

DK READERS

BEGINNING  
1  
TO READ

# A Trip to the Doctor



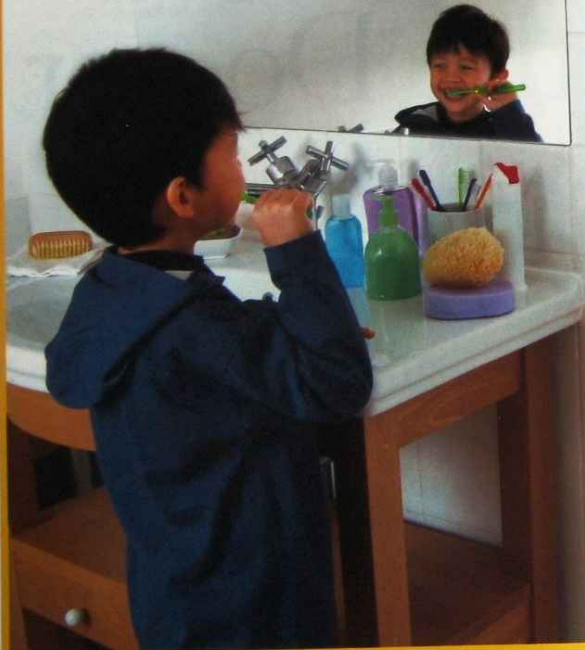
ER  
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DRAH LOCK

Jake was brushing his teeth  
after breakfast.

“Are you ready?” called Mom.

“Your checkup with  
the doctor is today.”

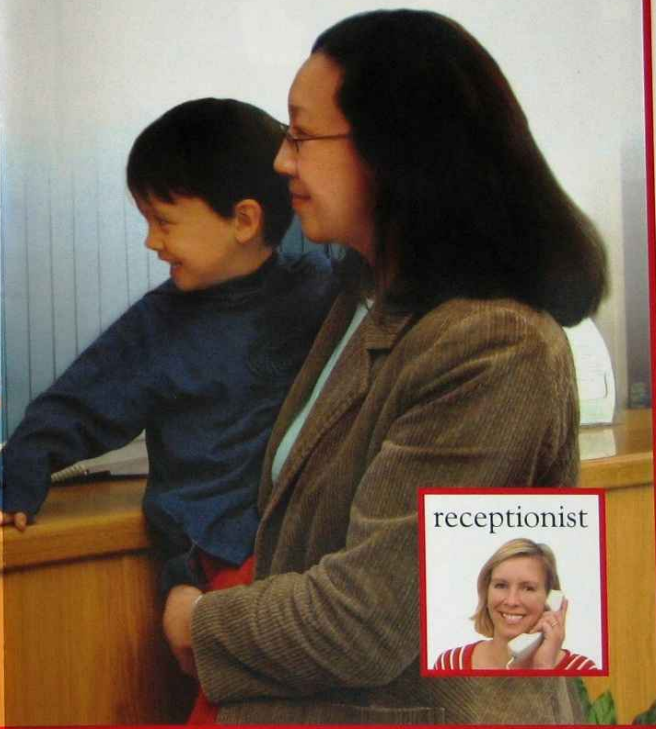


“But I feel fine!”  
said Jake,  
hurrying into the hall.

At the doctor's office,  
Jake and Mom went to the  
reception [re-SEP-shun] desk.  
The receptionist checked Jake's  
name on her records.



"Please take a seat  
in the waiting room,"  
said the receptionist.



receptionist





Jake sat down and read his book.  
After a few minutes, a nurse  
came and called Jake's name.

"I'll check a few things first  
and then your doctor  
will see you," said the nurse.

