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Author: Jerry Stone Consultant: Peter Bond



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First American Edition, 2019 Published in the United States by DK Publishing 1450 Broadway, Suite 801, New York, New York 10018

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A catalog record for this book is available from the Library of Congress. eISBN: 9781465487452

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What is space?

We live on planet Earth, one of eight main planets that orbit the sun—our local star. Together with moons, rocky lumps called asteroids, and icy objects called comets, these make up our solar system. The solar system is part of a galaxy (a massive collection of stars) called the Milky Way. There may be about two trillion galaxies in the universe.

Galaxies

Galaxies vary in size and shape. The galaxy shown here is a spiral galaxy, which spins around, like a giant whirlpool.

What is in space?

Space contains all the planets, moons, stars, and galaxies, along with other things, such as star clusters (groups of stars) and nebulas (huge clouds of gas and dust). Space also contains dust, gas, and radiation.



Stars and nebulas

Stars are giant shining globes of gas. There are about 250 billion stars in the Milky Way. In the two nebulas shown here, new stars are forming.

Why is space black?

To answer this, let's look at why our daytime sky is blue. This is because sunlight hits tiny things called molecules in the Earth's air and scatters them, causing the sky to look blue. In space, there is no air, so therefore it looks black.



The sun in space



Planets and moons

We have eight main planets and five dwarf (small) planets in our solar system. Most have one or more moons orbiting them.

Meteor shower

Comets, asteroids, and meteors There are millions of icy comets and rocky asteroids. Meteors are mainly tiny grains of dust.

Early astronomers

Astronomy is the study of space, including stars and planets. At first, people believed in the Earth was at the center of the universe (the Geocentric system). Over time, people realized that planets orbited the sun (the Heliocentric system). The invention of the telescope helped us better understand the universe.

Geocentric system

In Aristotle's time, it seemed a that the sun, the moon, and stars all circled the Earth.



Ptolemy

Living around 1,800 years ago, Ptolemy produced tables that could be used to predict the positions of the sun, the moon, and stars. He thought, incorrectly, that everything moved in perfect circles.



Aristotle

About 2,300 years ago, Aristotle believed the Earth was at the center of everything. He thought that other objects revolved around the Earth, because this is what appeared to happen when watching them in the sky. Astronomy is the oldest science.

> More accurate observations led us to realize that all the planets actually go around the sun.

Heliocentric system

Copernicus In 1543, Nicolaus Copernicus changed our view of the planets

by suggesting that they all orbit the sun. This went against the old idea that the Earth was the center of everything.

Galileo made a refracting telescope, which means it used lenses. His early telescopes were much smaller than this one.

Galileo

After the telescope was invented in 1609, Italian scientist Galileo Galilei built one himself and observed the four main moons of Jupiter. Here were objects that clearly did not orbit the Earth. He also observed other objects, including the sun and the moon.

Space pioneers

The first human space flight was by Russian cosmonaut (astronaut) Yuri Gagarin in 1961. Since then, many other men and women have blazed a trail through space. Today, April 12 is celebrated around the world as "Yuri's Night," honoring achievements in space exploration.



ALEXEI LEONOV

In 1965, Leonov became the first person to conduct an Extra Vehicular Activity (EVA)—a "spacewalk." This is when astronauts go outside their spacecraft. Leonov spent 12 minutes outside Voskhod 2.



YURI GAGARIN

On April 12, 1961, Russian cosmonaut Yuri Gagarin made a single orbit around Earth in Vostok 1. This meant that the Soviet Union (Russia) had beaten its rival, the USA, with putting a human in space.



THE APOLLO 11 CREW

Commander of Apollo 11, Neil Armstrong was the first person in history to walk on the surface of another world. He landed the Lunar Module *Eagle* on the moon with Edwin "Buzz" Aldrin on July 20, 1969. Michael Collins stayed in orbit around the moon in the Command Module *Columbia*.



VALENTINA TERESHKOVA

Two years after Gagarin's flight, Russia launched the first female cosmonaut in June 1963. She spent almost three days orbiting the Earth in Vostok 6. The next woman in space would not fly until 1982!



GENNADY PADALKA

The Russian cosmonaut Gennady Padalka made five space flights: one to the Russian space station (Mir) and four to the International Space Station (ISS). He holds the record for the most total time spent in space—878 days. So far, around **550 people** have **flown** in space. Would **you** go?

WOW



PEGGY WHITSON

Whitson holds the record for the most time spent in space by a woman, and by any American astronaut, at 665 days. In 2007, she became the first female commander of the ISS.

The Space Race

The USA planned to launch a satellite into orbit around Earth in 1957. However, they were beaten by the launch of the Russian satellite, Sputnik 1 on October 4, 1957. The USA wanted to catch up, and so the Space Race between these two powerful nations was born.



Mercury 7

April 9, 1959: The USA announced its Project Mercury astronauts: (Back) Shepard, Grissom, Cooper; (Front) Schirra, Slayton, Glenn, and Carpenter.

Kennedy's 1961 speech May 25, 1961: President Kennedy challenged the USA to land a man on the moon before the end of the decade.

First footprint on the moon

Because there is no wind or rain there, an astronaut's footprint could last on the moon for millions of years.

Man on the moon

July 20, 1969: Neil Armstrong and Buzz Aldrin landed the Apollo 11 Lunar Module *Eagle* and then walked on the moon.

Sputnik

October 4, 1957: Russia launched the first artificial satellite, Sputnik 1. It circled the Earth every 96 minutes.

The tiny Explorer 1 satellite weighed 31 lb (14 kg).



First American satellite January 31, 1958: The USA's first satellite, Explorer 1, led to the discovery of the Van Allen radiation belts. These trap high energy solar particles.

The one-man crew ejected and parachuted back to Earth.

Vostok 1 April 12, 1961: Yuri Gagarin became the first person in space, making a single orbit of the Earth in 108 minutes.

Lunar probe

October 6, 1959: Russia's Luna 3 flew around the moon, taking photos of its far side (the side not seen from Earth).

Luna 3's photos were picked up by the radio telescope at Britain's Jodrell Bank observatory.

In June 1965, Ed White made the first American spacewalk.

First American in space

May 5, 1961: Alan Shepard made a suborbital space flight, and John Glenn flew into orbit on February 20, 1962.

