



First Steps

Going to the

Dentist



Help your child through a new experience



**I am going to the dentist
to have a checkup.
Daddy is coming with me.
The dentist needs to look
at my teeth to make sure
they are healthy.**

I'm Dora.



**Daddy tells the receptionist my
name. Then we wait for our turn.**



**We sit in the waiting room
until it's my turn.
I've brought my alligator,
Allie, with me.
He needs his teeth
checked, too!**



It's my turn now! The dentist calls my name. He tells me his name is Doctor Gentile, and that he is going to look at my teeth—and also Allie's! Daddy is coming with me.



Up, up I go! Wheee!

In Doctor Gentile's room, he has lots of tools. Some are very noisy! The tools help Doctor Gentile take care of people's teeth. And his big chair goes up and down—just like a ride!

Doctor Gentile puts on special clean gloves. Then I open Allie's mouth really wide, so Doctor Gentile can see all his teeth. I can open my mouth really wide, too!



Can you open your mouth wide like Allie the Alligator?



Doctor Gentile shows me a little mirror. He uses the mirror to help him see people's teeth. I open my mouth wide and Doctor Gentile checks my teeth with the mirror.

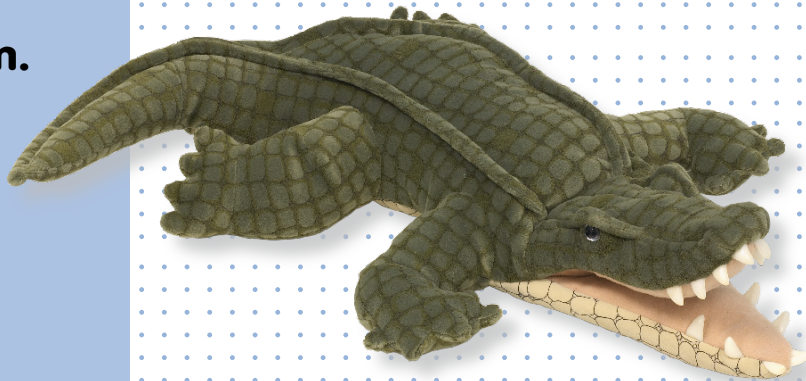




Doctor Gentile looks at all my teeth and counts them.

I have 20! That means that I have all of my baby teeth. The nurse writes this on my chart.

Allie only has 14 teeth!



But they're very big!

Use a pea-sized blob of toothpaste



Brush the outsides



Brush the insides



And brush the biting surfaces



Doctor Gentile tells me my teeth are clean, but they could be cleaner! He shows Daddy and me how to brush my teeth. We need to brush gently for two minutes, twice a day.

**At the end of my checkup,
Doctor Gentile says I don't
have any cavities—neither
does Allie! Cavities are holes in
your teeth. Too much candy
and soda can give you cavities.**



*Doctor Gentile shows me
a pretend filling in a cavity.*



**If I have healthy food
and drinks, and brush
twice a day, my teeth should
stay as good as new. I tell
Doctor Gentile not to worry—
I'll show Allie how to do it, too!**





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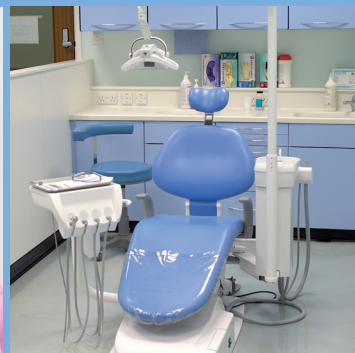
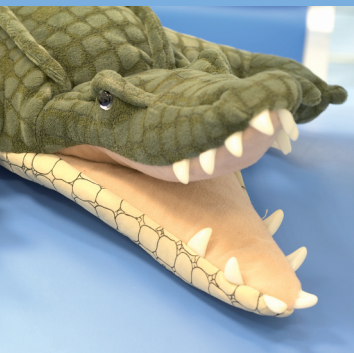
Dentist

Dora is having her teeth checked by the dentist, and so is her toy alligator! Find out what happens at the check-up and learn how to keep your teeth healthy.

Help your child through a new experience with DK First Steps

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