onboard refreshments, blankets, and pillows. Nearly all buses have onboard bathrooms. Buy your tickets from the rodoviária ahead of time, especially on holidays.

#### CAR RENTALS

All major cities and most smaller cities and towns offer car rental services such as Avis and Localiza. Car rental offices known as locadoras can be found at every airport and in most towns. Foreigners need to show a valid driver's license from their home country, state, or province, their passport, and a major credit card. It is also a good idea to carry an International Driver's Permit (IDP). A wide variety of cars are available in Brazil, from small economy models with no air conditioning, to large

air-conditioned 4WDs Rental agreements can be with full or partial insurance, with unlimited driving or with a per kilometer charge. In terms of price a 4-door mid-size sedan with air conditioning. unlimited driving and full insurance will cost about R\$150 (US\$75) per day in a larger city. In smaller towns and remote areas, prices go up by 50 to 100 percent. It is a good idea to check with locals about the condition of the roads you plan on taking.

### GAS STATIONS

Cars in Brazil run on either gasoline or alcohol, but car rental agencies normally rent only gasoline models. Service stations selling gasoline are more common, especially in remote areas. On longdistance road trips, service stations may be few and far between, so ensure that the car is in good condition. Always be well prepared with some cash, water, enough car fluids, a good spare tyre with tools, and a flashlight.

#### DRIVING IN TOWNS

Driving in Brazilian towns and cities can sometimes be a frustrating experience. Anytime after about 9pm, especially in Rio and São Paulo, drivers begin to treat red lights as strictly optional. Be especially alert at intersections at night (even as a pedestrian). Often the driver running the red light won't even slow down, because of the risk of robberies at isolated intersections.



Posto de Gasolina (gas station) in Rio de Janeiro

On highways and secondary roads, drivers tend to be fearless overtaking other vehicles, even when they can't see what's around the bend

Parking in cities can be a bit tricky. It is worth paying extra for a hotel with a lock-up garage facility. Do not leave valuables in the car. It is also worth paving a few reais to selfappointed "guards" who may approach you to watch over your car.

#### RULES OF THE ROAD

Officially, the rules of the road are much the same as in Continental Europe or the United States. Drive on the right side of the road- unlike the USA right turns on red lights are not allowed. Roundabouts are common only in Brasília. The right of way is always with the car already in the roundabout. or to the left

However, it is the application of these rules or lack thereof - that sets Brazil apart, Most Brazilians are aggressive and impatient drivers. They tend to drive fast, overtake often, either on the right or left, and when they cannot, they hang impatiently on your back bumper. Do not expect the large bus driving next to you to stay in its lane. Drivers

switch lanes constantly, for no apparent reason, normally without signaling.



photo radar. Seatbelt laws are also rigorously enforced. But in larger cities such as São Paulo Rio and Salvador, traffic is still very chaotic. In case of an emergency it is best to call the Policia Militar (see pp428-9).

Parking sian

Road accidents should be reported to the department of transport. Detran, in the respective state.

#### ROAD NETWORK

Brazil's intercity road network is made up of state and federal highways Federal highways are denoted by the initials BR followed by the number of the highway (BR-163). State roads are indicated by the state initials (RI for Rio de Janeiro. PA for Pará, and so on) followed by the highway number (PA-150) Toll roads have become more common recently. Most are run by private companies. They are usually well maintained and offer roadside assistance

Most other state and federal highways are undivided 2-lane blacktops, with occasional passing lanes. Care is required when driving

### DIRECTORY

#### CAR RENTALS

#### Δvis

Tel (011) 2155 2847 (São Paulo) or (0800) 725 2847 www.avis.com.br

#### Localiza

Tel (0800) 979 2020 www.localiza.com.br

#### EMERGENCY

#### Dotron

Tel (021) 3550 9744 (Rio de laneiro)

on these roads. Generally speaking, the roads in southern states such as Rio and São Paulo are much better than in northeastern or Amazônian states such as Bahia or Rondônia. Even in the south, roads in bad condition are not uncommon.

Traveling by night is best avoided. With very few exceptions, highways in Brazil are poorly lit, and completely lacking in reflective paint, reflective signage, and the road-side reflectors that show the edge of the road.