Project Gemini Between March 1965 and December 1966, 10 two-man Gemini flights tried out activities needed for the moon missions to follow.

Space programs

Until recently, space programs, or plans to explore, were carried out on behalf of government space agencies. Now private companies also run space activities, which will increase with the rise of space tourism (space travel for leisure). There are more than 70 national space agencies.





European Space Agency (ESA) ESA launches satellites and space probes, and also has a team of astronauts. Its headquarters are in Paris, France.

ESA's Gaia is a space observatory designed to produce the largest and most precise 3-D catalog of space objects.





NASA's InSight was sent to Mars in 2018 to drill beneath its surface and study inside the planet.

National Aeronautics and Space Administration (NASA) Created in 1958, NASA's projects include sending astronauts to the moon exploring the solar system and beyond.



Russia's Mission Control space center is in the city of Korolev.

Russian space agency (Roscosmos) Formed in 1992 after the end of the Soviet Union, Roscosmos runs space activities for the Russian Federation. China National Space Administration (CNSA) Since 2003, China has sent more than 10 men and women into space. Chinese astronauts are called taikonauts.



In 2003, Yang Liwei became the first person sent into space by the Chinese space program.



Indian Space Research Organisation (ISRO) India has sent spacecraft to the moon and to Mars, and has launched satellites, too.

Chandrayaan-1 was India's first probe to the moon. It was launched in 2008.



The 37th launch of the very successful H-IIA rocket carried two satellites into orbit.

The Japan Aerospace Exploration Agency (JAXA) Japan has launched space telescopes and probes for space research, communications, and observations.

Space shuttle

External Tank The main engines were fueled by Tank. This was separated after the engines were shut down. The tank broke up as it fell into the ocean.

the External

From 1981 to 2011, the space shuttle was the main space launch vehicle of the United States. Four Orbiters were originally built: *Columbia, Challenger, Discovery,* and *Atlantis. Columbia* and *Challenger* were destroyed in tragic accidents that killed their crews. *Endeavour* was built as a replacement for *Challenger*.



Orbiter

The Orbiter carried a crew of up to eight people, plus cargo. This was the only part that went into orbit. When it reentered Earth's atmosphere, it glided to a runway and could be used again.

Solid Rocket Boosters

Two Solid Rocket Boosters helped lift the shuttle off the launch pad. They burned for two minutes, and then fell away, parachuting into the ocean, where they were picked up to be reused.



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The three main engines burned liquid hydrogen and liquid oxygen. Together, they produced nearly 1.2 million lb (540,000 kg) of thrust, taking the Orbiter from the ground to orbit in eight and a half minutes.

The Orbiters traveled a total of **542,398,878 miles** (872,906,379 km), carrying **355** different people.

Discovery

imon

Orbiter in space

Soon after lift-off, the boosters were dropped. The Orbiter's main engines continued for several more minutes. The External Tank was then discarded. Two smaller Orbital Maneuvering System (OMS) engines were used to get the Orbiter into orbit.

Visiting Mir The shuttle's missions to

the Russian Mir space station paved the way for building the ISS.

Docking

Once in space, the Orbiter's cargo-bay doors were opened to allow the docking system to connect to space stations such as Mir and the ISS.



Shuttle service

Unlike earlier spacecraft, NASA's space shuttle had reusable parts. Only the External Tank was lost. During its service life, the shuttle was used to launch satellites, space telescopes, and probes. It also helped assemble the International Space Station (ISS).



Two Solid Rocket Boosters, the External Tank, and the Orbiter were mounted on a launch pad. The tank held fuel for the Orbiter's main engines during launch. The boosters gave extra power for lift-off.

Orbiter's rudder

The rudder was used for steering during the return to Earth. It split open to act as a speed brake.

Undocking

At the end of its stay, the Orbiter undocked from the space station and slowly separated. The cargo-bay doors were closed, and the OMS engines were fired so the Orbiter could head back to Earth.

OMS

The Orbiter's OMS engines adjusted its orbit. They were also fired to slow the shuttle down for reentry.

, Parachute

The shuttle landed without using any engines. Once on the runway, a parachute helped slow it down.

Back to Earth

Atlantis

As the Orbiter reentered the Earth's atmosphere, its special tiles protected it from the heat of reentry. It then glided down to land on a runway, to be used again for future trips.

United States

Rockets

A rocket is a vehicle, usually tube-shaped, with powerful engines that can blast it high into the sky. To reach orbit, rockets have more than one stage, or section. As each stage uses up its fuel, it is discarded. Some types of rocket made recently can be reused.

Falcon

In September 2008, a Falcon 1, made by SpaceX, became the first privately funded rocket to orbit the Earth. Later models, the Falcon 9 and Falcon Heavy rockets, can reuse their first stages. This makes the cost of launches much cheaper.



The Long March 2F was first launched in November 1999.

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CZ-2F

Long March 2F

This is the rocket that China has used to launch its two Tiangong space stations and the manned Shenzou spacecraft. It is a two-stage rocket, 203 ft (62 m) tall, and it is launched from the Jiuquan Satellite Launch Center.

A Falcon 9 being launched from Vandenberg Air Force Base in California

Saturn V rocket

The biggest and most powerful rocket ever to launch people into space was the Saturn V. It was 363 ft (110 m) high. Between December 1968 and December 1972, it carried Apollo astronauts to the moon's orbit.



Saturn V rocket

The **Saturn V** was taller than a building with **30** stories.

WОИ

PSLV

The Polar Satellite Launch Vehicle (PSLV) is one of the Indian Space Research Organisation's rockets. It has four stages that alternately use solid and liquid fuel. A PSLV launched in February 2017 carried a record number of 104 satellites!

> Like many other rockets, the PSLV uses additional strap-on solid rocket boosters.

The orbital module and descent module are in the top part of the spacecraft.

Soyuz

The Russian Soyuz spacecraft launches on a rocket of the same name. Since its first flight in 1966, it has become the most used and reliable launcher in the world, with more than 1,700 launches.

Spaceplanes

Unlike rockets that launch vertically, most spaceplanes take off horizontally. Spaceplanes all land horizontally on a runway, unlike spacecraft, such as Apollo. Spaceplanes can fly many times, which is one of their major features. A space flight is when a vehicle reaches space at 62 miles (100 km) above sea level.