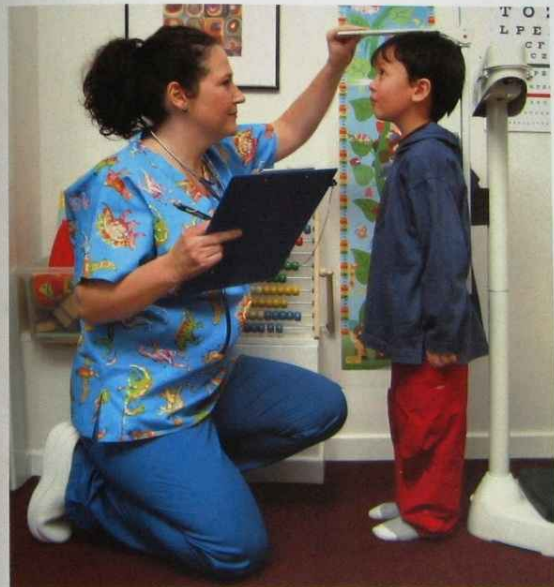
nurse



In the checkup room,  
Jake took off his shoes.  
He stepped onto the scale.



Then he stood against  
the height chart.  
The nurse wrote down  
the numbers on Jake's medical  
[MED-i-cal] records.



The nurse said, “Now I’ll check how well your heart is pumping blood through your body.”



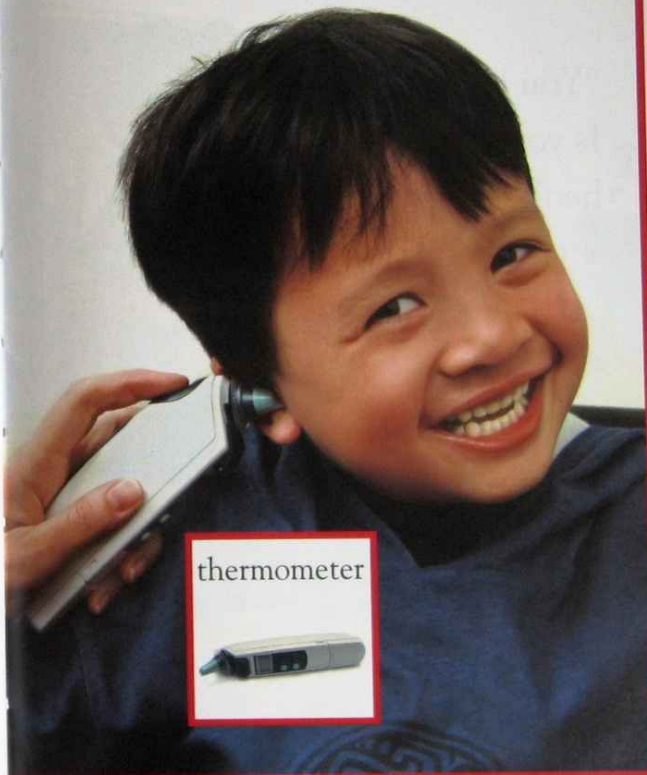
She put a cuff on Jake’s arm. “It’s like a small balloon,” she said. It became tighter and tighter as it filled with air.

The nurse watched the numbers on the meter as the cuff began to lose air.

“That’s healthy!” said the nurse.



Then she took Jake’s temperature [TEM-pur-a-chure] using a thermometer [ther-MOM-i-ter].



thermometer



“Hello, Jake,” said Dr. Hill,  
as she entered the room.  
She looked at Jake’s records.

“You look well.  
Is your diet  
healthy?”  
she asked.

“I eat fruit and vegetables  
every day,” said Jake.



doctor





“I’ll be checking to see that your body is working just right,” said Dr. Hill.

“This is a stethoscope [STETH-a-scope].

It lets me hear your heartbeat and your lungs.”

She pressed the round, cool part against Jake’s chest and back.

stethoscope



Dr. Hill checked Jake's ears,  
nose, and mouth.  
Jake sat very still.



“This light helps me to see  
if there are any infections  
[in-FEK-shunz],” Dr. Hill said.  
“I’m also checking your teeth.”



Dr. Hill checked different parts of Jake's body.

"These all look and feel healthy," she said.

"Do you exercise every day?"

"I ride my bicycle," said Jake.

"Do you wear a helmet?" asked Dr. Hill.

Jake nodded.

helmet



“Now I’ll check how well you can hear and see,” said Dr. Hill. Jake put on some earphones.



He pointed to the ear where he heard a sound.