The best compilation of national road maps come bundled with the Guia Ouatro Rodas, a publication brought out by a Brazilian motoring organization of the same name, available at newsstands, bookstores, and magazine stalls.



Road sign meaning "slow down" on a highway near Goiás

## Train & Boat Travel in Brazil

Train travel is not a common mode of transportation in Brazil. While large parts of the country have never seen train tracks, in other areas, many routes have been deactivated in favor of roads. Today, the few remaining routes are of more interest to train aficionados, and are often of great scenic beauty. In some parts of Brazil, boat travel is still the only mode of transportation. With few roads connecting the major cities, particularly in the Amazon and along the northern coast, locals depend entirely on boats to get around. On the Rio Paraguay, on the western edge of the Pantanal, boats are used for multi-day fishing charters.



Trains waiting at the Luz railroad station in São Paulo

#### TRAIN TRAVEL

Although Brazil does not have a large train network, there are a few specific routes that can be useful for travelers and are good for a scenic ride. The Minas-Vitória train journey is an excellent day trip, and perfect for those traveling between the cities of Belo Horizonte, in the heartland of Minas Gerais, and Vitória on the Espírito Santo coast.

The quickest and most comfortable way to travel between São Luís and the interior of Pará, in Northern Brazil, is the São Luís Carajás railroad. In the state of Amapá, also in Northern Brazil, a passenger and cargo train runs from the port of Santana, 124 miles (200 km) inland, to the former mining town of Serra de Navio. Its passenger cars, though old and in need of maintenance, are still functional.

Brazil offers a few charming, short historic routes. Steam locomotive trains, lovingly called Maria Fumaca, or "Smoking Mary," run on these routes. One of the journeys this unique steam engine makes is a regular 7-mile (12km) run on weekends between São João del Rei and Tiradentes (see p132), historic towns in Minas Gerais. An appealing short trip is offered along the route between the beautiful historic mining town of Ouro Preto, one of Brazil's best preserved colonial towns and Mariana also in Minas Even though the towns are only 7 miles (12 km) apart, the route buzzes with history, as gold miners and gem hunters in the days of the gold rush used to travel through these hills. Contact the Estação Ferroviária for further details

Another spectacular route is the Curitiba-Paranaguá train ride through the Atlantic rainforest of the Serra do Mar. The most unforgettable stretch is between Curitiba and Morretes (*see p337*). For information, contact the **Curitiba Ticket Office**.



The interior of a Maria Fumaça steam locomotive train

#### **BOAT TRAVEL**

In many parts of Brazil, boats are a vital form of transport. The network is extensive, and services are regular, although the facilities largely depend on the type of boat chosen for traveling.

In the Amazon, rivers are still the major highways, and old-style wooden river boats are an important part of the transportation system. The most common and popular route runs between Manaus and Belém. The journey takes four days downstream and five days upstream. On this route, there are also several larger and more modern boats, which feature airconditioned cabins and even enclosed air-conditioned hammock spaces. Continuing right up to Tefé, AJATO runs a speedboat service every Wednesday and Saturday. with airplane-style seating.

On most other routes, the boats are the older, smaller traditional type, with small wooden cabins, and two



A picturesque view of one of the Maria Fumaça steam trains



Cruise ship Iberostar moored on the Manaus harbor

open decks – upper and lower – where passengers sling their hammocks. Meals and water are provided.

Boats of the old style ply dozens of routes throughout the Amazon basin. The most common routes run between Manaus and Porto Velho Manaus, Tabatinga, and São Gabriel de Cachoeira, near the borders of Peru and Columbia, respectively, and Manaus and Santarem, halfway to Belém. The Manaus-Santarem route also has a high-speed catamaran which makes the journey in a single day. Those more keen on tours than transportation can go for one of the comfortable boats for charter in Manaus. such as Viverde, that take passengers on a personal exploration of the Amazon River. For information on buying tickets in advance. contact Amazonastur, the state tourism agency.

The Rio Paraguay on the western edge of the Pantanal has a large fleet of boats, most of which are outfitted for multi-day sport fishing cruises. These boats depart from both Corumbá in Mato Grosso do Sul and Caceres in Mato Grosso.

On the Northeast coast, an absence of roads connecting the Maranhão and Piauí coast makes boat travel the only alternative to long detours inland. The most scenic option is to travel from Parnaíba in Piauí through the islands and inlets of the Delta da Parnaíba to Tutóia, one of the gateways to the Lençóis Maranhenses.