Eugen Sänger

Sänger was a spaceplane pioneer. Born in 1905, he came up with the idea of a craft that would be launched on a rocket sled and which could make suborbital flights. He also designed a



North American X-15

This is a rocket-powered aircraft carried by a B-52 bomber. Two flights by Joe Walker in July and August 1963 are considered space flights because they went above 62 miles (100 km).

SpaceShipOne

In 2004, SpaceShipOne made two space flights within two weeks, winning the \$10 million Ansari X-Prize. SpaceShipOne is launched from a carrier aircraft using its rocket motor.

Boeing X-37B

Launched vertically, the X-37B is an unmanned vehicle. It is operated by the United States Department of Defense. Full details of its space flights are not available to the public.

Skylon

Skylon is designed to be a spaceplane that can fly into orbit using an engine that first starts as a jet before working as a rocket. This will be possible due to the revolutionary SABRE engine.



Mach 1 is equivalent to the speed of sound, Mach 2 is twice the speed of sound, and so on. The X-15 holds the record for the fastest manned, powered aircraft at Mach 6.7, piloted by William Knight in 1967.

SpaceShipOne was carried by White Knight One. The larger SpaceShipTwo, carried by White Knight Two, is designed to carry up to six space tourists.



There are two X-37B craft, each carrying out long-duration missions of up to two years in orbit. They land automatically after returning from orbit.



Designed to operate unmanned, Skylon could carry 12 tons (11 metric tons) to the ISS—45 percent more than a reusable Falcon 9. Test flights could take place by 2025.

Mission Control

Space flights, both manned and unmanned, are controled and monitored from a mission control center, where a team of people help run the flight. There are various centers around the world. The most famous one is at the Johnson Space Center in Houston, Texas.





SURGE

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SPARTAN

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MISSION CONTROL CENTER



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PLAN

POSN 42

- **Display screens** Screens at the front of the room that show the spacecraft's flight path, its status, and TV views from space.
- 2 Flight director Responsible for control of the mission and for any actions needed for crew safety and mission success.
- 3 Spacecraft communicator An astronaut who provides all of the voice communications between the ground and the spacecraft crew. Also called "CAPCOM," or capsule communicator.
- 4 Extra Vehicular Activity (EVA) control Responsible for all space suit and spacewalking related tasks, equipment, and plans when there is EVA.
- 5 Biomedical engineer (BME) Provides 24-hour health care support for the crew aboard the spacecraft.
- 6 Flight surgeon Monitors the crew's health, directs all of the operational medical activities, and advises the flight director.

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Mission to the moon

People dreamed of flying to the moon for many years. In the summer of 1969, just eight years after President Kennedy's challenge, Neil Armstrong and Edwin "Buzz" Aldrin became the first humans to walk on the moon.

Apollo 11 On July 20, 1969, Armstrong and Aldrin landed their Lunar Module *Eagle*. Third crew member, Michael Collins, orbited the moon overhead in the Command Module *Columbia*.

> Armstrong and Aldrin explored the surface of the moon for two and a half hours.



Apollo missions

The Apollo 1 crew died in a fire during a launch rehearsal. Unmanned test flights paved the way for the other missions.



Apollo 7

In October 1968, Apollo 7 tested the redesigned spacecraft. The crew broadcast live TV images from space.



Apollo 8

The Apollo 8 crew was the first to fly to the moon, making 10 lunar orbits, in December 1968.



Apollo 9

In March 1969, the crew of Apollo 9 tested the Lunar Module while in orbit around the Earth.



Apollo 10

This final rehearsal for a landing descended to within 10 miles (16 km) of the moon's surface in May 1969.



Apollo 12 In November 1969, Apollo 12 landed close to the probe *Surveyor 3*, which had landed on the moon in 1966.



Apollo 14

Alan Shepard was the only astronaut from Project Mercury to set foot on the moon, in February 1971.

Apollo 15 This mission, in the summer of 1971, focused on science. Astronauts used an electric "Moon car" to explore.

Apollo 16

In April 1972, the Lunar Module landed in a highland region to study the moon's much older rocks.

Apollo 17

The final landing, in December 1972, included the only geologist (rock expert) to visit the moon.

They set up experiments on the lunar surface while the Lunar Module was on the moon.





The Apollo space suit

If an astronaut needed to urinate or poop, the Urine Collection and Transfer Assembly would carry away the waste and store it. The communications cap included an audio headset.

The space suit worn by the Apollo astronauts was kind of like a spacecraft! It gave protection from tiny meteorites, the glare of the sun, and the vacuum of space. It also provided oxygen to breathe, removed carbon dioxide, and included a radio. Here is Neil Armstrong's space suit.

Joseph Kosmo

Starting at NASA in 1961, Joseph Kosmo worked on the space suit for Project Mercury. He was also involved with the design and testing of space suits for Gemini, Apollo, Skylab, and the space shuttle before retiring in 2011.

Joseph Kosmo checks a space suit.

The astronaut's _____ watch was wound around the space suit glove. The strap was secured with Velcro.

Worn under the outer suit, the Liquid Cooling Garment pumped water through plastic tubing. The astronaut could change the water's temperature to keep comfortable.

The see-through Pressure Helmet attached to the neck ring of the space suit.

An oxygen hose, supplying air to breathe, attached to this opening.

APASTRONG

The Biomed Harness monitored astronauts' medical signs.

Lunar glove

WORISWAN

The complete Apollo space suit

This space suit was worn by Buzz Aldrin, who landed on the moon with Neil Armstrong. It is kept at the National Air and Space Museum in Washington, D.C.



This inner boot was used by the astronauts when not outside on the moon's surface.

Space stations

A space station is a laboratory in space where astronauts stay for long periods of time, carrying out scientific experiments. Large space stations are assembled in space, and other spacecraft dock onto them to deliver crews of astronauts and supplies.

FACT FILE

 >> Launched: September 29, 2011
 >> Current status: Mission complete. Re-entered April 2, 2018
 >> Length: 34 ft (10.5 m)
 >> Crew: 2 crews of 3 astronauts

Tiangong-1

China launched Tiangong-1 ("Heavenly Palace") in 2011. It was visited by two crews in Shenzou spacecraft in 2012 and 2013. In 2018, after being shut down, the station burned up reentering the Earth's atmosphere.