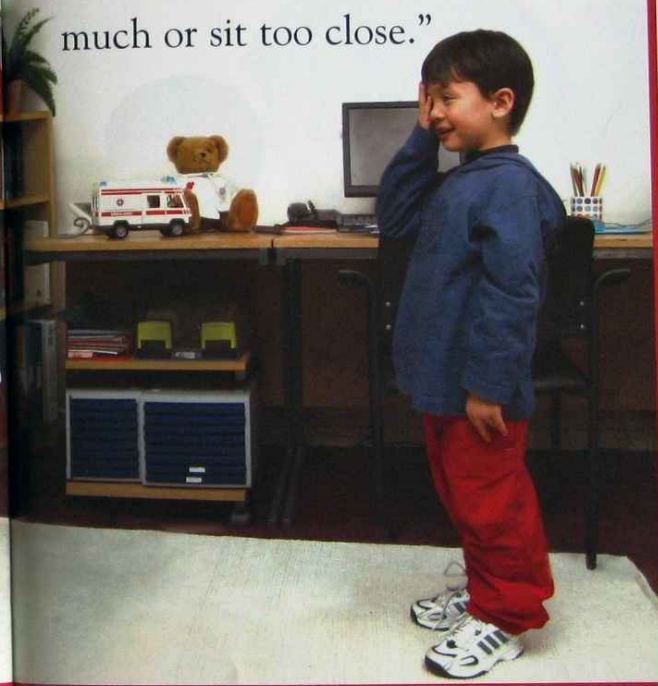
earphones



Jake read some letters  
on a wall chart.

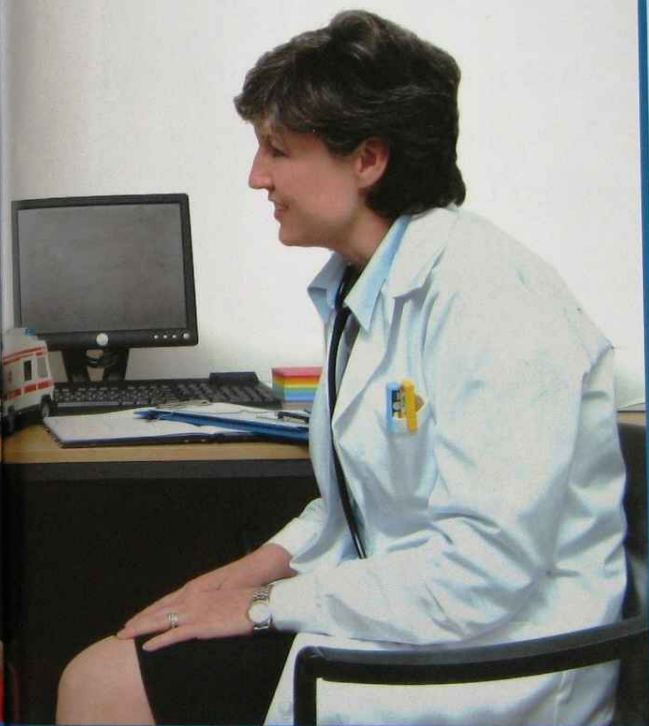


He covered one eye  
and then the other.  
“Remember, watching television  
can strain your eyes,” said  
Dr. Hill, “so don’t watch too  
much or sit too close.”



“Now, do you have any questions?” asked Dr. Hill.  
“Is Jake up-to-date with his booster shots?” asked Mom.

Dr. Hill nodded.  
Jake talked to Dr. Hill about how he was doing at school.



Outside the doctor's office,  
Jake said to his Mom,

"It was smart to meet Dr. Hill.  
Now she'll know all about me  
when I am sick."



"Good-bye!"



# Picture word list

receptionist



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doctor



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nurse



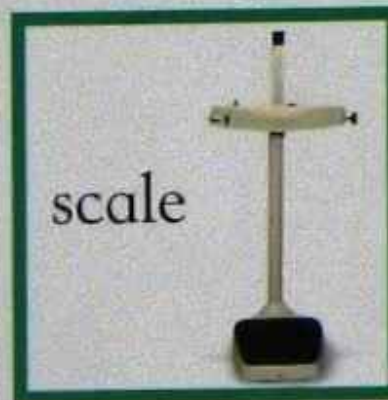
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