#### **CRUISE TRAVEL**

A very leisurely way to travel the Brazilian coast is on board a cruise ship. Several companies offer three- to five-day cruises, most typically between Santos Rio de Ianeiro as far as Salvador, or other Northeastern cities. Another route starts in Recife and travels to Fernando de Noronha. There is now also a regular cruise ship, the Iberostar Grand Amazon, that departs from Manaus on three- and four-day cruises on the Amazon Tropical Cruises which leaves from Rio de Ianeiro City, offers very good trips along the Atlantic Coast. The old-style Amazon Clipper Cruises can be excellent for a tour of the Rio Negro.

### DIRECTORY

#### TRAIN TRAVEL

#### Curitiba Ticket Office

**Tel** (041) 3888 3488. **www**.serraverdeexpress.com.br

#### Estação Ferroviária

Praça Cesário Alvim 102, barra, Ouro Preto. *Tel (031) 3551 7705.* www.mariafumacamg.com

#### **BOAT TRAVEL**

#### AJATO

Rua Bares 3, Centro, Manaus **Tel** (092) 622 6047.

#### Amazonastur

**Tel** (092) 2123 3819. **www**.amazonastur.am.gov.br

#### Viverde

Rua dos Cardeiros 26, Manaus *Tel* (092) 3248 9988. www.viverde.com.br

#### CRUISE TRAVEL

Amazon Clipper Cruises Tel (092) 3656 1246. www.amazonclipper.com.br

Iberostar Grand Amazon Tel (092) 2126 9927. www.iberostar.com.br

Tropical Cruises Tel (021) 2487 1687. www.tropicalcruises.com.br



Yachts at anchor near Ubatuba beach, São Paulo state

## Getting around Brazilian Towns

Public transportation in Brazil varies greatly from city to city and region to region. Large cities such as São Paulo and Rio de Janeiro have modern metro systems that offer quick access to many parts of the city and decent bus systems. However, in most cities and towns, the main mode of transportation is the bus and its variations, such as minivans and minibuses. Taxis are plentiful and quite affordable. In very small communities where there is little in the way of regular public transportation, people often use motorcycle taxis (moto-taxis). It is a cheap and fast one-person ride.



Visitors exploring the town of Búzios on foot

#### ON FOOT

Visitors to Brazil often seem preoccupied with street crime. What they should really worry about is traffic. Pedestrians get little or no respect. It is safest to assume that cars have the absolute right of way everywhere at all times. Even when the pedestrian has the right of way, such as when crossing with a green light, extreme care should be exercised at all times.

After dark, or when traffic is light, or when police are absent, cars tend to run red lights. Also, when making a right turn, cars rarely give preference to pedestrians trying to cross. Pedestrians should also be aware of bikes or motorcycles that may go down the wrong way on a one-way street. Always look both left and right.

Motorcyclists often weave in and out between the cars at high speeds. Be very careful when walking in between stopped or slow moving traffic.

#### TAXIS & MOTO-TAXIS

Taxis are affordable and a quick mode of transportation. Prices generally run 50 to 70 percent lower than in Europe or North America. Most taxis work on the meter. When starting the ride, make sure that the meter is cleared and shows "tariff 1" except from 11pm to 6am, Sundays, and in December when "2" is permitted. Drivers sometimes "forget" to start the meter and end up charging a flat rate.

The only taxis allowed to charge a flat rate are radio taxis or cooperatives at airports, bus stations, or other specific locations. The price will be set before the passenger gets in. Rates are typically 30 to 40 percent higher than regular metered taxis, but you know what the final price will be. Although these pre-paid taxis are not a bargain, they may be good value when taking a taxi from the international airports in Rio de Ianeiro and Ŝão Paulo (see p435), where taxi drivers have developed the



Moto-taxi stand in Camamu with moto-taxi drivers

unfortunate habit of taking advantage of tourists who don't speak Portuguese and aren't familiar with Brazil.

In most cities, taxis can be hailed on the street or at numerous taxi stands. Renting a taxi for the day is an inexpensive alternative to renting a car. The price is negotiated with the driver. Taxis in small towns do not have meters, so it is best to agree upon a price in advance.