International Space Station (ISS)

ISS crew members usually stay for expeditions of six months, carrying out scientific research. Living in weightlessness causes muscles to weaken, so astronauts must exercise for two hours every day.

The ISS has 16 main modules that are powered by giant solar panels.

FACT FILE

» Launched: February 20, 1986

» Current status: Mission complete. Re-entered March 23, 2001

» Length: 102 ft (31 m)
» Crew: 28 crews of 2–3 cosmonauts

Mir

The Soviet Mir ("Peace") space station was visited by 28 crews: 104 different people from 12 different countries. Mir gave us a lot of valuable information on what it's like to live in space for long periods.

FACT FILE

 » Launched: From November 20, 1998 (ongoing)
 » Current status: Active
 » Length: 356 ft (108.5 m)
 » Crew: More than 50 crews. Usually six astronauts on board at a time

> This robotic arm can lift astronauts and huge pieces of equipment.

The ISS has been continuously occupied since November 2010.

> The ISS modules and the solar panels are attached to the Integrated Truss Structure.

The Apollo Telescope — Mount was an observatory attached to Skylab.

Skylab

NASA's first space station was made from part of a Saturn V rocket. Most of the major problems on its unmanned launch were later fixed by its crews.

FACT FILE

» Launched: May 14, 1973
» Current status: Mission complete. Re-entered July 11, 1979
» Length: 82 ft (25 m)
» Crew: 3 crews of 3 astronauts

Meet the expert

Dr. Shannon Lucid became an astronaut in 1979, after completing the NASA training program. She was the first woman to hold an international record for the most flight hours in orbit by any non-Russian. She retired from NASA in 2012.



Q: What inspired you as a child?

A: As a child I was intensely interested in the world around me. When I was in the fourth grade, I somehow learned that water was composed of hydrogen and oxygen. To me this was the most amazing thing. How could two gases make a liquid? How could anyone find out something like this? I was told that it was found out by chemists, so right then and there I decided to become a chemist. Also, I

read about inventor Robert Goddard and the rockets he was testing. I thought I could be a chemist and work with rockets.

Q: How did you become an astronaut?

A: I had wanted to explore space as a child, before there was even a space program. Of course in the beginning

First female astronauts

Shannon (second from the left) was among the first six women selected to be NASA astronauts.

of the human space program in America, it was open only to males. As soon as NASA said they were going to hire more astronauts, including females, I applied and was accepted.

Q: How many hours did you spend in space, and how many missions did you go on in total?

A: I flew on five space shuttle missions for a total of 5,355 hours, or 223 days, in space.

Q: What did lift-off into space feel like?

A: For me there was a great feeling of relief as soon as I felt the solid rockets ignite because that meant we were going somewhere and lift-off would not be scrubbed!

Q: What was landing back on Earth like?

A: The primary emotion I had on reentry and landing was, "Oh my goodness, I feel so heavy! Do I really have to live the rest of my life feeling this heavy?"

Q: What was a typical day like for you when you were in space?

A: I flew on both short-duration shuttle flights and a long-duration flight of six months on the Russian space station Mir. The days on a short-duration flight were very different form the days on a long-duration flight. A short-duration flight was like running a sprint. You did not have to pace yourself, but put all your energy into dashing to the finish line. A long-duration flight is like a marathon. You have to pace yourself in order to be able to make it all the way to the finish line.

Q: What did it feel like to look down on Earth from space?

A: I spent as much free time as I could looking out the windows at the Earth. It always filled me with awe. I was impressed with how much of our Earth is water, and as we flew over land masses, I also

thought about how much of the Earth I had never traveled to!

Q: Did you do any experiments in space?

A: Yes, I did many experiments in space. Many of the experiments were done to see how the human body changed in the space environment and how the human body adapted after returning to the Earth. I also did many experiments in physical science and biology.

Q: Did you miss anything from Earth while you were living in space?

A: Of course I missed my family.

On Mir, I also missed sunshine on my face and the wind in my hair.

Q: What was the best thing about being an astronaut?

A: The best thing about being an astronaut and flying in space was the people that you worked with.

Q: What was the worst thing about being an astronaut?

A: The worst thing about being an astronaut was the long wait to be assigned to a flight.

Q: What would your advice for a future astronaut be?

A: My advice is to study what you are really interested in and not to secondguess what will be criteria for getting hired as an astronaut, because things change. Just do the best that you can!



Shannon relaxing during her off-duty time in the shuttle Spacehab module.

Living in space

People and objects—if not tied down—float in space. This state, called microgravity, makes things appear to be weightless. It creates daily life challenges for astronauts. Here are some of the experiences they have to deal with during their time in space.

Cleaning up

Water floats around in balls in space. To keep clean, astronauts use washcloths and sponges. When washing hair, they use no-rinse shampoo.

Keeping fit

In space, muscles and bones can weaken. To prevent this from happening, astronauts need to exercise two hours every day.



Food tastes different in space. Meals come in sealed packages and often need water added. Astronauts look forward to supplies of fresh fruit.



Working

The ISS is a microgravity research laboratory. Most of the astronauts' work involves various kinds of science. The results help us on Earth.



Spacewalk

Sometimes astronauts go outside to install new equipment, to fit new sections onto the space station, or to make repairs. This work can take many hours.



Z Z Z Z...

Fun and games

In their time off, astronauts can play musical instruments and read books. However, what they enjoy most is looking out of the windows at the Earth down below.



Talking to loved ones

Astronauts have always been able to talk with their families by radio. The ISS has internet, and the astronauts can use email.



Sleeping

Astronauts use sleeping bags. To stop themselves from floating around—and from bumping into things—when they are asleep, they can attach themselves to a wall.

Experiments in space

Experiments done in space help us learn not only about the Earth and space, but also how the human body is affected by being in space. This is vital information if we want to travel to other planets, such as Mars.

Putting out fire More than 200 experiments on the ISS experiments on the ISS have shown that fire in space can begin at lower temperatures and lower temperatures and require less oxygen. This research can have benefits for firefighting in space and also on the Earth.

> Flames are ball-shaped in microgravity.

Microbes were tested on the ISS, rather than being brought back to the Earth to be looked at. This was a scientific first!