Another option in smaller towns is the moto-taxi, or motorcycle-taxi. The driver carries an extra helmet and the passenger just hops on the back and rides pillion after fixing a price.

#### METRO

The metro is the safest form of public transport in Rio and São Paulo. Both cities have metro systems that are very convenient for visitors, as they offer quick and reliable transportation to a number of



Yellow Rio taxis, plentiful and relatively inexpensive



Passengers waiting to board the bus at a city bus stand in Paraná

interesting sites. It is much easier and faster to take the metro to the stop closest to your destination and then take a taxi, rather than figure out a complicated and often slow bus system.

In Rio de Janeiro, the metro runs from 5am to midnight Monday through Saturday, and from 7am to 11pm on Sundays and holidays. During Carnaval, the metro runs nonstop for the five days of the festival. The metro has two main lines, both of which are clean and safe even in the evenings. The main line from Siqueira Campos in Copacabana to Sãens Peña has 17 stops. The line splits at Estácio, with one line continuing west, while the secondary line goes north to São Cristóvão and beyond. The stops of most interest to visitors are downtown and along the southern beach neighborhoods, as well as the first few stops along the northern line to the Maracanã Stadium and Boã Vista Palace. Rio's metro now also offers a series of integrated metro-bus routes, which offer connections on airconditioned buses to many of the city's attractions that are off the metro system, such as Santa Teresa, Sugar Loaf, and Ipanema. Passengers must request a special integrated ticket (integração) at the time of purchase.

São Paulo's metro system covers quite a large part of the city. It runs from 4:40am to midnight on all days of the week and is also clean, efficient, and safer than the buses.

For both systems, one-way (*unitário*), round-trip (*duplo*), or 10-ride (*múltiplo*) tickets are available. However, no discounts are offered for multiple-ride tickets. Transfers between lines are allowed. Free metro maps are available at most ticket booths of both metro systems.

#### BUSES

Buses are plentiful in the big cities. Most buses list their destination in large letters on their front window, while another sign with smaller lettering lists key landmarks along the route. Buses in Rio and São Paulo run 24 hours a day, but with fewer circulating in the middle of the night. In Rio, most buses going from the south to the center will go to Copacabana. Keep in mind that buses are often crowded, and get stuck in terrible timeconsuming traffic snarls. They are also often the sites of many of the city's robberies. To avoid pickpockets, try to sit at the front of the bus.

In São Paulo, a couple of the main bus transfer points are at Praça da Republica and the busy Terminal Bandeira, where it is also possible to catch different buses to far-off destinations within the city.

Tickets are sold on the bus by a ticket-seller who sits at a turnstile. Keep small change handy. Brazilian bus drivers can drive fast, so hold on at all times and be alert for sudden stops when standing. It is safer to take buses in the daytime. In the evenings, it is advisable to take taxis.



São Paulo Metro arriving in the Barra Funda station

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THE BRIDGEMAN ART LIBRARY: Botocudos Family, Rio Grande, Brazil, from Le Costume Ancien et Moderne, Volume II, plate 37, by Jules Ferrario, published c.1820s-30s (colour litho) (see also 84784), Gallina, Gallo (1796-1874) / Private Collection, The Stapleton Collection 49tr, The Slave Hunter (oil on canvas), Debret, Jean Baptiste (1768-1848) / Museu de Arte, São Paulo, Brazil, Giraudon 50tl; Cross-section of a model of a slave ship, late 18th century (wood), French School, (18th century) / Bibliothèque de L'Arsenal, Paris, France, Archives Charmet 50br, Independence or Death, the Shout of Ipiranga on the 7th September

1822 (oil on canvas). Américo. Dom Pedro di Figueredo (1843-1905) / Museu Historico Nacional Rio de Janeiro Brazil Index 52tl: The Surrender of Uruguaiana, Brazil, 1865 (oil on canvas), Lopez, Candido (1840-1902) / Museu Historico Nacional, Buenos Aires, Argentina, Index 53tr: The Dinner, a white couple being served and fanned by black slaves, from Voyage Pittoresque et Historiaue au Brésil, published in 1839 (color litho), Debret, Jean Baptiste (1768-1848) (after) / Bibliotheque Nationale, Paris, France, Archives Charmet 53bc: The Funeral of the Emberor of Brazil: The Carriage, from Le Petit Journal, 26th December 1891 (color litho), Meyer, Henri (1844-99) / Private Collection Giraudon 54tc THE GRANGER COLLECTION. NEW YORK: 7c. 31cl, 46, 47c, 48cla, 48-9c, 48bl, 49tl, 49cl, 51t, 53c, 328tr. 361c.

TYBA PHOTOGRAPHIC AGENCY: J.R. Couto 76cl, 84bl, 86bl; Alberto Ferreira 294clb, 294-5c, 294bc, 295bl; Antonio Gusmão 32clb; Paulo Jares 32ca, 295tl; Marcello Lourenço 277b, 288br; Ciro Mariano 206t; L.C. Marigo 287tl; Claus Meyer 131cr, 295cr, 331tr; O Brito News 294tr; Rogério Reis 64cb, 87tl, 94tr, 232clb, 239br, 245b; Ricardo Ribas 329br; David Santos Júnior 205tl; André Valentim 278cl; Flávio Vidigal 347cl. ALEX SANDRO DO AMARAL UCHÔ A: 205br, 225cr, 240tr. WIKIPEDIA: Public Domain 49clb, 82tr. 294bl.

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## Phrase Book

The Portuguese spoken in Brazil differs in various ways from the Portuguese spoken in Portugal. In general Brazilian pronunciation tends to omit far fewer sounds especially the sounds at the end of words, and rarely runs two words together, both of which are common practice in Portugal. One feature of Brazilian Portuguese, particularly in the Rio de Janeiro area is that an "r" sound can be spoken like an "h." So *carro* (car) may sound like "ka-hoo." Another difference lies in the ways of saying "you." The Portuguese form of placing the definite article in front of a person's name (o João, a Cristina), as a way of saying "you," does not exist in Brazil, where você and vocês are the most common words for "vou. The Portuguese  $t\mu$  is not used much in Brazil. A huge number of other vocabulary differences exist, many at the level of everyday speech: train is trem in Brazil. comboio in Portugal: breakfast is café da manhã in Brazil, pequeno almoço in Portugal: bathroom is banheiro in Brazil casa de banho in Portugal: goalkeeper is goleiro in Brazil, guarda-redes in Portugal: to drive is *dirigir* in Brazil *conduzir* in Portugal The sound indicated by "i" in the phrase book is like the "i" in Enelish word "hi," "I" sounds like the "s" in the word "pleasure."

sookorroo

shamih oong

shamib ooma

amboolans-va

fwoo asaltadoo

obnd-veb oo osbbital

mebjikoo

poolees-va

fobgoo

seeno

obla

tshow

nouna

kohmoo vī

toodoo bayng/

toodo bong

ateb logoo

dishkoolp

hong j**ee**a

bob-a tarj

bob-a nob-itsb

shtoh bayng/

ohntavno

kwandoo

kohmoo

boorkav

oo kay

aman-vang

obI

toodoo bayng

mweengtoo brazavr

kong lis**ay**nsa

obrigadoo/obrigada

babree

#### In an Emergency

Help!	Socorro!
Stop!	Pare!
Call a doctor!	Chame um médico!
Call an ambulance! Where is the hospital?	Chame uma ambulância! Onde é o hospital?
Police!	Polícia!
Fire!	Fogo!
I've been robbed	Fui assaltado

#### Communication Essentials

Yes No Hello How are you? How is it going? Goodbye

See you later Excuse me I'm sorry Thank you

Good morning Good afternoon Good evening/ night Pleased to meet you I'm fine

Today Yesterday Tomorrow What? When How? Why?

#### Useful Phrases

On the left/right I don't understand Please speak slowly What's your name? My name is .. Go away! That's fine Where is ...? When does the bus leave/arrive?

Is this the way to the ...?

Sim Não Olá Como vai? Tudo bem/ tudo hom? Tchau Até logo Com licenca Desculpe Obrigado (if a man is speaking) obrigada (if a woman is speaking) Rom dia Boa tarde Roa noite Muito prazer Estou hem/ tudo bem

Hoie Ontem Amanhã O que? Ouando? Como? Por que?

À esquerda/direita

Qual é seu nome?

Onde está/fica...?

A que horas sai/

chega o ônibus?

caminho para ...?

Não entendo

Fale devagar

Meu nome é

Vá embora!