Microbes Microbes are tiny organisms, many of which are vital to human health. However, others can cause disease. In 2017, astronauts took samples of microbes found on the outside of the ISS! Luckily, they found all the samples to be harmless.

In 2014, 48 types of microbes from Earth were sent to the ISS to see how they behave in space.

WОИ
CONTRACTOR OF STREET **Torso Rotation**

Experiment

On a Spacelab mission flown on the space shuttle in 1996, astronauts performed more than 40 experiments. In the Torso Rotation Experiment, Canadian astronaut Bob Thirsk looked at whether moving the body, or torso, to keep the head still in space caused motion sickness.

> Bob Thirsk during the Torso Rotation Experiment.



These red lettuces were grown on the ISS.

Growing food

Growing food in space will be essential in the future for long flights to places such as Mars. Fresh food can provide vitamins, and it reduces the need for packaged food. Astronauts on the ISS have eaten lettuce grown in space.

Space lab

China launched Tiangong-2 ("Heavenly Palace"), a space laboratory, in September 2016. Two astronauts were on board the space lab for 30 days. They carried out scientific and technical tests on the effects of weightlessness on the human body.



A Shenzou spacecraft docked to a Tiangong space station.

Astronauts wear space suits that protect them from the space environment. The suits also supply oxygen for breathing.

Spacewalk

When astronauts go outside their spacecraft, it is called a spacewalk. This is also known as Extra Vehicular Activity, or EVA. Astronauts go on spacewalks to work outside their spacecraft, perform science experiments, and explore.

The ISS robotic arm, Canadarm 2, is used to move astronauts around during a spacewalk.



The record for the **longest** single spacewalk is 8 hours, 56 minutes.



Training for spacewalks

Before each mission, astronauts train for the job they need to perform in space. They spend hours learning how to handle space equipment.



Astronauts prepare for spacewalks by training underwater in a giant pool. By floating in water, astronauts feel like they are floating in space.

Virtual reality equipment is used to practice spacewalks. Astronauts wear a helmet with a video screen inside. It makes the astronauts feel as if they are really in space!



Training is carried out in the Partial Gravity Simulator (POGO) test area. Here, astronauts feel what it is like to move under gravity that is lower than that on Earth.

SOHO

The Solar and Heliospheric Observatory was launched in 1995 to study the sun, and it is still working. It is located at a special position between the sun and Earth.

> SOHO carries 12 different instruments to study the sun.

Cassini had 12 instruments, two main engines, and four thrusters.

FACT FILE

Docation: Around the Sun-Earth Lagrange-1 point **December 2**, 1995

» Current status: Operating. Mission extended several times.

Cassini-Huygens

This was a combined mission between NASA, ESA, and the Italian Space Agency (ISA). The probe was named after Giovanni Cassini, who explained Saturn's rings, and the lander was named after Christiaan Huygens, who discovered Saturn's largest satellite, Titan.

Searching space

Since Luna 1 in 1959, we have sent a wide range of unmanned spacecraft to investigate the moon, the sun, and the planets, as well as asteroids and comets. They have helped us learn far more than we could from ground instruments.

FACT FILE

» Destination: Saturn
» Launch date: October 15, 1997

» Current status: De-orbited into Saturn September 15, 2017

The Huygens probe became the first craft to land on Titan.

The 9 ft (2.7 m) heat shield protected Huygens during entry through Titan's atmosphere.

FACT FILE

Destination: The moon, and asteroid 4179 Toutatis
 Launch date: October 1, 2010
 Current status: It completed its work in lunar orbit and then went on to explore interplanetary space.

Rosetta

A European Space Agency mission to study comet 67P/Churyumov-Gerasimenko, it became the first craft to orbit a comet, and the Philae lander was the first craft to land on one. Rosetta contained science instruments and a high-resolution camera.

FACT FILE

 » Destination: Comet 67P/ Churyumov-Gerasimenko
 » Launch date: March 2, 2004
 » Current status: De-orbited September 30, 2016

New Horizons

This was the first spacecraft ever sent to Pluto. After its flyby in 2015, it was re-targeted to fly past object 2014 MU69, in the Kuiper Belt region, in January 2019.

FACT FILE

» Destination: 1) Pluto
 2) 2014-MU69, "Ultima Thule"
 » Launch date: January 19, 2006
 » Current status: In the Kuiper Belt



The cameras gave stunning close-up views of Pluto.

Chang'e 2

A follow-on from China's Chang'e 1 lunar probe, it carried out research to help prepare for Chang'e 3's lander and lunar rover in 2013.



Chang'e 2 took lots of high quality images of the moon and the asteroid Toutatis.

Space telescopes

Telescopes in space allow us to see more of the universe than telescopes on the Earth. That's because the Earth's atmosphere blocks out a lot of the radiation, including gamma rays, X-rays, ultraviolet, infrared, and radio waves given off by stars and other distant objects.

CHIANDRA X-RAY OBSERVATORY

Named after the astrophysicist Subrahmanyan Chandrasekhar, this telescope was launched in 1999 from the space shuttle. It is much better at detecting X-ray sources than earlier telescopes.

Spektr-R

Launched in 2011, Spektr-R is a radio telescope with a 33-ft (10-m) diameter antenna. By working together with observatories on the Earth, it can obtain extremely high levels of detail not possible before.

KEPLER MISSION

This telescope focuses on a small area of our galaxy. It measures changes in starlight to detect planets orbiting other stars. So far it has found more than 2,000 planets.

HUBBLE SPACE TELESCOPE

Hubble is named after the astronomer Edwin Hubble. It has given us many amazing pictures of the universe since its launch in 1990. Hubble orbits the Earth at a speed of 17,000 mph (27,350 kph).





SPITZER SPACE TELESCOPE

This telescope was named after astronomer Lyman Spitzer who, in 1946, suggested putting telescopes in space. It was launched in 2003, and detects infrared, or heat radiation, given off by objects in space.

Fermi gamma-ray space telescope

Launched in 2008, this telescope searches in all directions for explosions of light, called gamma-ray bursts, in distant galaxies; other high-energy sources; and evidence of dark matter. The massive James Webb Space Telescope (JWST) is due to be launched in 2021.

WOW

Space base

This picture shows what a base on the moon could look like. So far, our explorations on the moon have lasted only three days, but future missions will last much longer. Mars is also being considered as a place to set up a base.