Está bem

Este é o

por favor

a-shkayrda/jirayta nowng ayntayndoo

f**a**lee jivag**a**r poor fav**o**br bwal eh say-oo nobm may-oo nobm eb va aymbora shtah bayng obnj shtah/feeka a kih orash sī/ sh**ay**ga oo **ob**niboosb aysht-yeb oo kam**ee**n-yoo pra

#### Liseful Words

hia small hot cold had and enough onen closed dangerous safe 6.11 empty straight on under over in front of behind first floor ground floor liff toilet men's women's quick soon late now more less a little a lot too much entrance ovit passport

bank bureau de change exchange rate post office postcard postbox ATM stamp cash withdraw money

#### Shopping

How much is it? I would like... clothes This one That one market supermarket Do you accept credit cards? expensive haker's butcher's chemist's

museum art gallery national park beach park river church cathedral district garden tourist office mide guided tour

ticket map

grande nequeno auente 4.4.4 mau hom suficiente aborto fechado nerigoso seguro choio vazio reto debaivo om cima om fronto do atrás do primoiro andar tórroo alavador hanhoiro dos homens das mulheres ránido cedo tarde agora mais menos um pouco muito domaic ontrada chida nassanorte

#### Post Offices & Banks

hanco (casa de) câmbio taxa de câmbio correio cartão postal caixa de correio caixa automática colo dinheiro tirar dinheiro

Fu quero

mercado

farmácia

Supermercado

Aceitam cartão

de crédito?

Esta

Ouanto é? roupa Essa caro padaria acouque

#### Sightseeing museu

galeria de arte

praia . parque rio iareia catedral hairro iardim informações turísticas guia excursão com quia

parque nacional

bilhete/ingresso mapa

orani bik**av**noo hamtch free-oo more hong soofis-vavntsb ahehrtoo fishadoo hirig**oh**200 signoron sb**av**-00 vaz**ee**-oo rehtoo dibishoo avng s**ee**ma ayng frayntsh ji atral iib primavroo andar tehrmoo alovadob han-vavroo dooz ohmavnsh dash mool-vehrish rabidoo savdoo tarj agora mīsb mavnoosb oong p**ob**koo mweengtoo dimach avntrada sa aada pasaportsh

hankoo (kaza jib) kamb-yoo tasha jib kamb-voo koorrav-oo kartowng pooshtal kīsha jih koorray-oo kīsha owtoomatshika savloo ieen-vavroo tsbirar ieen-vavroo

kw**a**ntw**eb** ay-oo kebroo robba ebshta ebsa merkadoo soopermerk**a**doo asaytowng kartowng jih krehditoo karoo padaree-a asohaee farmas-va

moozav-00 galir**ee**-a jih artsh parkee nas-yoonal . br**ī**-a parkee ree-00 igr**ay-**Ja batidrow hirroo *Iardeeng* infoormas**ov**ngsb tooreeshtsheekash g**ee-**a sbkoors**ow**ng kong gee-a bil-yaytsh/ingrebsoo mapa

#### 464

#### PHRASE BOOK

fruta

loito

não

sal

suco

vinho

ao ponto

lanche

pimenta

mal nassado

refrigerante

#### Transport

bus boat train airport airplane flight bus station bus ston

train station ticket tavi subway

#### Health

I feel bad/ill

I need to rest diarchooa pharmacy hoodooho medicine sanitary towels/ tampons mosquito repellent doctor condom

#### ônihus barco trem aronorto avião vôo rodoviária nonto de ônibus estação de trem passagem

távi metrô

Sinto-mo mal/doonto

Prociso doscansar diarróia formócia dor de cabeca remédio absorventes tamnãos ronolonto do mosquito médico camisinha

hotel

pousada

pensão

. albergue

(quarto de)

chuveiro

travesseiro

papel higiênico

Quero reservar

lencol

toalha

Tem 2

cama

solteiro/casal

Tem um guarto?