The Apollo flights showed that moon soil contains oxygen (which could be used by humans to breathe), silicon (which could be used to make glass), and iron and aluminum (which could be used for construction). We have also discovered water frozen beneath the surface. Helium-3 could be mined for nuclear fusion reactors to provide energy on the Earth.

Space shelters

Humans who want to live on the moon or Mars will have to learn to live with the harsh conditions, such as low temperatures and thin air.



A NASA concept of a moon outpost

Lunar outpost

When we return to the moon in the future, astronauts might use a shelter like this while exploring during a couple of weeks on the surface.



Astronauts on Mars might bury their habitats with local soil.

Martian habitats

On the moon and Mars, people need protection from radiation (such as X-rays and high energy particles). One way could be to cover the habitats with soil, which would also shelter people from extreme temperatures.

Exploring space

We explore space in many ways. We have unmanned craft such as satellites, space probes, and space telescopes. We also have manned spacecraft, and have been to the moon.

Roll a die and begin exploring.

START

Are you ready for your space quest?

Find out about some of our amazing achievements in space exploration by playing this board game.



You are working on a rocket to take you to the moon. Miss a turn!

2

7 Oh no! Your probe crashed. Go back one space!

Viking 1

8

TESS

The Transiting Exoplanet Survey Satellite (TESS) is a space telescope designed to search for exoplanets. These are planets outside of the solar system. At the time of launch in 2018, fewer than 4,000 exoplanets had been found. TESS is expected to discover more than 20,000.



3 The first humans have landed on the moon! Move ahead 3 spaces. Apollo 11 astronauts Neil Armstrong and Buzz Aldrin landed on the moon while Michael Collins orbited the moon, on July 20, 1969.

Saturn V





5 The first pictures of Mercury are taken! Roll the die again. Space probe Mariner 10

was able to map about 45 percent of Mercury's surface before its final flyby on March 16, 1975.

First Mars O landing! Move ahead one space. Viking 1 became the first spacecraft to successfully land on Mars on July 20, 1976.



13 Your lander transmitted colored pictures! Move ahead 2 spaces. Venera 13 landed on March 1, 1982. It was the first lander to transmit color images from the surface of Venus.

Your probe uncovered Neptune's secrets. Move ahead 2 spaces. On its flyby of Neptune in 1989, Voyager 2 confirmed four rings and six unknown moons.

Your probe **O** discovered new moons! Roll the die again. Voyager 2 discovered 11 moons when it reached Uranus in 1986!



You lost communication. Miss a turn and work on your probe!

• Your probe has launched the lander! Move ahead 1 space. Cassini's lander Huygens descended onto Saturn's moon Titan in 2005.

25

New Horizons

ahead 2 spaces. Rosetta spacecraft's

lander module, Philae,

successfully landed

on a comet on November 12, 2014.

5 Successful landing on a comet! Move



Your probe crashed into a small asteroid. You'll have to build it again. Move back 3 spaces and miss a turn!

21

You've reached Pluto! Roll the die again. New Horizons spacecraft was the first ever to visit dwarf planet Pluto



Your spacecraft 22 has entered Jupiter's orbit! Move ahead 1 space. NASA's spacecraft Juno entered orbit around Jupiter on July 5, 2016.

in July 2015.

Rosetta



However, our exploration of space continues. Spacecraft are launched all the time, and we are planning to return to the moon and go to Mars!

27

Space tourism

In 2001, Dennis Tito became the first "space flight participant," or space tourist. Before then only astronauts and cosmonauts had flown into space, sent by the country they come from. Tito paid more than \$20 million to spend a week on the ISS. He had to complete training before heading into space.

KEY

- 1 Virgin Galactic SpaceShipTwo will be released from a carrier aircraft, and then fire a rocket engine to reach space.
- 2 Blue Origin Started by the founder of Amazon, Jeff Bezos, Blue Origin is developing reusable spacecraft and launchers.
- 3 ISS This is currently the only place in orbit where people can stay. There are plans for space hotels.
- 4 **Space junk** One problem facing satellites and spacecraft is the amount of trash orbiting the Earth, from flecks of paint to leftover rocket stages. Hitting even a tiny item at high speeds can cause serious damage!

Virgin Galactic will fly its passengers to over 62 miles (100 km), giving them six minutes of weightlessness. Between 2001 and 2009, seven people paid to spend about a week each on the ISS.

2

6

BLUE ORIGIN

Blue Origin's sub-orbital spacecraft New Shepard will be followed by the orbital New Glenn from 2020.

EXOSPICE C

Thermosphere

Mesosphere

Stratosphere

Troposphere

A place on an orbital space flight costs at least \$20,000,000!

PP SHI

3

Fruit fly

The first animals in space were fruit a captured German V2 rocket. The flies launched in 1947 by the USA on flies were ejected and recovered.

REALLY?

In 1968, Russia sent around the moon two tortoises on Zond 5.

Mouse

The first space mouse was launched in 1950 on a V2 rocket. In June 2018, SpaceX launched 20 mice to the ISS.

named Laika ("Barker"), but the In 1957, Russia launched the first

Dog

living creature to orbit the Earth, a dog spacecraft could not be recovered.

48

Spider

In 1973, two spiders, Anita and Arabella, were taken to the Skylab space station to see if they could spin a web when weightless. (They could!)

Tardigrade

In 2007, the European Space Agency's (ESA) FOTON-M3 mission carried some tardigrades, also known as water bears. They survived 10 days of exposure to open space.

Animals in space

Before humans went into space, Russia and the USA sent animals to see if space was safe for living beings. Russia sent dogs. America sent chimpanzees. Now all kinds of animals have been flown into space, including newts, fish, frogs, rabbits, shrimp, and cats.

Looking for life

One of our biggest questions as humans is, "Are we alone?" Is Earth the only planet in the universe that has life? We have found thousands of planets around other stars, and research suggests that many should have life, but we can't tell for sure.



Mars today is a desert world.

Life on Mars?

We have learned that Mars used to be warmer and wetter than it is now, so it might be possible that it had life in the past.

Meteorite

This meteorite was thought by people to contain bacteria from Mars. Scientists are not sure.



Cracks in Europa's ice

Europa

One of the four main moons of Jupiter, Europa has a very smooth surface of ice. There could be liquid water below, which makes it possible that life could exist there.