#### priseezoo jishkansar i-varreh-va farm**a**s-ya dohr iib kabaysa rimehd-voo absoorvayntsb/ tamp**oy**ngsh ripel**ay**ntsh dih mooshkeetoo mehiikoo kamizeen-va

ohnihoosh

av-voumo

bobntoo i-

pasa Jayng

dwavntsh

tavo

metroh

vohniboosh

a-avrootohrtoo

roodobvv**a**r-va

barkoo

travng

vob-00

oht**eh-**oo pobz**a**da pavnsoums owb**eb**rgee tavng oong kwartoo Tenho uma reserva tayn-yoo ooma risebrva (kwartoo jib) sooltayroo/kazow shoovayroo lavnsoh bama travisanco twal-va papeb-oo il-vebnikoo

kehroo rizirva

tanno a kohnta toor favobr kardap-yoo/maynoo leeshta de veenvoosb konor garrafa garfoo faka , kool-y**eb**r rishtowrantsh kaf**eb** da man-y**a**ng owm**ob**soo lantar agwa (minerow) vigitar-yanoo oo sirveesoo shtah inklweedoo

stas**ow**ng jih travng failoada convoto menteiga ovo cozido grelhado hatatas fritas carno seentoomih mou/ noivo nastal da carna nastel de queijo pão de queijo farofa quindim muqueca de peixe Time minute hour half an hour nevt week last month Monday Tuesday April May

Wednesday Thursday Friday Saturday Sunday January February March Iune July August September October November December Numbers 1

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100

1000

um/uma dois/duas trôc quatro . cinco seis sete oito nove dez onze doze treze catorze quinze dezesseis dezessete dezoito dezenove vinte vinte e um trinta quarenta cinqüenta sessenta setenta oitenta noventa cem, cento mil

froota fansit l**a**nshee lantsh bowng powng pim**av**nta mow pasadoo rifrigir**a**ntsh soahoo veen-voo ow Dobntoo favlw**a**da sohrvavtsh mant**ay**ga abuon konzeedon gril-vadoo batatash freetash barnoo pavshee pashteb-oo jib karnee trashteh-oo jih kav-loo bowng jib k**av**-loo

farofa keeni**ee**ng

mook**eh**ka iih ti**av**shee

minuto hora moia hora na próxima semana no mês passado segunda-feira terca-feira quarta-feira quinta-feira sexta-feira sábado domingo janeiro fevereiro marco ahri maio iunho julho agosto setembro outubro novembro dezembro

snack milk bread nenner r 1 soft drink salt fruit inice wine medium been and meet stew ice cream butter hard-boiled egg arilled chips heef fich puff-pastry patty filled with mince puff-pastry patty filled with cheese cheese cookie dish based on manioc/cassava meal coconut and egg sweet fish stew with coconut milk

minootoo ora mav-a ora na prosima simana noo maysh bas**a**doo sig**oo**nda f**av**ra tavrsa favra kw**a**rta f**ay**ra k**ee**nta f**ay**ra savshta favra s**a**hadoo doom**ee**ngoo Jan**ay**roo fever**av**roo marso abree-oo mī-00 Ioon-voo Jool-yoo agobshtoo sitaymbroo ohtoohroo noovavmbroo dizavmbroo

oong/ooma doh-ish/doo-ash traysb buatroo s**ee**nkoo saysh seht ob-itoo novee dehsh ohnze dohree trayzee katohrzee k**ee**nzee dizesaysb dizosohtoo dizoh-itoo dizen**o**vee veentee veentib-oong treenta bwaravnta sinkw**av**nta ses**ay**nta set**ay**nta ob-itaynta nobvaynta sayng/sayntoo mee-00

### Staving in a Hotel

hotel boutique hotel guesthouse hostel Do you have a room? I have a reservation single/double (room) chower sheet hed pillow towel toilet paper

#### Eating Out

I want to reserve Do vou have ...? The bill please

menu wine list

glass bottle fork knife spoon restaurant breakfast lunch dinner/supper (mineral) water vegetarian Is service included?

#### Menu Decoder

acúcar alho arroz azeite bebida bem passado bife café cerveja chá churrasco feijão (preto) frango

A conta, por favor cardápio/menu lista de vinhos copo garrafa garfo faca colhei restaurante café da manhã almoço iantar , água (mineral) vegetariano O serviço está incluído?

as**oo**kar

arrohsh

azavtsh

bibeeda

beefee

kaf**eb** 

sha

sirvay]a

frangoo

bayng pasadoo

sboorrashkoo

faylowng (praytoo)

al-voo

sugar garlic rice olive oil drink well done steak coffee beer tea barbecue (black) beans chicken