This is a lander that could search for life on Europa. It would need to drill through ice into the ocean to find anything!

Green Bank Telescope

This is the world's largest fully-steerable radio telescope. Since 2016 it has been part of the "Breakthrough Listen project," which is expected to last 10 years. It is searching for possible signals from other worlds.



The diameter of **GBT's telescope is** 328 ft (100 m).

The Arecibo Observatory in Puerto Rico

The Arecibo Signal

In 1974, the Arecibo Observatory telescope was upgraded, and the staff sent a message out into the universe. A receiver can decode it and produce the diagram shown here.

> The decoded message It was sent in binary code. Colors have been added to make sections stand out.



- Number 1–10 (White). Atomic numbers for hydrogen, carbon, nitrogen, oxygen, and phosphorus (Purple). Chemical components of DNA (Green). Information on human DNA (White) and a diagram of the double helix (Blue). A human figure (Red). Average height (Blue/White). Human population (White). The solar system, indicating the Earth (Yellow). The Arecibo radio
- telescope (Purple). Size of telescope (Blue/White).

Rovers

Rovers are vehicles designed to travel across the surface of a planet or moon. They can operate for longer than astronauts, and in places that could be dangerous for humans, but they need to be programmed and cannot be repaired.

FACT FILE

 » Launched: November 10, 1970, and January 8, 1973
 » Destination: The moon
 » Mission status: Completed 1973



Lunokhod 1 and 2

The Soviet Union's Lunokhod 1 drove only 6.5 miles (10.54 km) over 321 days (11 lunar days), but Lunokhod 2 lasted for four months, covering 24.2 miles (39 km).

Lunar Roving Vehicle

The last three Apollo missions each carried a Lunar Roving Vehicle (LRV)—an electric car. They let the astronauts travel across the moon, exploring a larger area and gathering a wider range of samples. The astronauts are more than 3.1 miles (5 km) away from the Lunar Module.

 Lunokhod's tracks on the lunar surface.

FACT FILE

 >> Launched: July 1971, April 1972, and December 1972
 >> Destination: The moon

» Mission status: Completed 1972



The LRVs were powered by two batteries.

FACT FILE

» Landed: July 4, 1997 » Destination: Ares Vallis, Mars

» Mission status: Completed September 27, 1997



Sojourner was just 25.5 in (65 cm) long.

View of the base of Mount Sharp



Sojourner

NASA's Mars Pathfinder carried a small rover, called Sojourner. Although it only explored Mars for three months, traveling just 328 ft (100 m), it showed that it was possible to use a rover on Mars. Later rovers were much larger.



Curiosity

NASA's fourth Mars rover, the Mars Science Laboratory, is known as Curiosity. It's the size of a small car and is nuclear-powered, unlike previous craft that relied on solar panels to charge batteries. **FACT FILE**



Its robotic arm holds – five instruments.



Science officer

The ISS is a science laboratory in space. You could design experiments, and even perform them on board.

Space careers

Activity in space affects almost all of us on a daily basis, whether by weather forecasting, satellite navigation (satnav) systems in cars, satellite TV, and much more. Apart from working in space, there are all kinds of space-related careers you could have in lots of different locations.

Mission control center

This is where space flights are managed and monitored, usually all the way from lift-off to landing. One of the many jobs based here is that of a flight controller.

ISS

Spacecraft or rocket engineer These people design and build satellites, space probes, planetary rovers, and manned spacecraft. They make all the parts and

then assemble them.

Thousands of people have jobs linked with the ISS. There are astronauts living and working on board the ISS, but there are also people doing a variety of jobs that support these astronauts.

4



Flight controller

The flight controllers monitor different parts of space missions and provide assistance during a flight. There are also lots of support roles.

Astronaut

An astronaut has the role of a pilot, a mission commander, or a payload specialist (an astronaut who handles equipment and conduct experiments). All roles are important, and they work together closely.

Astronomer

Astronomers study planets, stars, and galaxies. They make discoveries, whether through using telescopes on the Earth or in space.

Spacecraft

It takes a lot of people with different skills to design and build a spacecraft or rocket.

Observatory

Although we have put telescopes in space, the ones on the Earth are much bigger. There are numerous jobs involved in the running of an observatory.

Launch center

This is where rockets are assembled and the spacecraft or space probes are fitted. Lots of different jobs are needed for lift-off!

Future of space travel

In the immediate future, humans will continue to work on the ISS. Plans are in place to send astronauts back to the moon and then on to Mars. Unmanned craft will continue to explore the solar system and look out to the rest of the universe. There is so much we've yet to discover.

Planned missions

OSIRIS-Rex is a NASA mission launched in 2016. It's due to bring back samples from an asteroid in 2023. NASA sent InSight in 2018. It is heading to Mars to drill below the ground. ESA and NASA will launch craft to Mars in 2020. The satellite will send information to Earth from the rover and the lander.

Chang'e 4

Chang'e 4 was planned as the first craft to land on the far side of the moon. A separate communications satellite will relay signals from the lander.



In 2021, ESA and NASA are due to launch up to four astronauts in a manned Orion mission. This will be the first time humans have left low orbit since 1972. Virgin Galactic plans to fly hundreds of space tourists, and Elon Musk (the founder of SpaceX) wants to send large numbers of people to the moon and to Mars.



The ESA-NASA Orion spacecraft

Europa probe Jupiter's moon, Europa, is covered in ice. It may have a liquid water ocean underneath, where life might exist.



James Webb Space Telescope (JWST) A successor to the Hubble Space Telescope (HST), JWST will operate in infrared wavelengths, allowing it to detect objects too old and distant for Hubble to observe.



Robonaut 2 does dangerous EVA jobs in place of an astronaut.

Robotic explorers

Robonaut 2 is being tested on the ISS, and full robotic explorers may help us explore space, going to distant places and locations too dangerous for humans.

Facts and figures

Space is filled with unknown things and many surprises. Here are some weird and wonderful facts about space and space travel that you can impress your friends with.

> HUMANS have been traveling into space since 1961.

2280 A space suit weighs approximately 280 lb (127 kg)—without the astronaut. It takes between 30–45 minutes to put it on.





HUMANS could actually be exploring

We've been using telescopes for more than 400 years to look into space.

SS. S. Billion. In today's money,

EHARS AROUND IN TO DAY

Bruce McCandless

was the first astronaut to float untethered from a spacecraft during an EVA.

In **2001**, a pizza company **"DELIVERED"a pizza** by rocket **to astronauts** on board the ISS.



To become a pilot-astronaut, the candidate must have completed 1,000 hours of flying time in a jet aircraft.

IL,





Evolution of space suits

SK-1 pressure space suit, 1961

This space suit was worn by Yuri Gagarin when he became the first person in space, and by other cosmonauts on Vostok missions.

> The suit had a mirror in the sleeve. This helped the cosmonaut locate switches that were hard to see.



Project Mercury space suit, 1961

The helmet could be removed once in orbit.

The space suit had 13 zippers, which ensured a good fit.

America's first astronauts flew in the one-man Mercury spacecraft. Their space suit was a modified version of the Navy Mark IV pressure suit used by fighter pilots.

Project Gemini space suit, 1965



Apollo 11 space suit, 1969

This famous photo shows Buzz Aldrin wearing the A7L space suit. When worn on the moon, it included a Portable Life Support System "backpack."

> Special lunar overshoes provided extra grip on the moon's surface.

A space suit offers protection from acceleration on launch and reentry, and from the vacuum of space. It also provides oxygen and a radio. New designs continue to be developed.

Russia's Sokol space suit, 1973

The Sokol helmet is built directly into the space suit.

The Sokol space suit was first used in 1973 and is still worn by everyone flying on the Russian Soyuz spacecraft, whatever their nationality.



Ejection escape space suit, 1981

This was only used on the first four space shuttle missions, when the Orbiter was fitted with ejection seats. They were then removed.

> The suit was almost identical to that used by SR-71 pilots.

Manned Maneuvering Unit, 1984

The MMU fits over a space shuttle suit designed for EVA use, and the MMU's nitrogen thrusters let astronauts float free in space.

> Bruce McCandless made the first free-floating EVA on February 7, 1984.

Z series space suit design, future





Here are the meanings of words that are good to know when learning about space travel.

Arecibo message Radio message broadcast into space by the Arecibo Observatory giving information about humans and the Earth, in the hope it might reach intelligent alien life

asteroid Rocky object smaller than a planet. Most asteroids orbit the sun between Mars and Jupiter

astronaut Space traveler; someone who is trained to take part in a space flight

astrophysicist Someone who studies the nature of stars and galaxies

atmosphere Layers of gases surrounding a planet, moon, or star

comet Icy object orbiting a star. When it gets closer to the star, a tail may form

dark matter Invisible material believed to exist in space. Astrophysicists think that dark matter makes up 80 percent of material in the universe **dwarf planet** Any of five objects, including Pluto, in our solar system that are smaller than the eight main planets

Earth Third planet from the sun; the home of the human race and where all known life exists

galaxy Huge collection of stars, from a few hundred million up to thousands of billions of stars

gravity Force that causes all things to be attracted to others. It explains why apples fall to the ground and why planets orbit the sun

infrared Radiation with wavelengths longer than that of visible light. Infrared astronomy can show objects from the early period of the universe

laboratory Place where scientific experiments are performed

The Project Mercury astronauts lunar Belonging to the moon

Mars Fourth planet from the sun and target of many spacecraft as part of our search for life elsewhere

matter In general terms, anything that has mass and takes up some space

meteor Object that burns up when passing at high speed through the atmosphere. Usually about the size of a grain of sand, meteors are known as "shooting stars"

Milky Way Spiral galaxy that contains our solar system

module Unit of a spacecraft

moon Natural satellite of a planet

nebula Cloud of gas and dust in space



orbit Path of an object around another, such as a planet around a star

Orbiter Part of the space shuttle that carried cargo and crew members into orbit

planet Round object, such as Mars, Venus, or Jupiter, that orbits the sun

probe Unmanned spacecraft designed to study objects in space and send information back to the Earth

rover Wheeled vehicle, either manned or unmanned, used to explore the surface of a planet or other body

satellite Object that orbits another body, such as a planet around a star or a spacecraft around the Earth

solar Belonging to the sun

solar system sun and the other objects that orbit it

space Also known as "outer space," the region beyond the Earth's atmosphere between other objects

spacecraft Vehicle, either manned or unmanned, designed to fly in space

space flight Voyage by a spacecraft into space above the Earth or deeper into space

Space Race Rival space-related activities between the Soviet Union and the United States. It started with the launch of Sputnik 1 and resulted in the first humans on the moon

spaceplane Vehicle designed to be launched into space and land on a runway, to be reused

space probe Spacecraft that does not orbit the Earth but is sent to explore deep space or other planets

space shuttle General term for the Space Transportation System, consisting of the Space Shuttle Orbiter, its Solid Rocket Boosters, and External Tank

space suit Protective clothing worn by space travelers to provide oxygen and a radio, and protection from the environment of space

spacewalk Also called extravehicular activity (EVA), any activity in which an astronaut goes outside a spacecraft, such as to make repairs or walk on the moon's surface



Arecibo message

stage Section of a rocket

star Huge ball of gas generating light and heat

sun Star at the center of our solar system. The Earth and other planets orbit the sun

telescope Instrument for looking at distant objects

ultraviolet Radiation with wavelengths shorter than that of visible light

universe Everything in space, including all the stars, nebulae, and galaxies

weightlessness Lack of weight in space that allows people and objects to float



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Acknowledgments

The publisher would like to thank the following people for their assistance in the preparation of this book: Caroline Bingham, Katie Lawrence, and Jack Shelton for proofreading, Marie Greenwood and Jolyon Goddard for editorial assistance, Emma Hobson for design assistance, Helen Peters for compiling the index, Dan Crisp for illustrations. The publishers would also like to thank Dr. Shannon Lucid for the "Meet the expert" interview.

The publisher would like to thank the following for their kind permission to reproduce their photographs:

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Eight. Read more about planets and moons on pages 4–5.



The Orbiter carried a crew of up to eight people. Discover more on pages 14–15.



It's named after the astrophysicist, S. Chandrasekhar. Learn more on page 40.



Yuri Gagarin. Find out more on pages 8-9.



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"This is pretty awesome."

Primary school pupil, age 9

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